

Sacred Heart Cathedral

The Cathedral Community
296 Flower City Park, Rochester, NY 14615
(585) 254-3221, Fax: (585) 254-8970
www.sacredheartrochester.org

Cathedral Office Hours
Monday—Thursday 9:00 am — 3:00 pm
Friday 9:00 am — Noon
We are CLOSED Mon—Thurs from 12:10 pm — 12:40 pm

MASS TIMES

Weekend Masses

Saturday 4:00 pm
Sunday 7:00 am, 9:15 am & 11:15 am

Daily Mass

Monday, Wednesday, Thursday & Friday at 12:10 pm
Tuesday at 7:30 am

CELEBRATION OF PENANCE

Monday, Wednesday, Thursday 11:30 am — Noon
Friday 11:30 am — Noon and 4:45 — 5:15 pm
Saturday 2:30 — 3:30 pm

January 22, 2023
Third Sunday In Ordinary Time

Praised be Jesus Christ!

I will be away from Sunday afternoon until Friday morning this week for my annual retreat.

Canon law actually mandates that priests take time away for their annual spiritual retreat. I can't be effective as a priest unless my focus is first and foremost on being conformed to the heart of Christ. And this annual retreat is important in helping me to reorient my priorities and make good personal resolutions for the upcoming year.

I will probably use this time to pray through one of my favorite spiritual reading books—a book called *In Sinu Jesu* written relatively recently by a Benedictine monk in Ireland.

Let me share a passage of the book as it relates to Eucharistic adoration in a parish. It is written as spoken by Christ in the first-person.

There are so many tabernacles on earth where I am, for all intents and purposes, like one buried, hidden, forgotten, and out of sight. My divine radiance is diminished because there are so few adorers to act as the receptors of My radiant Eucharistic love and to extend My radiance through space and into the universe of souls. Where there is faith in My real presence, there will be adoration; and where there is adoration, there will also be an efficacious radiance of My presence, drawing souls to My Eucharistic Heart and surrounding them, even at a distance, with the healing influence of My Eucharistic Face.

When I am adored in a place, My hidden action upon souls is wonderfully increased. The place where I am adored becomes a radiant center from which love, life, and light are diffused in a world in the grip of hatred, darkness, and death.

Chapels of adoration are not mere refuges for the devout. They are the radiant, pulsating centers of an intense divine activity that goes beyond the wall of the place where I am adored to penetrate homes, and schools, and hospitals; to reach even those dark and cold places wherein souls are enslaved to Satan; to penetrate hearts, heal the infirm, and call home those who have wandered far from Me.

May our Cathedral parish always be such a refuge of adoration, from which emanates graces that go far beyond the Cathedral walls and impact our whole local neighborhood.

In the hearts of Jesus and Mary,

Fr. Peter Van Lieshout



**Calling All Bakers
for Joseph's Place
Bake Food Sale**

We will be holding a baked food sale as a fundraiser for Joseph's Place. Donations of baked goods are needed for the weekend of February 11 & 12. The GOODIES will be on sale after all the masses in the narthex for Super Bowl or Valentines Day purchases! Please bring your baked sale items the day of the sale on February 11 & 12. If you have any questions, please contact the Cathedral office at 254-3221.

This Week's Sanctuary Candle

*In Memory Of — Richard Barry
Requested by — Volunteers of Joseph's Place*

*In Memory Of — Flora Miele
Requested by — Steven & Bud*



PRAY FOR OUR DECEASED

In your charity, please pray for Delores Sidore and all of our deceased.

*Eternal rest grant unto them O Lord,
and let your perpetual light shine upon them.*



**Free Roc City Compost Program
Care For Creation Ministry**

There is a free program that the city runs to help reduce food waste...the Roc City Compost Program. It began as a pilot with limited spaces to sign up. They are now accepting new participants and just added a drop off location at the Maplewood Rose Garden.

They will give you free buckets and instructions. You simply put all your kitchen scraps and food waste in the bin and drop it off at the Rose Garden any Tuesday. (Alternately you could also drop your bin off at Cobbs Hill Park or Genesee Valley Park on Wednesday or Saturdays). You can register and learn more at <http://www.cityofrochester.gov/compost>

Most Rev. Salvatore R. Matano, Bishop of Rochester
Most Rev. Matthew H. Clark, Bishop Emeritus of Rochester
In residence: Rev. Daniel White, Secretary to the Bishop

PARISH STAFF
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Parish Secretary Michele Kelly, 104
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Parish Council Chair Greg Benedict

Finance Council Chair Steve Spector

Parish Offertory January 14 & 15, 2023

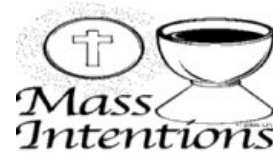
Actual	Goal	Variance
\$8,810	\$6,640	\$+2,170

Thank you for your contribution.



Tabernacle Candles

Make a \$10 offering to have a sanctuary lamp burn in honor of your loved one. The name of the honored person will be listed in the bulletin. Cards are available with this offering. Please call or stop by the Cathedral main office to request this memorial.



Saturday, January 21 2023—Saint Agnes, Virgin & Martyr

Heb 9:2-3, 11-14; Mk 3:20-21
 2:30—3:30 pm Confessions
 3:00 pm Rosary
 4:00 pm Timothy Holler—Patty Fredericks

Sunday, January 22, 2023—Third Sunday In Ordinary Time

Is 8:23-9:3; 1 Cor 1:10-13, 17; Mt 4:12:23 or 4:12-17
 7:00 am Mary Jo Whalen—Margaret Whalen
 9:15 am For the people of the Cathedral Community
 11:15 am Sharon Swartz—All Star Scholars
 8:00 pm Solemn Compline w/Fr. Van Lieshout

Monday, January 23, 2022

Heb 9:15, 24-28/Mk 3:22-30
 11:30—Noon Confessions
 12:10 pm Intentions of the Divine Mercy Of the Cathedral Community parishioners.

Tuesday, January 24, 2023—Saint Francis de Sales, Bishop & Doctor of the Church

Heb 10:1-10; Mk 3:31-35
 7:30 am Theresa Gordinier—Bequest

Wednesday, January 25, 2023—The Conversion of Saint Paul, Apostle

Acts 22:3-16 or Acts 9:1-2; Mk 16:15-18
 11:30—Noon Confessions
 12:10 pm Janet Zimmerman—Family

Thursday, January 26, 2023—Saint Timothy & Saint Titus, Bishops

2 Tm 1:1-8 or Ti 1:1-5; Mk4:21-25
 11:30 am Confessions
 12:10 pm Dominick J. Colocillo—Family

Friday, January 27, 2023

Heb 10:32-39; Mk 4:26-34
 11:30—Noon Confessions
 12:10 pm Marilyn Berardicurti—Patty Russo-Fredericks

Saturday, January 28, 2023—Saint Thomas Aquinas, Priest & Doctor of the Church

Heb 11:1-2, 8-19; Mk 4:35-41
 2:30—3:30 pm Confessions
 3:00 pm Rosary
 4:00 pm Agnes Schiano—Joe Foley & Family
 Shawn McKechney—Joanne Sanguedolce

Sunday, January 29, 2023—Fourth Sunday In Ordinary Time

Zeph 2:3, 3:12-13, 1 Cor 1:26-31; Mt 5:1-12a
 7:00 am Sandra J. Nelson—Irene & Bill Morgan Jr.
 9:15 am For the people of the Cathedral Community
 11:15 am Paul L. Conley Sr.—Joann White
 8:00 am Solemn Compline w/Fr. Van Lieshout



As of **January 17, 2023**, we have reached **76.72%** of our goal. The Cathedral's goal is \$77,000. We thank those who have given generously and ask all who have not yet given to prayerfully consider doing so. The CMA helps our Church and our parish in so many ways. Please consider all the ways that God has blessed you and your family and think how the Church has brought goodness into your lives. Join our appeal and give back what you can so that we remain strong and able to do God's great work!



MASS INTENTIONS

Consider requesting a Mass for a deceased loved one for 2023. The offering is \$10. Weekend and weekday masses are still available.

PRAY FOR OUR SICK



Phillip Batchelor Jr, Bishop Matthew Clark, Tony Coccia, Den. John Giugno, Jackie Goldfarb, Dan Gentile, Lucille Ilii, Jerry Mastodanato, Lucas Marone, Soe (So) Meh, Marcia Mendola, Bill Moroz, Patti Stets, Karen Stevens, Bentley Vega, Helen Walters, Candice Zerdon

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