

# CHURCH OF THE VISITATION

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Our Mission: A Roman Catholic Community celebrating Christ's presence among us.



SEVENTH SUNDAY OF EASTER  
JUNE 1, 2025

PARISH  
REGISTRATION



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FAITH DIRECT



CONTACTS



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Parish Office hours: Monday - Friday 8:00 am - 4:00 pm Closed for lunch 12:00 pm - 1:00pm

## WELCOME TO VISITATION CHURCH!

A special welcome to those who may be visiting us today, we are blessed that you are here to worship with us. If you are traveling, we hope you find this Catholic community welcoming. If you are new to this area, we hope to see you again and that you may consider joining this community.

### ADMINISTRATOR

Fr. Francis Kim

### IN RESIDENCE:

Fr. Jim Anguiano (Vicar General)

Fr. Timothy McGowan

### RETIRED:

Msgr. Charles E. Hill

Msgr. James Forsen (Pastor Emeritus)

### MASS TIMES

#### DAILY MASS

Monday - Friday: 8:00a.m.

#### SUNDAY MASS

Saturday (Sunday Vigil): 5:00 p.m.

Sunday: 8:00 a.m., 9:30 a.m., and  
11:00 a.m.

### HOLY HOUR (Inside the church)

First Friday of each month: 8:30am-9:30am

### DAILY ROSARY:

Monday thru Friday following the 8 a.m. mass

### CONFESSIONS

Saturday: 3:00 p.m. - 4:00 p.m. and by appointment

## SUNDAY'S READINGS

**FIRST READING:** Stephen, filled with the Holy Spirit, looked up intently to heaven and saw the glory of God. (Acts 7:55)

**PSALM:** The Lord is king, the most high over all the earth. (Ps 97) Or: Alleluia.

**SECOND READING:** "I am the Alpha and the Omega, the first and the last, the beginning and the end." (Rv 22:13)

**GOSPEL:** "Father, they are your gift to me. I wish that where I am they also may be with me, that they may see my glory that you gave me, because you loved me before the foundation of the world." (Jn 17:24)

## WE SHARE YOUR GRIEF

Please check the Visitation website under Resources/Bereavement for a list of Grieving, Cancer, Hospice and Palliative Care note titles. These are very helpful and powerful small articles. Please contact **Candy Blankenship** at 310-338-9043 or **blank8840@gmail.com** and she will mail them to you at no charge." Such titles include Caring for yourself while Grieving, Overcoming Loneliness, What to do after the death of a Spouse, The first 12 months of Grieving, and many, many more.



SAINTS AND SPECIAL OBSERVANCES

### SATURDAY - MAY 31ST

*The Visitation of the Blessed Virgin Mary*

5:00pm For all the Benefactors of  
Visitation Parish Past and  
Present

### SUNDAY - JUNE 1ST

*The Ascension of the Lord; 7th Sunday of  
Easter; World Communications Day*

8:00am Paulino Magtoto Jr. †

9:30am Dina Reyes †

11:00am Kerima Del Carmen  
Malek †

### MONDAY - JUNE 2ND

*Sts. Marcellinus and Peter, Martyrs*

8:00am Patricia Coda †

### TUESDAY - JUNE 3RD

*St. Charles Lwanga and Companions, Martyrs*

8:00am Patricia Soto

### WEDNESDAY - JUNE 4TH

8:00am Fr. Francis Kim (Birthday)

### THURSDAY - JUNE 5TH

*St. Boniface, Bishop and Martyr*

8:00am Diane Murray Soto †

### FRIDAY - MAY 30TH

*St. Norbert, Bishop*

8:00am Nicole Coda †

To request a **Mass intention** please  
call the Parish Office 310-216-1145

**PRAYER REQUESTS (SICK OR  
DECEASED):** email them to the  
following [vizprayerrequests@gmail.com](mailto:vizprayerrequests@gmail.com)  
If you would like to join in praying for  
the requests received, please send an  
email to the prayer request email  
address.

## MESSAGE FROM FR. FRANCIS

Dear Parish Family,

In today's Solemnity of the Ascension we celebrate the moment when Jesus ascended into heaven—not as a farewell, but as a commissioning. As He blesses His disciples and returns to the Father, He entrusts them (and us) with a mission: "Go into all the world and proclaim the Gospel to every creature."

The Ascension is not about Jesus leaving us behind. It's about His continued presence in a new way—through the Holy Spirit, through the Church, and through each one of us. He now calls us to be His witnesses in the world: in our homes, schools, workplaces, and neighborhoods.

Though the disciples may have felt uncertain watching Jesus go, they were not abandoned. We aren't either. We live in the "in-between": Christ has ascended, and we await His return. But in the meantime, we have work to do—bringing His message of love, mercy, and hope to a world in need.

As we move toward Pentecost, may we open our hearts to the power of the Holy Spirit, who equips us to live this mission boldly and faithfully.

"You will be my witnesses."  
May it be so—in word and in deed.

In Christ,  
Fr. Francis

### Prayer Request

This week, our 8th graders will be graduating. May we continue to keep them in our prayers—that their minds and hearts may remain open to God's will, wherever life leads them.

To all our 8th graders: "Be who God meant you to be and you will set the world on fire." - St. Catherine of Siena

## COFFEE & DONUTS

Please join the Knights of Columbus on Sunday, June 8 in Mary's Courtyard for Coffee and Donuts. Gathering after Mass is a great opportunity for fellowship with friends or to make a new friend!



## SCRAMENTAL PREPARATION



Please scan the QR code to get more information regarding Baptism, First Reconciliation, Holy Communion, Confirmation, Adult Baptism, Confirmation and Eucharist (OCIA), Marriage, Anointing of the Sick and Holy Orders.

## CHRISTIAN MEDITATION

"One of the first effects of [Christian meditation] is the release of the energies of the unconscious. This process gives rise to two different psychological states: the experience of personal development in the form of spiritual consolation and the experience of human weakness through humiliating self-knowledge. Self-knowledge is the traditional term for the coming to consciousness of the dark side of one's personality. The release of these two kinds of unconscious energies needs to be safeguarded by well-established habits of dedication to God and concern for others. Otherwise, if one enjoys some form of spiritual consolation, one may inflate with pride; or if one feels crushed by the realization of one's spiritual impoverishment, one may collapse into discouragement or even despair. The cultivation of habits of dedication to God and of service to others is the indispensable means of stabilizing the mind in the face of emotionally charged thoughts, whether of self-exaltation or of self-depreciation." Fr. Thomas Keating, OCSO. Open Mind, Open Heart.

If you are interested in learning more about Christian meditation, please join Fr. Francis via Zoom on Wednesdays 8-8:30 PM.

Email [fkim@la-archdiocese.org](mailto:fkim@la-archdiocese.org) for the link.





## HOLY HOUR



**NOTICE:** Due to the Baccalaureate Mass for our 8th graders there will not be any Holy Hour this coming First Friday of June. Please pray for them as they conclude Junior High and prepare for High School.

## ASCENSION OF THE LORD

### WHERE DID HE GO?

Many times when we think of those who have died, we imagine escape from this world to a purely spiritual place. Jesus' Ascension can leave us in a place of confusion. What happens to Jesus? And why does this matter to us? The Ascension has been confirmed in the Creed for two millennia. In Jesus' Ascension we're invited to consider our own ultimate end. Regardless of death's reality now, we believe in the resurrection of the body and the reunification of body and soul. One day earth and heaven will meet perfectly and without end. We anticipate this "new heaven and a new earth" at every Mass and throughout the beauty, truth, and love of the Church and her members. Today, celebrate a foreshadowing of the fullness we all await!

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## VIZ SENIORS



## MEET. PRAY. RUN... *And walking too!*



If you'd like to get some steps in with others in our community, please join Fr. Francis and Visitation's Run/Walk group on the 1<sup>st</sup> and 3<sup>rd</sup> Saturdays of the month from 7am-8am. All are welcome!

### LECTIO DIVINA

#### QUESTION:

What is Lectio Divina, and how is it associated with the Benedictine Monastic tradition, whose founder, St. Benedict, we honor on July 11?

#### ANSWER:

Benedict desired his monks to live in community, praying the Liturgy of the Hours together, contemplating sacred texts, and doing manual labor. The monks developed a technique to facilitate a spiritual and devotional reading of the Bible known as Lectio Divina, the holy reading of a text. This method encourages the reader to hear the biblical text with an open heart and focus on whatever God wants to highlight and then apply it to daily life.

There are variations on Lectio Divina, but essentially, the technique consists of a three-step process of reflection. When the reflection is done with a group, the responses are shared by all the participants. Once the text is selected, it is read meditatively, and the following are then explored: a word or phrase that attracts you; how and where the content of this reading touches your life today; what you believe that God wants you to do during this coming week (month, year, lifetime).

Thanks to Benedict, the Christian community has been gifted with this special way of entering into the biblical text. This week, use the Lectio Divina process on one of the readings for the coming Sunday and make a note of the life connections you are making. How is this reflection on the biblical text drawing you closer to God and others?

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## DEVOTIONS *EXPLAINED!* – Connect with Tradition and Grow Your Faith

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### PRAYER AFTER MEAL

Just as praying before a meal, praying after a meal is meant to inspire in Christians an attitude of thanksgiving and an acknowledgment of our dependence on God.

Though it is a less common practice in the modern world, early Church fathers like Tertullian and St. Jerome extolled the importance of praying after a meal, and the Christian poet Prudentius composed hymns for before and after meals (“ante cibum” and “post cibum”).

There are no “official” prayers for after a meal, but the most common one said by Catholics is this: “We give thee thanks, almighty God, for all your benefits, who lives and reigns forever and ever. And may the souls of the faithful departed, through the mercy of God rest in peace.” It is a benediction which recalls our perpetual fellowship with the entire Body of Christ, including those who have passed from this life.

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## Prayer

Jesus, help me be kind and loving to others.

## Mission for the Week

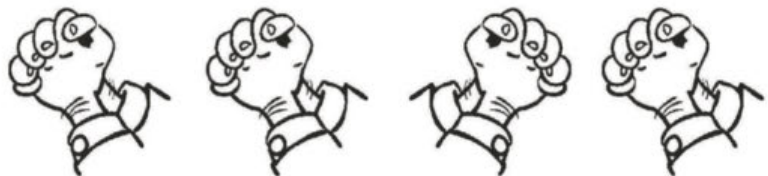
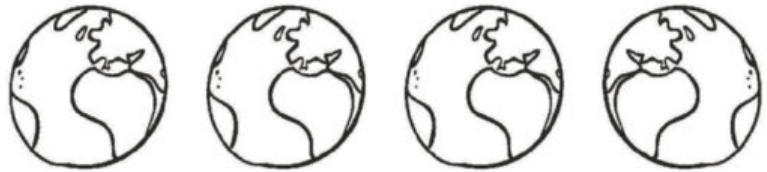
I will show love and kindness to my family by taking out the trash.

## Sharing the Gospel

Jesus told his Father that he wants you to be one with him and his Father. Jesus wants all his followers to be one with him. When you do as Jesus did, you are being one with the Father and the Son. Jesus was kind to others. He helped them when they needed help. Jesus wants you to treat people like you would treat him. What you do to others, you do to him.

Now color the picture! →

Circle the picture that is facing the wrong way.  
Then color in all the pictures.





## APOSTLES CREED

I believe in God,  
the Father Almighty,  
Creator of heaven and earth,  
and in Jesus Christ,  
His only Son, our Lord,  
who was conceived  
by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified,  
died and was buried;  
He descended into hell;  
on the third day He rose again  
from the dead;  
He ascended into heaven,  
and is seated at the right hand  
of God the Father Almighty;  
from there He will come  
to judge the living and the dead.  
I believe in the Holy Spirit,  
the Holy Catholic Church,  
the communion of Saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.  
Amen

## READINGS

1ST READING:  
ACTS 7: 55-60

PSALM 97

2ND READING:  
REVELATION  
22:12-14, 16-17, 20

GOSPEL:  
JOHN 17:20-26

## GATHERING

### In Christ Alone

1. In Christ a-lone my hope is found, he is my  
2. No guilt in life, no fear in death, this is the

1. light, my strength, my song; this cor-ner-stone, this sol-id  
2. pow'r of Christ in me; from life's first cry to fi-nal

1. ground, firm through the fierc-est drought and storm. What heights of  
2. breath, Je-sus com-mands my des-ti-ny. No pow'r of

1. love, what depths of peace, when fears are stilled, when striv-ings  
2. hell, no scheme of man, can ev-er pluck me from his

1. cease, My com-fort-er, my all in all, here in the  
2. hand; till he re-turns or calls me home, here in the

1. love of Christ I stand.  
2. pow'r of Christ I'll

1 to Verse 2 2, 3

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## PSALM God mounts His throne to shouts of joy; A blare of trumpets for the Lord.

## GOSPEL ACCLAMATION

## Easter Alleluia

## PREPARATION OF THE TABLE AND GIFTS

### Song of Redemption

I have seen the Lord, and I know he lives;  
for I've heard his voice call-ing out to me, "Be -  
lieve and fol-low me."

Verse 1  
1. Death no long-er tri-umphs, for we shall live for -  
1. ev-er, re-deemed in the love of Je-sus who -



## MASS PARTS

### MASS OF CREATION

When we eat this bread and drink this cup, we proclaim your death, O Lord. Until you come again.

to Refrain

1. died that we might live.

Verse 2

2. Where two or three have gathered, God's in the midst of

2. them. From the tomb of death he rises, re -

to Refrain

2. deem - er of us all.

Verse 3

3. The stone once re - ject - ed has be - come the cor - ner -

3. stone. By the Lord has this been done; it is

to Refrain

3. won - der - ful in our eyes!

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## COMMUNION

### We Walk By Faith

1. We walk by faith — and not by sight; No  
2. Help then, O — Lord, — our un - be - lief; And

1. gra - cious words we hear — From Christ who spoke as none  
2. may our faith a - bound, To — call on you — when you —

1. — e'er spoke, but we be - lieve him near. — We may not  
2. — are near, and seek where you are found. Then when our

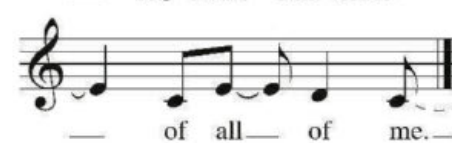
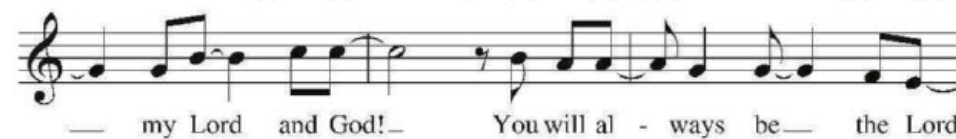
1. touch — the hands and side, Nor fol - low where he trod;  
2. life — of faith is done, In realms of clear - er light

1. — Yet in the prom - ise we — re - joice, and cry,  
2. — we may be - hold you as — you are — in full





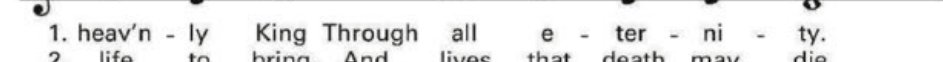
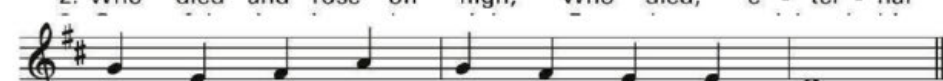
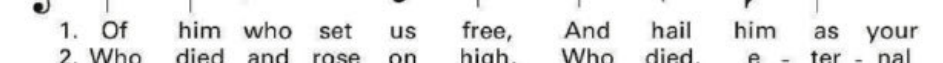
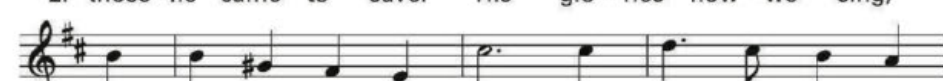
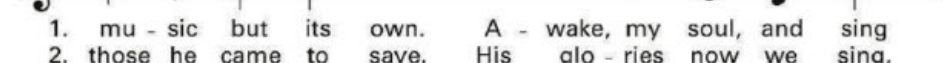
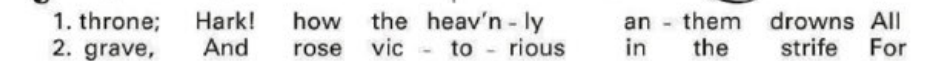
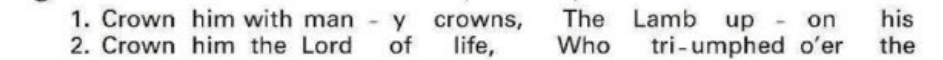
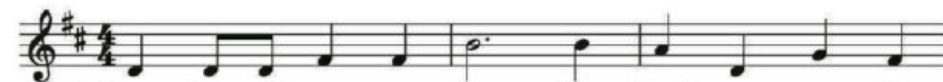
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## SENDING

### Crown Him with Many Crowns

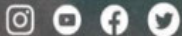


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# FULLY ALIVE

HIGH SCHOOL MEN'S GATHERING OF PRAYER, FRATERNITY & FELLOWSHIP

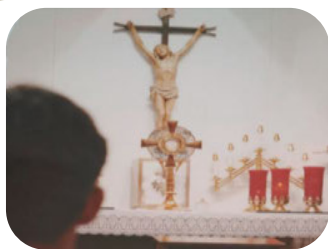
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For more info about discerning the priesthood call (213)637-7248

## WHAT IS FULLY ALIVE?

Fully Alive gives High School men the opportunity to discern where God may be leading them to and bring them into a deeper and intimate relationship with our Lord Jesus Christ. Through various activities and teachings, we aim to provide these young men the tools needed in order to live out a Holy life as sons of God and be Fully Alive. For more info about discerning the priesthood call 213-637-7248



The Men's Priestly Discernment Group is intended to help direct young men toward the possibility of the vocation to the Priesthood. Join them every 2nd Saturday of every month at the Cathedral of Our Lady of the Angels 9 am- 12 pm to help answer questions, give talks on what it means to discern a vocation and give clarity on where God may be calling you to.

[www.lavocations.org](http://www.lavocations.org)



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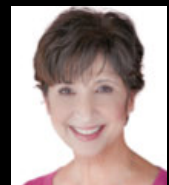
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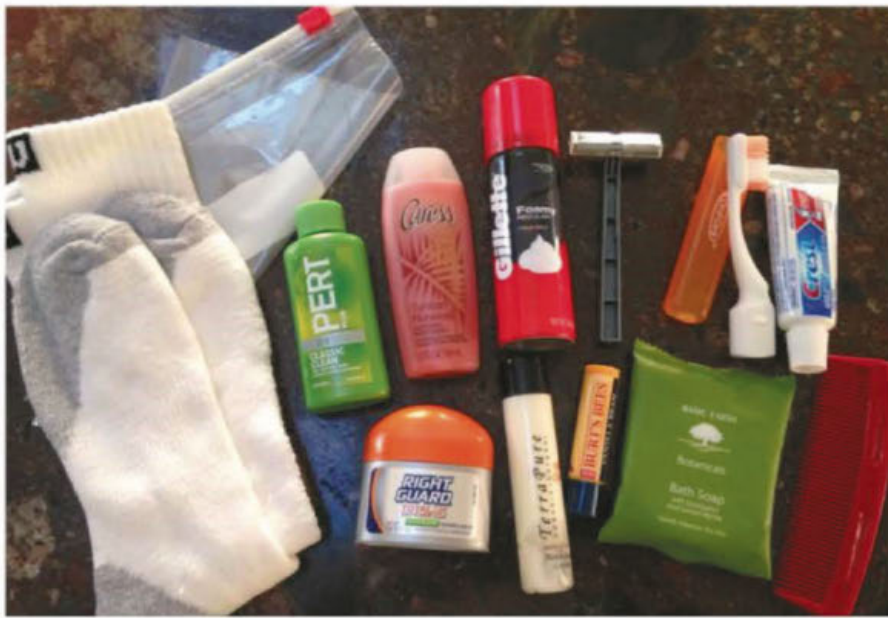
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**Bring your Mercy  
Bags to Visitation  
the weekend of  
June 7-8<sup>th</sup>**

**Collection Bins will  
be available at the  
back of the Church**

# MERCY BAG HYGIENE KITS

## FOR ST MARGARETS CENTER

One way we are answering the call to serve the poor at Visitation, is to assist St. Margaret's Center in providing hygiene bags for the homeless and working poor that they serve. Please consider contributing 3-5 Mercy Bags that you assemble in a Ziplock bag at home and bring to church next weekend.

- Soap or Body Wash
- Shampoo and Conditioner
- Deodorant
- Body Lotion
- Razor and Shaving Cream
- Toothbrush and Toothpaste
- Socks (Unisex tube socks)
- Comb
- Chapstick

*St. Margaret's Center, a  
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1987.*



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