

SENIOR HAPPENINGS



May/June 2022 ~ "It's Our Time"

Clinton Senior Center
271 Church Street

Tel: 978-733-4747
Fax: 978-365-9416
Email:
seniorcenter@clintonma.gov

Staff Directory

Exec. Director, Ext. 302
Debra Goodsell

Asst. Director, Ext. 304
Sherri Brown

Nutritional Serv., Ext. 305
Stephanie Cerutti

Programs, Ext. 303
Shannon Giansanti

Dispatcher, Ext. 309
Christine Ladner

Outreach, Ext 307
Melissa Sargent



Top Photos:

On Friday March 11th, we hosted our first ever Saint Patrick's Day Party at Turner Hall. Everyone who came out had a great time. We gave out lots of door prizes and had a really fun DJ on hand to get us up on to the dance floor!

Bottom Photos:

We got 'em again with our April Fool's Day Lunch. The entrée was Cinna-Cake Surprise followed by Buf-faux-lo Wings!

Each year is hoot tricking our guests with surprise meals!



Clinton Council on Aging Mission Statement

"To serve as the Resource Center for the community's elders and their caregivers. We will provide services and programs that include health, education, nutrition, recreation, transportation and advocacy for elders."

Clinton Council on Aging Board

Chairman—Jo Lisa Chouinard (seated-R) **Vice Chairman**—Debra McMahon-Cote (seated-L)

Board Members (L-R)

Sheila Azorandia, Henry Tencati, James LeBlanc, Steven Mendoza, Jr. &, Claire Lent,

Clinton Council on Aging meets the 2nd Thursday of each month at 12:00 pm at the Clinton Senior Center.



**CLINTON'S PREMIER
SENIOR HOUSING**

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APARTMENTS**
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- Get it right to your door
- Valid MA Medical Card required

resinate

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Matthew Moreno, Au.D.
DOCTOR OF AUDIOLOGY



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CENTER PROGRAMS by Shannon Giansanti, Program Coordinator

REGISTRATION REQUIRED FOR ALL PROGRAMS.

CALL 978-733-4747 EXT. 303

Programs subject to change without notice.

Meditation

Instructor: Jeff Cote

Every Wednesday 2:15 PM

Teaches us the art of mediation to lessen anxiety and stress.



Line Dancing

Instructor: Joanne Daley
Mondays at 9:30 AM

Parks & Rec. Building
560 High Street

Tai Chi

Instructor: Jeff Cote

Every Wednesday 1 PM

During the winter months Tai Chi will be held at the Parks & Rec. building
560 High Street



POOL ROOM IS OPEN!!!



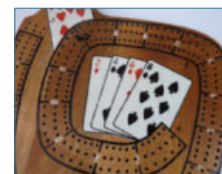
Call Shannon to reserve a time!

978-733-4747 Ext 303

CRIBBAGE IS BACK!

THURSDAYS
9am-11am
Call to Register!

NEW PLAYERS WELCOME!



Every Wednesday from
9:30 AM-10:45 AM

Share challenges, goals & successes!

Contests & awards for weekly/monthly winners!

T.O.P.S. gives each chapter engaging, professionally prepared programs covering a variety of health and wellness topics

Call Shannon for more information or to register.
978-733-4747 Ext. 303

Cake Decorating

Wednesday, May 25th
Wednesday, June 22nd
1 PM

Instructor: Dianne Rockwell
The Cake Lady

\$5.00 fee includes frosted cake, frosting & guided instruction.

Registration required

"Yarn It All" Knitting

Every Wednesday from
9:00 to 11:00 AM
Instructor: Elaine Patterson



Every Friday at 12:30 pm



Seats are limited

New players welcome
Call to register!

CARDS



Every Tuesday at 12:30 pm

New players welcome
Call to register!!

Exercise with Kristin Higgins

Hybrid BoomMind
Monday 9:00 am

Chair Yoga

Tuesday Group A 11:45 AM
Tuesday Group B 12:30 PM
&

Friday Group A 11:45 AM
Friday Group B 12:30 PM

Strength & Balance
Thursday 8:45 am



ZUMBA

Zumba w/Deb Oliva

Every Tuesday at 12:30
Parks & Rec Bldg
560 High Street
Clinton

Registration Required

Call 978-733-4747 to register



DULL MEN'S CLUB
"Proud To Be Ordinary"

Tuesday, May 3rd
9:00 AM

Honorable Valerie A. Yarashus
Superior Court Justice

Tuesday, June 7th
9:00 AM

Chief Brian Coyne

WILD WOMEN CLUB



Wednesday, May 18th
Crompton Collective & Worcester Marketplace
Transportation provided
\$20/per person
Call Shannon for more info and to Sign-up

Wednesday, June 1st
1:00 PM

Block Dance
Come & Get Your Groove On!



HIP HOP CHAIR DANCE EXERCISE

w/ Rhonda Drafts

Wednesday, June 1st
11:00 AM

Please call to register
978-733-4747

CENTER PROGRAMS by Shannon Giansanti, Program Coordinator

Bingo at Turner Hall

Thursdays at 1:00 PM

Registration is required for Bingo every week prior to Thursday

Easy slide window cards
\$0.25 / 3 cards per game



Winner takes the pot!



AMERICAN BANDSTAND

With Paul Daley

Please join us for a morning of Music, trivia & fun!

First Friday every month

9-11 AM

Please call to register



978-733-4747

Caregiver's Connect

Reasons for Caregivers to Connect

-Learn Tips from Experienced Caregivers

-Make New Friends

-Know You're Not Alone

-Build a Bigger Support Circle

Monday, May 16th &

Monday, June 20th 9:30 AM

Please call to register

978-733-4747



Bereavement Support

with Clyde Wheatley

Wednesday, May 25th

Wednesday, June 29th

1-3 PM

A safe place for you to share and express your grief and loneliness while discussing ways to find hope.

Prior Registration is required.

Please call to register

978-733-4747

Book Club

"Three Sisters"

By

Heather Morse

Wednesday, May 11th at 1:00 PM

&

"The Last Letter From Your Lover"

By

Jo Jo Moyes

Wednesday, June 15th at 1:00 PM



Integrity Medicare &
Healthcare Advisors

FINDING SOLUTIONS FOR YOUR HEALTHCARE PUZZLE
WITH SKILL, COMPASSION AND INTEGRITY.

INTEGRITY MEDICARE ADVISOR

Keith Aubin

Will now be taking appointments one evening each month to help with Medicare, MassHealth or private insurance.

Thursday, May 19th, 5-7 PM

&

Thursday, June 16th, 5-7 PM

Call Melissa to book your appointment
978-733-4747 Ext. 307



TECH TIME with David Derezinski

Are you having difficulty with your devices?

Smart phones, laptops, desk tops, ipads, etc.

Let David help!

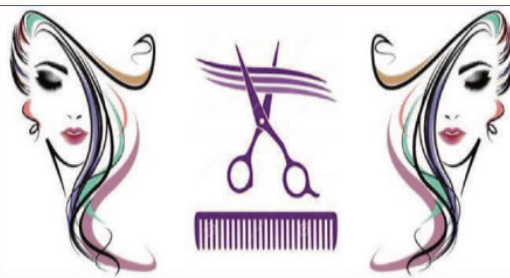
Saturday, May 14th, 9-11 AM

Saturday, June 18th, 9-11 AM

Appointments are required

Call Shannon for your appointment time

978-733-4747 Ext. 303



Hair I Go

Beauty Services at Your Door

with Kathy Wilson

978-875-1488

Servicing

Hudson, Stow, Berlin, Bolton, and Clinton



GENTLE YOGA

with
Jennifer Wein

Please join us every
Thursday evening
6-7 PM

**Pre-registration is required
Space is very limited**

Call to register 978-733-4747

BIG SMILE ENTERTAINMENT

Presents



Tuesday, June 21st
11:30 AM

\$5.00 includes lunch and a show!

Reservations are required!

Please call Shannon to reserve your spot!
978-733-4747 Ext. 303

Newsletter

You can
now have
the

Senior Happenings newsletter
emailed to you!

Just let us know by calling Shannon
978-733-4747 Ext. 303



Please join us
for a rousing
good time of

DRUM CIRCLE

Thursday, June 9th
2:00 PM

Registration required

Please call 978-733-4747

NUTRITIONAL SERVICES by Stephanie Cerutti, Meal Site Manager



NATIONAL BBQ DAY

Join us on

**Monday, May 16th
at
11:30 AM**

For our first cookout of the season!

**\$5.00 per person
Reservation is required**

Please come in to see Shannon to reserve your seat



*i'm just a person,
standing in front
of a salad, asking
it to be a donut*

WEDNESDAY CENTER MEALS

5/4- Wonton Cheesburger Cups

5/11- Brie Grilled Cheese w/Turkey

5/18-Homemade Chili w/Cornbread

5/25- Stuffed Zucchini

6/1- Chicken Macaroni Salad

6/8- Hawaiian Chicken & Rice

6/15- Chef Salad

6/22- Stuffed Peppers

6/29- Pasta w/Ground Turkey & Broccoli

*****All meals include a drink and dessert*****

\$5.00 per person/reservation is required.

Reservation due by noon the prior Monday
All meals may be subject to change with no prior notice.



IS IT YOUR BIRTHDAY MONTH?

Let's celebrate with CAKE!!
11:45 AM

Wednesday, May 4th
Wednesday, June 1st

Happy Birthday!!



Thanks to a generous donation from the Central Massachusetts Agency on Aging,

We are able to open our very own food pantry for seniors called Grady's Groceries, in honor of the late William Grady, former Chairman of the Board for the Clinton Council on Aging.

We will have a ribbon cutting ceremony on Monday, May 2, 2022 at 11:00 AM

Grady's Groceries will have shelf stable food items, as well as refrigerated and frozen items. There will also be toiletries and hygienic products available.

Please call for days and hours of operation.



MONTHLY VETERANS BREAKFAST

Retired or Active Duty service men & women are invited

Friday, May 20th
Breakfast is plated and served at 9:00 AM

Friday, June 17th
Special Summer Kick Off BBQ
Lunch will be served at 11:30 AM

(This BBQ is Veterans only)

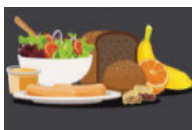
Pre-registration is required as space is limited.
Please call 978-733-4747 to sign up

GROUP DINING

Every Monday, Wednesday & Friday at the Clinton Senior Center

Reservations must be made by noon the day prior by calling

Stephanie at 978-733-4747 Ext. 305.



COFFEE CHAT

Join us every Friday 9-11 AM

Delicious coffee, Great conversation & the best of company



"Back-Up" Meals on Wheels drivers needed

If you'd like to help Please call Sherri at

978-733-4747 Ext. 304

Must have valid driver's license & be agreeable to CORI





If you, or a loved one, could benefit from having Meals On Wheels delivered to your door,

Please call Montachusett Opportunity Council (MOC) For more information


978-345-8501 Ext. 2



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9:00 Hybrid BoomMind 9:00 Line Dancing 11:30 Group Dining	3 9:00 Dull Men's Club 11:45 Chair Yoga 12:30 Chair Yoga 12:30 Cards 12:30 Zumba @ Park & Rec building	4 9:00 "Yarn It All" 9:45 T.O.P.S. 11:30 Center Meal 11:45 Monthly Birthday Celebration 1:00 Tai Chi 2:15 Meditation	5 8:45 Strength & Balance 9:00 Cribbage 10:00 Beginner's Spanish 1:00 Bingo @ Turner's 6:00 Gentle Yoga	6 9:00 Coffee Chat 9:00 American Band Stand 10:00 Intermediate Spanish 11:30 Group Dining 11:45 Chair Yoga 12:30 Chair Yoga 1:00 Mahjong
9 9:00 Hybrid BoomMind 9:00 Line Dancing 11:30 Group Dining	10 11:45 Chair Yoga 12:30 Chair Yoga 12:30 Cards 12:30 Zumba @ Park & Rec building	11 9:00 "Yarn It All" 9:45 T.O.P.S. 10:00 Politics with J&J 11:30 Center Meal 1:00 Book Club 1:00 Tai Chi 2:15 Meditation	12 8:45 Strength & Balance 9:00 Cribbage 10:00 Beginner's Spanish 1:00 Bingo @ Turner's 6:00 Gentle Yoga	13 9:00 Coffee Chat 10:00 Intermediate Spanish 11:30 Group Dining 11:45 Chair Yoga 12:30 Chair Yoga 1:00 Mahjong Saturday, May 14th 9:00 Tech Time (appt only)
16 9:00 Hybrid BoomMind 9:00 Line Dancing 11:30 Group Dining	17 11:45 Chair Yoga 12:30 Chair Yoga 12:30 Cards 12:30 Zumba @ Park & Rec building	18 9:00 "Yarn It All" 9:30 Oriole B.P. Check 9:45 T.O.P.S. 11:30 Center Meal 1:00 Tai Chi 1:00 Wild Women 2:15 Meditation	19 8:45 Strength & Balance 9:00 Cribbage 10:00 Beginner's Spanish 1:00 Bingo @ Turner's 1:00 Cake Decorating 5:00 Keith Aubin by appt 5:30 Friend's Meeting 6:00 Gentle Yoga	20 9:00 Veteran's Breakfast 10:00 Intermediate Spanish 11:30 Group Dining 11:45 Chair Yoga 12:30 Chair Yoga 1:00 Mahjong 10:00 Caregiver Expo @ St. John's Gym
23 9:00 Hybrid BoomMind 9:00 Line Dancing 9:30 Caregiver's Connect 11:30 Group Dining	24 11:45 Chair Yoga 12:30 Chair Yoga 12:30 Cards 12:30 Zumba @ Park & Rec building	25 9:00 "Yarn It All" 9:45 T.O.P.S. 11:30 Center Meal 1:00 Cake Decorating 1:00 Tai Chi 2:15 Meditation	26 8:45 Strength & Balance 9:00 Cribbage 10:00 Beginner's Spanish 1:00 Bingo @ Turner's 6:00 Gentle Yoga	27 9:00 Coffee Chat 10:00 Intermediate Spanish 11:30 Group Dining 11:45 Chair Yoga 12:30 Chair Yoga 1:00 Mahjong
30 The center will be CLOSED In observance of 	31 11:45 Chair Yoga 12:30 Chair Yoga 12:30 Cards 12:30 Zumba @ Park & Rec building			All Programs require advance sign-up and are subject to change with NO prior notice.

SUPPORT OUR ADVERTISERS!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>All Programs require advance sign-up and are subject to change with NO prior notice.</p>		<p>1</p> <p>9:00 "Yarn It All" 9:45 T.O.P.S. 11:00 Chair Hip Hop 11:00 Tai Chi 11:30 Center Meal 1:00 Wild Women 2:15 Meditation</p>	<p>2</p> <p>8:45 Strength & Balance 9:00 Cribbage 10:00 Beginner's Spanish 1:00 Bingo @ Turner's 6:00 Gentle Yoga</p>	<p>3</p> <p>9:00 Coffee Chat Crew 9:00 American Band Stand 9:30 Intermediate Spanish 11:45 Chair Yoga Group A 12:30 Chair Yoga Group B 1:00 Mahjong</p>	
	<p>6</p> <p>9:00 Hybrid BoomMind 9:00 Line Dancing 11:30 Group Dining</p>	<p>7</p> <p>11:45 Chair Yoga Group A 12:30 Chair Yoga Group B 12:30 Cards 12:30 Zumba @ Park & Rec building</p>	<p>8</p> <p>9:00 "Yarn It All" 9:45 T.O.P.S. 10:00 Politics with J&J 11:00 Tai Chi 11:30 Center Meal 2:15 Meditation</p>	<p>9</p> <p>8:45 Strength & Balance 9:00 Cribbage 10:00 Beginner's Spanish 1:00 Bingo @ Turner's 2:00 Drum Circle 6:00 Gentle Yoga</p>	<p>10</p> <p>9:00 Coffee Chat Crew 9:30 Intermediate Spanish 11:30 Group Dining 11:45 Chair Yoga Group A 12:30 Chair Yoga Group B 1:00 Mahjong</p>
	<p>13</p> <p>9:00 Hybrid BoomMind 9:00 Line Dancing 9:30 Caregiver's Connect</p>	<p>14</p> <p>11:45 Chair Yoga Group A 12:30 Chair Yoga Group B 12:30 Cards 12:30 Zumba @ Park & Rec building</p>	<p>15</p> <p>9:00 "Yarn It All" 9:45 T.O.P.S. 11:00 Tai Chi 11:30 Center Meal 1:00 Book Club 2:15 Meditation</p>	<p>16</p> <p>8:45 Strength & Balance 9:00 Cribbage 10:00 Beginner's Spanish 1:00 Bingo @ Turner's 5:00 Keith Aubin by appt 5:30 Friend's Meeting 6:00 Gentle Yoga</p>	<p>17</p> <p>11:30 Veteran's BBQ 9:30 Intermediate Spanish 11:30 Group Dining 11:30 Veteran's BBQ 11:45 Chair Yoga Group A 12:30 Chair Yoga Group B 1:00 Mahjong</p> <p>----- Saturday, June 18th 9:00 Tech Time appt only</p>
	<p>20</p> <p>9:00 Hybrid BoomMind 9:00 Line Dancing 11:30 Group Dining</p>	<p>21</p> <p>11:45 Chair Yoga Group A 12:30 Chair Yoga Group B 12:30 Cards 12:30 Zumba @ Park & Rec building</p>	<p>22</p> <p>9:00 "Yarn It All" 9:30 Oriole B.P. Check 9:45 T.O.P.S. 11:00 Tai Chi 11:30 Center Meal 1:00 Cake Decorating 11:00 Tai Chi 2:15 Meditation</p>	<p>23</p> <p>8:45 Strength & Balance 9:00 Cribbage 10:00 Beginner's Spanish 1:00 Bingo @ Turner's 6:00 Gentle Yoga</p>	<p>24</p> <p>The center will be closed today for our</p> <p>Annual Volunteer Appreciation</p>
	<p>27</p> <p>9:00 Hybrid BoomMind 9:00 Line Dancing 11:30 Group Dining</p>	<p>28</p> <p>11:45 Chair Yoga 12:30 Chair Yoga 12:30 Cards 12:30 Zumba @ Park & Rec building</p>	<p>29</p> <p>9:00 "Yarn It All" 9:45 T.O.P.S. 11:00 Tai Chi 11:30 Center Meal 1:00 Cake Decorating 1:00 Bereavement Support Group 2:15 Meditation</p>	<p>30</p> <p>8:45 Strength & Balance 9:00 Cribbage 10:00 Beginner's Spanish 1:00 Bingo @ Turner's 6:00 Gentle Yoga</p>	

<p>THIS SPACE IS</p> <p>AVAILABLE</p>	<p>LET US PLACE</p> <p>YOUR AD HERE.</p>
----------------------------------------------	------------------------------------------

TRANSPORTATION by Christine Ladner, Dispatcher

Clinton Senior Center Van Services - WRTA



Hours of operation are 8:15 AM to 2:30 PM

In Town- Clinton trips Monday-Friday, are “no fee” for Clinton seniors and those w/disabilities.

Out of Town- Please schedule your Out of Town appointments between 9 am-12 pm

Monday: Lancaster, Sterling, Leominster, Oakdale Nursing Home

Tuesday: Bolton Primary Care Physicians & Berlin/Highland Commons

Wednesday and Friday: Worcester

ALL VAN SERVICE REQUIRES A MINIMUM OF 48 HOURS ADVANCE NOTICE excluding weekends & holidays.

Limited seating-Curb to Curb-First Come/First Serve

IF YOU NEED A RIDE TO APPOINTMENTS, PICK UP GROCERIES, GET YOUR HAIR DONE, RUN ERRANDS, OR WHAT EVER YOU MAY NEED TO DO, WE CAN HELP.

PLEASE CALL CHRISTINE FOR MORE INFORMATION.

978-733-4747 EXT 309

PLEASE BE ADVISED:

Monday, May 30, 2022

THERE WILL BE NO VAN SERVICE ON THE FOLLOWING HOLIDAY.

In observance of Memorial Day

PLEASE BE SURE TO MAKE OTHER ARRANGEMENTS AS NEEDED



Earn More SNAP Dollars

SNAP → HIP
If you have SNAP, you have Healthy Incentives Program (HIP).

How much you'll get back, based on household size:

\$40

\$60

\$80

If you are a senior and are receiving SNAP benefits and want more information on earning MORE SNAP Dollars,

Please call Melissa at 978-733-4747 Ext. 307



Social Security Administration

You will be able to apply for benefits, obtain a benefit verification letter, obtain a new Medicare card or check the status of your application.

If you need assistance, please call Melissa 978-733-4747 X 307.

Help is also available online at SSA.gov

You can also call SSA directly 1-800-772-1213 Monday through Friday 8 AM-7 PM

“Memorial” or “In Honor of” Donations

Donation Amount \$ _____ Date: _____

Donor's Name (Please Print) _____

Address _____

City _____ State _____ Zip _____

Please Circle: **In Memory** or **In Honor**

Name: (Please Print) _____

Please notify the following individual(s). (Please Print)

Name _____

Address _____

City _____ State _____ Zip _____

The Donor's name will be recognized in The Clinton Council on Aging's Senior Happenings Newsletter.

Return to: Clinton Senior Center
271 Church St., Clinton, MA 01510

Checks may be made payable to:
The Clinton Senior Center



Are you on our **EMAIL LIST?**

We send “Email Blasts” when we have new programs and special events. Don't miss out! Sign up today!

Call Shannon 978-733-4747 Ext. 303

OUTREACH by Outreach Program Resource Coordinator, Melissa Sargent ext. 307



CMHA operates an array of programs ranging from homelessness prevention to affordable homeownership and services for elder homeowners.

The cornerstone of CMHA's mission is to not exist simply

to continue to provide more services, but to get to the root causes and reduce the need for our services in the long run.

Take a look at just a few of the things CMHA can assist you with:

- **Donations Clearinghouse**- DCH provides donated furniture and household goods to those in need, free of charge.
- **Elder Home Repair & Maintenance**- EHRM supports the age network concept of AGING IN PLACE by helping assure a physically safe and healthful home.
- **Housing Counseling**- Housing Counseling works to prevent homelessness and to promote safe, stable and affordable housing.
- **Family Shelter, Housing Placement, & Stabilization** - CMHA provides emergency shelter in coordination with DHCD with programs designed to provide families with the opportunity to develop a plan for housing and employment, allowing them to get back on their feet and obtain a home as soon as possible.

Central Massachusetts Housing Alliance (508) 752-5519



Caregiver Expo

Saturday May 21, 2022

It's Our Time

CLINTON SENIOR CENTER

If you are a caregiver for a friend or loved one and don't know what services are available to you to help make your life a little easier, we encourage you to attend our Caregiver Expo.

There will be vendors providing information from where to find durable medical equipment, adult day programs, home health care, home delivered meals, assisted living facilities, and so much more.

We hope to see you there!

CAREGIVER EXPO

*Hosted by
Clinton Senior Center*

Saturday, May 21, 2022
10 AM - 2 PM

at
St John's Gym
149 Chestnut Street, Clinton MA

CLINTON SENIOR
CENTER
271 Chestnut Street
Clinton, MA 01510

Phone: 978-733-4747
Fax: 978-365-9416

For more information, please call Sherri at 978-733-4747
Ext. 304



The Walk Massachusetts Challenge Returns!

May 1 - October 31, 2022

Run, jog or walk and earn chances to win prizes for you and your Council on Aging! This intergenerational challenge is open to ages 5-59 who 'sponsor' an older adult. (No fundraising is needed.) Participants register and track progress online. Choose from one of four challenges:

Commonwealth Challenge



Complete 351 miles to celebrate the number of cities and towns in the Commonwealth.

Shoreline Challenge



Complete 192 miles to celebrate the length of the Massachusetts shoreline.

1788 Challenge



Complete 88 days to celebrate the year Massachusetts became the sixth state.

Turnpike Challenge



Complete 126.6 miles to celebrate the length of the Massachusetts Turnpike from Boston to Lee.

Registration opens April 1 Register: www.walkmachallenge.com



ASNCM

AGING SERVICES OF NORTH CENTRAL MASSACHUSETTS

Consumer Directed Care Program

The Consumer Directed Care (CDC) Program allows older adults to directly hire their own caregivers; hired caregivers are reimbursed through state funding at an hourly rate. Older adults who are enrolled with Aging Services of North Central Massachusetts (ASNCM) may be eligible for the Consumer Directed Care (CDC) Program.

To be eligible for this program, the older adult must:

- 1) Be enrolled with ASNCM.
- 2) Not be enrolled on a MassHealth Waiver.
- 3) Be physically and mentally capable enough to make decisions, direct their caregivers, or have a family member or friend who can do so on their behalf.

Who can be a paid caregiver:

Family (except for a spouse), friends, church acquaintances, members of the senior center, volunteers at the council on aging, etc.

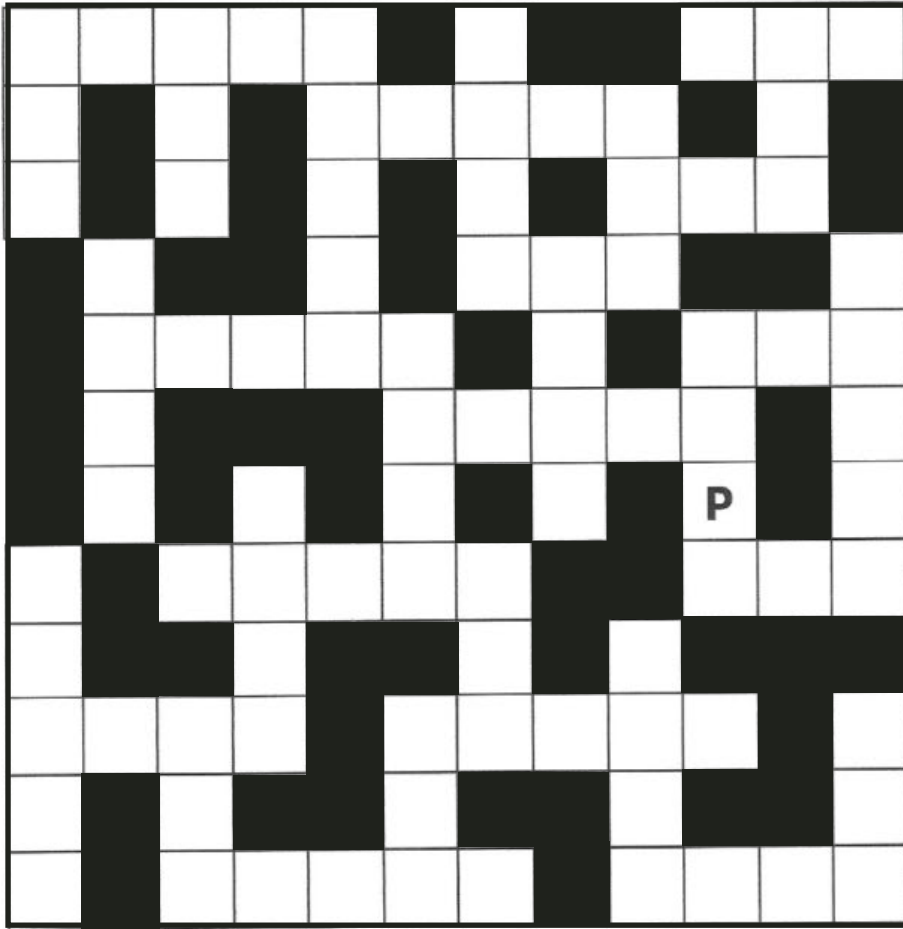
Next Steps for Individuals:

- 1) Enrolled with ASNCM *State Home Care Program*, then please call Kristina Sanderson at 978-466-1597.
- 2) Enrolled with ASNCM *Senior Care Options Program*, then please call the older adults respective Geriatric Support Service Coordinator (GSSC).
- 3) General inquiries please call our intake department at 978-466-1525.

Report Elder Abuse & Neglect—24/7 Hotline—1-800-922-2275—Mass.gov/how-to/report-elder-abuse

Crosswords, Word Search, Poems, Coloring Page, Trivia & More.....

Fill-Ins are just like crossword puzzles but with words instead of clues.
Your challenge is to fill in the puzzle by fitting in all of the given words.



- | | |
|------|-------|
| ARK | RAYS |
| COP | REAR |
| ELK | RUBY |
| FRY | USER |
| IRE | WOVE |
| IVY | AROSE |
| OUR | CRISP |
| OWE | EAVES |
| STY | FUROR |
| TEE | INLET |
| TIE | METRO |
| YAK | PIECE |
| YES | SKUNK |
| ALSO | SLAKE |
| DUCT | UDDER |
| ESPY | |
| NEWS | |



A woman tells her friend, "I feel like my body has gotten so out of shape, so I got my doctor's permission to join a fitness club and start exercising." She goes on to say, "So I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down and perspired for an hour, but, by the time I got my leotards on, the class was already over!"



COLOR ME !



Philbin & O'Neil, LLC

WILLIAM E. O'NEIL, JR., ESQ.

Real Estate

Estates and Trusts, Probate Administration
and Medicaid Planning

woneil@philbin-oneil.com

978-365-4587

43 HIGH ST., CLINTON, MA

CORCORAN HOUSE

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