



Church@StBarnabasLB.org

Year A: Reading 874



## ST. BARNABAS CATHOLIC CHURCH

3955 ORANGE AVE., LONG BEACH, CA 90807 | 562-424-8595 | WWW.STBARNABASLB.ORG

SUNDAY, MARCH 19, 2023

# 4<sup>TH</sup> SUNDAY OF LENT

When Jesus heard that they had thrown him out,  
he found him and said, "Do you believe in the  
Son of Man?" - Jn 9:35

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

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### IMPORTANT ANNOUNCEMENTS:

March 18-19: 2nd Collection - Catholic Relief Services

March 20: Solemnity of St. Joseph (observed)

March 28: Lenten Penance Service 6:30pm-9:00pm

### PARISH OFFICE HOURS:

Mon-Fri: 9:30am-5:00pm

Saturday: 8:30am-4:30pm

Sunday: 7:30am-2:00pm

### PASTOR:

Rev. Dr. Antony Gaspar

### ASSOC. PASTOR:

Rev. Bernard Santiago

Business Manager: Sam Christy

Office Secretary: Dona Trenkle

Weekend Secretary: Andrea Marquez

Multimedia Coordinator: Olivia Baylen

### \*\*\* NEW MASS TIMES \*\*\*

Mon-Sat: 7:00am\*

Sat Vigil: 5:00pm

Wed: 8:00am (School Mass)

Sun: 7:00am | 9:00am\*

11:00am | 12:30pm

### 1ST FRIDAY OF THE MONTH:

Fri: 8:00am-9:00am Confessions

Adoration: 8:45am-12:00pm

### 1ST SATURDAY OF THE MONTH:

7:30am Novena to Our Lady of Fatima

\*denotes live-stream via YouTube

### CONFESSION HOURS:

Sat: 3:30pm-4:30pm

For Infant Baptisms, Weddings,  
Funerals, & Anointing of the Sick,  
call the Parish Office: 562-424-8595

### NOVENAS / DEVOTIONS:

Tues: 7:30am\* (Saint Joseph)

Wed: 7:30am\* (Our Lady of  
Perpetual Help)

### PARISH MISSION STATEMENT

"We, the Catholic Community of Saint Barnabas Parish, are a people formed by Christ, called in Baptism and united in the Eucharist; we continue the mission of the Church in the world through Prayer, Apostolic Works, Evangelization, and Christian Stewardship."

## OUR PATRON, SAINT BARNABAS

Barnabas sacrificed himself to be instrumental in God's cultivation of His Church. Paul makes specific mention of the fact that Barnabas, who willingly impoverished himself in the interests of the Church, labored with his own hands to support himself on his missionary journeys. In Acts 4:36, Luke translates Barnabas to mean "son of encouragement" or "son of consolation." The original Greek word rendered "encouragement," *paraklesis*, means encouragement, consolation, comfort, exhortation and entreaty. It may be that the Apostles who gave Joseph the name Barnabas, saw all of these qualities in his character.

## PARISH MINISTRIES

Adoration Coordinator	Faye R
Altar Servers (Youth)	Erika M
Baptism (Infants)	Jay G
Boy Scouts Pack 32 Cub Scouts Pack 32	Laura L/Chris C
Bulletin/Website/Social Media/Publications	Olivia B
CANA Marriage Renewal Movement	Bernie M
Coffee & Holy Donuts	Bill M
Cornerstone Crew	Dave A
Couples for Christ	Roy R/Faye R
Divine Mercy Apostolate	Itima E
Extraordinary Ministers of Holy Communion	Sam C/Helen C
Filipino-American Association	Gene L
Finance Council	Espi G
Girl Scouts Troop #4283	Jessica C
Holy Name Society	Bob F
I.T. Resource Team	David A
Knights of Columbus #3449	Greg C
Lectors	Marina C
Legion of Mary	Barbara F
Liturgical Music Coordinator	Call Parish Office
Marian Cenacle M.M.P.	Mary C S/Mary S
Ministry of Consolation	Susan C
Mother Theresa Choir	Benildo T
Our Lady of Perpetual Help Novena	Armando P/Gigi L
Our Lady Queen of Peace	Tricia J
Pastoral Council	Darrell S
Planning/Building Team	Sean F
Project Achieve	Michelle S
RCIA/Adult Sacraments	Andrea M/Susana M
Respect Life	Robert K
Sacristans	Sahlee B/Armando P
Safeguard the Children	Elizabeth C
Ushers & Greeters	Darrell S
Wedding/Quinceañera Rehearsal Coordinator	Deb R
Worship Environment	Olivia A

FOR MINISTRY INQUIRIES, or to view our complete listing, please visit [www.stbarnabaslb.org/ministries](http://www.stbarnabaslb.org/ministries) or call our Parish Office.

## PARISH REGISTRATION

We encourage you to register as a Parishioner. To be an "Active" member at our Parish, is to participate in the life of prayer and stewardship. Being a parishioner enables a person to be eligible to sponsor a child for Baptism, to receive financial aid for Catholic Education, to be Married in the Parish, book a Funeral/Memorial Mass and to prepare one's children for the Sacraments. All adults over the age of 21, living with their parents or on their own, are encouraged to register as well. Visit our website to register!

### FAKE TEXT MSG/SPAM E-MAILS

If you received a text message or E-Mail claiming it's from Fr. Antony and/or Staff, asking for money, gift cards or asking for your help, **THIS IS A HOAX! PLEASE IGNORE SUCH MESSAGES (pretending to be our Priest or Staff)** Don't reply to them and immediately delete it. Please ALERT the Parish Office. Thanks for your cooperation.



## CALLED TO RENEW

Called to Renew is a historic, five-year campaign to strengthen parishes, families, and communities through unity and action; together we commit to renewing what is important so we can pass it on to those who we love.

Called to Renew is a bold plan to strengthen every parish and Catholic center in the Archdiocese of Los Angeles, vital ministries that serve thousands each year, education and formation for our children, and the support of Priests and those discerning the call.

More information, visit:  
**CalledToRenew.org**



## FINANCIAL BLESSINGS

03/05/23: \$ 7,275 .00

Faith-Direct  
Bi-Weekly  
Contribution:

\$ 9,009.04

Period: 2/16 – 2/28

Thanks for your prayerful giving. Your donation supports the operations of our Parish Community.



### Monthly Flower Donors for Tabernacle & our Blessed Mother:

**Deli Marrujo**  
February 21-April 1



### ALTAR FLOWERS SPONSORS:

No Sponsor this week.

Contact the Parish Office  
If you would like to  
sponsor Altar Flowers



**SPIRITUAL COMMUNION:** My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

### ST. BARNABAS SCHOOL



Office: (562) 424-7476  
Fax: (562) 981-3351  
3980 Marron Avenue  
Long Beach, CA 90807

Principal: **Jennifer Kellam**  
[jkellam@stbarnabas.school](mailto:jkellam@stbarnabas.school)  
[www.school.stbarnabaslb.org](http://www.school.stbarnabaslb.org)

### PRE-SCHOOL / DAYCARE

Main: (562) 988-8481

### RELIGIOUS EDUCATION & CONFIRMATION

Office: (562) 988-6855

1130 Marshall Place  
Long Beach, CA 90807

(Office located upstairs of Parish Center)

Interim R.E. Coordinator: **Sandra Solis**  
562-988-6855 Office  
[religioneeducation@stbarnabaslb.org](mailto:religioneeducation@stbarnabaslb.org)

Confirmation/Youth Ministry Coordinator:  
**Emmanuel Magallanes**  
213-948-7762 cell/text  
[confirmation@stbarnabaslb.org](mailto:confirmation@stbarnabaslb.org)  
[youthministry@stbarnabaslb.org](mailto:youthministry@stbarnabaslb.org)



## ●MARK YOUR CALENDAR

03/19: Coffee & Donuts/8am-11am/Parish Center

03/20: Solemnity of St. Joseph (observed)

03/24-25: SBS Spring Event-Moana Jr.

03/27: No School!

**03/28: Lenten Penance Service/6:30pm-9pm**

04/02: Palm Sunday/blessing of palms & procession

All Fridays during Lent:

Stations of the Cross: 5:30pm / Lenten Mass: 6pm

Fish Fry: 6:15pm-9pm/Hall

## ●WEEKLY MASS INTENTIONS

*Book Mass Intentions via Website, E-mail or by Phone. (+ indicates deceased) Send requests at least 2 weeks in advance, to be listed. Some names may not reflect above, due to early print deadlines or last-minute requests.*

Sat. Mar 18 5:00p.m.	Death Anniversary: +Josephine Orantes
Sun. Mar 19 7:00 a.m.	Birthday: Daniel Banting Healing: Estrelita DeLunas Repose: +Danita Rafalovich Death Anniversary: +Rosa Betancourt
9:00 a.m.	All Parishioners
11:00 a.m.	Parish Office Staff & Volunteers Healing: Buena Fe Dimailig
12:30 p.m.	All Parish Ministries
Mon. Mar 20	Solemnity of St. Joseph (observed) Birthday: Candice Driscoll Healing: Buena Fe Dimailig Thanksgiving: St. Joseph Devotees; Gigi Laluan Repose: +Carmen Alvarado; +Danita Rafalovich
Tues. Mar 21	Healing: Kayla Reyann; Buena Fe Dimailig
Wed. Mar 22	OLPH Devotees; Healing: Buena Fe Dimailig Repose: +Danita Rafalovich Death Anniversary: +Dominador Dagsaan (1st)
Thur. Mar 23	Birthday: Adriana Kaire; Xavier Periaswamy; Kirsten Supancheck Thanksgiving: Nina Pasamonte Healing: Buena Fe Dimailig Repose: +Danita Rafalovich
Fri. Mar 24	Repose: +Esteban Joya; +Leonora Vergara; +Maria Vergara
Sat. Mar 25 7:00 a.m.	All Names in the Memoriam Room Birthday: Lal Laluan Repose: +Darwin Arayata; +Fr. Ruperto Guiritan 40th Day: +Berta Celis



## ●IN MEMORY OF

Jose I Valenzuela  
Carmelita A Orsoe  
Alan Clark  
Mary Novotny  
Martha Martinez  
William Fargas  
Rosario S Estrera

Maria Mendez  
William Jeff Sr  
Bishop David O'Connell  
Sr. Gemma Magnetico, OP  
Felix Diaz Sr



## ●TODAY'S READINGS: YR. A / 817

**First Reading** — As the prophet Samuel anointed David with oil, the spirit of the LORD rushed upon David (1 Samuel 16:1b, 6-7, 10-13a).

**Psalms** — My shepherd is the Lord; I shall not want (Psalm 23).

**Second Reading** — You who were once darkness are now light in the Lord. Live as children of light (Ephesians 5:8-14).

**Gospel** — The man who was blind from birth proclaimed: The one called Jesus made clay with his saliva, anointed my eyes with it, and told me to wash. When I washed, I was able to see!

(John 9:1-41 [1, 6-9, 13-17, 34-38])

## ●READINGS FOR THE WEEK

**Monday:** 2 Sm 7:4-5a, 12-14a, 16; Ps 89:2-5, 27, 29; Rom 4:13, 16-18, 22; Mt 1:16, 18-21, 24a or Lk 2:41-51a

**Tuesday:** Ez 47:1-9, 12; Ps 46:2-3, 5-6, 8-9; Jn 5:1-16

**Wednesday:** Is 49:8-15; Ps 145:8-9, 13cd-14, 17-18; Jn 5:17-30

**Thursday:** Ex 32:7-14; Ps 106:19-23; Jn 5:31-47

**Friday:** Wis 2:1a, 12-22; Ps 34:17-21, 23; Jn 7:1-2, 10, 25-30

**Saturday:** Is 7:10-14, 8:10; Ps 40:7-11; Heb 10:4-10; Lk 1:26-38

**Sunday:** Ez 37:12-14; Ps 130:1-8; Rom 8:8-11; Jn 11:1-45 [3-7, 17, 20-27, 33b-45]

## ●PRAYERS FOR HEALING

Ken Augustine, Connie Edwards, Mary Pearson, Betty Chrysler, Kathy Wachter, Sherrie & Heather Wren, Augusto David, Barbara Hendren, Roxanne, Don, Danny & Mike Batovsky, Josh & Pam Batovsky, Cesar Giron, Robert Carambelas, Hector Gustilo, Rose de los Reyes, Alvino Jauregui, Tina Quinn\*, Bridget Vanderwerff, Carmela Chiurazzi, Eva Talastas, Bill & Gloria Dorsey, MaryAnn Salas\*, Lydia Clark, Ted & Terri Furlow, Maxym Velazquez, Bill & Connie Dobberpuhl, Phillip Reher, Lucy Galletes\*, Elizabeth N. Gabrillo\*, Florencio "Junn" Gabrillo Jr.\*, Lorna E Declines\*, Lydia "Julie" Estrada\*, Leo Ascuncion\*, Sue Ann Estrada-Tumakay\*, Arsenia "Paz" Estrada, Nelia N Estrada, Mario & Mely Visperas, Natividad S Fernandez, Maribella V.\*, Joan Ingram\*, Bridget Panek, Zoraida Ramos, Dixie Moran, Alberto Toledo, Michele Bartels, Andrea Noir, Rita Valle Moreno, Sr. Deonilda, Victor Adolfo Bracamonte, Jillian Adriano, Maria Linda Evans, Arlene G. Monaco\*, Keith Wieland, Pat Madden, Arsenia "Paz" Estrada, T. McQuire, Nathaniel Espinoza, Emmanuel Sarte, Soji VS, Maria Hainey, Edwin de Lara\*, Danilo Masangkay, George S\*, Liza & Michael Cabrea, Katrina Sabate, Theresa Sabate, Luciano Sabate, Rose Sabate, Mary & Chris Divinaflor S., Avery Morgia, Adam Koffler, John Cuico Sr.\*, Mia\*, Veda, Louie Reyes, Samuel Chavez, Juan Carlos Vincent, Rhyann & Camille, Gretchen Hetzler, Emma Martinez, Jim Moore

*List updates every 4-6 months. If you would like to be added or RE-ADDED to our prayer list, please email church@stbarnabaslb.org. Names w/asterisks denotes inclusion to St. Peregrine (patron Saint of cancer) prayer list as well.*

## ●COFFEE & DONUTS: 8am-11am

Coffee and Holy Donuts will be served this Sunday: **March 19th** at the Parish Center. (cash only)



Hosted by:

**Infant Baptism Team**

## ●TAX CONTRIBUTION REQUESTS TAX LETTERS / CHURCH CONTRIBUTIONS

If you would like to obtain a copy of your 2022 Church Contributions, please e-mail us at: [church@stbarnabaslb.org](mailto:church@stbarnabaslb.org) (preferred, that way we can E-mail your copy faster).



You can also call our Parish Office and leave your full name, address & phone number and we can mail them out. **We will not be sending them out automatically.** These records may or may not reflect some fundraising donations. We can certainly modify your totals, just let us know. Or better yet, also refer to your own bank statements to accompany with your Church contributions. Thanks for your patience and your continued support to our Parish. **Faith Direct Subscribers: It will be mailed to you directly!**

## ●MISSALETTES FOR SALE

We still have Missalettes available for purchase for \$25/each. This is a complete Missal book with all three cycles, so no need to purchase every year! Please visit our Parish Office or call: 562-424-8595 or E-mail: [church@stbarnabaslb.org](mailto:church@stbarnabaslb.org)

## ●PENNIES FOR THE POOR

**"Pennies for the Poor" has returned!**

This popular program has returned and is in full swing! The purpose of this program is to teach the children the joy of giving back to God out of gratitude for all that God has given to them. We invite all our children to prayerfully consider collecting any loose changes (ie. coins, bills), and at the 9am Sunday Mass, during the Offertory, they will be invited to come to the Altar to place their gifts in a special basket placed in front of the Altar. This collection will support the poor and orphan children for their various needs.



## ●LENTEN PENANCE SERVICE

Please make an effort to attend our Lenten Penance Service on: **Tuesday, March 28th from 6:30pm-9:00pm.** We will have various Priests available to hear your confession, as you continue your Lenten journey.

## ●PASTOR'S MESSAGE CALLED TO RENEW CAMPAIGN

Blessings to you! We are in exciting times as a faith community in Southern California! Our Archbishop Jose Gomez has called us all to a period of renewal — a renewal of our spiritual life and our resources. In response to this invitation, I am pleased to announce the launch of our Parish's Called to Renew campaign. This historic effort will provide much-needed funding for parishes throughout the Archdiocese of Los Angeles, including ours, and strengthen essential ministries and programs that affect us.



Through God's grace, we have grown from the initial small faith community into a large welcoming parish of vibrant, active, and dynamic parishioners of all ages. We are passionate about our faith, excel in service, and are dedicated to sharing the Good News as they connect us with Christ, one another, and those in need.

We are now launching the Called to Renew campaign alongside every Parish in the Archdiocese of Los Angeles and ask God to bless this ambitious effort. Our campaign will allow us to address the needs of our Parish, ensuring future generations of parishioners may continue to gather, worship, and create lasting friendships.

**The goal for our 5-year campaign is \$1,500,000 of which \$1,000,000 will remain with us at our Parish to address our needs. We will also retain 100 percent of the funds we collect over our goal.**



I am asking you, and every member of our Parish, to make a gift from the heart. As your pastor and fellow parishioner, I will also make a sacrificial pledge. Before you determine your pledge, please prayerfully consider the generosity God has shown you, and the importance of the mission we have been given at St. Barnabas Church.

I realize this request is significant but trust your commitment to our Parish, and our Catholic faith will guide you to make a sacrificial gift. Called to Renew is essential to ensuring our church is vibrant and healthy, and our Parish remains a presence in the lives of parishioners and the community for years to come. I hope you will join me in supporting this historic campaign.

Thank you in advance for your faithful support.  
Sincerely, —Fr. Antony



*A direct Fund has also been set-up via Faith Direct, so you can also donate via online for convenience.*





We're a committed group of Scouts, Scouters and Parents, with a young and excited troop which is boy and girl led, organized to maximize the scouting experience with a well-rounded program of outdoor adventures, advancement, and community service



OUTDOOR ADVENTURES



COMMUNITY SERVICE



LIFE SKILLS



FRIENDSHIPS



Leadership

Contact: Claudia Cabrera, Committee Chair  
troop32lb@gmail.com

## ● SOLEMNITY OF ST. JOSEPH

The Catholic Church honors the life of St. Joseph, Spouse of the Blessed Virgin Mary, on March 19 every year. It is one of the few jubilant solemnities during the season of Lent and is a time of great rejoicing.



However, this feast of St. Joseph will never supersede a Sunday of Lent. If March 19 happens to fall on a Sunday, it will always be moved to the following **Monday, March 20**.

The reason behind this is because the Sundays of Advent, Lent, and Easter rank higher than all solemnities.

**Join us on Monday, March 20th, immediately after our 7:00am Mass for a special Novena to St. Joseph.**

*(Since we will have this Novena on Monday, our regular Tuesday Novena will be cancelled for this week only)*

## The Little Ones

Jim Burrows



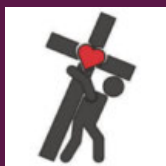
As Jesus passed by, he saw a man blind from birth. He spat on the ground, and made clay of the spittle, and applied the clay to his eyes, and said to him, "Go, wash in the pool of Siloam" (which is translated, Sent). So he went away and washed, and came back seeing. Jn 9:1, 6-7

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Scripture from the New American Standard Bible (NASB), © by the Lockman Foundation. Used by permission. www.Lockman.org

**"BE SIMON OF CYRENE"****THIS LENT****(SERVICE TO OTHERS)**

*Hosted by your friends of the  
Project Achieve Ministry Kitchen*



As stated in the gospel, Simon of Cyrene helped  
**CHRIST CARRY HIS CROSS**  
during his trek to Calvary.

This Lenten season, we are encouraging our parish  
families to do the same. . . help others who are in need.

We are hosting a parish Lenten service project for our  
friends at the Catholic Charities shelter, Project  
Achieve.

**Who:** Everyone in our church (get the kids involved)

**What:** The Helping Hands of Simon of Cyrene Lenten  
Service Project

**When/Where:** Pick a "donation cross" Sundays, 3/12  
and 3/19 - back of the church (vestibule)

**Collect donations:** Sunday, 3/26 (7:30am-1:30pm) –  
church parking lot

**Why:** To help others live the spirit of almsgiving AND  
to teach our children about caring for, helping  
and giving to others

**Questions? Feel free to call or text ministry leads:**  
Michelle Gustilo-Smithson, 310.344.7862 and Chris Smithson, 562.243.6896



**PICK A  
"DONATION  
CROSS"  
AFTER ALL  
THE SUNDAY  
MASSES!**



**RETURN YOUR  
DONATION ON:  
SUNDAY, MARCH 26TH  
FROM 7:30AM-1:30PM  
IN THE CHURCH  
PARKING LOT**

# Dear Padre

March 19, 2023

***Why should I bother to be more religious? I'm a  
good person. Isn't that enough to get me into  
heaven?***

When asked for advice about how people should de-  
cide on a vocation, St. Ignatius Loyola, the founder of  
the Jesuits, said they should do an imagination ex-  
ercise. "Imagine that you are on your deathbed," he  
said. "From that point of view what would you wish  
you had done in your life?" That is still good advice.

Here's another exercise: Imagine you have a grand-  
mother who is completely generous and caring to-  
ward you. Throughout your childhood, she was always  
there for you. But as a teen you belittled her and, in  
effect, told her that all she had offered is worthless to  
you. In a saner moment, won't you feel terrible about  
how you treated her?

Our life with God is much the same. God has given  
us absolutely everything, from our existence to every  
breath we take. God has also given us a way to know  
him through his Son, Jesus (*Catechism of the Catholic  
Church*, 73). And one way we know Jesus is through  
the Church and the celebration of the sacraments  
(CCC 1085). To refuse these gifts, to say, "I am already  
a good person. I don't need these gifts from God" is  
a bit presumptuous, don't you think?

To be "religious" is not just an outward show of  
piety. It's the way we have been given to learn God's  
language: the language of forgiveness, of faith, hope,  
and love. ●

— Bishop Bruce Lewandowski, CSsR / DearPadre.org

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**I  
came  
so that those who  
do not see might see**



## ● LENTEN FRIDAY ACTIVITIES

Join us every Friday during Lent! The following are sponsored by some of our active Ministries at our Parish. Thanks to all the groups who are participating.

**5:30pm: Stations of the Cross**  
**6:00pm: Lenten Mass**



The Knights of Columbus will be having their Fish Fry at the Parish Hall from 6:15pm-9:00pm too!

### Friday 2/24

Hosted by: Divine Mercy Apostolate  
& Consolation Ministry

### Friday 3/3

Hosted by: Marian Cenacle MMP  
& Legion of Mary

### Friday 3/10

Hosted by: St. Barnabas School

### Friday 3/17

Knights of Columbus #3449

### Friday 3/24

Hosted by: Holy Name Society  
& Filipino-American Association

### Friday 3/31

Hosted by: Confirmation/Youth



*Come Celebrate*  
**FR. ANTONY'S**  
**SILVER JUBILEE**

PLEASE SAVE THE DATE

**Sun. May 21, 2023    11:00am Mass    Reception After**

St. Barnabas Catholic Church  
 3955 Orange Avenue | Long Beach, CA 90807



## HOLY WEEK SCHEDULE

### ● PALM SUNDAY

**SATURDAY: APRIL 1**

Vigil Mass: 5:00pm / Blessing of Palms & Procession

**SUNDAY: APRIL 2**

7am Mass / 9am Mass / 11am Mass / 12:30pm Mass

### ● HOLY THURSDAY

**THURSDAY: APRIL 6**

NO 7:00am daily Mass / 7:00am Prayers led by Priest  
 7:00pm Mass / "Mass of the Last Supper"

Process to the Hall after Mass for Adoration & Night  
 Prayers 8:45pm-10:45pm

### ● GOOD FRIDAY

**FRIDAY: APRIL 7** (Special Holy Land Collection)

NO 7:00am daily Mass / 7:00am Prayers led by Priest  
 12:00pm / Stations of the Cross led by Priest  
 12:30pm Services only / Veneration of the Cross  
 3:00pm / Meditations: 7 Last Words of Jesus  
 5:00pm / Stations of the Cross led by Priest  
 5:30pm Services only / Veneration of the Cross  
 7:00pm / Live Stations of the Cross Passion Play

### ● EASTER VIGIL

**SATURDAY: APRIL 8**

NO 7:00am daily Mass / 7:00am Prayers led by Priest  
 NO 5:00pm Mass  
 7:30pm Easter Vigil Mass

### ● EASTER SUNDAY

**SUNDAY: APRIL 9**

7am Mass / 9am Mass / 11am Mass / 12:30pm Mass

### ● CATHOLIC RELIEF SERVICES

\*SPECIAL 2ND COLLECTION THIS WEEKEND\*

This collection provides funding for Catholic Relief Services, the USCCB Offices of International Justice and Peace, Migration and Refugee Services, and Pastoral Care for Migrants and Refugees, relief work of the Holy Father, and the Catholic Legal Immigration Network. Please be generous. Thanks!



## ●CATHOLIC PRAYER CORNER

### PRAYER IN TIME OF SADNESS AND GRIEF

O God of compassion,  
your people are in pain.  
Send your Holy Spirit among us  
to dispel the fear that accompanies grief.  
We cry out to you in our confusion;  
comfort us in our affliction.  
Help us to travel this road of grief and sadness  
with our eyes fixed on the salvation  
promised us through the death and resurrection  
of your Son, who is Lord forever and ever. Amen.

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## ●WEEKLY REFLECTION

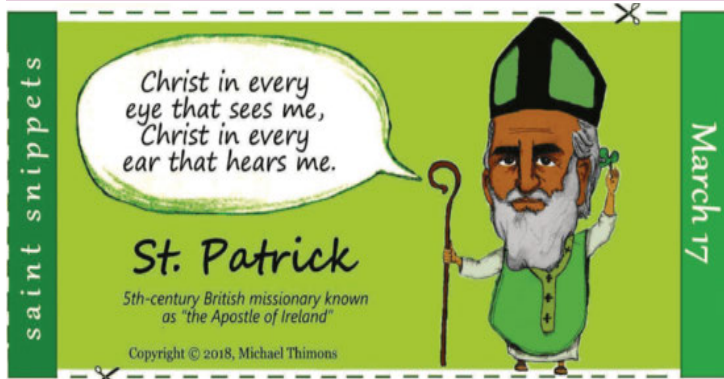
### SEEING THE LIGHT

Our Lenten journey continues this Sunday as we hear of Jesus healing a blind man in the Gospel of John. Jesus proclaims himself the light of the world, a light that overcomes darkness and enables a new capacity to see. The man, blind from birth, was able to begin his path to sight by first acknowledging his blindness. We are reminded of God's ongoing invitation to us to journey from blindness to sight. We begin by acknowledging our own capacity for "blind spots," and so open ourselves to uncomfortable truths and to God's healing. We are invited to see beyond appearances, as the reading from Samuel indicates, and to look into the heart of things. We are invited to "live as children of light" as the letter to the Ephesians teaches. Like the man healed from blindness, we may gradually learn to see fully and to follow Jesus.

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## ●SAINTS & SPECIAL OBSERVANCES

Sunday: Fourth Sunday of Lent  
Monday: St. Joseph; Spring begins  
Thursday: St. Toribius of Mogrovejo  
Friday: Abstinence  
Saturday: The Annunciation of the Lord



## ●OUR FASCINATING FAITH

### THE THREE LENTEN DISCIPLINES: FASTING

The season of Lent is characterized by fasting and abstinence. I remember that when I was a child, my parents instilled in me the practice of give up eating sweets and abstaining from candy during Lent so I could share the bitterness of the suffering that Jesus endured for my sins. Eventually in our parish, the priest encouraged us to put aside the money saved from not buying candies in order to send it to poor children. Fasting and abstinence were not only ways to accompany Jesus in his suffering on the cross, but also means of encouraging and consoling him in his suffering children of today's world. The pastor taught me that fasting is not simply refraining from sweets and candy; fasting teaches me how to deny myself so that it is not I who live but Christ who lives in me. To fast means to deny myself certain things in order to give life to others, and thus, with my small sacrifice, to make the world a little better.

—Friar Gilberto Cavazos-González, OFM, Copyright © J. S. Paluch Co., Inc.

## ●R.C.I.A. CANDIDATES

Let us pray for these elect whom the Church has confidently chosen. May they successfully complete their long preparation and at the paschal feast find Christ in His Sacraments.



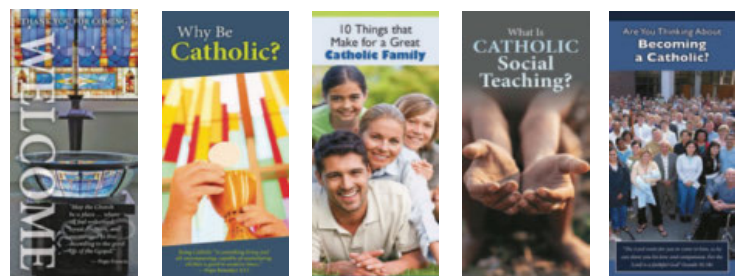
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Gerardo Martinez

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Nichole Cord

## ●FREE CATHOLIC RESOURCES

We have several FREE pamphlets at the entrances of the church that you can use to deepen your faith and also share with others. Read them and pass them along to share about our Catholic Faith.

- \* Welcome: Thank You for Coming
- \* Why Be Catholic?
- \* 10 Things That Make For a Great Catholic Family
- \* What is Catholic Social Teaching?
- \* Are You Thinking About Becoming Catholic?



Join us for Coffee & Holy Donuts on (some) Sundays at the Parish Center from 8am-11am. Listen for announcements!



# (PRACTICING) CATHOLIC

## Not As Man Sees

I don't know Fr. Stu personally, but I've heard a fair number of his homilies. I think it is safe to assume that if he and I were to get into a discussion on any number of things, from church history to liturgical music to stand-up comedy, each of us would cringe at the opinions of the other.

But Fr. Stu happens to offer just about the only confession time within 20 miles of me that consistently works with my schedule. That means that, quite by accident, Fr. Stu is my regular confessor. For years now, he's sat patiently on the other side of the grille, listening to me pour out the details of my transgressions, from the pathetic to the embarrassing, and he absolves me of my sins.

In the Gospel, Christ links vision with humility and pride with blindness. We see again and again in Scripture how God delights in surprising us, in revealing himself through people, places, and experiences we not only didn't expect but perhaps had totally written off.

We are right to be proud of the truth, but we are wrong if the truth causes us to be proud of ourselves. The truth no more belongs to the one who believes it than sight belongs to the blind man in the Gospel. A gift does not reflect on the recipient. It reflects on the giver.

After a great deal of thought, I've decided to be grateful that God contrived to give me a confessor whom I strongly disagree with on so many things. It's a powerful reminder of how much I must receive from other people, even those I may think are wrong. In that confessional, Fr. Stu is only a priest, and I am only a sinner.

*"Not as man sees does God see." — 1 Samuel 16:7*

*Colleen Jurkiewicz Dorman*

## Why do we do that? Catholic Life Explained

### Question:

What can I do to help our family practice our faith each day?

### Answer:

Some families practice their religion together as just another event on their schedule: go to church, observe Lent, help at the parish picnic, go to a meeting, volunteer time, make your confession, use your envelope... But the focus needs to be on who we are—God's people, in relationship with him, loved, forgiven, and redeemed, and called to live and proclaim the Gospel. Our awareness of God's presence and our sense of mission are supported by the daily rituals, celebrations, and traditions that help us stay focused. Sharing our faith strengthens us and clarifies the beliefs and values of Christian living.

Daily family practices include time for prayer—before meals, before bed, before important meetings and activities. Attend Sunday Mass together and discuss the homily afterward. Create family celebrations for holy days and holidays. Make religion a regular part of your discussions. Include others, especially the elderly and the less fortunate, in your activities and charitable efforts. By applying the virtues of faith, hope, and love to each day, faith becomes part of who your family is. It influences how you act towards others, what you value, and how mindful of God you are. Faith is the leaven of life that helps all of us rise to our calling and dignity as God's people.





## Archdiocesan Eucharistic Procession

Join Archbishop José H. Gomez on a procession with the Blessed Sacrament through the streets of Los Angeles

**Saturday, March 25, 2023**

8:30 AM - Mass at Mission San Gabriel  
(Chapel of the Annunciation)

9:30 AM - Procession to St. Luke the Evangelist Church,  
Temple City and return to the Mission (6.5 miles total)

12:30 PM - Benediction at Mission San Gabriel

For more information and to register, go to [lacatholics.org/eucharist](http://lacatholics.org/eucharist)



Visit this link for complete details on tickets, silent auction and more!

<https://www.betterunite.com/StBarnabasSchool-2023springevent-moanajr>

## ●CHILDREN'S LITURGY

THE RELIGIOUS EDUCATION PROGRAM is now offering CHILDREN'S LITURGY on SUNDAYS in the Parish Hall. Children in 1st - 5th grade are welcome to attend.

Every Sunday at the 9:00am Mass, the children will be invited to go to the Parish Hall to reflect on the word of God and will return to the Mass at the Prayers of the Faithful. Any questions, call our Rel. Ed Office at: 562-988-6855.



# Search & Serve

Religious Vocation Discernment Retreat  
May 24 -29, 2023  
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Is God calling YOU to be a Sister?

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[www.Daughters-Of-Charity.com/retreats/](http://www.Daughters-Of-Charity.com/retreats/)

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Margaret (310) 597-7784 (text or call)





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