



Everyone's Irish
On March 17th.



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Issue 2

March 2022

1020 Hope Street Bristol, RI 02809

Contact Us:

www.bristolsrctr.com

Find us on Facebook

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Maria Ursini
Director
mursinibcsc@gmail.com

Donna Wilson
Assistant Director
dwilsonbcsc@gmail.com

Office Hours:
Monday-Friday
8:30 am—3:30 pm

Board of Directors:

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Celebration



COME , LEARN AND GROW.

Read and learn about our services,

- Senior Services available
- Daily lunches delivered
- Transportation—call our office
- And much more!



Masks are required for service in the Senior Center building and transportation bus.

Information



HEALTH AND WELLNESS INFORMATION SESSION



Tuesdays starting *March 8th*
10:00am-1:00pm

Benjamin Church

Senior Center Parking Lot

Join Your Personal Healthcare Advocates from Blue Cross and Blue Shield of Rhode Island to learn more about benefits services and plans including **BlueRI for Duals**.

The team provides personalized services, product expertise and service in both English and Spanish.

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Tuesday, April 5, 2022
1:00p.m.-2:00p.m



Franklin Court Independent Living
Community Room

Entertainment: Doug Botelho

Welcome all members!

Sponsored by:

Benjamin Church Senior Center



Call Benjamin church office
for more details 253-8458.

SAVE the DATE
Next Event May 5



Senior Services

In Person Appointments

Tuesday, March 1
Happy Mardi Gras!!



Wednesday March 9
Birthday Celebration
Donna Wilson turns the
BIG 50—Call the center to
reserve



10:00am-12:00pm

Wednesday, March 9
12:00pm-1:30pm



Legal Service

Paul Silva will be at the Senior Center.
Topics: Wills, Power Of Attorney and
End-Of-Life Planning.
Call and make your appointment.

Sunday, March 13
Daylight Savings Time



Thursday, March 17
9:30am-10:30am
VNS Blood Pressure



Thursday, March 17
Happy St. Patrick's Day



Monday, March 21
9:00am-12:00pm

Veterans benefits

Steve Skuba

Call and make your appointment.



Wednesday, March 23

10:00am-11:30am (FREE CLASS) Shell De-
coupage

Craft Class with Daisy
Call the Senior Center to re-
serve your seat. Space is
limited.



Thursday's & Friday's— Taxes



The Volunteer Income Tax Assistance Program (VITA) provides IRS-trained tax professionals to provide tax-preparation services to clients. VITA volunteers provide timely, quality, and free tax preparation for low to moderate income individuals and families. Volunteers not only prepare tax returns, but simultaneously provide education to clients about their returns and eligible tax credits.

Call 401-435-7876 text 1137 to schedule your appointment.

Senior Health Insurance

Counselors provide assistance with health insurance options, Medicare issues, prescription and Medicaid assistance.



Call our office to
make
your appointment
(401) 253-8458.



In Person or Virtual Wellness Activities



ALL classes are **FREE!** For questions call Donna at 253-8458.



Virtual W/Sue

Line Dancing
Wednesdays

Check our Facebook
Benjamin Church Senior Center for login weekly.



Thursdays @10:00am

Benjamin Church Senior Center



W/Kate



**Franklin Court Independent Living
Community Room
150 Franklin Street**



**Mondays @11:30am
Strength & Balance**

W/Jessica

Zumba coming in APRIL



**VIRTUAL
Zumba-Gold
Fridays at 9:00am**

W/Jessica

Information

Grocery Shopping



Community Shopping: **Tuesdays**

Bristol Housing Authority: **Thursdays**

Call the Senior Center to reserve your seat.

Masks are required!

Look Who Is Turning 50!



Congratulations!

**You are invited to Donna Wilson's
BIG 50 Birthday Celebration**

**Wednesday, March 9th
10:00am-12:00pm**

Lite Refreshments will be served

Please call the Senior Center and reserve



**Benjamin Church Board Meeting
Wednesday, March 9th at 10:30am**

Information



Dates and time are subject to change

Monday	East Bay Community Action St. Mary's Church Tap In	12:00pm-4pm 8:30am-2:30pm
Tuesday	East Bay Community Action Friends of St Elizabeth Parish St. Mary's Church St. Mary of the Bay Tap In	12:00pm-4:00pm 5:30pm-6:30pm 8:30am-2:30pm 3:00pm-5:00pm 9:00am-Noon
Wednesday	East Bay Community Action East Bay Food Pantry Good Neighbors St. Mary's Church St. Mary of the Bay	2:00pm-6:00pm 10:00am-6:30pm 9:00am-1:00pm 8:30am-2:30pm 9:00am-11:00am
Thursday	East Bay Community Action St. Mary's Church Tap-In	8:30am-2:15pm 8:30am-2:30pm 9:00am-Noon
Friday	East Bay Community Action East Bay Food Pantry Little Compton Food Pantry St. Mary's Church Tap-In	8:00am-Noon 10:00am-3:00pm 9:00am-10:00am 8:30am-2:30pm 9:00am-Noon
Saturday	Good Neighbors Little Compton Food Pantry	10:00am-Noon 9:00am-10:00am



Since 1972, the national Senior Nutrition Program has supported nutrition services for older adults across the country. Funded by the Older Americans Act (OAA), local senior nutrition programs serve as hubs for older adults to access nutritious meals and other vital services that strengthen social connections and promote health and wellbeing.



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MARCH

\$3.00 Suggested Donation

Funded in part by the US administration on aging and state funds by the Rhode Island office of Healthy Aging

Menu Items are subject to change due to being unavailable to obtain.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Funded in part by the US administration on aging and state funds by the Rhode Island Department of Elderly Affairs.</i></p>	<p>1. Chicken Loaf w/ mayo on Rye Bread</p> <p>ALL SANDWICHES INCLUDE</p>  <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>2. Fish Sandwich w/ Tartar Wheat Bread</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>3. Turkey & Cheese w/ mayo on Marble Bread</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>4. Meatball Sub on Grinder Roll</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>
<p>7. Pub Burger w/ Mustard / Roll</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>8. Ham and Cheese w/ mustard on pumpemickel</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>9. Roast Beef w/ mayo on Oatmeal Bread</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>10. Grilled Chicken on croissant</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>11. Fish Sandwich w/ tartar on Wheat Bread</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>
<p>14. Chicken Culet w/ mayo Italian Bread.</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>15. Pork Loin and Cheese / Rye Bread</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>16. Roast Beef and Cheese w/ mayo on Multi Bread</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>17. Comed Beef and Swiss on Pumpemickel w/ mustard</p> <p>ALL SANDWICHES INCLUDE</p>  <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>18. Crab Cake w/ tartar on roll</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>
<p>21. Italian Sausage w/ mustard on roll</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>22. Meatloaf w/ ketchup on wheat Bread</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>23. Chicken Salad on Multi Grain Bread</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>24. Ham and cheese on Rye Bread w/ mustard</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>25. Vegetable Burger/ mustard Wheat Bread</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>
<p>28. Veal Parm on Italian Bread</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>29. Grilled Chicken on a Wheat Roll</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>30. Pot Roast on Wheat Bread</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>31. Bologna and cheese White Bread</p> <p>ALL SANDWICHES INCLUDE</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p><i>All menu items may contain nuts, seeds, beans, wheat bran, and other allergens Menu Items are Subject to Change</i></p>

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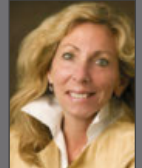
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