



Church@StBarnabasLB.org

Year A: Reading 823



## ST. BARNABAS CATHOLIC CHURCH

3955 ORANGE AVE., LONG BEACH, CA 90807 | 562-424-8595 | WWW.STBARNABASLB.ORG

SUNDAY, APRIL 2, 2023

# PALM SUNDAY OF THE PASSION OF THE LORD



"Blessed is he who comes in the name of the Lord." - Mt 21:9

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

©LPI

### PARISH OFFICE HOURS:

Mon-Fri: 9:30am-5:00pm  
Saturday: 8:30am-4:30pm  
Sunday: 7:30am-2:00pm

### PASTOR:

Rev. Dr. Antony Gaspar

### ASSOC. PASTOR:

Rev. Bernard Santiago

Business Manager: Sam Christi

Office Secretary: Dona Trenkle

Weekend Secretary: Andrea Marquez

Multimedia Coordinator: Olivia Baylen

### \*\*\* NEW MASS TIMES \*\*\*

Mon-Sat: 7:00am\*

Sat Vigil: 5:00pm

Wed: 8:00am (School Mass)

Sun: 7:00am | 9:00am\*  
11:00am | 12:30pm

### 1ST FRIDAY OF THE MONTH:

Fri: 8:00am-9:00am Confessions  
Adoration: 8:45am-12:00pm

### 1ST SATURDAY OF THE MONTH:

7:30am Novena to Our Lady of Fatima

\*denotes live-stream via YouTube

### CONFESSION HOURS:

Sat: 3:30pm-4:30pm

For Infant Baptisms, Weddings,  
Funerals, & Anointing of the Sick,  
call the Parish Office: 562-424-8595

### NOVENAS / DEVOTIONS:

Tues: 7:30am\* (Saint Joseph)

Wed: 7:30am\* (Our Lady of  
Perpetual Help)

### PARISH MISSION STATEMENT

"We, the Catholic Community of Saint Barnabas Parish, are a people formed by Christ, called in Baptism and united in the Eucharist; we continue the mission of the Church in the world through Prayer, Apostolic Works, Evangelization, and Christian Stewardship."

### IMPORTANT ANNOUNCEMENTS/EVENTS:

April 7: Stations of the Cross Passion Play 7:30pm  
See our Holy Week Schedule on page 7



## OUR PATRON, SAINT BARNABAS

Barnabas sacrificed himself to be instrumental in God's cultivation of His Church. Paul makes specific mention of the fact that Barnabas, who willingly impoverished himself in the interests of the Church, labored with his own hands to support himself on his missionary journeys. In Acts 4:36, Luke translates Barnabas to mean "son of encouragement" or "son of consolation." The original Greek word rendered "encouragement," *paraklesis*, means encouragement, consolation, comfort, exhortation and entreaty. It may be that the Apostles who gave Joseph the name Barnabas, saw all of these qualities in his character.

## PARISH MINISTRIES

Adoration Coordinator	Faye R
Altar Servers (Youth)	Erika M
Baptism (Infants)	Jay G
Boy Scouts Pack 32 Cub Scouts Pack 32	Laura L/Chris C
Bulletin/Website/Social Media/Publications	Olivia B
CANA Marriage Renewal Movement	Bernie M
Coffee & Holy Donuts	Bill M
Cornerstone Crew	Dave A
Couples for Christ	Roy R/Faye R
Divine Mercy Apostolate	Itima E
Extraordinary Ministers of Holy Communion	Sam C/Helen C
Filipino-American Association	Gene L
Finance Council	Espi G
Girl Scouts Troop #4283	Jessica C
Holy Name Society	Bob F
I.T. Resource Team	David A
Knights of Columbus #3449	Greg C
Lectors	Marina C
Legion of Mary	Barbara F
Liturgical Music Coordinator	Call Parish Office
Marian Cenacle M.M.P.	Mary C S/Mary S
Ministry of Consolation	Susan C
Mother Theresa Choir	Benildo T
Our Lady of Perpetual Help Novena	Armando P/Gigi L
Our Lady Queen of Peace	Tricia J
Pastoral Council	Darrell S
Planning/Building Team	Sean F
Project Achieve	Michelle S
RCIA/Adult Sacraments	Andrea M/Susana M
Respect Life	Robert K
Sacristans	Sahlee B/Armando P
Safeguard the Children	Elizabeth C
Ushers & Greeters	Darrell S
Wedding/Quinceañera Rehearsal Coordinator	Deb R
Worship Environment	Olivia A

FOR MINISTRY INQUIRIES, or to view our complete listing, please visit [www.stbarnabaslb.org/ministries](http://www.stbarnabaslb.org/ministries) or call our Parish Office.

## PARISH REGISTRATION

We encourage you to register as a Parishioner. To be an "Active" member at our Parish, is to participate in the life of prayer and stewardship. Being a parishioner enables a person to be eligible to sponsor a child for Baptism, to receive financial aid for Catholic Education, to be Married in the Parish, book a Funeral/Memorial Mass and to prepare one's children for the Sacraments. All adults over the age of 21, living with their parents or on their own, are encouraged to register as well. Visit our website to register!

### FAKE TEXT MSG/SPAM E-MAILS

If you received a text message or E-Mail claiming it's from Fr. Antony and/or Staff, asking for money, gift cards or asking for your help, **THIS IS A HOAX! PLEASE IGNORE SUCH MESSAGES (pretending to be our Priest or Staff)** Don't reply to them and immediately delete it. Please ALERT the Parish Office. Thanks for your cooperation.

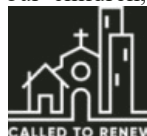


## CALLED TO RENEW

Called to Renew is a historic, five-year campaign to strengthen parishes, families, and communities through unity and action; together we commit to renewing what is important so we can pass it on to those who we love.

Called to Renew is a bold plan to strengthen every parish and Catholic center in the Archdiocese of Los Angeles, vital ministries that serve thousands each year, education and formation for our children, and the support of Priests and those discerning the call.

More information, visit:  
[CalledToRenew.org](http://CalledToRenew.org)



## FINANCIAL BLESSINGS

03/19/23: \$ 6,641 .00  
03/26/23: Not Avail

Faith-Direct  
Bi-Weekly  
Contribution: \$ 5,977.91  
Period: 3/1 – 3/15

Thanks for your prayerful giving. Your donation supports the operations of our Parish Community.



### Monthly Flower Donors for Tabernacle & our Blessed Mother:

Lilia Palaganas  
April 1-15



Rosemarie Medalla: Apr 6  
Joe & Monica Ahle: Apr 15-29

### ALTAR FLOWERS SPONSORS:

No Sponsor this week.

Contact the Parish Office  
If you would like to  
sponsor Altar Flowers



**SPIRITUAL COMMUNION:** My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

### ST. BARNABAS SCHOOL



Office: (562) 424-7476  
Fax: (562) 981-3351  
3980 Marron Avenue  
Long Beach, CA 90807

Principal: Jennifer Kellam  
[jkellam@stbarnabas.school](mailto:jkellam@stbarnabas.school)  
[www.school.stbarnabaslb.org](http://www.school.stbarnabaslb.org)

### PRE-SCHOOL / DAYCARE

Main: (562) 988-8481

### RELIGIOUS EDUCATION & CONFIRMATION

Office: (562) 988-6855

1130 Marshall Place  
Long Beach, CA 90807  
(Office located upstairs of Parish Center)

Interim R.E. Coordinator: **Sandra Solis**  
562-988-6855 Office  
[religiouseducation@stbarnabaslb.org](mailto:religiouseducation@stbarnabaslb.org)

Confirmation/Youth Ministry Coordinator:  
**Emmanuel Magallanes**  
213-948-7762 cell/text  
[confirmation@stbarnabaslb.org](mailto:confirmation@stbarnabaslb.org)  
[youthministry@stbarnabaslb.org](mailto:youthministry@stbarnabaslb.org)

## ●MARK YOUR CALENDAR

04/01: Blessing of palms & procession/5pm  
 04/02: Palm Sunday  
 04/06: Holy Thursday/7pm  
 04/07: Good Friday/12:30pm/5:30pm  
 04/07: Live Passion Play/7:30pm  
 04/07-18: SBS Spring Break! NO School!  
 04/08: Easter Vigil/7:30pm  
 04/09: EASTER SUNDAY

## ●WEEKLY MASS INTENTIONS

*Book Mass Intentions via Website, E-mail or by Phone. (+ indicates deceased) Send requests at least 2 weeks in advance, to be listed. Some names may not reflect above, due to early print deadlines or last-minute requests.*

Sat. Apr 1 5:00p.m.	Repose: +Dr. Richard, +Eileen, & +Gregory Lake; +Aurora Pedron Death Anniversary: +Maria Alvarez (1st)
Sun. Apr 2 7:00 a.m.	Healing: Tom Skeren III Death Anniversary: +Juan Bazan
9:00 a.m.	Repose: +Leena Megna; +Jesus Salcido
11:00 a.m.	Thanksgiving: The Trenkle Family
12:30 p.m.	All Parishioners
Mon. Apr 3 7:00 a.m.	Repose: +Carmen Alvarado Death Anniversary: +Lourdes Estioko
Tues. Apr 4 7:00 a.m.	Birthday: Dona Trenkle; Matthew Reynolds
Wed. Apr 5 7:00 a.m.	OLPH Devotees; Birthday: Rosamma Michael Thanksgiving: Christine Marie Angeles Repose: +Mary Shea; +Ammie & Wilson Panickaveettk Death Anniversary: +Minnette Samson Lara
Thur. Apr 6	Holy Thursday
Fri. Apr 7	Good Friday
Sat. Apr 8	Holy Saturday



## ●IN MEMORY OF

Jose I Valenzuela	Maria Mendez
Carmelita A Orsoe	William Jeff Sr
Alan Clark	Bishop David O'Connell
Mary Novotny	Sr. Gemma Magnetico, OP
Martha Martinez	Felix Diaz Sr
William Fargas	Jose Ocampo
Rosario S Estrera	Leonard Contreras



## ●TODAY'S READINGS: YR. A / 823

**Gospel at the Procession with Palms** — Jesus' entry into Jerusalem (Matthew 21:1-11).

**First Reading** — In spite of my sufferings I am not disgraced. I am not put to shame (Isaiah 50:4-7).

**Psalm** — O my God, why have you cast me off? (Psalm 22)

**Second Reading** — Christ emptied himself, and God filled this emptiness with exaltation (Philippians 2:6-11).

**Gospel** — The account of Christ's passion according to Matthew (Matthew 26:14 — 27:66 [27:11-54]).

## ●READINGS FOR THE WEEK

Monday: Is 42:1-7; Ps 27:1-3, 13-14; Jn 12:1-11  
 Tuesday: Is 49:1-6; Ps 71:1-6, 15, 17; Jn 13:21-33, 36-38  
 Wednesday: Is 50:4-9a; Ps 69:8-10, 21-22, 31, 33-34; Mt 26:14-25  
 Thursday: **Chrism Mass:** Is 61:1-3ab, 6a, 8b-9; Ps 89:21-22, 25, 27; Rv 1:5-8; Lk 4:16-21  
**Lord's Supper:** Ex 12:1-8, 11-14; Ps 116:12-13, 15-16bc, 17-18; 1 Cor 11:23-26; Jn 13:1-15  
 Friday: Is 52:13 — 53:12; Ps 31:2, 6, 12-13, 15-16, 17, 25; Heb 4:14-16; 5:7-9; Jn 18:1 — 19:42  
 Saturday: a) Gn 1:1 — 2:2 [1:1, 26-31a]; Ps 104:1-2, 5-6, 10, 12, 13-14, 24, 35; or Ps 33:4-7, 12-13, 20-22;  
 b) Gn 22:1-18 [1-2, 9a, 10-13, 15-18]; Ps 16: 5, 8-11;  
 c) Ex 14:15 — 15:1; Ex 15:1-6, 17-18;  
 d) Is 54:5-14; Ps 30:2, 4-6, 11-13;  
 e) Is 55:1-11; Is 12:2-6;  
 f) Bar 3:9-15, 32 — 4:4; Ps 19:8-11;  
 g) Ez 36:16-17a, 18-28; Ps 42:3, 5; 43:3-4 or Is 12:2-3, 4bcd, 5-6 or Ps 51:12-15, 18-19;  
 h) Rom 6:3-11; i) Mt 28:1-10  
 Sunday: Acts 10:34a, 37-43; Ps 118:1-2, 16-17, 22-23; Col 3:1-4 or 1 Cor 5:6b-8; Jn 20:1-9 or Mt 28:1-10 or (at an afternoon or evening Mass) Lk 24:13-35

## ●PRAYERS FOR HEALING

Ken Augustine, Connie Edwards, Mary Pearson, Betty Chrysler, Kathy Wachter, Sherrie & Heather Wren, Augusto David, Barbara Hendren, Roxanne, Don, Danny & Mike Batovsky, Josh & Pam Batovsky, Cesar Giron, Robert Carambelas, Hector Gustilo, Deacon Carlito & Rose de los Reyes, Alvino Jauregui, Tina Quinn\*, Bridget Vanderwerff, Carmela Chiurazzi, Eva Talastas, The Dorsey Family, MaryAnn Salas\*, Lydia Clark, Ted & Terri Furlow, Maxym Velazquez, Bill & Connie Dobberpuhl, Phillip Reher, Lucy Galletes\*, Elizabeth N. Gabrillo\*, Florencio "Junn" Gabrillo Jr.\*, Lorna E Declines\*, Lydia "Julie" Estrada\*, Leo Ascuncion\*, Sue Ann Estrada-Tumakay\*, Arsenia "Paz" Estrada, Nelia N Estrada, Mario & Mely Visperas, Natividad S Fernandez, Maribella V.\*, Joan Ingram\*, Bridget Panek, Zoraida Ramos, Dixie Moran, Alberto Toledo, Michele Bartels, Andrea Noir, Rita Valle Moreno, Sr. Deonilda, Victor Adolfo Bracamonte, Jillian Adriano, Maria Linda Evans, Keith Wieland, Pat Madden, Arsenia "Paz" Estrada, T. McQuire, Nathaniel Espinoza, Emmanuel Sarte, Soji VS, Maria Hainey, Edwin de Lara\*, Danilo Masangkay, George S\*, Liza & Michael Cabrea, Katrina Sabate, Theresa Sabate, Luciano Sabate, Rose Sabate, Mary & Chris Divinaflor S., Avery Morgia, Adam Koffler, John Cuico Sr.\*, Mia\*, Veda, Louie Reyes, Samuel Chavez, Juan Carlos Vincent, Rhyann & Camille, Gretchen Hetzler, Emma Martinez, Mary Rende & Family, Jim Moore, Josephin, Cecilio Bautista, Emily Dunn\*, Arlene Gerona Monaco\*, Elizabeth Lazarte\*, Owen Maternal\*, Ernesto Corpuz\*

List updates every 4-6 months. If you would like to be added or RE-ADDED to our prayer list, please email [church@stbarnabaslb.org](mailto:church@stbarnabaslb.org). Names w/asterisks denotes inclusion to St. Peregrine (patron Saint of cancer) prayer list as well.



## ● **TAX CONTRIBUTION REQUESTS**

### **TAX LETTERS / CHURCH CONTRIBUTIONS**

If you would like to obtain a copy of your 2022 Church Contributions, please e-mail us at: [church@stbarnabaslb.org](mailto:church@stbarnabaslb.org) (preferred, that way we can E-mail your copy faster).



You can also call our Parish Office and leave your full name, address & phone number and we can mail them out. **We will not be sending them out automatically.** These records may or may not reflect some fundraising donations. We can certainly modify your totals, just let us know. Or better yet, also refer to your own bank statements to accompany with your Church contributions. Thanks for your patience and your continued support to our Parish. **Faith Direct Subscribers: It will be mailed to you directly!**

## ● **MISSALETTES FOR SALE**

We still have Missalettes available for purchase for \$25/each. This is a complete Missal book with all three cycles, so no need to purchase every year! Please visit our Parish Office or call: 562-424-8595 or E-mail: [church@stbarnabaslb.org](mailto:church@stbarnabaslb.org)

## ● **PENNIES FOR THE POOR**

### **"Pennies for the Poor" has returned!**

This popular program has returned and is in full swing! The purpose of this program is to teach the children the joy of giving back to God out of gratitude for all that God has given to them. We invite all our children to prayerfully consider collecting any loose changes (ie. coins, bills), and at the 9am Sunday Mass, during the Offertory, they will be invited to come to the Altar to place their gifts in a special basket placed in front of the Altar. This collection will support the poor and orphan children for their various needs.



## ● **EASTER LILIES**

### **DONATE EASTER LILIES FOR OUR ALTAR**

If you would like to donate Easter Lilies to help make our Altar look festive, **PLEASE DROP THEM OFF NEAR THE BAPTISMAL FONT DURING THE WEEK OF APRIL 2ND THRU 8TH.**



Please provide a note with whom you would like to honor the flowers for and drop it in the donation basket, or call/visit our Parish Office. We will book a free Mass Intention on no particular date, and we will choose according to what needs to be filled.

## ● **PASTOR'S MESSAGE**

### **CALLED TO RENEW CAMPAIGN**

Blessings to you! We are in exciting times as a faith community in Southern California! Our Archbishop Jose Gomez has called us all to a period of renewal — a renewal of our spiritual life and our resources. In response to this invitation, I am pleased to announce the launch of our Parish's Called to Renew campaign. This historic effort will provide much-needed funding for parishes throughout the Archdiocese of Los Angeles, including ours, and strengthen essential ministries and programs that affect us.



Through God's grace, we have grown from the initial small faith community into a large welcoming parish of vibrant, active, and dynamic parishioners of all ages. We are passionate about our faith, excel in service, and are dedicated to sharing the Good News as they connect us with Christ, one another, and those in need.

We are now launching the Called to Renew campaign alongside every Parish in the Archdiocese of Los Angeles and ask God to bless this ambitious effort. Our campaign will allow us to address the needs of our Parish, ensuring future generations of parishioners may continue to gather, worship, and create lasting friendships.

**The goal for our 5-year campaign is \$1,500,000 of which \$1,000,000 will remain with us at our Parish to address our needs. We will also retain 100 percent of the funds we collect over our goal.**



I am asking you, and every member of our Parish, to make a gift from the heart. As your pastor and fellow parishioner, I will also make a sacrificial pledge. Before you determine your pledge, please prayerfully consider the generosity God has shown you, and the importance of the mission we have been given at St. Barnabas Church.

I realize this request is significant but trust your commitment to our Parish, and our Catholic faith will guide you to make a sacrificial gift. Called to Renew is essential to ensuring our church is vibrant and healthy, and our Parish remains a presence in the lives of parishioners and the community for years to come. I hope you will join me in supporting this historic campaign.

Thank you in advance for your faithful support.  
Sincerely, —Fr. Antony



*A direct Fund has also been set-up via Faith Direct, so you can also donate via online for convenience.*

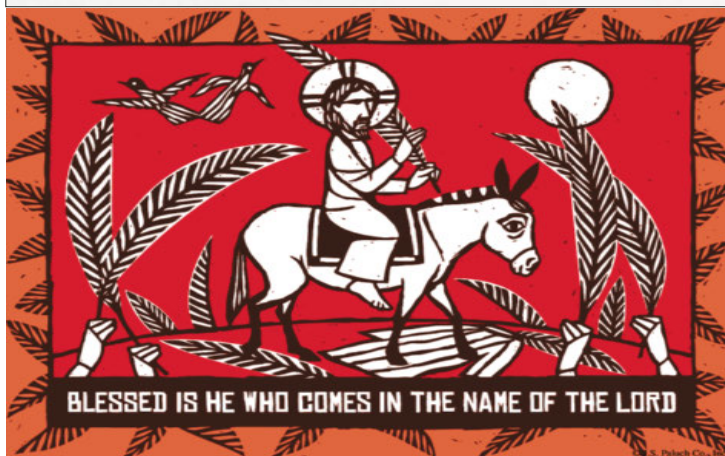


*Come Celebrate*  
**FR. ANTONY'S**  
**SILVER JUBILEE**

PLEASE SAVE THE DATE

Sun. May 21, 2023    11:00am Mass    Reception After

St. Barnabas Catholic Church  
 3955 Orange Avenue | Long Beach, CA 90807



**●FIRST FRIDAY ADORATION**  
**EVERY 1ST FRIDAY OF THE MONTH**

Come join us for meditative prayer before Our Lord in the Blessed Sacrament, every 1st Friday of the month, immediately after our School Mass, approximately beginning before 9am, until 12 Noon. Spend some quiet time with our Lord.

**●FIRST SATURDAY NOVENA**  
**EVERY 1ST SATURDAY OF THE MONTH**  
**NOVENA TO OUR LADY OF FATIMA**

Join us every 1st Saturday of the month, with a Novena in honor of Our Lady of Fatima after the 7:00am mass in the Church. All are welcome to join us in this special Marian Devotion.

Please pray in the morning, at 12 noon & 6 pm with our church community when our bells ring.

## THE ANGELUS

V. The angel of the Lord declared unto Mary,  
 R. And she conceived of the Holy Spirit.

Hail Mary, full of grace; the Lord is with Thee:  
 blessed art thou amongst women, and blessed is  
 the fruit of thy womb, Jesus. Holy Mary,  
 Mother of God, pray for us sinners, now and at  
 the hour of our death.

V. Behold the handmaid of the Lord.  
 R. Be it done unto me according to thy word.

Hail Mary...

V. And the Word was made flesh.  
 R. And dwelt among us.

Hail Mary...

V. Pray for us, O Holy Mother of God.  
 R. That we might be made worthy of the promises  
 of Christ.

Let us pray. Pour forth, we beseech Thee, Lord,  
 Thy grace into our hearts; that, we, to whom the  
 Incarnation of Christ, Thy Son, was known by  
 the message of an angel, so by His Passion and  
 Cross be brought to the glory of His Resurrection.  
 Through the same Christ our Lord.  
 R. Amen.

**●PARISH LENTEN RETREAT**  
**WITH FR. JOSEPH MILLER ON 3/18/23**

We would like to thank Fr. Joseph Miller and guest, Esther, for visiting our Parish last Saturday for our Lenten Parish Retreat. It was very spiritual and helped us reflect and prepare for Easter. Thanks to everyone who attended and participated.





## Dear Padre April 2, 2023

**Why do we call Jesus "the Lamb of God"? How did Jesus get that name, and why do we refer to him as a lamb? Doesn't that make him sound weak and helpless?**

A lamb was a common animal of sacrifice for the Jews. The Passover account talks about sacrificing an unblemished lamb to God and eating its flesh so the people would have strength for the journey to the Promised Land.

Jesus is the perfect, unblemished sacrifice by which our sins are forgiven and we are made children of God. The Father provides Jesus as the sacrifice, and so Jesus is the Lamb of God, the sacrificial offering made because God loves us. Jesus chose to sacrifice himself according to the Father's plan. "He humbled himself, becoming obedient to death, even death on a cross" (Philippians 2:8). Jesus gave himself into our hands so we could be caressed by the hands of God.

Like the Passover lamb, the Lamb of God is food for us. We "eat his body" and "drink his blood." This food and drink gives us strength for our journey of faith. The food we receive from Jesus, the Lamb, is the nourishment we need to do as St. Paul begs the Philippians—and us—to do: "Have among yourselves the same attitude that is also yours in Christ Jesus" (Philippians 2:5). ●

— The Redemptorists / DearPadre.org

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## Good News! April 2, 2023 Palm Sunday of the Lord's Passion (A)

Matthew 21:1-11 / Isaiah 50:4-7 / Philippians 2:6-11 / Matthew 26:14-27:66 or Matthew 27:11-54

FR. JOSEPH JUKNIALIS

When I was much younger and idealistic, I might have been ready to die for some worthy cause. Friends about my age had the same experience. There was something romantic about giving our lives then. Something glorious—or so we thought. There was the brotherhood and sisterhood of us all, peace and non-violence, nuclear arms opposition, equal opportunities for education and housing. Many of us now over fifty thought we would lay down our lives for any one of those dreams.

For some of us, things have changed. We've grown older and, perhaps, wiser, and it seems we're not so eager to die anymore. The glamor has been tarnished, and, for some, the romance has turned from infatuation to disillusion. Death seems like a tragedy, continually rearing its strength to destroy in full or in part the fruit of our lives.

Yet death continues to remain the only doorway into real life. Without death there is no life—in this life or in any life. For that reason, then, one of the tasks of life is to learn how to die well, something we also need to teach our children. It takes a lifetime to learn how to die for one another, and that is why our young people need a community of adults who seek to master the art of dying. It is also why, for one long week, we tell the story of Jesus and of how, for the sake of us all, he did not back away from death. ●

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## Living Stations of the Cross PASSION PLAY

**On  
Good  
Friday  
At  
7:30pm**



**Directed By:  
Eric  
Lauritzen**



**Cast:  
St. Barnabas  
Parishioners**

### ● R.C.I.A. CANDIDATES

Let us pray for these elect whom the Church has confidently chosen. May they successfully complete their long preparation and at the paschal feast find Christ in His Sacraments. Let us keep them all in our prayers.

Angela DeLaCruz  
Antonio Ortega  
Elizabeth Ruiz  
Eloisa Barragan  
Gerardo Martinez

Jose Suarez  
Krystal Cabrera  
Maribel Salazar  
Mary Lopez  
Nichole Cord



## ● LENTEN FRIDAY ACTIVITIES

A big thank you to all the Parish Ministries who participated in leading the Stations of the Cross at 5:30pm and assisting during the 6pm Lenten Masses.

Special Thanks to our Knights of Columbus for hosting the Friday Fish Fry Dinners at the Parish Hall!

### Friday 2/24

Hosted by: Divine Mercy Apostolate  
& Consolation Ministry

### Friday 3/3

Hosted by: Marian Cenacle MMP  
& Legion of Mary

### Friday 3/10

Hosted by: St. Barnabas School

### Friday 3/17

Knights of Columbus #3449

### Friday 3/24

Hosted by: Holy Name Society  
& Filipino-American Association

### Friday 3/31

Hosted by:  
Religious Ed, Confirmation & Youth



## HOLY WEEK SCHEDULE

### ● PALM SUNDAY

#### **SATURDAY: APRIL 1**

Vigil Mass: 5:00pm / Blessing of Palms & Procession

#### **SUNDAY: APRIL 2**

7am Mass / 9am Mass / 11am Mass / 12:30pm Mass

### ● HOLY THURSDAY

#### **THURSDAY: APRIL 6**

NO 7:00am daily Mass / 7:00am Prayers led by Priest  
7:00pm Mass / "Mass of the Last Supper"

Process to the Hall after Mass for Adoration & Night  
Prayers 8:45pm-10:45pm

### ● GOOD FRIDAY

#### **FRIDAY: APRIL 7** (Special Holy Land Collection)

NO 7:00am daily Mass / 7:00am Prayers led by Priest  
12:00pm / Stations of the Cross led by Priest  
12:30pm Services only / Veneration of the Cross  
3:00pm / Meditations: 7 Last Words of Jesus  
5:00pm / Stations of the Cross led by Priest  
5:30pm Services only / Veneration of the Cross  
7:30pm / Live Stations of the Cross Passion Play

### ● EASTER VIGIL

#### **SATURDAY: APRIL 8**

NO 7:00am daily Mass / 7:00am Prayers led by Priest  
NO 5:00pm Mass  
7:30pm Easter Vigil Mass

### ● EASTER SUNDAY

#### **SUNDAY: APRIL 9**

7am Mass / 9am Mass / 11am Mass / 12:30pm Mass

### ● WEDDING ANNIVERSARIES

4/10: Juan & Celia Marquez (31yrs)

4/17: Jimmy & Feb Marie Rushing

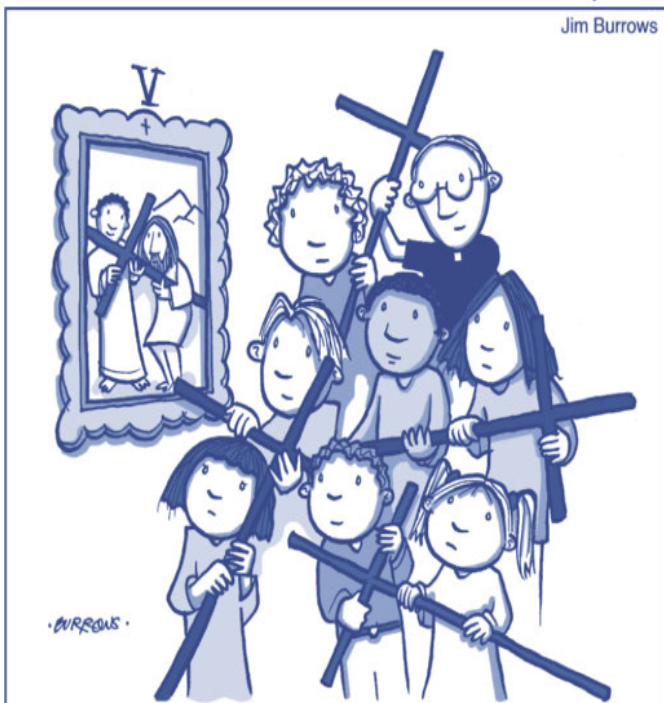


If you would like to celebrate your Wedding Anniversary, by featuring it in our bulletin, please E-mail us your full names, year you're celebrating, along with your wedding anniversary date to: [church@stbarnabaslb.org](mailto:church@stbarnabaslb.org), ATTN: **BULLETIN**

The Little Ones

Los Más Pequeños

Jim Burrows



As they were coming out, they found a man of Cyrene named Simon, whom they pressed into service to bear his cross. Mt 27:32

Y cuando salian, hallaron a un hombre de Cirene llamado Simón, al cual obligaron a que llevara la cruz. Mt 27:32

Scripture from *La Biblia de las Américas* © 1986, 1995, 1997, The Lockman Foundation. Used by permission. Scripture from the New American Standard Bible (NASB), © by the Lockman Foundation. Used by permission. [www.Lockman.org](http://www.Lockman.org)

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## ●CATHOLIC PRAYER CORNER

### THE JESUS PRAYER

Lord Jesus, Son of God,  
have mercy on me, a sinner.

## ●WEEKLY REFLECTION

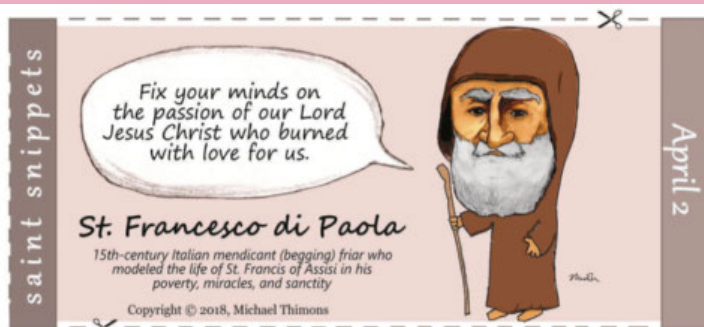
### ENCOUNTER WITH THE CROSS

The journey of Lent brings us to an encounter with the cross. During Lent, we have been led more deeply into questions at the heart of our faith: Who is God? And who are we, the Church? The Gospel of Matthew indicates that, in the crucifixion, God's true nature is most fully revealed in Jesus. In Jesus, God is the self-emptying One, who embraces humility and suffers rejection, as Paul tells the Philippians. God's power is redefined, present not in coercion and violence, but in Jesus' unbounded love. We the Church can learn who we are, the followers of the Crucified One, when we bear crosses that offer life and hope to the world. We more fully become the Church when we empty ourselves by sharing in others' sufferings, rejecting violence, and taking risks for justice and reconciliation. Like Jesus, we may reveal God's power as compassion and mercy.

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## ●SAINTS & SPECIAL OBSERVANCES

Sunday:	Palm Sunday of the Passion of the Lord;
Monday:	Monday of Holy Week
Tuesday:	Tuesday of Holy Week
Wednesday:	Wednesday of Holy Week; Passover (Jewish celebration) begins at sunset
Thursday:	Holy Thursday; The Sacred Paschal Triduum
Friday:	Friday of the Passion of the Lord (Good Friday); Fast and Abstinence; First Friday
Saturday:	Holy Saturday; The Easter Vigil in the Holy Night



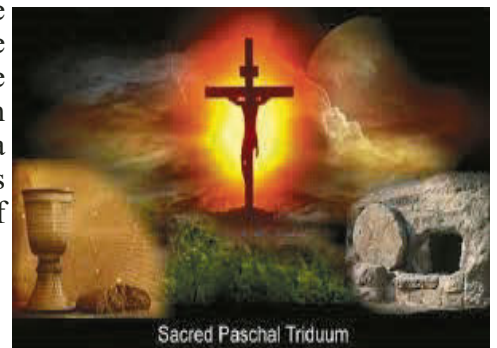
## ●OUR FASCINATING FAITH

### THE SACRED PASCHAL TRIDUUM

Christians observe Easter on the first Sunday after the first full moon that follows the vernal equinox. For Christians, Easter is the anniversary of the creation of the world.

Did you know that the full moon rises just as the sun sets? And that it sets when the sun rises? On the night of a full moon there is no moment of the night when the moon isn't shining. Christians think that this phenomenon makes a wonderful image of heaven's perpetual light. Easter is our sacramental entrance into the light of Christ, the light of eternity.

The Sacred Paschal Triduum, the three-day Passover of the Lord, is our Easter festival. It begins on Holy Thursday at sunset. We count the days in the Jewish manner, from sunset to sunset. In this way the Triduum begins on the biblical "sixth day of the week," the day God created human beings. Its middle day is the "seventh day of the week," the Sabbath, the day of rest. And its final day is the "first day of the week," the day God began the work of creation by creating light and separating it from darkness. God the Father chose a "first day" to raise his Son from the dead. God the Spirit gave birth to the Church on a "first day" as well, the day of Pentecost.



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## ●FREE CATHOLIC RESOURCES

We have several FREE pamphlets at the entrances of the church that you can use to deepen your faith and also share with others. Read them and pass them along to share about our Catholic Faith.

- \* Welcome: Thank You for Coming
- \* Why Be Catholic?
- \* 10 Things That Make For a Great Catholic Family
- \* What is Catholic Social Teaching?
- \* Are You Thinking About Becoming Catholic?



Join us for Coffee & Holy Donuts on (some) Sundays at the Parish Center from 8am-11am. Listen for announcements!



# (PRACTICING) CATHOLIC

## Making Way for God

As Christ reclined at the Passover meal and his impending betrayal, I have to imagine at least one of the disciples thought to himself, incredulously and perhaps even indignantly: *And you're not going to do anything about it?*

So often we expect God to behave like the frantic parent of a teenager, banging down the closed door of a bedroom filled with loud music. We expect him to be overbearing, snooping in our diary and waiting to ground us the minute we break curfew, desperate to keep us within the family fold, ready and willing to use judgment and force to do so.

It's true that God greatly desires us to stay in friendship with him. But to accomplish it, he does not come to us as a meddler or an overlord. He comes in the same way he does on Palm Sunday. He waits for us to make way.

He may not be overbearing, but he is still devoted, and unfailingly patient. As the Palm Sundays of our lives — the moments of our devotion and piety — give way to the Holy Thursdays, when we inevitably deny him, God does not abandon us. The sacrifice on the cross is still there, waiting for us to accept it.

*Say to daughter Zion, "Behold, your king comes to you, meek and riding on an ass, and on a colt, the foal of a beast of burden." — Matthew 21:5*

Colleen Jurkiewicz Dorman

## Why do we do that? Catholic Life Explained

### Question:

What is a pilgrimage? Why do people go on them?

### Answer:

A pilgrimage is a spiritual journey to visit a holy site, such as the shrine of a saint, a place where the Blessed Virgin Mary has appeared, or an historic church or chapel. What makes a pilgrimage different from a vacation and a pilgrim distinct from a tourist is the spirit in which the journey is made. Pilgrimages are really a symbol of our spiritual journey in life, reminding us that this world is not our true home and that we spend our lives journeying to our homeland, which is the Kingdom of God.

Pilgrimages — which can be as involved as a trip to Rome or the Holy Land or as simple as visiting the Blessed Sacrament in a local parish church — are also an opportunity for us to step out of the rhythms and limits of our daily lives to seek out connection with God in a special way, by visiting a holy place. At times, such as on a special feast, a jubilee, or the anniversary of the dedication of the church, special graces (called "indulgences") can also be offered to pilgrims, helping to enrich our experience of the celebration.

In the end, pilgrimages are an ancient act of devotion and something that each of us can put into practice, helping us to discover how God is present in the world around us, in places both near and far.



# APRIL Is Child Abuse Prevention Month

Every April, Catholic parishes and schools across the United States participate in National Child Abuse Prevention Month.



## The Effects of ABUSE

When a child is abused, the effects are grave and can last a lifetime. Some of the most common effects of abuse include:

- Loss of faith and trust in God.
- Post-traumatic stress disorder, psychological distress, and other indirect signs of trauma, such as anxiety, trouble sleeping, chronic stomach pain, and headaches.
- A greater risk of developing behavioral problems, substance abuse, and suicide.

The sense of violation goes deep into a person's psyche and feelings of anger, shame, hurt, and betrayal can build long after the abuse has taken place.

## Steps to Prevent ABUSE

### Communicate with Your Children

It is extremely important to communicate openly with your children. Let them know that they can talk to you about anything that bothers them. This will help you identify warning signs and grooming behaviors perpetrated by offenders before they escalate to abuse.

### Educate Yourself and Your Children on Abuse

Learning how to identify, prevent, and report abuse is key. Parents and guardians should empower their children to protect themselves from harm and to report abuse. Ask your diocesan safe environment coordinator or parish delegate about opportunities for safe environment training.

### Identify and Report Warning Signs of Child Abusers

Grooming behaviors are the actions abusers take to project the image that they are kind, generous, caring people, while their intent is to lure a minor into an inappropriate relationship. Offenders can be patient and may groom their victim, his or her family, or community for years.

Some abusers isolate a potential victim by giving him or her undue attention or lavish gifts, while others allow young people to participate in activities which their parents or guardians would not approve, such as watching pornography, drinking alcohol, using drugs, and excessive touching, such as wrestling and tickling. Abusers also often try to isolate their victims from family or friends and encourage their victims to keep secrets from their parents or other caring adults.

## Holding Offenders ACCOUNTABLE

To help hold offenders accountable, report all suspected abuse to local public authorities. You can also contact your local diocesan victim assistance coordinator to make a report and seek outreach for the abused.

In accordance with diocesan policy, when a single act of sexual abuse is admitted or established, the offender is to be removed permanently from ministry.



"Let it be clear that before these abominations the Church will spare no effort to do all that is necessary to bring to justice whosoever has committed such crimes . . . To those who abuse minors I would say this: convert and hand yourself over to human justice, and prepare for divine justice."

—Pope Francis, Dec. 21, 2018



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## Diaconate Virtual Information Day

Hosted by the  
Diaconate Formation Office  
Sunday, July 9, 2023  
2pm—4pm

Presentaciones son en inglés y español.

To register contact  
Deacon Melecio Zamora at:  
[dmz2011@la-archdiocese.org](mailto:dmz2011@la-archdiocese.org)

"Out of the depths I cry to you, O LORD;  
LORD, hear my voice!" ~ Ps 130



Yours is the hand they will feel when Jesus reaches out to them.

## ● SAFEGUARD THE CHILDREN

Did you know? April 1-2 || "Keep Kids Safe" Pinwheel Resource Booklet

In recognition of April as Child Abuse Prevention Month, the Office of Safeguard the Children has created the 2023 "Keep Kids Safe" Pinwheel Resource Booklet. This useful Resource Booklet will help parishes and schools plan and prepare for Child Abuse Prevention Month. It is also available to individuals who wish to know more about Child Abuse Prevention Month. The Resource Booklet includes order forms for the colorful "Keep Kids Safe" pinwheels and stickers and the 2023 Working Together to Prevent Child Sexual Abuse Brochure, as well as prayers, petitions, and homily helps. For more information go to: <https://lacatholics.org/child-abuse-prevention-month/>.

## ● CHILDREN'S LITURGY

THE RELIGIOUS EDUCATION PROGRAM is now offering CHILDREN'S LITURGY on SUNDAYS in the Parish Hall. Children in 1st - 5th grade are welcome to attend. Every Sunday at the 9:00am Mass, the children will be invited go to the Parish Hall to reflect on the word of God and will return to the Mass at the Prayers of the Faithful. Any questions, call our Rel. Ed Office at: 562-988-6855.



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