

Church@StBarnabasLB.org

Year A: Reading 829



SAINT BARNABAS CATHOLIC CHURCH

3955 ORANGE AVE., LONG BEACH, CA 90807 | 562-424-8595 | WWW.STBARNABASLB.ORG

SUNDAY, APRIL 23, 2023

3RD SUNDAY OF EASTER



They set out at once and returned to Jerusalem where they found gathered together the eleven and those with them who were saying, "The Lord has truly been raised and has appeared to Simon!" - Lk 24:33-34

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

MARK YOUR CALENDAR / UPCOMING EVENTS:

- 04/24-28: SBS Book Fair/7am-6pm/Hall
- 04/29: KofC Rummage Sale/8am-3pm/Basketball Court
- 05/05: 1st Friday Adoration & Mass of Anointing of the Sick
- 05/07: 2nd Special Collection/Cardinal McIntyre Fund
- 05/14: Mother's Day
- 05/21: Fr. Antony's Silver Jubilee Celebration!
- 05/27: Flapjack Breakfast Fundraiser/Apple Bee's/8am
- 05/28: Pentecost
- 05/29: Memorial Day Weekend! (Parish Office & School closed)



PARISH OFFICE HOURS:

Mon-Fri: 9:30am-5:00pm
Saturday: 8:30am-4:30pm
Sunday: 7:30am-2:00pm

PASTOR:

Rev. Dr. Antony Gaspar

ASSOC. PASTOR:

Rev. Bernard Santiago

Business Manager: Sam Christi

Office Secretary: Dona Trenkle

Weekend Secretary: Andrea Marquez

Multimedia Coordinator: Olivia Baylen

*** MASS TIMES ***

Mon-Sat: 7:00am*

Sat Vigil: 5:00pm

Wed: 8:00am (School Mass)

Sun: 7:00am | 11:00am

9:00am* | 12:30pm

*denotes live-stream via YouTube

*** 1ST FRIDAY OF THE MONTH ***

Confession: 8:00am-9:00am

Adoration: 9:00am-12:00pm

Adoration: 5:00pm-6:00pm

Stations of the Cross: 6:00pm

Mass of Anointing: 6:30pm

*** CONFESSION HOURS ***

Sat: 3:30pm-4:30pm

NOVENAS / DEVOTIONS:

Tues: 7:30am* (Saint Joseph)

Wed: 7:30am* (Our Lady of Perpetual Help)

1st Sat: 7:30am (Our Lady of Fatima)

PARISH MISSION STATEMENT

"We, the Catholic Community of Saint Barnabas Parish, are a people formed by Christ, called in Baptism and united in the Eucharist; we continue the mission of the Church in the world through Prayer, Apostolic Works, Evangelization, and Christian Stewardship."

OUR PATRON, SAINT BARNABAS

Barnabas sacrificed himself to be instrumental in God's cultivation of His Church. Paul makes specific mention of the fact that Barnabas, who willingly impoverished himself in the interests of the Church, labored with his own hands to support himself on his missionary journeys. In Acts 4:36, Luke translates Barnabas to mean "son of encouragement" or "son of consolation." The original Greek word rendered "encouragement," *paraklesis*, means encouragement, consolation, comfort, exhortation and entreaty. It may be that the Apostles who gave Joseph the name Barnabas, saw all of these qualities in his character.

PARISH MINISTRIES

Adoration Coordinator	Faye R
Altar Servers (Youth)	Erika M
Baptism (Infants)	Jay G
Boy Scouts Pack 32 Cub Scouts Pack 32	Laura L/Chris C
Bulletin/Website/Social Media/Publications	Olivia B
CANA Marriage Renewal Movement	Bernie M
Coffee & Holy Donuts	Bill M
Cornerstone Crew	Dave A
Couples for Christ	Roy R/Faye R
Divine Mercy Apostolate	Itima E
Extraordinary Ministers of Holy Communion	Sam C/Helen C
Filipino-American Association	Gene L
Finance Council	Espi G
Girl Scouts Troop #4283	Jessica C
Holy Name Society	Bob F
I.T. Resource Team	David A
Knights of Columbus #3449	Greg C
Lectors	Marina C
Legion of Mary	Barbara F
Liturgical Music Coordinator	Call Parish Office
Marian Cenacle M.M.P.	Mary C S/Mary S
Ministry of Consolation	Susan C
Mother Theresa Choir	Benildo T
Our Lady of Perpetual Help Novena	Armando P/Gigi L
Our Lady Queen of Peace	Tricia J
Pastoral Council	Darrell S
Planning/Building Team	Sean F
Project Achieve	Michelle S
RCIA/Adult Sacraments	Andrea M/Susana M
Respect Life	Robert K
Sacristans	Sahlee B/Armando P
Safeguard the Children	Elizabeth C
Ushers & Greeters	Darrell S
Wedding/Quinceañera Rehearsal Coordinator	Deb R
Worship Environment	Olivia A

For **MINISTRY INQUIRIES**, or to view our complete listing, please visit www.stbarnabaslb.org/ministries or call our Parish Office.

PARISH REGISTRATION

We encourage you to register as a Parishioner. To be an "Active" member at our Parish, is to participate in the life of prayer and stewardship. Being a parishioner enables a person to be eligible to sponsor a child for Baptism, to receive financial aid for Catholic Education, to be Married in the Parish, book a Funeral/Memorial Mass and to prepare one's children for the Sacraments. All adults over the age of 21, living with their parents or on their own, are encouraged to register as well. Visit our website to register!

FAKE TEXT MSG/SPAM E-MAILS

If you received a text message or E-Mail claiming it's from Fr. Antony and/or Staff, asking for money, gift cards or asking for your help, **THIS IS A HOAX! PLEASE IGNORE SUCH MESSAGES (pretending to be our Priest or Staff)** Don't reply to them and immediately delete it. Please ALERT the Parish Office. Thanks for your cooperation.



SUN. COFFEE & DONUTS

Coffee and Holy Donuts will be served this Sunday:

April 23rd at the Parish Center
8:00am-11:00am
(cash only)

Hosted by:

KNIGHTS OF COLUMBUS

(subject to change at any time)

Inquiring about Infant Baptisms, Weddings, Funerals, & Anointing of the Sick, please call the Parish Office: **562-424-8595**

FINANCIAL BLESSINGS

04/09/23:
04/16/23:

Not available at this time

Faith-Direct
Bi-Weekly
Contribution:

\$ 10,008.63

Period: 3/16 – 3/31

Thanks for your prayerful giving. Your donation supports the operations of our Parish Community.



Monthly Flower Donors for Tabernacle & our Blessed Mother:

Joe & Monica Ahle
April 15-29

Oswaldo & Winnie Villanueva
Apr 29-May 13



ALTAR FLOWERS SPONSORS:

Thanksgiving for Dr. Mbagwu & Family

April 17-30



SPIRITUAL COMMUNION: My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

ST. BARNABAS SCHOOL



Office: (562) 424-7476
Fax: (562) 981-3351
3980 Marron Avenue
Long Beach, CA 90807

Principal: Jennifer Kellam
jkellam@stbarnabas.school
www.school.stbarnabaslb.org

PRE-SCHOOL / DAYCARE

Main: (562) 988-8481

RELIGIOUS EDUCATION & CONFIRMATION

Office: (562) 988-6855

1130 Marshall Place
Long Beach, CA 90807
(Office located upstairs of Parish Center)

Interim R.E. Coordinator: **Sandra Solis**
562-988-6855 Office
religiouseducation@stbarnabaslb.org

Confirmation/Youth Ministry Coordinator:
Emmanuel Magallanes
213-948-7762 cell/text
confirmation@stbarnabaslb.org
youthministry@stbarnabaslb.org

Weekly Prayer

Year A: Reading 829

APRIL Is Child Abuse
Prevention Month

Sunday's Readings

First Reading:

"This man, delivered up by the set plan and foreknowledge of God,
you killed, using lawless men to crucify him.
But God raised him up, releasing him from the throes of death,
because it was impossible for him to be held by it."
(Acts 2:23-24)

Psalm:

Lord, you will show us the path of life. (Ps 16) Or Alleluia.

Second Reading:

Conduct yourselves with reverence during the time
of your sojourning,
realizing that you were ransomed from your futile
conduct,
handed on by your ancestors,
not with perishable things like silver or gold
but with the precious blood of Christ
as of a spotless unblemished lamb. (1 Pt 1:17-19)

Gospel:

And it happened that, while he was with them at table,
he took bread, said the blessing,
broke it, and gave it to them.
With that their eyes were opened and they recognized him,
but he vanished from their sight. (Lk 24:30-31)

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Live The Liturgy Inspiration of the Week

It wasn't until Christ spoke the words of blessing over the bread that the eyes of the disciples were opened, and they saw him for who he was — God in flesh and blood before them. The Eucharist makes real what we otherwise would fail to see.

Observances for the week of April 23, 2023

Sunday: 3rd Sunday of Easter
Monday: St. Fidelis of Sigmaringen, Priest and Martyr
Tuesday: St. Mark, Evangelist
Wednesday: Administrative Professionals' Day
Friday: St. Peter Chanel, Priest and Martyr; St. Louis Grignion de Montfort, Priest; Arbor Day
Saturday: St. Catherine of Siena, Virgin and Doctor of the Church
Next Sunday: 4th Sunday of Easter



Saint of the week

Venerable Maria Consuelo Soledad Sanjurjo Santos was a native Puerto Rican who served as Provincial Superior of the Servants of Mary, Ministers to the Sick in the Caribbean in the mid-1900's. During her 62 years of consecrated life, she greatly expanded the mission of the congregation!

Prayer

Prayer for the Intercession of Venerable Soledad Sanjurjo

Father of goodness, in Mother Soledad Sanjurjo Santos You revealed to us the treasures of grace of a "life hidden with Christ in God."

Grant us the unwavering faith that filled and transformed her life so that, like her, we may discover Your presence in our lives and dedicate ourselves in Your name to the service of our brothers and sisters, especially those most in need.

We ask You to glorify Your faithful servant and to grant us the grace we ask of you today through her intercession (here make your request) for your greater glory and the good of the Church.

Amen

Worship & Meditation

Readings for the week of April 23, 2023

Sunday:

Acts 2:14, 22-33/Ps 16:1-2, 5, 7-8, 9-10, 11 (11a)/1 Pt 1:17-21/Lk 24:13-35

Monday:

Acts 6:8-15/Ps 119:23-24, 26-27, 29-30/Jn 6:22-29

Tuesday:

1 Pt 5:5b-14/Ps 89:2-3, 6-7, 16-17/
Mk 16:15-20

Wednesday:

Acts 8:1b-8/Ps 66:1-3a, 4-5, 6-7a/
Jn 6:35-40

Thursday:

Acts 8:26-40/Ps 66:8-9, 16-17, 20/Jn 6:44-51

Friday:

Acts 9:1-20/Ps 117:1bc, 2/Jn 6:52-59

Saturday:

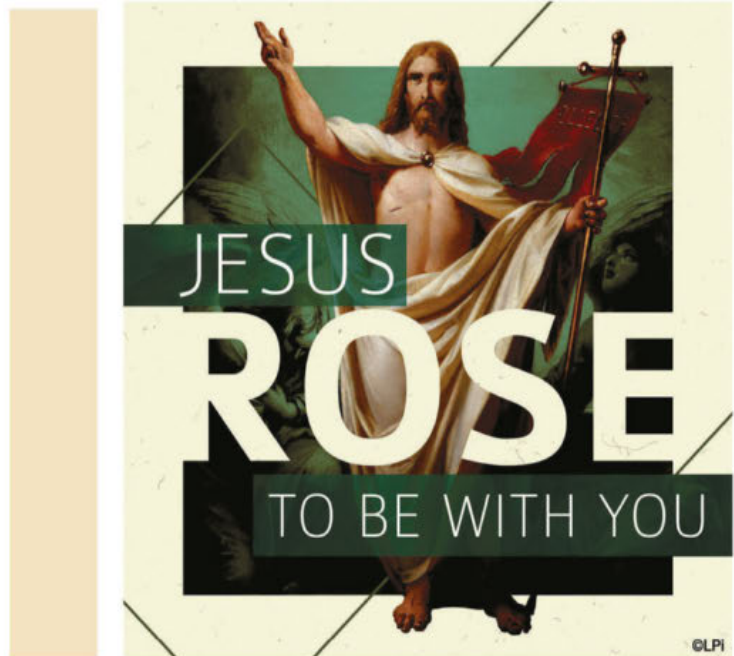
Acts 9:31-42/Ps 116:12-13, 14-15, 16-17/Jn 6:60-69

Next Sunday:

Acts 2:14a, 36-41/Ps 23:1-3a, 3b-4, 5, 6 (1)/1 Pt 2:20b-25/Jn 10:1-10



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Gospel Meditation

Encourage Deeper Understanding of Scripture

I always feel a little sad when someone begins to speak to me with the words, "Father, I know you're so busy, but ..." It happens a lot. And I get it. He or she is trying to be respectful of my time. But it saddens me because a priest makes Jesus present to people in a special way, and Jesus *always* has time for us. Don't we all feel at times that God just doesn't have time for us?

Nonsense. Just look at the stunning "Road to Emmaus" story we hear this week. It's the day Jesus rose from the dead. And the Risen One appears in disguise to two disciples. He walks with them, chats with them, and eventually eats with them. It could have been hours he spends with them — two unnamed persons — in the middle of nowhere. On the day he rose from the dead!

My friends, please take this to heart: The Risen Jesus is not too busy to spend time with you! He doesn't have "better things to do." You and I are members of this crucified and risen Body. He therefore has all the time in the world to be with us. So, I challenge you this week to approach him confidently in prayer and conversation. After all, being with you and me is the reason he rose from the dead.

— Father John Muir

•LENTEN SERVICE PROJECT

THANKS TO ALL WHO DONATED

We wrapped up our Parish-wide Simon of Cyrene Lenten Service Project, hosted by: St. Barnabas Project Achieve Ministry Kitchen. We wanted to say THANK YOU to the good people of our Parish for graciously donating to the shelter. We distributed these items before Easter Sunday.

May the Lord continue to bless each and every one of you! —The Project Achieve Ministry Kitchen Family

OUR PARISH GENEROUSLY DONATED:

- GIFT CARDS/CASH
\$1,005.00 in Gift Cards and Cash
- WOMEN'S
85 women's razors (various # in packs)
103 pairs of women's socks (")
- MEN'S
227 women's razors (various # in packs)
179 pairs of men's socks (")
- NEW AND UNUSED TRAVEL ITEMS
715 items (various items were put into "hygiene kits" by our wonderful Youth Ministry)



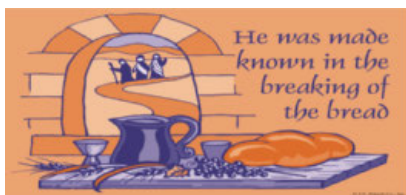
•EASTER LILY DONATIONS

THANK YOU

Thank you to the following, who donated Easter Lilies to help make our Altar more festive! We appreciate your generosity!



HOLY FAMILY CHOIR
BERNIE MATUTE & FAMILY
DR. MBAGWU & FAMILY
LINCOLN SIRIWARENA




•FIRST FRIDAY OF THE MONTH

NEW 1ST FRIDAY SCHEDULE


Come join us for meditative prayer before Our Lord in the Blessed Sacrament, every 1st Friday of the month and spend some quiet time with our Lord.

- ♦ 1st Fri Adoration 9:00am-12Noon
- ♦ 1st Fri Adoration 5:00pm-6:00pm
- ♦ Stations of the Cross: 6:00pm-6:30pm
- ♦ Mass of Anointing of the Sick: 6:30pm







Sacerdotal
Silver Jubilee



"Bless the Lord, my soul; all my being, bless His holy name!" (Psalm 103:1)

In gratitude to God for the gift of Priesthood, St. Barnabas Parish Community cordially invites you to celebrate with us...

**The 25th Ordination Anniversary of
Rev. Dr. Antony Gaspar**

Sunday, May 21st, 2023 at 11:00am (Holy Mass)
followed by lunch reception at the parish premise

St. Barnabas Catholic Church
3955 Orange Avenue, Long Beach, CA 90807 USA

Questions, please contact our Parish Office: 562-424-8595, church@stbarnabaslb.org

Search & Serve

Religious Vocation Discernment Retreat
May 24 -29, 2023
San Francisco, CA

Join Us!





What is God's Dream for YOU?
Is God calling YOU to be a Sister?

Search your heart, pray about your future and serve those who live in poverty side-by-side with Sisters.

Meals, Housing and Daily Transportation provided by the Daughters of Charity of St. Vincent de Paul.
For Single Catholic Women 18-40.
www.Daughters-Of-Charity.com/retreats/

Good News!

April 23, 2023

Third Sunday of Easter (A)

Acts 2:14, 22-28 / 1 Peter 1:17-21 / Luke 24:13-35

FR. JOSEPH JUKNIALIS

A multiple-choice question: Life is (a) purgatory, (b) a party, (c) drudgery, (d) a maze, (e) a trial. Many of us might be inclined to answer, "All of the above." Life takes us along many paths, through many fields, and down many blind alleys.

The Camino de Santiago is a hiking trail of about 500 miles that begins in France, makes its way through Spain, and ends at the Cathedral of Santiago de Compostela, where tradition has it that the remains of St. James are buried. Many walk the journey to discover who they are and what their lives are about. Walking ten to fifteen miles a day with little to think about other than one's life tends to turn the hike into a pilgrimage that thousands have made over the centuries for just that purpose. The pilgrimage is arduous, often plagued with rain, blisters, shin splints, and a discovery of how to travel light. But then, such is all of life.

This week's Emmaus Gospel recounts a similar journey compressed into one day. Like life, it begins in confusion, is scattered with insights and revelations about what has just taken place and ends with the discovery that the Lord has been the one walking with them. Faith does not solve one's problems nor eliminate one's difficulties. It does help us understand life and find meaning in the midst of it all, and somehow it brings us to realize that we do not travel alone, making the journey worthwhile and blessed. ●

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●SAFEGUARD THE CHILDREN

DID YOU KNOW? APRIL 22-23 || Together we prevent abuse and protect children & young people

National Child Abuse Prevention Month (April) is a good time to review the ways in which we work together as a community of faith to prevent abuse and protect children and young people. The Archdiocese of Los Angeles stands resolute in its commitment to report allegations of sexual misconduct to law enforcement, support victim-survivors and protect minors and the vulnerable. An updated flyer which summarizes the efforts of the Archdiocese to ensure that our parishes, schools and ministries are safe places for children and young people is available at <https://lacatholics.org/protect/protect-resources/>.

●RELIGIOUS EDUCATION

EARLY REGISTRATION

Dear St. Barnabas Religious Education Parents,

Register your child(ren) now for next years' Religious Education sessions:

- ♦ If your child(ren) are making/made their First Holy Communion in May 2023, we provide Faith Formation studies for them up to 8th grade, which will prepare them and get them ready for the Confirmation program that starts in 9 th grade. (The cost is \$100.00.)
- ♦ If your child(ren) were in their first year of First Holy Communion preparation, they are ready to start their second year of preparation. (The cost is \$175.00.)
- ♦ If your child(ren) are in 1 st through 7 th grade, and you are interested in enrolling them in their first-year preparation for First Holy Communion. (The cost is \$125.00.)

In order to keep our prices from increasing for next year's sessions, we are asking that you register your child(ren) early. Early registration is from April 23rd through June 25th , 2023. Please call the Rel. Ed. Office at (562) 988-6855 to set up an appointment or go on the church's website at www.stbarnabaslb.org to sign up. There will be a \$25.00 late fee applied to the prices above for all registrations after June 25, 2023. That being said, we do offer family discounts.

**The 2023-2024 Religious Education
Program starts on:
September 24, 2023!**

Contact Sandra Solis with any questions: 562-988-6855 or email to: religiouseducation@stbarnabaslb.org

●ONLINE FAITH DIRECT

DONATE ONLINE OR VIA TEXT

We need your generous support to St. Barnabas Parish to continue our ministries, by offering several convenient ways to give!

Sign up today by visiting faith.direct/CA794, or **text the word 'Enroll' to: 562-330-1646.**

Visit: membership.faithdirect.net/CA794, call 1-866-507-8757 or visit www.faithdirect.net. You can download the free Faith Direct App today! Thank you for your continued support of our parish family.

-Antony Gaspar, Pastor



ST. BARNABAS CATHOLIC CHURCH

We are inviting you to celebrate a very special occasion with us. Our beloved pastor, Fr. Antony Gaspar, is about to celebrate his 25th Anniversary of his priestly ordination at 11am at our church on Sunday, May 21st, 2023, and we are planning a special celebration in his honor. As you can imagine, this is a major milestone, and we want to make it a truly unforgettable event.

Our Pastor has been a true pillar of our community for over seven years. He has selflessly dedicated his life to spreading the message of love, compassion, and faith to our congregation and beyond. He has been a source of guidance, comfort, and inspiration to countless individuals over the years, and we are so grateful for his leadership and dedication.





To make this celebration a success, we are seeking donations from generous individuals like you. Any amount, no matter how small, will help us make this event a fitting tribute to our Pastor's many years of service. Your donation will go towards covering the costs of food, decorations, and other expenses associated with the celebration.

In recognition of your generosity, we will acknowledge your donation in our program and on our website. We will also make sure to share photos and highlights from the celebration with you, so that you can see the impact of your donation. We know that times are tough for many people right now, but we hope that you will consider making a contribution to this special event. Your support will help us show our Pastor how much he means to us and how much we appreciate everything he has done for our community.

Thank you for your consideration, and we hope to see you at the celebration.

Sincerely,
-- St. Barnabas Catholic Church

3955 ORANGE AVENUE | LONG BEACH, CA 90807 | 562-424-8595

WWW.STBARNABASLB.ORG |  |  |  |  | CHURCH@STBARNABASLB.ORG

Souvenir Book Sponsorship**\$ 1,000.00 Back Cover****\$ 750.00 Inside Back****\$ 1,000.00 Inside Front **SOLD!******\$ 500.00 2nd Inside Front****\$ 500.00 2nd Inside Back****\$ 100.00 Full Page****\$ 60.00 Half Page**

PLEASE COMPLETE THE FOLLOWING FORM WITH YOUR SELECTED SPONSORSHIP AND DROP IT OFF OR EMAIL IT TO THE RECTORY BEFORE MAY 8TH.

(PLEASE PRINT INFORMATION CLEARLY – THANK YOU)

Full Sponsor(s) Name: _____

Business Name if applicable: _____

Phone / Cell Phone Number: _____

Address: _____

City, _____ State: _____ Zip: _____

Email address: _____

I would like to make a donation to the St. Barnabas Church in the amount of: \$ _____

(St. Barnabas is a 501c3, donations are tax deductible. Staff can provide the necessary documentation for tax purposes upon request)

3RD SUNDAY IN EASTER**3rd SUNDAY OF EASTER**



K of C Rummage Sale

Sat. April 29th, 2023

8:00am - 3:00pm

Basketball Parking Lot



For item pick-up/drop-off, please contact:
James Teahan 562-221-3296

Post-Abortion Healing Ministry



BY YOUR SIDE
LOS ANGELES

By Your Side LA (BYSLA) is a ministry of the Archdiocese of Los Angeles Office of Life, Justice & Peace. It is meant to connect women and men in need of healing following abortion with resources in the community to help them heal. Abortion affects the lives of women and men, and those around us, in countless ways. Sometimes it takes a while to even recognize or understand them.

If you know someone that needs healing following an abortion, call (877) 301-9684 to be connected to a Merciful Companion.

Spanish accompaniment is available.

For more information about BYSLA resources or would like to be trained as a Merciful Companion, please contact Jeanette Seneviratne at jseneviratne@la-archdiocese.org

BYYOURSIDE.LA.ORG



ST. BARNABAS FILIPINO-AMERICAN ASSOCIATION

Invites you, your family & friends to a

Flapjack Breakfast Fundraiser



899 E. Spring Street
Signal Hill, CA 90755

Saturday, May 27, 2023
8am - 10am

Donation: \$12 -- Pancakes, scrambled eggs, sausage, orange juice & coffee



For more information, please call Helen Cajayon at (562)290-2019, Sophie Reyes at (310)404-7655 or Gigi Laluan at (562)225-3061.

Why do we do that? Catholic Life Explained

Question:

What are the requirements for being a confirmation sponsor?

Answer:

Although many dioceses have specific requirements for who can be a sponsor for the Sacrament of Confirmation, the Code of Canon Law identifies certain requirements that are true for all dioceses and parishes. First, the sponsor should be chosen by the one to be confirmed (or, in some cases, by the parents or even the pastor). Second, a sponsor must be at least sixteen years old (unless the local bishop has chosen another age, or a special exception has been made). Third, the sponsor must be a Catholic who has been confirmed and who has already received the Sacrament of the Eucharist. Beyond this, they must lead "a life of faith in keeping with the function to be taken on." Fourth, they can have no sort of canonical penalty or impediment. Finally, they cannot be either the father or mother of the one to be confirmed (See Canons 893, §1 and 874, §1).

In some cultures, it is customary for one of the confirmand's godparents to act as sponsor, although this is not required by Church law.

To learn about the requirements for your parish or diocese, you can consult your pastor or your parish or diocesan director of religious education or the diocese's office liturgy and worship.

•WEDDING ANNIVERSARIES ♥

- 4/10: Juan & Celia Marquez (31yrs)
- 4/13: Amado & Rosa Santa Ana (50yrs)
- 4/17: Jimmy & Feb Marie Rushing
- 4/23: Gilberto & Gabriela Topete (15yrs)
- 4/23: Hugo & Jennie Dueñas (18yrs)
- 4/24: Arturo Salazar Jr. & Milagros Salazar (46yrs)
- 4/26: Bill & Connie Dobberpuhl
- 4/30: Harry & Norma Sibayan (46yrs)



If you would like to celebrate your Wedding Anniversary, by featuring it in our bulletin, please E-mail us your full names, year you're celebrating, along with your wedding anniversary date to: church@stbarnabaslb.org, ATTN: BULLETIN

•WEEKLY MASS INTENTIONS

Book Mass Intentions via Website, E-mail or by Phone. (+ indicates deceased) Send requests at least 2 weeks in advance, to be listed. Some names may not reflect below, due to early print deadlines or last-minute requests.

Sat. Apr 22 5:00 p.m.	Birthday: Erica Binuya Repose: +George Astom Sr.; +Clifton Jenkins
Sun Apr 23 7:00 a.m.	All Parishioners
9:00 a.m.	Birthday: Maria Pacis 15th Wedding Anniversary: Gilberto & Gabriela Topete Thanksgiving: Alfredo de la Victoria; Virgilia de la Victoria Repose: +Jake Summers; +Marilyn Castro
11:00 a.m.	Repose: +Bonifacio, +Hermenia & +Francis Avancena; +Florence Golvald; +John Cortez
12:30 p.m.	Repose: +Elma Ougland
Mon. Apr 24 7:00 a.m.	46th Wedding Anniversary: Arturo Salazar Jr & Milagros Salazar Birthday: Fr. Sebastian Venni Repose: +Carmen Alvarado; +Fidela Romero
Tues Apr 25 7:00 a.m.	Birthday: Lucas Putummas; Kai Dakak; Nicole Mota Special Intentions: Hermogena San Pedro Repose: +Darwin Arayata Death Anniversary: +Remedio Penaflor
Wed Apr 26 7:00 a.m.	Wedding Anniversary: Bill & Connie Dobberpuhl Repose: +Francisco Rodríguez 1st Death Anniversary: +Ranny Ramos
Thur Apr 27 7:00 a.m.	Healing: Stacey Jischke Special Intentions: Dawit Yohannes Death Anniversary: +Crescanta DeLunas
Fri Apr 28 7:00 a.m.	Birthday: Bernardita Legaspi (80th); David Chiurazzi Repose: +Virginia O'Donnell
Sat Apr 29 7:00 a.m.	All Names in the Memoriam Room Birthday: John & Jim Supancheck; Jovy de la Rosa; Jonette de la Rosa 3rd Death Anniversary: +Meliton Lopez

LET US ALL PRAY FOR OUR FELLOW PARISHIONERS AND FRIENDS WHO ARE ON PILGRIMAGE. MAY THEY HAVE A WONDERFUL SPIRITUAL EXPERIENCE AND SAFE TRAVEL ABROAD!



•NEW/RE-REGISTERED PARISHIONERS

Aldrin & Zara Enriquez
Ryan & Judylyn Yap
Philip & Nichole Cord
Milton & Thelma Garrett
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Every April, Catholic parishes and schools across the United States participate in National Child Abuse Prevention Month.



The Effects of ABUSE

When a child is abused, the effects are grave and can last a lifetime. Some of the most common effects of abuse include:

- Loss of faith and trust in God.
- Post-traumatic stress disorder, psychological distress, and other indirect signs of trauma, such as anxiety, trouble sleeping, chronic stomach pain, and headaches.
- A greater risk of developing behavioral problems, substance abuse, and suicide.

The sense of violation goes deep into a person's psyche and feelings of anger, shame, hurt, and betrayal can build long after the abuse has taken place.

Steps to Prevent ABUSE

Communicate with Your Children

It is extremely important to communicate openly with your children. Let them know that they can talk to you about anything that bothers them. This will help you identify warning signs and grooming behaviors perpetrated by offenders before they escalate to abuse.

Educate Yourself and Your Children on Abuse

Learning how to identify, prevent, and report abuse is key. Parents and guardians should empower their children to protect themselves from harm and to report abuse. Ask your diocesan safe environment coordinator or parish delegate about opportunities for safe environment training.

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•PRAYERS FOR HEALING

Ken Augustine, Connie Edwards, Mary Pearson, Betty Chrysler, Kathy Wachter, Sherrie & Heather Wren, Augusto David, Barbara Hendren, Roxanne, Don, Danny & Mike Batovsky, Josh & Pam Batovsky, Cesar Giron, Robert Carambelas, Hector Gustilo, Deacon Carlito & Rose de los Reyes, Alvino Jauregui, Tina Quinn*, Bridget Vanderwerff, Carmela Chiurazzi, Eva Talastas, The Dorsey Family, MaryAnn Salas*, Lydia Clark, Ted & Terri Furlow, Maxym Velazquez, Bill & Connie Dobberpuhl, Phillip Reher, Lucy Galletes*, Elizabeth N. Gabrillo*, Florencio "Junn" Gabrillo Jr.*, Lorna E Declines*, Lydia "Julie" Estrada*, Leo Ascuncion*, Sue Ann Estrada-Tumakay*, Arsenia "Paz" Estrada, Nelia N Estrada, Mario & Mely Visperas, Natividad S Fernandez, Maribella V.*, Joan Ingram*, Bridget Panek, Zoraida Ramos, Dixie Moran, Alberto Toledo, Michele Bartels, Andrea Noir, Rita Valle Moreno, Sr. Deonilda, Victor Adolfo Bracamonte, Jillian Adriano, Maria Linda Evans, Keith Wieland, Pat Madden, Arsenia "Paz" Estrada, T. McQuire, Nathaniel Espinoza, Emmanuel Sarte, Soji VS, Maria Hainey, Edwin de Lara*, Danilo Masangkay, George S*, Liza & Michael Cabrea, Katrina Sabate, Theresa Sabate, Luciano Sabate, Rose Sabate, Mary & Chris Divinaflor S., Avery Morgia, Adam Koffler, John Cuico Sr.*, Mia*, Veda, Louie Reyes, Samuel Chavez, Juan Carlos Vincent, Rhyann & Camille, Gretchen Hetzler, Emma Martinez, Mary Rende & Family, Jim Moore, Josephin, Cecilio Bautista, Emily Dunn*, Arlene Gerona Monaco*, Elizabeth Lazarte*, Owen Maternal*, Ernesto Corpuz*, Martin Widener, Marilyn Clark*, Andrea Emilia Bernabey, Caceres Family, Kayla L.

List updates every 4-6 months. If you would like to be added or RE-ADDED to our prayer list, please email church@stbarnabaslb.org. Names w/asterisks denotes inclusion to St. Peregrine (patron Saint of cancer) prayer list as well.



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