

Sacred Heart Cathedral



MASS TIMES

Weekend Masses

Saturday 4:00 pm
Sunday 7:00 am, 9:15 am & 11:15 am

Daily Mass

Monday, Wednesday, Thursday & Friday at 12:10 pm
Tuesday at 7:30 am

The Cathedral Community at Sacred Heart

296 Flower City Park, Rochester, NY 14615
(585) 254-3221, Fax: (585) 254-8970
www.sacredheartrochester.org

Cathedral Office Hours

Monday—Thursday 9:00 am — 3:00 pm
(We close for Mass and lunch 12:10 pm—12:40 pm)
Friday 9:00 am — Noon

CELEBRATION OF PENANCE

Monday, Wednesday, Thursday, Friday 11:30 am — Noon
Friday 4:45 — 5:30 pm and Saturday 2:30 pm — 3:30 pm

August 2, 2026
Eighteenth Sunday In Ordinary Time

*July 25th marks the 58th anniversary of the publication of *Humanae Vitae*, Pope Paul VI's famous encyclical letter reaffirming the Church's perennial teaching on the immorality of artificial contraception. Below is the second part of Bishop Sheen's Diocesan column, published in the Rochester Courier-Journal (the Diocesan newspaper) on August 2, 1968—immediately following the Encyclical's release. (Part I was included in last week's bulletin.) — Fr. Peter Van Lieshout*

Bishop Sheen Praises Pope Paul **“He Dared To Oppose the World” (Part 2)**

At one moment in his life, Peter warmed himself by the fire while Christ was being condemned. But this is the moment when Peter will be crucified upside down, for the sake of the Crucified.

Every now and then in history there are crises or tests of faith. Formerly, they belonged to the order of dogma, such as the Divinity of Christ, the necessity of grace for frustrated man, and a historical succession from the apostles.

Today the test is in the field of morals and is intimately related to two dominant ideas in the modern world: The Death-Wish and Violence.

The Death-Wish is in the song of the young, the increase of suicidism, the flight from life and the mechanical smashing of the infinitely small — the atom — to smash the infinitely great — the cosmos.

Violence is the laying of hands on life, either to maim it, to destroy it, or to annul it.

Knowing how much the Death-Wish has enchained minds, and Violence has terrorized life, the civilized world listens to man who opposes both in the name of nature, and in the name of love, and elucidates for our age what is necessary for salvation. Conscience without the continuing presence of Christ in the Church is much like the smell of perfume that remains in an empty bottle.

Catholics are now at the Cross Roads. They have already agreed with the Council that the Church is the “mystery of salvation for the whole world.”

Now that belief becomes concretized, not on the subject of the Trinity as it was 1500 years ago, but on the subject of Sex. (Does this represent upward evolution or downward devolution?)

Many are in the position of the first Christians who were praying in the house of John Mark. Peter was released from prison. He kept knocking to get into his community of the faithful, but Rhoda, who answered the knock, thought it was a “ghost.” She could not believe it was Peter.

So today, some in the Church hear the knocking, and hear the word of God. They are told that it is the unmistakable voice of Peter, and yet they say “No — it is a dream,” “an angel,” “a voice from the past,” “moral authority outside of the ego no longer holds,” “the Magisterium is in doubt.”

They make distinctions between the “voice” and the “presence,” between the “fact” and its “meaning,” between the “Peter” and his “ghost.”

But Peter continues knocking. While many on the inside shut their ears to his voice and invent comfortable reasons to escape admitting him, he still calls. As a fisherman, he had learned patience. He knows his own.

He comes burdened with the cares of the world, and sad like the Father of the Prodigal, is waiting for his children to come back. May we who have been blessed by faith know him that knocks at our conscience, for he is actually the Door-Keeper with the Keys of Heaven.

The Lord once spoke of a truth which made the worldly followers complain: “Your words are hard and who can believe them,” and some left. The Lord then turned to Peter — “Do you also want to leave Me?”

From Peter's heart and from the hearts of all of us, in these days of “hard sayings” we answer: “To whom shall we go. You have the words of Eternal Life.”

GIVING BACK TO GOD

Thank you for your generosity! Your steadfast, sacrificial financial support keeps our Cathedral parish running and able to serve God and our neighbors.

Parish Offertory for July 25 & 26, 2026

Actual \$8,980	Goal	Variance \$8,980
YTD Actual \$41,221	YTD Goal	YTD Variance \$41,221

CONSIDER USING THE ONLINE GIVING PLATFORM:



Electronic giving, via the QR code or website, is simple and convenient way to support the Cathedral Parish, either on a one-time, weekly or monthly basis.

LEAVE A LEGACY: Remember Sacred Heart Cathedral in your Will! It's a meaningful and tangible way of leaving a legacy that will benefit future generations of Catholics.



PRAY FOR OUR DECEASED

In your charity, please pray for the repose of the soul of Sr. Rosemary St. Peter, SSJ, Giuseppina Macera and all our faithful departed.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace.

This Week's Sanctuary Candle

*In Thanksgiving Of — Michele & Jim Kelly
Requested by — Family*

Intentions of Joe & Nina

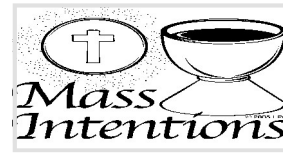


BANNS OF MARRIAGE



Jack Bansbach & Karen Cuttin
Brendan Kepes & Allison Brickwood
Matthew Dittkowski & Jeri Hanselman

Please keep these couples in your prayers as they approach their wedding day and begin their vocation as husband and wife, revealing to the world the faithful love of Jesus Christ for His bride, the Church.



Saturday, August 1, 2026—Saint Alphonsus Liguori, Bishop and Doctor of the Church

Jer 26:11-16, 24; Mt 14:1-12

2:30 pm—3:30 pm	Confession
3:00 pm	Rosary
4:00 pm	Jan Tantalo—Loretta Ennocenti Robert Hardesty—Friend Phillip J. Marotta, USA—Joseph & Mary Elizabeth Barry Intentions of Fr. Van Lieshout—The Seven Sisters

Sunday, August 2, 2026—Eighteenth Sunday In Ordinary Time

Is 55:1-3, Rom 8:35, 37-39; Mt 14:31-21

7:00 am	For the people of Sacred Heart
9:15 am	John Prewasnicak—Zwahlen Family Intentions of Kame Lu & Nee OO—Family Intentions of Penny Keenan—Moyer Family Intentions of Shay Htway — Nee OO Joseph Mark Mott—Joan Princiotta
11:15 am	

Monday, August 3, 2026

Jer 28:1-17; Mt 14:22-36

11:30 am—Noon	Confession
12:10 pm	Carol Forman—Culotta Family

Tuesday, August 4, 2026—St. John Vianney, Priest

Jer 30:1-2, 12-15, 18-22, Mt 14:22-36; or Mt 15:1-2, 10-14

7:30 am In Thanksgiving—Prema D'Souza

Wednesday, August 5, 2026—The Dedication of the Basilica of Saint Mary Major

Jer 31:1-17; Mt 15:21-28

11:30 am—Noon	Confession
12:10 pm	Kathy Culotta—Family

Thursday, August 6, 2026—Transfiguration of the Lord

Dn 7:9-10, 13-14, 2 Pt 1:16-19; Mt 17:1-9

11:30 am—Noon	Confession
12:10 pm	Adolfo Brasile—Family

Friday, August 7, 2026—First Friday

Saint Sixtus II, Pope, and Companions, Martyrs, Saint Cajetan, Priest

Na 2:1, 3, 3:1-3, 6-7; Mt 16:24-28

11:30 am—Noon	Confession
12:10 pm	Richard Lauriat—Campbell Family
1:00 pm—3:00 pm	Holy Hour of Eucharistic Adoration
3:00 pm	Benediction
4:45 pm—5:30 pm	Confession

Saturday, August 8, 2026—St. Dominic, Priest

Hb 1:12—2:4; Mt 17:14-20

2:30 pm—3:30 pm	Confession
3:00 pm	Rosary
4:00 pm	Giuseppe Ilii Sr.—Giuseppe Ilii Jr. James Loughran—Dcn. Mike & Angela Kristan Margaret S.—Ania John Vorrasi—Family

Sunday, August 9, 2026—Nineteenth Sunday In Ordinary Time

1 Kgs 19:9a, 11-13a, Rom 9:1-5, Mt 14:22-33

7:00 am	For the people of Sacred Heart
9:15 am	Elva Garcia—Rosemarie Pezzullo & Family Intentions of Muriel DeMartino—The Seven Sisters Intentions of Penny Keenan—Moyer Family Intentions of Carmen Dominguez—Dominguez Family
11:15 am	Lisa Lorette—Guy & Sally Pietrantonio

PRAY FOR OUR SICK AND HOMEBOUND

Bernadette Anastasi, Shirley Atwell, Gary M. Butterfield, Manjo Das, Scott Davis, Muriel DeMartino, Debra D. Campbell, Robert DiFulio, Heidi Erb, Frank Campione, Deborah Hard, Sr. Joan Hilbert, RSM, Kristin Helms, Jon Herron, Robert Lighthouse, Andrew Mastin, Sydney Marfioe, John McGarvey, Irene Morgan, Fr. Thomas P. Mull, Susie Shoemaker, Sharon Springer, Susan Spinosa,

Remaining Summer OCIA Classes

There are 2 remaining OCIA classes for the summer, August 2, and August 16, at 10:15 am in the Cathedral hall.

Thank you from Pastoral Council

Thank you to those who completed the registration forms! If you have not yet returned it, you may do so by dropping it in the collection basket or returning it to the Cathedral office.

If you were not able to pick up a form, they are located at the information desk in the Narthex.

Welcome!

The Most Reverend John S. Bonnici, Bishop of Rochester
In Residence: Rev. Aaron J. Kelly, Secretary to the Bishop

PARISH STAFF
Office Telephone: (585) 254-3221

Rector	Rev. Peter Van Lieshout x 110 fr.peter.vanlieshout@dor.org
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Bookkeeper	Nicole Hemminger x 102 nicole.hemminger@dor.org
Property Manager	Kevin David x 109 kevin.david@dor.org
Maintenance	Camden Hulsey
Parish Council Chair	Antonia Carfagna
Finance Council Chair	Steve Spector



Our Faith Formation programs are now open for registration with students entering grades 1st — 10th grade.

- 1st penance — Renewed by Jesus (2nd graders)
- 1st Communion— Receiving Jesus (2nd graders)
- Continuing Faith (3rd --7th graders)
- Confirmation Year 1 (8th graders)
- Confirmation Year 2 (9th graders)

Wednesday	5:30 pm — 6:30 pm
Wednesday	5:30 pm — 6:30 pm
Sunday	10:15 am — 11:00 am
Wednesday	5:30 pm — 6:30 pm
Wednesday	5:30 pm — 6:30 pm

Please register online <https://sacredheartrochester.org/our-faith/religious-ed/religious-ed-registration/> or fill out a paper registration form available at the information desk and return the completed form to the office.



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