



Sacred Heart Cathedral

The Cathedral Community
296 Flower City Park, Rochester, NY 14615
(585) 254-3221, Fax: (585) 254-8970
www.sacredheartrochester.org

Cathedral Office Hours
Monday—Thursday 9:00am — 3:00pm
Friday 9:00am — Noon
We are CLOSED Mon—Thurs from 12:10pm — 12:40pm

MASS TIMES

Weekend Masses

Saturday 4:00pm
Sunday 7:00am, 9:15am & 11:15am

Daily Mass

Monday, Wednesday, Thursday & Friday at 12:10pm
Tuesday at 7:30am

CELEBRATION OF PENANCE

Monday, Wednesday, Thursday 11:30am — Noon
Friday 11:30am — Noon and 4:45 — 5:30pm
Saturday 2:30 — 3:30pm

September 29, 2024
Twenty-Sixth Sunday In Ordinary Time

Praised be Jesus Christ!

On Tuesday we begin the month of the Holy Rosary. I have always challenged my parishioners:

If you have been away from the practice of praying the rosary (or have never prayed it before) – commit to the daily prayer of the rosary for at least the month of October.

I'm sure there are all sorts of lists online like: "10 Reasons to Pray the Rosary" or "7 Ways the Rosary Will Change Your Spiritual Life" – and they are probably all helpful.

If I had to make my own quick list off of the top of my head (as I'm doing right now), I would say something like the following:

1. While a private devotion, and therefore not strictly essential to faith or the spiritual life, it must certainly be **that private devotion most universally and repeatedly lauded by Popes, Bishops, Saints, and renowned spiritual authors for at least the last 500 years.**
2. It seems to be **a means uniquely chosen by God** and endowed with special graces to bring about the repentance of sinners, the grace of true contrition, increased fervency in the spiritual life, an abundance of blessing upon those for whom we are praying, the gift of final perseverance at the hour of death, conversions to the Catholic faith, and various forms of spiritual protection upon the Church and the world.
3. It teaches beginners in prayer how to pray by giving them a **structured method**, and it is a familiar comfort in the lives of those who already have that stable prayer life.
4. It is such a distinctively Catholic prayer and as such is almost a recognized symbol of the Catholic faith to those both inside and outside of the Church that it seems appropriate for all Catholics to know how to pray it, to have a rosary on their person at all times, and to pray it regularly. It is, therefore, **an expression of the unity of the Church throughout the world now and across generations of believers through history.**
5. It is credited as **the spiritual means of victory** for the Catholic forces at the Battle of Lepanto (1570) – one of the most important battles in Christian history, which kept Christian civilization in Europe from essentially collapsing under Islamic invasion. Today the remnants of the same western civilization are in equal need of protection, not only from a modern gradual Islamic replacement, but also from an oppressive secularism that has grown like a cancer from within. **The rosary continues to be spiritual protection for the Church.**
6. By extension, **the rosary is a formidable and amazing spiritual weapon in the battle to protect our own soul from mortal sin and hell.**
7. **It really does teach us to love Jesus more!** In part because much of the rosary consists in meditation on the mysteries of the life of Christ. But also, I think, by giving us a share in the absolutely unique and maternal love of the Blessed Virgin Mary. No one has ever loved Jesus more than Mary (and no one has ever loved Mary more than her own Son).

Please join us for the special OCTOBER – MONTH OF THE HOLY ROSARY edition of the Family Rosary and Potluck next Sunday, October 6th, after the 11:15 Mass.

In the hearts of Jesus and Mary,

Fr. Peter Van Lieshout



BANNS OF MARRIAGE



Dakota Folger-Reeder & Julianna Apollonio

Please keep their future happiness in your prayers.

This Weeks Sanctuary Candle

In Memory Of — Dawn DeManincor
Requested by — Grace Coco



Saturday, September 28 2024

Ecc1 11:9—12:8; Lk 9:43b-45

2:30—3:30 pm Confession
 3:00 pm Rosary
 4:00 pm Intentions of Douglas Walker—Kristen & Jim Nietopski
 7:00 pm Holy Mass—Changed Vigil Mass of the Holy Archangels
 8:00 pm Final Recitation of the Novena

Sunday, September 29, 2024—Twenty Sixth Sunday In Ordinary Time

Nm 11:25-29, Jas 5:1-6; Mk 9:38-43; 45, 47-48

7:00 am For the people of the Cathedral Community
 9:15 am Intentions of Richard, Muriel & Isaac De Martino & Family—DeMartino Family
 Alexander Lipton—Mike & Patty Fredericks
 11:15 am Elaine Cavuoto—Joe & Mary Giorgi
 8:00 pm Compline w/Fr. Van Lieshout

Monday, September 30, 2024—Saint Jerome, Priest and Doctor of the Church

Jb 1:6-22; Lk 9:46-50

11:30—Noon Confession
 12:10 pm Intentions of Fred Heltrigh—Robert Lighthouse

Tuesday, October 1, 2024—Saint Therese of the Child Jesus, Virgin and Doctor of the Church

Jb 3:1-3, 11-17, 20-23; Lk 9:51:56

7:30 am Frank Atti—Boland Familiy

Wednesday, October 2, 2024—The Holy Guardian Angels

Jb 9:1-12, 14-16; Mt 18:1-5

11:30—Noon Confession
 12:10 pm Kathy Culotta—Culotta Family

Thursday, October 3, 2024

Jb 19:21-27; Lk 10:1-2

11:30—Noon Confession
 12:10 pm Debra Follaco—Family

Friday, October 4, 2024—First Friday—St. Francis of Assisi

Jb 38:1, 12-21, 40:3-5; Lk10:13-16

11:30—Noon Confession
 12:10 pm Lucille & Giuseppe Ilii—Giuseppe Ilii Jr.
 1:00—3:00 pm Holy Hour of Eucharistic Adoration
 3:00 pm Benediction
 4:45—5:30 pm Confession

Saturday, October 5, 2024

Jb 42:1-3, 5-6, 12-17; Lk 10:17-24

2:30—3:30 pm Confession
 3:00 pm Rosary
 4:00 pm Kathleen Robert Staub—Mark & Laura Henry

Sunday, October 6, 2024—Twenty Seventh Sunday In Ordinary Time

Gn 2:18-24; Heb 2:9--11; Mk 10:2-16 or 10:2-12

7:00 am Robert Gotham—Paul & Kelly Gotham
 9:15 am For the people of the Cathedral Community
 Dawn DeManincor—Guy
 11:15 am Edwin R. Nash—Dcn. Mike & Angela Kristan
 8:00 pm Solemn Compline w/Fr. Van Lieshout



A Prayer for our Catholic Ministries Appeal (CMA)

O God, our loving Creator and giver of all good gifts. Bless our parishes, strengthen our faith and grant us the spirit of

Christian Stewardship so that we may give generously at our time, talent and treasure to the building of Your Kingdom here in our church and throughout the world.

We pray for your help in achieving success in this campaign, so that we can help others throughout our Diocese.

This we ask through Jesus Christ, our Lord, who lives and reigns with You and the Holy Spirit, now and forever. Amen.

Family Rosary & Potluck

The next scheduled Family Rosary & Potluck will take place Sunday, October 6, after the 11:15 mass in the Cathedral Hall. All are welcome!



Parish Offertory September 21 & 22, 2024

| Actual | Goal | Variance |
|------------|----------|--------------|
| \$7,334 | \$8,300 | \$-966 |
| YTD Actual | YTD Goal | YTD Variance |
| \$101,107 | \$93,200 | \$7,907 |

Respect Life Month

Every October, we celebrate Respect Life Month. We consider more deeply why every human life is valuable and reflect on how to build a culture that protects life from conception to natural death.



Get Fit and Support Joseph's Place Food Pantry too!

Please help us raise money for Joseph's Place Food Pantry by signing up for or donating to the East Ave. Grocery Run. This is an annual event that raises money for Rochester area food pantries and meal programs. This year's event is on Saturday, November 2 with options to do a live or virtual 10K, 5K or 1 mile run or walk. There is also a Kid's Fun Run event that morning. To get more information and to sign up or donate go to www.groceryrun.org.

When you sign up to participate, select Joseph's Place as your team. By doing so, 100% of your registration fee comes back to Joseph's Place! Plus based on our team size, we receive a share of the proceeds from this event.

Can't make it to the event but still want to support it? No problem! There are links at www.groceryrun.org to donate to Joseph's Place. Select the Team Fundraiser option and select Joseph's Place Food Pantry and again 100% of your donation will be given to our food pantry.

Many thanks to the Joseph's Place volunteers and Cathedral parishioners who participated or donated to this event in the past. Its a lot of fun, we hope you can join us!

Please Help the St. Damien Pediatric Hospital Fund

We have been supporting St. Damien Pediatric Hospital Fund in Haiti tremendously with the Christmas Ornament Sale and they would love for us to support the hospital in another way too, if possible. There is a campaign with St. Louis Church to raise \$35,000 that we can join. The situation in Haiti is critical, they are under siege and we should try to do our best to support them. St. Damien Pediatric Hospital is supported through private funding and with support from caring people around the world.

St. Damien Hospital has led pediatric care in Haiti since 1989. Haiti is a country of 11.5 million people without the valiant dedication of Fr. Rick Frechette, CP, D.O. and the people at St. Damien, several thousand children with treatable illnesses would suffer or die, and thousands of mothers would either perish in childbirth or not receive the necessary prenatal support that leads to bearing healthy children. "The staff and doctors and doctors at St. Damien offer unique services that are not offered anywhere else in Haiti. We act with Christian compassion to provide the highest quality care to children and pregnant women, and we strive to promote equity and justice while reducing poverty."

—Dr. Pascale Yola Gassant Heurtelou — Medical Director of St. Damien —

Beyond medical care, St. Damien also makes a positive impact on the economy and livelihoods of Haitians by employing more than 500 local people, including 300 plus healthcare providers, such as doctors and nurses.

Please donate by writing a check payable to The Cathedral Community and on the memo line write HAITI/STLOUIS35. You can drop this in the collection basket. For more information about the Helping Haiti Ministry, you can email Cari Marin at carimarin@me.com. You can also donate online at <https://nphusa.org/stdamien/>

PRAY FOR OUR SICK



Heather Beisheim, Robert DiFulio, Heidi Erb, Sr. Joan Hilbert RSM, Sharon Herring, Jon Herron, Sal Magliozzi, Megan E. Miller, Gregory McCarthy, Fr. Kevin McKenna, Law Meh, Irene Morgan, Janice Moroz Sue Spinoso, Dan Stella, Michael Scozzafava, Donald Stiner, The Weierheiser Family, Joseph Whipple,

Liturgical Ministry Schedule

The next liturgical Ministry Schedule for October 5 — December 29, 2024 is now finalized. Hardcopies of the schedule are located on the table leading into the sacristy for those who need a hardcopy.

Thank you!



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