

Church@StBarnabasLB.org

Year A: Reading 832



## SAINT BARNABAS CATHOLIC CHURCH

3955 ORANGE AVE., LONG BEACH, CA 90807 | 562-424-8595 | WWW.STBARNABASLB.ORG

SUNDAY, APRIL 30, 2023

# 4<sup>TH</sup> SUNDAY OF EASTER

"Whoever enters through the gate is the shepherd of the sheep. The gatekeeper opens it for him, and the sheep hear his voice, as the shepherd calls his own sheep by name and leads them out." - Jn 10:2-3

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

## MARK YOUR CALENDAR / UPCOMING EVENTS:

- 04/29: KofC Rummage Sale/8am-3pm/Basketball Court
- 05/05: 1st Friday Adoration & Mass of Anointing of the Sick
- 05/07: 2nd Collection-Cardinal McIntyre Fund
- 05/14: Mother's Day
- 05/21: Fr. Antony's Silver Jubilee Celebration/11am
- 05/27: Flapjack Breakfast Fundraiser/Apple Bee's/8am-10am
- 05/28: Pentecost
- 05/29: Memorial Day Weekend! (Parish Office & School closed)



### PARISH OFFICE HOURS:

Mon-Fri: 9:30am-5:00pm  
Saturday: 8:30am-4:30pm  
Sunday: 7:30am-2:00pm

### PASTOR:

Rev. Dr. Antony Gaspar

### ASSOC. PASTOR:

Rev. Bernard Santiago

Business Manager: Sam Christi  
Office Secretary: Dona Trenkle  
Weekend Secretary: Andrea Marquez  
Multimedia Coordinator: Olivia Baylen

### \*\*\* MASS TIMES \*\*\*

Mon-Sat: 7:00am\*  
Sat Vigil: 5:00pm  
Wed: 8:00am (School Mass)  
Sun: 7:00am | 11:00am  
9:00am\* | 12:30pm

\*denotes live-stream via YouTube

### \*\*\*1ST FRIDAY OF THE MONTH\*\*\*

Confession: 8:00am-9:00am  
Adoration: 9:00am-12:00pm  
Adoration: 5:00pm-6:00pm  
Stations of the Cross: 6:00pm  
Mass of Anointing: 6:30pm

### \*\*\* CONFESSION HOURS \*\*\*

Sat: 3:30pm-4:30pm

### NOVENAS / DEVOTIONS:

Tues: 7:30am\* (Saint Joseph)  
Wed: 7:30am\* (Our Lady of Perpetual Help)  
1st Sat: 7:30am (Our Lady of Fatima)

### PARISH MISSION STATEMENT

"We, the Catholic Community of Saint Barnabas Parish, are a people formed by Christ, called in Baptism and united in the Eucharist; we continue the mission of the Church in the world through Prayer, Apostolic Works, Evangelization, and Christian Stewardship."

## OUR PATRON, SAINT BARNABAS

Barnabas sacrificed himself to be instrumental in God's cultivation of His Church. Paul makes specific mention of the fact that Barnabas, who willingly impoverished himself in the interests of the Church, labored with his own hands to support himself on his missionary journeys. In Acts 4:36, Luke translates Barnabas to mean "son of encouragement" or "son of consolation." The original Greek word rendered "encouragement," *paraklesis*, means encouragement, consolation, comfort, exhortation and entreaty. It may be that the Apostles who gave Joseph the name Barnabas, saw all of these qualities in his character.

## PARISH MINISTRIES

Adoration Coordinator	Faye R
Altar Servers (Youth)	Erika M
Baptism (Infants)	Jay G
Boy Scouts Pack 32 Cub Scouts Pack 32	Laura L Chris C
Bulletin/Website/Social Media/Publications	Olivia B
CANA Marriage Renewal Movement	Bernie M
Coffee & Holy Donuts	Bill M
Cornerstone Crew	Dave A
Couples for Christ	Roy R/Faye R
Divine Mercy Apostolate	Itima E
Extraordinary Ministers of Holy Communion	Sam C (Church) Helen C (Homebound)
Filipino-American Association	Gene L
Finance Council	Espi G
Girl Scouts Troop #4283	Jessica C
Holy Name Society	Bob F
I.T. Resource Team	David A
Knights of Columbus #3449	Greg C
Lectors	Marina C
Legion of Mary	Barbara F
Liturgical Music	Call Parish Office
Marian Cenacle M.M.P.	Mary C S/Mary S
Ministry of Consolation	Susan C
Mother Theresa Choir	Benildo T
Our Lady of Perpetual Help Novena	Armando P Gigi L
Our Lady Queen of Peace	Tricia J
Pastoral Council	Darrell S
Planning/Building Team	Sean F
Project Achieve	Michelle S
RCIA/Adult Sacraments	Andrea M/Susana M
Respect Life	Robert K
Sacristans	Sahlee B/Armando P
Safeguard the Children	Elizabeth C
Ushers & Greeters	Darrell S
Wedding/Quinceañera Rehearsal Coordinator	Deb R
Worship Environment	Olivia A

For **MINISTRY INQUIRIES**, or to view our complete listing, please visit [www.stbarnabaslb.org/ministries](http://www.stbarnabaslb.org/ministries) or call our Parish Office.

## PARISH REGISTRATION

We encourage you to register as a Parishioner. To be an "Active" member at our Parish, is to participate in the life of prayer and stewardship. Being a parishioner enables a person to be eligible to sponsor a child for Baptism, to receive financial aid for Catholic Education, to be Married in the Parish, book a Funeral/Memorial Mass and to prepare one's children for the Sacraments. All adults over the age of 21, living with their parents or on their own, are encouraged to register as well. Visit our website to register!

### FAKE TEXT MSG/SPAM E-MAILS

If you received a text message or E-Mail claiming it's from Fr. Antony and/or Staff, asking for money, gift cards or asking for your help, **THIS IS A HOAX! PLEASE IGNORE SUCH MESSAGES (pretending to be our Priest or Staff)** Don't reply to them and immediately delete it. Please ALERT the Parish Office. Thanks for your cooperation.



## SUN. COFFEE & DONUTS

Coffee and Holy Donuts will be served this Sunday:



**NO COFFEE  
AND DONUTS  
THIS SUNDAY!**

Inquiring about Infant Baptisms, Weddings, Funerals, & Anointing of the Sick, please call the Parish Office: 562-424-8595

## FINANCIAL BLESSINGS

04/09/23: \$ 9,094.00  
04/16/23: \$ 7,587.00  
04/23/23: Not available

Faith-Direct  
Bi-Weekly  
Contribution: **\$ 6,520.01**  
Period: 4/1 - 4/15

Thanks for your prayerful giving. Your donation supports the operations of our Parish Community.

### Monthly Flower Donors for Tabernacle & our Blessed Mother:

**Oswaldo & Winnie  
Villanueva**  
*April 29-May 13*



### ALTAR FLOWERS SPONSORS:

**Thanksgiving for  
Dr. Mbagwu & Family**

*May 1-14*

**SPIRITUAL COMMUNION:** My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

### ST. BARNABAS SCHOOL



Office: (562) 424-7476  
Fax: (562) 981-3351  
3980 Marron Avenue  
Long Beach, CA 90807

**Principal: Jennifer Kellam**  
[jkellam@stbarnabas.school](mailto:jkellam@stbarnabas.school)  
[www.school.stbarnabaslb.org](http://www.school.stbarnabaslb.org)

### PRE-SCHOOL / DAYCARE

Main: (562) 988-8481

### RELIGIOUS EDUCATION & CONFIRMATION

Office: (562) 988-6855

1130 Marshall Place  
Long Beach, CA 90807  
(Office located upstairs of Parish Center)

Interim R.E. Coordinator: **Sandra Solis**  
562-988-6855 Office  
[religioneeducation@stbarnabaslb.org](mailto:religioneeducation@stbarnabaslb.org)

Confirmation/Youth Ministry Coordinator:  
**Emmanuel Magallanes**  
213-948-7762 cell/text  
[confirmation@stbarnabaslb.org](mailto:confirmation@stbarnabaslb.org)  
[youthministry@stbarnabaslb.org](mailto:youthministry@stbarnabaslb.org)

# Weekly Prayer

Year A: Reading 832

## Sunday's Readings

### First Reading:

"Let the whole house of Israel know for certain that God has made both Lord and Christ, this Jesus whom you crucified." (Acts 2:36)

### Psalm:

The Lord is my shepherd; there is nothing I shall want.  
(Ps 23)  
Or Alleluia.

### Second Reading:

For you had gone astray like sheep,  
but you have now returned to the shepherd and  
guardian of your souls. (1 Pt 2:25)

### Gospel:

"I am the gate.  
Whoever enters through me will be saved,  
and will come in and go out and find pasture."  
(Jn 10:9)

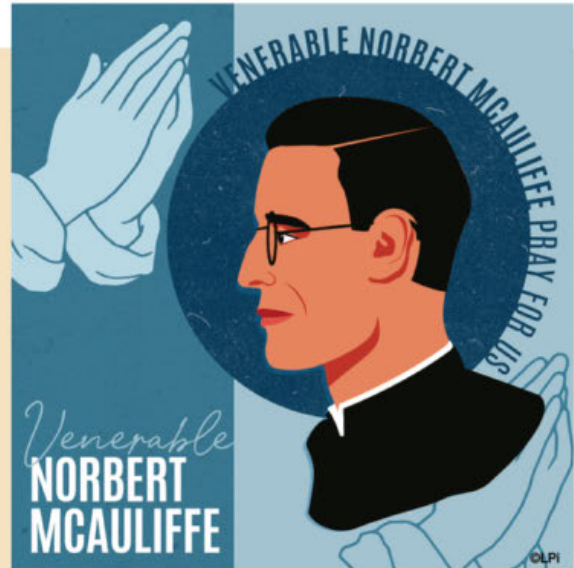
Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

## Live The Liturgy Inspiration of the Week

We know the voice of our shepherd. We know he speaks a language of love, of patience, of long-suffering sacrifice. The voice of the thief will offer us freedom, but it is a freedom that ends in destruction. There is only one gate that leads to everlasting life.

## Observances for the week of April 30, 2023

**Sunday:** 4th Sunday of Easter  
**Monday:** St. Joseph the Worker  
**Tuesday:** St. Athanasius, Bishop and Doctor of the Church  
**Wednesday:** Sts. Philip and James, Apostles  
**Thursday:** National Day of Prayer  
**Friday:** Cinco de Mayo  
**Next Sunday:** 5th Sunday of Easter



## Saint of the week

An American-born missionary known for his work in Uganda with the Brothers of the Sacred Heart, Venerable Norbert McAuliffe was nicknamed The Man Who Always Prays by those he served. His work continues to this day through the leadership of the many African Brothers he formed.

## Prayer

*Prayer for the Canonization of Venerable Norbert McAuliffe*

Most Holy Trinity, you granted to Your servant Venerable Norbert McAuliffe the gifts of administration and of vision, that he should be a spiritual guide for all he met, a joyful herald of the Gospel, and a devoted servant of the one Church of Christ. For his love of everyone You put in his path, his formation of many young men, and his dedication to education and evangelism across the U.S. and Africa, we pray that he may soon be numbered among the canonized saints. Through our Lord Jesus Christ Your Son, who lives and reigns with You in the unity of the Holy Spirit, one God, for ever and ever.

Amen.

# Worship & Meditation

## Readings for the week of April 30, 2023

### Sunday:

Acts 2:14a, 36-41/Ps 23:1-3a, 3b-4, 5, 6  
(1)/1 Pt 2:20b-25/Jn 10:1-10

### Monday:

Acts 11:1-18/Ps 42:2-3; 43:3, 4/Jn 10:11-18

### Tuesday:

Acts 11:19-26/Ps 87:1b-3, 4-5, 6-7/Jn 10:22-30

### Wednesday:

1 Cor 15:1-8/Ps 19:2-3, 4-5/Jn 14:6-14

### Thursday:

Acts 13:13-25/Ps 89:2-3, 21-22, 25 and 27/  
Jn 13:16-20

### Friday:

Acts 13:26-33/Ps 2:6-7, 8-9, 10-11ab/Jn 14:1-6

### Saturday:

Acts 13:44-52/Ps 98:1, 2-3ab, 3cd-4/Jn 14:7-14

### Next Sunday:

Acts 6:1-7/Ps 33:1-2, 4-5, 18-19 (22)/1 Pt 2:4-9/Jn 14:1-12



Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.  
The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.



## Gospel Meditation

### Encourage Deeper Understanding of Scripture

I recently rescued a dog. She's a terrier and rather adorable. And she's crazy about me. She could spend all day with me. But I'm a pastor at a parish and sometimes I leave her at the front desk of the church office. She constantly amazes me by her ability to distinguish between my voice and that of everyone else. If I say one word, even if I'm hidden around a corner, she'll sprint toward me and jump up into my arms.

This week the readings focus our attention to the voice of the risen Jesus Christ. Comparing his disciples to sheep and himself to a shepherd, he says, **"They recognize his voice."** He speaks to us and wants us to respond. When we hear his voice, we follow. Throughout this coming week, we will experience many interior promptings to receive God's love, and to love Him in return. That's his voice. Follow it into the safe and tender arms of Christ.

By contrast, some voices we will hear do not convey God's concern and love for us, but rather produce fear, despair, and other harmful mischief. Jesus calls these voices those of robbers. Does an idea or thought make it harder for you to love God? If so, run away. Let it go. It is most likely not the voice of the Risen Lord. Keep waiting for him to speak. You will recognize his voice. Then run to him as fast as you can.

— *Father John Muir*



For centuries, the Catholic Church has set aside the entire month of May to honor Mary, the Mother of God. Not just a day in May, mind you, but the entire month.

**BLESSED MOTHER,  
PRAY FOR US!**

### Praying for all Mothers throughout the month of May!

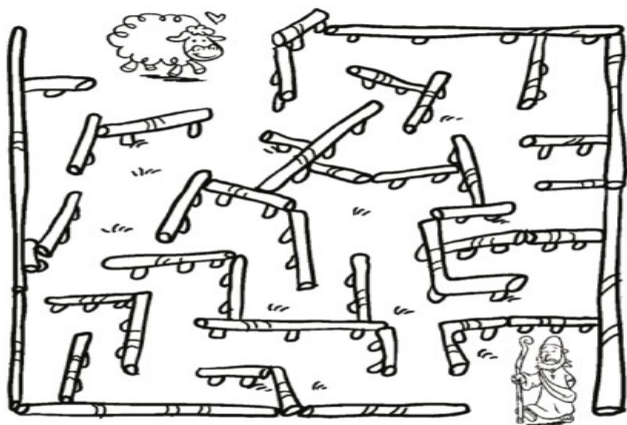
Call the Parish Office at 562-424-8595 (or e-mail: [church@stbarnabaslb.org](mailto:church@stbarnabaslb.org)) with the names to be included on a prayer list that will be printed & placed near our Altar all month long. You can also drop your donations & written lists at the Parish Office, drop in our mail slot, or send names via online on our website! (See Prayer Request tab)

*\*Note: This is NOT a Mass Intention, rather it's a special prayer list.*



**PUZZLE**

Help the sheep find the shepherd.



**MISSION**

I will listen and follow directions of my parents and teachers right away


### •FIRST FRIDAY OF THE MONTH

#### \*NEW 1ST FRIDAY SCHEDULE\*


Come join us for meditative prayer before Our Lord in the Blessed Sacrament, every 1st Friday of the month and spend some quiet time with our Lord.

- ♦ 1st Fri Adoration 9:00am-12Noon
- ♦ 1st Fri Adoration 5:00pm-6:00pm
- ♦ Stations of the Cross: 6:00pm-6:30pm
- ♦ Mass of Anointing of the Sick: 6:30pm







**Sacerdotal**  
**Silver Jubilee**



*"Bless the Lord, my soul; all my being, bless His holy name!" (Psalm 103:1)*

In gratitude to God for the gift of Priesthood, St. Barnabas Parish Community cordially invites you to celebrate with us...

**The 25<sup>th</sup> Ordination Anniversary of  
Rev. Dr. Antony Gaspar**

**Sunday, May 21st, 2023 at 11:00am** (Holy Mass)  
followed by lunch reception at the parish premise

St. Barnabas Catholic Church  
3955 Orange Avenue, Long Beach, CA 90807 USA

Questions, please contact our Parish Office: 562-424-8595, [church@stbarnabaslb.org](mailto:church@stbarnabaslb.org)

# Search & Serve

## Religious Vocation Discernment Retreat

### May 24 -29, 2023 San Francisco, CA

# Join Us!





**What is God's Dream for YOU?**  
**Is God calling YOU to be a Sister?**

*Search your heart, pray about your future and serve those who live in poverty side-by-side with Sisters.*

Meals, Housing and Daily Transportation provided by the Daughters of Charity of St. Vincent de Paul.  
For Single Catholic Women 18-40.  
[www.Daughters-Of-Charity.com/retreats/](http://www.Daughters-Of-Charity.com/retreats/)

# Dear Padre

April 30, 2023

***In the Apostles' Creed, we profess that Jesus "descended into hell." Is there any biblical reference to this? Do we know what he did when he was there?***

Jesus Christ—who experienced death completely—descended to the realm of death. By his resurrection from the dead on the third day, he conquered death and the devil, “who has the power of death” (Hebrews 2:14). Other scriptural references include Acts 3:15, Romans 8:11, 1 Corinthians 15:20, and Hebrews 13:20. An ancient homily for Holy Saturday also attests to this belief: “God has fallen asleep in the flesh and he has raised up all who have slept ever since the world began....Greatly desiring to visit those who live in darkness and in the shadow of death, he has gone to free from sorrow Adam in his bonds and Eve, captive with him....‘I order you, O sleeper, to awake. I did not create you to be a prisoner in hell. Rise from the dead, for I am the life of the dead.’”

According to the *Catechism of the Catholic Church*, “Jesus did not descend into hell to deliver the damned, nor to destroy the hell of damnation, but to free the just who had gone before him” (CCC 633). His descent was to proclaim the Good News to the spirits imprisoned there, bringing “the Gospel message of salvation to complete fulfillment” to all people of all times and all places (CCC 634). Thus, “the gospel was preached even to the dead” (1 Peter 4:6). ●

— Fr. Byron Miller, CSsR / DearPadre.org

© 2023 Liguori Publications, Liguori, MO 63057-9999. Printed in USA. Imprimatur: “In accordance with CIC 827, permission to publish was granted on June 7, 2022, by the Most Reverend Mark S. Rivittuso, Auxiliary Bishop, Archdiocese of St. Louis. Permission to publish is an indication that nothing contrary to Church teaching is contained in this work. It does not imply any endorsement of the opinions expressed in the publication; nor is any liability assumed by this permission.” No part of this work may be used in any form without the prior written permission of Liguori Publications. Scripture texts in this work are taken from the *New American Bible*, revised edition © 2010, 1991, 1986, 1970 Confraternity of Christian Doctrine, Inc., Washington, DC. All Rights Reserved.

## ●SAFEGUARD THE CHILDREN

**Did you know? April 29-30 || Understanding the VIRTUS® Protecting God's Children program**

As a way to commemorate April as National Child Abuse Prevention Month, please take time to learn about, update or sign up for the VIRTUS® Protecting God's Children Program. VIRTUS® teaches that through early identification, awareness, and education, adults can be “proactive” in protecting minors and vulnerable adults from sexual abuse. Since the program began nearly 20 years ago, more than 405,000 adults have been trained in abuse prevention. Additionally, more than 165,000 Catholic school and religious education students are trained annually with an age-appropriate curriculum on boundary awareness and how to communicate if violations of those safe boundaries occur. For more information, visit <https://lacatholics.org/education-and-training/>.

## ●RELIGIOUS EDUCATION

### EARLY REGISTRATION

Dear St. Barnabas Religious Education Parents,

Register your child(ren) now for next years' Religious Education sessions:

- ♦ If your child(ren) are making/made their First Holy Communion in May 2023, we provide Faith Formation studies for them up to 8th grade, which will prepare them and get them ready for the Confirmation program that starts in 9th grade. (The cost is \$100.00.)
- ♦ If your child(ren) were in their first year of First Holy Communion preparation, they are ready to start their second year of preparation. (The cost is \$175.00.)
- ♦ If your child(ren) are in 1st through 7th grade, and you are interested in enrolling them in their first-year preparation for First Holy Communion. (The cost is \$125.00.)

In order to keep our prices from increasing for next year's sessions, we are asking that you register your child(ren) early. **Early registration is from April 23rd through June 25th, 2023.** Please call the Rel. Ed. Office at (562) 988-6855 to set up an appointment or go on the church's website at [www.stbarnabaslb.org](http://www.stbarnabaslb.org) to sign up. There will be a \$25.00 late fee applied to the prices above for all registrations after June 25th, 2023. That being said, we do offer family discounts.

**The 2023-2024 Religious Education  
Program starts on:  
September 24, 2023!**

Contact Sandra Solis with any questions: 562-988-6855 or email to: [religiouseducation@stbarnabaslb.org](mailto:religiouseducation@stbarnabaslb.org)

## ●ONLINE FAITH DIRECT

### DONATE ONLINE OR VIA TEXT

We need your generous support to St. Barnabas Parish to continue our ministries, by offering several convenient ways to give!

Sign up today by visiting [faith.direct/CA794](http://faith.direct/CA794), or **text the word 'Enroll' to: 562-330-1646.**

Visit: [membership.faithdirect.net/CA794](http://membership.faithdirect.net/CA794), call 1-866-507-8757 or visit [www.faithdirect.net](http://www.faithdirect.net). You can download the free Faith Direct App today! Thank you for your continued support of our parish family.

**-Antony Gaspar, Pastor**



## ST. BARNABAS CATHOLIC CHURCH

---

We are inviting you to celebrate a very special occasion with us. Our beloved pastor, Fr. Antony Gaspar, is about to celebrate his 25th Anniversary of his priestly ordination at 11am at our church on Sunday, May 21<sup>st</sup>, 2023, and we are planning a special celebration in his honor. As you can imagine, this is a major milestone, and we want to make it a truly unforgettable event.

Our Pastor has been a true pillar of our community for over seven years. He has selflessly dedicated his life to spreading the message of love, compassion, and faith to our congregation and beyond. He has been a source of guidance, comfort, and inspiration to countless individuals over the years, and we are so grateful for his leadership and dedication.

To make this celebration a success, we are seeking donations from generous individuals like you. Any amount, no matter how small, will help us make this event a fitting tribute to our Pastor's many years of service. Your donation will go towards covering the costs of food, decorations, and other expenses associated with the celebration.

In recognition of your generosity, we will acknowledge your donation in our program and on our website. We will also make sure to share photos and highlights from the celebration with you, so that you can see the impact of your donation. We know that times are tough for many people right now, but we hope that you will consider making a contribution to this special event. Your support will help us show our Pastor how much he means to us and how much we appreciate everything he has done for our community.

Thank you for your consideration, and we hope to see you at the celebration.

Sincerely,  
-- St. Barnabas Catholic Church

3955 ORANGE AVENUE | LONG BEACH, CA 90807 | 562-424-8595

WWW.STBARNABASLB.ORG |  |  |  |  | CHURCH@STBARNABASLB.ORG

**Souvenir Book Sponsorship****\$ 1,000.00 Back Cover****\$ 750.00 Inside Back****\$ 1,000.00 Inside Front **SOLD!******\$ 500.00 2nd Inside Front****\$ 500.00 2nd Inside Back****\$ 100.00 Full Page****\$ 60.00 Half Page**

**PLEASE COMPLETE THE FOLLOWING FORM WITH YOUR SELECTED SPONSORSHIP AND DROP IT OFF OR EMAIL IT TO THE RECTORY BEFORE MAY 8<sup>TH</sup>.**

*(PLEASE PRINT INFORMATION CLEARLY – THANK YOU)*

Full Sponsor(s) Name: \_\_\_\_\_

Business Name if applicable: \_\_\_\_\_

Phone / Cell Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

City, \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email address: \_\_\_\_\_

I would like to make a donation to the St. Barnabas Church in the amount of: \$ \_\_\_\_\_

*(St. Barnabas is a 501c3, donations are tax deductible. Staff can provide the necessary documentation for tax purposes upon request)*

**4TH SUNDAY OF EASTER****•SPECIAL 2ND COLLECTION**

**CARDINAL MCINTYRE FUND:** MAY 6 & 7, 2023

This “Fund” provides emergency help to persons who have nowhere else to go. The Fund is not a replacement or supplement for welfare or other forms of public assistance. It does not support persons’ living needs on a continuing basis. Rather the Fund acts to solve immediate, pressing problems: food and milk for three days, lodging for the night, emergency medical care, rent to tide over a financial crisis or a utility bill to keep the water or heat turned on for the week.

Your contributions to the Cardinal McIntyre Fund for Charity make you a sharer in our parishes’ works of mercy, and in their rewards of grace.

Please be prepared next week. Thank you for your generosity!

You can also pay via Faith Direct: <https://membership.faithdirect.net/givenow/CA794/47629>

## Post-Abortion Healing Ministry



**BY YOUR SIDE**

LOS ANGELES

By Your Side LA (BYSLA) is a ministry of the Archdiocese of Los Angeles Office of Life, Justice & Peace. It is meant to connect women and men in need of healing following abortion with resources in the community to help them heal. Abortion affects the lives of women and men, and those around us, in countless ways. Sometimes it takes a while to even recognize or understand them.

If you know someone that needs healing following an abortion, call **(877) 301-9684** to be connected to a Merciful Companion.

**Spanish accompaniment is available.**

For more information about BYSLA resources or would like to be trained as a Merciful Companion, please contact Jeanette Seneviratne at [jseneviratne@la-archdiocese.org](mailto:jseneviratne@la-archdiocese.org)

**[BYOURSIDELA.ORG](http://BYOURSIDELA.ORG)**



## ST. BARNABAS FILIPINO-AMERICAN ASSOCIATION

Invites you, your family & friends to a

## *Flapjack Breakfast Fundraiser*



899 E. Spring Street  
Signal Hill, CA 90755

Saturday, May 27, 2023  
8am - 10am

Donation: \$12 -- Pancakes, scrambled eggs, sausage, orange juice & coffee



For more information, please call Helen Cajayon at (562)290-2019, Sophie Reyes at (310)404-7655 or Gigi Lalan at (562)225-3061.

## Why do we do that? Catholic Life Explained

### Question:

Does it matter what leg you kneel on when genuflecting?

### Answer:

Genuflection is an act of devotion that literally means "to bend the knee." For many Catholics, it's an almost automatic gesture that we perform before entering our pew or row of seats at Mass. But, like many of the symbols and gestures of our faith tradition, genuflecting can also be an invitation for deeper reflection.

The practice of "bending the knee" is an ancient way of recognizing the presence of someone greater than we are. It has been said that the practice dates back to the time of Alexander the Great, but it became a common part of etiquette in the royal courts of the Middle Ages. From throne rooms and palaces, it was a small step to genuflecting, becoming part of the devotional lives of Christians who used this secular gesture as a way of recognizing the presence of the One who is King of Kings, especially in the Eucharist. In our tradition, although many have been taught or prefer to genuflect by placing their right knee on the ground, there is no prescribed way to genuflect. This is especially important to keep in mind if physical limitations or age make certain movements difficult for us.

Today, Catholics are asked to genuflect in the presence of the Blessed Sacrament (whether in the tabernacle or exposed on the altar during eucharistic adoration). So, while it has become second nature to genuflect before entering your seat in church, we should pay attention to where the Blessed Sacrament is kept in each church or chapel we visit, and genuflect in the direction of the tabernacle where the Blessed Sacrament is kept. In churches or chapels in which the tabernacle is in a separate space, we are invited to simply bow toward the altar.

## •WEDDING ANNIVERSARIES ♥

- 4/10: Juan & Celia Marquez (31yrs)
- 4/13: Amado & Rosa Santa Ana (50yrs)
- 4/17: Jimmy & Feb Marie Rushing
- 4/23: Hugo & Jennie Dueñas (18yrs)
- 4/24: Arturo Salazar Jr. & Milagros Salazar (46yrs)
- 4/26: Bill & Connie Dobberpuhl
- 4/30: Harry & Norma Sibayan (46yrs)
- 5/1: Chris & Gen Legaspi (22yrs)



If you would like to celebrate your Wedding Anniversary, by featuring it in our bulletin, please E-mail us your full names, year you're celebrating, along with your wedding anniversary date to: [church@stbarnabaslb.org](mailto:church@stbarnabaslb.org), **ATTN: BULLETIN**

## •WEEKLY MASS INTENTIONS

Book Mass Intentions via Website, E-mail or by Phone. (+ indicates deceased) Send requests at least 2 weeks in advance, to be listed. Some names may not reflect below, due to early print deadlines or last-minute requests.

Sat. Apr 29 5:00 p.m.	Death Anniversary: +Meliton Lopez (3rd)
Sun Apr 30 7:00 a.m.	Birthday: Carina Rodrigues; Olympia Cruz Thanksgiving: Dr. Mbagwu & Family Repose: +Divino Hernandez; +Alfredo Guevara Death Anniversary: +JoseLuis Rodriguez
9:00 a.m.	All Parishioners
11:00 a.m.	Birthday: Dylan Crisostomo Wedding Anniversary: Harry & Norma Sibayan (46th) Special Intentions: Charles Trenkle Repose: +Eduardo Eugenio; +Teresita V.D. Rosales 40th Day: +Jonathan Flaminiano
12:30 p.m.	Special Intentions: Andrew & Evelyn Binuia Repose: +Eduardo Eugenio
Mon. May 1 7:00 a.m.	Wedding Anniversary: Gen & Chris Legaspi (22nd) Thanksgiving: Senen Gonzalez Repose: +Carmen Alvarado; +Vicente Mendoza; +Teresita V.D. Rosales; +Lionor Vergel De Dios
Tues May 2 7:00 a.m.	Birthday: Brynne Magpantay Healing: Carolyn Skeren (surgery) Repose: +Andrew Pariaswamy; +Maria Castillo; +Teresita V.D. Rosales; +Erlinda Ortega
Wed May 3 7:00 a.m.	OLPH Devotees; Birthday: Milagros Salazar (73rd) Repose: +Teresita V.D. Rosales
Thur May 4 7:00 a.m.	Birthday: Carolyn Skeren Repose: +Agapita Mendoza Death Anniversary: +Teresita V.D. Rosales (40th)
Fri May 5 7:00 a.m.	Birthday: Bess Atienza (66th) Thanksgiving: Christine Angeles; Periaswamy Family Special Intentions: Dr. Mbagwu + Family Repose: +Rosalina G. Atienza; +Feliciano Ceraime
Sat May 6 7:00 a.m.	Thanksgiving: Our Lady of Fatima Devotees Repose: +Alexandra Gabriel Gillette



© J. S. Pataco Co., Inc.

## •CONGRATULATIONS

### Baptisms:

4/9 Sophia James Cord, Regan Katherine Cord

4/23 Baptism: William Thomas Natke



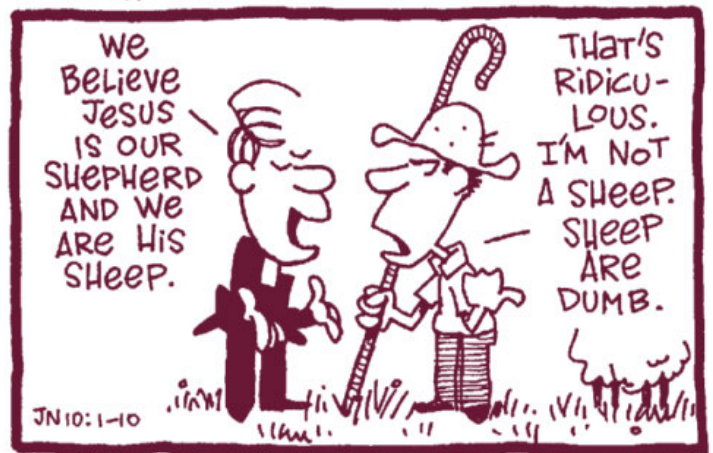
## •IN MEMORY OF

Bishop David O'Connell  
Sr. Gemma Magnetico, OP  
Felix Diaz Sr  
Jose Ocampo  
Leonard M Contreras  
Mary Ward

Maria Hainey  
Jude Solomon  
Dennis Abano  
Ramiro Martinez  
Joe Mancilla Urquieta  
Joe Sonza



## 4<sup>TH</sup> SUNDAY OF EASTER



## •PRAYERS FOR HEALING

Ken Augustine, Connie Edwards, Mary Pearson, Betty Chrysler, Kathy Wachter, Sherrie & Heather Wren, Augusto David, Barbara Hendren, Roxanne, Don, Danny & Mike Batovsky, Josh & Pam Batovsky, Cesar Giron, Robert Carambelas, Hector Gustilo, Deacon Carlito & Rose de los Reyes, Alvino Jauregui, Tina Quinn\*, Bridget Vanderwerff, Carmela Chiurazzi, Eva Talastas, The Dorsey Family, MaryAnn Salas\*, Lydia Clark, Ted & Terri Furlow, Maxym Velazquez, Bill & Connie Dobberpuhl, Phillip Reher, Lucy Galletes\*, Elizabeth N. Gabrillo\*, Florencio "Junn" Gabrillo Jr.\*, Lorna E Declines\*, Lydia "Julie" Estrada\*, Leo Ascuncion\*, Sue Ann Estrada-Tumakay\*, Arsenia "Paz" Estrada, Nelia N Estrada, Mario & Mely Visperas, Natividad S Fernandez, Maribella V.\*, Joan Ingram\*, Bridget Panek, Zoraida Ramos, Dixie Moran, Alberto Toledo, Michele Bartels, Andrea Noir, Rita Valle Moreno, Sr. Deonilda, Victor Adolfo Bracamonte, Jillian Adriano, Maria Linda Evans, Keith Wieland, Pat Madden, Arsenia "Paz" Estrada, T. McQuire, Nathaniel Espinoza, Emmanuel Sarte, Soji VS, Maria Hainey, Edwin de Lara\*, Danilo Masangkay, George S\*, Liza & Michael Cabrea, Katrina Sabate, Theresa Sabate, Luciano Sabate, Rose Sabate, Mary & Chris Divinaflor S., Avery Morgia, Adam Koffler, John Cuico Sr.\*, Mia\*, Veda, Louie Reyes, Samuel Chavez, Juan Carlos Vincent, Rhyann & Camille, Gretchen Hetzler, Emma Martinez, Mary Rende & Family, Jim Moore, Josephin, Cecilio Bautista, Emily Dunn\*, Arlene Gerona Monaco\*, Elizabeth Lazarte\*, Owen Maternal\*, Ernesto Corpuz\*, Martin Widener, Marilyn Clark\*, Andrea Emilia Bernabey, Caceres Family, Jackie Gegenworth

List updates every 4-6 months. If you would like to be added or RE-ADDED to our prayer list, please email [church@stbarnabaslb.org](mailto:church@stbarnabaslb.org). Names w/asterisks denotes inclusion to St. Peregrine (patron Saint of cancer) prayer list as well.



# CATHOLIC CEMETERIES & MORTUARIES

EVERLASTING FAITH. EVERLASTING LIFE.

*A ministry of the Church  
serving the faithful.*

Learn about our 11 locations in  
Los Angeles, Ventura and  
Santa Barbara counties

[CatholicCM.org](http://CatholicCM.org)

## ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide



SafeStreets

833-287-3502



CERTIFIED SPECIALIST IN ESTATE PLANNING, TRUST, & PROBATE LAW

## MEGAN MOGHTADERI

Parish Members Receive Free Consultations  
for Estate Planning, Probate & Trust  
Administration, Conservatorships

[TLDLaw.com](http://TLDLaw.com) • [MMoghtaderi@TLDLaw.com](mailto:MMoghtaderi@TLDLaw.com) • (562) 923-0971



## ALAMEDA AUTO LAB

Complete Automotive Service & Repair

**WE SELL PROPANE**

631 Buena Vista • Alameda, CA

(510) 522-0510

[www.alamedaauto-lab.com](http://www.alamedaauto-lab.com)

Protecting **Seniors**  
Nationwide

24SEVEN

Medical Alert System



\$29.95/Mo. billed quarterly

- One Free Month
- No Long-Term Contract
- Price Guarantee
- Easy Self Installation

Call Today! Toll Free 1.877.801.8608

catholicmatch<sup>®</sup>  
California



[CatholicMatch.com/myCA](http://CatholicMatch.com/myCA)



SUPPORT  
OUR PARISH

WE APPRECIATE OUR  
ADVERTISERS!

# SUPPORT OUR ADVERTISERS!

## WE'RE HIRING! AD SALES EXECUTIVES

BE YOURSELF.  
BRING YOUR PASSION.  
WORK WITH PURPOSE.

- Paid training
- Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



Contact us at  
[careers@4lpi.com](mailto:careers@4lpi.com) or  
[www.4lpi.com/careers](http://www.4lpi.com/careers)

Catholic Cruises and Tours and The Apostleship  
of the Sea of the United States of America

Take your FAITH ON A JOURNEY.

Call us today at 860-399-1785 or email  
[eileen@CatholicCruisesandTours.com](mailto:eileen@CatholicCruisesandTours.com)

[www.CatholicCruisesandTours.com](http://www.CatholicCruisesandTours.com)



SUPPORT  
OUR PARISH



For ad info. call 1-800-950-9952 • [www.4lpi.com](http://www.4lpi.com)

St. Barnabas Church, Long Beach, CA

B 4C 05-4028

# LUYBEN FAMILY DILDAY-MOTTELL MORTUARY

Our Family Serving Yours

**GUARANTEED LOWEST FUNERAL COST IN TOWN**  
5161 Arbor Rd. (Long Beach-Lakewood Village)

Neighborhood Catholic Family  
John G Luyben, Jr. Rosalie A. Luyben Thaddeus Luyben  
Martin Luyben James Morgan

**425-6401**



**25+ Years Experience**  
**562-925-4046**

Heating  
Sewer & Drains  
Stoppages  
Gas Lines  
Wall & Floor Furnace  
Slab Leaks  
Video Inspections  
Remodels  
Copper/Pex  
Re-Pipes  
Garbage Disposals  
Water Heaters  
**Free Estimates**



**10% Discount**  
**With this Ad**  
\*\$300 Maximum Discount\*

## RANDY HOME DESIGN

NEW CONSTRUCTION  
& REMODELING



ADU, Room Addition, Kitchen,  
Bathroom Remodel, Window,  
Crown Moulding, Stucco

**310-513-6877**

RandyDagalea@yahoo.com

21800 Main St., Carson, CA 90745



**Tracy L. Bennett**  
Call For Your Real Estate & Mortgage Needs  
DRE#01864623 | NMLS#1313992

**714-720-9790**

tracy@tlbennettgroup.com  
www.tracylbennett.com



Service You Deserve -  
People You Trust

## DON'T TRUST JUST ANYONE WITH YOUR FUTURE

### PRESERVE YOUR ESTATE WITH A LIVING TRUST

- No probate
- No attorney's fees
- No executor fees
- No public record
- No court hearings
- No contests
- No filing fees
- No time delay

**CALL A PROFESSIONAL FOR KIND, COURTEOUS  
AND IMMEDIATE IN-HOME SERVICE**



**ELIZABETH  
VOZZELLA, ESQ.**

(562) 426-9876

www.vozzella4law.com



## NEVER MISS OUR BULLETIN!

**SUBSCRIBE**

Have our bulletin emailed  
to you every week.

Visit [www.parishesonline.com](http://www.parishesonline.com)



## FREE AD DESIGN

with purchase  
of this space

**CALL**  
800-950-9952

## Meat & Vino Market

**(562) 283-3002**

901 E Wardlow Rd  
Long Beach Ca 90807

@meatandvino

**"QUALITY BUTCHER and WINES."**

# SUPPORT OUR ADVERTISERS!

### "The Affordable Professionals"

Family Owned & Operated Since 1989  
St. Lic. 589933



**PLUMBING-HEATING  
AIR CONDITIONING**  
**24 hr / 7 day Service**

**562.925.2838**  
**714.994.0254**

**Parishioner Discount**

**10% OFF Any Service**  
Valid M-F 8:30 to 4:30  
**Excludes Stoppages**  
\$250.00 Max Discount.  
Cannot be combined with any other offer.

## Place Your Ad Here and Support our Parish!

Instantly create and  
purchase an ad with

**AD CREATOR STUDIO**



[4lpi.com/adcreator](http://4lpi.com/adcreator)



**Jesse Moreno**  
AN ACCOUNTANCY CORPORATION



- ACCOUNTING • PAYROLL • TAX PLANNING
- BUSINESS AND INDIVIDUAL TAX PREPARATION
- AUDIT REPRESENTATION • ENTITY FORMATION SERVICES

**CERTIFIED PUBLIC ACCOUNTANT**

**INCOME TAX**

**NOTARY PUBLIC**

**(562) 426-4177**

740 E. WARDLOW RD., LONG BEACH, CA 90807 [WWW.MORENOCPA.COM](http://WWW.MORENOCPA.COM)



For ad info. call 1-800-950-9952 • [www.4lpi.com](http://www.4lpi.com)

St. Barnabas Church, Long Beach, CA

A 4C 05-4028