

# THE RICHARD J. GIROUARD LEOMINSTER SENIOR CENTER

## APRIL, 2019 NEWSLETTER

LAURANE BROOKS, DIRECTOR, [lbrooks@leominster-ma.gov](mailto:lbrooks@leominster-ma.gov)  
JOANNE SMITH, PT CLERK, [jsmith@leominster-ma.gov](mailto:jsmith@leominster-ma.gov)

Senior Center Hours: Monday-Friday 8am-4pm, the office opens at 8:30am.

5 Pond Street Leominster, MA 01453 Tel: 978-534-7511 Fax: 978-534-7516

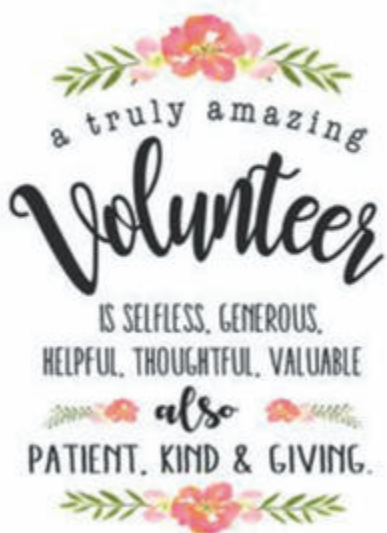
Monthly Board Meeting at the Senior Center meets September - June, the **3rd Thursday at 3 p.m.**: John Diggins-Chairman, Carol DeCarolis, Patty Vallee, Larry Gianakis, Andriana Fotakis, Betty David, Phyllis Gagne, Donna Smith, Maria Maldari, Honorary Eleanora "Skip" Bissonnette

**Mission Statement:** The Mission of the Leominster Council on Aging/C.O.A. Senior Citizens Center is: to enhance the quality of life for seniors in the community by assessing their needs; to design, create and advocate for programs that meet the established needs of the seniors; and to educate and enlist the support of city, state, federal and private organizations who can assist the senior population. The C.O.A. strives to deliver the highest quality services to all senior citizens in our community, by ensuring equal access and opportunity, by providing services in a prompt, dignified and efficient manner, while maintaining the highest standards of confidentiality and privacy for all those involved.

Please like us on Facebook go to [www.Facebook.com/leominsterseniorcenter](http://www.Facebook.com/leominsterseniorcenter)  
Newsletter available online go to [www.ourseniorcenter.com/find/leominster-council-on-aging](http://www.ourseniorcenter.com/find/leominster-council-on-aging)

### FROM THE DIRECTOR

April 7th—13th is National Volunteer week.



All our volunteers are **Volunteer of the Month** and are **truly amazing**. I would like to thank each and every one of you for all the hard work and time you put into the center so that that it can be a place that is enjoyed by all. Without you that would not be possible. All our volunteers with 40 or more hours for the year will be receiving an invitation to our Volunteer Appreciation Breakfast on **Wednesday, May 1st at 8:30am**. Please remember to always sign in to My Senior Center and enter your hours.

Here's to a wonderful Spring and remember.....

*Just Breathe.....Laurane*



### SPECIAL EVENTS IN APRIL



- Apr. 1 10:30 Vision Support
  - Apr. 2 9:00 SHINE (by appointment only)
  - Apr. 3 10:00 River Terrace Learn to Paint
  - Apr. 3 1:00 Memory Café
  - Apr. 5 10:00 River Terrace Bingo w/Diane
  - Apr. 6 9:00 Ladies Spring Craft Fair
  - Apr. 8 10:00 Aveanna Healthcare Bingo w/Michelle
  - Apr. 15 CENTER CLOSED - PATRIOT'S DAY
  - Apr. 16 9:00 SHINE (by appointment only)
  - Apr. 17 10:00 Life Care
  - Apr. 17 11:30 Monthly Birthday Party
  - Apr. 19 10:00 River Terrace Bingo w/Diane
  - Apr. 22 10:00 Aveanna Healthcare Bingo w/Michelle
  - Apr. 27 9:00 Indoor Yard Sale
  - Apr. 29 10:00 Sharon Nolli / Summit ElderCare
- PLEASE SIGN UP IN THE OFFICE FOR ALL SPECIAL EVENTS YOU PLAN ON ATTENDING**



The Ladies Guild will be having their **Spring Craft Fair**, here at the center on **Saturday, April 6th, 9:00am - 3:00pm**. Come and see all the great crafts, there is something for everyone. Also try your luck on the raffles, always great prizes!!

### INDOOR YARD SALE

Visit us here at the center on **Saturday, April 27th 9:00am-2:00pm** for our Indoor Yard Sale (weather permitting it could be outside).



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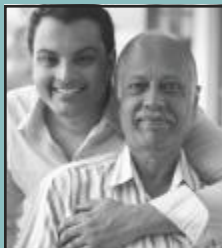
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## LUNCH SERVED DAILY AT NOON BY RESERVATION

Reserve your lunch before **11:30AM** the day before by calling **978-534-4717**. A donation of \$3.00 is suggested.

M.O.C. is offering breakfast for \$1.50 which contains pre-packed oatmeal, muffin, milk, and smoothie and an apple. Please order on Wednesday for the following week.

**Deanna Tardiff** is the Moc Site A Manager.

**M.O.C. Site A is always looking for volunteers to work in the kitchen.**

**M.O.C. Meals on Wheels - Home delivered meals.**  
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## GIFTS AND DONATIONS

Thank you to Hannaford Supermarket, T.O.P.S. 9236, Diane Martin, JoJo Gallant, Bob Kwiatkowski, John LaPosta, Nancy Fagan, Lorraine Perez, Roland Hammons, Family of Virginia Cote, Anna McCarthy, David Putnam, Chris Cerbon, Steve Brown, Bridget Generazio

*Thank you to Benchmark Senior Living at Leominster Crossings for sponsoring our Mardi Gras Party. The sandwiches were enjoyed by all!*

*Thank you to Il Camino for sending over delicious Chicken Picatta and Rigatoni, all that were here enjoyed it!*



*Our annual St. Patrick's Day Luncheon was delicious as always, a special Thank You to Life Care Center and all who worked so hard to put on this wonderful event.*

*Thank you to the Mayor for sponsoring our Entertainment for the St. Patrick's Day Luncheon*

*Thank you to Nancy Wiiks from the Material Girls Quilting Guild for donating a beautiful quilt, that was raffled off at our St. Patrick's Day Luncheon*

*In Memory of  
Virginia Cote  
Longtime Member of Leominster Senior Center*

## FRAUD SQUAD PLAYERS

The Fraud Squad Players are RSVP volunteers that are 55 and over. These volunteer actors are portraying real-life email and phone call scenarios lifted from the headlines. These skits, which are written for local seniors and portrayed by their peer group, help inform and empower. They will be here at the center on **Friday, May 10th at 10:00am.**

Every performance is followed by a Question & Answer session, where local "trending" scams are highlighted. Outreach material from the Federation Trade Commission and Consumer Action is Distributed.



## BIRTHDAY BABIES

Join us Wednesday,  
**April 17th at 11:30am** to celebrate!

Lynn Fitzpatrick, Carol Gaudet, William Kuzmitch, Elizabeth Denehy, Rita Thomas, Marilyn Carter, Paul Viau, Donna Caruso, Phyllis Gagne, Rose Malone, Elias Fotakis, Patricia Lancey, Claire Robichaud, Nilah Gerhard, Agnes Marcantonio, Alice North, Jean Robinson, Evelyn Nowell, Mary Sparks, Larry Gianakis, Gerald LeBlanc, Janet Bracani, Oswald Haney, Paul Duval, John Keefe, Ruth Hines, Carl Ciprotti, Margot Sambito, Marjorie Mahan, Cecilia Goguen, Judy Langford, Emily Rougeau, Bernard Gardner, Yvonne Miller, Jeannette Thibault, Charlie Hayes, Gloria Lefebvre, Gail Bermingham

*Special Thank You to Sterling Village  
For sponsoring our Monthly Birthday Party*

## NEWS FROM SHINE APRIL 2019

As a result of increases to the Federal Poverty Level, Eligibility Guidelines for Public Benefits Programs in Massachusetts have changed. MassHealth has increased the income limits for several programs you may be eligible for. The income to be eligible for MassHealth Standard has increased from \$1,012 for a single person to \$1,041, for a married couple it has gone up to from \$1,371 to \$1,410. For another popular program MassHealth **Buy-in (this would pay your Medicare Part B Premium)** the eligibility income has gone up from \$1,366 to \$1,406 for a single person, and from \$1,852 to \$1,903 for a couple. These increases also apply to **Full Extra Help** a program from Social Security that helps pay for your medications. You can qualify for **Partial Extra Help** if your income is below \$1,561 for a single person and \$2,114 for a married couple. If you feel you may be eligible under these new income guidelines, feel free to call the SHINE Program for more information.

## SHINE'S MEDICARE AND MORE PROGRAM

The Central MASS SHINE Program is now sponsoring a monthly Cable TV program called "SHINE'S MEDICARE AND MORE," we hope your local cable channel will pick it up. This program is designed to educate and update MEDICARE beneficiaries and their families on MEDICARE and other programs that can assist you with your health insurance needs. If you don't see it on your local cable channel give them a call and ask about it.

## CENTRAL MASS SHINE WEBSITE

We are happy to announce we have recently upgraded our SHINE website [www.shinema.org](http://www.shinema.org). This upgrade is more user friendly and provides easier access and viewing to more digital devices such as cell phones and tablets. It is a great source for Medicare, MassHealth and SHINE information and is available to consumers all over the state.



**CREATIVE CRAFTERS CRAFT SHOP**

The Craft Shop will be open **Monday, April 8th from 9:00am - 12:00pm**. Stop by and check it out. If anyone does crafts and wants to donate them, please see Becky. They are always looking for new items to sell.

If you do not like to do crafts alone, we have an open craft activity on **Monday's at 1:00pm** and will be starting up Creative Crafting on **Tuesday's at 1:00pm** in place of Rock Painting. You can still do rock painting but you can also do whatever craft you like. You are responsible to bring your supplies. It's fun to work with others and socialize. Come join us and bring your craft and maybe a friend!

**BOOK CLUB**

The Book Club will be meeting Wednesday, April 24th at 1:00pm and will be discussing Captain Corelli's Mandolin by Louis deBerniers. May's meeting will be on Wednesday, May 29th at 1:00pm and the book selection is The Lost Girls of Paris by Pam Jenoff.

Please join them, they would love to see some new members. It is always enjoyable to hear other peoples views on the books. Hope to see you there!!

**RIVER TERRACE LEARN TO PAINT**

Diane from River Terrace will be here **Wednesday, April 3rd at 10:00am** to have a paint day. These classes are really fun and you will be surprised how well you can really paint with the right instructions. **Please sign up as there is limited seating.**



The Lunch bunch will be meeting at **Tang Dynasty, 638 N. Main St. Leominster, Thursday, April 25th at 12:00pm**. You are responsible for your own transportation. **Please sign up in the office.**



**TWIN CITY MEMORY CAFÉ**

Join the Memory Café here on **Wednesday, April 3rd at 1:00pm**. Bill Carter will be here to share his hobby of model trains. He will have some on display as well. All attendees must be accompanied by a care partner. To register, please call **978-400-8778**.



**NEW MEMBERS**

Rosemary Soroka, Deborah Chase, Wilfrid Gariepy, Allen Addison, Paul Franchi, Joseph Coyle

**ARLINE'S BUS TRIPS**

**Thursday, April 25th - Neil Diamond & Barry Manilow Tribute**

Performed by Anthony Edwards of the Fabulous Edwards Twins. Tour includes Fantastic Show & Luncheon, Visit to Yankee Candle Shop. Departs at 8:30 a.m. from Double Tree Hotel, Route 12, Leominster on Luxury Silver Fox Coach with a approx. 5:00pm return. Cost is \$89.00 per person.

**Thursday, May 23rd - MGM Springfield, MA Newest Casino**

Tour includes Luxury Silver Fox CD/DVD/WIFI Coach, Exciting Casino Bonus and \$20.00 Casino Slot Play. Departs at 8:00 a.m. from Double Tree Hotel, Route 12, Leominster and returns at approx. 5:00 p.m. Cost is \$32.00 per person.

**Sunday, June 9th - "Always a Bridesmaid" at The Newport Playhouse & Cabaret Restaurant**

Tour includes Ocean Drive sightseeing tour, admission to The Newport Playhouse for Show & Cabaret, Full Buffet Luncheon, Luxury Silver Fox Motor Coach. Departs at 9:00am from Double Tree Hotel, Route 12, Leominster. Returns approx. 6:30pm. Cost is \$89.00 per person.

**Sunday, July 21st - Maine Lobster Bake, Foster's Authentic Downeast Bake**

Tour includes Lobster Bake at Foster's, Lobster or Chicken, Entertainment, Sightseeing in York, ME and visits to Stonewall Kitchen, Yummies and Kimball's Ice Cream. Departs 8:30am from the Double Tree Hotel, Route 12, Leominster and will arrive back home at approx. 6:30pm. Cost is 89.00 per person.

For reservations, please contact Arline Ouellette at 978-537-7323.



## EXERCISE, HEALTH AND WELLNESS

**BLOOD PRESSURE** - Thursday's 9:00am

**CHAIR VOLLEYBALL** - Tuesday's 10:00am

**MEDITATION CLASS** - Tuesday's 11:30am with Arllen Acevedo NGH certified

**TAI CHI** - Wednesday's 9:00am

**TAP DANCE** - Thursday's 1:00pm

**T.O.P.S.** - (Taking Off Pounds Sensibly) Thursday's 8:30am - 9:00am weigh in, with meeting to follow. If interested in losing weight, sit in on a meeting, we support each other in our effort to lose weight. Cost is \$32.00 a year plus \$5.00 a month. Amanda Senecal, President.

**VISION SUPPORT** - The 1st Monday of each month at 10:30am. A support group that dicusses different eye conditions, how to cope with vision impairment and resources that can help. You can contact the group leader Kathleen Dennen 978-660-6648 for more information.

**VNA CARE NETWORK, INC** - The nurse will be here the 2nd and 4th Wednesday of every month at 9:00am.



## RECREATION

**BINGO** - Wednesday's 1:00pm Winners: Mary Lou Kurtz, Judy Halligan, Karen Clemmons, Jeanne Gallagher, Sandy Flanagan, Mae Haney, Tim Denehy, Karen Basque, Bob Eriksson, Bob Novick, Annie Lucier, Diane Goodman, Maria Maldari, Judy Senay

**BOOK CLUB** - Last Wednesday of the month at 1:00pm

**CRIBBAGE** - Thursday's 9:30am Winners: Peter Arsenault, Bill Barrett, Marlene Thibeault, Elizabeth Denehy

**MICHIGAN RUMMY** - Thursday's 10:00am

**MINIATURE GOLF** - Friday's 10:00am Winners: Phyllis Gagne, Annette Leblanc

**PITCH CARD GAME** - Monday's and Friday's 12:30pm

**WHIST** - Tuesday's 12:30pm

## CLUBS

**GOLDEN AGE CLUB** - Monday's 1:00pm. It's \$5.00 a year to join.

**RED APPLE LADIES** - Last Thursday of the month 1:00pm. Check the "Red Hat" bulletin board at the center.

## COMMUNITY SERVICES AND INFORMATION

**Community Legal Aid of Central MA** - Free 1-855-252-5342 or [www.communitylegal.org](http://www.communitylegal.org).

**Elder Helpline** - Sponsored by Elder Affairs and Mass Home Care. Mon. - Fri. 9am - 8pm, Sat. 9am - 1pm. Call 1-800-243-4636 TDD/TTY 1-800-872-0166  
**Report Elder Abuse** - 1-800-922-2275

**Food Stamp Program (SNAP)** - 473 Main St. Fitchburg, 978-665-8700

**Fuel Assistance** - Salvation Army 978-342-9407, New England Farm Worker's Council 978-342-4520 or Joe for Oil at 877-563-4645

**Montachusett Home Care** - Caregiver Support Group, Leominster 978-466-5434

**Notary Public (Free)** - Leominster Senior Center 8:30am - 12:00pm. Call for an appointment at 978-534-7511

**S.H.I.N.E.** - (Service Health Insurance Needs to the Elderly) This program is sponsored by the Friends of the Milford Senior Center. Call the Senior Center for an appointment 978-534-7511. For more information call 1-800-243-4636

**The Silent Call Procedure** - If you need to call 911 and you are unable to speak for any reason, once the call is answered: Press 1 for Police, Press 2 for Fire, Press 3 for Ambulance, Press 4 for Yes and Press 5 for No

## ARE YOU OK?

You may have the Leominster Police call you automatically, every day to make sure you are okay. This program is for elderly and disabled families and it's FREE. Just contact Dispatcher Daniela Tocci at 978-534-4383 for more information and sign up for this great service. They will be happy to explain the advantage of being registered. (Ask for the File of Life).

## WORCESTER COUNTY SHERIFF LEWIS G. EVANGELIDIS TRIAD FOR SENIOR SAFETY

**TRIAD** in conjunction with the Sheriff's office, is a senior public safety resource. **TRIAD** provides Iris Recognition, House Numbering Program, Silent 911, File of Life, Project Lifesaver, 911 Cell Phones for Seniors plus workshops and activities. For more information please contact **WC SO TRIAD DEPARTMENT Community Outreach Director Shawn McKenna** at 508-459-9064. **Community Outreach Assistant Director Joseph Dambra** 508-873-9951.




MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1</p> <p>8:00 Cards/Pool /Games  <b>9:00 AARP Tax Aide</b>              9:15 Food Distribution  <b>10:30 Vision Support</b>  <b>12:00 Meatballs &amp; Pasta</b>              1:00 Pitch              1:00 Golden Age Meeting              1:00 Open Craft</p>	<p>2</p> <p>8:00 Cards/Pool /Games  <b>9:00 AARP Tax Aide</b>  <b>9:00 S.H.I.N.E.</b>              9:00 Knitting              11:30 Meditation  <b>12:00 Chicken Breast</b>              12:30 Whist              1:30 Creative Crafting</p>	<p>3</p> <p>8:00 Cards/Pool /Games              9:00 Tai-Chi              9:15 Spanish Class-Intermediate/              Advanced              9:15 Food Distribution  <b>10:00 River Terrace Learn to              Paint</b>  <b>12:00 Pork &amp; Pepper Saute</b>              1:00 Bingo              1:00 Watercolor Class  <b>1:00 Memory Café</b></p>	<p>4</p> <p>8:00 Cards/Pool /Games              9:00 T.O.P.S.              9:00 Blood Pressure              9:00 Computer Help              9:30 Cribbage              10:00 Adult Coloring              10:00 Michigan Rummy              10:30 Beginner Spanish Class  <b>12:00 Turkey Corn Stew</b>              1:00 Tap Dancing</p>	<p>5</p> <p>8:00 Cards/Pool /Games              9:15 Food Distribution  <b>10:00 River Terrace Bingo</b>              10:00 Chair Yoga              10:00 Indoor Mini Golf  <b>12:00 Broccoli Bake</b>              1:00 Writing Group</p> <p><b>No Activities upstairs after 2PM</b></p>
<p>8</p> <p><b>Center opens at 8:30 today</b></p> <p>8:30 Cards/Pool /Games              9:15 Food Distribution  <b>10:00 Aveanna Healthcare              Bingo</b>  <b>12:00 Chicken Breast Coq Au              Vin</b>              1:00 Pitch              1:00 Golden Age Meeting              1:00 Open Craft</p>	<p>9</p> <p>8:00 Cards/Pool /Games              9:00 Knitting              10:00 Chair Volley Ball              11:30 Meditation  <b>12:00 Salmon Boat in Lemon              Dill Sauce</b>              12:30 Whist              1:30 Creative Crafting</p>	<p>10</p> <p>8:00 Cards/Pool /Games  <b>9:00 VNA Nurse</b>              9:00 Tai-Chi              9:15 Spanish Class-Intermediate/              Advanced              9:15 Food Distribution  <b>12:00 Beef Tips in Burgundy Sc</b>              1:00 Bingo              1:00 Watercolor Class</p>	<p>11</p> <p>8:00 Cards/Pool /Games              9:00 T.O.P.S.              9:00 Blood Pressure              9:00 Computer Help              9:30 Cribbage              10:00 Adult Coloring              10:00 Michigan Rummy              10:30 Beginner Spanish Class  <b>12:00 Chicken Parmesan</b>              1:00 Tap Dancing</p>	<p>12</p> <p>8:00 Cards/Pool /Games              9:15 Food Distribution              10:00 Chair Yoga              10:00 Indoor Mini Golf  <b>12:00 Potato Pollock</b>              12:30 Fun Pitch              1:00 Writing Group</p>
<p>15</p> <p><b>PATRIOT'S DAY              CENTER CLOSED</b></p> 	<p>16</p> <p>8:00 Cards/Pool /Games  <b>9:00 S.H.I.N.E.</b>              9:00 Knitting              10:00 Chair Volleyball              11:30 Meditation  <b>12:00 Chicken Kielbasa on Bun</b>              12:30 Whist              1:30 Creative Crafting</p>	<p>17</p> <p>8:00 Cards/Pool /Games              9:00 Tai-Chi              9:15 Spanish Class-Intermediate/              Advanced  <b>10:00 Life Care</b>  <b>11:30 Monthly Birthday Party</b>  <b>12:00 Chicken Breast Florentine</b>              1:00 Bingo              1:30 Watercolor Class</p>	<p>18</p> <p>8:00 Cards/Pool /Games              9:00 T.O.P.S.              9:00 Blood Pressure              9:00 Computer Help              9:30 Cribbage              10:00 Adult Coloring              10:00 Michigan Rummy              10:30 Beginner Spanish Class  <b>12:00 Meatloaf in Gravy</b>              1:00 Tap Dancing  <b>3:00 COA Board Meeting</b></p>	<p>19</p> <p>8:00 Cards Pool /Games              9:15 Food Distribution  <b>10:00 River Terrace Bingo</b>              10:00 Chair Yoga              10:00 Indoor Mini Golf  <b>12:00 Macaroni &amp; Cheese</b>              12:30 Fun Pitch              1:00 Writing Group</p>
<p>22</p> <p>8:00 Cards/Pool /Games              9:15 Food Distribution  <b>10:00 Aveanna Healthcare              Bingo</b>  <b>12:00 BBQ Pork Rib</b>              1:00 Pitch              1:00 Golden Age Meeting              1:00 Open Craft</p>	<p>23</p> <p>8:00 Cards/Pool /Games              9:00 Knitting              10:00 Chair Volleyball              11:30 Meditation  <b>12:00 Swedish Meatballs</b>              12:30 Whist              1:30 Creative Crafting</p>	<p>24</p> <p>8:00 Cards/Pool /Games  <b>9:00 VNA Nurse</b>              9:00 Tai-Chi              9:15 Spanish Class-Intermediate/              Advanced              9:15 Food Distribution  <b>12:00 Grilled Chicken Breast</b>              1:00 Bingo              1:00 Watercolor Class  <b>1:00 Book Club</b></p>	<p>25</p> <p>8:00 Cards/Pool /Games              9:00 T.O.P.S.              9:00 Blood Pressure              9:00 Computer Help              9:30 Cribbage              10:00 Adult Coloring              10:00 Michigan Rummy              10:30 Beginner Spanish Class  <b>12:00 Roast Turkey</b>              1:00 Tap Dancing</p>	<p>26</p> <p>8:00 Cards/Pool /Games              9:15 Food Distribution              10:00 Chair Yoga              10:00 Indoor Mini Golf  <b>12:00 Pork Fried Rice</b>              12:30 Fun Pitch              1:00 Writing Group</p>
<p>29</p> <p>8:00 Cards/Pool /Games              9:15 Food Distribution  <b>10:00 Summit Eldercare w/              Sharon Noll</b>  <b>12:00 Chicken Jambalaya</b>              1:00 Pitch              1:00 Golden Age Meeting              1:00 Open Craft</p>	<p>30</p> <p>8:00 Cards/Pool /Games              9:00 Knitting              10:00 Chair Volleyball              11:30 Meditation  <b>12:00 Omelet w/Cheese Sauce</b>              12:30 Whist              1:30 Creative Crafting</p>	 <p><b>APRIL</b></p>		 <p><b>Monthly Raffle Winner              Donna Smith</b></p> <p><b>See the office              for your prize</b></p>



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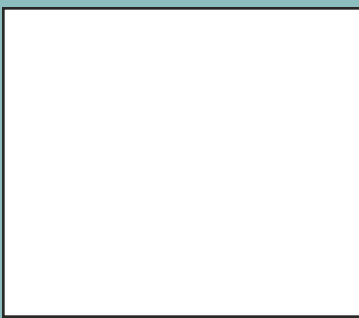
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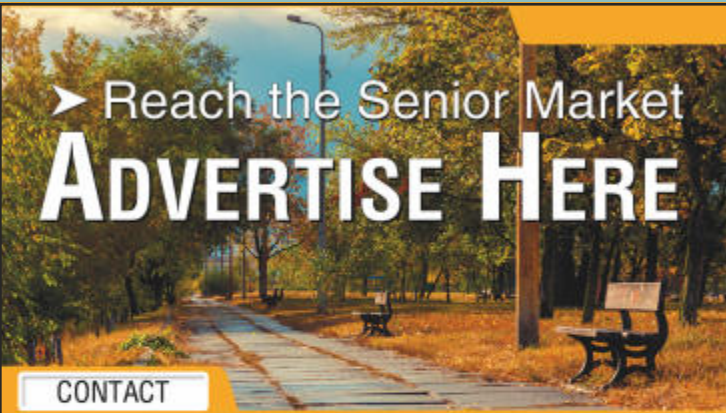
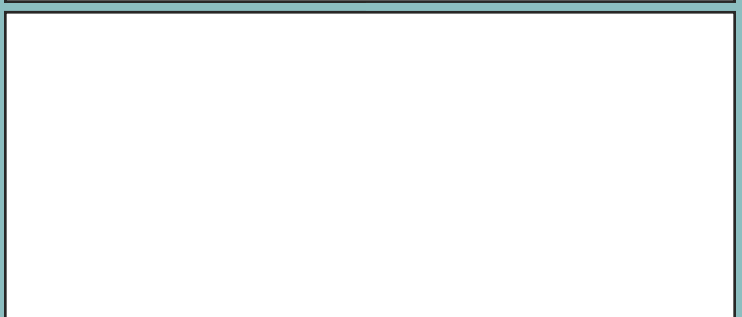
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## ***VAN RIDE***

The MART VAN operates rides, for Leominster residents, from 6am to 5pm, Monday through Friday. Vans travel in Leominster .50¢, and in Fitchburg, Lancaster and Lunenburg .75¢.

### **BELOW ARE SOME OF THE RULES FOR MART VAN RIDES:**

- All van rides are by reservations only.
- To book any ride, **YOU MUST CALL THE SENIOR CENTER ON THE PREVIOUS DAY, BEFORE 1:30PM** at (978) 534-7511. Rides may be scheduled up to a week in advance.
- All rides must be scheduled a “MINIMUM” of **45 minutes before** the time of your appointment. You will be picked up at the same place the van dropped you off, unless otherwise specified. There is a minimum of **1 hour and 15** within Leominster and **1 hour and 30** minutes if going outside of Leominster from pick up to pick up.
- Shopping carts must be folded and put behind the seat on the floor and out of the aisle. You are limited to the amount of bags you can carry on the vehicle and will fit in the seat with you.
- Remember, the **VAN can run LATE!** We are not responsible if you miss an appointment.

If the van is running late, **after hours**, call the Fitchburg Mart at (978) 345-7711 ext. 2255.

### **OUT OF TOWN**

There is also a shuttle service daily to Worcester or Boston, for medical-related reasons. All out of town rides leave from the Senior Center parking lot at 100 West St. All rides are first come, first serve. Fare for Worcester is \$8.00 each way and Boston \$10.00 each way.

### **THERE IS NO CHARGE TO JOIN THE LEOMINSTER SENIOR CENTER**

We accept donations that go into the fund to support programs and activities for seniors. We ask and encourage all seniors to join the Center. Please remember to scan your key card each time you come in for your specific activity. If you need a key card please stop by the office. Statistics are gathered from the new data system and then used as a basis to receive funding from the city and state, and to better plan desired programs. **Rules pertaining to the Center are posted on the bulletin board across from the office. Please read and follow the rules – they apply to everyone.** Thank you for your cooperation. *Laurane*

THANK YOU TO THE CITY OF LEOMINSTER, THE STATE OF MASSACHUSETTS  
FOR CONTINUED SUPPORT SO WE MAY PROVIDE ACTIVITIES AND PROGRAMS FOR YOU.

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