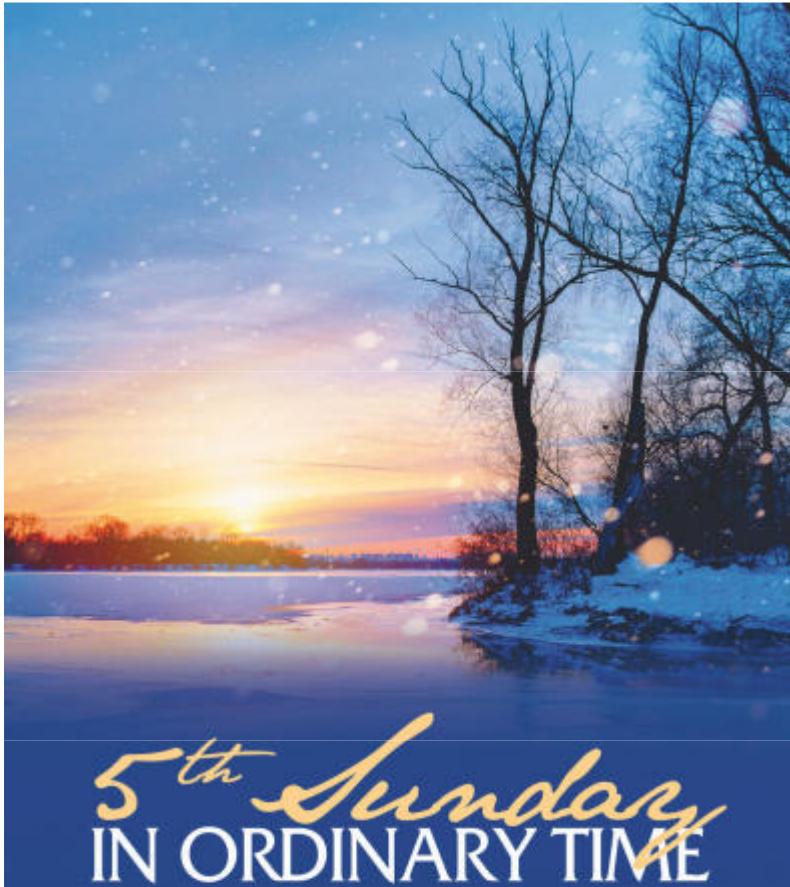


ST. BERNARD OF MONTJOUX PARISH

February 7, 2021



He cured many who were sick with various diseases, and he drove out many demons, not permitting them to speak because they knew him. - Mk 1:34

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

Worship Sites



St. Bernard's
27 St. Bernard St.
Saranac Lake, NY
12983



**Church of the
Assumption**
826 State Rt. 86
Gabrels, NY

Oratories

St. Paul's
1640 State Rt. 3
Bloomingdale, NY

**St. John's
in the Wilderness**
6148 St. Rt. 30
Lake Clear, NY

Our parish is one of only two in the U.S. named for St. Bernard of Montjoux, patron saint of hikers, skiers and mountaineers. All other St. Bernard's parishes are under the patronage of St. Bernard of Clairvaux.

Eleventh century Priest of the Diocese of Aosta in the Alps, St. Bernard was well known for his ministry among the travelers and hikers in the treacherous alpine passes between France and Italy. One of the monasteries he established developed the massive breed of dog that could function well in deep snow and unrelenting cold—the St. Bernard.



Pastor: Father Martin E. Cline
Priest in Residence: Msgr. C.J. McAvoy

St. Bernard's Rectory 518-891-4616 www.stbernards.church



Regular Office Hours:
Monday: 9:00 a.m.—3:00 p.m.
Tuesday, Wednesday & Thursday: 9:00 a.m.—2:00 p.m.



Deacon: Joseph Szwed, 518-891-5008
Pastoral Assistant: Sr. Carol Kraeger

School Principal: Andrea Kilbourne-Hill, 518-891-2830
www.stbernardsschool.org



5th Sunday in Ordinary Time

If I only knew then what I know now, how different life would be. This sentiment, expressed in myriad ways, is found on every human being's lips at one point or another. Life may have brought us to a vulnerable place where we see some of the poor choices we made and the effects they are having. Perhaps we fell into some destructive and dysfunctional relationships or behaviors and are finding how they held us captive. Our zeal and passion for life may have drifted away, and we are waking up to the reasons apathy has taken hold. Life can be hard. In fact, some would describe their lives as a drudgery. They walk through each day with an anxious unsettledness, wondering when their restlessness will cease. There is a temptation to believe that what I see is all I will get. Mortality and hopelessness await the dawn. If I could only have known what would come in the future, I could have made better choices and avoided all of this misery!

Really? While we can certainly give into weakness, sin, impulsiveness, and idiosyncrasies that cause us to stumble over ourselves, life is really a journey. If we don't make the mistake of wallowing in the mire of self-pity and realize the new life God is calling us to, then there are thrills, adventures, surprises, and soul-searching graces we can surely miss. We are not tethered to our past, nor are we bound to the ills life can bring upon us. We are never hopeless or helpless. The problem is that our myopic vision only allows us to see the misery and misfortune that is before us, not the potential that can come from choosing healthier and more life-giving options. Jesus came that we might have fullness of life. We need to learn how to reach for Jesus' hand and let him help us to our feet.

We need to allow God into our pain and heal our past. We have to wrestle with our histories, agonize and search and cry out for the Divine healing we need to restore our faith, hope, and love. Job could not see how his story would end or trust the guidance of the God who called him. We live in that same blindness and suffer from the same lack of confidence. Once we allow ourselves to be touched by God's healing power, we begin to see that all of the pieces of our lives are necessary parts of a greater whole. Along the way of our lives, God uses our omissions and failures to create new things and possibilities. When doors close, others open, and we can be amazed by joyful and unexpected surprises. Once we know the power of God's creative, healing, life-giving, forgiving, and dynamic presence, it is no wonder we want to put ourselves at the service of others and show them what life can be.

Eternal Rest Grant Unto Her, O Lord

Dorothy Fobare



LENTEN REGULATIONS 2021

(February 17, 2021 is Ash Wednesday, the beginning of the Season of Lent.)

ABSTINENCE

All Catholics who have reached their 14th birthday are bound to abstain totally from meat on the following days: **Ash Wednesday, Fridays of Lent, & Good Friday.**

FASTING

All Catholics between the ages of 18 and 59 are bound also to observe the Law of Fast on the following days: **Ash Wednesday (February 17) and Good Friday (April 2).** Fasting, that is, eating less, involves limiting oneself to a single full meal and avoiding food between meals. Lighter nourishment may be taken on two other occasions in the course of the day.

PRAAYER & PENAANCE

The entire season of Lent should be observed in a spirit of prayer and penance. Spending extra time in prayer or Bible study, attending daily Mass, voluntary sacrifice and self-denial, combined with works of charity and service to others, are all excellent ways to obey the Lord's command to reform our lives and to prepare for the joyful celebration of Easter.

EASTER DUTY

All Catholics who have reached the age of reason must confess their serious sins in the Sacrament of Penance at least once a year. They must also receive Holy Communion at least once each year between the **First Sunday of Lent (February 21)** and **Trinity Sunday (May 30).**

OBLIGATION

All Christ's faithful are obliged by divine law to do penance. The days set aside for fast and abstinence in Lent are special ways of doing penance and are an expression of unity for all the Church.

CHRISM MASS

Due to the pandemic, participation in this year's Chrism Mass is reserved to the clergy, religious, deacon candidates and seminarians. It will be celebrated at St. Mary's Cathedral in Ogdensburg on Tuesday of Holy Week March 30th at 1.00 p.m. The Faithful will be able to participate via livestream at <https://www.rcdony.org/livemass>. Details pertaining to this event will be forthcoming.

FUNERALS DURING THE SACRED TRIDUUM

On Holy Thursday, Good Friday, and Holy Saturday, Funeral Masses may not be celebrated. However, a Funeral Service consisting of the Liturgy of the Word and the Final Commendation may be held in Church.



Contribution Statements

Parishioners who would like a contribution statement for tax purposes for the 2020 tax year should contact Ellen at the church office. You can request one by emailing office@stbernards.church, or calling 518-891-4616. Statements will be mailed to you as soon as possible.



For the month of February, you are asked to bring peanut butter/jelly and crackers. Your donations are greatly needed and appreciated during these unprecedented times.



St. Bernard's School News

We had a great Catholic Schools Week 2021. Thank you to all our parishioners for supporting SBS throughout the years. Here are what some of our students and parents have said about why they love our Catholic School:

Amelia - 1st grade - I love seeing all my friends and learning science.

Max - Kindergarten, 1st, and 3rd grade parents - We appreciate that St. Bernard's provides a solid faith foundation for our children.

Jack - 3rd grade - I love my school because it is safe for me and my family.

Thomas - I love building snow forts at recess.

Darcey - 2nd grade parent - The teachers at St. Bernard's are awesome.

Nellie - 3rd grade - I love seeing all the other grades in their classrooms when we walk through the hallways.

Greta - 1st grade - Learning math is so fun!

Mark - 2nd grade - I love playing soccer at recess.

Forest - 3rd grade - I love how small St. Bernard's is.

Juna - 1st grade - Our playground is awesome.

Claire - 3rd grade - All the kids are nice!

Linda - 4th grade parent - The school feels like home for my son.

There is no school February 15, 16, and 17 in observance of President's Day.

Virtual Vocational Retreat:

The Dominican Sisters of Mary, Mother of the Eucharist invite you to join them on their 2nd Virtual Vocational Retreat! Opening on February 13, this online retreat will include talks given by the Sisters and Father David Meconi, S.J. on prayer, Dominican spirituality, the spirituality of DSMME, Eucharistic and Marian Devotion, and much more. Register now at www.sistersofmary.org//news-events/events/.

Catholic Daughters' Baby Shower

 Catholic Daughters of the Americas, Court St. Bernard's, will again be sponsoring a Baby Shower for Catholic Charities/Birthright sometime in the spring. Please consider buying diapers and other baby supplies while they are on sale.

If you are more creative and wish to sew, crochet or knit items please know blankets, quilts, hats and mittens are very important. If you already have some of these items, RoseAnn (891-0212) would be happy to pick them up at your convenience.



CDA February Meeting

Catholic Daughters of the Americas, Court St. Bernard's, will be safely gathering on Saturday, February 20th, at 11 a.m. in the chapel. There will be a very brief business meeting followed by a Lenten prayer service. We will be on our way home by noon. Masks must be worn and social distancing will be observed.



THE SEARCH A Virtual Discussion

The office of New Evangelization will offer an opportunity to view and discuss the Formed.org program THE

SEARCH, a 7-episode program that explores the deepest questions of the human heart: Why am I here? What's life all about? What happens when we die? It guides you through the great big story of everything, as astrophysicists, psychologists, neuroscientists, artists, chemists and professors point to one big (surprising) conclusion: Jesus Christ, and the Catholic Church. What do you seek?

They will meet on consecutive Mondays from 6:30-8:00 p.m. to view and discuss The Search episodes via Zoom.

Feb. 8: Episode 2: Who Are You?

Feb. 15: Episode 3: Why a God?

Feb. 22: Episode 4: What's our Story?

Mar. 1: Episode 5: Who is Jesus?

Mar. 8: Episode 6: Am I Saved?

Mar. 15: Episode 7: Why a Church?

The online registration form is available at <https://www.rcdony.org/thesearch>. For more information, contact Marika Donders at mdonders@rcdony.org or 315-393-2920, ext. 1380.

Special Lenten Parish Mission

St. Mary's Church of Ticonderoga is offering a special Lenten Parish Mission podcast hosted by Father J. Roger McGuinness. Fr. McGuinness, a priest of the Diocese of Ogdensburg for over 50 years, has been a pastor, seminary and university professor, retreat master, college chaplain and vocation director. Now retired from active ministry he continues to write and give spiritual direction.

Fr. Roger will be leading a Lenten mission featuring weekly reflections on the Sunday gospel readings. He will also offer a special reflection on the life of St. Joseph on March 19th, the Feast of St. Joseph.

The podcast can be found at our website <https://www.route74catholics.org/fatherroger>. It can also be found at Apple Podcasts, Google Podcasts and Spotify. The first episode will be available on February 16th.

World Day of Prayer for Consecrated Life

World Day of Prayer For Consecrated Life is being celebrated this weekend. We recognize the countless men and women who live consecrated life in various ways, as well as their contributions to the growth of the Church. We especially pray for those men and women in our diocese who daily live the vows of poverty, chastity and obedience while belonging to a community and tirelessly working in ministry. Through their example of discipleship, may we be inspired to deeper communion with Christ, and may there be an increase in vocations to the consecrated life.

If you'd like to speak with a religious priest, brother or sister, or would like information, contact the Vocation Office at 315-393-2920, or email Fr. Chris Carrara at ccarrara@rcdony.org or Cathy Russell cruessel@rcdony.org.

FEBRUARY 7, 2021

OLPI MASS INTENTIONS

February 6 — February 14

Sat., Feb. 6 & Sun., Feb. 7—5th Sun. in Ordinary Time

4:30 p.m. (*St. B*) (Ant.) People of the Parish
8:00 a.m. (*St. B*) Fr. Lucien Jean MSC by Joy Hayes
10:00 a.m. (*St. B*) Elizabeth (Jim) Bevilacqua by the
Bevilacqua Family (John, Nancy, Susan, Bill)

Monday, February 8

8:30 a.m. (*St. B*) Reggie & Alma Sawyer by the O'Dell
Family

Tuesday, February 9

12:00 p.m. (*St. B*) Dennis Duprey by John & Al Pozzi

Wednesday, February 10 — St. Scholastica

8:30 a.m. (*St. B*) Jason Rockett by Colette Lafuente
1:30 p.m. (*St. B*) Tom & Rita Kenedy by Shirley Hossler

Thursday, February 11 — Our Lady of Lourdes

12:00 p.m. (*St. B*) Barry Scott Morgan McDonough by
Kathleen Schneck

Friday, February 12

8:30 a.m. (*St. B*) Laurie Zaglier by the Luciano Family

Sat., Feb. 13 & Sun., Feb. 14 — 6th Sun. in Ordinary Time

Valentine's Day — World Marriage Day

4:30 p.m. (*St. B*) (Ant.) Lionel Vaughn by Cathy & Jim
Vaughn
8:00 a.m. (*St. B*) People of the Parish
10:00 a.m. (*St. B*) All Priests & Religious by the Oliver
Family

Readings for the week of February 7, 2021

Sunday: Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6 [cf. 3a]/1 Cor
9:16-19, 22-23/Mk 1:29-39
Monday: Gn 1:1-19/Ps 104:1-2a, 5-6, 10 and 12, 24 and 35c
[31b]/Mk 6:53-56
Tuesday: Gn 1:20—2:4a/Ps 8:4-5, 6-7, 8-9 [2ab]/Mk 7:1-13
Wed.: Gn 2:4b-9, 15-17/Ps 104:1-2a, 27-28, 29bc-30
[1a]/Mk 7:14-23
Thursday: Gn 2:18-25/Ps 128:1-2, 3, 4-5 [cf. 1a]/Mk 7:24-30
Friday: Gn 3:1-8/Ps 32:1-2, 5, 6, 7 [1a]/Mk 7:31-37
Saturday: Gn 3:9-24/Ps 90:2, 3-4abc, 5-6, 12-13 [1]/Mk 8:1-
10
Next Sun.: Lv 13:1-2, 44-46/Ps 32:1-2, 5, 11 [7]/1 Cor
10:31—11:1/Mk 1:40-45



Funeral Masses

The noon Mass is cancelled, and the intention is
rescheduled, whenever a Funeral Mass is held.

THE FIFTH SUNDAY IN ORDINARY TIME

Sunday Liturgies:

4:30 p.m. (Anticipated) — St. Bernard's

8:00 a.m. — St. Bernard's

10:00 a.m. — St. Bernard's

Weekday Masses:

Monday, Wednesday, Friday — 8:30 a.m. — St. Bernard's
Tuesday, Thursday — 12:00 p.m. — St. Bernard's

Baptismal Preparation:

Please call St. Bernard's Rectory, 891-4616

Penance:

Saturdays: (*St. B.*) 3:30 to 4:15 p.m.

Anytime by appointment.

Catholic Charities: 518-483-1460

Pregnancy Services:

Crisis Pregnancy? 1-800-NO-ABORT

Plattsburgh Pregnancy Center 518-578-9648 (Free pregnancy testing, counseling, & ultrasound)

Birthright 518-563-4300; OLV Gabriel Project 518-561-1842

Post-Abortion Healing is possible: 1-800-HOPE4ME, or
www.rachelsvineyard.org

St. Bernard's Parish Council:

Jeff Branch, RoseAnn Hickey (Vice-President), Tom Kalinowski, Jim Law (President), Dorothy Metz, Kathy Samperi, Sister Carol, Deacon Joe Szwed, Jim Murnane (trustee), Carol Ward (trustee), Andrea Kilbourne-Hill (school rep), Kathy Hall (secretary — non-voting member)

St. Bernard's Finance Council:

Andrea Kilbourne-Hill, Michael Kilroy, Alan Latourelle, Dorothy Metz, Jim Murnane, Carol Ward



1/17/21 collection

St. Bernard's Parish\$6,238.00

1/24/21 collection

St. Bernard's Parish\$6,409.00

Your generosity is greatly appreciated.

Free National Catholic Men's Conference

Join thousands of Catholic Men from across the nation as they gather to explore the question: What does it mean to live out the Catholic Faith in everyday life? Whether you're a single man, a father, a husband, or grandfather, God has something to give to you at this event, and it just might change your life.

- Learn how to approach the challenges of our day with courage
- Gain a clearer vision of God's plan for your life
- Learn practical and immediately applicable steps to growing as a Catholic man
- Learn how to be the spiritual leader in your home

The conference goes from Friday, February 19 to Sunday, February 21. Hear from more than 30 national presenters, like: Chris Stefanick, Matt Fradd, Fr. Larry Richards, Deacon Harold Burke-Sivers, MLB star Mark Teixeira. Register on your own, or plan a watch party with a small group. This is going to be a powerful gathering. Register for FREE today at <https://go.virtualcatholicconference.com/NCMC2021>.

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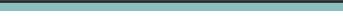
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