



# Our Lady of Sorrows Church

Main Street PO Box 326 Vestal, New York 13851-0326 (607) 748-8287  
olsvestal.org A Roman Catholic Parish in the Diocese of Syracuse, New York

MAY 22, 2022 SIXTH SUNDAY OF EASTER

## Pastor

Rev. John P. Donovan

## Mass Times

Saturday Vigil: 5:15pm  
Sunday:  
8:30am & 11:00am

## Daily Mass (Chapel)

Monday - Wednesday  
7:30am  
Saturday 9:00am

## Reconciliation

4:00pm-4:45pm

## Rosary

Monday - Wednesday:  
7:00am  
Saturday: 8:30am

## Adoration

Wednesdays:  
8:00am-9:00am

## Office Hours

Monday - Thursday:  
8am-3pm



*Peace I leave with you;  
my peace I give to you.  
Not as the world gives  
do I give it to you.  
Do not let your hearts  
be troubled or afraid.*



Everyone wants to experience peace. When we look to the world to provide this for us, we can easily get disappointed. We associate peace with an absence of war and conflict, good relationships between neighbors and coworkers, the achievement of success and even the absence of noise! While all of these are worthy endeavors, pursuing them exclusively as a path to experiencing peace sets us up for failure. When we look for peace outside of ourselves, it will never be found. True and lasting peace is something that comes from within and not something we can produce on our own or receive from others. Peace is discovered when we experience an inner wholeness and harmony. It is born of a sense of connectedness with a God who is larger and greater than ourselves, gifting us with His presence. It is the only peace offered by the Risen Christ that can settle our hearts and calm our fears. Regardless of the degree of turmoil around us, this sense of completeness that Jesus gives anchors our boats and prevents us from sinking.

## Pastor's Desk



### Solemnity of the Ascension

Thursday, May 26<sup>th</sup>, is a holy day of obligation.

Masses will be:

6:30 am

9:00 am

6:00pm

The parish office will close at 10 am, as Bishop Lucia has given Holy Days as holidays. The office will be closed until Tuesday May 31, as the 30<sup>th</sup> is Memorial Day. The staff is truly looking forward to the five-day weekend!

### THANK YOU!

Last week we received our Hope Appeal overage from the 2021 Hope Appeal campaign. Imagine my surprise and joy to see a check for **\$11,522.42**. Your generosity will never cease to astound me, especially now as we are all facing such dramatic inflation! Thank you!

### Vocations

"Peace I leave with you; my peace I give to you. Not as the world gives do I give it to you. Do not let your hearts be troubled or afraid." Only in the Lord will our hearts be at rest. The world cannot offer what the Lord offers. He is freely giving us the path to freedom and peace, will you take the offer? Call Father Jason Hage (315) 470-1468, or write: [vocations@syrdio.org](mailto:vocations@syrdio.org).

### Called by Name

*Called by Name*, a program to promote vocations to the priesthood and consecrated life, will begin in our parish next weekend. Pray for vocations. More details next Sunday.

## Parish News

OUR LADY OF SORROWS  
PARISH PICNIC  
JULY 31, 2022  
12PM - 3PM

MORE INFORMATION  
COMING SOON!

### Thank You!



Thank you to all who came out in support of the people of Ukraine last Sunday afternoon. You donated approximately \$2500 which will go to Catholic Relief Services to help them aid Ukrainians in need. I am humbled by your generosity to my homeland.

- Dan O'Brien

Please Welcome to Our Catholic Faith  
through the Sacrament of Baptism:

**Declan Stephen Duffy**

Let us pray that in the years to come,  
the gift of faith may grow in this child.  
Let us pray also for his family,  
may they guide and  
help him know and  
live the gift he has received.



There will be a meeting for the Prayer Shawl Ministry this Sunday, May 22<sup>nd</sup> in room 11 at 2pm. Whether you're an experienced knitter, crocheter, quilter, a beginner or just want to come and see what we do, please join us. All are welcome!

### Pastoral Care Corner

With Memorial Day fast approaching and so many people I talk to saying that no one takes them to the cemetery to honor their deceased loved ones, I wonder if our next generation knows how important it is to us to go to pay tribute to those who have died. I have heard Memorial Day called Decoration Day as it was a time to decorate the graves of loved ones. Since Memorial Day is coming in a couple of weeks wouldn't it be great to ask someone you know if they want to go to pay respect to someone who has died and hear the stories of days gone by.



## Bulletin Book Club

*Living Joy*  
by Chris Stefanick



The past few weeks in the bulletin we have been doing a mini-book club for our Easter gift, *Living Joy*. This is an excellent opportunity for contemplation, journaling and prayer... *all to help you rediscover and live joy every day.* If you prefer in-person, we also have a book club that meets in the cafe Tuesdays at 11am-12pm.

### Introduction: Rule 2: Love Yourself

*"Love your neighbor as yourself,"*

- Saint Paul (1 Thessalonians 5:18)

#### Journal Questions


- The prerequisite of loving others is loving yourself. What does it mean to love yourself?
- What is an experience you had that lied to you about your dignity and worth?
- What is an experience you had that revealed your dignity to you?
- If you could put one name to it, which lie do you tell yourself the most? What single word or label would most effectively counteract that lie?
- Are you taking care of your basic human needs? In the areas of rest, cleanliness, exercise, nutrition... how are you doing? What is one area where you would like to improve?

#### Challenge

- Speak truth: Identify your primary lie and renounce it out loud by saying, *"In the name of Jesus, I renounce the lie that I am ..."* Then identify the truth you most need to hear that counteracts that lie. Say it out loud, *"I claim the truth that I am..."*
- Reflect on what false and unrealistic ideals you have for yourself that are exhausting you. Identify them, then get intentional about rejecting them!
- Make self-care a priority and do one concrete thing to treat yourself this week (and ideally, on a regular basis)!

#### Prayer

- Prayerfully reflect on the following: *"You are a priority to God, become a priority to yourself!"*

 Take it to Prayer: Reflect on Luke 5:1-11. Put yourself in Simon's shoes. How does the gaze of Jesus feel? Is it uncomfortable? Do you welcome it?

### Rummage Sale

Friday, June 3, 9am – 5:30pm, Bag Sale: Saturday, June 4, 9am – 12pm. AOH Hall, 148 Main Street, Binghamton, NY.  
Sponsored by Ladies Ancient Order of Hibernians Division 2

# THE CORPORAL WORKS OF MERCY



## 1 FEED THE HUNGRY

So many people in our world do not have enough food. Ways we can help include: not wasting food, donating food to food banks, cook/serve for a soup kitchen, donate money.



## 2 GIVE DRINK TO THE THIRSTY

Being thirsty is not just about wanting a drink. It is also about having clean water that you can drink and use for cooking and cleaning. We can help by not wasting water in our homes, donate money to a clean water project, carry water bottles in cooler in our car to give to homeless people.



## 3 SHELTER THE HOMELESS

Many people live on the streets or in their cars instead of a home. We can donate supplies to homeless shelters like pillows, sheets and blankets; cleaning supplies and food.



## 4 VISIT THE SICK

It is never fun to be sick, even with a cold, is it? We can take time to be kind to those who are sick by visiting them, calling them, sending a card or gift. This lets them know we are thinking of them so they will be less lonely.



## 5 VISIT THE PRISONERS

Even though they are in prison; they are still a person to treat with respect. Not everyone can actually go to prison to visit but we can pray for them and donate things to the prison.



## 6 BURY THE DEAD

No one really likes to think about death, especially of the people we love. If we know someone who has had a death in their family, it is nice to tell them that we are sorry the person has died. You can send a card to let them know you are praying for the person who died and for them too.



## 7 GIVE ALMS TO THE POOR

Giving alms is another way of saying help the poor. It can be money, food, clothes, toys, books, time or anything else that people need. It is important for those who have all they need to share with those who do not.



Vestal Cheer  
BBQ Fundraiser  
Sunday, May 22, 11am till Sold out.  
Our Lady of Sorrows Church

Chicken dinner w/mac salad & baked beans: \$13 per dinner  
Pulled Pork w/ coleslaw & Baked beans: \$11 per dinner



## Faith Formation & Youth Ministry

### Pentecost Youth Mass

**Sunday, June 5<sup>th</sup>  
at 8:30am**

Students of all ages who would like to be involved as:

Readers,  
Hospitality Helpers,  
and  
Gift Bearers,

please contact  
Kelly Soprano:  
ksoprano@olsvestal.org

**Celebrate the Birthday of the Church  
with birthday games & treats  
following the 8:30am Youth Mass!**



### Peace Camp

July 18 - 21, 5:30 to 8pm

Online registration form at [olsvestal.org](http://olsvestal.org).  
Questions? Call Dempseys 607-748-3221

## Activities for Youth & Families at Our Lady of Sorrows



### June 5:

Pentecost Youth Mass  
8:30am at OLS  
Children of all ages welcome to sign-up  
by contacting Kelly Soprano:  
ksoprano@olsvestal.org

### June 26:

“Sunday Sundaes”  
6:30pm at OLS café  
Sign-ups will be available in the  
Gathering Space

### June 27-July 1:

Vacation Bible School 9am-12pm  
at St. Vincent de Paul  
Blessed Sacrament  
465 Clubhouse Rd. Vestal  
To register, contact Kelly Soprano:  
ksoprano@olsvestal.org



### July 10-14:

Totus Tuus for grades 1-6  
7-9pm at OLS  
Registration available online at: [olsvestal.org](http://olsvestal.org)

### July 11-15:

Totus Tuus for grades 1-6  
9am-3pm at OLS  
Registration available online at: [olsvestal.org](http://olsvestal.org)

### July 18-22:

The 30th Annual Peace Camp!  
5:30-8:30pm at OLS  
Registration available online at: [olsvestal.org](http://olsvestal.org)

### July 31:

Rumble Ponies Faith & Family Day  
1:00pm at Mirabito Stadium, Binghamton



St. Rita of Cascia (1381 – 1457) had the opportunity to live her life as a wife, mother, widow, and eventually, member of a religious community. Born in central Italy, St. Rita felt the calling to become a nun, but was pressured at a young age into marriage. During her 18-year marriage to a cruel man, she raised two sons. When her husband was killed in a brawl and her sons died, St. Rita decided to go back to her first love and attempted to join the Augustinian nuns in Cascia. Her status as a widow caused some complications to her entering, but she eventually succeeded in professing vows.

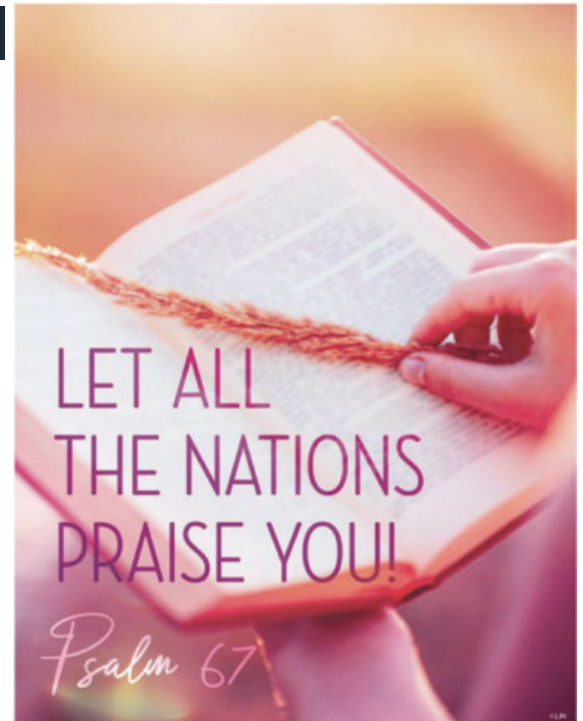
Throughout her lifetime, St. Rita of Cascia was known for her prayerfulness and charity. She also experienced stigmata on her forehead, meditated frequently on Christ's passion, and cared for the nuns of her religious community and those in the lay community who came to her for counsel.

St. Rita of Cascia pray for us!

## Weekly Prayer

### Readings for the Week of May 22, 2022

<b>Sun</b>	<b>5/22</b>	First Reading Second Reading Gospel	Acts of the Apostles 15:1-2, 22-29 Revelation 21:10-14, 22-23 John 14:23-29
<b>Mon</b>	<b>5/23</b>	First Reading Gospel	Acts of the Apostles 16::11-15 John 15:26 - 16:4a
<b>Tues</b>	<b>5/24</b>	First Reading Gospel	Acts of the Apostles 16:22-34 John 16:5-11
<b>Wed</b>	<b>5/25</b>	First Reading Gospel	Acts of the Apostles 17:15, 22-18 John 16:12-15
<b>Thurs</b>	<b>5/26</b>	First Reading Second Reading Gospel	Acts of the Apostles 1:1-11 Ephesians 1:17-23 Luke 24:46-53
<b>Fri</b>	<b>5/27</b>	First Reading Gospel	Acts of the Apostles 18:9-18 John 16:20-23
<b>Sat</b>	<b>5/28</b>	First Readings Gospel	Acts of the Apostles 18:23-28 John 16:23b-28
<b>Sun</b>	<b>5/29</b>	First Reading Second Reading Gospel	Acts of the Apostles 7:55-60 Revelation 22:12-14, 16-17, 20 John 17:20-26



### Observances for the Week

- Sunday:** 6th Sunday of Easter; St. Rita of Cascia  
**Wednesday:** St. Bede the Venerable; St. Gregory VII;  
 St. Mary Magdalene de'Pazzi  
**Thursday:** The Ascension of the Lord; St. Phillip Neri  
**Friday:** St. Augustine of Canterbury  
**Next Sunday:** 7th Sunday of Easter; St. Paul VI

### Please Remember in Prayer

... All those who have recently  
 died & their families:  
 Edward Sledziona, former parishioner.

### Mass Intentions

- Monday, May 23**  
 7:30am Else-Marie Griffin - Family  
**Tuesday, May 24**  
 7:30am Donald Higgs (Month's Mind) - Family  
**Wednesday, May 25**  
 7:30am Bob & Mary Makala - Dolly  
**Saturday, May 28**  
 9:00am Joseph Supon, Sr. – Russ & Monica Pennington  
 5:15pm Mike Elizondo – Dolly Menichello  
**Sunday, May 29**  
 8:30am John Galli – Tom & Rita Novitsky  
 11:00am For the People of Our Lady of Sorrows

### Sanctuary Lamps

...are burning in the Church and the  
 Chapel for all our First Communicants  
 and their families.

### Pope Francis' Twitter (@Pontifex)



*Each of us is called to holiness, to a unique and unrepeatable form of holiness. The Lord has a design of love for everyone. He has a dream for your life. Welcome it! Pursue it joyfully!*

### Ministry Schedule

### Seventh Sunday of Easter

Ministry Schedule	Lectors	Eucharistic Minister	Altar Server	Hospitality Ministers	
Saturday, May 28, 5:15pm	<b>OPEN</b> <b>OPEN</b> D. Rigotti	M. Restuccia <b>OPEN</b>	J. Heidel <b>2-OPEN</b>	C. Kaminski T. Kaminski	<b>2-OPEN</b>
Sunday, May 29, 8:30am	D. Fitzgerald G. Kucharski P. Lo Galbo	C. Austenfeld O. Fitzgerald J. Rohde	E. Fine A. Kneller L. Kneller	B. Brown M. Danaher	N. Hargrave G. Wagner
Sunday, May 29, 11:00am	P. Cartie B. Congdon K. Egan	S. Congdon E. Hotalen	T. Albert Z. Smith <b>OPEN</b>	B. Albert E. Jarrold	A. Miller L. Tran

## Our Lady of Sorrows Parish Information

### May 22, 2022 Parish Calendar

**Daily Mass (Chapel) Monday-Wednesday 7:30am  
Saturday 9:00am (Church)**

#### Sunday, May 22

8:30am Mass  
9:30am Adult Choir Rehearsal  
9:30am Nazareth Farm Meeting (library)  
11:00am Mass  
12:00pm Baptism of Declan Duffy  
2:00pm Prayer Shawl Meeting (rm 11)

#### Monday, May 23

7:7:00pm Rosary  
7:00pm Knights of Columbus Meeting (Knights rm)  
7:00am Finance Committee Meeting (library)

#### Tuesday, May 24

7:00am Rosary  
8:30am Parish Staff Meeting (Office closed)  
12pm-2pm Food Pantry Open  
5:30pm Mary's Meal  
7:00pm Bible Study (rm 11)  
7:00pm Preview of Sunday Scriptures (Zoom)

#### Wednesday, May 25

7:00am Rosary  
8:00am Adoration & Divine Mercy

#### Ascension of the Lord Thursday, May 26

Parish Office Open only 8am-10am today.

6:30am Holy Day Mass  
9:00am Holy Day Mass  
9:30am Women's Study Group (rm 11)  
4pm-7pm Food Pantry Open  
6:00pm Holy Day Mass

#### Friday, May 27

7:00am Men of St. Joseph

#### Saturday, May 28

8:30am Rosary  
4pm-4:45pm Confession  
5:15pm Mass

#### Sunday, May 29

8:30am Mass  
9:30am Adult Choir Rehearsal  
11:00am Mass  
12:00pm Baptism of Giovanni Pittari

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### Our Giving

#### Regular Offering

Envelopes	147	\$8,615.00
Online Giving	78	\$3,864.34
Loose		\$488.00
<b>TOTAL</b>		<b>\$12,967.34</b>



*Your generosity, charity & sacrifice are deeply appreciated. Thank you very much!*

### Parish Contact List

Parish Office	(607)748-8287
Parish Email	office@olsvestal.org
Faith Formation	(607)748-8287
Food Pantry (Julie Slattery)	(607)785-3214 pantry@olsvestal.org
Dennis Slattery	Parish Council
Tom Boslet (Grand Knight)	tboslet02@gmail.com

### Sacraments

#### Baptism

Please call the Parish Office to make arrangements. If this is your first child, a baptism prep online class is required. Any questions please call Diane Rigotti at 607-748-8287.

#### Marriage

Please call the Parish Office at least six months in advance to make arrangements.

#### First Sacraments & Confirmation

Please contact our Director of Faith Formation, [ksoprano@olsvestal.org](mailto:ksoprano@olsvestal.org).

### Ministry to the Sick

If a family member is hospitalized or homebound, please call the Parish Office as soon as possible. Privacy laws may prevent a hospital from telling us your loved one is there.

### If you are moving ...

Please call or email the Parish Office with your new address and phone number so we can update contact information.

### Parish Staff

Pastor: Rev. John P. Donovan	<a href="mailto:jpdonovan@syrdio.org">jpdonovan@syrdio.org</a>
In Residence: Rev. Laurence Lord	
Deacon: Dc. Ed Blaine	
Pastoral Associate: Jackie Adams	<a href="mailto:jackie@olsvestal.org">jackie@olsvestal.org</a>
Adult Faith Formation: Diane Rigotti	<a href="mailto:diane@olsvestal.org">diane@olsvestal.org</a>
Business Administrator: Amy Sullivan	<a href="mailto:amy@olsvestal.org">amy@olsvestal.org</a>
Music Director: Matthew Vavalle	<a href="mailto:mvavalle@olsvestal.org">mvavalle@olsvestal.org</a>
Director of Catechetics & Youth Ministry: Kelly Soprano	<a href="mailto:ksoprano@olsvestal.org">ksoprano@olsvestal.org</a>
Front Office/Bulletin: Kelley Marconi	<a href="mailto:office@olsvestal.org">office@olsvestal.org</a> <a href="mailto:olsbulletin@olsvestal.org">olsbulletin@olsvestal.org</a>
Back Office/IT: Kathy O'Brien	<a href="mailto:kathy@olsvestal.org">kathy@olsvestal.org</a>
Maintenance: Nick Mion, Maria Torres	
Sacristans: Tom Boslet & Dave Waters	

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