



SACRED HEART CATHEDRAL

OCTOBER 18, 2026 | TWENTY-NINETH SUNDAY IN ORDINARY TIME

Welcome!

Mass Schedule

Weekend Masses

Saturday | 4:00 pm Vigil

Sunday | 7:00 am, 9:15 am, 11:15 am

Weekday Masses

Monday | 12:10 pm

Tuesday | 7:30 am

Wednesday | 12:10 pm

Thursday | 12:10 pm

Friday | 12:10 pm

Confession

Monday, Wednesday, Thursday &

Friday | 11:30 am - Noon

Friday | 4:45 pm - 5:30 pm

Saturday | 2:30 pm - 3:30 pm

Our Address

The Cathedral Community

296 Flower City Park

Rochester, NY 14615

585-254-3221

sacredheart@dor.org

www.sacredheartrochester.org

facebook.com/CathedralCommunity

Office Hours

Monday–Thursday 9:00 am – 3:00 pm

We close for mass and lunch from

12:10 pm – 12:40 pm

Friday – 9:00 am – Noon

Praised be Jesus Christ!

During last October's "Respect Life Month" I pointed out in one of my bulletin columns (October 12, 2025) that there is something vague and perhaps unhelpful about the term "Pro-life."

I wrote:

One "problem" (if I can put it that way) is that the term "pro-life" has its origins as more of a political slogan than an actual Catholic moral category. Opposition to expanded abortion access, especially in the wake of the 1973 Roe vs. Wade decision was labelled as "anti-abortion" as a way painting that position in a negative light. The response, strategically, was to invert the approach and proclaim our position as something positive (which it is)—we defend and support human LIFE, even and especially at its most nascent and vulnerable stages in the womb.

So far, so good.

But when removed from that immediate political context, the term "pro-life" can sometimes bring more confusion than clarity—even to the point of watering down the gravity of the original moral issue of abortion. That's because as a mere slogan, almost anything that one affirms as a positive moral good or social plan (rightly or wrongly) can be classified as "pro-life."

Something similar also applies to the term "human dignity." No doubt the Church defends "human dignity" through her moral teaching and public witness. However, taken as another "slogan," apart from a sound anthropology and moral worldview, it is essentially an empty phrase that can be used or misused in a variety of ways as a bludgeon to advance any number of moral or even immoral ends.

The Catholic philosopher Edward Feser makes the following observation:

Way too much modern Catholic moral argumentation boils down to nothing more than:

1. Human dignity, therefore
2. [Plug in desired conclusion]

It's lazy and intellectually unserious and utterly unconvincing to anyone who doesn't already agree with whatever conclusion one is trying to establish. It opens the door to all kinds of mischief, because the notion of "human dignity" is so vague and contested that it can be, and is, deployed to arrive at all sorts of conclusions, including conclusions that contradict one another.

I couldn't agree more.

The whole corpus of Catholic moral teaching is true. And the individual components of it reveals to us what "human dignity" even is and what is gravely opposed to it. The manner of reasoning should be the inverse of what is outlined above. In other words:

1. Such and such an action/situation/policy morally wrong
2. Here are the reasons that it is morally wrong (based on the natural moral law and sound reasoning), therefore
3. It is opposed to human dignity

Notice that this way of reasoning avoids appealing to a nebulous conception of "human dignity" and instead seeks to fill out the concept actually entails.

Fr. Van Lieshout's Article Continued

Just as I as think that the intent of Respect Life month is best achieved not so much by broad proclamations to support "life," but by presenting the full, complexity of Catholic moral thought and applying it appropriately, the same is true of "human dignity." It is our firm conviction that the Catholic moral life as a whole IS the way to authentic human flourishing, just as it is the foundation for the very concept of human dignity itself.

In the hearts of Jesus and Mary,
Fr. Peter Van Lieshout

PLEASE PRAY FOR OUR SICK AND HOMEBOUND

Bernadette Anastasi	Muriel DeMartino
Shirley Atwell	Robert DiFulio
Gary M. Butterfield	Heidi Erb
Scott Davis	Frank Campione
Kritin Helms	Sr. Joan Hilbert, RSM
Jon Herron	Fr. Thomas P. Mull
Adele Lester	Susie Shoemaker
Robert Lighthouse	Sharon Springer
Andrew Mastin	Susan Spinosa
John McGarvey	Donald Stiner
Irene Morgan	Candice Verdon

Pray For Our Deceased

*In your charity, please pray for the repose
of the soul of all of our faithful departed.*



*Eternal rest grant unto them, O Lord, and let perpetual light
shine upon them. May they rest in peace.*



Banns Of Marriage

Robert Dierna & Daniela Masci
Nicklaus Krodthoff & Cecilia Savka

*Please keep theses couples in your prayers as they approach
their wedding day and begin their vocation as husband and
wife, revealing to the world the faithful love of Jesus Christ
for His bride, the Church.*

Giving Back To God

Thank you for your generosity! Your steadfast, sacrificial financial support keeps our Cathedral parish running and able to serve God and our neighbors.

Parish Offertory for October 10 & 11, 2026

Actual	Goal	Variance
\$15,102	\$10,025	+\$5,077
YTD Actual	YTD Goal	YTD Variance
\$143,209	\$126,950	+\$16,259



Electronic giving, via the QR code or website, is simple and convenient way to support the Cathedral Parish, either on a one-time, weekly or monthly basis.

Leave A Legacy: Remember Sacred Heart Cathedral in your Will!! It's a meaningful and tangible way of leaving a legacy that will benefit future generations of Catholics.

Magnifica Humanitas (Magnificent Humanity) Reflection Group

Join Finger Lakes Catholic Creation Care Coalition (FLCCCC) for a study of Pope Leo's encyclical Magnifica Humanitas (Magnificent Humanity). This will be a 4 week journey where we will learn and engage with the text and our lived experience. Discussion questions will be provided ahead of time so that you will have time to pray and reflect on that week's readings. The program will be led by Dr. Nancy Rourke, Assistant Professor of Catholic Ethics at St. John Fisher University. We will be meeting on Thursdays starting Oct. 29th thru Nov. 19th.

We are considering the interest in either doing this in person or virtually. We also want your input as to what time of day works best. Please RSVP by Oct. 26th via email fingerlakescccc@gmail.com or scan the QR code.



MASS INTENTIONS

Saturday, October 17, 2026--Saint Ignatius of Antioch, Bishop & Martyr

Eph 1:15-23; Lk 12:8-12

2:30 pm--3:30 pm--Confession

3:00 pm--Rosary

4:00 pm--Deceased members of the Spinosa & Tiebe Family--

Family

Fedaline Faustina LaBlanc--Family

Intentions of John Sousa--Nietopski Family

Intentions of Amber August--Nietopski Family

Intentions of Iluminada--The Seven Sisters

Sunday, October 18, 2026--Twenty--Ninth Sunday In Ordinary Time

Is 45:1, 4-6; 1 Thes 1:1-5b, Mt 22:15-21

7:00 am--For the people of Sacred Heart

9:15 am--Intentions of Theresa Schoff--Nietopski Family

Intentions of William Schoff--Nietopski Family

Intentions of Catherine Ryan--Nietopski Family

Intentions of James T. Mooney--Nietopski Family

11:15 am Dan Canavan--Tim & Marlene Canavan

Monday, October 19, 2026--Saints John de Brebeuf and Isaac Jogues, Priest and Companions, Martyrs

Eph 2:1-10 / Lk 12:13-21

11:30 am--Noon--Confession

12:10 pm--Intentions of Patricia McClelland--Nietopski Family

Tuesday, October 20, 2026--Saint Paul of the Cross, Priest

Eph 2:12-22; Lk 12:35-38

7:30 am--Intentions of Kevin Mooney--Nietopski Family

Wednesday, October 21, 2026

Eph 3:2-12; Lk 12:39-48

11:30 am--Noon--Confession

12:10 pm--Intentions of Mary Ellen Mooney--Nietopski Family

Thursday, October 22, 2026--Saint John Paul II, Pope

Eph 3:14-21; Lk 12:49-53

11:30 am--Noon--Confession

12:10 pm--Intentions of Elias Nietopski--Nietopski Family

Friday, October 23, 2026--St. John of Capistrano, Priest

Eph 4:1-6; Lk 12:54-59

11:30 am--Noon--Confession

12:10 pm--Betty Reninger--Judith Kiehl

4:45 pm--5:30 pm--Confession

Saturday, October 24, 2026--Saint Anthony Mary Claret, Bishop

2:30 pm--3:30 pm--Confession

3:00 pm--Rosary

4:00 pm--Jody Ann D'Ambrosio--Rowe Family

Kathleen Reuter--Sisters

Ann Nowak--Karen Ritchie

Charles Zimmerman--Jim & Michele Kelly

Sunday, October 25, 2026--Thirtieth Sunday In Ordinary Time

Ex 22:20-26, 1 Thes 1:5c-10; Mt 22:34-40

7:00 am--Olga & Nazzareno Citeroni--Mendel Family

9:15 am--Benedetto & Dina Carfagna--Children

Richard Lauriat--Campbell Family

Joseph Juliano Jr.--Carl Juliano

Virgina & Paul Yaeger Sr.--Family

11:15 am--For the people of Sacred Heart

The Most Reverend John S. Bonnici, Bishop of Rochester
In Residence: Rev. Aaron J. Kelly, Secretary to the Bishop

Parish Staff

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Antonia Carfagna

Finance Council Chair

Steve Spector

Respect Life Month Novena

October 22 - 30, 2026



Join the Respect Life Month Novena, October 22-30, 2026.

Join thousands of Catholics across the country in prayer for the protection of human life from conception to natural death.

Each day of the novena, features a different prayer intention, as well as a short reflection, ideas for building a culture of life, and more. **Copies of the Novena will be on the information desk.**

Download the novena or sign up to get the daily prayers delivered straight to your inbox!

<https://www.respectlife.org/respect-life-month>

Sharing the Blessings of Thanksgiving with Joseph's Place Food Pantry

Lets share our Thanksgiving by helping needy families and individuals who request help from our food pantry! On **Monday, November 23**, we will be distributing **Aldi gift cards** and **roasting chickens** to help our neighbors celebrate the holiday.

Here is how you can support this vital holiday drive:

- **Aldi Gift Cards:** Please donate gift cards in the amount of \$25 or \$50.
- **Monetary Donations:** Cash or checks are gratefully accepted. Please make checks payable to **Joseph's Place Food Pantry**.



How to submit your donation:

Please place your gift cards, cash or checks in an envelope clearly labeled **"Thanksgiving Gift Cards"**. Envelopes can be:

- Placed directly in the Sunday collection basket.
- Dropped off during normal business hours at the Cathedral Office; Monday–Thursday from 9:00 am – 3:00 pm. (we close for mass and lunch from 12:10 pm – 12:40 pm) and on Friday from 9:00 am – Noon.

Your generosity is greatly appreciated and will bring immediate warmth and nourishment to our neighborhood families this holiday season.

Get Fit & Support Joseph's Place Food Pantry



Walk, run or simply donate to help support Joseph's Place Food Pantry through the 17th Annual Wegmans East Avenue Grocery Run on Saturday, November 7!

This annual event raises much--needed funds for the Rochester-area food pantries and meal programs. Choose from a **10K, 5K, Kids'Fun Run or Virtual Run/Walk**--there's something for everyone!

When registering, be sure to select Joseph's Place as your team. **100 % of your registration fee will come directly back to Joseph's Place!**

Can't join us that day, you can still help. Visit www.groceryrun.org and choose the donation option for **Joseph's Place Food Pantry**. 100% of your donation will benefit our pantry.

Every registration and every donation helps us provide food to our neighbors in need.

Many thanks to the Joseph's Place volunteers, Cathedral parishioners, families and friends who have participated or donated in past years. We hope you'll join our team this year!

Learn more, register or donate at www.groceryrun.org.

The Catholic Ministries Appeal (CMA)



The active phase of our parish CMA campaign continues. By now, you should have received a special letter in the mail with a personalized pledge card. If you have not received a mailing, pledge envelopes are available on the information desk. Thank you to everyone who has responded with a gift or pledge. If you have not yet responded, please prayerfully consider your gift. CMA provides funding for important programs, services and ministries that strengthen our whole Church. Every gift to the CMA helps those in need, supports the mission of the Church, and comes back to help our parish. Thank you, let's continue to pray for the success of our efforts.

This year our goal at **Sacred Heart Cathedral** is **\$87,000**.

Pack 68 Popcorn Sale



On the Weekend of October 24 & 25, Pack 68 will be selling popcorn and peanuts after all the masses in the narthex. Not only does this make a great Christmas gift, but it is great snacking during that favorite game or family gathering. You also support cub scouting at the Cathedral. As always thanks for your ongoing support!



Respect Life Month



Stand Together For Life

Saturday, October 24, 2026

9:15 am Rosary | 9:45 am Program Start

Central and Western NY headquarters of Planned Parenthood | 114 University Ave.

Our featured speaker this month is Evan Oliva,
President of Students for Life Roberts Wesleyan University
Join us!

Come check out the sidewalk ministry!

This Week's Sanctuary Candle



*Intentions Of The Staff Of
Niagara Scenic Excursions
Requested by – Friend*

*Intentions Of –Denise
Requested by – Friend*

*Intentions Of – Valerie & Willie
Requested by – Friend*

Pray the Rosary with Us Community Rosary



Saturday, October 31, 2026
10:00 AM
Potter Park - Fairport

Sponsored by the
Rochester Lay Dominicans

Rochester.LayDominicans.org





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A graphic with a purple-to-pink gradient background. On the left, the text "Never miss our bulletin!" is written in large, bold, white and dark blue letters. Below it, in smaller white text, is "Get this bulletin delivered straight to your inbox every week." At the bottom left, a dark blue rounded rectangle contains the text "Scan to subscribe on" in white, followed by the URL "parishesonline.com" in white and underlined. To the right of the URL is a white circle with a dark blue right-pointing arrow. On the right side of the graphic, there is a white rounded square containing a QR code. Above the QR code, there is a blue envelope icon with a white card inside showing a blue church steeple, and a small blue bell icon.