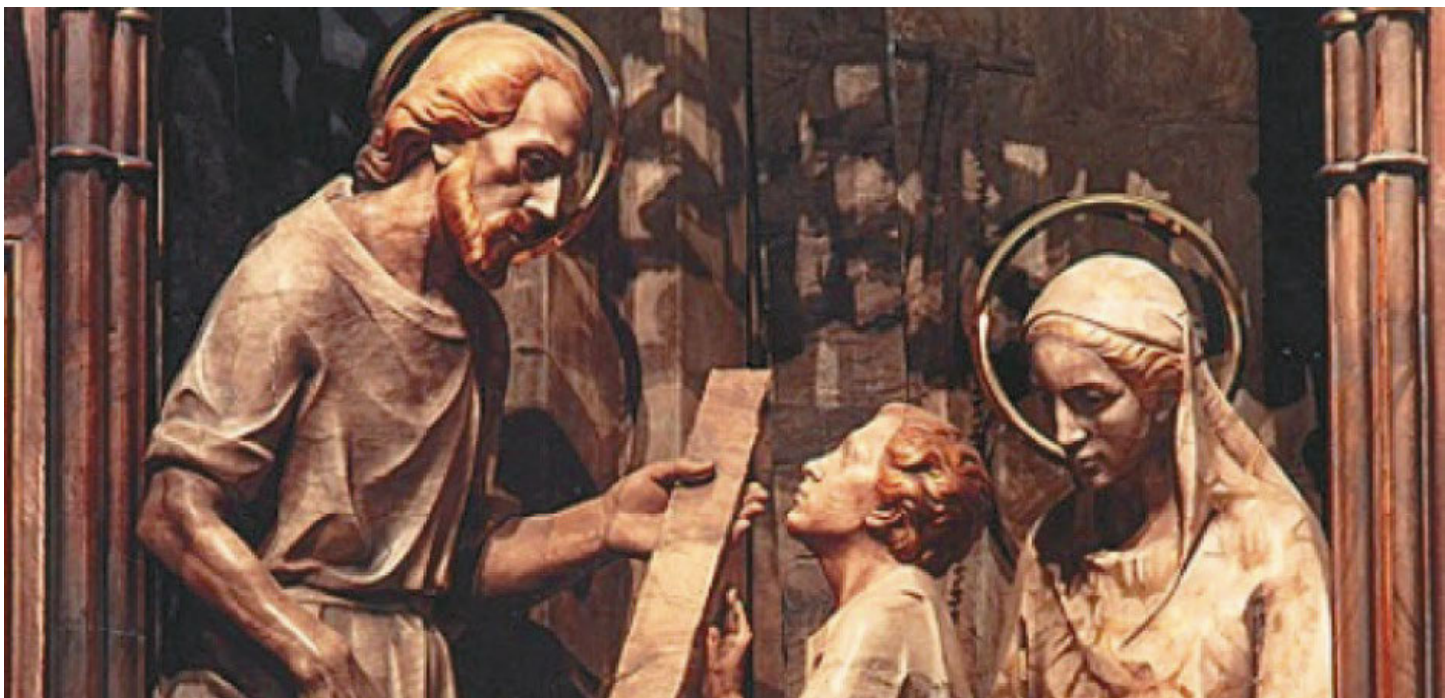


St. Elizabeth Ann Seton

Catholic Church



6646 Addicks Satsuma Road
Houston, Texas 77084
281-463-7878

www.SeasCatholic.org

Mass Schedule



Anticipated Masses (Saturday)

- 5:00 p.m. English
- 6:30 p.m. Español
- 8:00 p.m. Tiếng Việt

Sunday Masses

- 7:00 a.m. English
- 8:30 a.m. English
- 10:30 a.m. English
- 12:15 p.m. English
- 2:00 p.m. Español
- 5:30 p.m. English
- 7:30 p.m. Español

Monday—Friday

- 6:30 a.m. English
- 9:00 a.m. English

Mon., Tues. & Thurs.

- 7:00 p.m. English

Miércoles (Wednesday)

- 7:30 p.m. Español

Thứ sáu (Friday)

- 7:00 p.m. Tiếng Việt

Saturday

- 9:00 a.m. English

Confession Schedule

Monday—Friday

- 7:10 a.m.
- 6:00 p.m.—6:45 p.m.

Saturday

- 3:00 p.m.—4:30 p.m.

First Friday

- 7:10 a.m.
- 8:00 a.m.—8:45 a.m.
- 5:45 p.m.—6:45 p.m.

Daily Podcast

Fr. Reynolds records a podcast everyday, with a short meditation on the Gospel reading of the daily Mass. The message is between three-and-a-half and five minutes long, and may be downloaded from our parish website: SeasCatholic.org.

Simply go to the website, and scroll down to the icon "Pastor's Corner." Click on the icon, and you will be taken to the page with Fr Reynolds' Sunday homilies and daily podcasts.

Podcasts are available each day in both English and Spanish.

St. Elizabeth Ann Seton Church
6646 Addicks Satsuma Road
Houston, Texas 77084-1599

281-463-7878

www.SeasCatholic.org

For parish news and updates,
text: SEAS777 to 84576.

Altar Flowers

Call Patti at the parish office to sponsor flowers.

April 24 flowers in loving memory of Joaquin Meno.

St. Joseph

St. Joseph was an ordinary manual laborer although descended from the royal house of David. In the designs of Providence he was destined to become the spouse of the Mother of God. His high privilege is expressed in a single phrase, "Foster-father of Jesus." About him Sacred Scripture has little more to say than that he was a just man—an expression which indicates how faithfully he fulfilled his high trust of protecting and guarding God's greatest treasures upon earth, Jesus and Mary.

The darkest hours of his life may well have been those when he first learned of Mary's pregnancy; but precisely in this time of trial Joseph showed himself great. His suffering, which likewise formed a part of the work of the redemption, was not without great providential import: Joseph was to be, for all times, the trustworthy witness of the Messiah's virgin birth. After this, he modestly retires into the background of holy Scripture.

Of St. Joseph's death the Bible tells us nothing. There are indications, however, that he died before the beginning of Christ's public life. His was the most beautiful death that one could have, in the arms of Jesus and Mary. Humbly and unknown, he passed his years at Nazareth, silent and almost forgotten he remained in the background through centuries of Church history. Only in more recent times has he been accorded greater honor. Liturgical veneration of St. Joseph began in the fifteenth century, fostered by Sts. Brigid of Sweden and Bernadine of Siena. St. Teresa, too, did much to further his cult.

At present there are two major feasts in his honor. On March 19 our veneration is directed to him personally and to his part in the work of redemption. [This year, because March 19 is a Sunday, we celebrate St.

Continued on page 11...

Diocesan Services Fund (DSF)

The DSF supports 64 ministries that no one parish can conduct on its own. Through your support, together we can serve the sick and the poor and provide for the preparation our seminarians for the priesthood, as well as many other worthy apostolates.

Go to: archgh.org/dsf to make your pledge.

Pledge envelopes are also available in the church and at the parish office.

Lent at SEAS



Confession

Schedule on p. 2. A guide to confession on pp. 4-5.



Fish Fry

Every Friday in Lent. See p. 10.



Bible Study

Meeting Jesus in the Gospel of John. Began on Thurs., Mar. 2. See p. 12.



Way of the Cross

Every Friday in Lent. 5:00 p.m. Español; 6:00 p.m. English; 7:30 p.m. Viet.



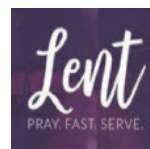
Mom's Group

FIAT begins soon. This group is for moms of all ages. See p.11.



Date Night

See the back cover for more information about our next Date Night.



Lenten Penances

The guidelines for fast and abstinence for Lent are on p. 12.



Lent Vespers

The evening prayer of the Church on Tuesdays of Lent. See p. 10.



Men's Group

Meets every Wednesday morning at 5:30 a.m. in the CLC. See p. 7.

Pasos básicos para confesarse

Antes de nuestra confesión, examinemos nuestra conciencia, pidiendo por la ayuda de Dios para conocer y arrepentir de nuestros pecados.

Penitente: Ave María Purísima.

Sacerdote: Sin pecado concebida.

Penitente: Bendígame padre porque he pecado. Hace ... de mi última confesión. Mis pecados son...

Confiesa todos los pecados desde tu última confesión.

No es necesario ilustrar detalles de lo ocurrido.

Por ejemplo: "Ofendí gravemente a mis padres de palabra" en vez de: "Íbamos en el carro y papa sacó una vieja conversación.... me habló de una novia... reaccioné....entonces..."

Confiesa tus propios pecados y no los ajenos. El confesionario no es para desahogarse contando lo que nos han hecho otros.

Sacerdote ofrece algún consejo e imparte la penitencia.

Penitente reza el Acto de Contrición, por ejemplo:

Pésame Dios mío y me arrepiento de todo corazón de haberte ofendido. Pésame por el infierno que merecí y por el cielo que perdí; pero mucho mas me pesa porque pecando ofendí un Dios tan bueno y tan grande como vos; antes querría haber muerto que haberle ofendido, y propongo firmemente ayudado por tu divina gracia, no pecar mas y evitar las ocasiones próximas de pecado. Amen

Sacerdote imparte la absolución con estas palabras: "Dios, Padre de misericordia..." y despide al penitente en paz.

Examen de Conciencia:

- ¿He rechazado o abandonado mi fe? ¿Me he preocupado por conocerla mejor? ¿La he defendido, o me he avergonzado de ella? ¿Hay algún aspecto de la fe que no acepto?
- ¿He tomado el nombre de Dios en vano? ¿He hecho espiritismo o he confiado en adivinos u horóscopos? ¿He mostrado falta de respeto por las personas, lugares o cosas santas?
- ¿He faltado voluntariamente a Misa los domingos o días de precepto?
- ¿He recibido al Señor en la Sagrada Comunión teniendo algún pecado grave en mi conciencia?
- ¿Le he recibido sin agradecimiento o sin la debida reverencia?
- ¿He sido impaciente, he tenido celos o me he enfadado?
- ¿He albergado rencores o he estado poco dispuesto a perdonar?
- ¿He sido violento con otras personas verbal o físicamente?
- ¿He cooperado o alentado a alguien a abortar, destruir embriones, a la eutanasia o a otro medio para acabar con la vida humana?
- ¿He tenido odio o he hecho juicios críticos de pensamiento o de obra? ¿He menospreciado a otros?
- ¿He hablado mal de otros?
- ¿He tomado alcohol en exceso? ¿He consumido drogas?
- ¿He mirado vídeos o páginas web pornográficas? ¿He cometido actos impuros conmigo mismo o con otras personas? ¿Vivo con alguien como si estuviéramos casados sin estarlo?
- Si estoy casado, ¿procuro amar a mi cónyuge por encima de cualquier otra persona? ¿Pongo mi matrimonio en primer lugar? ¿Y mis hijos? ¿Tengo una actitud abierta a nuevas vidas?
- ¿Permito que mi trabajo ocupe tiempo y energías que corresponden a mi familia o amigos?
- ¿He sido soberbio o egoísta de pensamiento o de obra? ¿He desatendido a los pobres o a los necesitados? ¿He gastado dinero para mi comodidad o lujo personal olvidando mis responsabilidades hacia otros y hacia la Iglesia?
- ¿He dicho mentiras? ¿He sido honesto y diligente en mi trabajo? ¿He robado o engañado a alguien en el trabajo?
- ¿Me he dejado llevar por la pereza? ¿He preferido mi comodidad personal al servicio a los demás? ¿He desatendido mi responsabilidad de acercar a los demás a Dios con mi ejemplo y mi palabra?

How to Make a Good Confession

Confession is not difficult, but it does require preparation. We should begin with prayer, placing ourselves in the presence of God, our loving Father. We seek healing and forgiveness through repentance and a resolve to sin no more.

Then we review our lives since our last confession, searching our thoughts, words and actions for that which did not conform to God's command to love Him and one another through His laws and the laws of His Church. This is called an examination of conscience.

Examination of Conscience

Ask God to help you make a good confession. In quiet reflection ask yourself: Since my last confession...

- Did I pray to God, daily and from my heart?
- Did I live and witness to my Catholic faith, joyfully & courageously? Did I take God's name in vain? Did I curse anyone or make false oaths? Did I engage in superstitious or occult practices?
- Did I attend and participate actively at Mass on Sundays and holy days of obligation? Did I fast & abstain on prescribed days?
- Did I respect people in authority? My employer? Did I honor my parents?
- Was I violent or unnecessarily aggressive (e.g., physically, verbally, psychologically, etc.) with anyone?
- Was I prideful, stubborn, or rude with anyone? Did I hold a grudge?
- Did I abuse alcohol, prescription medications, or illegal drugs? Did I overindulge in food?
- Did I consent to, recommend, advise, or actively take part in an abortion? Did I use abortifacient drugs?
- Did I view pornography, entertain lustful thoughts, conversations or actions?
- Was I unloving to my spouse? Did I engage in adulterous activity (e.g., sexual, emotional, virtual, etc.)? Did I use contraceptives?
- Was I neglectful of the spiritual, intellectual, emotional, or physical needs of my spouse, children, or family?
- Did I steal or damage another's property? Was I honest and just in my business relations? Did I waste time at work?
- Did I contribute to the needs of the spiritually and materially poor with my time and resources?
- Did I engage in gossip? Did I lie? Did I speak poorly of others? Did I judge anyone unfairly?
- Did I envy anyone? Was I jealous of others or covet another's belongings?

How to go to Confession

Before confession we examine our conscience, asking God's help to know our sins and to be truly sorry for them.

Rite of Reconciliation

Priest: In the name of the Father and of the Son and of the Holy Spirit.

Penitent: **Amen.**
Bless me, Father, for I have sinned. It has been (say how long) **since my last confession. My sins are** (confess your sins).

When you are done, the priest will give you spiritual advice and assign a penance. He will then ask you to pray an Act of Contrition, for example:

Lord Jesus Christ, Son of God, have mercy on me, a sinner.

- or -

O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of heaven and the pains of hell; but most of all because they have offended Thee, my God, Who art all good and deserving of all my love. I firmly resolve with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.

The Priest then says the Prayer of Absolution while the penitent listens. At the conclusion of the prayer, make the sign of the Cross and say, "Amen."

Priest: Go in peace
Penitent: **Thanks be to God**

Complete your penance as soon as possible. If you were given prayers to say, try to pray them in church before departing.

Parish Apostolates

American Heritage Girls

We are a ministry for girls that provides an alternative to traditional scouting programs. We are open to girls age 5-18. Girls earn badges, go camping, participate in service projects, learn servant leadership and have lots of fun all within a Christian framework. Email ahgtx1283@gmail.com for specific location at SEAS or for more information. Visit our website at: www.americanheritagegirls.org.

Canavox

Are you interested in the latest and greatest research (philosophical and sociological) regarding marriage and the family? Canavox, a reading group, discusses all topics of marriage and family, is coming to the Cypress area. Email Jennifer DellaCrosse at jdellacrosse@gmail.com for more information.

Formed.org

Free on-line faith resources are found at: Formed.org. Our parish code is: **9466ca**. Log-on for free movies, e-books, Lenten resources, and more.

Gabriel Project

Our mission is to assist women experiencing crisis pregnancies through spiritual and emotional support, practical advice and help with items for new baby. Expectant mothers in difficult circumstances should call the Pro Life Gabriel Project number: 713-225-5826. Since April 2019, SEAS GP Team has assisted over 40 little ones and their moms!

We thank everyone who has provided material or monetary donations including contributing to the Ladies Auxiliary Diaper Drive and the ACTS members and Heritage Girls participating in the Christmas celebration for the GP families.

Grief Share Support Group

Join us in this Christ-centered support group for those grieving the loss of a loved one. We meet on

the second and last Sunday of the month from 3:00 p.m. - 4:30 p.m.

Your loss may be very fresh, and you may be struggling with how to get through each day, or your loss may have been years ago, but the grief is still there. Come for any number of meetings throughout the year. Use the QR code for more information or to register, or go to the web:

www.griefshare.org/gropups/166884.



Helping Hands Ministry

We assist families in pre-planning for funerals. To schedule an appointment, please call Beth Wood at 281-413-9682. Bereavement support in the form of printed care notes specific to a family's need is provided at the time of a Funeral or Memorial Mass.

Homeschooling

Consider joining the Holy Family Homeschool Support Group in west Houston: holyfamilyhomeschoolers.org

Knights of Columbus Council 8096

As a Knight, you have the opportunity to support your parish, give back to your community, grow in your faith plus many more benefits. We meet on the first and second Wednesdays at 7:00 p.m.

Grand Knight: Tom Theriot

(tomtheriot.seas8096@gmail.com)

Deputy GK Jorge Nevares: (nevaresj@gmail.com).

Visit us at **KofC8096.org**.

Ladies Auxiliary

We assist the Knights of Columbus and promote fellowship among KC families. We may also provide support to the parish and to other organizations. Members must be female (18 years or older), and a relative of a KC member and/or a member of SEAS.

We meet on the second Tuesday of the month. Please contact: Jeanne Davis, President at 713-305-6560; Dolores Nevares, Membership Chair at 713-582-3100; or Sandy Janda, Treasurer at 281-463-1819.

Lay Carmelites

We seek to live the Gospel in our daily lives. We study and meet together once a month. For information, contact Yajaira Ayala at 832-330-6092 or Kathy Schutz at 936-203-7954.

Learn English

Free English Classes on Mondays from 9:00 a.m.—11:00 a.m. and on Tuesdays, from 7:00 p.m.—9:00 p.m. in the Family Life Center (FLC). Contact Jan Garza 832-443-4248, or by e-mail at: jan.garza@comcast.net. Participants must be 18 years of age or older. (No baby-sitting provided). Join us any week.

Nursing Ministry

The Parish Nursing ministry is comprised of health care professionals and others who have the health of our parishioners at heart. We are nurses, therapists and educators in the fields of health promotion. We work to coordinate care for parishioners in their time of need. Please call Kim (832-746-1135) for more information.

Prayer Blanket Ministry

We bring comfort to those in need of support and prayer. Small lap-sized blankets are crocheted, sewn, or knitted. The blankets are blessed by a priest, and given to those in need.

- Crochet, knit, or sew a prayer blanket;
- Donate to help defray the cost of materials;
- Donate yarn or fleece for the blankets.

For more information or to give or receive a prayer blanket, please contact Marian Salway: weare4mar@gmail.com

R.C.I.A.

The Rite of Christian Initiation for Adults (RCIA) is for people who are thinking about the possibility of becoming Catholic. It is for the unbaptized, people of other faiths or people who have been baptized Catholic but did not complete the sacraments of Initiation. We explore the beliefs of the Catholic Church and discern, over a period of many months, if they desire to become Catholic. If you are interested please call: Becky at 281-463-7878.

Respect Life Committee

For information about upcoming pro-life activities, you are invited to contact James Pinedo at his personal e-mail: jamespinedo@gmail.com or by phone at 281-912-4342.

St. Vincent de Paul Society

Thank you for your continued support of the SEAS St. Vincent de Paul Ministry (SVdP). Vincentians, direct your donations to our local community's needy. Vincentian's duties are office work- answering phone calls 1x/week on M-W-F and/or being a member of 2-person Home Visit team, who assesses individuals/family's needs. Additionally, SVdP hosts a monthly Food Drive at SEAS and partners with MESA Outreach, who distributes the food. Call our office at 281-463-4560 if you wish to volunteer.

That Man is You!

TMIY honestly addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers. The program harmonizes current social and medical science with the teachings of the Church and the wisdom of the saints to develop the vision of man fully alive! We meet on Wednesday morning from 5:30 a.m.—7:00 a.m. in the Community Life Center (CLC). Contact: Carlos Alatorre at 832-265-7708.

Apostolados Parroquiales

AMSIF

"Ven y transforma tu vida únete a las miles de mujeres que están siendo parte del cambio". Estamos aceptando nuevas participantes. Nuestro día de apertura Agosto 30, 2022 a las 9:00 am en salón FLC. Te esperamos! Para mas información contactar a Marcela Méndez (281)780-5921.

Estudio de Biblia

Esta cordialmente invitado a unirse a estudiar las Sagradas Escrituras y lo esencial de nuestra fe Católica de 12:00—2:00 p.m. en el FLC, salón: Prayer Room. Para mas información comunicarse con Guadalupe Ortiz, 281-620-8308

Grupo de Apoyo para Los Fieles en Luto

¿Sufres la pérdida de un ser querido?
¿Cómo estás haciendo para enfrentar tu dolor? Tu pérdida puede ser reciente, y quizás estas luchando para superar cada día, o tu pérdida puede haber sido años atrás, pero el dolor sigue allí.



Se ofrecen reuniones de acompañamiento en particular por Zoom una vez al mes a lo largo del año. Para más información comunícate con Dra. Mary Jove 713-855-9652

Grupo de Oración Carismático

Te invitamos al Grupo de Oración Carismático los viernes a partir de las 7:30 p.m. en el edificio Family Life Center (FLC) salón A&B. Compartimos la palabra de Dios, oramos y alabamos al Señor.

No importa dónde y cómo te encuentres en tu caminar con Dios, ven a crecer en Fe y a vivir la experiencia de una pequeña Comunidad Cristiana. Para más información contactar a Liby Alegria (713) 359-6443 o José López (832) 215-6895.

Legión de María

Contactos: Veronica Carbajal 281-302-8091; Luis Hernandez 832-533-0626; Patricia Luguenode Carrion 832-236-5291

Movimiento Familiar Cristiano Católico – USA

Inscripciones abiertas, Únete a las más de 120 familias de esta comunidad que han descubierto como mejorar su vida familiar y de pareja. Romualdo y Narcedalia Sepúlveda, Presidentes. (832)368-5457 mfcc.hse@gmail.com

Planificación Familiar Natural

Aprenden como respetar el plan de Dios por el don de fertilidad. Contactar nuestros coordinadores a JessicaBromwell88@gmail.com

Retiro de ACTS en Español para Mujeres

Queridas hermanas en Cristo, se les hace una cordial invitación a un encuentro más cercano con Dios nuestro padre. El retiro se llevará a cabo del jueves 13 al 16 de abril del 2023, en el centro de retiros Nuestra Señora del Perpetuo Socorro. Para más información comunicarse con la directora Adela Padron 832-696-3454, o colíderes Betty Flores 832-984-2295, Karina Aguilar 713-909-5133 o en la oficina parroquial. Regístrate, ¡los espacios son limitados! Con \$50.00 reserva tu lugar.

Jóvenes X Cristo

Somos un grupo de jóvenes adultos soltero(a)s entre 18-35 años que se reúnen el segundo y cuarto domingo del mes de 12:40 p.m. - 1:50 p.m. La reunión termina después de la misa de 2:00 p.m.



Compartimos temas bíblicos, catequísticas, y prácticas para los jóvenes. Lugar FLC: cuartos 4 y 5. Todos están invitados a reunir con nosotros.

ST . ELIZABETH ANN SETON

Viernes Santo

7 de Abril, 2023

12:00pm-10:00pm-Confesiones (Templo)

2:00pm - Viacrucis (Afuera)

Rezo de la Coronilla a la Divina Misericordia

(Terminando el Viacrucis en el Templo)

3:30pm- Rosario (Templo)

4:00pm- Exaltación de la Cruz

8:00pm- Exaltación de la Cruz

Procesión de la Adoración

después del servicio de 8:00pm



Youth Apostolate

Youth Groups Grupos Juveniles

Wednesdays at the Well (Grades 8-12)

- Youth Room in the CLC: March 22 & 29
- 6:30 p.m. – 8:30 p.m.

Middle School at the Well (Grades 6-7)

- March 21
- Youth Room in the CLC
- 6:30 p.m. – 8:30 p.m.
- Contact Justin: jpybus@seascatholic.org

Youth Ministry Events Eventos de Ministerio Juvenil

High School Adoration

- Mondays (Grades 8-12)
- FLC A and B
- Call for upcoming schedule.

Class Information Información de Clase

RCIA – Youth (Grades/Grados 2-12)

SAC PREP (1st Communion Grades/Grados 6 -12)

- Community Life Center (CLC)
- Monday/Lunes
- 6:15 p.m. – 8:00 p.m.

CORNERSTONE (Grades/Grados 6-12)

Confirmation I and II, 1st Communion

- April 22
- Community Life Center (CLC)
- 8:45 a.m. – 4:30 p.m.

Covecrest (High School Summer Camp) (Campamento de Verano de Secundaria)

- Tiger, Georgia
- June 18 – 25, 2023
- Accepting waiting list applications in the church office

Volunteer Opportunities Oportunidades de Voluntariado Fish Frys Pescados Fritos

- Volunteers needed on March 24 and 31
- Kitchen, Dine in, Take out Program,
- Community Life Center (CLC)
- 5:30 p.m. – 7:30 p.m.

Questions? ¿Preguntas? (281) 463-7878

- Martina Gallagher (Español)
- mglalagher@seascatholic.org
- Justin Pybus (English)
- jpybus@seascatholic.org

Fish Fry

Join us this Friday from 5:30 p.m. – 7:30 p.m. in the CLC. Dine-in or take-out. Pre-order through the parish website. Proceeds benefit the Youth Ministry.

Cada viernes, 5:30 p.m. – 7:30 p.m. en el CLC. Hay opción para llevar. Los pedidos anticipados estarán en el sitio web de la parroquia. Las ganancias benefician el ministerio juvenil.

Vespers

Join us for Vespers, the Evening Prayer of the Church, on Tuesdays during Lent, at 6:30 pm. Seminarian Carlos will lead the prayer and offer a short reflections.

Acompáñenos para el rezo de Vísperas los miércoles durante la Cuaresma. Se llevarán a las 7:00 p.m. y el seminarista Carlos las estará guiando y dando una reflexión.

Parish Apostolates

ST. ELIZABETH ANN SETON

FIAT Moms

We meet once a month on Tuesdays
 March 28, April 25, May 30 and July 25
 7:00 - 9:00 p.m.; Room #6 in the FLC.

Continued from page 7...

Walking with Moms in Need

We provide information on area resources to parents experiencing domestic violence, housing/rent, eviction, food, clothing for adults and children, child care, healthcare, school supplies, and employment counseling. Contact James Pinedo at 281-912-4342.

If you are mom or dad in need, call James Pinedo 281-912-4342 or Susie Schwartz 832-405-2554.

Men's Basketball

Young adult men of the parish are invited to join Millennial Men's Basketball. We play on Monday evenings from 7:00 p.m.—8:30 p.m. in the Cardinal DiNardo Hall (CDH) or in the Pavilion, and conclude with a group Rosary. You may contact Jimmy Ha at jimmyha@seascatholic.org or call him at the parish office (281) 463-7878. Please call or e-mail in advance for the latest schedule.

St. Joseph (cont.)

Continued from page 3...

Joseph day liturgically on Monday, March 20], while on May 1 we honor him as the patron of workmen throughout the world and as our guide in the difficult matter of establishing equitable norms regarding obligations and rights in the social order.

—Excerpted from *The Church's Year of Grace*, Pius Parsch

St. Joseph is invoked as patron for many causes. He is the patron of the Universal Church. He is the patron of the dying because Jesus and Mary were at his death-bed. He is also the patron of fathers, of carpenters, and of social justice. Many religious orders and communities are placed under his patronage.

ST. ELIZABETH ANN SETON CATHOLIC CHURCH YOUNG ADULTS 18+

JOIN US EVERY THURSDAY

7:00 PM Mass
 7:40 PM Meeting
 FLC Prayer Room

Follow us on Instagram!
 @seas_youngadults

Contact Noah Aumann for more information or to join!
 Noah Aumann
 605-877-4456

Bible Study

Bible Study - Follow Me: Meeting Jesus in the Gospel of John

Being Catholic takes more than simply believing in God or doing what he asks of us. Jesus wants us to be more than just believers—he wants us to be his disciple and friend.

To help us answer this call to deeper friendship with Christ our parish began 'Follow Me: Meeting Jesus in the Gospel of John' on Thursday March 2, at 7:00pm in the FLC, Room #8. The Bible Study will continue for 8 sessions, taking a pause the week of Cy-Fair ISD Spring Break and Holy Week. **It's not too late to join.**

Contact Terri Ivarsson at (832) 466-5554 or both@ivarsson.us for more information. We will not only benefit personally from being part of this study; this will also help us to grow in fellowship as a parish as we grow closer to Christ together.

Stewardship

March 5: Second Sunday of Lent

- Regular offertory \$ 35,527
- No second collection

March 12: Third Sunday of Lent

- Regular offertory \$ 26,163
- Catholic Relief Services \$ 7,107

Monthly Faith Direct

- Through March 13: \$ 30,191

To give on-line go to: FaithDirect.net

Parish code: **TX417**

2022 Diocesan Services Fund

- Goal \$ 227,000
- Paid \$ 32,004
- Participants 120

Abstinence

The law of abstinence requires a Catholic 14 years of age to abstain from eating meat on Fridays in honor of the Passion of Jesus on Good Friday. Meat is considered to be the flesh and organs of mammals and fowl. Also forbidden are soups or gravies made from them. Salt and freshwater species of fish, amphibians, reptiles and shellfish are permitted, as are animal derived products such as margarine and gelatin which do not have any meat taste. On the **Fri-days outside of Lent** Catholics in the US to substitute a penitential, or even a charitable, practice of their own choosing. They must do some penitential or charitable practice on these Fridays. For most people the easiest practice to consistently fulfill will be the traditional one, to abstain from meat on all Fridays of the year. **During Lent** abstinence from meat on Fridays is obligatory.

Fasting

The law of fasting requires a Catholic from the 18th to the 59th birthday to reduce the amount of food eaten from normal. The Church defines this as one meal a day, and two smaller meals which if added together would not exceed the main meal in quantity. Such fasting is obligatory on Ash Wednesday and Good Friday. The fast is broken by eating between meals and by drinks which could be considered food (milk shakes, but not milk). Alcoholic beverages do not break the fast; however, they seem to be contrary to the spirit of doing penance.

Those who are excused from fast or abstinence

Besides those outside the age limits, those of unsound mind, the sick, the frail, pregnant or nursing women according to need for meat or nourishment, manual laborers according to need, guests at a meal who cannot excuse themselves without giving great offense or causing enmity and other situations of moral or physical impossibility to observe the penitential discipline.

Prayer Groups

Friday Charismatic Prayer Group

Looking for something to refresh your soul and re-energize your spirit after a long week? You are invited to stop by Prayer Group on **Friday nights from 7:30pm to 9pm** to worship in song, listen to God's word, connect His word to your life, learn about the Saints and enjoy fellowship. All, are welcome!

For more information or to be added to our weekly email invitation which provides the location of our meeting along with the topic that will be discussed.

- Samy Ghattas at: sbghattas@gmail.com or
- Joanna Porche at: joanaporche@gmail.com

Scam Alert

Some parishioners have reported receiving text or e-mail messages from the parish clergy or staff, asking for gift cards or other forms of financial assistance.

These are scams! Be Alert! No one from the parish will ever send you a message asking for money. If in doubt, contact the clergy or staff directly by phone.

The parish office number is 281-463-7878.

Garage Sale

The Garage Sale will be on July 20-22

Items we are Not Accepting: Large Appliances, Oversized TV Armoires, Bed Pillows, Mattresses, Pull-out Sofa Bed, Car seats, Infant Carriers, Cribs, Industrial metal Desks and Filing Cabinets, Large Office Desks, Undergarments, Tube Box Televisions, Computers, Laptops, Printers, Monitors.

We will be accepting clothes. It would be helpful to mark their size with masking tape on the item, especially pants.

For more info or volunteering opportunities, please contact Lisa Morales at limorales@sbcglobal.net 713-410-3363 or Claudia at 281-726-1691

Christ the King Catholic Charismatic Group

Christ the King Catholic Charismatic Prayer Group invites you to their weekly fellowship, prayer/Bible study, praise and worship every Friday from 7:00 p.m. – 9:00 p.m. in Temp 3 room 6. Vigil night is every last Friday of the month from 10:00 p.m. – 12 midnight. Contact: sister Ukay Nnagha (346-434-3191) or sister Evelyn Chukwu (832-212-8333).

Join us for an ongoing Life in the Spirit seminar every Friday at 7:00 p.m. on ZOOM. Meeting ID: 791 091 4311
Passcode: Godsgrace

Family Adoration

A special time of Eucharistic adoration set aside for families, especially those with young children. We meet every Friday from 4:00 p.m.—5:00 p.m. in the Family life Center (FLC). We pray the Rosary and other prayers and devotions that are geared towards children.

Perpetual Adoration

You are welcome to spend time before the Lord in prayer and silent adoration. The chapel is always open, twenty-four hours a day.

We are in need of adorers at the following hours:

- Monday: 4:00 p.m.—5:00 p.m.
- Friday: Noon—1:00 p.m.;
- We always need temporary substitutes at various hours.

If you would like to make a weekly commitment for one of these hours or to be a substitute as needed, please contact: Suzanne Porter at 281-855-7235 or suzanneporter@gmail.com or Claudia Garcia (español) 281-787-7235; claugarc383@hotmail.com

Women's Morning of Recollection

We meet every fourth Saturday of the month in the church. Mass is at 9:00 a.m., followed by a preached meditation, time for confession, time for silent prayer and reflection, and a talk on some Christian virtue. The next meeting is **March 25**.

Prayer Requests

Army

Salvador E. Zapata,
Christopher Porras,
Kristin Baron,
Juan Vega Jr.
Jesse Sinfuentes,
Henry García,
Gilbert Álvarez,
Michael Wright,
Manny Hernández,
Joshua A. Chavira,
Antonio R. Delgado,
Ky V. Truong,
Juan Manuel,
Matthew Soileau,
Tony Thompson,
Michael Carty,
Jerry Morales,
Michael Hori,
Scott Pfirman,
Timothy Soto,
David Freeman,
Cameron J. Saltus,
Trevor Marshall,
Daniel Pruitt,
Joseph Nadasky,
Roosevelt Harris,
Christina González,
Evan Adams,
Janet González,
Alberto Moreno,
Victor Delgado,
Luis Rosales,
Sgt. Christopher Farías,
Louis Hendershot, Jr.
Rudy Banda III,
Elvia Ayala,
Manuel James López,
Andy Huayamave,
Sgt. Epigmenio Gómez Jr.,
Alexis Roman,
Hunter Thigpen,
Marco Hernandez,
Thomas Stovall,
Jorge Rodolfo Cantu
Darién Moore
Sgt. Erich J. Frankiewicz
Frank Gabriel Padilla Jr
Andy Alvarado
Michael McGeary
Tristan Weston
Alexander Fuentes
Erika Jaramillo
Nathaniel A. Padilla
Camacho Garcia
Arturo Paredes

Navy

Jessica López,
Matthew Rodríguez,
Christopher McMullin,
Gabriela San Martin,
Mark Riddle,
Cristian ShirI,
Sean V. Saluzzi,
Thomas Roche,
Justin J. Trudeau,
William Wilkerson,
Candy Flores,
Jonathan Hyacinth,
Alejandro Alatorre,
Jonathan Young,
Sean G. McBeth,
Justin Ryan Keyser,
Patricia Meehan.
Donovan Angevine
Adrian Garganera
Henry David Loredo
Zachary Johnson
Martin H. Campuzano

Marines

Kleber Villalva,
Jimy Perafan
Peter Tate Jr.,
Vincent Flores,
Albert García,
Jason Wood,
Joseph Mooney,
Hunter W. Moffitt,
Anetor Asibor,
Albert García ,
Sergio Perez,
Keith Breeckner,
Ricky Isaac Hernández,
Vinny Escobar,
Victor Carrión-Martínez,
Christopher Unger,
Kidany Vaquero,
Ryan DeKay,
Codie M. Barnett,
Sherry L. Sola,
Kevin Flores,
Matthew Araiza,
Jakob Murray
Nathan Durling
Ryan Durling
Michael Longpre
Angel Flores
Christian Roaro
Julian Soriano
Alejandro Soto

Air Force

Coy Daniel Incaprera,
Phillip M. Doria,
David Nordel,
Sean Huggins,
Kenzie O'Leary,
Tsg.Srg. Don Park,
Nathalie Rodríguez,
David Anthony,
Nathalie Huayamave,
Nelvin Rodríguez,
Maurice James Hardy II,
Ricardo Villalva Jr.
Daniel Araiza
Gabriel Ramirez
Briggith Linares
Andrew Johnson

National Guard

Ed Dextraze,
Tony Nies,
Jerry Torres,
Kevin Westlund,
Cynthia Tobon
Augustine R. Padilla
Collin Thigpien

Contact

Parish Office 281-463-7878

FAX: 281-463-4822

Mon-Fri 9:00 a.m.—8:00 p.m.
Saturday 8:00 a.m.—2:00 p.m.

Priests

Rev. Stephen B. Reynolds, Pastor
Rev. Innocent Okhifo
Rev. Thomas Luu Vu, C.R.M.
Rev. José Rodrigo Alonso

Deacons

Mr. Tom Jeffers
Mr. Ed Gallagher
Mr. German Godoy
Mr. Chuck Pennell
Mr. Francisco Rendon

Administration

Administrator: German Godoy
Finance Director: Linh Nguyen
Secretary: Patty Bergholtz
Scheduling: Claudia Gomez

Religious Education

Elementary/RCIA

- Becky Brumbaugh

Adolescent Catechesis

- Martina Gallagher

Youth Apostolate

- Justin Pybus

Doctrina en Español

- Lucia Rueda

Vietnamese Community

- Rev. Thomas Luu Vu, C.R.M.

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www.SeasCatholic.org

Prayer for the Sick



Tony Attardo, Austin Aponte, Laura Aguayo, Alejandro Alejo, Roberto Azucera, Monica Alvarez, Kathryn Arnst, Catherine Bryant, Mary Brandon, Jackie Babaian, Lisa Britt, Kathryn Breard, Virginia Book, Zachariah Bender, Ashley Boydan, Joseph Bonno, Marisol Carbajal, Beatrice Cotton, Juana Alvarado de Camzalex, Angela, Christopher & Christian Carasco, Sara Cabrera, Maria Campuzano, Walter & Angela Carbone, Grace Day, Janie DeLaGarza, Kathy Dunlap, Diana Diaz, De Jesus, Jose Escalante, Elsie Estrella, Bob Frasier, Lucy Fernandez, Carlos Figueroa,

Julia Garcia, Lauren Gomez, Monica Gomez, Rafael Gomez, Maria Gomez, Alfredo Gonzalez, Andrea Guardado, Ernesto Javier Gonzalez, Janeth Gonzalez, Rosemarie Gomez, Astrid, Stefany and Orlando Gomes, Lisa Hunt, Chris Johnson, Mario Jardin, Elrose Kostak, Blanca Lucio, Roseann Lara, Czarina Lee, Patricia Maner, Jesus & Susana Mayorga, Gabin & Pheove Marquez, Janie Mirales, Graciela Mora, Lenida Martinez, Henry Medlin, Serafin Mendoza, Juan Medina, Austin Mckee, Butin Ngim, Sanh Nguyen, Sandra Oravec, Emma E. Orellana,

Noah Oliver, Dolores Petrich, Ashley Perelta & baby, Mufide Rende & Family, Sam Romano, Flor Rodriguez, Ailed & Josue Romo, Anita Ruiz, Monique Ruiz, Priscilla Ruiz, Isabel Rodriguez, Erika Ruiz, Sherri Ruiz, Giselle Rodriguez, Clyde Ridgeway, Elva Rivera, Gomez Padillo de Sanchez, Ralph, Karen & Randy Sparks, Katherine E. Servin, Esther D. Salazar, Kanishka De Silva, Octavio Sanchez, Silvia Torres, Mary Turner, Sylvia Tellez, Ignacio Urvina, Angie Vazquez, Jesus David Vazquez, Juan Jose Vazquez, Tristan Weston, Dan Williamson, Nora Zetino, Santiago Zamora Jr and all others who also need our prayers.

If you know anyone who is sick or in need of prayer support, please call 281-463-7878.

Comuníquese al teléfono anterior si conoce algún enfermo que necesita el apoyo de la oración de nuestra familia parroquial.

Bulletin Information

The bulletin is published monthly. All submissions must be submitted in an MSWord document, using Century Gothic font, size nine. Please do not add any formatting to the document (bold, italics, text boxes, etc.) . All submissions are subject to editing.

The next edition of the bulletin will be the Lenten edition. **The deadline for the Easter edition is March 27.** The current plan for publication is:

- **Holy Week** (published on Mar. 25)
- **Easter Season** (April 9)

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Will you not watch one hour with me? Matthew 26: 40

40 DAYS FOR LIFE - HOUSTON

February 22 - April 2, 2023

Join with our Lord and Savior Jesus Christ for 40 days of prayer, penance and fasting outside:

Planned Parenthood abortion center – 4600 Gulf Freeway

"A fast of forty days is inspired by Sacred Scripture, especially by Jesus Christ Himself. The Gospel message calls us to conversion and to defend life. We must all work together to answer God's call. This peaceful, 40 day fasting effort gives local Catholics ample opportunity to join with people of faith around the country in doing something significant to help put an end to abortion. I encourage members of our local Church to participate in this important national event."

Daniel Cardinal DiNardo
Archbishop of Galveston-Houston

"We profess to serve the Lord of Life. We bear the name of Christ in a world obsessed by death. We have allowed 50 million innocent children to be sacrificed to the idol of "Choice"....

My soul is haunted by a question posed by one of the small handful of faithful pastors who protested the holocaust in Nazi Germany.

"He had dared to protest the murder of the Jews and had been thrown into prison. The prison chaplain was horrified to find a clergyman locked in a filthy holding cell with the drunks and the prostitutes. The chaplain cried out to his fellow pastor, "My brother, what did you do? Why are you here?" The imprisoned pastor replied, "My brother, given what is happening in our country, why aren't you here?"

"Brothers and Sisters in Christ "40 Days For Life" gives each of us the chance to witness to the love and the life of Christ.... The pastor's haunting question remains unanswered "Why aren't you here?"



The day sponsored by St. Elizabeth Ann Seton Church is Tuesday March 28th, 2023 / 7 am-7 pm

For more info on this peaceful and legal *40 Days for Life* contact:

James Pinedo at jamespinedo@gmail.com Phone: 281-912-4342

Flor at Houston Coalition for Life / Phone: 713-395-1330

Or Julie at the Archdiocese of Galveston-Houston / Phone: 713-741-8728

Please remember to follow the Archdiocesan guidelines for prayer at an abortion facility www.archgh.org/prolife

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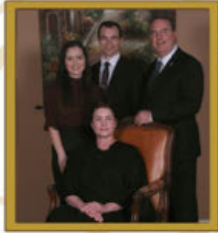


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