



Church@StBarnabasLB.org | 562-424-8595

Year B: Reading 914

PARISH OFFICE HOURS:

Mon-Fri: 9:30am-5:00pm
Saturday: 8:30am-4:30pm
Sunday: 7:30am-2:00pm

PASTOR:

Rev. Dr. Antony Gaspar

ASSOCIATE PASTOR:

Rev. James Dass

Business Manager/Director of Liturgy:

Samanth Christi

Office Secretary: Dona Trenkle

Weekend Secretary: Andrea Marquez

Multimedia Manager: Olivia Baylen

•MASS TIMES•

Mon-Sat: 7:00am

Sat Vigil: 5:00pm

Wed: 8:00am (School Mass)

6:30pm (OLPH & Adoration)

Sun: 7:00am | 11:00am

9:00am* | 12:30pm

*denotes live-stream via YouTube

•1ST FRIDAY OF THE MONTH•

Confession: 8:00am-9:00am

Adoration: 9:00am-12:00pm

5:00pm-6:00pm

Stations of the Cross: 6:00pm

Mass of Anointing: 6:30pm

•CONFESSION TIMES•

Sat: 3:30pm-4:30pm

NOVENAS / DEVOTIONS:

Tues: 7:30am (Saint Joseph)

Wed: 7:00pm (Our Lady of
& Adoration) Perpetual Help)

1st Sat: 7:30am (Our Lady of
Fatima)

PARISH MISSION STATEMENT

"We, the Catholic Community of Saint Barnabas Parish, are a people formed by Christ, called in Baptism and united in the Eucharist; we continue the mission of the Church in the world through Prayer, Apostolic Works, Evangelization, and Christian Stewardship."

SAINT BARNABAS CATHOLIC CHURCH

3955 ORANGE AVE., LONG BEACH, CA 90807 | 562-424-8595 | STBARNABASLB.ORG

SUNDAY, AUGUST 25, 2024



MARK YOUR CALENDAR / UPCOMING EVENTS:

08/24-08/25: 2nd Collection—National Needs Combined Collection

08/25: Breakfast Fundraiser/8am-11am/Parish Hall/\$10 per plate

08/26: Youth Ministry/7pm/Parish Center

09/01: Fil-Am Assoc General Mtg/5pm/Potluck/Parish Hall

09/02: Labor Day Holiday! Parish Office & School closed!

09/07: Line Dance Class/9am-10am/Parish Hall/\$5-donation

09/08: Happy Birthday to Our Blessed Mother!

09/20-09/22: Save the Date! Encounter at Jericho Retreat/Workshop

OUR PATRON, SAINT BARNABAS

Barnabas sacrificed himself to be instrumental in God's cultivation of His Church. Paul makes specific mention of the fact that Barnabas, who willingly impoverished himself in the interests of the Church, labored with his own hands to support himself on his missionary journeys. In Acts 4:36, Luke translates Barnabas to mean "son of encouragement" or "son of consolation." The original Greek word rendered "encouragement," *paraklesis*, means encouragement, consolation, comfort, exhortation and entreaty. It may be that the Apostles who gave Joseph the name Barnabas, saw all of these qualities in his character.

PARISH MINISTRIES

Adoration Coordinator	Faye R
Altar Servers (Youth)	Erika M
Baptism (Infants)	Jay G
Boy Scouts Pack 32 Cub Scouts Pack 32	Laura L Chris C
Bulletin/Website/Social Media/Publications	Olivia B
Coffee & Holy Donuts	Bill M
Cornerstone Crew	Dave A
Couples for Christ	Roy R/Faye R
Divine Mercy Apostolate	Itima E
Eucharistic Revival	Brian S
Extraordinary Ministers of Holy Communion	David S (Church) Helen C (Homebound)
Filipino-American Association	Joey K
Girl Scouts Troop #4283	Jessica C
Holy Name Society	Bob F
I.T. Resource Team	David A
Knights of Columbus #3449	Reggie V
Lectors	Marina C
Legion of Mary	Helen C
Liturgical Music	Cynthia T
Maintenance	Reggie V
Marian Cenacle M.M.P.	Mary C S/Mary S
Ministry of Consolation	Susan C
Our Lady of Perpetual Help Novena	Armando P Gigi L
Our Lady Queen of Peace	Tricia J
Planning/Building Team	Sean F
Quinceañera Coordinator	Sandra S
RCIA/Adult Sacraments	Andrea M/Susana M
Respect Life	Robert K
Sacristans	Sahlee B/Armando P
Safeguard the Children	Elizabeth C
Servants of the Eucharist	Rose M/Bernie M
Ushers & Greeters	Darrell S
Wedding Rehearsal Coordinator	Deb R
Worship Environment	Parish Office
Youth Ministry	Manny M

For **MINISTRY INQUIRIES**,
or to view our complete listing,
please visit: www.stbarnabaslb.org/ministries or call our Parish Office.

PARISH REGISTRATION

We encourage you to register as a Parishioner. To be an "Active" member at our Parish, is to participate in the life of prayer and stewardship. Being a parishioner enables a person to be eligible to sponsor a child for Baptism, to receive financial aid for Catholic Education, to be Married in the Parish, book a Funeral/Memorial Mass and to prepare one's children for the Sacraments. All adults over the age of 21, living with their parents or on their own, are encouraged to register as well. Visit our website to register!

FAKE TEXT MSG/SPAM E-MAILS

If you received a text message or E-Mail claiming it's from Fr. Antony and/or Staff, asking for money, gift cards or asking for your help, **THIS IS A HOAX! PLEASE IGNORE SUCH MESSAGES (pretending to be our Priest or Staff)** Don't reply to them and immediately delete it. Please ALERT the Parish Office. Thanks for your cooperation.



SUNDAY BREAKFAST!

**BREAKFAST
FUNDRAISER
AT THE
PARISH HALL!
8AM ~ 11AM**

Inquiring about Infant Baptisms,
Weddings, Funerals, & Anointing of the
Sick, contact our Parish Office at:
562-424-8595 or church@stbarnabaslb.org

FINANCIAL BLESSINGS

08/11/24: \$ 6,836.00
08/18/24: \$ 5,518.14



Faith-Direct
Bi-Weekly
Contribution: \$ 7,398.53
Period: 07/16- 07/31

Thanks for your prayerful giving. Your donation supports the operations of our Parish. Pre-pandemic, we would average \$10,000+ weekly. Please consider increasing your donation amount. Thanks for your help & generosity.

Monthly Flower Donors for Tabernacle & Blessed Mother:

**Roger & Tess
Solis**

August 17~31



ALTAR FLOWERS SPONSOR(S):

Requested by: Cynthia Tan

**Thanksgiving for:
Holy Family Choir**

August 19-25



SPIRITUAL COMMUNION: My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

ST. BARNABAS SCHOOL



Office: (562) 424-7476
Fax: (562) 981-3351
3980 Marron Avenue
Long Beach, CA 90807

Principal: Jennifer Kellam
jkellam@stbarnabas.school
www.school.stbarnabaslb.org

PRE-SCHOOL / DAYCARE

Main: (562) 988-8481

RELIGIOUS EDUCATION & CONFIRMATION

Office: (562) 988-6855

1130 Marshall Place
Long Beach, CA 90807
(Office located upstairs of Parish Center)

Interim R.E. Coordinator: **Sandra Solis**
213-645-6396 cell/text
religiouseducation@stbarnabaslb.org

Confirmation Coordinator: **Sr. Lieu Nguyen**
Religious Ed Office
562-988-6855 (leave a message)
confirmation@stbarnabaslb.org

Weekly Prayer

Sunday's Readings

First Reading:

"Therefore we also will serve the LORD,
for he is our God." (Jos 24:18)

Psalm:

Taste and see the goodness of the Lord. (Ps 34)

Second Reading:

This is a great mystery,
but I speak in reference to Christ and the church.
(Eph 5:32)

Gospel:

Simon Peter answered him, "Master, to whom shall we go?
You have the words of eternal life." (Jn 6:68)

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Live The Liturgy Inspiration of the Week

Many followers of Jesus could not accept his teachings. To those that remained, he posed a simple question: "Do you also want to leave?" He asks us the same, every moment of every day. Let us answer with confidence, in all that we do: "Only you have the words of eternal life."

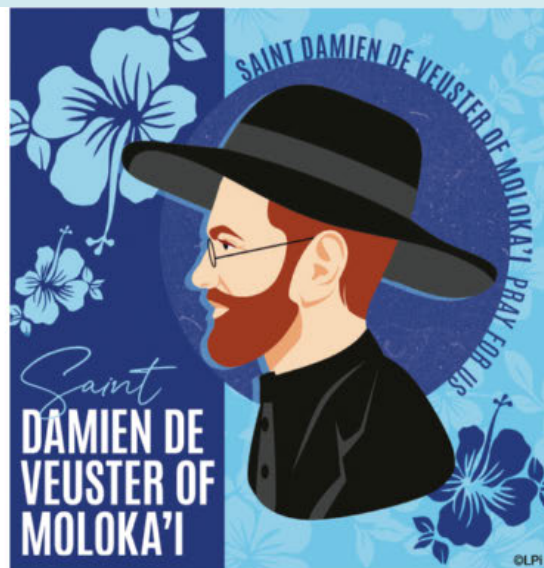
Observances for the week of August 25, 2024

Sunday:	21st Sunday in Ordinary Time
Tuesday:	St. Monica
Wednesday:	St. Augustine, Bishop and Doctor of the Church
Thursday:	The Passion of St. John the Baptist
Next Sunday:	22nd Sunday in Ordinary Time

•AUGUST 24TH & 25TH

2ND SPECIAL COLLECTION: NATIONAL NEEDS COMBINED COLLECTION

Catholic University of America, Catholic Communications Campaign (CCC), and Catholic Home Missions Appeal (CHMA), Catholic Relief Services Collection



Saint of the week

St. Damien de Veuster of Moloka'i (1840-1889) cared for the physical, medical, and spiritual needs of those exiled to the leper colony on the Hawaiian island of Moloka'i. His life of service shed light on the effects of this devastating disease and allowed people to see those afflicted with it with more compassion and love.

HFC BREAKFAST FUNDRAISER!!!

**SUNDAY: AUGUST 25TH
8:00AM-11:00AM | HALL**

\$10 Per Plate

Pancakes

Eggs

Bacon or Sausage

Juice & Coffee

Fruit



Hosted by:
Holy Family Choir

Proceeds will go toward St. Barnabas & school needs for children in India.

•BULLETIN SUBMISSIONS

ATTENTION TO ALL MINISTRIES

If your Ministry has a special event coming up or meeting announcement, *(once approved by the Parish Office)* please send to Bulletin Editor by Monday, to be included for that weekend's issue. Thank you.

Readings for the week of August 25, 2024

Sunday:

Jos 24:1-2a, 15-17, 18b/Ps 34:2-3, 16-17, 18-19, 20-21, 22-23 (9a)/Eph 5:21-32 or 5:2a, 25-32/Jn 6:60-69

Monday:

2 Thes 1:1-5, 11-12/Ps 96:1-2a, 2b-3, 4-5/Mt 23:13-22

Tuesday:

2 Thes 2:1-3a, 14-17/Ps 96:10, 11-12, 13/Mt 23:23-26

Wednesday:

2 Thes 3:6-10, 16-18/Ps 128:1-2, 4-5/Mt 23:27-32

Thursday:

1 Cor 1:1-9/Ps 145:2-3, 4-5, 6-7/Mk 6:17-29

Friday:

1 Cor 1:17-25/Ps 33:1-2, 4-5, 10-11/Mt 25:1-13

Saturday:

1 Cor 1:26-31/Ps 33:12-13, 18-19, 20-21/Mt 25:14-30

Next Sunday:

Dt 4:1-2, 6-8/Ps 15:2-3, 3-4, 4-5 1a/Jas 2:1-5/Jas 1:17-18, 21b-22, 27/Mk 7:1-8, 14-15, 21-23

LOOKING FOR A VOLUNTEER WHO CAN TEACH ENGLISH FOR A FEW HOURS...

**VOLUNTEER
NEEDED**

**PLEASE CONTACT
OUR PARISH OFFICE
AT: 562-424-8595 IF AVAILABLE**



Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.
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Worship & Meditation

•WEDDING ANNIVERSARIES ♥

08/07: Eddie & Ann Soledad (3yrs)

08/07: James & Mary Kay Teahan (32yrs)

08/15: Margarito & Felipa Rodriguez (43yrs)

08/17: Leslie & Clare Alejandrino (50yrs)

08/18: Phong & Zeny Quiloan (44yrs)

08/18: Joe & Monica Ahle (40yrs)

08/24: Chris & Merret Dorsey (30yrs)

08/28: Marty & Lory Dumo (22yrs)



WE WANT TO CELEBRATE WEDDING ANNIVERSARIES!

If you would like to celebrate your Wedding Anniversary, by featuring it in our bulletin, please E-mail us your full names, year you're celebrating, along with your wedding anniversary date to: church@stbarnabaslb.org ATTN: OLIVIA/BULLETIN

Gospel Meditation

Encourage Deeper Understanding of Scripture

The famous Russian novelist Fyodor Dostoyevsky said, "Love in action is a harsh and dreadful thing." In the Gospel reading this week, Jesus does something harsh and dreadful — he watches his own disciples abandon him. What could possibly be loving about that?

Well, we notice the context is Jesus' teaching about eating and drinking his body and blood. His followers hear this and say, "**This teaching is difficult; who can accept it?**" (John 6:60). We shouldn't imagine we'd do anything different, because not even the ones who stay, like Peter, seem to understand what Jesus is saying. Then we hear this devastating line, "**Because of this many of his disciples turned back and no longer went about with him**" (John 6:66). Besides the night of the Last Supper, only now do Jesus' disciples abandon him. And, painfully, Jesus just lets them go.

The best way to make sense out of this is love. Jesus is God's love in action. He wants to become one with those whom He loves. He wants to love them as His own body. Yes, the oneness manifested in the Eucharist sounds harsh and dreadful because it is rooted in love which is willing to risk abandonment and separation to attain its goal: to be one body with the beloved. It is both terrifying and wonderful that Jesus will risk losing us in order to be one with us. Our response? Lord, we cannot grasp a love so great, but please help us never to abandon it, either.

— Father John Muir



BREAD OF LIFE DISCOURSE

Gospel of John - Chapter 6

Sundays July 28 – August 25, 2024

For these 5 weeks, the Gospel Readings will focus on The Bread of Life Discourse from John's Gospel in Chapter 6. Pay close attention to Jesus' teaching on the Eucharist. We encourage you to pray and reflect on the readings each week using the Eucharistic Gospel Reflection Process.

August 25th: John 6:60-69

"This saying is hard; who can accept it?"... "Does this shock you?"



BACK TO
MASS—
BY LA CATHOLICS

Visit backtomass.com to order your

FREE Back to Mass Kit



NATIONAL
Eucharistic
Revival

Walk

with One

2 Intercede

As soon as the Lord lays someone on your heart, begin to pray for them! Ask God to remove whatever obstacles are making it difficult for this person to draw closer to Christ and his Church. Pray for the grace to be able to accompany them well.

Eucharistic Examen



This Eucharistic Examen is designed to be used as part of your "Walk with One" journey (see www.eucharisticrevival.org/walk-with-one for more info). Throughout each stage of the journey, pray this examen to help you discern the path the Lord is calling you to follow in accompanying another person towards Jesus.

Take

Opening Prayer: Ask God to help you be aware of his presence, to truly encounter him, and to open your heart to the person whom Jesus is bringing to mind.

Choose a Scripture passage in which Jesus calls a person by name, and sit with it. For example:

- Mt 4:18-22 • Mk 2:13-17 • Lk 13:10-17 • Jn 15:1-17
- Mt 9:9-13 • Lk 5:1-11 • Lk 19:1-10 • Jn 20:11-18
- Mt 14:22-33 • Lk 5:27-32 • Jn 1:35-42 and 43-51 • Jn 21:15-19
- Mk 1:16-20 • Lk 10:38-42 • Jn 11:1-44 (esp. 43)

Bless

Reflect on some aspect of the Paschal Mystery: Jesus' Passion and Death, Resurrection, or Ascension.

Ask Jesus to shower his love upon the person for whom you are interceding, and pray for the courage to accompany the person in a spirit of self-giving and openness.

Break

Considering your daily and weekly routines, ask the Lord to show you how to break out of your comfort zone to make space to connect with the person for whom you have been interceding.

Invite the Holy Spirit to identify the next best concrete step, and pray in thanksgiving for the opportunity to build a new friendship.

Give

Ask the Holy Spirit to help you practice the art of listening and discern a concrete invitation you can give to your friend to draw closer to Jesus. Make a resolution about how and when you will extend this invitation.

Closing Prayer: Ask Jesus to help you keep your resolution as you journey on mission with him, making a gift of yourself for the life of the world.

"You go to the celebration of Mass, receive communion, adore the Lord and then what do you do after? You go out and evangelize. Jesus asks this of us. The Eucharist, then impels us to strong and committed love of neighbor... especially those who are poor, suffering, weary or who may have gone astray in life." POPE FRANCIS to the Organizing Committee of the National Eucharistic Congress, 6/19/23

PRAYER FOR OUR LOST SHEEP

God our Father,
You never cease to seek out your children—the lonely, the frightened, the hurt, and the lost. We pray for all our parishioners who have been missing from our parish community and Eucharistic celebrations since COVID. Through the intercession of Mary, please pave the way for conversations and invitations that welcome them back to the Catholic Church and our St Barnabas Parish community. We trust in your love and mercy for every one of your children.
Amen.





**ONE MOTHER,
MANY PEOPLES**

SATURDAY, SEPTEMBER 7, 2024

Cathedral of Our Lady of the Angels
555 W Temple St.
Los Angeles, CA 90012

Join Archbishop José H. Gomez and representatives of the many cultures, papal orders, and fraternal service orders to pray for peace and unity through the intercession of Our Lady of the Angels, the patroness of the Archdiocese of Los Angeles.

10:00 a.m. – Procession
10:30 a.m. – Multilingual Rosary
11:00 a.m. – Mass with Archbishop Gomez

For more information go to:
lacatholics.org/one-mother-many-peoples

•MARRIAGE CONVALIDATION

WILL TAKE PLACE ON FEB. 15TH, 2025

Are you interested in participating in the Marriage Convalidation Initiative announced at Mass on July 7th as part of our Eucharistic Revival? We will assist you in your Marriage Convalidation (with little or no cost to you) so that you can receive Holy Communion. All couples who successfully complete the steps in time will participate in a community wedding convalidation ceremony and reception on February 15th. Contact the parish office for more details and to sign-up. Call: 562-424-8595 or e-mail: church@stbarnabaslb.org

•INTERESTED IN OUR FAITH?

RITE OF CHRISTIAN INITIATION FOR ADULTS

Do you know someone who is interested in the Catholic faith? Are you Catholic, but have never been confirmed? Would you just like to know more about your Catholic faith? Or are you from another denomination and what to explore and embrace the Catholic Faith? **R.C.I.A.**, Rite of Christian Initiation for Adults, may be what you are looking for. This fall classes begin **SOON** from 7pm-9pm. If you are interested or know of someone who is interested, please email our RCIA Coordinators, Andrea & Susana at: StBarnabasRCIA@gmail.com

*****REGISTRATION IS CURRENTLY OPEN*****
562-335-4429 (text only)

HOLY HOURS OF HEALING

ADDICTION - MENTAL HEALTH - CANCER



- Eucharistic Adoration & Benediction
- Sacrament of Anointing of the Sick
- Trusting in God for Healing
- Candle Lighting Ritual

When: Monday, August 26th

St. Maria Goretti Catholic Church
3954 Palo Verde Avenue
Long Beach, CA 90808

Please join us for a Holy Hour of Healing on Monday August 26th from 6:30pm to 7:30pm in the Church. There will be Eucharistic Adoration & Benediction followed by the Sacrament of Anointing of the Sick for those struggling with addiction, mental health, and cancer.



Sponsored by:
The Fil-Am Association

**DID YOU MISS OUR
LAST CLASS???**

**JOIN US FOR OUR
NEXT ONE!!!**

*Call Marina at 562-254-8133
For more info!*

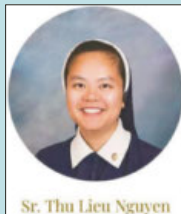
**Bring your hats and your boots (not required)
and come learn how to line dance!!!**

NEXT CLASS: SATURDAY, SEPT. 7TH
1-Hour Lesson from 9:00am-10:00am
Parish Hall | No experience necessary
Donation: \$5

Subject to change at any time.

•CONFIRMATION REGISTRATION REGISTRATION IS STILL OPEN!!!

Registration is now open for Confirmation. If you would like to sign-up your Child for the program, please contact our Religious Education Dept. at **562-988-6855** (leave a message) or E-mail to: confirmation@stbarnabaslb.org to collect your information.



Sr. Thu Lieu Nguyen

Sister Lieu Nguyen from Lovers of the Holy Cross will be leading the program this year! **She will be available for sign-ups after all Masses in August at the Parish Hall.** We are so excited to have her teach our Confirmation Students! Welcome to St. Barnabas Parish!!!

•LOOKING FOR VOLUNTEERS FOR RELIGIOUS ED & CONFIRMATION

Is the Holy Spirit calling you to serve and help with our Religious Ed Children and Confirmation Teens? We are looking for the following help:

- Catechists
- Teachers Assistants
- Help in the Religious Ed Office
- Retreats, and more...

Call our Religious Ed Office or E-mail us!



Let's CONGRATULATE & PRAY for the following Students who recently graduated from High School & College!



Janet A. Garcia

Cal State University Monterey Bay
Bachelor of Arts in Environmental Studies & minor in Environmental Science

Kayla R. Long

Cal State University Fullerton
Bachelor of Arts in Business Administration w/ concentration in Marketing

Taylor M. Dorsey

Cal State University Long Beach
Masters in Public Administration & Public Policy w/High Honors

Natalie Dueñas

Diploma: St. Anthony High School
Attending: Long Beach City College

Emily Molina

Diploma: Long Beach Poly High School
Attending: University of Southern CA

Diego Campbell

Diploma: St. Anthony High School
Attending: Loyola Marymount University

Isabella Villa-Quintero

Diploma: Long Beach Poly High School
Attending: Univ. of CA Berkeley

Tyler Cazares

Diploma: St. Anthony High School
Attending: College of the Desert CA



If you'd like to add your Child's name, please e-mail the following info to our Bulletin Editor: obaylen@stbarnabaslb.org

St. Barnabas Religious Education



**EARLY
REGISTRATION
HAS ENDED.
YOU CAN STILL
SIGN-UP!!!**

Dear St. Barnabas, Religious Education Parents:

Register your child(ren) now for next years' Religious Education sessions:

- If your child is making their First Holy Communion in May 2024, we provide Faith Formation studies for them up to 8th grade, which will prepare them and get them ready for the Confirmation program that starts in 9th grade. (The cost for Faith Formation is \$100.00.)
- If your child was in their first year of First Holy Communion preparation, they are ready to start their second year of preparation. (The cost for 2nd Year Communion is \$175.00.)
- If your child is in 1st through 7th grade, and you are interested in enrolling them in their first-year preparation for First Holy Communion. (The cost for 1st Year Communion is \$125.00.)

To keep our prices from increasing for next year's sessions, we are asking that you register your child(ren) early. Early registration is from April 14th through June 25th, 2024. Please call the Rel. Ed. Office at (562) 988-6855 for more information or to set up an appointment, or go on the church's website at church@stbarnabaslb.org to sign up. There will be a \$25.00 late fee applied to the prices above for all registrations after June 25, 2024. That being said, we do offer family discounts.

The 2024-2025 Religious Education Program starts on **September 22, 2024**



3-Day Silent Women's Retreat

Join your sisters in Christ for a refreshing and peaceful weekend with the Carmelite sisters.

Signing up is easy. Go to

www.sacredheartretreathouse.com to register.

OR E-mail Helen Cajayon: azcajason@yahoo.com

SEPTEMBER 13-15, 2024

SACRED HEART RETREAT CENTER

Please call Tina Gath-Sacred Heart Retreat District Captain (562)481-2301 or Deborah Rollinger-Sacred Heart Retreat District Co-Captain at (562)537-3457 if you have questions or need assistance in registering.

OUR LADY OF GOOD HEALTH SHRINE
VELANKANNI



TOMB OF ST. THOMAS
CHENNAI



INDIA *Pilgrimage and Sightseeing*

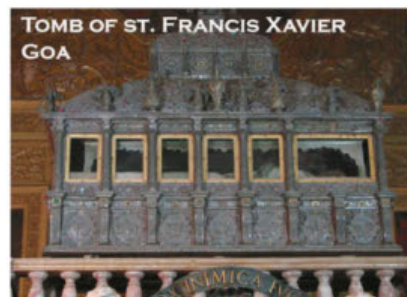
TAJ MAHAL
AGRA



AMBER FORT
JAIPUR



TOMB OF ST. FRANCIS XAVIER
GOA



JANUARY 8TH - 22ND, 2025

SPIRITUAL DIRECTOR

FR. ANTONY GASPAR

ST. BARNABAS CATHOLIC CHURCH
LONG BEACH, CA



VIEW
COMPLETE
DETAILS ON
OUR WEBSITE!

**Itinerary is
subject to change
without prior
notice.*

TRIP PRICE: \$4,999.00
LAND + AIR + TAX

Contact Parish Office:
562-424-8595 or
church@stbarnabaslb.org

REGISTRATION FORM

DEPOSIT DUE: 15TH SEPTEMBER 2024
COMPLETE PAYMENT DUE: 30TH OCTOBER 2024

NAMES AS SHOWN ON PASSPORT: (PLEASE PRINT)

1. _____ 2. _____

ADDRESS: _____

PHONE: _____ E-MAIL: _____

ROOM ACCOMODATION: DOUBLE ROOMS ONLY. SINGLE ROOM WILL BE
CHARGED EXTRA. (APPROX. \$600) ALLERGIES: _____

ROOMMATE: _____

PLEASE SUBMIT THE FOLLOWING:
REGISTRATION FORM; COPY OF PASSPORT ID PAGE; DEPOSIT PAYMENT OF \$1500 PER PERSON

ADDRESS: 3955 ORANGE AVE, LONG BEACH, CA 90807

ENROLLMENT AND PAYMENT FOR THIS TOUR CONSTITUTES YOUR ACCEPTANCE OF THE PROGRAMS TERMS AND CONDITIONS

SIGNATURE(S): 1. _____ 2. _____



Bulletin Insert – Who’s Keeping Score?

The motto of the Marine Corps is *Semper Fidelis* - always faithful. Marines never leave anyone behind, to the point of laying down their lives for each other. They serve with a willingness to sacrifice all without counting the cost. Similarly, in marriage, each spouse is called to sacrifice by voluntarily putting the needs of the other above their own. St. Paul calls this “mutual subordination” to one another. Love doesn’t hold anything back, present or future.

Even though this can be difficult to live out, when one spouse has difficulties, the other picks up the slack out of love. Couples are called to sacrificial love like Jesus because love doesn’t keep score. The couple sacrifices for their marriage because they are better together and joined by mutual respect and trust. In this way, the couple embodies the love of Christ and his Church and becomes an image of God’s love on earth.

Marriage is a partnership. Two are united as one, creating a sense of “us-ness” that is greater than either person. Rather than a 50/50 split of child-raising, housework, and finances, it’s a 100/100 split of each giving their all for each other and the family. So when money is tight, nights are long, or schedules are stressful, don’t keep score. Instead, let Jesus on the cross show you how to love without counting the cost.

“Christ dwells with them, gives them the strength to take up their crosses and so follow him, to rise again after they have fallen, to forgive one another, to bear one another’s burdens, to ‘be subject to one another out of reverence for Christ,’ and to love one another with supernatural, tender, and fruitful love.” – Catechism of the Catholic Church #1642



St. Lorenzo Ruiz - Patron Saint of the Philippines, Migrants, and Separated Families



St. Lorenzo Ruiz was born in 1596 to a Filipino mother and Chinese father. Raised in Manila, Lorenzo served his parish, had a strong devotion to the rosary, and wound up marrying a woman named Rosario! The happy couple lived a peaceful, prayerful life with their two sons and one daughter. The daily lessons and prayer life they practiced as a family strengthened them for the crosses ahead.

In 1636, Lorenzo was falsely accused of killing a Spaniard and was forced to flee to Japan. Shortly after arriving in Nagasaki, Lorenzo and the priests he was with were arrested by the shogunate, brutally tortured for their faith, and martyred. Although he was tempted to renounce his faith, Lorenzo’s last words were “Had I one thousand lives, all of these I would give to God.”

Lorenzo and Rosario faced many terrible challenges that couples experience even to this day: racism, separation, loss of a spouse, forced migration, persecution for the faith. They can be great intercessors for couples and families to persevere in times of hardship.

Reflection questions for couples:

- What crosses do we carry as a couple, or as a family? How does our faith help us carry those crosses?
- How do we pray as a couple, or as a family? How can we strengthen our prayer life to imitate the Ruiz’s?

Reflection questions for parents and children:

- Most people in our state will never have to face death for our beliefs, but we all have to make sacrifices sometimes for our family. Which sacrifices are especially hard for you?
- How does it feel when you generously do something nice for someone in your family? How do you think it makes them feel?

Scan to Learn More!



•WEEKLY MASS INTENTIONS

Book Mass Intentions via Website, E-mail or by Phone. (+ indicates deceased) Send requests at least 2 weeks in advance, to be listed. Some names may not reflect below, due to early print deadlines or last-minute requests.

Sat Aug 24 5:00 p.m.	Birthday: Leonard Gutierrez Repose: +Eliseo Manarez
Sun Aug 25 7:00 a.m.	Special Intentions: Avery Morgia; Ana & Bruce Burlingame & Family Repose: +Flora & +Nicanor Campano
9:00 a.m.	All St. Barnabas Parishioners & Volunteers
11:00 a.m.	Birthday: Clare Alejandrino (80th) 50th Wedding Anniversary: Leslie & Clare Alejandrino Healing: George Rodriguez; Owen Maternal Repose: +Bonifacio Avancena; +Hermenia Avancena; +Francis Avancena; +Darwin Arayata 40th Day: +Rosalie Reyes
12:30 p.m.	Special Intentions: Esperanza Ybarra & Siblings Repose: +Dante & +Beatriz Unas; +Primitivo & +Marcela Cahilig; +Dante Cahilig; +Lydia Unas; +Illuminada & +Roberto Pascual; +Antonina Cabugwas; +Concepcion Cabugwas; +Soledad & +Celestino Ramirez; +Dorothea Rillo; +Francisco Tecsan Death Anniversary: +Porferia Permejo
Mon Aug 26 7:00 a.m.	Birthday: Louie Peregrino Repose: +Alice Watson Death Anniversary: +Olympia Cruz
Tue Aug 27 7:00 a.m.	Birthday: Kevin Bago; Samantha Legaspi
Wed Aug 28 7:00 a.m.	OLPH Devotees 22nd Wedding Anniversary: Marty & Lory Dumo Healing: George Rodriguez Repose: +Pete Torres
6:30 p.m.	Special Intentions: Pat Francisco; Jeremy Busuego 1st Death Anniversary: +Mike Enriquez
Thur Aug 29 7:00 a.m.	Repose: +Flora & +Nicanor Campano 40th Day: +Chris Jarcia Sr.
Fri Aug 30 7:00 a.m.	Birthday: Jared Shields-Knox; Brian Pham; Ely Dumo Repose: +Angelina Ramos 6th Death Anniversary: +Elma Gonzaga
Sat Aug 31 7:00 a.m.	Repose: +Joseph T. Pham Thanksgiving: To all our visiting Priests



Jesus then said to the Twelve, "Do you also want to leave?" Simon Peter answered him, "Master, to whom shall we go? You have the words of eternal life. We have come to believe and are convinced that you are the Holy One of God." - Jn 6:67-69
Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

•WELCOME TO ST. BARNABAS! NEW PARISHIONERS OR RE-REGISTERED

- Enrique & Vanessa Rodriguez
- Jed Tolentino
- Alexis Padilla & Kasey Angsioco
- Chris & Jacqueline Valdez & family
- Marian Kephart



•PRAYERS FOR HEALING

List updates every 4-6 months. If you would like to be added or RE-ADDED to our prayer list, please email church@stbarnabaslb.org. Names w/asterisks denotes inclusion to St. Peregrine (patron Saint of cancer) prayer list as well.

Ken Augustine, Connie Edwards, Mary Pearson, Betty Chrysler, Kathy Wachter, Sherrie & Heather Wren, Augusto David, Barbara Hendren, Roxanne, Don, Danny & Mike Batovsky, Josh & Pam Batovsky, Cesar Giron, Robert Carambelas, Deacon Carlito & Rose de los Reyes, Alvino Jauregui, Tina Quinn*, Bridget Vanderwerff, Carmela Chiurazzi, Eva Talastas, The Dorsey Family, MaryAnn Salas*, Ted & Terri Furlow, Maxym Velazquez, Phillip Reher, Lucy Galletes*, Elizabeth N. Gabrillo*, Lorna E Declines*, Lydia "Julie" Estrada*, Leo Ascuncion*, Sue Ann Estrada-Tumakay*, Arsenia "Paz" Estrada, Nelia N Estrada, Mario & Mely Visperas, Natividad S Fernandez, Maribella V.*, Joan Ingram*, Bridget Panek, Zoraida Ramos, Michele Bartels, Andrea Noir, Rita Valle Moreno, Sr. Deonilda, Victor Adolfo Bracamonte, Jillian Adriano, Maria Linda Evans, Keith Wieland, Pat Madden, Arsenia "Paz" Estrada, T. McQuire, Emmanuel Sarte, Soji VS, Maria Hainey, Edwin de Lara*, Danilo Masangkay, George S*, Liza & Michael Cabrea, Katrina Sabate, Theresa Sabate, Luciano Sabate, Rose Sabate, Mary & Chris Divinaflor S., Adam Koffler, Mia*, Veda, Louie Reyes, Samuel Chavez, Juan Carlos Vincent, Gretchen Hetzler, Emma Martinez, Mary Rende & Family, Jim Moore, Josephin, Cecilio Bautista, Emily Dunn*, Elizabeth Lazarte*, Owen Maternal*, Ernesto Corpuz*, Martin Widener, Marilyn Clark*, Andrea Emilia Bernabey, Caceres Family, Richard Van Vooren, Barbara & Richard Bourque, Tom Skeren III, Nathaniel Espinoza, Gladys Roberts*, Esperanza Trujillo, Frank Battaglia, Aurora Tadic*, Julie & Franco Atienza, Agyn Atienza, John Fitzpatrick, Carolyn Skeren, Dorothy Clay, Hermelindo Chavez, Jordan, Stefan Uhlar, Christina McClure & Family, Alice Almeida, Gilberto Topete, Nathan Topete, Dania Gonzalez*, Cecilia Canchola*, Jason, Cale, Michele, Jacque, Stacey, Tecla, Marlize, Francisco Reyes, Justina Ramos, Corkey Stillwell, Alwina Stillwell, Diane Sharp, Charles M. Mirira, Sheila Nyakio, Baby Maina, Ashley, Valentine Judy Andrade & Family Tree, Amara G. Riparip*, Precy de Lara, Marife de Lara, Edwin de Lara; Robert Mancilla*, Maria A. Laurel, Maria L. Laurel, Hector Morales, Aurelio Sanchez, Manuel Torres, Matthew Herreid, Patricia Pagay, Luis Figueiredo, Avery Morgia, Dixie Moran*, Alberto Toledo*, Rodney Benjamin, Lilly Burton*, Virginia Castillo, Julio Rivera, Jackie Spiziri, Mary Ann Homan, Connie Dobberpuhl, Abe Ubaldo, Jan Karsko, Jeanine Chester*, Zuzana Vikrutova, Arturo Garcia, Michael Periat, Mary Sabate, Paul Heidrick, Rev. Goyo Hidalgo, Leilani Rios*, Ruben Perez, Vilma E. Arevalo*, Stephen S, Ruby S, Gwenlisa Davis, Mario Rodriguez, Opal Buchanan, Jonathan Holiday, Vincent Ratcliff, Oscar Rodriguez & Family, Pam Morog, Josefa Ballesteros*, Mary Aguilar*, Alden Hutchinson, Joyce Elizes*, Sally-Ann Thomas, Theresa Martin, Jennifer DeCoteau, Maridel Crisostomo*, Debra Hart*, Ann Primising, Helen Bauman*, Dulce D, James Cole, Johnny Rimas, Esperanza Ybarra, Rosalie Feeney, Yolanda Tañedo*, Jose Siasoyco, Froilan Avelino, Marie Passi, Mark Dorsey*, Dylan Hoyt

•IN MEMORY OF

(Who recently have passed)

Gloria Dorsey
Morris Van Vooren
Daphne Taylor
Marcella Smith
Valerie Bucio
Heriberto Rios
Khiem Nguyen
Belinda Quesada
Michael Hoff

Maria L Rivas
Irene McNaughton
Matt Castaneda
Nan Sobaski
Teresita Subala
Christina Gomez
Joel Ramos Carvajal
Eric Van Vooren
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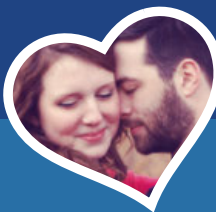
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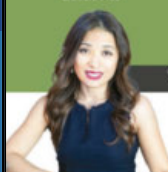
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