

Sacred Heart Cathedral



MASS TIMES

Weekend Masses

Saturday 4:00 pm
Sunday 7:00 am, 9:15 am & 11:15 am

Daily Mass

Monday, Wednesday, Thursday & Friday at 12:10 pm
Tuesday at 7:30 am

The Cathedral Community
296 Flower City Park, Rochester, NY 14615
(585) 254-3221, Fax: (585) 254-8970
www.sacredheartrochester.org

Cathedral Office Hours
Monday—Thursday 9:00 am — 3:00 pm
(We close for lunch 12:10 pm—12:40 pm)
Friday 9:00 am — Noon

CELEBRATION OF PENANCE

Monday, Wednesday, Thursday 11:30 am — Noon
Friday 11:30 am — Noon and 4:45 — 5:30 pm
Saturday 2:30 — 3:30 pm

March 16, 2025
Second Sunday Of Lent

Praised be Jesus Christ!

Fasting is fundamentally an act of **self-denial**. We deny ourselves in small ways with regard to food so as to train our wills, which are disordered by sin.

But there is a way in which **self-denial is also a way of feasting** – and I don't mean simply as a preparation for the feasting of the Easter season.

The person who turns from a life of mortal sin by denying **illegitimate desires** can begin to “**FEAST**” upon the true joy of the spiritual life and the life of virtue. It is a wonderful and happy thing to be in the state of grace. Sin gives only the false appearance of happiness and mere temporary satisfaction. But the spiritual life is a joyful, bountiful feast of living the full blessed life of the commandments.

The person who practices regular self-restraint in fasting from food and other **legitimate desires** is even better able to “**FEAST**” in the things of the Lord. In fact, St. Athanasius actually says that *fasting is “feasting with the angels!”* Since angels have no bodies (and therefore need no food), we imitate them in some way through fasting as we yearn to contemplate the Lord in prayer in a way that is more and more free from any bodily/sensible consolations.

And finally, perhaps we can say that death and our future resurrection is, in a way, a complete “**fast**” from this entire fallen world, that allows us finally to see God face-to-face in the eternal **HEAVENLY WEDDING FEAST** of Christ and his bride the Church.

Just a reminder, that my upcoming 4-week course begins this week (on a one-week delay).

10 Shocking Passages from the Second Vatican Council You Just Need to Know**

Join us this Sunday, March 16, at 6:30pm for

Session 1: The Conciliar “Event” and Doctrinal Fidelity

In the hearts of Jesus and Mary,

Fr. Peter Van Lieshout

Make a \$10 donation to have a sanctuary lamp burn in honor of your loved one. The name of the honored person will be listed in the bulletin. Cards are available with this donation. Please call or stop by the Cathedral Main Office to request this memorial.



10 Shocking** Passages from the Second Vatican Council — You Just Need to Know

A four-week theological study by Fr. Van Lieshout examining some of the most unread, underappreciated and/or misinterpreted parts of the Vatican II.

March 16
March 23
March 30
April 6

** (the word shocking here is complete clickbait)

All sessions will be from 6:30 pm to 8:00 pm in the Cathedral Hall.

Lenten Calendar

Stations of the Cross

Stations of the Cross

Stations of the Cross every **Friday** during lent immediately following the 12:10 pm daily mass. The texts of these stations are meditations written from the perspective of the Blessed Virgin Mary.

Solemn Stations of the Cross

One of the Cathedral Clergy will lead the Stations of the Cross every **Friday afternoon** after 5:45 pm featuring a variety of beloved versions — but especially the meditations written by St. Alphonsus Liguori.

Holy Hour

On the **Friday's of Lent** there will be Exposition of the Blessed Sacrament, immediately following the "Stations of the Cross after the 12:10 pm mass and lasting until 3 pm with Benediction.



Next Liturgical Ministry Schedule

Please input your **Not Available Date(s)** into MSP for the next liturgical schedule, April 5—June 29, 2025. **The deadline to enter your Not Available Date(s) is by Friday, March 21st.** If you do not have access to a computer, please contact Michele Kelly at 254-3221 and she will enter your not available dates into the system for you. Thank you.

Most Rev. Salvatore R. Matano, Bishop of Rochester
In residence: Rev. Daniel White, Secretary to the Bishop

PARISH STAFF
Office Telephone: (585) 254-3221

Rector	Rev. Peter Van Lieshout, x110 fr.peter.vanlieshout@dor.org
Parish Secretary	Michele Kelly x104 michele.kelly@dor.org
Deacon	Michael Kristan x108 michael.kristan@dor.org
Music Director	John Morabito x107 John.morabito@dor.org
Director of Finance & Administration	Carol Wynne x114 carol.wynne@dor.org
Finance Manager	Jeanne Engelbrecht x113 jeanne.engelbrecht@dor.org
Bookkeeper	Jennifer Pasto x102 Jennifer.pasto@dor.org
Faith Formation Coordinator	Darlene Piersall x124 darlene.piersall@dor.org
Property Manager	Kevin David x109 kevin.david@dor.org
Maintenance	Camden Hulsey
Parish Pastoral Visitor	Sr. Joan Hilbert, RSM, x106 joan.hilbert@dor.org
Parish Council Chair	Greg Benedict
Finance Council Chair	Steve Spector

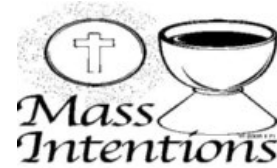
Catholic Ministry Appeal **Our Goal for The Cathedral is \$72,000** **We Reached Our Goal!!**

As of 3/11/2025, we have 200 Donors who have contributed to the CMA and we have reached our goal, which has now reached **126.22%**. We thank those who have given generously and ask all who have not yet given, to prayerfully consider doing so.

Thank you, we are very grateful!

This Weeks Sanctuary Candle

*In Memory Of — David Abbott Sr.
Requested by — Michele & Jim Kelly*



PRAY FOR OUR DECEASED



In your charity, please pray for Mark Bonsignore and all of our deceased

Eternal rest grant unto them O Lord, and let your perpetual light shine upon them.

Parish Offertory March 8 & 9, 2025

Actual	Goal	Variance
\$11,898	\$8,100	+\$3,798
YTD Actual	YTD Goal	YTD Variance
\$324, 904	\$298,700	+\$26,204



Diocesan Day of Penance and Mercy

Catholic Churches throughout the Diocese of Rochester will open their doors for those seeking the Sacrament of Reconciliation on Wednesday, April 2. Join the Diocese in celebrating God's mercy and love at the Day of Penance and Mercy.

The Cathedral confessions will take place from **10:00 am—Noon and 2:00 pm—5:00 pm.**

For more details please visit <https://oec.dor.org/sacraments/penance-and-reconciliaiton>

PRAY FOR OUR SICK



Pope Francis, Shirley Atwell, Heather Beisheim, Fr. Alex Bradshaw, Robert DiFulio, Sr. Elia, Heidi Erb, Sr. Joan Hilbert RSM, Jon Herron, Megan E. Miller, Gregory McCarthy, Irene Morgan, John Spinosa, Barb Steblen, Dan & Debbie Stella, Donald Stiner, Steve Tolle, Joseph Whipple

Saturday, March 15, 2025

Dt 26:16-19; Mt 5:43-48

2:30 pm—3:30 pm
3:00 pm
4:00 pm

Confession
Rosary
Herbie Mattel—Mike & Patty Fredericks
Stanley & Pauline Tucciarello & Family—
David Gardner
Patti Lissow—Rachel Lissow

Sunday, March 16, 2025—Second Sunday Of Lent

Gn 15:5-12, 17-18, Phil 3:17—4:1 or 3:20—4:1 Lk 9:28b-36

7:00 am
9:15 am

For the people of the Cathedral
Richard Fagan Sr. & Jr. Families—Friend
William & Janet Zimmerman Sr.—Bob Zimmerman
Kenneth Whitney Sr.—Friend
Theological Study w/Fr. Van Lieshout—Hall
Solemn Compline w/ Fr. Van Lieshout

11:15 am

6:30 pm—8:00 pm
8:00 pm

Monday, March 17, 2025

Dn 9:4b-10; Lk 6:36-38

11:30—Noon
12:10 pm

Confession
Moffitt & Murphy Family—Family

Tuesday, March 18, 2025

Is 1:10, 16,-20; Mt 23:1-12

7:30 am

Fr. Walter Cushing—St. Ceceila's Parishioners

Wednesday, March 19, 2025—Saint Joseph , Spouse Of The Blessed Virgin Mary

Sm 7:4-5a, 12-14a, 16, Rom 4:13, 16-18, 22; Mt 1:16, 18-21, 24a or Lk 2:41-51a

11:30—Noon
12:10 pm
7:00 pm

Confession
David Abbott Sr.—Michele & Jim Kelly
Solemnity Mass of the Feast of St. Joseph w/
Fr. Van Lieshout & youth schola choir

Thursday, March 20, 2025

Jer 17:5-10; Lk 16:19-31

11:30—Noon
12:10 pm

Confession
Carol Forman—Culotta Family

Friday, March 21, 2025

Gn 37:3-4, 12-13a, 17b-28a; Mt 21:33-43, 45-46

11:30—Noon
12:10 pm
1:00 pm
2:00 pm
3:00 pm
4:45—5:30 pm
5:45 pm

Confession
Clyde Carl Sullivan—Women's Book Group
Stations of the Cross
Holy Hour of the Blessed Sacrament
Benediction
Confession
Stations of the Cross

Saturday, March 22, 2025

Mt 7:14-15, 18-20; Lk 15:1-3, 11-32

2:30—3:30 pm
3:00 pm
4:00 pm

Confession
Rosary
Patti Lissow—Rachel Lissow
David Coogan—Joanna Sanguedolce

Sunday, March 23, 2025—Third Sunday Of Lent

Ex 3:1-8a,13-15, 1Cor 10:1-6, 10-12, Lk 13:1-9

7:00 am
9:15 am
11:15 am
6:30—8:00 pm
8:00 pm

Margaret & Raymond Mendel—Family
Sgt. Mark Capellupo—MCJ Brothers
For the people of the Cathedral Community
Theological Study w/Fr. Van Lieshout—Hall
Solemn Compline w/Fr. Van Lieshout



Sick, Infirm and Homebound

Because of HIPAA laws, the only way the Parish Staff learns of parishioners who are ill or infirmed is if the **parishioner, or a family member notifies the office.**

If you, or someone you know is ill, hospitalized or moved to a nursing facility or family member's home, please let the Cathedral Main Office know.

If you/they are unable to attend Mass, please contact the office to arrange to receive communion.

If a family member has gone to hospice care or needs healing prayers, the Sacrament of Anointing of the Sick can be administered by our priest. Please call the office, at 585-254-3221.



Andrew James Procopio

We welcome our newly baptized into our parish community!



MASS INTENTIONS

Consider requesting a Mass for a deceased loved one. The donation is \$10.

Many weekday and weekend masses are now available for 2025.

Easter Flowers

Donations—Anyone wishing to make a donation toward the Easter flowers in memory of their loved ones may do so by **using the Easter Flower envelope in your mailed packet** or by dropping an envelope into the collection basket with their name, their loved ones' name(s) and the amount donated.



STAND TOGETHER FOR LIFE

Every 4th Saturday

PEACEFUL PUBLIC WITNESS AND PRAYER TO END ABORTION



"The path to peace calls for respect for life, for every human life, starting with the life of the unborn child in the mother's womb, which cannot be suppressed or turned into an object of trafficking."

— Pope Francis

March 22, 2025
114 University Ave.
14605

FEATURED SPEAKER:
Deacon Mike Kristan
St. Michael's Family
Protection Institute

9:45 – 11:00
Rosary 9:15



Flower Donation for Laetare Sunday

If anyone is interested in purchasing flowers for the Cathedral for Laetare Sunday, (March 30) in memory of a loved one, please contact the office at (585) 254-3221. Thank you!



Tenebrae — Morning Prayer

The Catholic Tenebrae service is a somber observance that takes place on the three days leading up to Easter. The service includes chanting, music, and extinguishing candles to symbolize the events of Holy Week.

Tenebrae will take place on Holy Thursday, Good Friday and on Holy Saturday at 5:00 am at the Cathedral.



Knights of Columbus Council 15118

Bottle and Can Drive/Sock Drive

After each Mass, March 22 –23, 2025

Bottle and cans to benefit Camp Good Days

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Kevin Griffin

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