



Volume 26
Issue 2

February 2022

1020 Hope Street Bristol, RI 02809

Contact Us:

www.bristolsrctr.com

Find us on Facebook

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Maria Ursini
Director
mursinibcsc@gmail.com

Donna Wilson
Assistant Director
dwilsonbcsc@gmail.com

Office Hours:
Monday-Friday
8:30 am—3:30 pm

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50th
Celebration



♥ happy ♥
Valentine's
♥ day ♥

COME , LEARN AND GROW.

Read and learn about our services,

- Senior Services available
- Daily lunches delivered
- Transportation—call our office
- And much more!



Masks are required for service in the Senior Center building and transportation bus.

Happy New Year

Greetings from the Director,

Happy New Year! 2021 was another tough year for all of us but we did it. We got through it. Everyone here at the senior center are doing everything we can to keep you updated and safe . We all need to work together to keep everyone safe and healthy. Please wear your mask and stay home if you are not feeling well. I want to thank you for all your patience while we battle Covid-19 together. The new year gives us a clean slate, a chance to make a commitment to making changes in our life. Thank you to our staff and volunteer for helping us make 2021 successful. I look forward to having fun with all of you in 2022 and creating memories together.

Follow us on Facebook for the latest updates. Wishing everyone and Happy and healthy New Year.

Best,

Maria Ursini

Our Mission and Vision

To promote health, dignity and quality of life throughout the journey of aging. To provide a centralized location for our seniors to connect with their peers and stay engaged in active living. We strive to establish a setting that is inviting and promotes social, emotional, and physical well-being, as well as lifelong learning.



Senior Services

In Person Appointments

Wednesday, February 2

9:00am-11:00am ????

SNAP

The Supplemental Nutritional Assistance Program (SNAP) URI Outreach Counselor will be at the Senior Center once a month. Call the center & schedule your appointment.



Wednesday, February 2
Groundhog Day

Wednesday, February 9

12:00pm-1:30pm

Legal Service

Paul Silva will be at the senior center.

Topics: Wills, Power Of Attorney and End-Of-Life Planning. Call and make your appointment.



Monday, February 14
Happy Valentine's Day



Thursday, February 17

9:30am-10:30am

VNS Blood Pressure



Monday, February 21

Presidents Day

Office will be closed



Tuesday, February 22

9:00am-12:00pm

Veterans benefits with Steve

Skuba . Call and make your appointment.



The Volunteer Income Tax Assistance Program (VITA) provides IRS-trained tax professionals to provide tax-preparation services to clients. VITA volunteers provide timely, quality, and free tax preparation for low to moderate income individuals and families. Volunteers not only prepare tax returns, but simultaneously provide education to clients about their returns and eligible tax credits. Call 401-435-7876 to schedule your appointment

**East Bay Volunteer Income
Tax Assistance Program**



Senior Health Insurance

Counselors provide assistance with health insurance options, Medicare issues, prescription and Medicaid assistance.

**Call our office to make
your appointment
(401) 253-8458.**



LOCAL HELP FOR PEOPLE WITH MEDICARE



Empowering Seniors To
Prevent Healthcare Fraud

In Person or Virtual Wellness Activities



ALL classes are **FREE!** For questions call Donna at 253-8458.



Virtual W/Sue

Line Dancing
Wednesdays

Check our Facebook
Benjamin Church Senior Center for login weekly.



Thursdays @10:00am
Benjamin Church Senior Center

W/Kate



Franklin Court
Independent Living
Community Room
150 Franklin Street



Mondays @11:30am
Strength & Balance - **No Class 2/21/22**

W/Jessica



Zumba-Gold
Fridays at 9:00am

W/Jessica

Virtual

Information

Grocery Shopping



Community Shopping: **Tuesdays**

Bristol Housing Authority: **Thursdays**

Call the Senior Center to reserve your seat.

Masks are required!



Coffee Talk with Donna & Maria



Wednesday, February 16th 11:30am

Join Zoom Meeting

[https://us02web.zoom.us/j/85752968263?
pwd=bktobFp4c1BPVWlzRXdWZHVPWVplZz09](https://us02web.zoom.us/j/85752968263?pwd=bktobFp4c1BPVWlzRXdWZHVPWVplZz09)

Meeting ID: 857 5296 8263

Passcode: 995500

We are looking forward to seeing you!



Town of Bristol, Rhode Island

Elderly Exemption Application Form

Exemption Amount: \$250.00 - \$350.00

It's time to submit your
application for

**ELDERLY
EXEMPTIONS!**

Qualifications: Residents must be 65 years of age or older before December 31st of the prior year. Photo I.D. is required to verify age. Applications for the exemption must be **submitted prior to March 15th** of the current calendar year. One Elderly Exemption per household. You can call the office and we will mail you a application.

Information



Dates and time are subject to change

Monday	East Bay Community Action St. Mary's Church Tap In	12:00pm-4pm 8:30am-2:30pm
Tuesday	East Bay Community Action Friends of St Elizabeth Parish St. Mary's Church St. Mary of the Bay Tap In	12:00pm-4:00pm 5:30pm-6:30pm 8:30am-2:30pm 3:00pm-5:00pm 9:00am-Noon
Wednesday	East Bay Community Action East Bay Food Pantry Good Neighbors St. Mary's Church St. Mary of the Bay	2:00pm-6:00pm 10:00am-6:30pm 9:00am-1:00pm 8:30am-2:30pm 9:00am-11:00am
Thursday	East Bay Community Action St. Mary's Church Tap-In	8:30am-2:15pm 8:30am-2:30pm 9:00am-Noon
Friday	East Bay Community Action East Bay Food Pantry Little Compton Food Pantry St. Mary's Church Tap-In	8:00am-Noon 10:00am-3:00pm 9:00am-10:00am 8:30am-2:30pm 9:00am-Noon
Saturday	Good Neighbors Little Compton Food Pantry	10:00am-Noon 9:00am-10:00am

Inclement Weather Closings



It is time to provide you with some important information regarding the Benjamin Church Senior Center closing and delayed

openings due to inclement weather. The decision to close or delay openings at the Senior Center is made by the Senior Center Director. Safety is our primary consideration when making a determination on whether to open or close the senior Center during challenging weather situations. Please understand that these very difficult decisions are made based on a number of factors including weather forecasts as well as street sidewalk, and parking lot conditions. Safety to the Senior Citizens is always our main priority. If inclement weather occurs and the Senior Center has to cancel its programs this information will be listed on your local television station and local radio stations. There will also be a post on our Facebook page.

♥ Happy Valentines Day ♥

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\$3.00 Suggested Donation

Menu Items are subject to change due to being unavailable to obtain.

Funded in part by the US administration on aging and state funds by the Rhode Island office of Healthy Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Funded in part by the US administration on aging and state funds by the RI OHA</p>	<p>1 Turkey and cheese w/ mayo on Pumpemickel Bread</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>2 Corned Beef and Swiss w/ mustard on Rye</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>3. Beer Battered Fish w/ tartar sauce on Roll</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>4 Egg Salad on Pita Bread</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>
<p>7. Cheese Omelet on croissant</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>8. Chicken Culet on Italian w/ mayo</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>9. Seafood Salad on wheat Bread</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>10. Grilled Chicken on roll w/mayo</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>11 Pub Burger on Wheat Hamburger Roll/mustard</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>
<p>14 Ham Salad on Rye Bread</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>15. Fish Sandwich on Marble w/ tartar sauce</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>16. Fried Steak on Wheat</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>17. Chicken Salad on Pumpemickel Bread</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>18. Pot Roast on Bulky roll</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>
<p>21</p> <p>CLOSED</p> <p>Presidents Day</p>	<p>22. Grilled Chicken on white bread w/ mayo</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>23. Low Sodium Hot Dog on a roll w/ mustard</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>24. Meatball Grinder on a roll</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>25. Seafood Salad on Wheat Bread</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>
<p>28 Meatloaf w/ ketchup on wheat</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>				

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