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Our Mission: A Roman Catholic Community celebrating Christ's presence among us

#### ADMINISTRATOR:

Fr. Francis Kim

#### IN RESIDENCE:

Fr. Jim Anguiano (Vicar General)

Fr. Timothy McGowan

#### RETIRED:

Msgr. Charles E. Hill

Msgr. James Forsen (Pastor Emeritus)

#### MASS TIMES

DAILY MASS

Monday - Friday: 8:00a.m.

#### SUNDAY MASS

Saturday (Sunday Vigil): 5:00 p.m.

Sunday: 8:00 am., 9:30 a.m., and II:00 a.m.

#### DAILY ROSARY

Monday thru Friday following the 8 a.m. mass

#### HOLY HOUR (INSIDE THE CHURCH)

First Friday of each month:

8:30am-9:30am

#### CONFESSIONS

Saturday: 3:00 p.m. - 4:00 p.m.

and by appointment

#### PRIVATE WORSHIP

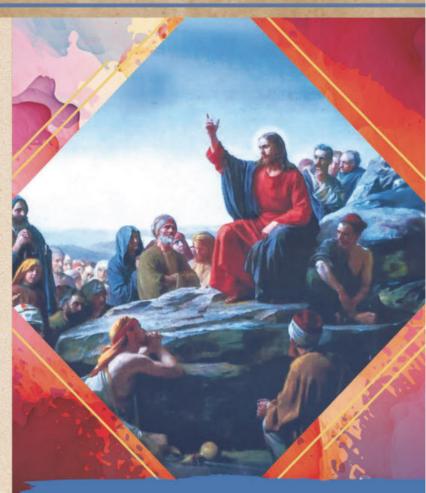
(INSIDE THE CHURCH)

Monday-Friday: 7:30 a.m. - 4:00 p.m.

#### PARISH OFFICE HOURS:

Monday - Friday 8:00 am - 4:00 pm

Closed for lunch 12:00 pm - 1:00pm



#### **6TH SUNDAY IN ORDINARY TIME**

"Blessed are you." - Lk 6:21

Excerpts from the Lectionary for Mass @2001, 1998, 1970 CCD. @LP

FEBRUARY 16, 2025

#### WELCOME TO VISITATION CHURCH!

A special welcome to those who may be visiting us today, we are blessed that you are here to worship with us. If you are traveling, we hope you find this Catholic community welcoming. If you are new to this area, we hope to see you again and that you may consider joining this community.

6561 WEST 88TH STREET LOS ANGELES, CA 90045

#### PRAYER BEFORE MASS

Dear Father in heaven, I come before your sacred altar to assist the divine sacrifice of your Son Jesus. Fix my mind on you and by his precious blood wash away all my sins as I repent of having offended you. Grant that we may celebrate this holy mystery with strong faith and devotion. Send us the Holy Spirit of love to ignite our hearts to receive devoutly the Holy Eucharist. Bless our family, our parish, and our community. We ask this through Christ, our Lord, who lives and reigns with you forever and ever. / Amen.

#### PARISH REGISTRATION



Are you looking for a faith community to call home? Welcome to the Viz family!

You may register as a parishioner on our website or Scan the QR code now.



As a parish, we strive to be good stewards of our resources. Many families have moved away from envelopes and are now using Faith Direct to fulfill their generous stewardship commitments to our parish and the wider church through electronic

donations. Help us to reduce our envelope and postage expense and at the same time support us in a secure and convenient way by enrolling with Faith Direct.

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- Visit faith.direct/CA772 or Scan QR code
- Call Faith Direct Customer Service at 866-507-8757
- Text \$ amount to GIVE Now! Or "ENROLL" for recurring donations 310-361-1262

#### SCRAMENTAL PREPARATION



Please scan the QR code to get more information regarding Baptism, First Reconciliation, Holy Communion, Confirmation, Adult Baptism, Confirmation and Eucharist (OCIA), Marriage, Anointing of the Sick and Holy Orders.

#### WE SHARE YOUR GRIEF

Please check the Visitation website under Resources/Bereavement for a list of Grieving, Cancer, Hospice and Palliative Care note titles. These are very helpful and powerful small articles. Please contact **Candy Blankenship at 310-338-9043 or blank8840@gmail.com** and she will mail them to you at no charge." Such titles include Caring for yourself while Grieving, Overcoming Loneliness, What to do after the death of a Spouse, The first 12 months of Grieving, and many, many more.

Your continued support and generosity to Church of the Visitation is greatly appreciated!



SAINTS AND SPECIAL OBSERVANCES

#### SUNDAY - FEBRUARY 16TH

6th Sunday in Ordinary Time

8:00am - Madison Durow †

9:30am - For the people of

Visitation Parish

11:00am - Michael Spence †

#### MONDAY - FEBRUARY 17TH

The Seven Holy Founders of the Servite Order; Presidents' Day

8:00am - Joseph Bruni †

#### TUESDAY - FEBRUARY 18TH

8:00am - Familia Franco Padilla

#### WEDNESDAY - FEBRUARY 19TH

9:00am - Mark Bonette †

#### THURSDAY - FEBRUARY 20TH

8:00am - Tony Sales †

#### FRIDAY - FEBRUARY 21ST

St. Peter Damian, Bishop and Doctor of the Church

8:00am - Gilbert Soto †

#### Saturday - February 22nd

The Chair of St. Peter the Apostle

5:00pm - Betty Spindler †

To request a **Mass intention** please call the Parish Office 310-216-1145

#### PRAYER REQUESTS (SICK OR DECEASED):

email them to the following vizprayerrequests@gmail.com If you would like to join in praying for the requests received, please send an email to the prayer request email address.



#### MESSAGE FROM FR. FRANCIS

Dear Parish Family,

Today's Responsorial Psalm reminds us of the importance of Christian hope.

Hope is more than a fleeting feeling; it is a deep trust that God is present and working, even in the darkest moments. The psalmist reminds us that those who place their hope in the Lord are like trees planted by running water—steadfast, nourished, and bearing fruit in due time. But what does this hope look like in our world today?

In a time when despair can feel overwhelming—whether from personal struggles, societal injustices, or global uncertainties—hope is an act of faith. It is not passive optimism but a conviction that God's love is greater than any hardship. As followers of Christ, we are called not only to hope but to be instruments of hope for others, especially the marginalized, the forgotten, and those who feel cast aside.

We bring hope when we listen with compassion, stand for justice, and offer kindness without expecting anything in return. We bring hope when we remind the suffering that they are seen, valued, and loved by God. Like the tree in the psalm, we are nourished by our faith and called to extend that life-giving water to those who thirst for dignity, peace, and healing.

May we remain firmly planted in the Lord, trusting in His providence and sharing His hope with a world in need.

In Christ,

Fr. Francis

**P.S.** May we pray for those attending Religious Ed Congress in Anaheim this week, including Visitation's youth (Diego, Emma, Sofia, Xavier, JD, Emily) and adults (Debra, Ana, Karely, Daniel, Christina, Fr. Francis).



PARISH OFFICE WILL BE CLOSED Monday, February 17, 2025 We will re-open on Tuesday, Feb. 18th 8AM - 4PM

#### DEATH ANNOUNCEMENT

Visitation Parish Community extends its sympathy and prayers to the family and friends of **Howard Frank Prochaska**, a long time parishioner passed away on December 26, 2024. Please pray for his soul and the souls of all the faithful departed.

#### CHRISTIAN MEDITATION

"William James, founder of American psychology, a philosopher said, 'Reality is where you place your attention.' Attention matters. The loss of our capacity to pay attention (our distracted culture, the fact that we spend hours on our mobile devices every day, and young people are spending at a very vulnerable age, hours upon hours on their social media) this is a fragmentation of our fundamental capacity which is attention: to be able to listen, to be able to observe, to be able to engage, to feel empathy, to see the wonder of the world in which we live and the relationships in which we are connected. Attention is the essence of prayer." Fr. Laurence Freeman.

If you'd like to learn more about Christian meditation, please join Fr. Francis on Wednesdays, 8-8:30 PM via Zoom. Email him at <code>fkim@la-archdiocese.org</code> for the Zoom link.

## LIVE THE LITURGY Inspiration of the Week

Too many of us make the mistake of expecting prosperity here on Earth as a reward for following Christ. But Jesus is very clear: sorrow and hardship are a part of life. But when we offer these sufferings to Christ, they become transformed. They become blessed. And so do we.

©LPi

# Meet. Pray. Run. And walking too!



If you'd like to get some steps in with others in our community, please join Fr. Francis and Visitation's Run/Walk group on the 1<sup>st</sup> and 3<sup>rd</sup> Saturdays of the month from 7am-8am. All are welcome!



#### SUPPORT OUR LOCAL ADVERTISERS

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## IT'S TIME . . . BE A BETTER MAN 2025 MEN'S CORNERSTONE RETREAT

Visitation's Annual Men's Cornerstone Retreat will be Friday evening March 28th and Saturday

March 29<sup>th</sup> right here on campus. It is presented by the men of our parish who have experienced it. If you speak to a Cornerstone Brother, he'll tell you the experience has enhanced his life in many ways – he is a better husband and father to his family, he is a better friend, he is more grounded in his work, and, most importantly, he has discovered new dimensions in his relationship with Christ.





Call Mike Rotolo at 310.505.3052 with questions, or register on our Parish web site, www.visitationchurch-la.com. There is no cost to attend. Space is limited so please register soon.

## GRIEF WORKSHOP: A LENTEN JOURNEY THROUGH GRIEF AND HOW THE COMMUNION OF SAINTS HELP US THROUGH THAT JOURNEY

Lent begins Ash Wednesday, March 5, 2025 and lasts until the Triduum starting Thursday, April 17, 2025.

WHAT: The Lenten season is a perfect time to help us memorialize our beloved. In the first hour, we will talk about our own garden of Gethsemane of grief and moving thru the different stages of the Lenten timeline. The second hour we will discuss some amazing things you may not know about the Communion of Saints and how they help us in our grieving journey.

WHEN: SUNDAY, March 9, 2025

TIME: 2:00 p.m. - 4:00 p.m.

WHERE: O'Grady Center, Parking lot of Visitation Church;

6561 W 88th St., Westchester, CA 90045

WHY: Anyone who has lost a loved one recently or years

before.

WHO: Candy Blankenship (Bereavement Minister)

COST: \$10.00 per person to be donated to Church of the

Visitation (Cash or check)

Please RSVP to blank8840@gmail.com or call 310-338-9043 for accurate count and for class materials. Please also bring your own drinking water and notebook for note-taking.

## Why do we do that? Catholic Life Explained

#### MARDI GRAS

#### QUESTION:

Carnivale and Mardi Gras celebrations are linked to Ash Wednesday, Lent, fast and abstinence. Can you tell us more about the connections between these events?

#### **ANSWER:**

Ash Wednesday is the beginning of the forty days known as Lent. Every year, Christians highlight this penitential season as a time of self-examination, reformation of one's life, and continued development of a deeper spiritual life. The recommended practices of prayer, fasting, and almsgiving become the focus of Lenten activity and ritual. Each of these spiritual practices is aimed at personal discipline as well as continued concern for the other, especially the poor or alienated.

Forty days is a symbolic biblical period of time, during which personal transformation occurs and out of which people surface as more spiritual, ready to carry out God's mission. Relying on God's providence and care, no matter how difficult life becomes, is crucial to Lenten spirituality. Fasting was initially stricter, permitting only one simple meal a day without meat, fish, or other delicacies. Such things were not even allowed in the house.

In order to prepare for this in an age of no refrigeration, people gathered to consume whatever was not allowed during Lent. This led to parties or celebrations originally referred to as Carnivale, literally meaning "goodbye to meat," or Mardi Gras, literally meaning "Fat Tuesday." The eating and celebrating ended on the Tuesday just before Ash Wednesday. Today we focus more on moderation in all things, as well as a strong concern for the poor. What are you doing for the poor this Lent?

#### **Prayer**

Dear God, help me love you with my whole heart. Help me do things that will make you smile.

#### Mission for the Week

Are any of your neighbors lonely? Go out of your way to show Jesus' love to those people.

#### **Sharing the Gospel**

One day in heaven,
God will reward you
for all the loving
things you do. When
you clean up the
dishes without being
asked, God sees.
If other people are
mean to you because
you love Jesus, God
sees. God will be so
happy to see you
in heaven!

Now color the picture!



Can you draw this angel from heaven identical to the first drawing?







#### APOSTLES CREED

I believe in God, the Father Almighty. Creator of heaven and earth. and in Jesus Christ. His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified. died and was buried: He descended into hell; on the third day He rose again from the dead; He ascended into heaven. and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body. and life everlasting. Amen

#### MASS PARTS MASS OF ANN

#### **GATHERING**

In Christ Alone



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#### PSALM Blessed are they who hope in the Lord.

**GOSPEL ACCLAMATION** 

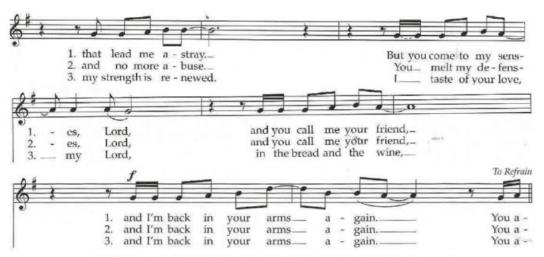
Alleluia (Hart)

#### PREPARATION OF THE TABLE AND GIFTS

All I Need all You a - lone are for you hold You aneed, in you a-lone 1 com-plete. need, 0 Lord, am\_ lone are So\_man-y dis-trac that pull me a - way. tions I've set my af - fec tions com-plete-ly on you. and I hun-ger for you. 3. So I come to your ta ble Too man-y at - trac tions There's no more re-jec tion

In your real pres

ence,



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#### COMMUNION SATURDAY

#### We are the Light of the World





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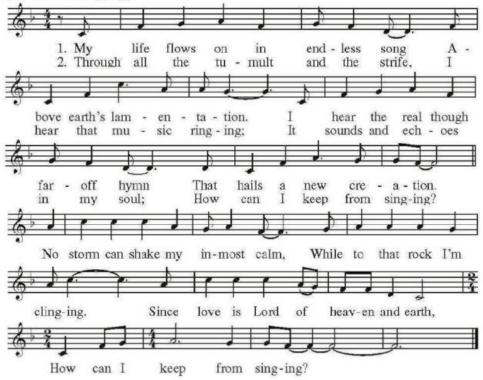
#### **SUNDAY** The Beatitudes



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#### SENDING

#### How Can I Keep From Singing?



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#### CHURCH OF THE VISITATION

#### **CONTACTS**

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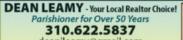


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