



Volume 26
Issue 1

January 2022

1020 Hope Street Bristol, RI 02809

Contact Us:

www.bristolsrctr.com

Find us on Facebook

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Maria Ursini
Director
mursinibcsc@gmail.com

Donna Wilson
Assistant Director
dwilsonbcsc@gmail.com

Office Hours:
Monday-Friday
8:30 am—3:30 pm

Board of Directors:

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50th
Celebration



COME , LEARN AND GROW.

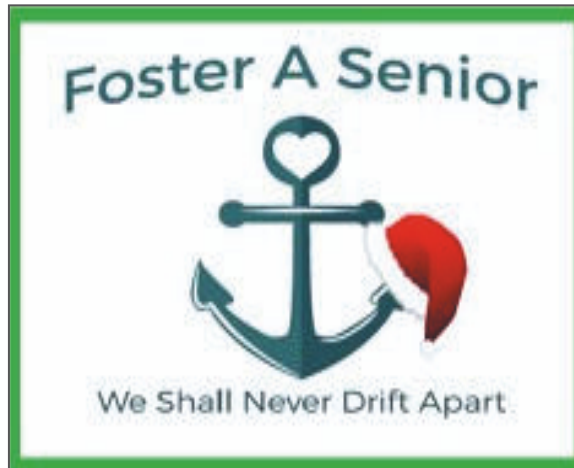
Read and learn about our services,

- Senior Services available
- Daily lunches delivered
- Transportation—call our office
- And much more!



Masks are required for service in the Senior Center building and transportation bus.

Thank You



Thank you everyone who donated towards our 6th Annual Foster a Senior Program. We were able to present to over 350 individuals that included present, food, and gift cards. The effectiveness of our work has been wonderful to see those smiles and appreciation. During these difficult times we made a difference and are blessed for this community and beyond for your generous donations.

Hugs, Donna & Maria #seniorsmatter



Senior Services

In Person Appointments

Wednesday, January 5

9:00am-11:00am

SNAP

The Supplemental Nutritional Assistance Program (SNAP) URI Outreach Counselor will be at the Senior Center once a month. Call the center & schedule your appointment.



Thursday, January 6

9:00am-11:00am \$10.00

Crafts with Elin stop by senior center and reserve your seat.

Wednesday, January 12

12:00pm-1:30pm

Legal Service

Paul Silva will be at the senior center. Topics: Wills, Power Of Attorney and End-Of-Life Planning. Call and make your appointment.



Monday, January 17

**Martin Luther King
Office will be closed**



Thursday, January 20

9:30am-10:30am

VNS Blood Pressure Clinic



Tuesday, January 18

9:00am-12:00pm

Veterans benefits with Steve

Skuba every 3rd Monday of the month. Call and make your appointment.



**East Bay Volunteer Income
Tax Assistance Program**

The Volunteer Income Tax Assistance Program (VITA) provides IRS-trained tax professionals to provide tax-preparation services to clients. VITA volunteers provide timely, quality, and free tax preparation for low to moderate income individuals and families. Volunteers not only prepare tax returns, but simultaneously provide education to clients about their returns and eligible tax credits.

Call 401-435-7876
to schedule your appointment.



Senior Health Insurance

Counselors provide assistance with health insurance options, Medicare issues, prescription and Medicaid assistance.

**Call our office to make
your appointment
(401) 253-8458.**



SOCIAL HELP FOR PEOPLE WITH MEDICARE



In Person or Virtual Wellness Activities



ALL classes are **FREE!** For questions call Donna at 253-8458.



Virtual W/Sue

Line Dancing
Wednesdays

Check our Facebook
Benjamin Church Senior Center for login weekly.



Thursdays @10:00am

Benjamin Church Senior Center



W/Kate



Franklin Court
Independent Living
Community Room
150 Franklin Street



Mondays @11:30am
Strength & Balance - **NO CLASS ON the 17th**



W/Jessica



Zumba-Gold
Fridays at 9:00am

Virtual

W/Jessica

Information

Grocery Shopping



Community Shopping: **Tuesdays**

Bristol Housing Authority: **Thursdays**

Call the Senior Center to reserve your seat.

Masks are required!



MAKE FOOD YOUR BUSINESS

We are proud to partner with @Hopemain Nourish Our Neighbors program. Each gift of \$10 to Hope & Main's Nourish Our Neighbors program provides a meal to a deserving individual. All meals are prepared by small food businesses who work from Hope & Main, and use local ingredients from right here in Rhode Island. They have distributed 40,000 of these meals to neighbors in need since the pandemic began. Sending love and gratitude for your good support.

Thank you, Neighbor!

Please see link below to donate:

<https://www.givegab.com/campaigns/love-thy-neighbor-7e17c5d0-95f2->



Happy New Year!

2022



Welcome to the Bloomin' 4 Good Program!

A Program to Benefit Benjamin Church Senior Center

January 2022

Throughout the month of January 2022, **Benjamin Church Senior Center** has been selected to receive a \$1 donation for every \$10.99 Bloomin' 4 Good Bouquet with the red circle sticker sold at the store located at 605 Metacom Avenue, Bristol RI.

Information



Dates and time are subject to change

Monday	East Bay Community Action St. Mary's Church Tap In	12:00pm-4pm 9:00am-Noon
Tuesday	East Bay Community Action Friends of St Elizabeth Parish St. Mary's Church St. Mary of the Bay Tap In	12:00pm-4:00pm 5:30pm-6:30pm 9:30am-3:00pm 3:00pm-5:00pm 9:00am-Noon
Wednesday	East Bay Community Action East Bay Food Pantry Good Neighbors St. Mary's Church St. Mary of the Bay	2:00pm-6:00pm 10:00am-6:30pm 9:00am-1:00pm 9:30am-3:00pm 9:00am-11:00am
Thursday	East Bay Community Action St. Mary's Church Tap-In	8:30am-2:15pm 9:30am-3:00pm 9:00am-Noon
Friday	East Bay Community Action East Bay Food Pantry Little Compton Food Pantry St. Mary's Church Tap-In	8:00am-Noon 10:00am-3:00pm 9:00am-10:00am 9:30am-3:00pm 9:00am-Noon
Saturday	Good Neighbors Little Compton Food Pantry	10:00am-Noon 9:00am-10:00am

Inclement Weather Closings



It is time to provide you with some important information regarding the Benjamin Church Senior Center closing and delayed

openings due to inclement weather. The decision to close or delay openings at the Senior Center is made by the Senior Center Director. Safety is our primary consideration when making a determination on whether to open or close the senior Center during challenging weather situations. Please understand that these very difficult decisions are made based on a number of factors including weather forecasts as well as street sidewalk, and parking lot conditions. Safety to the Senior Citizens is always our main priority. If inclement weather occurs and the Senior Center has to cancel its programs this information will be listed on your local television station and local radio stations. There will also be a post on our Facebook page.



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JANUARY

\$3.00 Suggested Donation

Menu Items are subject to change due to being unavailable to obtain.

Funded in part by the US administration on aging and state funds by the Rhode Island office of Healthy Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Closed</p> 	<p>Ham & Cheese on Oatmeal Bread</p> <p>100% Juice Chips Dessert Milk</p>	<p>5 Herb Roasted Grilled Chicken on Wheat Bread</p> <p>100% Juice Chips Dessert Milk</p>	<p>6 Italian Sausage on Roll w/ mustard</p> <p>100% Juice Chips Dessert Milk</p>	<p>7 Hamburger on a bun w/ mustard</p> <p>100% Juice Chips Dessert Milk</p>
<p>10. Veal Parmigiana on Bulky Roll</p> <p>100% Juice Chips Dessert Milk</p>	<p>11 BBQ Pork on Roll</p> <p>100% Juice Chips Dessert Milk</p>	<p>12 Meatball Grinder on fresh roll</p> <p>100% Juice Chips Dessert Milk</p>	<p>13 Turkey and Cheese w/ mayo on Marble bread</p> <p>100% Juice Chips Dessert Milk</p>	<p>14 Fish Sand w/ tartar sauce on wheat bread</p> <p>100% Juice Chips Dessert Milk</p>
<p>17</p> <p>Closed</p> 	<p>18. Pub Burger w/ mustard on Hamburger roll</p> <p>100% Juice Chips Dessert Milk</p>	<p>19 Ham Salad on Rye Bread</p> <p>100% Juice Chips Dessert Milk</p>	<p>20. Pot Roast on Pumpnickel Bread</p> <p>100% Juice Chips Dessert Milk</p>	<p>21 Tuna salad on Croissant</p> <p>100% Juice Chips Dessert Milk</p>
<p>24 Knockwurst w/ mustard on roll</p> <p>100% Juice Chips Dessert Milk</p>	<p>25. Chicken Loaf w/ mayo on Rye</p> <p>100% Juice Chips Dessert Milk</p>	<p>25. Shrimp Salad on Multi Grain</p> <p>100% Juice Chips Dessert Milk</p>	<p>27 Meatloaf on 9 grain bread w/ ketchup</p> <p>100% Juice Chips Dessert Milk</p>	<p>28 Veggie Burger on wheat bread</p> <p>100% Juice Chips Dessert Milk</p>
<p>31 Italian Style Chicken Culet on Roll</p> <p>100% Juice Chips Dessert Milk</p>		<p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>All menu item may contain. Nuts, Seeds, Bran, Beans, Wheat, Eggs and other allergens</p> <p>MENU ITEMS ARE SUBJECT TO CHANGE</p>	<p><i>Funded in part by the US administration on aging and state funds by the RI OHA</i></p>

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401-253-6426



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