



# CHURCH OF THE VISITATION

EST. 1943

Our Mission: A Roman Catholic Community celebrating Christ's presence among us.

## ADMINISTRATOR:

Fr. Francis Kim

## IN RESIDENCE:

Fr. Jim Anguiano (Vicar General)

Fr. Timothy McGowan

## RETIRED:

Msgr. Charles E. Hill

Msgr. James Forsen (Pastor Emeritus)

## MASS TIMES

### DAILY MASS

Monday - Friday: 8:00 a.m.

(This mass is also live-streamed)

### SUNDAY MASS

Saturday (Sunday Vigil): 5:00 p.m.

Sunday: 8:00 a.m., 9:30 a.m., and 11:00 a.m.

(The Sunday Mass at 8:00 a.m. is also live-streamed on our website)

### DAILY ROSARY

Monday thru Friday following the 8 a.m. mass

### HOLY HOUR (INSIDE THE CHURCH)

First Friday of each month:

8:30am - 9:30am

### CONFESSIONS

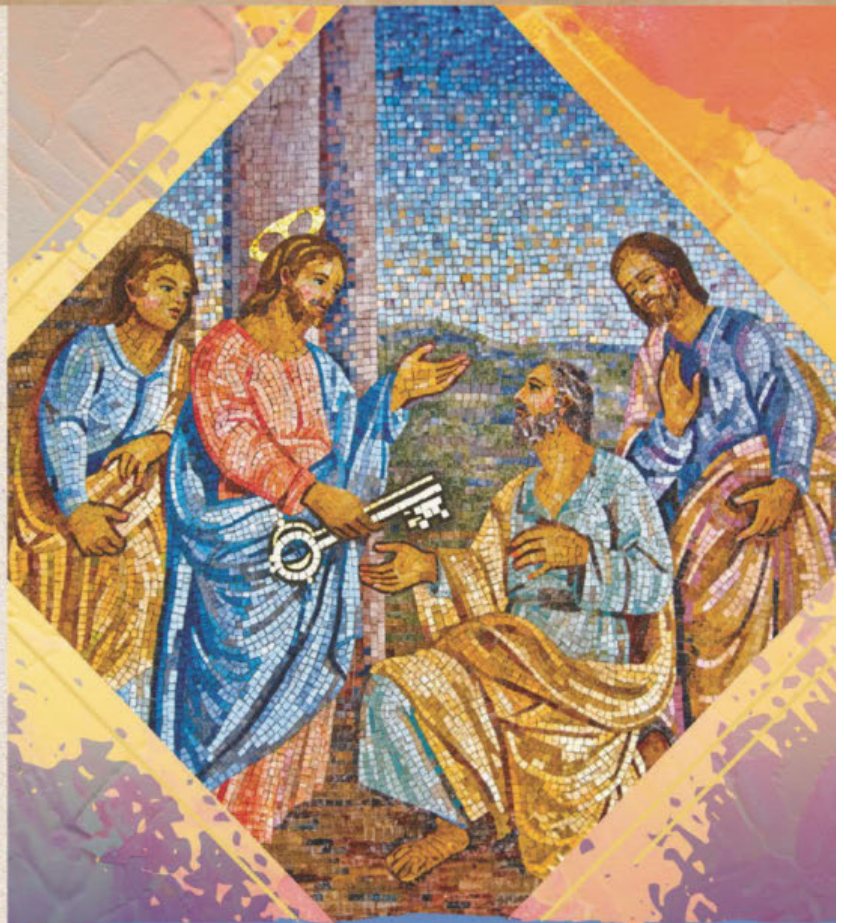
Saturday: 3:00 p.m. - 4:00 p.m.  
and by appointment

### PRIVATE WORSHIP (INSIDE THE CHURCH)

Monday-Friday: 7:30 a.m. - 4:00 p.m.

### PARISH OFFICE HOURS:

Monday - Friday 8:00 am - 4:00 pm  
Closed for lunch 12:00 pm - 1:00pm



## 21ST SUNDAY IN ORDINARY TIME

"You have the words of eternal life. We have come to believe and are convinced that you are the Holy One of God." - Jn 6:68-69

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD, ©LPI

**AUGUST 25, 2024**

### WELCOME TO VISITATION CHURCH!

A special welcome to those who may be visiting us today, we are blessed that you are here to worship with us. If you are traveling, we hope you find this Catholic community welcoming. If you are new to this area, we hope to see you again and that you may consider joining this community.

6561 WEST 88TH STREET LOS ANGELES, CA 90045

Tel. 310-216-1145 email: [visitationchurch497@gmail.com](mailto:visitationchurch497@gmail.com) [visitationchurch-la.com](http://visitationchurch-la.com)

## PRAYER BEFORE MASS

Dear Father in heaven, I come before your sacred altar to assist the divine sacrifice of your Son Jesus. Fix my mind on you and by his precious blood wash away all my sins as I repent of having offended you. Grant that we may celebrate this holy mystery with strong faith and devotion. Send us the Holy Spirit of love to ignite our hearts to receive devoutly the Holy Eucharist. Bless our family, our parish, and our community. We ask this through Christ, our Lord, who lives and reigns with you forever and ever. / Amen.

## PARISH REGISTRATION



Are you looking for a faith community to call home? Welcome to the Viz family! You may register as a parishioner on our website or Scan the QR code now.



As a parish, we strive to be good stewards of our resources. Many families have moved away from envelopes and are now using Faith Direct to fulfill their generous stewardship commitments to our parish and the wider church through electronic

donations. Help us to reduce our envelope and postage expense and at the same time support us in a secure and convenient way by enrolling with Faith Direct.

It's easy to get started. Here are the ways to give:

- ◆ Visit [faith.direct/CA772](http://faith.direct/CA772) or Scan QR code
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## SACRAMENTAL PREPARATION



Please scan the QR code to get more information regarding Baptism, First Reconciliation, Holy Communion, Confirmation, Adult Baptism, Confirmation and Eucharist (OCIA), Marriage, Anointing of the Sick and Holy Orders.

VISITATION  CATHOLIC SCHOOL

Principal: Christopher Watson  
[cwatson@visitationschool.org](mailto:cwatson@visitationschool.org)

8740 South Emerson Avenue  
Los Angeles, CA 90045  
Phone: 310.645.6620 | Fax: 310.981.4520  
Email: [jhughes@visitationschool.org](mailto:jhughes@visitationschool.org)

Visitation School is a co-ed, Catholic Elementary School for students in Junior Kindergarten through 8th grade. We have been providing a quality Catholic education for students since 1947. Visit the school website; [visitationschool.org](http://visitationschool.org) for more information.

**GO VISITATION BULLDOGS!**

Your continued support and generosity to Church of the Visitation is greatly appreciated!



## SAINTS AND SPECIAL OBSERVANCES

### SUNDAY - AUGUST 25TH

21st Sunday in Ordinary Time

8:00am - Josephine Vacca †

9:30am - For the people of  
Visitation Parish

11:00am - Sean Corrigan †

### MONDAY - AUGUST 26TH

8:00am - Mary Zepeda †

### TUESDAY - AUGUST 27TH

St. Monica

8:00am - Robert Miller

### WEDNESDAY - AUGUST 28TH

St. Augustine, Bishop and Doctor of the  
Church

8:00am - Patricia Connoy †

### THURSDAY - AUGUST 29TH

The Passion of St. John the Baptist

8:00am - Joan Bachand †

### FRIDAY - AUGUST 30TH

8:00am - Joan Bachand †

### SATURDAY - AUGUST 31ST

5:00pm - Fritz & Mary Anne  
Villeneuve

To request a Mass intention  
please call the Rectory 310-216-1145

## PRAYER REQUESTS (SICK OR DECEASED):

email them to the following  
[vizprayerrequests@gmail.com](mailto:vizprayerrequests@gmail.com) If you  
would like to join in praying for the  
requests received, please send an email  
to the prayer request email address.



## MESSAGE FROM FR. FRANCIS

Dear Sisters and Brothers,

This week, we joyfully welcome back our wonderful students and their families! These families' decision to be part of the Visitation Catholic School community reflects a commitment to something far greater than just academics. At Visitation, we are dedicated to providing a transformative experience that shapes the hearts, minds, and souls of our children. Our mission is to nurture the whole person, integrating faith with knowledge to prepare our students not only for success in this world but also for eternal life with God.

At Visitation, students receive an education that challenges them intellectually while deeply rooting them in the rich traditions of our Catholic faith. Our curriculum is designed to cultivate critical thinking, moral integrity, and a profound sense of social responsibility. We encourage our students to view the world through the lens of Christ's teachings, fostering a lifelong commitment to justice, compassion, and service.

Furthermore, Visitation offers a vibrant community where faith is lived out daily. From prayer and sacraments to the celebration of the liturgical year, faith is woven into the very fabric of our school life. This constant immersion in the faith helps our students develop a personal relationship with God, empowering them to live as disciples of Christ in every aspect of their lives.

By choosing a Catholic education at Visitation, you are investing in the future of our Church and our society. We are forming young leaders who are guided by faith and values, ready to contribute to the common good and spread the Gospel message. Let us continue to pray and support everyone involved in our Visitation Catholic School: our parents, faculty, Principal Chris, board members, PTO, and of course, our amazing students. May God bless this new school year for all.

### Don't Forget

- We've all heard about the vast benefits of meditation: it "reduces stress, eases depression, and improves well-being" (Harvard), "Enhances various brain functions" (Stanford), "Boosts focus and concentration" (MIT), and as Yale notes, "If meditation were a pill, every doctor would prescribe it." These are just a few of the physical and mental benefits supported by numerous studies. Many of these studies are based on MBSR (mindfulness-based stress reduction) programs, which can cost anywhere from \$300 to \$1,000 to learn online. But did you know that our Catholic tradition offers a similar way of praying and meditating—and it's free?!

Join Fr. Francis via Zoom on August 28 (Wednesday), 7:30-8:30 PM as he introduces Christian Meditation: a brief history, what it is (and what it's not) and most importantly, how to practice it.

Meeting ID: 980 2886 9154

Passcode: breathe

Take good care,

Fr. Francis

[fkim@la-archdiocese.org](mailto:fkim@la-archdiocese.org)

### WE SHARE YOUR GRIEF

Please check the Visitation website under Resources/Bereavement for a list of Grieving, Cancer, Hospice and Palliative Care note titles. These are very helpful and powerful small articles. Please contact **Candy Blankenship** at 310-338-9043 or [blank8840@gmail.com](mailto:blank8840@gmail.com) and she will mail them to you at no charge." Such titles include Caring for yourself while Grieving, Overcoming Loneliness, What to do after the death of a Spouse, The first 12 months of Grieving, and many, many more.



### LIVE THE LITURGY Inspiration of the Week

Many followers of Jesus could not accept his teachings. To those that remained, he posed a simple question: "Do you also want to leave?" He asks us the same, every moment of every day. Let us answer with confidence, in all that we do: "Only you have the words of eternal life."

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Heavenly Father, we thank you for the gift of your Son, our Lord Jesus Christ, who promised to stay with us always, until the end of the age. Reawaken our wonder at His presence in the Most Holy Eucharist. May our hearts burn within us as He opens the Scriptures and breaks the bread. Give us the eyes of faith to recognize His presence in our brothers and sisters, especially in the face of the poor and the suffering. Nourished by the Eucharist, send us forth to walk faithfully as missionary disciples, proclaiming the Gospel to every heart and extending Your kingdom to every land. We ask this through Christ our Lord. / Amen.

## WELCOME WAGON

DO YOU WONDER WHAT ELSE THE WELCOME WAGON DOES IN ADDITION TO HOSTING HOSPITALITY? ARE YOU CURIOUS ABOUT OTHER MINISTRIES HERE AT VISITATION

We encourage you to check out the Ministry Fair following **ALL** of the Masses this weekend, August 24/25. There are tables set up in Mary's Courtyard with representatives from various parish ministries, as well as Hospitality provided by the Welcome Wagon (including after the 5:00pm Mass on Saturday).



## BAPTISM

The Sacrament of Baptism is celebrated on a separate day for each family after attendance by the parents and godparents at a Baptism zoom class. Parishioners are invited to call the office to get an appointment for these classes. The next ZOOM class scheduled is on **Sunday, September 8, 2024 at 1pm**. Please register to attend by calling the parish office. If you are not a current registered parishioner of Visitation Parish and not receiving envelopes in the mail please visit our website to register as a Visitation Parishioner.

## SAFEGUARD THE CHILDREN AND VULNERABLE ADULTS

### DID YOU KNOW?

#### Teach children to evaluate sources

Your children will likely spend a significant amount of time online. All sources are not created equal, so teaching them to evaluate the information online is critical. Using concepts appropriate for their age, teach your children to consider the expertise, motive, and relevance of the information they consume. Being able to separate fact from fiction, and to evaluate the quality of the information received, will help your children assess truth. For more tips, read the VIRTUS® article "Keeping Kids Safe Online By Teaching Them to Evaluate Sources" at [lacatholics.org/did-you-know/](https://lacatholics.org/did-you-know/).

## Why do we do that? Catholic Life Explained

### FAITH IN MARRIAGE

#### QUESTION:

What kind of religious practices should we begin, once we marry, to help us practice our faith each day?

#### ANSWER:

Your spiritual life as a couple is important. The sacrament of Marriage is a gift and a grace, but living it well isn't always easy! It requires intentionality and perseverance. Growing your spiritual life as a couple also requires a plan. Life can be incredibly busy. There's never "enough time" for everything we want to do. But we can live by our priorities. If we don't prioritize prayer, we'll find it slowly disappear from our lives.

If you're not already praying individually, that's a good place to start. If your schedules are similar, take some quiet time at the same time to help hold each other accountable. Praying together is also important! You could start by looking at the religious practices of your family and of families around you that you respect. Talk with your spouse about the ones who make the deepest impression on you or were most meaningful when you were young. Think about what you want your future children to experience. Making faith a commitment now will mean it is engrained habit when you grow your family. Ultimately, these faith practices should help us grow in our love for God and for one another.

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## Parish Religious Education Program (PREP)

We are excited to announce that our Parish Religious Education Program (PREP) for students in Grades 1 – 8, including Sacrament Preparation is now accepting applications for the 2024-25 school year which will begin on September 15th with our Opening Ceremonies. **For more information and an application, please visit our website or scan the QR code below.** We look forward to welcoming your family to PREP at Visitation this fall.



## Confirmation Program for Teens

Registration is open for our parish Confirmation Program which is designed for teens who are interested in receiving the Sacrament of Confirmation. Confirmation at Visitation celebrates the Holy Spirit working in the hearts of our teenagers. The Confirmation process, which takes place over a two-year period, is a time of discernment for our young people to explore, grow and take ownership of their Catholic Faith. If you or someone you know is in the 9th - 11th grade and are interested in joining us, **please scan the QR code to access more information and the application on our website.** We can't wait to welcome you to our first Session Retreat on Sunday, September 22nd starting with the 11:00 am Mass.



## OCIA, the Order of Christian Initiation of Adults

welcomes those who are considering becoming Catholic and adult Catholics who have not yet been confirmed. The Church is where we encounter God in the Word, in the Sacraments, and in the Saints; to gain an understanding of the source of life and salvation. If you feel called to a work in the world and in the Church, consider joining us! OCIA meets on Mondays at 6:30 pm starting September 16th. **For more information, please contact our OCIA Coordinators at [OCIA.Visitation@gmail.com](mailto:OCIA.Visitation@gmail.com)**



For additional information about any of our Faith Formation programs, please contact Debra Evans, Director of Religious Education and Sacrament Preparation by phone/text (703) 582-9888 or by email at [religioeducationvc@gmail.com](mailto:religioeducationvc@gmail.com)

## Faith Formation Volunteers Needed

*Go, teach all nations, baptizing them in the name of the Father and of the Son, and of the Holy Spirit. - Mt. 28:19*

Are you looking to deepen your faith and share it with others including the next generation? Consider answering Christ's call to be a volunteer Catechist or Catechist Aide with PREP; Adult Core Team Leader or Peer Leader with Confirmation; or accompany adults on their OCIA journey! If you have a heart for Jesus, and for spreading the Good News to children, teens, or adults please contact Debra Evans, Director of Religious Education and Sacrament Preparation by email at [religioeducationvc@gmail.com](mailto:religioeducationvc@gmail.com),



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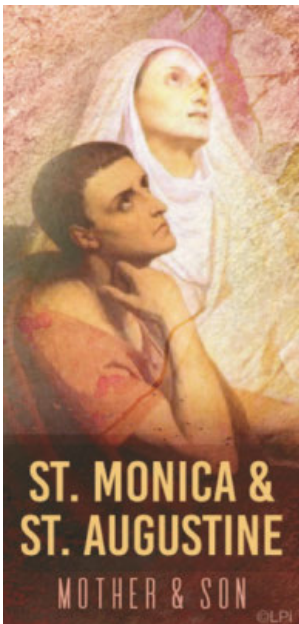
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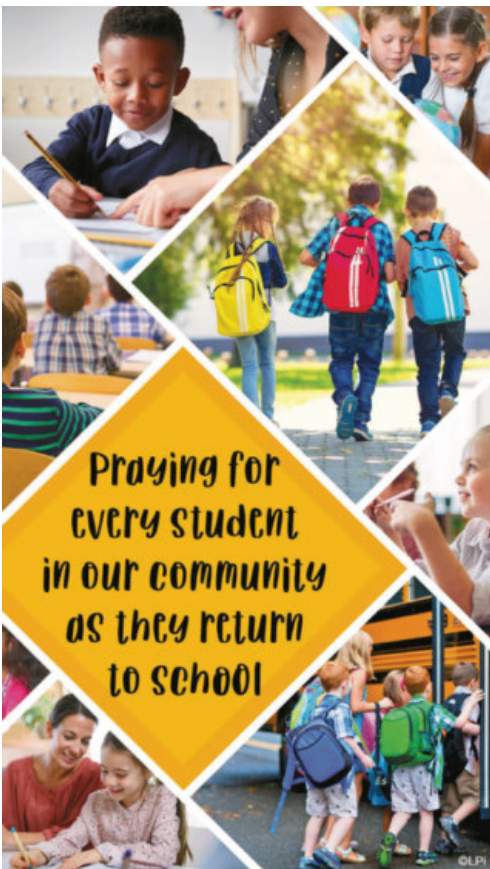
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**HOLINESS RUNS IN THE FAMILY**

Raising faithful children is no easy task. For St. Monica, it seemed nearly impossible. Her husband wasn't Christian and often mocked her faith. Their son, Augustine, fell quickly into wild ways. He and his friends drank, stole, and caroused throughout town. Monica never stopped praying for Augustine, no matter how far he strayed. Augustine became swept up in heresy, a false form of Christianity. He lived with a mistress and had a child out of wedlock. All the while, Monica kept praying. Conversion came slowly to Augustine, but at age 32, he was finally baptized. Augustine would go on to become a priest, then bishop, then world-renowned theologian whose works have stood the test of time. May St. Monica and St. Augustine inspire us to never stop praying for our loved ones.

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**JESUS PRAYER FOR STUDENTS**

Dear Jesus,  
Thank you for the gift of learning!  
I want to grow closer to you in everything I do at school.  
In math and science, help me to see your beautiful plan in the world.  
Help me to discover new stories and values as I read and write.  
In arts and music, help me to be creative.  
In sports, help me to treat my teammates and my opponents fairly.  
Help me to learn new skills in technology.  
Jesus, you are the perfect teacher.  
Help me to listen with open ears, an open heart, and an open mind to all my teachers at school.  
Help me to treat my classmates with care, kindness, and respect.  
Thank you, Jesus, for school!  
*Amen.*

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## Prayer

Dear God, give me the faith to trust Jesus always. Amen.

## Mission for the Week

Have you ever learned something about God that was hard to understand? Talk about it with your family, and together pray for each other. Ask the Holy Spirit to help you learn what God wants you to.

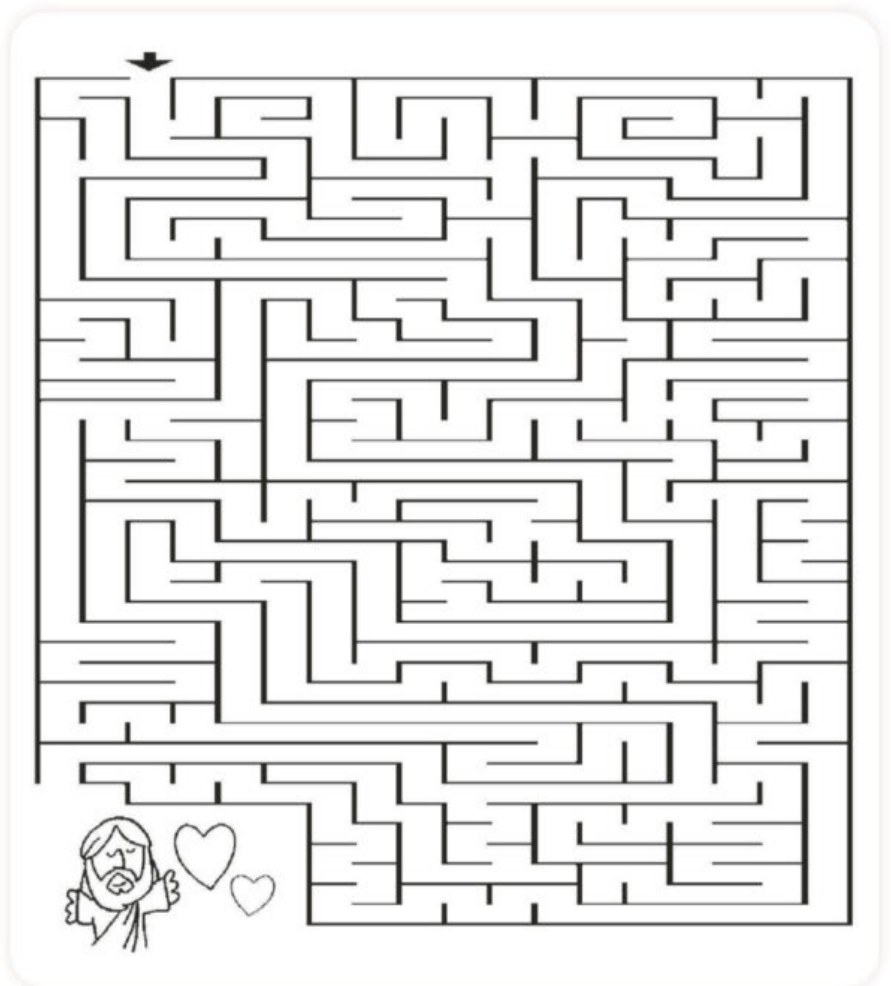
## Sharing the Gospel

After Jesus compared himself to manna, and said that he was sent from heaven, many of his followers turned away from him. They just could not accept what Jesus was saying. It was too hard for them to understand. We have something they did not have. We have the Holy Spirit to help us. Sometimes what we learn might be hard for us to understand, too, but we never need to walk away. We can have faith in Jesus. We can ask him to help us.

**Now color the picture!**



Unscramble words from today's Gospel reading:





### APOSTLES CREED

I believe in God,  
 the Father Almighty,  
 Creator of heaven and earth,  
 and in Jesus Christ,  
 His only Son, our Lord,  
 who was conceived  
 by the Holy Spirit,  
 born of the Virgin Mary,  
 suffered under Pontius Pilate,  
 was crucified,  
 died and was buried;  
 He descended into hell;  
 on the third day He rose again  
 from the dead;  
 He ascended into heaven,  
 and is seated at the right hand  
 of God the Father Almighty;  
 from there He will come  
 to judge the living and the dead.  
 I believe in the Holy Spirit,  
 the Holy Catholic Church,  
 the communion of Saints,  
 the forgiveness of sins,  
 the resurrection of the body,  
 and life everlasting.  
 Amen

### MASS PARTS

#### MASS OF RENEWAL

### GATHERING

#### All Creatures of Our God and King

1. All crea-tures of our God and King, Lift up your voic - es,  
 2. Great rush - ing winds who are so strong, You clouds a - bove that  
 3. Swift flow - ing wa - ter, pure and clear, Make mu - sic for your  
 4. Dear moth - er earth, who day by day Un - folds your bless - ings

1. let us sing: Al - le - lu - ia! Al - le - lu - ia! Bright burn - ing sun with  
 2. sail a - long, O\_\_ praise him! Al - le - lu - ia! Fair ris - ing morn, with  
 3. Lord to hear, Al - le - lu - ia! Al - le - lu - ia! Fire so in - tense and  
 4. on our way, O\_\_ praise him! Al - le - lu - ia! All flow'rs and fruits that

1. gold - en beams, Soft sil - ver moon that gent - ly gleams, O praise him!  
 2. praise re - joice, Stars night - ly shin - ing, find a voice, O praise him!  
 3. fierce - ly bright, Who gives to us both warmth and light, O praise him!  
 4. in you grow, Let them his glo - ry al - so show: O praise him!

1-7. O praise him! Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

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### PSALM

#### Taste and see the goodness of the Lord.

### GOSPEL ACCLAMATION

#### Alleluia (Angrisano)

### PREPARATION OF THE TABLE AND GIFTS

#### We Walk By Faith

1. We walk by faith\_\_\_\_\_ and not by sight; No  
 2. Help then, O\_\_ Lord,\_\_\_\_\_ our un - be - lief; And

1. gra - cious words we hear\_\_\_\_\_ From Christ who spoke as none  
 2. may our faith a - bound, To\_ call on you\_ when you\_

1. \_ e'er spoke, but we be - lieve him near.\_ We may not  
 2. \_ are near, and seek where you are found. Then when our

1. touch\_\_\_\_\_ the hands and side, Nor fol - low where he trod;  
 2. life\_\_\_\_\_ of faith is done, In realms of clear - er light



1. — Yet in the prom - ise we — re - jice, and cry,  
 2. — we may be - hold you as — you are — in full

1. — we — cry, — “My Lord — and God!”

2. — and end - less sight. My Lord, — and God.

— You are — my Lord and God, — you are

— my Lord and God! — You will al - ways be — the Lord

*Last time* (☺) 1. — of all — of me. — *To Verse 2*

2. — *To Bridge* 3. — I be - lieve — “My Lord and God!” *To Refrain*

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**COMMUNION**  
**SATURDAY**

**Do This in Memory of Me**

*Verses*  
 1. I am the bread of life; all who be - lieve  
 2. I am the bread of life; who - ev - er comes  
 1. in me will have e - ter - nal life. I am the bread  
 2. to me will not hun - ger a - gain. I am the bread  
 1. of life come down from heav - en so that all  
 2. of life; no one can come to me un - less  
 1. who eat this bread will nev - er die.  
 2. the Fa - ther draws them 7 near to him.

Refrain

Take the liv - ing bread of life, take the cup of sac -  
 - ri - fice; do this in mem - o - ry of me.  
 Take the bod - y and the blood, giv-en free-ly out of love;  
 do this in mem - o - ry of me.

1, 2  
 1: to Verse 2  
 2: to Bridge

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**SUNDAY** Lord, You Have the Words

Lord, you have the words of ev - er - last - ing life.

Lord, you have the words of ev - er - last - ing life.

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**SENDING**  
 I Send You Out

I send you out on a  
 mis-sion of love. I send you out on a  
 mis-sion of love. I send you out on a  
 mis-sion of love, and know that I am with  
 you al - ways un-til the end of the world.

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We've all heard about the vast benefits of meditation: it "reduces stress, eases depression, and improves well-being" (Harvard), "Enhances various brain functions" (Stanford), "Boosts focus and concentration" (MIT), and as Yale notes, "If meditation were a pill, every doctor would prescribe it." These are just a few of the physical and mental benefits supported by numerous studies. Many of these studies are based on MBSR (mindfulness-based stress reduction) programs online, which can cost anywhere from \$300 to over \$1,000 to learn. But did you know that our Catholic tradition offers a similar way of praying and meditating—and it's free?!

Join Fr. Francis via Zoom on Wednesday, August 28, 7:30–8:30 PM as he introduces Christian Meditation. He will cover its brief history, what it is (and what it's not) and most importantly, how to practice it.

Meeting ID: 980 2886 9154

Passcode: breathe