



# CHURCH OF THE VISITATION

EST. 1943

Our Mission: A Roman Catholic Community celebrating Christ's presence among us.

## ADMINISTRATOR:

Fr. Francis Kim

## IN RESIDENCE:

Fr. Jim Anguiano (Vicar General)

Fr. Timothy McGowan

## RETIRED:

Msgr. Charles E. Hill

Msgr. James Forsen (Pastor Emeritus)

## MASS TIMES

### DAILY MASS

Monday - Friday: 8:00 a.m.

(This mass is also live-streamed)

### SUNDAY MASS

Saturday (Sunday Vigil): 5:00 p.m.

Sunday: 8:00 a.m., 9:30 a.m., and 11:00 a.m.

(The Sunday Mass at 8:00 a.m. is also live-streamed on our website)

### DAILY ROSARY

Monday thru Friday following the 8 a.m. mass

### HOLY HOUR (INSIDE THE CHURCH)

First Friday of each month:

8:30am - 9:30am

### CONFESSIONS

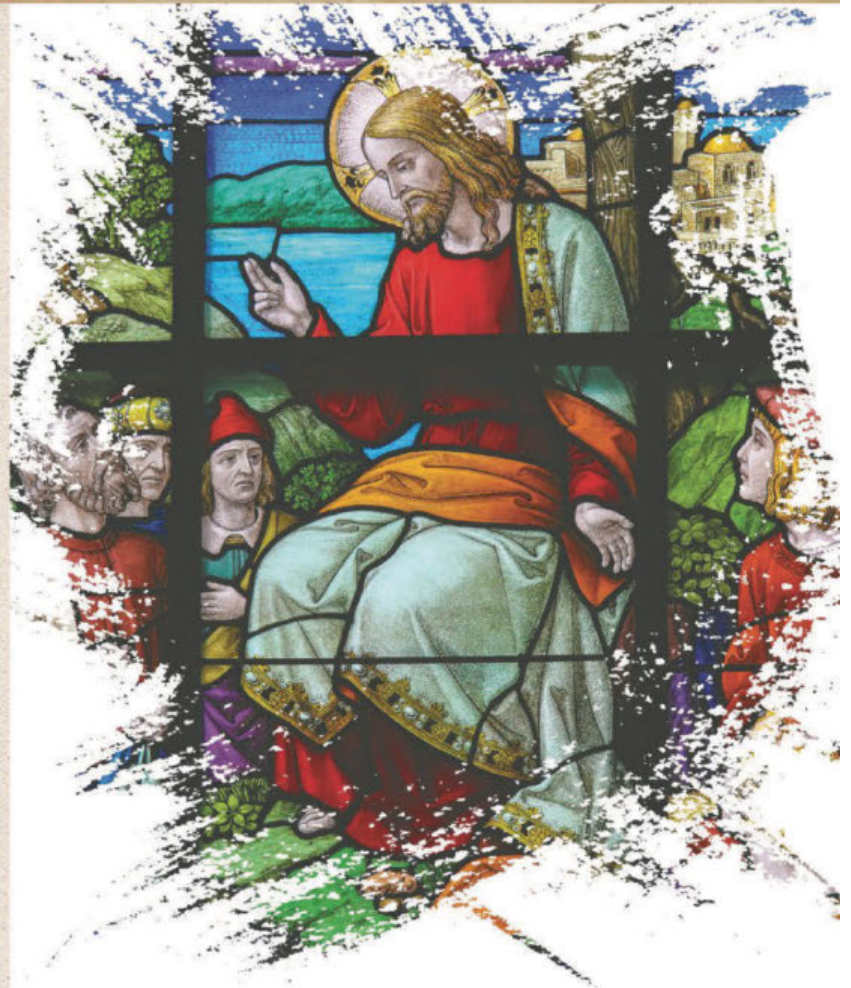
Saturday: 3:00 p.m. - 4:00 p.m.  
and by appointment

### PRIVATE WORSHIP (INSIDE THE CHURCH)

Monday-Friday: 7:30 a.m. - 4:00 p.m.

### PARISH OFFICE HOURS:

Monday - Friday 8:00 am - 4:00 pm  
Closed for lunch 12:00 pm - 1:00pm



"HEAR ME, ALL OF YOU, AND UNDERSTAND."  
- MK 7:14

22<sup>ND</sup> SUNDAY IN ORDINARY TIME

EXCERPTS FROM THE LECTIONARY FOR MASS ©2001, 1998, 1970 CCD, I/LP

SEPTEMBER 1, 2024

## WELCOME TO VISITATION CHURCH!

A special welcome to those who may be visiting us today, we are blessed that you are here to worship with us. If you are traveling, we hope you find this Catholic community welcoming. If you are new to this area, we hope to see you again and that you may consider joining this community.

6561 WEST 88TH STREET LOS ANGELES, CA 90045

Tel. 310-216-1145 email: [visitationchurch497@gmail.com](mailto:visitationchurch497@gmail.com) [visitationchurch-la.com](http://visitationchurch-la.com)

## PRAYER BEFORE MASS

Dear Father in heaven, I come before your sacred altar to assist the divine sacrifice of your Son Jesus. Fix my mind on you and by his precious blood wash away all my sins as I repent of having offended you. Grant that we may celebrate this holy mystery with strong faith and devotion. Send us the Holy Spirit of love to ignite our hearts to receive devoutly the Holy Eucharist. Bless our family, our parish, and our community. We ask this through Christ, our Lord, who lives and reigns with you forever and ever. / Amen.

## PARISH REGISTRATION



Are you looking for a faith community to call home? Welcome to the Viz family! You may register as a parishioner on our website or Scan the QR code now.



As a parish, we strive to be good stewards of our resources. Many families have moved away from envelopes and are now using Faith Direct to fulfill their generous stewardship commitments to our parish and the wider church through electronic

donations. Help us to reduce our envelope and postage expense and at the same time support us in a secure and convenient way by enrolling with Faith Direct.

It's easy to get started. Here are the ways to give:

- ◆ Visit [faith.direct/CA772](https://faith.direct/CA772) or Scan QR code
- ◆ Call Faith Direct Customer Service at 866-507-8757
- ◆ Text \$ amount to GIVE NOW! Or "ENROLL" for recurring donations 310-361-1262



## SACRAMENTAL PREPARATION



Please scan the QR code to get more information regarding Baptism, First Reconciliation, Holy Communion, Confirmation, Adult Baptism, Confirmation and Eucharist (OCIA), Marriage, Anointing of the Sick and Holy Orders.



Principal: Christopher Watson  
[cwatson@visitationschool.org](mailto:cwatson@visitationschool.org)

8740 South Emerson Avenue  
Los Angeles, CA 90045  
Phone: 310.645.6620 | Fax: 310.981.4520  
Email: [jhughes@visitationschool.org](mailto:jhughes@visitationschool.org)

Visitation School is a co-ed, Catholic Elementary School for students in Junior Kindergarten through 8th grade. We have been providing a quality Catholic education for students since 1947. Visit the school website; [visitationschool.org](https://visitationschool.org) for more information.

**GO VISITATION BULLDOGS!**

Your continued support and generosity to Church of the Visitation is greatly appreciated!



## Mass Intentions

SAINTS AND SPECIAL OBSERVANCES

### SUNDAY – SEPTEMBER 1ST

22nd Sunday in Ordinary Time

8:00am - Victoria Soto  
9:30am - For the people of  
Visitation Parish  
11:00am - Julie Rajsich †

### MONDAY - SEPTEMBER 2ND

Labor Day

8:00am - Rogelio Tengco †

### TUESDAY - SEPTEMBER 3RD

St. Gregory the Great, Pope and Doctor of the Church

8:00am - Benita Valdez †

### WEDNESDAY - SEPTEMBER 4TH

8:00am - Michelle Marie Byrne †

### THURSDAY - SEPTEMBER 5TH

8:00am - Bobby Diver †

### FRIDAY - SEPTEMBER 6TH

8:00am - Robert Miller

### SATURDAY - SEPTEMBER 7TH

5:00pm - Anne Gervais Dorn †

To request a Mass intention  
please call the Rectory 310-216-1145

### PRAYER REQUESTS (SICK OR DECEASED):

email them to the following  
[vizprayerrequests@gmail.com](mailto:vizprayerrequests@gmail.com) If you  
would like to join in praying for the  
requests received, please send an email  
to the prayer request email address.

*Come and spend some time with  
the Lord!*

FIRST FRIDAY HOLY HOUR

SEPTEMBER 6, 2024

8:30 AM - 9:30 AM

## MESSAGE FROM FR. FRANCIS

Dear Sisters and Brothers,

The following reflection was written by Fr. Jonah Lee, a Benedictine abbot currently working to establish a Catholic monastery in war-torn Burma. I'm also proud to call him my cousin. I believe his reflection is particularly fitting for Labor Day. Due to the limited space in our bulletin, his reflection has been significantly edited.

### **Rest in a Fatigue Society**

A philosopher once described today's world as a "fatigue society" (Han Byung-Chul, *The Burnout Society*, 2012), where unprecedented levels of burnout and depression arise from relentless pressure to achieve. In this "performance society," individuals have become their own taskmasters, constantly pushing themselves to meet ever-increasing demands.

### **The Fatigue Society**

In the past, labor was imposed by rulers or systems; now, we often exploit ourselves in the pursuit of success. This self-exploitation leads to "infinite exploitation," where people remain unaware of how deeply they are affected. The result? A "depressive society," marked by burnout, depression, and even suicide.

### **The Fatigue Church?**

Given this context, the concepts of "healing" and "rest" naturally resonate. But we must ask: Is the Church diagnosing the root causes of this thirst for rest and offering true healing through the Gospel? Or is it simply following the trend, trying to attract more 'customers'? If the latter is true, we risk becoming a "fatigue church" within a fatigue society, serving as a remedy for burnout rather than a source of radical transformation.

### **Rest and Contemplation**

The Rule of St. Benedict instructs monks to "devote themselves to holy reading," using the verb *vacare*, meaning "to empty." In this sense, prayer time, including scriptural reading, is fundamentally an "empty time," where the "weary and burdened soul" finds rest (cf. Matthew 11:28-30). True "holy leisure" is found here.

In ancient and medieval traditions, "rest" often connects to contemplation. Rest as contemplation, or prayer as rest, is not just a way to recharge but a participation in the divine rest of God.

### **Resting Only After Arrival**

Today, many struggle to rest even when there is no work, believing happiness lies in reaching some future goal. But the Gospel tells us that we have already arrived. Despite delays and setbacks, God stands before us, offering mercy and forgiveness...and rest.

In this "now," we find true rest, deep relief, and God's presence in everything. "You have made us for yourself, O Lord, and our hearts are restless until they rest in you" (St. Augustine, *Confessions* 1, 1).

As we observe Labor Day, let us remember that true rest is not just a break from work, but a spiritual practice that brings us closer to God and to the true purpose of our lives.

Take good care,

Fr. Francis

[fkim@la-archdiocese.org](mailto:fkim@la-archdiocese.org)

### **WE SHARE YOUR GRIEF**

Please check the Visitation website under Resources/Bereavement for a list of Grieving, Cancer, Hospice and Palliative Care note titles. These are very helpful and powerful small articles. Please contact **Candy Blankenship at 310-338-9043 or [blank8840@gmail.com](mailto:blank8840@gmail.com)** and she will mail them to you at no charge." Such titles include Caring for yourself while Grieving, Overcoming Loneliness, What to do after the death of a Spouse, The first 12 months of Grieving, and many, many more.





Heavenly Father, we thank you for the gift of your Son, our Lord Jesus Christ, who promised to stay with us always, until the end of the age. Reawaken our wonder at His presence in the Most Holy Eucharist. May our hearts burn within us as He opens the Scriptures and breaks the bread. Give us the eyes of faith to recognize His presence in our brothers and sisters, especially in the face of the poor and the suffering. Nourished by the Eucharist, send us forth to walk faithfully as missionary disciples, proclaiming the Gospel to every heart and extending Your kingdom to every land. We ask this through Christ our Lord. / Amen.

## BAPTISM

The Sacrament of Baptism is celebrated on a separate day for each family after attendance by the parents and godparents at a Baptism zoom class. Parishioners are invited to call the office to get an appointment for these classes. The next ZOOM class scheduled is on **Sunday, September 8, 2024 at 1pm.** Please register to attend by calling the parish office. If you are not a current registered parishioner of Visitation Parish and not receiving envelopes in the mail please visit our website to register as a Visitation Parishioner.

## Eucharistic Miracle of Tidal Alatri, Italy – 1228

Contributed by: Katie Canty

On In the town of Alatri, Italy in 1228, a young woman consulted a sorceress in an attempt to regain the love of her sweetheart who had lost interest in her. The sorceress ordered her to steal a Consecrated Host to make a love potion.

The young woman received the Eucharist and removed it shortly after taking it in her mouth and discreetly put the Host in a cloth. When she arrived home, she began having doubts about taking it to the sorceress. After several nights of fitful sleep, she went to look at the Host in the cloth and burst into tears to discover the Host had been transformed into bleeding flesh.

Her family, shocked at what had happened, called a priest. The priest retrieved the Host (now flesh and blood) and brought it to the Church. People heard what happened and came to the church to pray.

The fact that red blood cells in fresh blood breakdown within 48 hours without refrigeration, makes this an extraordinary event. The miraculous flesh, over 800 years later, is still visible in a monstrance in the Cathedral of St. Paul the Apostle in Altri, Italy.

The miracle has been extensively documented specifically in the Papal *Bull, Fraternitas Tuae* (March 13, 1228) written by Pope Gregory IX.



## SAFEGUARD THE CHILDREN AND VULNERABLE ADULTS

### DID YOU KNOW?

#### Should your child be friends with teachers on social media?

It is an adult's responsibility to maintain safe, appropriate boundaries with the children in his or her care. For teachers, this means keeping things professional in school and beyond – including online. Parents should be aware of who their children are friends with on social media sites, especially if their friends lists include teachers, coaches, or other authority figures. For more information, read the VIRTUS® article " 'Friending' Students on Social Media" at [lacatholics.org/did-you-know/](https://lacatholics.org/did-you-know/).

**VIZ** Church of the Visitation

# Seniors FUN DAY

IN O'GRADY CENTER

**WEDNESDAY, SEPTEMBER 4**

**AT 1:30PM**

Come have some fun, have some snacks and plan more Senior Fun Days.

**VISIT WITH OLD FRIENDS & MEET NEW FRIENDS**

Have an idea or two, please share it with us.

**The Viz Senior Team**  
 Marlene Kaufman,  
 Toni Kerker,  
 Fr. Tim McGowen,  
 Mary Lou Ward

**VALET PARKING PROVIDED.**

**QUESTIONS: MARLENE KAUFMAN**  
 310 365 8211

6561 W 88TH STREET LOS ANGELES, CA 90045

## WELCOME WAGON

**THANK YOU** to everyone who helped out and all of those who visited any of the tables during our Ministry Fair last weekend! We had great fellowship, hospitality and met some new people and old friends!!!

## HOSPITALITY

Our next hospitality will be held on Sunday, Sept. 8 and we will be celebrating GRANDPARENTS DAY!!! We invite all grandparents to invite their grandchildren to attend Mass with them and anyone who has a local grandparent to invite them to Mass with you. If you don't have a local grandparent, then invite a friend or neighbor to come to Mass and "treat" to some goodies (coffee and donuts) afterwards.



PEOPLE SHOULD EAT AND DRINK AND ENJOY THE FRUITS OF THEIR LABOR, FOR THESE ARE GIFTS FROM GOD.

**HAPPY LABOR DAY!**

-ECCLESIASTES 3:13

©LPI

**PRAYER FOR LABOR DAY**

Dear Lord,  
 Bless and protect the men and women whose hard work provides food and shelter to them and their families, services to our communities, and care to our world. Be with them as they work, but also as they rest and recreate in Your care. /Amen.

**PARISH OFFICES CLOSED FOR LABOR DAY**

CLOSED Monday, September 2, 2024  
 The Parish Office will re-open on Tuesday, September 3, 2024  
 8:00 am - 4:00 pm

## SAVE THE DATE

The Regional Catholic Charities Board has scheduled the annual *Spirit of Giving* fundraiser for **Saturday, November 16** (6:00pm) at the Riviera Country Club AND this year the religious Honoree will be our very own **FR. JIM!!!** Specific details to follow soon. For questions, please contact Guylaine Brosmer at: [mgbrosmer@sbcglobal.net](mailto:mgbrosmer@sbcglobal.net)



## K of C Council #3744 Donation Drive

# SWEATSHIRTS, SHOES & EYEGLASSES



### Sweatshirts, Shoes & Eyeglasses Collection for Veterans at the Westwood VA

**When:** Sunday, September 15<sup>th</sup>  
**Time:** 9:30am – 2:30pm  
**Where:** Knights of Columbus Hall  
8049 W. Manchester Ave, Playa Del Rey  
Drop off items at the rear doors

## Why do we do that? Catholic Life Explained

### CATHOLIC TEACHING ON LABOR

#### QUESTION:

As we celebrate Labor Day, can you tell me about Catholic teaching regarding labor?

#### ANSWER:

One of the most important principles of Catholic social teaching is the dignity of work and the rights of workers. Four encyclicals address this foundational social teaching: *Rerum Novarum* (1891) by Leo XIII, *Quadragesimo Anno* (1931) by Pius XI, *Laborem Exercens* (1981), and *Centesimus Annus* (1991) by John Paul II. They address both the theology and dignity of work. In *Genesis*, God takes the initiative in creating the world, calling forth human beings to be faithful stewards of creation. We are thus formed to share in God’s continuing creative activity by partnering with God in finishing the world and helping bring it to completion and fulfillment. From this perspective, work can be spiritually understood in terms of sharing in God’s ongoing activity to build, create, and transform the world. Human beings are co-creators with God. This vocation demands self-discipline.

Besides an exercise in self-discipline, work is also the means by which we develop and fulfill ourselves. In work, we shape the world and our environment. Through work, we also shape ourselves. Pope John Paul II summarized this point in *Laborem Exercens* #6, “the value of work is not primarily the kind of work being done, but the fact that the one who is doing it is a person.”

Labor Day offers an excellent opportunity to reflect on how we view work in light of our Catholic social teaching.

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## BE IMITATORS of Christ

2024 ANNUAL APPEAL

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YOUR GIFT  
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OPEN CAMERA  
SCAN QR CODE  
GIVE TODAY!



### Beyond the Ordinary, A Yearly Appeal Like No Other

Visitation Parish Goal: \$59,133.00

Amount Pledge: \$53,521.00 90.5%

Amount Paid: \$49,332.20 83.4%

Difference Over (under) Goal vs  
Amount Paid  
(\$9,800.80) -16.6%

The Archdiocese of Los Angeles  
Office of Annual Appeals 6th Floor  
3424 Wilshire Blvd.  
Los Angeles, CA 90010

## Prayer

Dear God, help me to keep my heart clean, full of love for you and other people.

## Mission for the Week

The next time you wash your hands, thank God that he made rules to keep us all safe, healthy and happy.

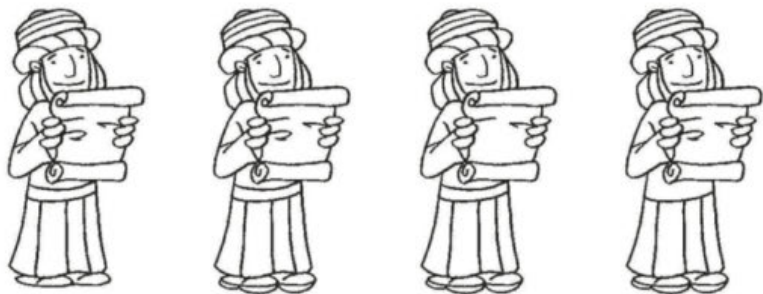
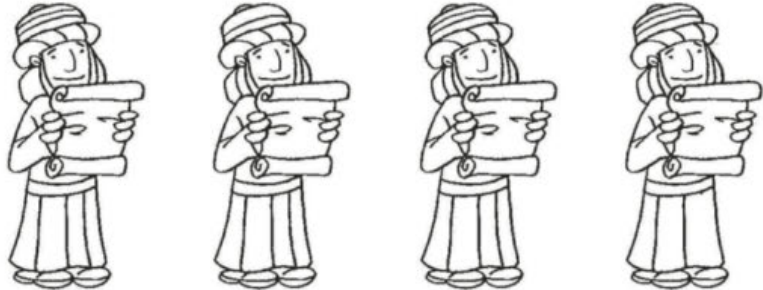
## Sharing the Gospel

Wash your hands before you eat! Did you know that rule came from God, so that we would stay healthy? In today's Gospel, the Pharisees liked to wash their hands and follow God's rules, only because they liked to show off. Don't be like those Pharisees. When you follow God's rules, do the right thing out of love for God.

**Now color the picture!**



Find the matching pair:



ANSWER: three and six





## GATHERING

Open the Eyes of My Heart

Open the eyes of my heart, Lord.  
 Open the eyes of my heart.  
 I want to see you. I want to see you.  
 Open the eyes of my heart, Lord.  
 Open the eyes of my heart.  
 I want to see you. I want to see you.  
 To see you high and lifted up,  
 Shining in the light of Your glory.  
 Pour out Your power and love,  
 As we sing holy, holy, holy.

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### APOSTLES CREED

I believe in God,  
 the Father Almighty,  
 Creator of heaven and earth,  
 and in Jesus Christ,  
 His only Son, our Lord,  
 who was conceived  
 by the Holy Spirit,  
 born of the Virgin Mary,  
 suffered under Pontius Pilate,  
 was crucified,  
 died and was buried;  
 He descended into hell;  
 on the third day He rose again  
 from the dead;  
 He ascended into heaven,  
 and is seated at the right hand  
 of God the Father Almighty;  
 from there He will come  
 to judge the living and the dead.  
 I believe in the Holy Spirit,  
 the Holy Catholic Church,  
 the communion of Saints,  
 the forgiveness of sins,  
 the resurrection of the body,  
 and life everlasting.  
 Amen

## PSALM

The one who does justice  
 will love in the presence of the Lord.

## GOSPEL ACCLAMATION

Alleluia (Angrisano)

## PREPARATION OF THE TABLE AND GIFTS

**SATURDAY** I, the Lord

Refrain

I, the Lord, am with you, al-ways by your side.

Come and take my hand, for I will lead you home. Fol-low

me, fol-low me.

Verse 1

1. I am the res-ur-rec-tion, and I am the life; if  
 to Refrain

1. you be-lieve in me, you shall live for-ev-er.

Verse 2

2. You shall have new life and live it to the full.  
 to Refrain

2. Turn your sor-row in-to joy, for life has just be-gun.

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## MASS PARTS

MASS OF  
 RENEWAL



**SUNDAY** With the Lord There is Mercy

With the Lord, \_\_\_\_\_ there is mer - cy,  
 and\_ full - ness\_\_\_\_\_ of re - demp - tion.  
 With the Lord\_\_\_\_\_ there is mer - cy,  
 and\_ full - ness\_\_\_\_\_ of re - demp - tion.

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**COMMUNION SATURDAY** The Feast Meant for Everyone

Refrain  
 Oh, how great is the love of God in this bod - y bro -  
 - ken, this sav - ing blood. Oh, how great is the love of  
 God here in the feast meant for ev - ery - one,  
 here in the feast meant for ev - ery - one.

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**SUNDAY** The Beatitudes

Re - joice and\_ be glad, for your re - ward will be  
 great in heav - en; your re - ward will be great in heav - en.  
 1. Blessed are you! Re - Blessed are you! Re-joyce!  
 2. Blessed are you! Re-joyce!

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## SENDING

### How Can I Keep from Singing?



1. My life flows on in end - less song A -  
2. Through all the tu - mult and the strife, I  
3. What though the tem - pest 'round me roar, I  
4. When ty - rants trem - ble, sick with fear, And  
5. The peace of Christ makes fresh my heart, A



bove earth's lam - en - ta - tion. I hear the real though  
hear that mu - sic ring - ing; It sounds and ech - oes  
hear the truth it liv - eth. What though the dark - ness  
hear their death knells ring - ing; When friends re - jice both  
foun - tain ev - er spring - ing. All things are mine since



far - off hymn That hails a new cre - a - tion.  
in my soul; How can I keep from sing - ing?  
'round me close, Songs in the night it giv - eth.  
far and near, How can I keep from sing - ing?  
I am his; How can I keep from sing - ing?



No storm can shake my in - most calm, While to that rock I'm



No storm can shake my in - most calm, While to that rock I'm



cling - ing. Since love is Lord of heav - en and earth,



How can I keep from sing - ing?

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### Parish Religious Education Program (PREP)

We are excited to announce that our Parish Religious Education Program (PREP) for students in Grades 1 – 8, including Sacrament Preparation is now accepting applications for the 2024-25 school year which will begin on September 15th with our Opening Ceremonies. **For more information and an application, please visit our website or scan the QR code below.** We look forward to welcoming your family to PREP at Visitation this fall.



### Confirmation Program for Teens

Registration is open for our parish Confirmation Program which is designed for teens who are interested in receiving the Sacrament of Confirmation. Confirmation at Visitation celebrates the Holy Spirit working in the hearts of our teenagers. The Confirmation process, which takes place over a two-year period, is a time of discernment for our young people to explore, grow and take ownership of their Catholic Faith. If you or someone you know is in the 9th - 11th grade and are interested in joining us, **please scan the QR code to access more information and the application on our website.** We can't wait to welcome you to our first Session Retreat on Sunday, September 22nd starting with the 11:00 am Mass.



### OCIA, the Order of Christian Initiation of Adults

welcomes those who are considering becoming Catholic and adult Catholics who have not yet been confirmed. The Church is where we encounter God in the Word, in the Sacraments, and in the Saints; to gain an understanding of the source of life and salvation. If you feel called to a work in the world and in the Church, consider joining us! OCIA meets on Mondays at 6:30 pm starting September 16th. **For more information, please contact our OCIA Coordinators at [OCIA.Visitation@gmail.com](mailto:OCIA.Visitation@gmail.com)**



For additional information about any of our Faith Formation programs, please contact Debra Evans, Director of Religious Education and Sacrament Preparation by phone/text (703) 582-9888 or by email at [religiouseducationvc@gmail.com](mailto:religiouseducationvc@gmail.com)

### Faith Formation Volunteers Needed

*Go, teach all nations, baptizing them in the name of the Father and of the Son, and of the Holy Spirit. - Mt. 28:19*

Are you looking to deepen your faith and share it with others including the next generation? Consider answering Christ's call to be a volunteer Catechist or Catechist Aide with PREP; Adult Core Team Leader or Peer Leader with Confirmation; or accompany adults on their OCIA journey! If you have a heart for Jesus, and for spreading the Good News to children, teens, or adults please contact Debra Evans, Director of Religious Education and Sacrament Preparation by email at [religiouseducationvc@gmail.com](mailto:religiouseducationvc@gmail.com), or by phone/text (703) 582-9888. We welcome your interest and participation.