



OUR MOTHER OF CONFIDENCE CATHOLIC PARISH | SAN DIEGO

MASS SCHEDULE

Weekday Masses

Monday – Saturday 8:00am

Saturday Vigil Mass 5:00pm

Sunday Mass 7:30am
9:00am
11:00am
5:00pm

CONFESSION TIMES

Saturday 4:00pm

Tuesday 7:00pm

After weekday Masses

EUCCHARISTIC ADORATION

Tuesday 7:00pm

First Friday

Following Morning Mass

*Confessions are available
During Tuesday Adoration*

PARISH OFFICE HOURS

Monday - Friday

9:00am - 4:30pm

For emergency administration
of the Sacrament of the Sick,
please call 858-444-0702



3RD SUNDAY IN ORDINARY TIME

The Spirit of the Lord is upon me.
- Lk 4:18

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

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MINISTRY CORNER



Your marriage has 100% chance of success if you do it God's way.

A faith-centered marriage thrives on faith, intentional effort, teamwork, and prioritizing your spouse under God's guidance.

No matter where you are in your marriage, newlywed to empty-nesters, marriage requires on going care and attention.

Marriage is challenged by the stress and distractions of daily life and couples need to stay intentional, make thoughtful decisions, and actively invest in their relationship.

By following a purposeful path, a marriage can remain strong, safe, and deeply fulfilling.

The marriage ministry provides a supportive, faith-centered environment where couples can strengthen their relationship, can grow spiritually, and can fulfill God's vision for their marriage.

Registration to start soon. Take the step to join OMC's marriage ministry today and watch how God transforms your relationship for His glory.

Contact:
gracemarrageministry@omcsandiego.org

LITURGIES	MASS INTENTION	READINGS
Sat, Jan 25 8:00am 4:00pm 5:00pm	Conversion of St. Paul the Apostle Ketty Shashati - RIP <i>Reconciliation</i> Augusta & Dagamar Cayres - RIP	<i>Acts 22:3-16</i> or <i>Acts 9:1-22</i> <i>Ps 117:1bc, 2</i> <i>Mk 16:15-18</i>
Sun, Jan 26 7:30am 9:00am 11:00am 5:00pm	3rd Sunday in Ordinary Time Justice & Peace for Suffering Populations Maureen Reynolds - RIP Richard Stansbury - Healing Deborah Flynn – A lighted path forward	<i>Neh 8:2-4a, 5-6, 8-10</i> <i>Ps 19:8, 9, 10, 15</i> <i>1 Cor 12:12-30</i> or <i>12:12-14, 27</i> <i>Lk 1:1-14; 4:14-21</i>
Mon, Jan 27 8:00am 10:30am	Rochelle Becker – Healing Kevin Thomas Gross - Funeral	<i>Heb 9:15, 24-28</i> <i>Ps 98:1, 2-3ab, 3cd-4, 5-6</i> <i>Mk 3:22-30</i>
Tue, Jan 28 8:00am	St. Thomas Aquinas, Priest, Doctor of the Church Michael Ebipane - RIP	<i>Heb 10:1-10</i> <i>Ps 40:2 & 4ab, 7-8a, 10, 11</i> <i>Mk 3:31-35</i>
Wed, Jan 29 8:00am	Gene Smith - Healing	<i>Heb 10:11-18</i> <i>Ps 110:1, 2, 3, 4</i> <i>Mk 4:1-20</i>
Thu, Jan 30 8:00am	Della Castaneda - Birthday	<i>Heb 10:19-25</i> <i>Ps 24:1-2, 3-4ab, 5-6</i> <i>Mk 4:21-25</i>
Fri, Jan 31 8:00am	St. John Bosco, Priest Acencion Alba - RIP	<i>Heb 10:32-39</i> <i>Ps 37:3-4, 5-6, 23-24, 39-40</i> <i>Mk 4:26-34</i>
Sat, Feb 1 8:00am 4:00pm	Barbara Garner <i>Reconciliation</i>	<i>Heb 11:1-2, 8-19</i> (Ps) <i>Lk 1:69-70, 71-72, 73-75</i> <i>Mk 4:35-41</i>

SUNDAY READINGS

First Reading:

Ezra read plainly from the book of the law of God, interpreting it so that all could understand what was read. (Neh 8:8)

Psalm:

Your words, Lord, are Spirit and life. (Ps 19)

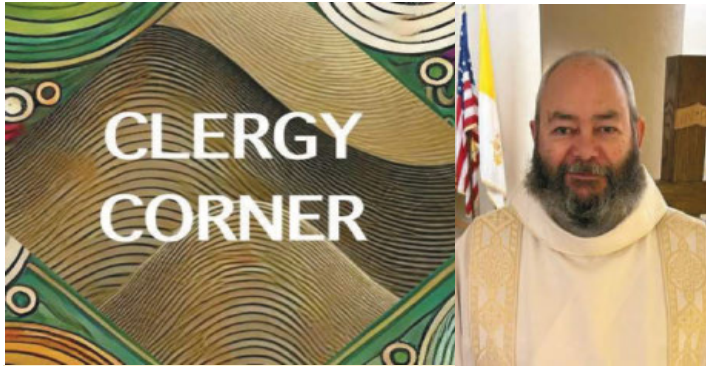
Second Reading:

For in one Spirit we were all baptized into one body, whether Jews or Greeks, slaves or free persons, and we were all given to drink of one Spirit. (1 Cor 12:12)



Gospel:

He said to them, "Today this Scripture passage is fulfilled in your hearing." (Lk 1:21)



The Creed

How often do we attend the Holy Sacrifice of the Mass and just zone out and lose track of where we are in the Mass?

Do we realize what we are saying after the silence following the homily? I admit that some of my homilies have probably put more than a few people to sleep, but we need to pay attention to what we are called to proclaim.

Many years ago, I used to train the altar servers at another parish. I would practice with them on a weekly basis, and we would walk through the entire Mass. I would stop before the Creed and tell them to pay attention to what they are saying. I would tell them, if you do not believe what you are about to say, don't say it. If you do not believe it, come and talk to me in private so we can walk together and find what is keeping you from believing in what we proclaim in the creed. I offer that to all who read this.

Deacon David Martinez

The Catechism of the Catholic Church, paragraph 185, states:

“Whoever says ‘I believe’ says ‘I pledge myself to what we believe.’ Communion in faith needs a common language of faith, normative for all and uniting all in the same confession of faith.”

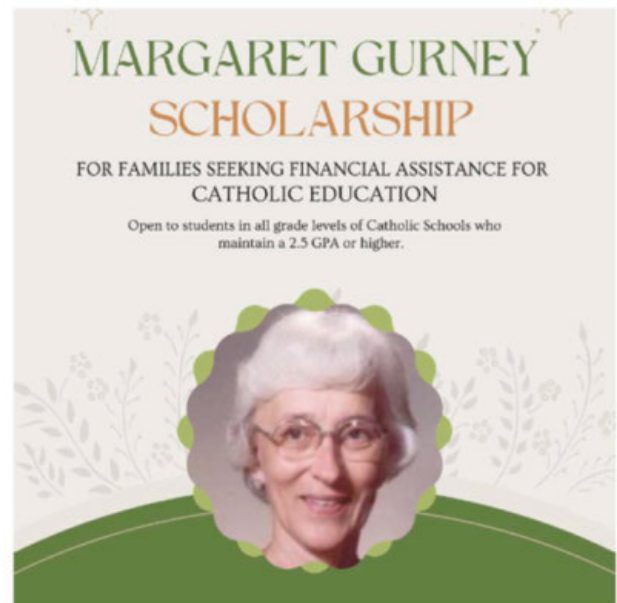
186 From the beginning, the apostolic Church expressed and handed on her faith in brief formulae for all. (1) But already early on, the Church also wanted to gather the essential elements of its faith into organic and articulated summaries, intended especially for candidates for Baptism:

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Please donate to our Margaret Gurney Scholarship Fund.

Your donation allows us to support several of our youth, to attend Catholic Schools.

Designated envelopes are available or go to our website, at www.OMCSanDiego.org



This synthesis of faith was not made to accord with human opinions, but rather what was of the greatest importance was gathered from all the Scriptures, to present the one teaching of the faith in its entirety. And just as the mustard seed contains a great number of branches in a tiny grain, so to this summary of faith encompassed in few words the whole knowledge of the true religion contained in the Old and New Testaments. (2)

187 Such syntheses are called ‘professions of faith’ since they summarize the faith that Christians profess. They are called ‘creeds’ on account of what is usually their first word in Latin: *credo* (‘I believe’). They are also called ‘symbols of faith.’”

- (1) Cf. *Rom* 10:9; *1 Cor* 15:3-5, etc.
- (2) St. Cyril of Jerusalem, *Catech. illum.* 5, 12: PG 33, 521-524.



On a sunny Saturday morning, January 18, 2025, Pastor Fr Steven and a hearty band of OMC parishioners, led by Deacon David Martinez and Deacon Greg Settlemayer, turned out for the 13th annual Walk for Life, sponsored by the Diocese of San Diego.

Jorge Martinez and Deacon Greg carried the OMC banner for the mile and half walk around the County Administration Building. Parishioners and Knights, John Ohle and Ed Brancheau and a host of other Knights attired in their Knights regalia led the Walk and escorted Cardinal McElroy and the other Bishops of the Diocese.

The theme of the event was " LIFE IS A RIGHT, NOT AN OPTION.

The Keynote speaker was Ramona Trevino, the Outreach Director of the International association of 40 DAYS FOR LIFE. Her inspirational speech before approximately 2500 persons, described her transition from a former manager of a Planned Parenthood abortion facility to a member of 40 DAYS FOR LIFE organization.

She credited the prayers of 40 Days for Life participants praying outside her abortion facility with helping her change her life.



ANNOUNCEMENTS



STEWARDSHIP OF TREASURE

WEEKLY PARISH FINANCIAL OVERVIEW JANUARY 13 – JANUARY 19

This week's collections	\$ 17,466.75
This week's operating costs	\$ 7,852.97
NET	\$ 9,613.78

World Day of the Sick Mass:

This will be held February 8, 10 a.m. at Good Shepherd Parish (8200 Gold Coast Dr. San Diego, 92126). It will include anointing of the sick and blessing of caregivers and ministers. We will also celebrate the Caring for the Whole Person 5th anniversary. Bishop Michael Pham will be the main celebrant for this multilingual Mass, and it will be livestreamed as well. For additional information, go to sdcatholic.org/event/world-day-of-the-sick-mass/.

DISASTER RELIEF

The recent fires in Los Angeles have deeply affected schools, parishes, and beloved community members. Please help us recover and rebuild. Please use the special envelopes in the Narthex, and make your donation payable to OMC Parish.



Flames from the Eaton Fire are shown near St. Rita Church in Sierra Madre. (Father Tom Baker)

If you prefer, use this QR code to donate directly to the LA Archdiocese donation site, or go to:

<https://pgp.givecentral.org/appeal-pages/acp677ee5d3c2280>



THE ROMAN CATHOLIC
**DIOCESE OF
SAN DIEGO**

PRAY FOR PRIESTS
FEBRUARY 2025

February

- 1 Sa Pope Francis
- 2 Su Cardinal Robert McElroy
- 3 M Bishop Ramon Bejarano
- 4 Tu Bishop Michael Pham
- 5 W Bishop Felipe Pulido
- 6 Th Rev. Edward Horning
- 7 F Rev. Calib Insco, FSSP
- 8 Sa Rev. Clement Iorliam
- 9 Su Edgardo Jara, OFM
- 10 Mo Very Rev. Luke Jauregui
- 11 Tu Rev. Tommie Jennings
- 12 W Rev. Ricardo Juarez
- 13 Th Rev. Rene Juarez, OFM
- 14 F Rev. Joseph Juracek, OFM
- 15 Sa Rev. Richard Juzix, OFM
- 16 Su Rev. Niranjan Kanmury
- 17 M Rev. William Kernan
- 18 Tu Rev. Robert Kibaki, AJ
- 19 W Rev. Ignatius Kipchirchir
- 20 Th Rev. Peter Kirwin, OFM
- 21 F Rev. Brian Kolodiejchuk, MC
- 22 Sa Rev. Dennis Krouse
- 23 Su Rev. Brent Kruger
- 24 M Rev. Andrew Kunambi
- 25 Tu Rev. Khuyen Lai
- 26 W Rev. Peter Vu Lam
- 27 Th Rev. Bartholomew Landry, C.S.P.
- 28 F Rev. Bernardo Lara

Daily Prayer For Priests

O Jesus,
I pray for your faithful and fervent priests;
for your unfaithful and tepid priests;
for your priests laboring at home or
abroad in distant mission fields;
for your tempted priests;
for your lonely and desolate priests;
for your young priests;
for your dying priests;
for the souls of your priests in Purgatory.
But above all, I recommend to you
the priests dearest to me;
the priest who baptized me;
the priests who absolved me from my sins;
the priests at whose Masses I assisted
and who gave me
Your Body and Blood in Holy Communion;
the priests who taught and instructed me;
tll the priests to whom I am indebted in any other way
(especially).
O Jesus, keep them all close to your heart,
and bless them abundantly in time and in Eternity.
Amen. *By St. Therese of Lisieux*

Pray for Priests and Vocations

“Now we ask you to respect those who work hard among you. Hold them in the highest regard in love because of their work,” (1 Thess. 5:2, 13, NIV)

Daily Prayer for Vocations

Jesus, Lord of the harvest, Look with love on this portion of your vineyard.
Bless the Diocese of San Diego with more priests to shepherd your people,
priests with hearts like your own.
Mary, Mother of the Church, pray for us.





**YOUNG ADULTS
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ACTIVE 60S+**

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ADULT COMMUNITY
ACTIVE 60s+**

**Monday, January 27
Theology “Uncorked”**

A casual gathering where we can have a glass of wine, socialize, hear a brief presentation, and ask questions to gain a deeper understanding of our faith.

7-8:30pm

St. Catherine Labouré Parish Hall

4124 Mt. Abraham Ave. San Diego, 92111

No Cost. Donations Accepted.

Topic: Happy New Year - What are YOUR plans for growing in faith this year?

Speaker: Deacon Mike Daniels

Contact: nancy@sandiegocac.org

MORE about “Uncorked”

<https://sandiegocac.org/theology-uncorked>

ALL adults are invited!



**INTERFAITH
SHELTER
NETWORK**

We now have at least eight guests in our Interfaith Shelter at OMC (two are children). They are all so very grateful to have a roof over their heads and have expressed their gratitude for all your support.

Thanks to all the OMC Volunteers who have signed up to assist our Interfaith Shelter Guests from 18 – 31 January.

The coordination team will be contacting you two days prior to your scheduled time. This is a great opportunity for us all to share our blessings with those in need, even just saying hello will make a difference.

ACTIVE 60s+

**Saturday, February 1
Del Mar Walk and Social**

9am

Gelsons 2707 Via De La Valle · Del Mar

Join us for a great way to meet fellow Catholics! This will be a social walk along the Coast to Crest Trail. Snacks and beverages after at El Pueblo which is located in the shopping center, for those who are interested.

THE PLAN: Park near Gelson's Market. We will gather for introductions right there in the parking lot and walk to the trail from there.

RSVP: jerry@sandiegocac.org

**Saturday, February 1
Attend the Wine Tasting at Santa Sophia Parish**

7 to 9:30 pm

Prendergast Hall, Santa Sophia Parish

9800 San Juan Street, Spring Valley, CA 91977

Ticket Prices: \$35 per person now or \$40 at the door so buy early & save!

Online: <https://www.kofc9332valledeoro.org>

Don't miss out! Come sample good wine, good food, and good conversation

CAC Contacts for this event:

Tricia [619-300-3065](tel:619-300-3065), Ralph [516-526-5493](tel:516-526-5493) and

Greg gv.24@hotmail.com

For a full list of all upcoming events, sign up to receive email updates: omcsandiego.org/young-adults-adult-communities



**KNIGHTS of
COLUMBUS**

BUFFET BREAKFAST

Sunday, February 2

Following the
7:30 and 9 am Masses

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OUR MOTHER OF CONFIDENCE UPCOMING EVENTS

CONTACT INFORMATION

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REPORT SEXUAL ABUSE

To report abuse, call
(858) 490-8353 or email
misconduct@sd catholic.org

BULLETIN SUBMISSIONS

At least one week in advance to:
bulletin@omcsandiego.org

THIS WEEK – Jan 26 – Feb 1

- Sun 26 Sunday Social – Coffee and Donuts
Parish Hall | Following Morning Masses
- Sun 26 Family Faith Formation | 9:00am
Middle School | 3:00pm
High School Family Formation and Family
Dinner | 6:00pm
- Mon 27 OMC Book Club
Jesus and the Jewish Roots of Mary
Parish Hall - Library | 6:00pm
- Tue 28 Eucharistic Adoration | 7:00pm
- Wed 29 Share the Word
Parish Hall – Library | 9:00am
- Wed 29 Wednesdays at OMC
Movie Night | Parish Hall | 6:00pm

NEXT WEEK – Feb 2 – Feb 8

- Sun 2 Knights of Columbus Buffet Breakfast
Parish Hall | After 7:30 & 9:00 Masses
- Tue 4 Eucharistic Adoration | 7:00pm
- Wed 5 Share the Word
Parish Hall – Library | 9:00am
- Wed 5 Faith Formation Family Dinner
Parish Hall | 5:30pm
- Fri 7 First Friday
Eucharistic Adoration following 8:00 Mass

Jesus and the Jewish Roots of Mary
Book Club Concludes this week



Monday Jan. 27 @ 6 PM

Chapter 8 in the OMC Library

located in the Hall near Faith Formation office