



**PALM
SUNDAY**



Church@StBarnabasLB.org | 562-424-8595

Year B: Reading 823

PARISH OFFICE HOURS:

Mon-Fri: 9:30am-5:00pm
Saturday: 8:30am-4:30pm
Sunday: 7:30am-2:00pm

PASTOR:

Rev. Dr. Antony Gaspar

ASSOCIATE PASTOR:

Rev. Bernard Santiago

Business Manager/Director of Liturgy:

Samanth Christi

Office Secretary: Dona Trenkle

Weekend Secretary: Andrea Marquez

Multimedia Manager: Olivia Baylen

•MASS TIMES•

Mon-Sat: 7:00am

Sat Vigil: 5:00pm

Wed: 8:00am (School Mass)
6:30pm (OLPH)

Sun: 7:00am | 11:00am
9:00am* | 12:30pm

*denotes live-stream via YouTube

•1ST FRIDAY OF THE MONTH•

Confession: 8:00am-9:00am

Adoration: 9:00am-12:00pm
5:00pm-6:00pm

Stations of the Cross: 6:00pm

Mass of Anointing: 6:30pm

•CONFESSION TIMES•

Sat: 3:30pm-4:30pm

NOVENAS / DEVOTIONS:

Tues: 7:30am (Saint Joseph)

Wed: 7:15pm (Our Lady of
Perpetual Help)

1st Sat: 7:30am (Our Lady of
Fatima)

PARISH MISSION STATEMENT

"We, the Catholic Community of Saint Barnabas Parish, are a people formed by Christ, called in Baptism and united in the Eucharist; we continue the mission of the Church in the world through Prayer, Apostolic Works, Evangelization, and Christian Stewardship."

PALM SUNDAY OF THE PASSION OF THE LORD

HOSANNA!

MARK 11:9

SAINT BARNABAS CATHOLIC CHURCH

3955 ORANGE AVE., LONG BEACH, CA 90807 | 562-424-8595 | STBARNABASLB.ORG

SUNDAY, MARCH 24, 2024

MARK YOUR CALENDAR / EVENTS:

03/23-03/24: Collecting Easter Lilies

03/24: NO Coffee & Holy Donuts

03/24: PALM SUNDAY

03/24-3/30: Holy Week (See full schedule on page 6)

03/25-03/27: Passion Play Rehearsal/6pm/Church

03/28: NO Bible Study on this date only

03/31: EASTER SUNDAY

04/04: Online Bible Study/7pm/Zoom (last lesson)

04/13: KofC Rummage Sale/8am-3pm/Basketball Parking Lot



OUR PATRON, SAINT BARNABAS

Barnabas sacrificed himself to be instrumental in God's cultivation of His Church. Paul makes specific mention of the fact that Barnabas, who willingly impoverished himself in the interests of the Church, labored with his own hands to support himself on his missionary journeys. In Acts 4:36, Luke translates Barnabas to mean "son of encouragement" or "son of consolation." The original Greek word rendered "encouragement," *paraklesis*, means encouragement, consolation, comfort, exhortation and entreaty. It may be that the Apostles who gave Joseph the name Barnabas, saw all of these qualities in his character.

PARISH MINISTRIES

Adoration Coordinator	Faye R
Altar Servers (Youth)	Erika M
Baptism (Infants)	Jay G
Boy Scouts Pack 32 Cub Scouts Pack 32	Laura L Chris C
Bulletin/Website/Social Media/Publications	Olivia B
Coffee & Holy Donuts	Bill M
Cornerstone Crew	Dave A
Couples for Christ	Roy R/Faye R
Divine Mercy Apostolate	Itima E
Eucharistic Revival	Brian S
Extraordinary Ministers of Holy Communion	David S (Church) Helen C (Homebound)
Filipino-American Association	Joey K
Girl Scouts Troop #4283	Jessica C
Holy Name Society	Bob F
I.T. Resource Team	David A
Knights of Columbus #3449	Greg C
Lectors	Marina C
Legion of Mary	Helen C
Liturgical Music	Cynthia T
Maintenance	Reggie V
Marian Cenacle M.M.P.	Mary C S/Mary S
Ministry of Consolation	Susan C
Our Lady of Perpetual Help Novena	Armando P Gigi L
Our Lady Queen of Peace	Tricia J
Planning/Building Team	Sean F
Quinceañera Coordinator	Sandra S
RCIA/Adult Sacraments	Andrea M/Susana M
Respect Life	Robert K
Sacristans	Sahlee B/Armando P
Safeguard the Children	Elizabeth C
Ushers & Greeters	Darrell S
Wedding Rehearsal Coordinator	Deb R
Worship Environment	Parish Office

For **MINISTRY INQUIRIES**,
or to view our complete listing,
please visit:
www.stbarnabaslb.org/ministries
or call our Parish Office.

PARISH REGISTRATION

We encourage you to register as a Parishioner. To be an "Active" member at our Parish, is to participate in the life of prayer and stewardship. Being a parishioner enables a person to be eligible to sponsor a child for Baptism, to receive financial aid for Catholic Education, to be Married in the Parish, book a Funeral/Memorial Mass and to prepare one's children for the Sacraments. All adults over the age of 21, living with their parents or on their own, are encouraged to register as well. Visit our website to register!

FAKE TEXT MSG/SPAM E-MAILS

If you received a text message or E-Mail claiming it's from Fr. Antony and/or Staff, asking for money, gift cards or asking for your help, **THIS IS A HOAX! PLEASE IGNORE SUCH MESSAGES (pretending to be our Priest or Staff)** Don't reply to them and immediately delete it. Please ALERT the Parish Office. Thanks for your cooperation.



SUN: COFFEE & DONUTS

Coffee and Holy
Donuts will be
served this Sunday:



**NO COFFEE
AND DONUTS
THIS SUNDAY!**

Inquiring about Infant Baptisms,
Weddings, Funerals, & Anointing of the
Sick, please call the Parish Office:
562-424-8595

FINANCIAL BLESSINGS

03/10/24: \$ 7,108.85
03/17/24: \$ 7,277.00

Faith-Direct
Bi-Weekly
Contribution: \$ 9,041.28
Period: 02/16– 02/29

Thanks for your prayerful giving. Your donation supports the operations of our Parish. Pre-pandemic, we would average \$10,000+ weekly. Please consider increasing your donation amount. Thanks for your help & generosity.

Monthly Flower Donors for Tabernacle & Blessed Mother:

**Lilia
Palaganas**

March 23~28



ALTAR FLOWERS SPONSOR(S):

No Sponsor this week.

Contact the Parish Office
If you would like to
sponsor Altar Flowers



SPIRITUAL COMMUNION: My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

ST. BARNABAS SCHOOL



Office: (562) 424-7476
Fax: (562) 981-3351
3980 Marron Avenue
Long Beach, CA 90807

Principal: Jennifer Kellam
jkellam@stbarnabas.school
www.school.stbarnabaslb.org

PRE-SCHOOL / DAYCARE

Main: (562) 988-8481

RELIGIOUS EDUCATION & CONFIRMATION

Office: (562) 988-6855

1130 Marshall Place
Long Beach, CA 90807
(Office located upstairs of Parish Center)

Interim R.E. Coordinator: **Sandra Solis**
562-988-6855 Office
religioneeducation@stbarnabaslb.org

Confirmation/Youth Ministry Coordinator:
Emmanuel Magallanes
213-948-7762 cell/text
confirmation@stbarnabaslb.org
youthministry@stbarnabaslb.org

Weekly Prayer



Sunday's Readings

First Reading:

I have set my face like flint,
knowing that I shall not be put to shame. (Is 50:7)

Psalm:

My God, my God, why have you abandoned me? (Ps 22)

Second Reading:

He humbled himself,
becoming obedient to the point of death,
even death on a cross.
Because of this, God greatly exalted him. (Phil 2:8-9)

Gospel:

They brought him to the place of Golgotha
—which is translated Place of the Skull—. (Mk 15:22)

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Live The Liturgy Inspiration of the Week

The crowds of Jerusalem beautified the path of Jesus as he came into the city, offering their own cloaks in homage. Let us make way in our hearts for the King as we enter into Holy Week.

Observances for the week of March 24, 2024

Sunday: Palm Sunday of the Passion of the Lord,
Holy Week begins

Thursday: Holy Thursday [Reading: 824](#)

Friday: Good Friday [Reading: 825](#)

Saturday: Holy Saturday [Reading: 826](#)

Next Sunday: Easter Sunday [Reading: 827](#)



Saint of the week

St. Toribio Romo González was a Mexican priest and martyr from Jalisco in the early 1900's. He's known for his strong devotion to the Eucharist and catechesis to the poor. During a time of religious persecution in Mexico, government troops shot and killed him.

Prayer for Palm Sunday

Blessed be your name, oh Lord my God! As we enter this week of your Passion and Death, keep me in lockstep with you. Help me to be attentive to every word you would have me hear, every lesson you would have me learn. I want to journey with you. Amen.



Worship & Meditation

Readings for the week of March 24, 2024

Sunday:

Mk 11:1-10 or Jn 12:12-16/Is 50:4-7/
Ps 22:8-9, 17-18, 19-20, 23-24 (2a)/
Phil 2:6-11/Mk 14:1-15:47 or 15:1-39

Monday:

Is 42:1-7/Ps 27:1, 2, 3, 13-14/Jn 12:1-11

Tuesday:

Is 49:1-6/Ps 71:1-2, 3-4a, 5ab-6ab, 15 and 17/Jn 13:21-33, 36-38

Wednesday:

Is 50:4-9a/Ps 69:8-10, 21-22, 31 and 33-34/Mt 26:14-25

Thursday:

Chrism Mass: Is 61:1-3a, 6a, 8b-9/Ps 89:21-22, 25 and 27/Rv 1:5-8/Lk 4:16-21
Evening Mass of the Lord's Supper:
Ex 12:1-8, 11-14/Ps 116:12-13, 15-16bc, 17-18
(see 1 Cor 10:16)/1 Cor 11:23-26/Jn 13:1-15

Friday:

Is 52:13-53:12/Ps 31:2, 6, 12-13, 15-16, 17, 25 (Lk 23:46)/Heb 4:14-16; 5:7-9/
Jn 18:1-19:42

Saturday:

Easter Vigil: Gn 1:1-2:2 or 1:1, 26-31a/Ps 104:1-2, 5-6, 10, 12, 13-14, 24, 35 (30) or Ps 33:4-5, 6-7, 12-13, 20-22 (5b)/Gn 22:1-18 or 22:1-2, 9a, 10-13, 15-18/Ps 16:5, 8, 9-10, 11 (1)/Ex 14:15-15:1/ Ex 15:1-2, 3-4, 5-6, 17-18 (1b)/Is 54:5-14/Ps 30:2, 4, 5-6, 11-12, 13 (2a)/Is 55:1-11/Is 12:2-3, 4, 5-6 (3)/Bar 3:9-15, 32-4:4/Ps 19:8, 9, 10, 11 (Jn 6:68c)/Ez 36:16-17a, 18-28/Ps 42:3, 5; 43:3, 4 (42:2)/Rom 6:3-11/Mk 16:1-7

Next Sunday:

Acts 10:34a, 37-43/Ps 118:1-2, 16-17, 22-23 (24)/Col 3:1-4 or 1 Cor 5:6b-8/Jn 20:1-9 or Mk 16:1-7

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Gospel Meditation

Encourage Deeper Understanding of Scripture

A few months before they married, my twenty-three-year-old sister and her fiancé planned a cross-country road trip to visit his family. My parents told them that they could only go if they slept in separate hotel rooms, offering to foot the bill. It might sound prudish, but my parents wanted the young couple to understand that their approaching unity was close, but not yet. Patience solidifies love.

What could this possibly have to do with Palm Sunday? It's usually overlooked, but the Gospels tell us that, after entering Jerusalem, Jesus **"looked around ... and since it was late, went out to Bethany with the twelve"** (Mk 11:11) for the night. Who cares? Why include this detail? Jews in those days believed that the new Davidic King would one day re-enter and "marry" the city. A new future marked by fidelity would begin for God's people. Israel's God would be in union with His people forever. Without over-sexualizing the metaphor, perhaps Jesus refused to sleep in Jerusalem to remind us of his marital purpose. He was entering Jerusalem as the bridegroom-king. It was almost time, but not yet. Soon he will sleep in Jerusalem in the tomb and then something new will begin: his one body, his Church.

Lenten challenge: This Holy Week, I challenge you to keep this image in your mind all the way until Easter Sunday: Jesus is the faithful bridegroom who patiently prepares his bride for their new life together. Go to the Good Friday liturgy and kiss the cross. When you do, let that gesture be the long-awaited "I do" to our faithful God, who always waits for us.

— Father John Muir



Palm Sunday: Trusting the Lord



WORK OF MERCY: Forgive Injuries

THE GRACE I SEEK: to trust that Jesus is with me and is transforming my life even in my suffering

IN THE NAME OF THE FATHER, AND OF THE SON, AND OF THE HOLY SPIRIT. AMEN.

Pause for a few moments, and allow yourself to become aware of Jesus' gift of himself in the Eucharist. Realize that, at this very moment, the Lord of Life is gazing upon you with great love. Allow yourself to receive his loving gaze. You are his beloved child. Rest in his loving gaze.

Thank Jesus for the gift of himself in the Eucharist.

ASK FOR THE GRACE: Jesus, help me to trust you even when I am suffering.

SCRIPTURE MEDITATION — Read slowly, 3–4 times. Allow the words of Scripture to wash over your mind and heart. Allow the Holy Spirit to speak to you through this passage.

"The LORD God is my help, therefore I am not disgraced; therefore I have set my face like flint, knowing that I shall not be put to shame." (Isaiah 50:7)

REFLECTION QUESTION — Allow yourself to sit with these questions for a while, being attentive to how the Lord is speaking in your heart.

Identify an area of your life where you feel shame or humiliation. Give this to the Lord, and ask how he wants to take away your disgrace. How does he want to be your "help" in the midst of this suffering, just as Isaiah says?

SCRIPTURE MEDITATION — Read slowly, 3–4 times. Again, allow the words of Scripture to wash over your mind and heart. Let the Holy Spirit speak to you through this passage.

"When the great crowd that had come to the feast heard that Jesus was coming to Jerusalem, they took palm branches and went out to meet him, and cried out: 'Hosanna! Blessed is he who comes in the name of the Lord, the king of Israel.'" (John 12:12–13)

REFLECTION QUESTION — Allow yourself to sit with these questions for a while, being attentive to how the Lord is speaking in your heart.

Coming into Jerusalem, Jesus was met with enthusiasm by those who would soon petition for his death. However, he wholeheartedly forgave them all on the Cross. Identify one person in your life whom Jesus is inviting you to forgive. Offer this person to the Lord in a concrete way, asking for the grace to unite your pain with his own pain on the Cross.

Remain in silence with the Lord. Allow him to speak in the silence, in your heart. Receive his presence. If it helps, write down what you sense the Lord communicating to you during this time of prayer.

CLOSING PRAYER — Almighty ever-living God, who as an example of humility for the human race to follow caused our Savior to take flesh and submit to the Cross, graciously grant that we may heed his lesson of patient suffering and so merit a share in his Resurrection. Who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen. (Collect, Palm Sunday)

SUNDAY MASS CONNECTION — At every Mass, Jesus offers himself to the Father for us. We can always join our own offerings with Jesus at Mass. This Sunday, offer your desire to unite your humiliations and pain with the Lord's in his sacrifice on the Cross.

LOVE IN ACTION — Many saints and spiritual writers have encouraged an examination of your day, each day, as a central part of the spiritual life. It is not only a way to see how the Holy Spirit is moving in your life and how well (or not so well!) you are responding, but it is also a beautiful opportunity to forgive those who may have hurt you in some way. Try working an examen into your daily routine, and make it a way to forgive any hurts or injuries others may have inflicted on you throughout the day so you can live in greater freedom and peace.



HOLY WEEK SCHEDULE

Saturday Vigil PALM SUNDAY	5pm (Blessing of Palms/Procession) 7am 9am 11am 12:30pm
HOLY THURSDAY	7am: Morning Prayers (No Mass) 7pm: Mass of the Last Supper 8:30pm-10:45pm: Adoration & Night Prayers
Candle Procession to the Hall	
GOOD FRIDAY	7am: Morning Prayers (No Mass) 12pm: Stations of the Cross 12:30pm: Good Fri. Liturgy 3pm: Meditation- 7 last words of Jesus 5pm: Stations of the Cross 5:30pm: Good Fri. Liturgy 7:30pm: Re-enactment of the Passion of the Lord
Special Holy Land Collection	
HOLY SATURDAY	7am: Morning Prayers (No Mass) 7:30pm: Easter Vigil
EASTER SUNDAY	7am 9am 11am 12:30pm

•WELCOME TO ST. BARNABAS! NEW PARISHIONERS OR RE-REGISTERED

- Maria Elena Rios & Family
- Joseph & Christina Balelo & Family

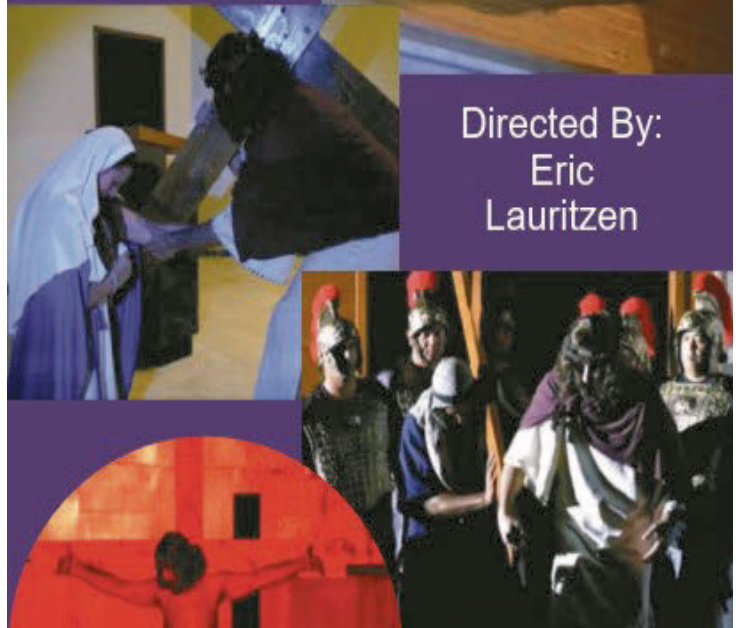
Welcome

Living Stations of the Cross PASSION PLAY

On
Good
Friday
At
7:30pm



Directed By:
Eric
Lauritzen



Cast:
St. Barnabas
Parishioners

•WEDDING ANNIVERSARIES ♥

03/17: Edgar & Aura Quinsay (40yrs)



GET FEATURED IN OUR BULLETIN!

If you would like to celebrate your Wedding Anniversary, by featuring it in our bulletin, please E-mail us your full names, year you're celebrating, along with your wedding anniversary date to: church@stbarnabaslb.org, ATTN: BULLETIN

•FILIPINO-AMERICAN ASSOC.**NEW ELECTED OFFICERS 2024-2026****President:** Joey Kennett**Vice-President:** Cipi Mejilla**Secretary:** Gladys Diaz**Asst. Secretary:** Manife Chan**Treasurer:** Leda Kennett**Asst. Treasurer:** Feleeh Tuazon**Auditor:** Ching Dalog**Parish Council Rep:** Armando Pablo**Spiritual Directors:** Fr. Antony Gaspar & Fr. Bernard Santiago**Advisors:**

Armando Pablo

Lilia Refuerzo

Marina Cuico

Venelyn Duldulao

**•FR. BERNARD'S BIBLE STUDY****THURSDAY NIGHT BIBLE STUDY IS BACK!**

Join Fr. Bernard's Bible Study Sessions for **8-Weeks starting on Feb. 8th from 7:00pm-8:30pm**. You can join thru your computer or phone by visiting this link:

<https://zoom.us/j/99174147604>

Meeting ID: 991 7414 7604

Password: 3955

For more info, visit our webpage:

<https://stbarnabaslb.org/bible-study/>

Join our Bible Study Group's Facebook page:

[Facebook.com/groups/biblestudy1b](https://www.facebook.com/groups/biblestudy1b)

Mobile: +1-669-900-6833, 99174147604#, #, 3955#



We will be studying the **Books of Leviticus, Numbers & Deuteronomy for 8-weeks only**, so get your bibles & computers ready! Sessions are **ONLINE ONLY!**

•SAFEGUARD THE CHILDREN**DID YOU KNOW? March 23 & 24**

A child may not be able to verbalize when he or she is being abused, but certain signs may prompt caregivers to take a closer look. Red flag behaviors may include a sudden change in behavior, like a child hating something he previously liked, or changing eating habits. Children suffering from abuse may become increasingly moody, aggressive, or depressed, or secretive and defensive.

For more red flag behaviors, read the VIRTUS® article "Being Attentive to Children and Youth" at lacatholics.org/did-you-know/.

ST. BARNABAS

RUMMAGE

SALE

April 13th

8:00am ~ 3:00pm

Behind the Church

Donations Accepted

For more info, call James:

(562) 221-3296

ST. BARNABAS CHURCH | 3955 ORANGE AVENUE, LONG BEACH, CA 90807

Blessed

is the king who comes in the name of the Lord! Peace in heaven and glory in the highest."

Luke 19:38

Hosanna TO THE KING OF KINGS

Saint Anthony High School 50th Reunion -

The classes of '74 and '75 are planning their 50th reunion on July 20, 2024 at the Old Ranch Country Club in Seal Beach.



E-mail to: 50threunion2024@gmail.com for more information.

**OUR LADY OF PERPETUAL HELP**

+ Has resumed every Wednesday evening

- 6:15pm: Rosary or Petitions etc.
- 6:30pm: Evening Mass
- 7:00pm: Silent Adoration
- 7:15pm: OLPH Novena
- 7:30pm: Benediction

•WORSHIP ENVIRONMENT TEAM

LOOKING FOR VOLUNTEERS

We are currently in need of more volunteers to join our Worship Environment Team! If you love decorating and want to help making our Church beautiful for upcoming events, holidays, feast days, etc. please call our Parish Office at: **562-424-8595** or E-Mail to: **church@stbarnabaslb.org** if you are interested. Our Team works hard and we are looking for a group who can dedicate some free time on a regular basis! So if you are called and would like to share your time, talent and treasure in this Ministry, contact us!

•ALTAR FLOWER SPONSORS

SPONSOR FLOWERS FOR A WEEK

Sponsor our weekly Altar Flowers in honor of a loved one, or special occasion, call the Parish Office at: 562-424-8595 or E-mail: **church@stbarnabaslb.org** to book your week. Suggested Donation/Cost: \$100-\$125 — this includes a Mass Intention date of your choosing & bulletin spotlight. (depends on availability)



DONATE EASTER LILIES!

To help our Altar look festive, we will collect Easter Lilies on the weekend of March 23-24. Drop-off Lilies by the Baptismal Font.

•TAX CONTRIBUTION REQUESTS

TAX LETTERS / CHURCH CONTRIBUTIONS

If you would like to obtain a copy of your yearly **2023** Church Contributions, please e-mail us at: **church@stbarnabaslb.org** (preferred, that way we can E-mail your copy faster).

**TAX
INCENTIVES**

You can also call our Parish Office and leave your full name, address & phone number and we can mail them out. **We will not be sending them out automatically.** These records may or may not reflect some fundraising donations. We can certainly modify your totals, just let us know. Or better yet, also refer to your own bank statements to accompany with your Church contributions. Thanks for your patience and your continued support to our Parish. **Faith Direct Subscribers, Together in Mission and Called to Renew Donors: It will be mailed to you directly!**



Be There When God Moves

July 17-21, 2024, thousands of passionate Catholics will gather for a transformative experience on a scale this generation has never seen.

Whether you join us for one day or all five, the grace you receive will spill out into our community when you return home—deeply in love with the Eucharist and excited about the future of the Church in America. Scan the code or to learn more about the event and explore the full schedule for each day.

The more people who register at once, the lower the cost becomes! Contact our parish office for more information about registering with your fellow parishioners.



eucharisticcongress.org

Package # 1 – “All Inclusive” \$3,000

- 5-Day Discounted Congress Pass
- Roundtrip Airfare from LAX
- Transportation Airport to/from Hotel
- Hotel Accommodations
- Breakfast
- Daily Transportation to/from Event Venues



Package # 2 – “DIY” \$300

- 5-Day Discounted Congress Pass
- You book your own travel & accommodations

CONTACT BRIAN: brian.sapsky@yahoo.com



COME WITH EXPECTANT FAITH...

Let God exceed your expectations.



Liturgical Life

(PRACTICING) CATHOLIC

The Whole Story

The Bible is a strange book.

It's one of the only books that most people never read in its entirety, even those who claim it as one of their favorites. It's also one of the only books that we feel comfortable chopping up and sectioning out. There's nothing wrong with that, really, until people start making wholesale judgments of divine revelation based on one tiny part of it. You can't base your belief system on a few lines from Leviticus and ignore the Gospels, just like you can't embrace the teachings of Jesus and ignore the Old Testament. You need to accept the whole story, in its entirety, or none of it means anything.

But it's hard, because accepting the whole story means patience. It means critical thinking. It requires endurance. It's easier just to throw a line from Leviticus at a problem and be done with it.

Holy Week reminds us that salvation history is a tapestry, not a collection of threads. As beautiful as the individual stitches might be, you won't appreciate the message unless you back up and look at the complete product. If we didn't have the whole story, Holy Thursday and Good Friday would be neither holy nor good. And without Holy Week, Easter morning means nothing — it's just a guy waking up.

How often in life do we find ourselves confused to the point of hopelessness, unable to make sense of it all? Overwhelmed by the pain and suffering that exists in this world, and for seemingly no reason. Some of us become so frustrated we throw up our hands and despair.

We need Easter. We need the whole story. We need to be patient.

"His disciples did not understand this at first, but when Jesus had been glorified they remembered that these things were written about him and that they had done this for him." — John 12:16

- Colleen Jurkiewicz Dorman

Why do we do that? Catholic Life Explained

Question:

Do Catholics always need to receive communion in wafer form, or can it be different kinds of bread?

Answer:

In the Roman Rite of the Catholic Church, the most common form for the eucharistic bread is the small white communion "wafer" that is a ubiquitous part of the Catholic Mass. The instructions of the Church have been very specific regarding the make-up of the bread used in the Mass: "The bread used in the celebration of the Most Holy Eucharistic Sacrifice must be unleavened, purely of wheat, and recently made ... it follows therefore that bread made from another substance, even if it is grain, or if it is mixed with another substance different from wheat to such an extent that it would not commonly be considered wheat bread, does not constitute valid matter for confecting the Sacrifice and the Eucharistic Sacrament" (see *Redemptionis Sacramentum* by the Congregation for Divine Worship and the Discipline of the Sacraments, no. 48).

The Church's tradition of using a wheat-based bread is based on the bread that Jesus would have used at the Last Supper and is considered to be an essential part of the "matter" of the Sacrament of the Eucharist.

As we consider the question of whether a "wafer" — which is properly called a "host" — should be used, we also must keep in mind that in the Eastern Rites of the Catholic Church, leavened (i.e. "raised") bread is more often used. And so, while the thin, white "wafer" is most commonly used in the Roman Rite of the Church, the full expression of the Catholic tradition does allow for a more substantial form of bread to be used, but the tradition of using a simple wheat bread with no other additions or additives is considered essential.

•WEEKLY MASS INTENTIONS

Book Mass Intentions via Website, E-mail or by Phone. (+ indicates deceased) Send requests at least 2 weeks in advance, to be listed. Some names may not reflect below, due to early print deadlines or last-minute requests.

Sat Mar 23 5:00 p.m.	Thanksgiving: Nina Pasamonte; Venelyn Duldulao Special Intentions: Bry Atas Repose: +Ethel Castro; +Florentino Tibayan Sr.; +Manuel Tibayan
Sun Mar 24 7:00 a.m.	All St. Barnabas Parishioners
9:00 a.m. PALM SUNDAY	18th Birthday: Owen Pyott Repose: +Guillermo Romero; +Esteban Joya; +Maria Luisa & +Leonora Vergara; +Alan Bagnor
11:00 a.m.	Thanksgiving: Parish Office Staff & Volunteers
12:30 p.m.	Repose: +Dr. Richard, +Eileen, & +Greg Lake; +Russell Bradford
Mon Mar 25 7:00 a.m.	Repose: +Darwin Arayata; +Anthony San Pedro
Tues Mar 26 7:00 a.m.	Birthday: Keemya Dorosti; Juan Marquez Jr.
Wed Mar 27 7:00 a.m.	OLPH Devotees Repose: +Jose Palaganas; +Carlos San Pedro; +Lydia Montoya
& 6:30 p.m.	Death Anniversary: +Trinidad Medina; +Maria Limbaga Special Intentions: Michelle Tran & Family Repose: +Religiosa Cajayon; +All Souls
Thur Mar 28	HOLY THURSDAY (no a.m. Mass)
Fri Mar 29	GOOD FRIDAY (no a.m. Mass)
Sat Mar 30	HOLY SATURDAY (no a.m. Mass)



PRAYER



FASTING



ALMSGIVING

•R.C.I.A.

PRAY FOR OUR CANDIDATES AND ELECTS

During this spiritual time of Lent, let us pray for all our Catechumens and Candidates who will be receiving their Sacraments soon.

<u>CATECHUMENS</u>	<u>CANDIDATES</u>
Cassandra Aim	Rozlyn Aguilar
Allan Bowman	William Aguilar
Leslie Gossard	Michael Arango
Angela Henkel	Mary Elenez
	Luis Garcia
	Margarita Kleinman
	Christina Nava

Lord, we pray for those in the RCIA process who journey to you. Strengthen their faith. Open their hearts to the fullness of your love. Deepen their understanding. Set their hearts on fire for the kingdom of God. We ask this through Jesus, who is the Way, the Truth, and the Life for all. —Amen.

•PRAYERS FOR HEALING

List updates every 4-6 months. If you would like to be added or RE-ADDED to our prayer list, please email church@stbarnabaslb.org. Names w/asterisks denotes inclusion to St. Peregrine (patron Saint of cancer) prayer list as well.

Ken Augustine, Connie Edwards, Mary Pearson, Betty Chrysler, Kathy Wachter, Sherrie & Heather Wren, Augusto David, Barbara Hendren, Roxanne, Don, Danny & Mike Batovsky, Josh & Pam Batovsky, Cesar Giron, Robert Carambelas, Deacon Carlito & Rose de los Reyes, Alvino Jauregui, Tina Quinn*, Bridget Vanderwerff, Carmela Chiurazzi, Eva Talastas, The Dorsey Family, MaryAnn Salas*, Ted & Terri Furlow, Maxym Velazquez, Phillip Reher, Lucy Galletes*, Elizabeth N. Gabrillo*, Lorna E Declines*, Lydia "Julie" Estrada*, Leo Ascuncion*, Sue Ann Estrada-Tumakay*, Arsenia "Paz" Estrada, Nelia N Estrada, Mario & Mely Visperas, Natividad S Fernandez, Maribella V.*, Joan Ingram*, Bridget Panek, Zoraida Ramos, Dixie Moran, Alberto Toledo, Michele Bartels, Andrea Noir, Rita Valle Moreno, Sr. Deonilda, Victor Adolfo Bracamonte, Jillian Adriano, Maria Linda Evans, Keith Wieland, Pat Madden, Arsenia "Paz" Estrada, T. McQuire, Emmanuel Sarte, Soji VS, Maria Hainey, Edwin de Lara*, Danilo Masangkay, George S*, Liza & Michael Cabrea, Katrina Sabate, Theresa Sabate, Luciano Sabate, Rose Sabate, Mary & Chris Divinaflor S., Adam Koffler, Mia*, Veda, Louie Reyes, Samuel Chavez, Juan Carlos Vincent, Gretchen Hetzler, Emma Martinez, Mary Rende & Family, Jim Moore, Josephin, Cecilio Bautista, Emily Dunn*, Elizabeth Lazarte*, Owen Maternal*, Ernesto Corpuz*, Martin Widener, Marilyn Clark*, Andrea Emilia Bernabey, Caceres Family, Richard Van Vooren, Barbara & Richard Bourque, Tom Skeren III, Nathaniel Espinoza, Gladys Roberts*, Esperanza Trujillo, Frank Battaglia, Aurora Tadic*, Julie & Franco Atienza, Agyn Atienza, John Fitzpatrick, Carolyn Skeren, Dorothy Clay, Hermelindo Chavez, Jordan, Stefan Uhlar, Christina McClure & Family, Alice Almeida, Gilberto Topete, Nathan Topete, Dania Gonzalez*, Cecilia Canchola*, Calinica Semense, Jason, Cale, Michele, Jacque, Stacey, Tecla, Marlize, Joel Ramos C., Francisco Reyes, Justina Ramos, Corkey Stillwell, Alwina Stillwell, Diane Sharp, Charles M. Mirira, Sheila Nyakio, Baby Maina, Ashley, Valentine Judy Andrade & Family Tree, Amara G. Riparip*, Precy de Lara, Marife de Lara, Edwin de Lara, Robert Mancilla*, Maria A. Laurel, Maria L. Laurel, Hector Morales, Aurelio Sanchez, Manuel Torres, Matthew Herreid, Patricia Pagay, Luis Figuerido, Avery Morgia, Dixie Moran*, Alberto Toledo*, Rodney Benjamin, Lilly Burton*, Virginia Castillo, Julio Rivera, Jackie Spiziri, Mary Ann Homan, Connie Dobberpuhl, Jan Karsko, Jeanine Chester*, Zuzana Vikrutova, Arturo Garcia, Eric Van Vooren, Michael Periat

•IN MEMORY OF

Juanito (John) Cuico, Sr.
Erma Stewart
Maura Ortiz
Dr. Candace Davis
Al Stillwell
Shanise Scruggs
Erlinda Sarmiento
Richard Rolfson
Reynaldo Gomez

Irene Ramirez
Norma Navarro
Conception Sagum
Mannie Ortega
Hector Gustilo
Socorro Dones
Gloria Dorsey
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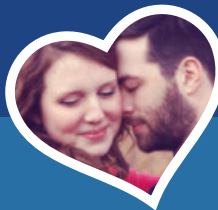


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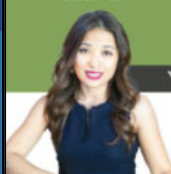
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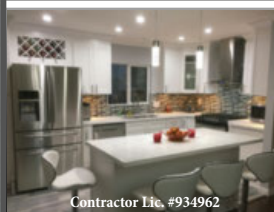
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