FIFTH SUNDAY IN ORDINARY TIME • FEBRUARY 4-5, 2023 •



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GOOD NEWS

How to properly receive the Holy Eucharist during Communion

As Catholics, we firmly believe and hold that the Most Holy Eucharist is truly the Body and Blood, Soul and Divinity of our Lord Jesus Christ and that Christ Himself is Present in a Real, True and Substantial manner (CCC. 1373-1381). It is such a tremendous gift to have our Lord give Himself to us in this manner! The Church, therefore, must always cherish and guard this great gift.

With the above said, if one is in a state of mortal sin, they must make a sacramental confession first before receiving our Lord in the Holy Eucharist. Even if in venial sin, it is extremely prudent to make a sacramental confession beforehand.

The Catechism also tells us the Eucharist is the source and summit of our faith and our way of thinking should always be attuned to the Eucharist, and the Eucharist in turn confirms our way of thinking. (CCC 1327). So, we need to carefully guard our Lord in our actions. While we have the option of receiving holy Communion either on the tongue or on the hand, we must always be mindful of receiving Jesus respectfully with profound reverence.

When in the Communion line and approaching our Lord, one can make a profound bow, genuflect, or kneel when receiving. If genuflecting, just be cognizant of the person behind you so they don't trip. When the priest or deacon says, "the Body of Christ" the proper response is "Amen."

Communion on the tongue is the traditional and superior way to receive. When receiving on the tongue, tilt your head back a little and stick out tongue beyond the teeth and over the lower lip with your mouth open. Stay still. Do not try and reach for it with your head or try to grab the host with your teeth. The priest or deacon will simply place the Eucharist on your tongue.

If receiving on the hand, please do not approach with one hand or even two hands together. Simply place your right hand under your left like a throne and keep your left (top hand) flat. Do not curl your fingers and please do not reach for the Host as if to grab or pick it from the minister's fingers.

Once the priest or deacon places our Lord on your hand, place the Host directly in your mouth immediately while standing still and are in place. Do not place in your mouth as you are walking away.

If you are not receiving, but would like a blessing, you may approach with your arms crossed solemnly across your chest and the priest or deacon can give you a blessing.

Continued on page 3...



Receive with favor, O Lord, we pray,the offerings of your people, that what they profess with devotion and faith may be theirs through these heavenly mysteries. Through Christ our Lord.

Sunday TV Mass: Sundays at 11:00 AM WETM2 (18.2) Spectrum 11, Empire Access 97, Blue Ridge 8

CONTACT

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Charlette Smith x203 Communications aspcommunications@dor.org

Baptisms ... x216 Marriage ... x216

Office Hours: Monday – Thursday, 9:00 a.m. – 4:00 p.m. Closed Fridays

Mass Schedule and Intentions for Fifth Sunday in Ordinary Time

Saturday, February 4 9:00am June Ball - Mary Lou Neally

Weekday 5:00pm For the People of All Saints Parish

TVMass Bernard J. Smith - The Family

Sunday, February 5 8:00am For the People of All Saints Parish Fifth Sunday in Ordinary Time 10:30am Phil Caputo & Steve Martuscello -

Fifth Sunday in Ordinary Time 10:30am Phil Caputo & Steve Martuscello - Margaret & Maynard Black

Monday, February 6 12:15pm Bernard & Celia Smith - The Family Saint Paul Miki & Companions, Fr. Robert McNamara - Friends

Martyrs

Tuesday, February 7 8:20am Fran Gehl - James Gehl

Weekday

Wednesday, February 8 12:15pm Eleanor Giambrone & Leo McDonald - Mike & Teresa Graham

kday Joseph Priscilla - Barb Price

Friday, February 10 12:15pm Gene Tunney - Diana & Stella

Saint Scholastica, Virgin Charles Heim - Brain Hitchings

Saturday, February 11 5:00pm Deceased Members of the Agosta, Bola, DePalma & Lanahan Families

Weekday - Anthony & Jill Agosta

Our Lady of Lourdes, BVM TVMass Sponsor Available

Sunday, February 12 8:00am Jackie & Tim Raniewicz - Bierwiler Family

Sixth Sunday in Ordinary Time 10:30am For the People of All Saints Parish

MEMORIALS

Sanctuary Lamp | Area Francisans Living & Deceased - Gloria House, OFS

February 5 - February 11 Bread and Wine | Memorial Sponosrship Available

Flowers | Memorial Sponsorship Available

FACTS AND FIGURES

Week Ending: 01/28/2023-1/29/2023 Regular Weekly Offerings: \$9,67500

Online Giving: \$2,832.00

Mass Attendance -

01/28/2023-1/29/2023

5:00pm: 137

8:00am: 135 10:30am: 205

Total: 477

From Fr. Phil Billotte's sister, Patty:

"Fr. Phil is doing ok in his current facility but we are trying to get him to Rochester. Please keep him in your prayers." Thank you! Patty Billotte Lincourt

To send cards and well wishes:

Colonial Courtyard Memory Care E19 1300 Leonard St. Clearfield, PA 16830

ASYM Pancake Social and Fundraiser (All Saints Youth Ministry)

On February 12th right after the 8:00am and 10:30am Masses, ASYM will be serving hot pancakes in the All Saints Academy Gymnasium. Please help support our ministry through prayer and generous contributions. The Youth Group provides our teenagers (8-12thgraders) the opportunity to grow closer to our Lord in prayer, adoration, retreats and community service. The group also has fun building their social network while playing games and attending events.

This year the group has a busy calendar planned: Steubenville conference, Duc in Altum retreats, "We are Messengers" concert, bowling and more. You can help make it all happen through your prayers and donations.

The Heart of Jesus

February is known as the month of Love, so this month, All Saints Parish Works of Mercy asks each and every

parishioner to intentionally reach out to someone who needs love...which is, of course, everyone and anyone. Especially keep in mind those who feel unloved, those who are hard to love, those who have lost love. Think of someone who may least expect it, who is hurting, alone, afraid, ill, depressed. Or maybe show some extra love to someone who has shown you a lot of love.

Bring soup, make a phone call, send a card, buy someone lunch, take someone to breakfast, invite for coffee, do a chore, just spend time...the list is endless. **Bring the Heart of Jesus to someone.**



Good News continued from front page...

For those not receiving, you can make an act of spiritual communion by praying the following: Oh, my Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

After receiving, silently return to your seat and make a fervent, loving, and worshipful act of Thanksgiving. You can even prayer the following Anima Christi prayer as an example:

Soul of Christ, sanctify me;

Body of Christ, save me;

Blood of Christ, inebriate me;

Water from the side of Christ, wash me;

Passion of Christ, strengthen me;

O good Jesus hear me:

Within your wounds hide me;

separated from you, let me never be;

From the evil one protect me;

At the hour of my death, call me;

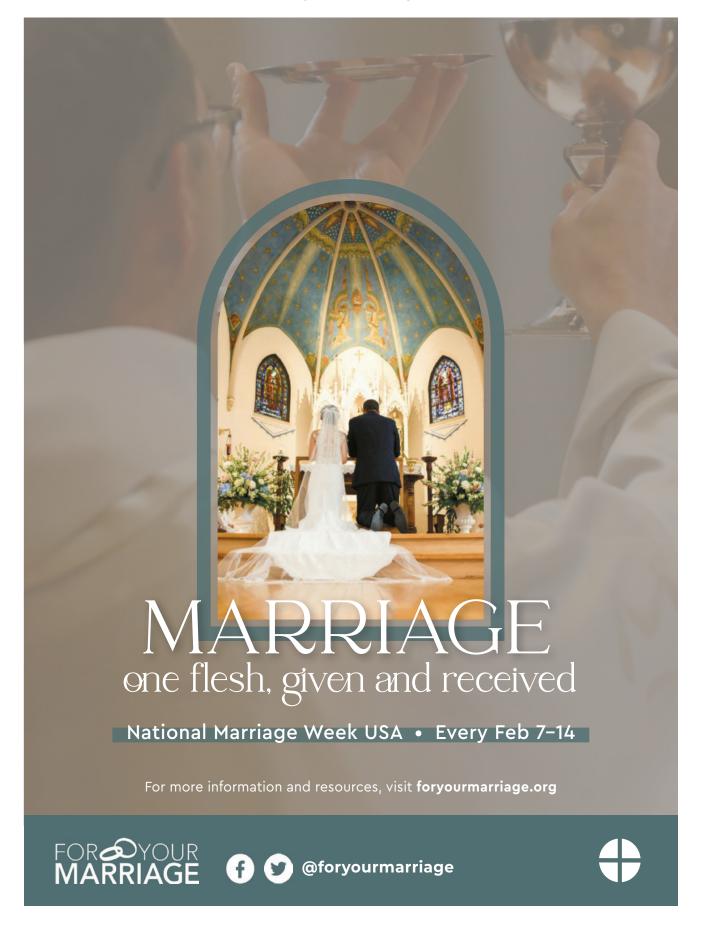
And close to you bid me; That with your saints,

I may be praising you forever and ever. Amen.

Embrace this most sacred moment, for our blessed Lord is with you and in you in such a way that is beyond all comprehension! Remember, it is our Lord and God Himself we are receiving. May we give our all to Him Who gave His all for our salvation! May God bless you.

Sincerely in Jesu et Maria!....Deacon Brian.





EUCHARISTIC ADORATION at St. Mary's Church - Tuesday's 9am - 9pm

"What wonderful majesty! What stupendous condescension! O sublime humility! That the Lord of the whole universe, God and the Son of God, should humble Himself like this under the form of a little bread, for our salvation."

- St. Francis of Assisi

The Catechism explains that the Holy Eucharist is the source and summit of the Christian life and in It is contained the whole spiritual good of the Church, namely Christ Himself (CCC 1324). Since this is indeed the case, our whole life should be oriented toward the Holy Eucharist where not only our true healing lies, but that of the whole world.

With this said, we have such a wonderful opportunity to be in the presence of our Eucharistic Lord every Tuesday from 9am to 9pm. Even though we currently have a person officially committed for every hour, the ideal is to have at least two people committed along with an alternate list of substitutes.

If you are interested in signing up for an hour or even desire to be a possible substitute, please contact **Deacon Brian at (607) 481-2309**

February Works of Mercy: Counsel the Doubtful/Comfort the Afflicted

- Say a Rosary for those troubled by doubt that they may understand and believe in God.
- Comfort the afflicted have compassion and be a good listener for those who are suffering.
- Smile and make others feel wanted and welcome.



POTLUCK DINNER & DISCUSSION

2ND TUESDAYS, SEPT- JUNE, 6-8 PM ALL SAINTS ACADEMY GYM MORE INFO/RSVP:

aleksandradoran@gmail.com

BIBLE COFFEE CLUB

1ST AND 3RD THURSDAYS, SEPT. - JUNE 9:30 - 11 AM, LOCATION VARIES YOUNG CHILDREN WELCOME MORE INFO/RSVP: ACPAWLAK@GMAIL.COM

Join the Youth Movement

The All Saints Parish Youth Group has begun meeting every Friday, 6:30-8:30 p.m. in the school gym. Your 8th to 12 graders are invited to attend.

Our teenagers are on a spiritual journey of their own. They spend most of their days influenced by their peers in society. The Youth Group will help provide a regular venue and environment for our teens to make lasting friendships and grow in their Catholic faith.

We realize our teens are busy, and they may not make every Friday. We will do our best to keep the program constant so your teen can join us when able.

If you are interested in being part of the team of parents helping provide snacks for Friday gatherings, please contact Kristin Lynch at: mrkristin@outlook.com

If you go

Youth Group Friday Gatherings Every Friday 6:30 to 8:30 p.m. Contact Kristin for weekly location

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BRIFFS

The All Saints Parish Men's Group is calling Spiritual Warriors to come deepen your faith through prayer, community, discussion, and ACTION! The Group meets each Saturday 8:00-9:00 a.m., Conference Room of the school. Enter the main doors, take first left, room is all the way down end of the hall, first room you see, (old 5th grade classroom.)

The All Saints Parish Women's Group gives women of all ages an opportunity to grow in their Catholic faith, engage in fellowship, and support their parish and community through prayer, witness and service. For information contact Aleksandra Doran aleksandradoran@gmail.com

Widow/Widower Rosary Group

The group meets every Monday of the month in Brennan Chapel, immediately following the 12:15 p.m. Mass. Please Contact Lorrie Healy with any questions: Lchealy49@gmail.com or 607-331-3740.

Rosary Collection Both Teresa Graham and Barb Price are the two contacts who will physically collect the Rosaries. Please do not leave them in church but hand them to either Teresa or Barb. Thanks to all for supporting this effort.

Thinking of Marriage? Contact the Parish office, 607-936-4689, at least *nine months* prior to your planned wedding date and before making other wedding arrangements.

CONNECT WITH US

Find the Church on the web at: www.allsaintsparish.org

The Parish is on **Facebook** @AllSaintsParishCorningNY and **Twitter** @ASPCorning

The Parish also has a **Youtube** channel Download the Our Parish App accessible by smartphone **MyParishApp**.

Parish Office

158 State Street, Corning, NY 14830 Phone: 607-936-4689 **Saint Mary's Church** 155 State Street Corning, NY 14830

Bulletin Please submit bulletin articles **TWO WEEKS** before the desired weekend of publication, to **ASPCommunications@dor.org**

OUIET TIME

Adoration of the Blessed Sacrament

Tuesday, 7:00 a.m.-9:00 p.m. Friday, 1:00pm-12:00am -Anawim Community Center

Confessions

Saturday, 3:00 - 4:30 p.m.

St. Mary Church is Open for Prayer

Sunday/Monday/Wednesday/Friday:

7 a.m. - 1:00 p.m.

Tuesday: 7:00 a.m. - 9:00 p.m. Thursday: 7:00 a.m. - 6:00 p.m. Saturday: 7:00 a.m. - 7:00 p.m.

Prayer Groups

Rosary/Divine Mercy Chaplet: Saturday, 7:30 a.m.,Brennan Chapel at St. Mary's Church Daily Evening Zoom Rosary: 7:30 p.m. Contact Teresa, tmgraham@stny.rr.com

ONLINE GIVING https://giving.parishsoft.com/Aallsaipp/Giving/PS-1433

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INSPIRATION

