



Church@StBarnabasLB.org

Year A: Reading 814



ST. BARNABAS CATHOLIC CHURCH

3955 ORANGE AVE., LONG BEACH, CA 90807 | 562-424-8595 | STBARNABASLB.ORG

SUNDAY, MARCH 12, 2023

3RD SUNDAY OF LENT

Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." - Jn 4:10

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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PLEASE JOIN US! PARISH LENTEN RETREAT

March 18: w/Fr. Joseph Miller from 10am-4:30pm

March 18-19: 2nd Collection-Catholic Relief Services

PARISH OFFICE HOURS:

Mon-Fri: 9:30am-5:00pm
Saturday: 8:30am-4:30pm
Sunday: 7:30am-2:00pm

PASTOR:

Rev. Dr. Antony Gaspar

ASSOC. PASTOR:

Rev. Bernard Santiago

Business Manager: Sam Christi

Office Secretary: Dona Trenkle

Weekend Secretary: Andrea Marquez

Multimedia Coordinator: Olivia Baylen

*** NEW MASS TIMES ***

Mon-Sat: 7:00am*

Sat Vigil: 5:00pm

Wed: 8:00am (School Mass)

Sun: 7:00am | 9:00am*

11:00am | 12:30pm

1ST FRIDAY OF THE MONTH:

Fri: 8:00am-9:00am Confessions

Adoration: 8:45am-12:00pm

1ST SATURDAY OF THE MONTH:

7:30am Novena to Our Lady of Fatima

*denotes live-stream via YouTube

CONFESSION HOURS:

Sat: 3:30pm-4:30pm

For Infant Baptisms, Weddings, Funerals, & Anointing of the Sick, call the Parish Office: 562-424-8595

NOVENAS / DEVOTIONS:

Tues: 7:30am* (Saint Joseph)

Wed: 7:30am* (Our Lady of Perpetual Help)

PARISH MISSION STATEMENT

"We, the Catholic Community of Saint Barnabas Parish, are a people formed by Christ, called in Baptism and united in the Eucharist; we continue the mission of the Church in the world through Prayer, Apostolic Works, Evangelization, and Christian Stewardship."

OUR PATRON, SAINT BARNABAS

Barnabas sacrificed himself to be instrumental in God's cultivation of His Church. Paul makes specific mention of the fact that Barnabas, who willingly impoverished himself in the interests of the Church, labored with his own hands to support himself on his missionary journeys. In Acts 4:36, Luke translates Barnabas to mean "son of encouragement" or "son of consolation." The original Greek word rendered "encouragement," *paraklesis*, means encouragement, consolation, comfort, exhortation and entreaty. It may be that the Apostles who gave Joseph the name Barnabas, saw all of these qualities in his character.

PARISH MINISTRIES

Adoration Coordinator	Faye R
Altar Servers (Youth)	Erika M
Baptism (Infants)	Jay G
Boy Scouts Pack 32 Cub Scouts Pack 32	Laura L/Chris C
Bulletin/Website/Social Media/Publications	Olivia B
CANA Marriage Renewal Movement	Bernie M
Coffee & Holy Donuts	Bill M
Cornerstone Crew	Dave A
Couples for Christ	Roy R/Faye R
Divine Mercy Apostolate	Itima E
Extraordinary Ministers of Holy Communion	Sam C/Helen C
Filipino-American Association	Gene L
Finance Council	Espi G
Girl Scouts Troop #4283	Jessica C
Holy Name Society	Bob F
I.T. Resource Team	David A
Knights of Columbus #3449	Greg C
Lectors	Marina C
Legion of Mary	Barbara F
Liturgical Music Coordinator	Call Parish Office
Marian Cenacle M.M.P.	Mary C S/Mary S
Ministry of Consolation	Susan C
Mother Theresa Choir	Benildo T
Our Lady of Perpetual Help Novena	Armando P/Gigi L
Our Lady Queen of Peace	Tricia J
Pastoral Council	Darrell S
Planning/Building Team	Sean F
Project Achieve	Michelle S
RCIA/Adult Sacraments	Andrea M/Susana M
Respect Life	Robert K
Sacristans	Sahlee B/Armando P
Safeguard the Children	Elizabeth C
Ushers & Greeters	Darrell S
Wedding/Quinceañera Rehearsal Coordinator	Deb R
Worship Environment	Olivia A

FOR MINISTRY INQUIRIES, or to view our complete listing, please visit www.stbarnabaslb.org/ministries or call our Parish Office.

PARISH REGISTRATION

We encourage you to register as a Parishioner. To be an "Active" member at our Parish, is to participate in the life of prayer and stewardship. Being a parishioner enables a person to be eligible to sponsor a child for Baptism, to receive financial aid for Catholic Education, to be Married in the Parish, book a Funeral/Memorial Mass and to prepare one's children for the Sacraments. All adults over the age of 21, living with their parents or on their own, are encouraged to register as well. Visit our website to register!

FAKE TEXT MSG/SPAM E-MAILS

If you received a text message or E-Mail claiming it's from Fr. Antony and/or Staff, asking for money, gift cards or asking for your help, **THIS IS A HOAX! PLEASE IGNORE SUCH MESSAGES (pretending to be our Priest or Staff)** Don't reply to them and immediately delete it. Please ALERT the Parish Office. Thanks for your cooperation.



CALLED TO RENEW

Called to Renew is a historic, five-year campaign to strengthen parishes, families, and communities through unity and action; together we commit to renewing what is important so we can pass it on to those who we love.

Called to Renew is a bold plan to strengthen every parish and Catholic center in the Archdiocese of Los Angeles, vital ministries that serve thousands each year, education and formation for our children, and the support of Priests and those discerning the call.

More information, visit:
CalledToRenew.org



FINANCIAL BLESSINGS

02/26/23: \$ 6,141.00

Faith-Direct
Bi-Weekly
Contribution: \$ 7,309.30
Period: 2/1 – 2/15

Thanks for your prayerful giving. Your donation supports the operations of our Parish Community.



Monthly Flower Donors for Tabernacle & our Blessed Mother:

Deli Marrujo
February 21-April 1



ALTAR FLOWERS SPONSORS:

*Thanksgiving Mass for
Holy Family Choir*

March 6-12



SPIRITUAL COMMUNION: My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

ST. BARNABAS SCHOOL



Office: (562) 424-7476
Fax: (562) 981-3351
3980 Marron Avenue
Long Beach, CA 90807

Principal: Jennifer Kellam
jkellam@stbarnabas.school
www.school.stbarnabaslb.org

PRE-SCHOOL / DAYCARE

Main: (562) 988-8481

RELIGIOUS EDUCATION & CONFIRMATION

Office: (562) 988-6855

1130 Marshall Place
Long Beach, CA 90807

(Office located upstairs of Parish Center)

Interim R.E. Coordinator: *Sandra Solis*
562-988-6855 Office
religioneeducation@stbarnabaslb.org

Confirmation/Youth Ministry Coordinator:
Emmanuel Magallanes
213-948-7762 cell/text
confirmation@stbarnabaslb.org
youthministry@stbarnabaslb.org

●MARK YOUR CALENDAR

03/12: Daylight Savings Time! Spring 1-hour ahead!
 03/12: Coffee & Donuts/8am-11am/Parish Center
 03/16: Fr. Antony's Birthday!
 03/17: Happy St. Patrick's Day! (*wear green!*)
 03/18: Parish Lenten Retreat/10am-4:30pm/Mass 5pm
 03/24-25: SBS Spring Event-Moana Jr./St. Joseph HS
 03/27: No School! (*Teacher-in-Service*)
 04/02: Palm Sunday/blessing of palms & procession

All Fridays during Lent:

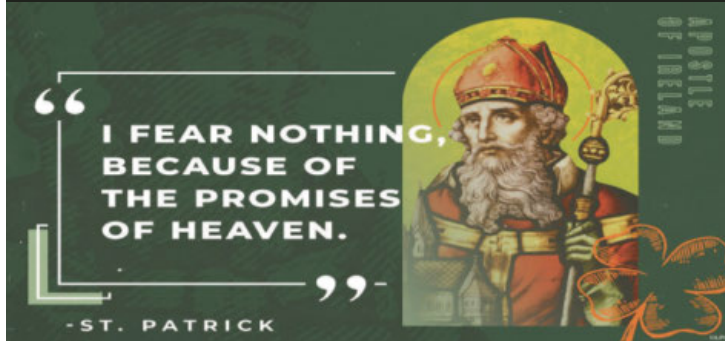
Stations of the Cross: 5:30pm / Lenten Mass: 6pm

KofC Fish Fry: 6:15pm-9pm/Hall

●WEEKLY MASS INTENTIONS

Book Mass Intentions via Website, E-mail or by Phone. (+ indicates deceased) Send requests at least 2 weeks in advance, to be listed. Some names may not reflect above, due to early print deadlines or last-minute requests.

Sat. Mar 11 5:00p.m.	Healing: Gabriel Wright Repose: +Emmanuel Memije; +Sister Gemma Magnetico, OP
Sun. Mar 12 7:00 a.m.	Repose: +Antonina Cemanía; +Serafina Noronha; +Lupe Hilario; +Johnnie Lucas
9:00 a.m.	Thanksgiving: Holy Family Choir Repose: +Rosalina G. Atienza; +Amando Ravelo Jr. 40th Day: +Fe Medina Death Anniversary: +Margarita Perez (10th)
11:00 a.m.	All Parishioners
12:30 p.m.	Repose: +Bernard Matute Sr. Death Anniversary: +Manuel Hernandez
Mon. Mar 13	Repose: +Carmen Alvarado; +Alejandro Cerane Sr.; +Rolando Ramirez Death Anniversary: +Pacita Edles
Tues. Mar 14	Birthday: Guadalupe Elias Repose: +Juanito Masayon; +J.K. Aggey
Wed. Mar 15	OLPH Devotees Birthday: Ajay Vannan 40th Day: +Romana Aballe
Thur. Mar 16	Birthday: Fr. Antony Gaspar Healing: Arturo Garcia
Fri. Mar 17	Happy St. Patrick's Day! Birthday: Katie Rodriguez Thanksgiving: Edgar & Baby Diego Repose: +Mary & +Cornelius Shea
Sat. Mar 18 7:00 a.m.	Thanksgiving: Bernie Matute Repose: +Rudy Espeleta; +Jose Noel



●IN MEMORY OF

Pope Emeritus Benedict XVI
 Susan & Estrella Sarte
 Mel Franklin
 Jose I Valenzuela
 Carmelita A Orsoe
 Alan Clark
 Mary Novotny

Martha Martinez
 William Fargas
 Rosario S Estrera
 Maria Mendez
 William Jeff Sr.
 Bishop David O'Connell
 Sr. Gemma Magnetico, OP



●TODAY'S READINGS: YR. A / 814

First Reading — When the people grumbled to Moses for water in the desert, the LORD heard and brought forth water from the rock for all to drink (Exodus 17:3-7).

Psalm — Listen to God's voice today; be not hardhearted (Psalm 95).

Second Reading — God's love has been poured into our hearts through the Holy Spirit (Romans 5:1-2, 5-8).

Gospel — Ask, and you will be given living water so that you will never thirst again (John 4:5-42 [5-15, 19b-26, 39a, 40-42]).

●READINGS FOR THE WEEK

Monday: 2 Kgs 5:1-15ab; Ps 42:2, 3; 43:3, 4; Lk 4:24-30

Tuesday: Dn 3:25, 34-43; Ps 25:4-5ab, 6, 7bc, 8-9;

Mt 18:21-35

Wednesday: Dt 4:1, 5-9; Ps 147:12-13, 15-16, 19-20;

Mt 5:17-19

Thursday: Jer 7:23-28; Ps 95:1-2, 6-9; Lk 11:14-23

Friday: Hos 14:2-10; Ps 81:6c-11ab, 14, 17; Mk 12:28-34

Saturday: Hos 6:1-6; Ps 51:3-4, 18-19, 20-21ab; Lk 18:9-14

Sunday: 1 Sm 16:1b, 6-7, 10-13a; Ps 23:1-6; Eph 5:8-14; Jn 9:1-41[1, 6-9, 13-17, 34-38]

●PRAYERS FOR HEALING

Ken Augustine, Connie Edwards, Mary Pearson, Betty Chrysler, Kathy Wachter, Sherrie & Heather Wren, Augusto David, Barbara Hendren, Roxanne, Don, Danny & Mike Batovsky, Josh & Pam Batovsky, Cesar Giron, Robert Carambelas, Hector Gustilo, Rose de los Reyes, Alvino Jauregui, Tina Quinn*, Bridget Vanderwerff, Carmela Chiurazzi, Eva Talastas, Bill & Gloria Dorsey, MaryAnn Salas*, Lydia Clark, Ted & Terri Furlow, Maxym Velazquez, Bill & Connie Dobberpuhl, Phillip Reher, Lucy Galletes*, Elizabeth N. Gabrillo*, Florencio "Junn" Gabrillo Jr.*, Lorna E Declines*, Lydia "Julie" Estrada*, Leo Ascuncion*, Sue Ann Estrada-Tumakay*, Arsenia "Paz" Estrada, Nelia N Estrada, Mario & Mely Visperas, Natividad S Fernandez, Maribella V.*, Joan Ingram*, Bridget Panek, Zoraida Ramos, Dixie Moran, Alberto Toledo, Michele Bartels, Andrea Noir, Rita Valle Moreno, Sr. Deonilda, Victor Adolfo Bracamonte, Jillian Adriano, Maria Linda Evans, Arlene G. Monaco*, Keith Wieland, Pat Madden, Arsenia "Paz" Estrada, T. McQuire, Nathaniel Espinoza, Emmanuel Sarte, Soji VS, Maria Hainey, Edwin de Lara*, Danilo Masangkay, George S*, Liza & Michael Cabrea, Katrina Sabate, Theresa Sabate, Luciano Sabate, Rose Sabate, Mary & Chris Divinaflor S., Avery Morgia, Adam Koffler, John Cuico Sr.*, Mia*, Veda, Louie Reyes, Samuel Chavez, Juan Carlos Vincent, Rhyann & Camille, Gretchen Hetzler, Emma Martinez

List updates every 4-6 months. If you would like to be added or RE-ADDED to our prayer list, please email church@stbarnabaslb.org. Names w/asterisks denotes inclusion to St. Peregrine (patron Saint of cancer) prayer list as well.

●COFFEE & DONUTS: 8am-11am

Coffee and Holy Donuts will be served this Sunday: **March 12th** at the Parish Center. (cash only)



Hosted by:
The Knights of Columbus

●TAX CONTRIBUTION REQUESTS

TAX LETTERS / CHURCH CONTRIBUTIONS

If you would like to obtain a copy of your 2022 Church Contributions, please e-mail us at: church@stbarnabaslb.org (preferred, that way we can E-mail your copy faster).



You can also call our Parish Office and leave your full name, address & phone number and we can mail them out. **We will not be sending them out automatically.** These records may or may not reflect some fundraising donations. We can certainly modify your totals, just let us know. Or better yet, also refer to your own bank statements to accompany with your Church contributions. Thanks for your patience and your continued support to our Parish. **Faith Direct Subscribers: It will be mailed to you directly!**

●MISSALETTES FOR SALE

We still have Missalettes available for purchase for \$25/each. This is a complete Missal book with all three cycles, so no need to purchase every year! Please visit our Parish Office or call: 562-424-8595 or E-mail: church@stbarnabaslb.org

●PENNIES FOR THE POOR

"Pennies for the Poor" has returned!

This popular program has returned and is in full swing! The purpose of this program is to teach the children the joy of giving back to God out of gratitude for all that God has given to them. We invite all our children to prayerfully consider collecting any loose changes (ie. coins, bills), and at each Sunday mass, during the Offertory, they will be invited to come to the Altar to place their gifts in a special basket placed in front of the Altar. This collection will be towards supporting the poor and orphan children for their various needs. For info, contact the Parish Office.



happy
birthday

FR. ANTONY GASPAR—MARCH 16

●PASTOR'S MESSAGE

CALLED TO RENEW CAMPAIGN

Blessings to you! We are in exciting times as a faith community in Southern California! Our Archbishop Jose Gomez has called us all to a period of renewal — a renewal of our spiritual life and our resources. In response to this invitation, I am pleased to announce the launch of our Parish's Called to Renew campaign. This historic effort will provide much-needed funding for parishes throughout the Archdiocese of Los Angeles, including ours, and strengthen essential ministries and programs that affect us.



Through God's grace, we have grown from the initial small faith community into a large welcoming parish of vibrant, active, and dynamic parishioners of all ages. We are passionate about our faith, excel in service, and are dedicated to sharing the Good News as they connect us with Christ, one another, and those in need.

We are now launching the Called to Renew campaign alongside every Parish in the Archdiocese of Los Angeles and ask God to bless this ambitious effort. Our campaign will allow us to address the needs of our Parish, ensuring future generations of parishioners may continue to gather, worship, and create lasting friendships.

The goal for our 5-year campaign is \$1,500,000 of which \$1,000,000 will remain with us at our Parish to address our needs. We will also retain 100 percent of the funds we collect over our goal.



I am asking you, and every member of our Parish, to make a gift from the heart. As your pastor and fellow parishioner, I will also make a sacrificial pledge. Before you determine your pledge, please prayerfully consider the generosity God has shown you, and the importance of the mission we have been given at St. Barnabas Church.

I realize this request is significant but trust your commitment to our Parish, and our Catholic faith will guide you to make a sacrificial gift. Called to Renew is essential to ensuring our church is vibrant and healthy, and our Parish remains a presence in the lives of parishioners and the community for years to come. I hope you will join me in supporting this historic campaign.

Thank you in advance for your faithful support.
Sincerely, —Fr. Antony



A direct Fund has also been set-up via Faith Direct, so you can also donate via online for convenience.



Knights of Columbus

**ALL
FRIDAY
EVENINGS
DURING
LENT!**

50/50 Raffles!

**\$14 Adults
\$13 Seniors
\$8 Children**

**6:15pm-9:00pm
Parish Hall**

**"To-Go" Orders
Available!**



We're a committed group of Scouts, Scouters and Parents, with a young and excited troop which is boy and girl led, organized to maximize the scouting experience with a well-rounded program of outdoor adventures, advancement, and community service



OUTDOOR ADVENTURES



COMMUNITY SERVICE



FRIENDSHIPS



LIFE SKILLS



Leadership

**Contact: Claudia Cabrera, Committee Chair
troop32lb@gmail.com**

Dear Padre

March 12, 2023

I have done some really terrible things in my life. When I did them, I didn't think anything about them, but now I feel very guilty. Can God really forgive me?

As we Redemptorists like to say, "With God there is plentiful redemption." God's mercy is everlasting and overflowing in its abundance. As we continue in Lent, let's remember that Easter is the sign that God forgave even the great sin of the crucifixion of his only Son. Time and time again throughout the Scriptures, Jesus demonstrates this bountiful mercy. He forgave Zacchaeus, the tax collector. He forgave the woman caught in adultery. He was tender with the Samaritan woman we hear about in today's Gospel. He spent his days living among and forgiving all manner of sinners. He even forgave Peter's great denial. The Church has named a multitude of saints, but note that in 2,000 years it has never declared anyone to be definitively condemned to eternal punishment. There is hope and mercy for all.

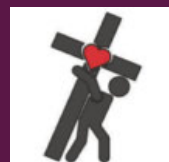
No matter how great the sin, God will forgive it. All you have to do is ask for mercy sincerely. All that takes is a repentant heart. From the tone of your message, you are truly sorry. Find a priest with whom you are comfortable and ask him to celebrate with you the sacrament of reconciliation. If you don't know how to go to confession, just ask. The priest will help you. Be at peace. ●

— Fr. Rick Potts, CSsR / DearPadre.org

"BE SIMON OF CYRENE" THIS LENT (SERVICE TO OTHERS)

*Hosted by your friends of the Project Achieve
Ministry Kitchen*

As stated in the gospel, Simon of Cyrene helped CHRIST CARRY HIS CROSS during his trek to Calvary.



This Lenten season, we are encouraging our parish families to do the same. . . help others who are in need.

We are hosting a parish Lenten service project for our friends at the Catholic Charities shelter, Project Achieve.

Who: Everyone in our church (get the kids involved)

What: The Helping Hands of Simon of Cyrene Lenten Service Project

When/Where: Pick a "donation cross" Sundays, 3/12 and 3/19 - back of the church (vestibule)

Collect donations: Sunday, 3/26 (7:30am-1:30pm) – church parking lot

Why: To help others live the spirit of almsgiving AND to teach our children about caring for, helping and giving to others

Questions? Feel free to call or text ministry leads:
Michelle Gustilo-Smithson, 310.344.7862 and Chris Smithson, 562.243.6896

St. Barnabas Church Presents...

PARISH LENTEN RETREAT

SATURDAY: MARCH 18, 2023 | 10:00AM to 4:30PM

with

Fr. Joseph Miller, SVD**3955 Orange Avenue, Long Beach, CA 90807
562-424-8595**

Join us for a quiet and reflective experience to enhance your Lenten Journey.

Our reflection draws us to the Sacred Events remembered in the life of Jesus from His Agony in the Garden through His scourging, condemnation, journey to the cross, persecution, death, burial and His Resurrection.

You will find the presentations simple, profound and prayerful. They help us focus on the Sacred Events remembered in the Sorrowful Mysteries of the Rosary. We will point out some of the Characteristics in the Spirituality of Jesus and Mary which enabled them to embrace their pain. In doing so, we are reminded how our spirituality sustains us.

**Lunch is provided | Adoration & Confessions: 3:30pm - 4:30pm | Mass: 5:00pm****www.stbarnabaslb.org**

● LENTEN FRIDAY ACTIVITIES

Join us every Friday during Lent! The following are sponsored by some of our active Ministries at our Parish. Thanks to all the groups who are participating.

5:30pm: Stations of the Cross

6:00pm: Lenten Mass



The Knights of Columbus will be having their Fish Fry at the Parish Hall from 6:15pm-9:00pm too!

Friday 2/24

Hosted by: Divine Mercy Apostolate
& Consolation Ministry

Friday 3/3

Hosted by: Marian Cenacle MMP
& Legion of Mary

Friday 3/10

Hosted by: St. Barnabas School

Friday 3/17

Knights of Columbus #3449

Friday 3/24

Hosted by: Holy Name Society
& Filipino-American Association

Friday 3/31

Hosted by: Confirmation/Youth



Come Celebrate
FR. ANTONY'S
SILVER JUBILEE

PLEASE SAVE THE DATE

Sun. May 21, 2023 11:00am Mass Reception After

St. Barnabas Catholic Church
3955 Orange Avenue | Long Beach, CA 90807



HOLY WEEK SCHEDULE

● PALM SUNDAY

SATURDAY: APRIL 1

Vigil Mass: 5:00pm / Blessing of Palms & Procession

SUNDAY: APRIL 2

7am Mass / 9am Mass / 11am Mass / 12:30pm Mass

● HOLY THURSDAY

THURSDAY: APRIL 6

NO 7am daily Mass / 7am Prayers led by Priest

7:00pm Mass / "Mass of the Last Supper"

Process to the Hall after Mass for Adoration & Prayer

Night Prayers to end at 11pm

● GOOD FRIDAY

FRIDAY: APRIL 7

NO 7am daily Mass / 7am Prayers led by Priest

12 Noon / Stations of the Cross led by Priest

12:30pm Services only / Veneration of the Cross

5pm / Stations of the Cross led by Priest

5:30pm Services only / Veneration of the Cross

7pm / Live Stations of the Cross Passion Play

● EASTER VIGIL

SATURDAY: APRIL 8

NO 7am daily Mass / 7am Prayers led by Priest

NO 5am Mass

7:30pm Easter Vigil Mass

● EASTER SUNDAY

SUNDAY: APRIL 9

7am Mass / 9am Mass / 11am Mass / 12:30pm Mass

● CATHOLIC RELIEF SERVICES

SPECIAL 2ND COLLECTION NEXT WEEKEND

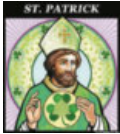
This collection provides funding for Catholic Relief Services, the USCCB Offices of International Justice and Peace, Migration and Refugee Services, and Pastoral Care for Migrants and Refugees, relief work of the Holy Father, and the Catholic Legal Immigration Network. Please be generous. Thanks!



●CATHOLIC PRAYER CORNER

PRAYER OF SAINT PATRICK

Christ be with me, Christ before me, Christ behind me,
 Christ in me, Christ beneath me, Christ above me,
 Christ on my right, Christ on my left,
 Christ where I lie down, Christ where I sit,
 Christ where I arise,
 Christ in the heart of everyone who thinks of me,
 Christ in the mouth of everyone who speaks of me,
 Christ in every eye that sees me,
 Christ in every ear that hears me.
 Salvation is of the Lord.
 Salvation is of the Christ.



May your salvation, O Lord, be ever with us.

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●WEEKLY REFLECTION

GOD EVER PURSUES US

We hear today of God's unrelenting pursuit of us. Our readings tell stories of God's intense desire to share the divine life with us. From Exodus, we see how God shows endless persistence and compassion, even to those who grumble against God, or seem to have forgotten God. From the Gospel of John, we hear of how Jesus, in his extended conversation with the Samaritan woman, gives her dignity, names uncomfortable truths, and gradually leads her into a new path of faith. We can have confidence that as we bring our own confusions, fears, and failings to God, we may receive God's mercy and forgiveness. God always persists and continually finds new ways to invite people into unity with God. As Paul describes in Romans, in the cross we see how God will go to any length to demonstrate the depth and breadth of divine love.

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●SAINTS & SPECIAL OBSERVANCES

Sunday: Third Sunday of Lent;
 Daylight Saving Time begins
 Friday: St. Patrick; Abstinence
 Saturday: St. Cyril of Jerusalem

●R.C.I.A. CANDIDATES

Let us pray for these elect whom the Church has confidently chosen. May they successfully complete their long preparation and at the paschal feast find Christ in His Sacraments.

Let us keep them all in our prayers.



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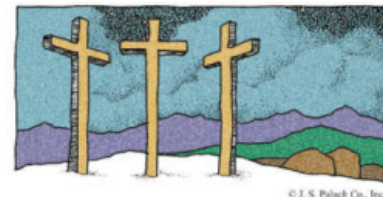
●OUR FASCINATING FAITH

THE THREE LENTEN DISCIPLINES: PRAYER

Fasting, almsgiving, and prayer are not specifically Christian practices. Jewish piety, from which the primitive church developed, already included these three spiritual exercises. The Muslims also include these three in the five pillars of their Islamic faith. But it is Jesus himself who invites us to practice these three pillars of conversion. He reminds us that they are not done to "show off" that we are holier than everyone else. On the contrary, fasting, charitable works, and praying are done with humility (Matthew 6:1-6; 16-21). It is challenging, but we are not discouraged because the Holy Spirit comes to our aid.

The Lenten discipline of prayer can be thought of in two ways. For Christians, to pray in the first way is to speak like children to God, who loves us as mother, father, sibling, and friend. When speaking to God, we tell God what we have inside us, trusting that our words are the ones that most please God. The second approach to prayer means proclaiming with confidence our fears, problems, joys, and yearnings to God, knowing that God loves and hears us. Praying either way means spending time with God, at times talking, at times silent, but always with the assurance that we are loved.

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●FREE CATHOLIC RESOURCES

We have several FREE pamphlets at the entrances of the church that you can use to deepen your faith and also share with others. Read them and pass them along to share about our Catholic Faith.

- * Welcome: Thank You for Coming
- * Why Be Catholic?
- * 10 Things That Make For a Great Catholic Family
- * What is Catholic Social Teaching?
- * Are You Thinking About Becoming Catholic?



(PRACTICING) CATHOLIC

The Messiah Before You

If you would have asked me on the morning of my confirmation what the chances were of the Holy Spirit getting into my heart, I would have told you they were about the same as getting water from a stone.

My faith was fragile at this time in my life, primarily because I viewed it as exactly that — my faith. Something within my possession and subject to my own power. And I hadn't done the things I thought I needed to do in order to be the kind of Christian who knows the truth and lives it. I was waiting to be made stronger. I was waiting to be made more faithful. I was waiting for a transformation.

Little did I know, I was like the woman at the well, standing around talking about the coming of the Messiah, unaware that he was standing right in front of me. She wasn't ready; she was still living in her sin. She was caught so unawares that she left her water jar at the well, rushing out to tell what she had seen.

When I was anointed with the oil it no longer mattered that I wasn't strong enough to break open the stone that I was convinced encased my heart — God's grace gushed forth through the cracks. While I certainly didn't become a perfect Christian — and never will, in this life — I did learn that when God tells you to strike, it's probably best not to second-guess Him.

"We boast in the glory of God... and hope does not disappoint." Romans 5:2-5

Colleen Jurkiewicz Dorman

Why do we do that? Catholic Life Explained

Question:

Why does the date of Easter change every year, while most other celebrations are celebrated on the same day?

Answer:

Every feast is celebrated at a certain time for a reason. Saints feast days are commonly the day of their death. While we don't know Jesus' exact birthday, we celebrate the "light of the world" around the time of winter solstice, as dark, wintery days begin to lengthen again. We have a historical clue, however, to when the Easter events occurred. We know that Jesus was crucified the day before Passover. The Jews calculated the date for Passover based on both the solar and lunar calendars. It corresponds to the first full moon after the spring equinox. The early Christians maintained this connection in their celebrations of Easter on the first Sunday after the paschal full moon.

We don't re-calculate the full moon every year. As astronomy developed, so too did the forecasts of when Easter would occur in future years. The Church has created a table of calculated dates, projecting the date of Easter decades in advance. The date of Easter also determines the date of Ash Wednesday and the season of Lent, as well as the feast days following in the Easter season, including Pentecost. So these feasts move, too! This tradition may seem complicated, but it connects our Christian faith now to what has come before — our Jewish roots and the real, historical reality of Christ's suffering, death, and resurrection.



Archdiocesan Eucharistic Procession

Join Archbishop José H. Gomez on a procession with the Blessed Sacrament through the streets of Los Angeles

Saturday, March 25, 2023

8:30 AM - Mass at Mission San Gabriel
(Chapel of the Annunciation)

9:30 AM - Procession to St. Luke the Evangelist Church,
Temple City and return to the Mission (6.5 miles total)

12:30 PM - Benediction at Mission San Gabriel

For more information and to register, go to lacatholics.org/eucharist



Visit this link for complete details on tickets, silent auction and more!

<https://www.betterunite.com/StBarnabasSchool-2023springevent-moanajr>

●CHILDREN'S LITURGY

THE RELIGIOUS EDUCATION PROGRAM is now offering CHILDREN'S LITURGY on SUNDAYS in the Parish Hall. Children in 1st - 5th grade are welcome to attend.

Every Sunday at the 9:00am Mass, the children will be invited to go to the Parish Hall to reflect on the word of God and will return to the Mass at the Prayers of the Faithful. Any questions, call our Rel. Ed Office at: 562-988-6855.



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Margaret (310) 597-7784 (text or call)



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