

SENIOR HAPPENINGS



July/August 2022 ~ "It's Our Time"

Clinton Senior Center
271 Church Street

Tel: 978-733-4747
Fax: 978-365-9416
Email:
seniorcenter@clintonma.gov

Staff Directory

Exec. Director, Ext. 302
Debra Goodsell

Asst. Director, Ext. 304
Sherri Brown

Nutritional Serv., Ext. 305
Stephanie Cerutti

Programs, Ext. 303
Shannon Giansanti

Dispatcher, Ext. 309
Christine Ladner

Outreach, Ext 307
Melissa Sargent

Clinton Council on Aging Mission Statement

"To serve as the Resource Center for the community's elders and their caregivers. We will provide services and programs that include health, education, nutrition, recreation, transportation and advocacy for elders."



Top: Mrs. Marlene Grady & Dr. Moses Dickson (CMAA, Inc) cutting the ribbon at the entrance to Grady's Groceries.
Bottom: Mr. Grady's adoring family, who all made the time to be here for the dedication and ribbon cutting ceremony.



Mrs. Grady, and her son, Bill, inside Grady's Groceries

Thanks to a very generous donation from Central Mass. Agency on Aging, Inc., and numerous donations from the community, we were able to open a food pantry available to Clinton seniors.

As former Council on Aging Chairman, William Grady, was instrumental in getting the new senior center up and running in the former Foster Mansion, we thought it appropriate to name our food pantry "Grady's Groceries".

Mr. Grady was a wonderful advocate, not only in his long time position as Vice Principal of the Clinton Middle School, but especially for the seniors in this community later in his life.

We are honored to have known him and to have worked beside him. We hope that he would be proud of himself for what he has inspired and in us for bringing it to fruition.

With fondest memories of a pillar in our community, we thank you, Mr. Grady!

The entire staff of the Clinton Senior Center

Clinton Council on Aging Board

Chairman—Jo Lisa Chouinard (seated-R) **Vice Chairman**—Debra McMahon-Cote (seated-L)

Board Members (L-R)

Sheila Azorandia, Henry Tencati, James LeBlanc, Steven Mendoza, Jr. &, Claire Lent,

Clinton Council on Aging meets regularly each month at 12:00 pm at the Clinton Senior Center.

Meetings are open to the public.

Go to www.clintonma.gov for updated information.



**CLINTON'S PREMIER
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Evelyn Salmon MLO21537
Tom Gibbons MLO21535
Diana Ancil MLO21538



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CENTER PROGRAMS by Shannon Giansanti, Program Coordinator

REGISTRATION REQUIRED FOR ALL PROGRAMS.

CALL 978-733-4747 EXT. 303

Programs subject to change without notice.

MAHJONG
EVERY MONDAY
1:00-3:30

EVERY FRIDAY
11:30-1:30



CARDS WITH THE SHARKS!!

EVERY TUESDAY
12:30-3:30 PM



TAI CHI
W/JEFF COTE

EVERY WEDNESDAY
1:00-2:00 PM



MEDITATION
W/JEFF COTE

EVERY WEDNESDAY
2:15-3:00 PM



T.O.P.S.

EVERY WEDNESDAY
9:30-10:45 AM



ZUMBA AT THE SENIOR CENTER

EVERY TUESDAY
12:30-1:30



**“YARN IT ALL”
KNITTING**
W/ELAINE PATTERSON

EVERY THURSDAY
9:00-11:00 AM



BINGO
AT TURNER HALL

EVERY THURSDAY
1:00-3:00 PM



GENTLE YOGA
W/JEN WEIHN

EVERY THURSDAY
6:00-7:00 PM



BILLIARDS ROOM IS OPEN DAILY!!

MONDAY-FRIDAY
8:30-3:30 PM



EXERCISE
W/KRISTIN HIGGINS

MONDAY MORNING
STRETCH
9:00-10:00 AM

CHAIR YOGA
EVERY TUESDAY
GROUP A 11:45 AM
GROUP B 12:30 PM

EXERCISE
W/KRISTIN HIGGINS

STRENGTH & BALANCE
EVERY THURSDAY
8:45-9:45 AM

CHAIR YOGA
EVERY FRIDAY
GROUP A 11:45 AM
GROUP B 12:30 PM

CAKE DECORATING
W/DIANNE ROCKWELL

WEDNESDAY JULY 27th
1:00-3:00 PM

WEDNESDAY AUG. 24th
1:00-3:00 PM

\$5/PP-PRE REGISTER



BOOK CLUB
W/EILEEN MARSH

WEDNESDAY JULY 20TH
“GUEST LIST”

by LUCY FOLEY

WEDNESDAY AUG. 17th
“THE BOOK WOMAN’S
DAUGHTER”

by KIM MICHELLE
RICHARDSON

BOTH DATES
1:00-3:00 PM

TECH TIME
W/ DAVE DEREZINSKI

THURSDAY JULY 28th
5:00-7:00 PM

THURSDAY AUG. 25th
5:00-7:00 PM

BY APPOINTMENT ONLY



INTEGRITY MEDICARE
ADVISOR KEITH AUBIN

THURSDAY JULY 14th
5:00-7:00 PM

THURSDAY AUG. 11th
5:00-7:00 PM

BY APPOINTMENT ONLY



OUTREACH by Outreach Program Resource Coordinator, Melissa Sargent ext. 307

Report Elder Abuse & Neglect—24/7 Hotline-1-800-922-2275—Mass.gov/how-to/report-elder-abuse

BEREAVEMENT SUPPORT W/CLYDE WHEATLEY

WEDNESDAY, JULY 27th
1:00-3:00 PM

WEDNESDAY, AUGUST 31st
1:00-3:00 PM

A safe place for you to share and express your grief and loneliness while discussing ways to find hope.



CAREGIVER'S CONNECT W/CLYDE WHEATLEY

MONDAY, JULY 18th
9:30-10:30 AM

MONDAY, AUGUST 15th
9:30-10:30 AM

- Learn Tips from Experienced Caregivers
- Make New Friends
- Know You're Not Alone
- Build a Bigger Support Circle

Did you know?

There is a 2 year WAIT LIST for Senior Housing in Clinton.

Many seniors are shocked when they call our office to find out it is years, not weeks or months, before they can move into Senior Housing.

Our Outreach Coordinator can help by filling out the online application with you. This application is time stamped to ensure your place on the list.

If you feel that Senior Housing may be in your future, in the next couple of years, NOW is the time to complete the application.

Call Melissa at 978-733-4747 ext. 307 to schedule your appointment.

DO YOU NEED HELP APPLYING FOR SENIOR HOUSING??

C.H.A.M.P.

Common Housing Application for Massachusetts Programs online can help.

For help with online application
Please contact Melissa 978-733-4747 Ext. 307

SOCIAL SECURITY ADMINISTRATION

You will be able to apply for benefits, obtain a benefit verification letter, obtain a new Medicare card or check the status of your application.

If you need assistance, please call Melissa
978-733-4747 X 307.

Help is also available online at SSA.gov

You can also call SSA directly
1-800-772-1213
Monday through Friday 8 AM-7 PM



The Walk Massachusetts Challenge Returns!

May 1 - October 31, 2022

Run, jog or walk and earn chances to win prizes for you and your Council on Aging! This intergenerational challenge is open to ages 5-59 who 'sponsor' an older adult. (No fundraising is needed.) Participants register and track progress online. Choose from one of four challenges:

Commonwealth Challenge



Complete 351 miles to celebrate the number of cities and towns in the Commonwealth.

Shoreline Challenge



Complete 192 miles to celebrate the length of the Massachusetts shoreline.

1788 Challenge



Complete 88 days to celebrate the year Massachusetts became the sixth state.

Turnpike Challenge



Complete 126.6 miles to celebrate the length of the Massachusetts Turnpike from Boston to Lee.

Registration opens April 1 Register: www.walkmachallenge.com

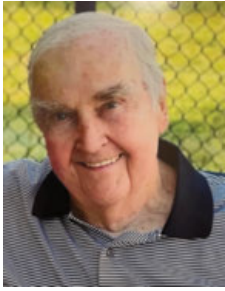


You can now have the Senior Happenings newsletter emailed to you! Just let us know by calling

Shannon
978-733-4747 Ext. 303

NUTRITIONAL SERVICES by Stephanie Cerutti, Meal Site Manager

“GRADY’S GROCERIES” FOOD PANTRY



OPEN EVERY FRIDAY
11:00 AM-1:00 PM

DO YOU NEED A QUICK FEW ITEMS
THAT YOU MAY HAVE MISSED AT
THE GROCERY STORE?

IF YOU’RE A CLINTON SENIOR, WE MIGHT JUST HAVE
WHAT YOU NEED. STOP IN ON FRIDAYS TO CHECK IT
OUT.

LIMITED TO 5 ITEMS IN ONE VISIT PER PERSON PER
WEEK SO THAT WE CAN ACCOMMODATE AS MANY
SENIORS AS WE POSSIBLE CAN.

WE WILL HAVE CANNED GOODS, PERSONAL HYGIENE
ITEMS, REFRIGERATED ITEMS, PRODUCE ITEMS AND
MORE.

THURSDAY CENTER MEALS

July

7/7-Chicken Fajita Wrap

7/14-National Mac & Cheese Day

7/21-Penne Pesto Primavera

7/28 Meatloaf Sandwiches

August

8/4-Avocado Chicken Wrap

8/11-Taco Pasta

8/18-Sloppy Joe

8/25-National Waffle Day

*****All meals include a drink and dessert*****

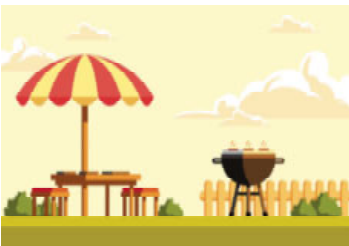
\$5.00 per person/reservation is required.

Reservation due by noon the prior Tuesday

All meals may be subject to change with no prior notice.

CLINTON SENIOR CENTER Presents the ANNUAL SUMMER BARBECUE

Please join us for



4:00 PM—Field Day
Activities
5:30 PM—A Good Old
Fashioned BBQ
6:30 PM—Field Day Awards
7:00 PM—Entertainment
8:30 PM—Movie Night

FRIDAY, AUGUST 26, 2022

Try your hand at
Corn Hole, Horseshoes, & Ring Toss or just laugh at staff
members trying some silly competitions

Settle in for a delicious BBQ of Burgers, Sausage, Pepper &
Onion Mini Subs, Pasta Salad, Watermelon & Assorted
Drinks

Handing out awards and some great entertainment will segue
into our Movie Night Feature

“YESTERDAY”

Please b.y.o comfy chair for the movie

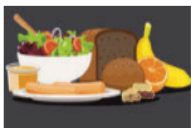
TICKETS GO ON SALE MONDAY, JULY 11TH
\$15/PER PERSON

GROUP DINING

Every Monday, Wednesday &
Friday at the
Clinton Senior Center

Reservations must be made by
noon the day prior by calling

Stephanie at 978-733-4747
Ext. 305.



COFFEE CHAT

Join us every
Friday 9-11 AM

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Great conversation
& the best of company



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If you’d like to help
Please call Sherri at

978-733-4747 Ext. 304

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license & be agreeable to
CORI**




If you, or a loved one, could
benefit from having
Meals On Wheels
delivered to your door,

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Opportunity Council (MOC)
For more information

978-345-8501 Ext. 2



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p style="text-align: center;">All Programs require advance sign-up and are subject to change with NO prior notice.</p>			<p style="text-align: right;">1</p> 9:00 Coffee Chat 10:00 Inter. Spanish 11:00 Taijifit 11:30 Group Dining 11:30 Mahjong 11:45 Chair Yoga Grp A 12:30 Chair Yoga Grp B
<p style="text-align: right;">4</p> 9:00 Monday A.M. Stretch 11:30 Group Dining 1:00 Mahjong	<p style="text-align: right;">5</p> 10:00 Growing Places 11:45 Chair Yoga Grp A 12:30 Chair Yoga Grp B 12:30 Cards 12:30 Zumba	<p style="text-align: right;">6</p> 9:45 T.O.P.S. 11:30 Group Dining 1:00 Tai Chi 2:15 Meditation	<p style="text-align: right;">7</p> 8:45 Strength & Balance 9:00 "Yarn It All" 9:00 Town Nurse 10:00 Beginner's Spanish 11:00 Politics with J&B 11:30 Center Meal 1:00 Bingo @ Turner's 6:00 Gentle Yoga	<p style="text-align: right;">8</p> 9:00 Coffee Chat 10:00 Inter. Spanish 11:00 Taijifit 11:30 Group Dining 11:30 Mahjong 11:45 Chair Yoga Grp A 12:30 Chair Yoga Grp B <hr/> Tickets are now available for Annual BBQ
<p style="text-align: right;">11</p> 9:00 Monday A.M. Stretch 11:30 Group Dining 1:00 Mahjong	<p style="text-align: right;">12</p> 11:45 Chair Yoga Grp A 12:30 Chair Yoga Grp B 12:30 Cards 12:30 Zumba	<p style="text-align: right;">13</p> 9:45 T.O.P.S. 11:30 Group Dining 1:00 Christmas In July (\$) 1:00 Tai Chi 2:15 Meditation	<p style="text-align: right;">14</p> 8:45 Strength & Balance 9:00 "Yarn It All" 9:00 Town Nurse 10:00 Scams Presentation 10:00 Beginner's Spanish 11:30 Center Meal 1:00 Bingo @ Turner's 5:00 Keith Aubin by appt 6:00 Gentle Yoga	<p style="text-align: right;">15</p> 9:00 Coffee Chat 10:00 Inter. Spanish 11:00 Taijifit 11:30 Group Dining 11:30 Mahjong 11:45 Chair Yoga Grp A 12:30 Chair Yoga Grp B
<p style="text-align: right;">18</p> 9:00 Monday A.M. Stretch 9:30 Caregiver's Connect 11:30 Group Dining 1:00 Mahjong	<p style="text-align: right;">19</p> 9:00 Coffee w/a Cop 10:00 Growing Places 11:45 Chair Yoga Grp A 12:30 Chair Yoga Grp B 12:30 Cards 12:30 Zumba	<p style="text-align: right;">20</p> 9:45 T.O.P.S. 11:30 Group Dining 1:00 Book Club 1:00 Tai Chi 2:15 Meditation <hr/> Day Trip – Icons & Legends Concert/ Foster's Lobsterbake	<p style="text-align: right;">21</p> 8:45 Strength & Balance 9:00 "Yarn It All" 9:00 Town Nurse 10:00 Beginner's Spanish 11:30 Center Meal 1:00 Bingo @ Turner's 5:30 Friend's Meeting 6:00 Gentle Yoga	<p style="text-align: right;">22</p> 9:00 Coffee Chat 10:00 Inter. Spanish 11:00 Taijifit 11:30 Group Dining 11:30 Mahjong 11:45 Chair Yoga Grp A 12:30 Chair Yoga Grp B
<p style="text-align: right;">25</p> 9:00 Monday A.M. Stretch 11:30 Group Dining 1:00 Mahjong	<p style="text-align: right;">26</p> 11:45 Chair Yoga Grp A 12:30 Chair Yoga Grp B 12:30 Cards 12:30 Zumba	<p style="text-align: right;">27</p> 9:45 T.O.P.S. 11:30 Group Dining 1:00 Tai Chi 1:00 Cake Decorating 1:00 Bereavement 2:15 Meditation	<p style="text-align: right;">28</p> 8:45 Strength & Balance 9:00 "Yarn It All" 9:00 Town Nurse 10:00 Beginner's Spanish 11:30 Center Meal 1:00 Bingo @ Turner's 5:30 Resinate 5:30 Tech Time by Appt 6:00 Gentle Yoga	<p style="text-align: right;">29</p> 9:00 Coffee Chat 10:00 Inter. Spanish 11:00 Taijifit 11:30 Group Dining 11:30 Mahjong 11:45 Chair Yoga Grp A 12:30 Chair Yoga Grp B

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9:00 Monday A.M. Stretch 11:30 Group Dining 1:00 Mahjong	2 10:00 Growing Places 11:45 Chair Yoga Grp A 12:30 Chair Yoga Grp B 12:30 Cards 12:30 Zumba	3 9:45 T.O.P.S. 11:30 Group Dining 1:00 Tai Chi 2:15 Meditation	4 8:45 Strength & Balance 9:00 "Yarn It All" 9:00 Town Nurse 10:00 Beginner's Spanish 11:00 Politics with J&B 11:30 Center Meal 1:00 Bingo @ Turner's 5:30 Psychic Medium (\$) 6:00 Gentle Yoga	5 9:00 Coffee Chat 9:30 Inter. Spanish 11:00 Taijifit 11:30 Group Dining 11:30 Mahjong 11:45 Chair Yoga Grp A 12:30 Chair Yoga Grp B
8 9:00 Monday A.M. Stretch 11:30 Group Dining 1:00 Mahjong	9 11:45 Chair Yoga Grp A 12:30 Chair Yoga Grp B 12:30 Cards 12:30 Zumba	10 9:45 T.O.P.S. 11:30 Group Dining 1:00 Tai Chi 2:15 Meditation	11 8:45 Strength & Balance 9:00 "Yarn It All" 9:00 Town Nurse 10:00 Beginner's Spanish 11:30 Center Meal 1:00 Bingo @ Turner's 3:00 Virtual Japan 5:00 Keith Aubin by appt 6:00 Gentle Yoga	12 9:00 Coffee Chat 9:30 Inter. Spanish 11:00 Taijifit 11:30 Group Dining 11:30 Mahjong 11:45 Chair Yoga Grp A 12:30 Chair Yoga Grp B
15 9:00 Monday A.M. Stretch 9:30 Caregiver's Connect 11:30 Group Dining 1:00 Mahjong	16 9:00 Coffee w/a Cop 10:00 Growing Places 11:45 Chair Yoga Grp A 12:30 Chair Yoga Grp B 12:30 Cards 12:30 Zumba	17 9:45 T.O.P.S. 11:30 Group Dining 1:00 Tai Chi 1:00 Book Club 2:15 Meditation WooSox Game Day	18 8:45 Strength & Balance 9:00 "Yarn It All" 9:00 Town Nurse 10:00 Beginner's Spanish 11:30 Center Meal 1:00 Bingo @ Turner's 5:30 Friend's Meeting 6:00 Gentle Yoga	19 9:00 Coffee Chat 9:30 Inter. Spanish 11:00 Taijifit 11:30 Group Dining 11:30 Mahjong 11:45 Chair Yoga Grp A 12:30 Chair Yoga Grp B
22 9:00 Monday A.M. Stretch 11:30 Group Dining 1:00 Mahjong	23 11:45 Chair Yoga Grp A 12:30 Chair Yoga Grp B 12:30 Cards 12:30 Zumba Overnight Trip-Saratoga	24 9:45 T.O.P.S. 11:30 Group Dining 1:00 Tai Chi 1:00 Cake Decorating 11:00 Tai Chi 2:15 Meditation Saratoga	25 8:45 Strength & Balance 9:00 "Yarn It All" 9:00 Town Nurse 10:00 Beginner's Spanish 11:30 Center Meal 1:00 Bingo @ Turner's 5:30 Tech Time by Appt 6:00 Gentle Yoga Return from Saratoga	26 CLOSED FOR OUR ANNUAL BARBECUE 4:00 Field Day Fun 5:30 Time To Eat 6:30 Field Day Awards 7:00 Entertainment 8:30 Outdoor Movie Night Tickets go on sale Friday, July 8th
29 9:00 Monday A.M. Stretch 11:30 Group Dining 1:00 Mahjong	30 11:45 Chair Yoga Grp A 12:30 Chair Yoga Grp B 12:30 Cards 12:30 Zumba	31 9:45 T.O.P.S. 11:30 Group Dining 1:00 Tai Chi 1:00 Bereavement Support Group 2:15 Meditation		All Programs require advance sign-up and are subject to change with NO prior notice.

<p>THIS SPACE IS AVAILABLE</p>	<p>LET US PLACE YOUR AD HERE.</p>
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TRANSPORTATION by Christine Ladner, Dispatcher

Clinton Senior Center Van Services - WRTA



Hours of operation are 8:15 AM to 2:30 PM

In Town- Clinton trips Monday-Friday, are "no fee" for Clinton seniors and those w/disabilities.

Out of Town- Please schedule your Out of Town appointments between 9 am-12 pm

Monday: Lancaster, Sterling, Leominster, Oakdale Nursing Home

Tuesday: Bolton Primary Care Physicians & Berlin/Highland Commons

Wednesday and Friday: Worcester

ALL VAN SERVICE REQUIRES A MINIMUM OF 48 HOURS ADVANCE NOTICE
excluding weekends & holidays.

Limited seating-Curb to Curb-First Come/First Serve

IF YOU NEED A RIDE TO APPOINTMENTS, PICK UP GROCERIES, GET YOUR HAIR DONE, RUN ERRANDS, OR WHAT EVER YOU MAY NEED TO DO, WE CAN HELP.

PLEASE CALL CHRISTINE FOR MORE INFORMATION.

978-733-4747 EXT 309

PLEASE BE ADVISED: MONDAY, JULY 4th

THERE WILL BE NO VAN SERVICE ON THE FOLLOWING HOLIDAY.

PLEASE BE SURE TO MAKE OTHER ARRANGEMENTS AS NEEDED



"Memorial" or "In Honor of" Donations

Donation Amount \$ _____ Date: _____

Donor's Name (Please Print)

Address

City _____ State _____ Zip _____

Please Circle: **In Memory** or **In Honor**

Name: (Please Print)

Please notify the following individual(s). (Please Print)

Name

Address

City _____ State _____ Zip _____

The Donor's name will be recognized in
The Clinton Council on Aging's
Senior Happenings Newsletter

Return to: Clinton Senior Center
271 Church St., Clinton, MA 01510

Checks may be made payable to:
The Clinton Senior Center



IN MEMORIAM

In loving memory of

PAUL LEONI

Requested by

Joe & Debra (McMahon) Cote

Owen & Susan Philbin

Thomas & Patricia Irvine

Richard & Laura Burns

Thomas & Carol Agnitti

Catherine Guadagnoli

Martha Hays

Kenneth Cole

Thomas & Nancy Kulis

Joseph & Karen Kulis





Elizabeth Robidoux

PSYCHIC MEDIUM PRESENTATION

Thursday, August 4th
5:30-7:00 PM



Dianne Rockwell

is an Intuitive Psychic Medium, practicing mainly in southern New Hampshire, but delivers readings worldwide. She looks forward to the opportunity to open the window for you and your loved one to reconnect. Her goal is to connect your soul with the soul of your loved one, proving love really does span all time and that our loved ones are with us always.

at the
CLINTON SENIOR CENTER

**\$25 PER PERSON
PRE-REGISTRATION IS REQUIRED
PLEASE CALL SHANNON
TO REGISTER
978-733-4747**

Attendance does not guarantee a reading

is a Spirit Medium & Intuitive. A lifelong intuitive and psychic, Dianne was gifted with a spiritual experience in which she was shown the immense beauty on the other side of this physical life. Shortly afterward, Dianne discovered she was able to receive messages from those in spirit, as well as have an ability to see, hear and feel their presence



MOBILE MARKET

COME VISIT THE GROWING PLACES MOBILE MARKET TO PURCHASE YOUR LOCAL FRESH PRODUCE THIS SUMMER AND FALL!



JULY 5th & 19th
AUGUST 2nd & 16th
SEPT. 6th & 20th
OCT. 4th & 18th
10:00-11:15 AM

AT THE CLINTON SENIOR CENTER

We would like to extend a very gracious thank you to the

*Anonymous Donor
who generously gave \$100 to
the Clinton Senior Center*

*in honor of
STELLA MACK'S
100th Birthday!*

Stella is our oldest volunteer receptionist, who never misses a day, bakes us nice treats and brings a smile to everyone who walks in the door.

Woo Sox



VS

WHEN : August 17th

PRICE: \$20

Bus leaves from St. John's Gym at 11:15 AM.

Call Shannon to register
(978) 733-4747 EXT. 303



Crosswords, Word Search, Poems, Coloring Page, Trivia & More.....



If you are a senior and are receiving SNAP benefits and want more information on earning MORE SNAP Dollars,

Please call Melissa at 978-733-4747 Ext. 307



Hair I Go

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with Kathy Wilson

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Fourth of July Trivia Questions

1. The oldest man to sign the Declaration of Independence was Benjamin Franklin.
2. The motion in the Continental Congress to declare independence was first made by John Adams.
3. John Hancock was the first person to sign the Declaration of Independence.
4. All 13 colonies voted to approve the Declaration of Independence.
5. Americans eat more red meat and pork on the 4th of July than chicken.
6. New York was the first state to make Independence Day a state holiday.
7. The number of people who display American flags on the holiday is lower than the number of people who get together with family.

1. True. History.com says Franklin was 70 years old at the time.
2. False. According to military.com, Richard Henry Lee was the first to officially propose this resolution.
3. True. History.com reports Hancock was the first and largest signature.
4. False. Military.com says only nine voted for the document while two voted no, one abstained, and one was undecided.
5. False. Statistic Brain, reports nearly 700 million pounds of chicken are bought in the week before the holiday while only 190 million pounds of beef/pork are sold.
6. False. According to history.com Massachusetts was first in 1781.
7. True. According to Statistic Brain, 76% gather with family while only 66% display a flag.

AUGUST
Gladiolus



Strength, moral integrity
and infatuation

Named after their sword-shaped leaves, offering a bouquet of gladioli represents piercing the recipients heart with passion.

Are you on our
EMAIL LIST?



We send "Email Blasts" when we have new programs and special events. Don't miss out!
Sign up today!

Call Shannon 978-733-4747 Ext. 303



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CLINTON SENIOR CENTER
"It's Our Time"



Philbin & O'Neil, LLC

WILLIAM E. O'NEIL, JR., ESQ.

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and Medicaid Planning

woneil@philbin-oneil.com

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