



Church@StBarnabasLB.org | 562-424-8595

Year B: Reading 863

PARISH OFFICE HOURS:

Mon-Fri: 9:30am-5:00pm
Saturday: 8:30am-4:30pm
Sunday: 7:30am-2:00pm

PASTOR:

Rev. Dr. Antony Gaspar

ASSOCIATE PASTOR:

Rev. Bernard Santiago

Business Manager/Director of Liturgy:

Samanth Christi

Office Secretary: Dona Trenkle

Weekend Secretary: Andrea Marquez

Multimedia Manager: Olivia Baylen

•MASS TIMES•

Mon-Sat: 7:00am*

Sat Vigil: 5:00pm

Wed: 8:00am (School Mass)
6:30pm (OLPH)

Sun: 7:00am | 11:00am
9:00am* | 12:30pm

*denotes live-stream via YouTube

•1ST FRIDAY OF THE MONTH•

Confession: 8:00am-9:00am

Adoration: 9:00am-12:00pm
5:00pm-6:00pm

Stations of the Cross: 6:00pm

Mass of Anointing: 6:30pm

•CONFESSION TIMES•

Sat: 3:30pm-4:30pm

NOVENAS / DEVOTIONS:

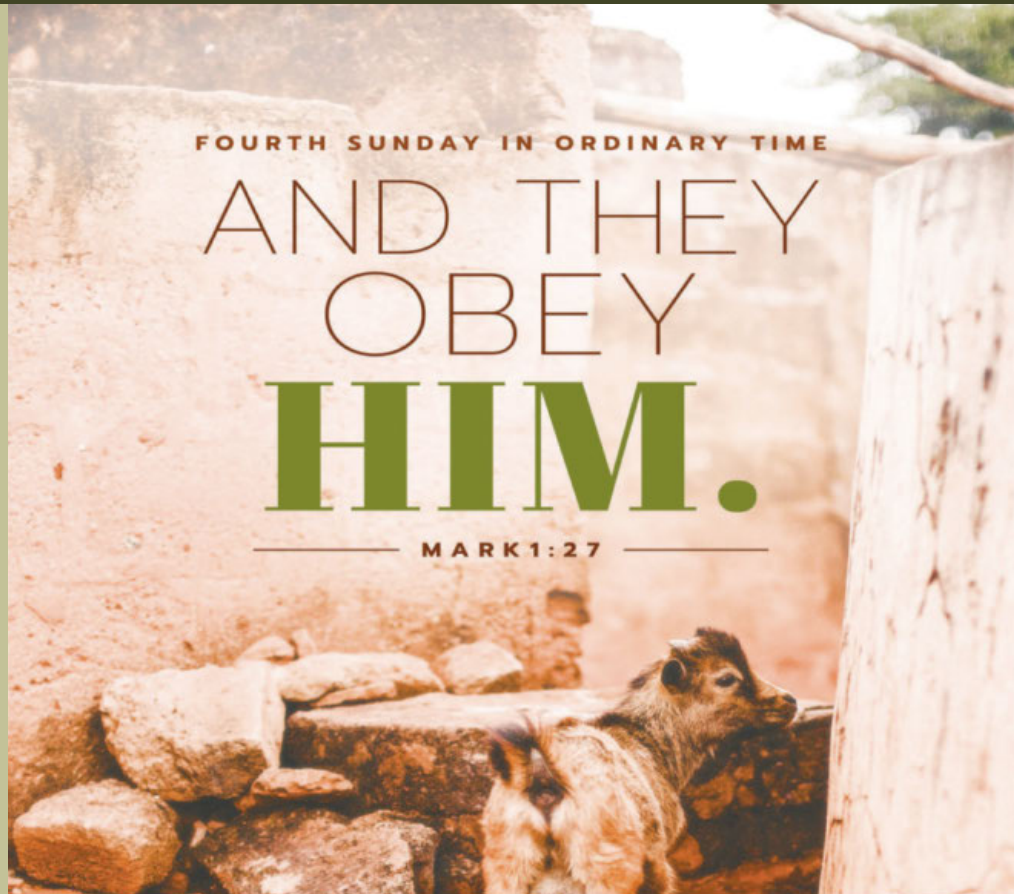
Tues: 7:30am* (Saint Joseph)

Wed: 7:15pm (Our Lady of
Perpetual Help)

1st Sat: 7:30am (Our Lady of
Fatima)

PARISH MISSION STATEMENT

"We, the Catholic Community of Saint Barnabas Parish, are a people formed by Christ, called in Baptism and united in the Eucharist; we continue the mission of the Church in the world through Prayer, Apostolic Works, Evangelization, and Christian Stewardship."



FOURTH SUNDAY IN ORDINARY TIME

AND THEY OBEY HIM.

MARK 1:27

SAINT BARNABAS CATHOLIC CHURCH

3955 ORANGE AVE., LONG BEACH, CA 90807 | 562-424-8595 | STBARNABASLB.ORG

SUNDAY, JANUARY 28, 2024

MARK YOUR CALENDAR / UPCOMING EVENTS:

01/28: St. Barnabas School Open House/10am-12pm/\$10-adults, \$5-kids
01/29-02/02: Catholic School's Week
02/02: 1st Fri Adoration/Confessions/Stations/Mass of Anointing
02/03: Feast of St. Blaise/7am Mass "Blessing of Throats"
02/03: 1st Sat Novena to Our Lady of Fatima (after 7am Mass)
02/14: Ash Wednesday/7am/12pm/5pm/7pm (fasting/no meat)
02/14: Happy Valentine's Day!
02/19: Presidents' Day Holiday/Parish Office & School closed
03/09: Save the Date! Parish Lenten & Eucharistic Revival Reflection

OUR PATRON, SAINT BARNABAS

Barnabas sacrificed himself to be instrumental in God's cultivation of His Church. Paul makes specific mention of the fact that Barnabas, who willingly impoverished himself in the interests of the Church, labored with his own hands to support himself on his missionary journeys. In Acts 4:36, Luke translates Barnabas to mean "son of encouragement" or "son of consolation." The original Greek word rendered "encouragement," *paraklesis*, means encouragement, consolation, comfort, exhortation and entreaty. It may be that the Apostles who gave Joseph the name Barnabas, saw all of these qualities in his character.

PARISH MINISTRIES

Adoration Coordinator	Faye R
Altar Servers (Youth)	Erika M
Baptism (Infants)	Jay G
Boy Scouts Pack 32 Cub Scouts Pack 32	Laura L Chris C
Bulletin/Website/Social Media/Publications	Olivia B
Coffee & Holy Donuts	Bill M
Cornerstone Crew	Dave A
Couples for Christ	Roy R/Faye R
Divine Mercy Apostolate	Itima E
Eucharistic Revival	Brian S
Extraordinary Ministers of Holy Communion	David S (Church) Helen C (Homebound)
Filipino-American Association	Helen C
Girl Scouts Troop #4283	Jessica C
Holy Name Society	Bob F
I.T. Resource Team	David A
Knights of Columbus #3449	Greg C
Lectors	Marina C
Legion of Mary	Helen C
Liturgical Music	Cynthia T
Maintenance	Reggie V
Marian Cenacle M.M.P.	Mary C S/Mary S
Ministry of Consolation	Susan C
Our Lady of Perpetual Help Novena	Armando P Gigi L
Our Lady Queen of Peace	Tricia J
Planning/Building Team	Sean F
RCIA/Adult Sacraments	Andrea M/Susana M
Respect Life	Robert K
Sacristans	Sahlee B/Armando P
Safeguard the Children	Elizabeth C
Ushers & Greeters	Darrell S
Wedding/Quinceañera Rehearsal Coordinator	Deb R
Worship Environment	Parish Office

For **MINISTRY INQUIRIES**,
or to view our complete listing,
please visit:
www.stbarnabaslb.org/ministries
or call our Parish Office.

PARISH REGISTRATION

We encourage you to register as a Parishioner. To be an "Active" member at our Parish, is to participate in the life of prayer and stewardship. Being a parishioner enables a person to be eligible to sponsor a child for Baptism, to receive financial aid for Catholic Education, to be Married in the Parish, book a Funeral/Memorial Mass and to prepare one's children for the Sacraments. All adults over the age of 21, living with their parents or on their own, are encouraged to register as well. Visit our website to register!

FAKE TEXT MSG/SPAM E-MAILS

If you received a text message or E-Mail claiming it's from Fr. Antony and/or Staff, asking for money, gift cards or asking for your help, **THIS IS A HOAX! PLEASE IGNORE SUCH MESSAGES (pretending to be our Priest or Staff)** Don't reply to them and immediately delete it. Please ALERT the Parish Office. Thanks for your cooperation.



1/28: SBS OPEN HOUSE!

SBS PANCAKE BREAKFAST AT THE PARISH HALL! 10AM ~ 12PM

Inquiring about Infant Baptisms,
Weddings, Funerals, & Anointing of the
Sick, please call the Parish Office:
562-424-8595

FINANCIAL BLESSINGS

01/14/24: \$ 4,871.00
01/21/24: \$ 7,616.00



Faith-Direct
Bi-Weekly
Contribution: \$ 5,699.08
Period: 01/01- 01/15

Thanks for your prayerful giving. Your donation supports the operations of our Parish. Pre-pandemic, we would average \$10,000+ weekly. Please consider increasing your donation amount. Thanks for your help & generosity.

Monthly Flower Donors for Tabernacle & Blessed Mother:

**Fred & Letty
Montoya**

Jan. 20~Feb. 3rd



ALTAR FLOWERS SPONSOR(S):

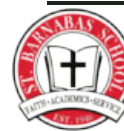
Requested by: Cynthia Tan

**Special Intentions for:
Holy Family Choir**

Jan. 29~Feb. 4

SPIRITUAL COMMUNION: My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

ST. BARNABAS SCHOOL



Office: (562) 424-7476
Fax: (562) 981-3351
3980 Marron Avenue
Long Beach, CA 90807

Principal: Jennifer Kellam
jkellam@stbarnabas.school
www.school.stbarnabaslb.org

PRE-SCHOOL / DAYCARE

Main: (562) 988-8481

RELIGIOUS EDUCATION & CONFIRMATION

Office: (562) 988-6855

1130 Marshall Place
Long Beach, CA 90807
(Office located upstairs of Parish Center)

Interim R.E. Coordinator: **Sandra Solis**
562-988-6855 Office
religioneeducation@stbarnabaslb.org

Confirmation/Youth Ministry Coordinator:
Emmanuel Magallanes
213-948-7762 cell/text
confirmation@stbarnabaslb.org
youthministry@stbarnabaslb.org

Weekly Prayer



Sunday's Readings

First Reading:

"I will raise up for them a prophet like you from among their kin,
and will put my words into his mouth;
he shall tell them all that I command him." (Dt 18:18)

Psalm:

If today you hear his voice, harden not your hearts. (Ps 95)

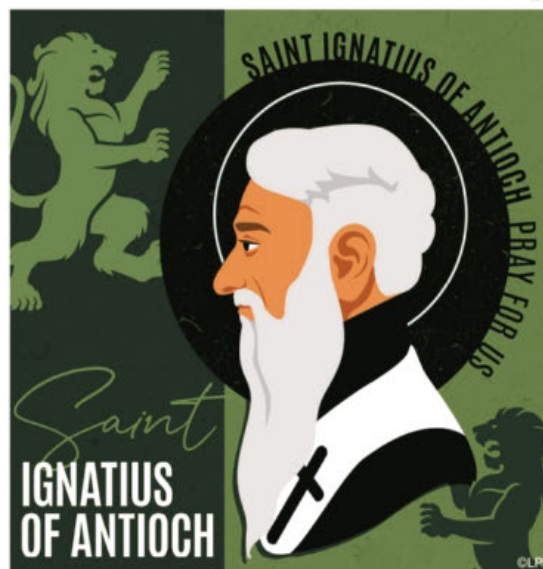
Second Reading:

An unmarried woman or a virgin is anxious about the things of the Lord,
so that she may be holy in both body and spirit. (1 Cor 7:34)

Gospel:

The people were astonished at his teaching,
for he taught them as one having authority and not as the scribes. (Mk 1:22)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.



Live The Liturgy Inspiration of the Week

With one swift command, Jesus freed a man from the possession of evil spirits. He has that same power to banish the shadow of sin from our own lives. Let's invite him into our hearts, asking him to cleanse the darkness he finds there.

Observances for the week of January 28, 2024

Sunday: 4th Sunday in Ordinary Time,
Celebrate Catholic Schools Week

Wednesday: St. John Bosco, Priest

Friday: The Presentation of the Lord,
World Day for Consecrated Life

Saturday: St. Blaise, Bishop and Martyr;
St. Ansgar, Bishop

Next Sunday: 5th Sunday in Ordinary Time

Saint of the week

St. Ignatius of Antioch, a bishop of Antioch in the first century, was a direct disciple of the apostle John. Despite being thrown to the lions and martyred in Rome's Colosseum for his faith, his teachings and hope for Christian unity live on as early examples of Christian theology.

Prayer for the Youth

Dear Lord,

Be with our young people this week and always — keep them in Your care. Help them to form godly friendships, speak the truth, and know You in the personal way that will challenge, shape, and guide them. Amen.

ASH WEDNESDAY IS ON: FEB. 14TH
Mass Times: 7am / 12pm / 5pm / 7pm

Worship & Meditation

Readings for the week of January 28, 2024

Sunday:

Dt 18:15-20/Ps 95:1-2, 6-7, 7-9 (8)/
1 Cor 7:32-35/Mk 1:21-28

Monday:

2 Sm 15:13-14, 30; 16:5-13/Ps 3:2-3, 4-5,
6-7/Mk 5:1-20

Tuesday:

2 Sm 18:9-10, 14b, 24-25a, 30—19:3/
Ps 86:1-2, 3-4, 5-6/Mk 5:21-43

Wednesday:

2 Sm 24:2, 9-17/Ps 32:1-2, 5, 6, 7/Mk 6:1-6

Thursday:

1 Kgs 2:1-4, 10-12/1 Chr 29:10, 11ab,
11d-12a, 12bcd/Mk 6:7-13

Friday:

Mal 3:1-4/Heb 2:14-18/Ps 24:7, 8, 9, 10/
Lk 2:22-40 or 2:22-32

Saturday:

1 Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14/
Mk 6:30-34

Next Sunday:

Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6
(see 3a)/1 Cor 9:16-19, 22-23/Mk 1:29-39



Thank you to
everyone who have
already sent in their
pledges and actual
donations to date!

STANDARD GOAL: \$905,000.00
TOTAL PLEDGED: \$1,088,630.00
OF GIFTS: 208
AVERAGE GIFT: \$5,234.00
% OF GOAL: 120%

•WEDDING ANNIVERSARIES ♥

01/01: Victor & JoAnne Perez

01/06: William & Elaine Chua (42yrs)

01/07: Sam & Sonia Christi (5yrs)

01/14: Jale & Sahlee Balajadia (25yrs)

GET FEATURED IN OUR BULLETIN!

If you would like to celebrate your Wedding Anniversary, by featuring it in our bulletin, please E-mail us your full names, year you're celebrating, along with your wedding anniversary date to: church@stbarnabaslb.org, ATTN: BULLETIN



Happy Anniversary

Gospel Meditation

Encourage Deeper Understanding of Scripture

I love movies about exorcisms. Apparently, so do many others. The 2023 movie "Nefarious" features a possibly possessed inmate on death row. Critics were not impressed, but audiences scored it at 97% on the website Rotten Tomatoes. Most people have an appreciation for the demonic realm, even if cultural elites are generally embarrassed about it. As is standard in exorcism movies, the afflicted person (in this case, a man named Edward Brady) thinks and acts like *multiple* persons. He is someone besides himself. We know what that is like. We feel *fake* sometimes, not ourselves.

The same dynamic is on dramatic display this week in the Gospel. Jesus the Exorcist approaches a possessed man who utters, "**What have you to do with us, Jesus of Nazareth?**" Notice the plural, *us*. The basic effect of the demonic is division. The man's identity is fractured, divided, and thus many. Jesus powerfully expels the spirit by saying, "**Quiet! Come out of him!**" Jesus' word has the power to restore the man's singularity — *him* — and indeed it does.

All this helps us to dismiss childish images of demons sporting red goat tails. Equally, it overcomes the cultured aloofness that dreams demons are mere metaphors for evil. We see instead that fallen angels are conscious and intelligent beings who orient their agency toward division. They bring about schism where there should be unity, e.g., in persons, families, communities, politics, and so on. Thankfully, Jesus commands demons to flee from all these places to restore wholeness and peace. What if we made room for his word where we need it?

— Father John Muir

●WORSHIP ENVIRONMENT TEAM LOOKING FOR VOLUNTEERS

We are currently in need of more volunteers to join our Worship Environment Team! If you love decorating and want to help making our Church beautiful for upcoming events, holidays, feast days, etc. please call our Parish Office at: **562-424-8595** or E-Mail to: **church@stbarnabaslb.org** if you are interested. Our Team works hard and we are looking for a group who can dedicate some free time on a regular basis! So if you are called and would like to share your time, talent and treasure in this Ministry, don't hesitate to contact us!

We would like to thank Olivia Almodovar for leading this team for several years! She has done such a wonderful job!

●ALTAR FLOWER SPONSORS SPONSOR FLOWERS FOR A WEEK

Sponsor our weekly Altar Flowers in honor of a loved one, or special occasion, call the Parish Office at: 562-424-8595 or E-mail: church@stbarnabaslb.org to book your week. Suggested Donation/Cost: \$100-\$125 — this includes a Mass Intention date of your choosing & bulletin spotlight. (depends on availability)



The Eucharist Sustains and Strengthens Them As They Serve the 'Poorest of the Poor'

Missionaries of Charity
spend at least 3 hours a
day in prayer before the
Blessed Sacrament.

...one cannot go out and serve
the poor if they have not first
worshiped the Lord, because
without this connection they are
social workers...

"Jesus in the Poor and Jesus in the Eucharist is the Same"



Visit Jesus in the Tabernacle!

Come spend some quiet time before
the Blessed Sacrament in the
Tabernacle.

The Church is open daily

Mon – Fri

Daily Mass until 5:00pm

Saturday

Daily Mass until after Vigil Mass

Sunday

Before/After Masses until 2:00pm



Jesus is waiting for you!

ANIMA CHRISTI

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Within your wounds conceal me.

Do not permit me to be parted from you.

From the evil foe protect me.

At the hour of my death call me.

And bid me come to you,

to praise you with all your saints

for ever and ever.

Amen.

EUCCHARISTIC REVIVAL PRAYER

Heavenly Father, we thank you for the gift of
your Son, our Lord Jesus Christ, who promised
to stay with us always, until the end of the age.

Reawaken our wonder at His presence in the
Most Holy Eucharist. May our hearts burn
within us as He opens the Scriptures and
breaks the bread.

Give us the eyes of faith to recognize His
presence in our brothers and sisters, especially
in the face of the poor and the suffering.

Nourished by the Eucharist, send us forth to
walk faithfully as missionary disciples,
proclaiming the Gospel to every heart and
extending Your kingdom to every land.

We ask this through Christ our Lord.

Amen.

These prayers are also available in the pew cards. Please leave them in the pews for reuse.



Liturgical Life

(PRACTICING) CATHOLIC

What Have You to Do with Me, Jesus of Nazareth?

Inevitably, when we read the story of the Garden of Eden, my children try to imagine what life would be like if Adam and Eve had not sinned against God.

"Would we have to go to school?" they ask me.
"Would we get sick? Could we eat whatever we want? Would we get older?"

I tell them the only thing I know for sure about a world without sin is that we would be happier. I can see confusion in their faces — *Why? How?* — but I have none of the concrete answers they want. I don't know how to describe a happiness untouched by sin.

The moment sin entered the world, a chasm erupted between God and mankind. There is now a space between humanity and the divine, a cavernous and seemingly impassable void into which God calls for us, unendingly. And because we are lost in the dark, and miserable, instead of following his voice when we hear it, instead we reply: "What do you want?"

"What have you to do with us, Jesus of Nazareth?"

Did the unclean spirit know, when he cried out all those thousands of years ago in Capernaum, that he was giving voice to a question which defined the human condition? They are the words of a demon, yes, but they are also my words. Far, far more often than I care to admit, when God is reaching for me, I look upon His hand with contempt and confusion. When I am grappling with a problem or a sin which overwhelms me, again and again I forget that I already know the solution.

The tragedy of original sin is not that we live in a world where we cannot eat what we want, where we age, and where we become sick and die. The tragedy of sin is that we have forgotten how to be happy. We look at happiness and we think: "What do you want with me?"

*"If today you hear his voice, harden not your hearts."
— Psalm 95:7*

Colleen Jurkiewicz Dorman

Why do we do that? Catholic Life Explained

Question:

I have a friend who receives communion, but who I know for a fact is in a state of mortal sin. Should I tell our priest? Is it my responsibility to say something?

Answer:

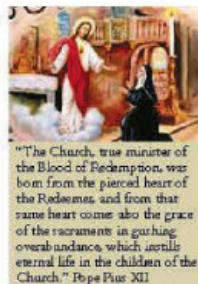
While we may always want to do what is best for our friends and family members, we have a responsibility to respect their privacy and their conscience. In its reflections on the Eighth Commandment ("You shall not bear false witness against your neighbor"), the Catechism of the Catholic Church states, "Respect for the reputation of persons forbids every attitude and word likely to cause them unjust injury. [One] becomes guilty: -of rash judgment who, even tacitly, assumes as true, without sufficient foundation, the moral fault of a neighbor; -of detraction who, without objectively valid reason, discloses another's faults and failings to persons who do not know them; of calumny who, by remarks contrary to the truth, harms the reputation of others and gives occasion for false judgments concerning them" (no. 2477).

We will never truly know what is in a person's mind, heart, and soul; only God knows those things. We should, of course, take our concerns to God and entrust the person about whom we are concerned to God's grace and mercy. If we have concerns about the spiritual wellbeing of someone with whom we are close, we should go to the person themselves and talk about our fears and concerns. Unless it is a case of abuse or endangerment (which we have a moral and even legal responsibility to report to the appropriate authorities), we ultimately do not have the freedom to share another's persons faults or sins, however good we think our intentions might be.

The Twelve Promises linked to the devotion to THE SACRED HEART OF JESUS

FRANCE, 17TH CENTURY

The message received by the nun, Saint Margaret Mary Alacoque of Paray-le-Monial contains the so called "twelve promises of the Sacred Heart," in which Jesus reveals the graces linked to this devotion. Love for the Sacred Heart of Jesus is directly tied to that of love for the Eucharist. As the great apostle of this devotion, the Jesuit priest Henri Ramiere wrote, "It is in the Eucharist that we truly find the Heart of Jesus nearest to us; it is in the Eucharist that He unites himself in a most intimate way to us, and we to Him."



"The Church, true minister of the Blood of Redemption, was born from the pierced heart of the Redeemer and from that same heart come also the graces of the sacraments in gushing overabundance, which fertilize eternal life in the children of the Church." Pope Pius XII



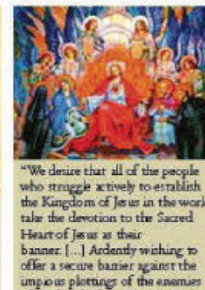
Saint Claude of the Colombarie



A design executed by Saint Margaret



The Child Jesus is pictured in an iconograph in the style of the Spanish Counter Reformation, atop a globe of the earth studded with stars of gold. The Child holds His Heart in His hand. From the collection of the Hieron Museum in Paray-le-Monial



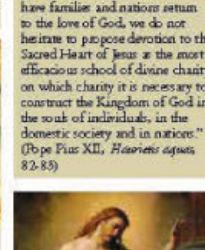
"We desire that all of the people who struggle actively to establish the Kingdom of Jesus in the world take the devotion to the Sacred Heart of Jesus as their banner. [...] Ardently wishing to offer a secure banner against the impious plottings of the enemies of God and of the Church, and to have families and nations return to the love of God, we do not hesitate to propose devotion to the Sacred Heart of Jesus as the most efficacious school of divine charity, on which charity it is necessary to construct the Kingdom of God in the souls of individuals, in the domestic society and in nations." (Pope Pius XII, *Haereticus aequus* 82-83)



"Jesus is found in the sacrament of the Eucharist in which love keeps Him tied like a victim, always ready to be sacrificed for the glory of His Father and for our salvation. His life is totally hidden from the eyes of the world which succeed in seeing only the poor and humble appearance of bread and wine. [...] Jesus is always alone in the Blessed Sacrament. Try never to miss any Communion, let us give great joy to our enemy the devil!" ST. MARGARET MARY ALAQUE



"The Church wishes to incite the faithful even more to draw near with confidence to this Holy Mystery and to consume ever more hearts in the flames of that divine love with which the Sacred Heart burned when, in His infinite love, he instituted the Most Holy Eucharist." POPE BENEDICT XV



Saint Margaret received many mystical gifts and some revelations from Jesus. We list here below the so called "twelve promises of the Sacred Heart" which the Lord revealed to the saint:

1. To those devoted to My Sacred Heart, I will give all the graces and helps necessary to their state of life (Letter no. 141).
2. I will establish and safeguard peace in their families (Letter no. 35).
3. I will console them in all their afflictions (Letter no. 141).
4. I will be their sure refuge in life, and above all, at the hour of death (Letter no. 141).
5. I will pour abundant blessings on all of their labors and undertakings (Letter no. 141).
6. Sinners will find in My Heart an inexhaustible source of mercy (Letter no. 132).

7. Lukewarm souls will become fervent with the practice of this devotion (Letter no. 132).
8. Fervent souls will ascend rapidly to a higher perfection (Letter no. 132).
9. My blessing will remain in those places in which the image of the Sacred Heart will be displayed and venerated (Letter no. 35).
10. To all those who labor for the salvation of souls, I will give the grace to be able to convert the hardest hearts (Letter no. 141).
11. Persons who spread this devotion will have their names written forever in My Heart (Letter no. 141).
12. To all people who receive Communion on the first Fridays of nine consecutive months, I will give the grace of endless perseverance and of eternal salvation (Letter no. 86).

Join us for 1st Friday - Devotion to the Sacred Heart of Jesus!


Come join us for meditative prayer before our Lord in the Blessed Sacrament, every **1st Friday of the month**, immediately after our School Mass from **9am-12pm**.

Confession is available from **8am-9am**.

Evening Adoration from **5pm-6pm**.

Stations of the Cross from **6pm-6:30pm**.

Mass of Anointing from **6:30pm-7:30pm**.



ST. BARNABAS SCHOOL

Pancake BREAKFAST

SUNDAY, JANUARY 28TH
10:00 AM til 12 NOON
PARISH HALL

TICKETS: \$10 Adults \$5 Kids

TICKETS INCLUDE
PANCAKES, SAUSAGE & FRUITS
DRINKS ARE AVAILABLE
FOR PURCHASE

Tickets are now available for purchase
Please include the Student's name
and number of tickets
when paying via venmo



•WELCOME TO ST. BARNABAS! NEW PARISHIONERS OR RE-REGISTERED

- Pete & Minerva Sallo
- Patricia Henkin & Family
- Ruben & Norma Santa Cruz
- Cipriano & Adelita Mejilla
- Diocel & Arnold Repollo



•TAX CONTRIBUTION REQUESTS TAX LETTERS / CHURCH CONTRIBUTIONS

If you would like to obtain a copy of your yearly 2023 Church Contributions, please e-mail us at: church@stbarnabaslb.org (preferred, that way we can E-mail your copy faster).

**TAX
INCENTIVES**

You can also call our Parish Office and leave your full name, address & phone number and we can mail them out. **We will not be sending them out automatically.** These records may or may not reflect some fundraising donations. We can certainly modify your totals, just let us know. Or better yet, also refer to your own bank statements to accompany with your Church contributions. Thanks for your patience and your continued support to our Parish. **Faith Direct Subscribers and Called to Renew Donors: It will be mailed to you directly!**

Anniversary Mass For Bishop David O'Connell

Celebrated by
Archbishop José H. Gomez

**Blessing of memorial exhibit to follow after Mass*

Date: February 24, 2024

Time: 10:00 a.m.

Location: San Gabriel Mission

429 S Junipero Serra Drive

San Gabriel, CA 91776

Clergy (Priests & Deacons) Please RSVP to Njuarez@sgpr.org

FEBRUARY 3 After 7am Mass

“MAY GOD
DELIVER YOU
FROM EVERY
DISEASE OF
THE THROAT
AND EVERY
OTHER ILLNESS.”

-TRADITIONAL BLESSING ON
THE FEAST OF ST. BLAISE

BISHOP
AND MARTYR



Saint Anthony High School 50th Reunion -

The classes of '74 and '75 are planning their 50th reunion on July 20, 2024 at the Old Ranch Country Club in Seal Beach.

E-mail to: 50threunion2024@gmail.com for more information.

•BEREAVEMENT SUPPORT AT ST. BARTHOLOMEW IN LONG BEACH

St. Bartholomew will begin daytime and evening Bereavement Support Groups this month. The group, which takes an 8-week journey with certified bereavement ministers, provides a space and time for those suffering from the loss of a loved one to work through the natural process of grieving in a faith-based gathering. The group will be using the New Day Journal resource.

The Daytime Support Group begins Wednesday, Jan. 31, and meets weekly in the Seton Room from 1:00 pm to 2:30 pm through March 20. The Evening Online Support Group begins Thursday, Feb. 1, and meets weekly from 6:00 pm to 7:30 pm through March 21. **Please register by Jan. 29 by contacting the Parish Office at (562) 438-3826.**

4TH SUNDAY IN ORDINARY TIME



1st Saturday of the Month

Join us every 1st Saturday of the month, with a Novena in honor of Our Lady of Fatima after the 7:00am mass in the Church. All are welcome to join us in this special Marian Devotion.



•SAFEGUARD THE CHILDREN

DID YOU KNOW? January 27 & 28

Child pornography is the visual depiction of a minor in sexually explicit conduct. There is some general public confusion surrounding the term “child pornography” — for example, some people believe that child pornography can be accidentally found while browsing the internet, or that the “children” depicted are actually older and simply appear younger. Using the term “child pornography” can also minimize the horrors of children being exploited for profit in this way. To learn more, read the VIRTUS® article “Responding to the Crime of Child Sexual Abuse Materials” at lacatholics.org/did-you-know/.

•ST. BARNABAS SCHOOL NEWS

STUDENT NON-DISCRIMINATION POLICY

The school, mindful of its mission to be a witness to the love of Christ for all, admits students regardless of race, color, national origin, and/or ethnic origin to all rights, privileges, programs, and activities generally accorded or made available to students at the school.

The school does not discriminate on the basis of race, color, disability, medical condition, sex, or national and/or ethnic origin in the administration of educational policies and practices, scholarship programs, and athletic and other school-administered programs, although certain athletic leagues and other programs may limit participation and some archdiocesan schools operate as single-sex schools.

While the school does not discriminate against students with special needs, a full range of services may not always be available to them. Decisions concerning the admission and continued enrollment of a student in the school are based upon the student's emotional, academic, and physical abilities and the resources available to the school in meeting the student's needs.

[Note that this School Student Non-Discrimination Policy does not provide nor imply that the archdiocese waives any legal exceptions or exemptions that may apply to it as a religious nonprofit organization.]

This Catholic Elementary School publishes the above policy in the staff and parent/student handbooks, public relations/recruitment brochures and in other publications such as the parish bulletin and school newspaper. The school also publishes applicable grievance procedures in the staff and parent/student handbooks.

•CONVALIDATION MARRIAGE

PREPARATION PROGRAM

These programs is for couples who have been previously married in a civil ceremony. They are now making a commitment in the sight of the Catholic Community, entering into a covenanted relationship, not just with each other, but also with God and God's people, the Church.

These couples have been married anywhere from a few months to many years and some already have children. This type of preparation can also be beneficial for the couple who has lived together for an extended period of time.

If you would like to get your Marriage validated within the eyes of the Catholic Church, please call our Parish Office for more information, and/or to [RSVP](#) for our upcoming Convalidation Program, scheduled for: **Saturday, March 2, 2024 from 8:45am-5:00pm. Cost=\$120/couple**

***Call our Parish Office at: 562-424-8595 to RSVP** as soon as possible, as spots fill up quickly!

•WEEKLY MASS INTENTIONS

Book Mass Intentions via Website, E-mail or by Phone. (+ indicates deceased) Send requests at least 2 weeks in advance, to be listed. Some names may not reflect below, due to early print deadlines or last-minute requests.

Sat Jan 27 5:00 p.m.	86th Birthday: Elfrida Perdito Repose: +Samuel Rodriguez; +Maria Mendoza; +Samuel Rodriguez; +Maria G. Mendoza
Sun Jan 28 7:00 a.m.	Birthday: Ray Nufable; Regina Andron Thanksgiving: Solomon & Jovita Mbagwu; Delia Marujo; Sri & Ronald Schuster Special Intentions: Avery Morgia Repose: +Roy Poblete
9:00 a.m.	Thanksgiving: Bernard Biscocho; Bernard & Patty Caballero Healing: Adrian Rodriguez Repose: +Deceased members of the Pingol Family; +Lamberto Hizon; +Jake Summers; +Richard Salomon +Andres & +Juana Olano; +Cornelio Dalog; +Jose Ramos; +Ponciano Mendoza; +Trinidad Mendoza; +All Souls in Purgatory
11:00 a.m.	Thanksgiving: Sahlee Balajadia; Adam Ramirez; Eddie & Tess Liwanag Death Anniversary: +Elisa Sanjongco
12:30 p.m.	All St. Barnabas Parishioners
Mon Jan 29 7:00 a.m.	Birthday: Marilyn Eteaki; Huy Nguyen Death Anniversary: +Gabriel Lara
Tues Jan 30 7:00 a.m.	Repose: +Rey San Jose
Wed Jan 31 7:00 a.m. & 6:30 p.m.	Birthday: Brian Sapsky Repose: +Grace Gemegah Death Anniversary: +Francisco Austria OLPH Devotees 2nd Death Anniversary: +Ed Joya
Thur Feb 1 7:00 a.m. 6:30 p.m.	Death Anniversary: +Fe Medina Thanksgiving: Eucharistic Revival Team 2nd Death Anniversary: +Ed Joya
Fri Feb 2 7:00 a.m.	Thanksgiving: Christine Angeles
Sat Feb 3 7:00 a.m.	Feast of St. Blaise Birthday: Rommel Joya Thanksgiving: Eric Flores Special Intentions: Mary Rose & Mark Sy Repose: +Alexandra Gillette



ST. BARNABAS OPEN HOUSE!
9:00AM-1:00PM / SUN. JAN 28

9:00am– Mass

Pancake Breakfast in the Parish Hall

Classrooms open to view student work

Faculty & Staff on Campus



•PRAYERS FOR HEALING

List updates every 4-6 months. If you would like to be added or RE-ADDED to our prayer list, please email church@stbarnabaslb.org. Names w/asterisks denotes inclusion to St. Peregrine (patron Saint of cancer) prayer list as well.

Ken Augustine, Connie Edwards, Mary Pearson, Betty Chrysler, Kathy Wachter, Sherrie & Heather Wren, Augusto David, Barbara Hendren, Roxanne, Don, Danny & Mike Batovsky, Josh & Pam Batovsky, Cesar Giron, Robert Carambelas, Hector Gustilo, Deacon Carlito & Rose de los Reyes, Alvino Jauregui, Tina Quinn*, Bridget Vanderwerff, Carmela Chiurazzi, Eva Talastas, The Dorsey Family, MaryAnn Salas*, Ted & Terri Furlow, Maxym Velazquez, Phillip Reher, Lucy Galletes*, Elizabeth N. Gabrillo*, Lorna E Declines*, Lydia "Julie" Estrada*, Leo Ascuncion*, Sue Ann Estrada-Tumakay*, Arsenia "Paz" Estrada, Nelia N Estrada, Mario & Mely Visperas, Natividad S Fernandez, Maribella V.*, Joan Ingram*, Bridget Panek, Zoraida Ramos, Dixie Moran, Alberto Toledo, Michele Bartels, Andrea Noir, Rita Valle Moreno, Sr. Deonilda, Victor Adolfo Bracamonte, Jillian Adriano, Maria Linda Evans, Keith Wieland, Pat Madden, Arsenia "Paz" Estrada, T. McQuire, Emmanuel Sarte, Soji VS, Maria Hainey, Edwin de Lara*, Danilo Masangkay, George S*, Liza & Michael Cabrea, Katrina Sabate, Theresa Sabate, Luciano Sabate, Rose Sabate, Mary & Chris Divinaflor S., Adam Koffler, Mia*, Veda, Louie Reyes, Samuel Chavez, Juan Carlos Vincent, Gretchen Hetzler, Emma Martinez, Mary Rende & Family, Jim Moore, Josephin, Cecilio Bautista, Emily Dunn*, Elizabeth Lazarte*, Owen Maternal*, Ernesto Corpuz*, Martin Widener, Marilyn Clark*, Andrea Emilia Bernabey, Caceres Family, Richard Van Vooren, Barbara & Richard Bourque, Tom Skeren III, Nathaniel Espinoza, Gladys Roberts*, Esperanza Trujillo, Frank Battaglia, Aurora Tadic*, Julie & Franco Atienza, Agyn Atienza, John Fitzpatrick, Carolyn Skeren, Dorothy Clay, Hermelindo Chavez, Jordan, Stefan Uhlar, Christina McClure & Family, Mark Dorsey, Alice Almeida, Charito Salas, Gilberto Topete, Nathan Topete, Dania Gonzalez*, Cecilia Canchola*, Calinica Semense, Jason, Cale, Michele, Jacque, Stacey, Tecla, Marlize, Joel Ramos C., Francisco Reyes, Justina Ramos, Corkey Stillwell, Alwina Stillwell, Diane Sharp, Charles M. Mirira, Sheila Nyakio, Baby Maina, Ashley, Valentine Judy Andrade & Family Tree, Amara G. Riparip*, Abe Ubaldo, Precy de Lara, Marife de Lara, Edwin de Lara; Robert Mancilla*, Lory D., Maria A. Laurel, Maria L. Laurel, Hector Morales, Aurelio Sanchez, Manuel Torres, Matthew Herreid, Essan Labos, Patricia Pagay, Luis Figuerido, Avery Morgia, Antonio Quintero, Dixie Toledo*, Alberto Toledo*, Rodney Benjamin, Lilly Burton*, Virginia Castillo, Julio Rivera, Jackie Spiziri, Mary Ann Homan, Connie Dobberpuhl

•IN MEMORY OF

Claire Penano	Al Stillwell
Jacqueline Gegenworth	Shanise Scruggs
Maria Precilla	Erlinda Sarmiento
Ronald Bohlke	Richard Rolfson
Angela Paz	Reynaldo Gomez
Juanito (John) Cuico, Sr.	Irene Ramirez
Erma Stewart	Norma Navarro
Maura Ortiz	
Dr. Candace Davis	





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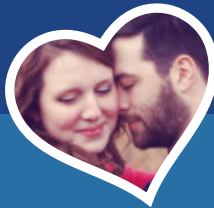


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