



Volume 26
Issue 6

June 2022

1020 Hope Street Bristol, RI 02809

Contact Us:

www.bristolsrctr.com

Find us on Facebook

Phone: (401) 253-8458
Fax: (401) 253-8009

Maria Ursini
Director
mursinibcsc@gmail.com

Donna Wilson
Assistant Director
dwilsonbcsc@gmail.com

Office Hours:
Monday-Friday
8:30 am—3:30 pm

Board of Directors:

Maria Doherty
President

Elizabeth Harvey
Vice President

Cheryl Iiams
Secretary

Vincent Saviano
Treasurer



COME , LEARN AND GROW.

Read and learn about our services,

- Senior Services available
- Daily lunch
- Transportation—call our office
- Trips
- And much more!



Masks are required for service in the Senior Center building and transportation bus.

Events



Wednesday, June 29, 2022

Join us for a day of fun!

Come and spend time with friends and enjoy the live entertainment. Lunch will be served at 11:30am with music during our celebration.



Hot Lunch Is Back



Starting Monday, June 6th

Join us Monday-Friday

@ 11:30am for lunch

Call our office 2 days in advance and reserve your seat.

The meals are a suggested donation of \$3.00

Senior Services & Activities

Wednesday, June 8

10:30am-11:30am

VNS Blood Pressure



Wednesday, June 8

12:00pm-1:30pm

Legal Service



Paul Silva will be at the Senior Center. Topics: Wills, Power Of Attorney and End-Of-Life Planning. Call and make your appointment.

Thursday, June 9

10:00am-12:00pm

URI Snap

The supplemental Nutritional Assistance program (SNAP) URI Outreach Counselor will be at the Senior Center once a month. Call the office to schedule your appointment.



Tuesday, June 14

Flag Day Sponsored Lunch

11:30am

Meet the 237th Chief Marshalls Joe & Rosa DaPonte call the senior center & reserve your seat.

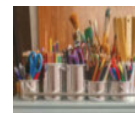


Thursday, June 16

10:00am

Craft Class with Elin

Call the Senior Center to reserve your seat. Space is limited. Sponsored by Silver Creek



Sunday, June 19

Happy Fathers Day



Monday, June 20

9:00am-12:00pm

Veterans benefits

Steve Skuba

Call and make your appointment



Wednesday, June 22

10:00am

(FREE CLASS)

Craft Class with Daisy

Call the Senior Center to reserve your seat. Space is limited



Wednesday, June 29

11:30am

Celebration Event



Senior Health Insurance

Counselors provide assistance with health insurance options, Medicare issues, prescription and Medicaid assistance.

**Call our office to make your appointment
(401) 253-8458.**



east bay community action program
THE BRIDGE TO SELF-RELIANCE



LOCAL HELP FOR PEOPLE WITH MEDICARE



Empowering Seniors To Prevent Healthcare Fraud

In Person Activities



ALL classes are FREE! For questions call Donna at 253-8458.



Community Room *W/Jessica*
150 Franklin Street

Mondays @11:30am

Strength & Balance



W/Jessica

Mondays

12:45pm-1:15pm

Zumba Gold



**Benjamin Church
Senior Center**

Thursdays @10:00am

Chair Yoga

W/Kate



Senior Services

Grocery Shopping

Community Shopping:

Tuesdays

Bristol Housing Authority:

Thursdays

Call the Senior Center to reserve your seat.

Masks are required!



Come play cards!!



Mondays ~ 12:00pm-1:30pm



Bus Driver
Part time-no benefits

Monday-Friday
20-25hours weekly



Driver will operate 14-passenger shuttle van transporting seniors. Assignments may include special runs with specific details for each run or runs may follow an established routine. Medical, grocery shopping, lunch pick up etc.

Minimum Qualification: Driver must possess or meet the requirements to obtain a valid Rhode Island Chauffeur License. Original BCI report from the Rhode Island Attorney General's Office and Covid -19 vaccination card.



Welcome to the Bloomin' 4 Good Program!
A Program to Benefit Benjamin Church Senior Center
Let's Fight Hunger Together. One Bouquet at a Time.

Throughout the month of June 2022, **Benjamin Church Senior Center** has been selected to receive a **\$1 donation** for every \$10.99 Bloomin' 4 Good Bouquet with the red circle sticker sold at the store located at 605 Metacom Avenue, Bristol RI.



Scam Alert

Benjamin Church Senior Center

People who grew up in the 1930s through the 1950s were usually raised to be polite and trusting of others. The Federal Bureau of Investigation warns that scammers will exploit those traits.

Older Americans are less likely to say no to a con artist. Scammers also target older people because they're more likely to have a nest egg.

Con artists may be friendly or sympathetic in some cases or threatening in others. They may use email, online dating sites, phone calls or traditional mail to contact you. Or they may show up at your door offering a service.

Our organization has been working with Patrolman Wood for the last few years on informing our elders about scams. **Con artis has targeted our community in the last few months in the amount of about \$615,000.**

Information



BENJAMIN CHURCH SENIOR CENTER

PRESENTS:
ENCORE CASINO

Wednesday, July 13, 2022
\$35 Per Person

Your Motorcoach Will Depart:
9:00AM ~ Benjamin Church Senior Center
Returns Approximately: 4:30PM

Join Us At New England's Newest Casino!!

Now Open in Everett, Massachusetts! Try your luck with 2,800+ slot machines, including classic favorites, automated tables and the newest game titles. Enjoy 166 table games, from craps and roulette to blackjack and baccarat, all at state-of-the-art tables with superior service. It all adds up to an exciting, memorable five-star experience unlike anywhere else in Boston.

***Must Be Vaccinated**

Trip Includes:

- *Casino Time: 10:30am-3:00pm (Casino Package subject to change)
- *Casino Pkg-\$20 free slot play
- *Deluxe Motorcoach Transportation

For Reservations Please Contact:

Donna 401-253-8458

Please Make All Checks Payable To:

Benjamin Church Senior Center, 1020 Hope St., Bristol RI 02809
Full Payment Due Upon Reservation . No Refunds.

Trip Operated By Bloom Tours



Dates and time are subject to change

Monday	East Bay Community Action St. Mary's Church Tap In	12:00pm-4pm 8:30am-2:30pm
Tuesday	East Bay Community Action Friends of St Elizabeth Parish St. Mary's Church St. Mary of the Bay Tap In	12:00pm-4:00pm 5:30pm-6:30pm 8:30am-2:30pm 3:00pm-5:00pm 9:00am-Noon
Wednesday	East Bay Community Action East Bay Food Pantry Good Neighbors St. Mary's Church St. Mary of the Bay	2:00pm-6:00pm 10:00am-6:30pm 9:00am-1:00pm 8:30am-2:30pm 9:00am-11:00am
Thursday	East Bay Community Action St. Mary's Church Tap-In	8:30-am-2:15pm 8:30am-2:30pm 9:00am-Noon
Friday	East Bay Community Action East Bay Food Pantry Little Compton Food Pantry St. Mary's Church Tap-In	8:00am-Noon 10:00am-3:00pm 9:00am-10:00am 8:30am-2:30pm 9:00am-Noon
Saturday	Good Neighbors Little Compton Food Pantry	10:00am-Noon 9:00am-10:00am

ADT-Monitored Home Security
Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Fire Safety
- Flood Detection
- Carbon Monoxide

ADT Authorized Provider | SafeStreets

1-855-225-4251

GROW YOUR BUSINESS BY PLACING AN AD HERE!

Contact Bill Humprheys to place an ad today!
bhumpheys@lpicommunities.com
or (800) 477-4574 x6634



\$3.00 Suggested Donation

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>All menu items may contain nuts, seeds, beans, wheat bran, and other allergens.</p>	<p>Funded in part by the US administration on aging and state funds by the Rhode Island Office of Healthy Aging</p>	<p>1. Corned beef and Swiss w/ mustard on rye bread</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>2 BBQ Beef on a Roll</p> <p>100 % JUICE L/S CHIPS DESSERT MILK</p>	<p>3 Seafood Salad on Wheat bread</p> <p>100 % JUICE L/S CHIPS DESSERT Milk</p> <p>Last day bagged lunches will be delivered.</p>
<p>6 Pasta and Bean Soup Entrée Salad Grilled Chicken w/ Strawberry's / Almonds Tomato on Spinach/Iceberg Mix Italian Dressing Sliced Peaches Multi grain bread Grilled Chicken on Multi Grain</p>	<p>7 Vegetable Soup Italian Sausage w/ mustard Pesto Tortellini Peppers & Onions Sponge Cake Sliced Italian Bread</p> <p>Italian Sausage w/ mustard on roll</p>	<p>8 Lentil Soup Swedish Meatballs Noodles Green Beans Fresh Fruit Country White bread</p> <p>Meatball Grinder Sandwich</p>	<p>9 Tomato & Brown Rice Soup Pork Loin w/ Gravy Mashed Potatoes Seasoned Spinach Shortbread Cookie Garlic Roll</p> <p>Pork sandwich on roll</p>	<p>10 Clear Chowder Beer Battered Fish w/Tartar Sauce Lyonnaise Potatoes Broccoli Spears Fresh Fruit 12-Grain Bread</p> <p>Fish Sandwich w/ tartar sauce on 12 Grain Bread</p>
<p>13 Beef Noodle Soup Herb Roasted Grilled Chicken Au Gratin Potatoes Normandy Blend Vegetables Fruit cup Rye Bread</p> <p>Herb roasted grilled chicken on rye</p>	<p>14 Flag Day</p> <p>RED Chowder Chicken Cordon Bleu w/ Gravy WHITE Rice Broccoli Cuts BLUE berry Coffee Cake Marble Bread</p> <p>Chicken Salad on Marble</p>	<p>15 Lentil Soup Stuffed Peppers w/Sauce Roasted Potatoes Scandinavian Blend Vegetables Fresh Fruit Dinner Roll</p> <p>Roast beef w/ mayo on Roll</p>	<p>16 HAPPY BIRTHDAY</p> <p>Chicken Escarole Soup French Meat Pie Seasoned Diced Potatoes Broccoli Frosted Cupcake Oat Nut Bread</p> <p>(Egg Salad on Oat Nut Bread)</p>	<p>17 Father's Day Luncheon Italian Wedding Soup Pot Roast w/Gravy Red Bliss Mashed Potatoes Green Beans Almondine Mandarin Oranges Wheat Roll (Pot Roast on Wheat)</p>
<p>20</p> <p>NO LUNCH</p> <p>JUNETEENTH</p>	<p>21 First day of Summer</p> <p>Lemonade Low Sodium Hot Dog w/ mustard Baked Beans Carrot and Raisin Slaw Sports Bar Wheat dinner roll Hot Dog w/ mustard on a roll</p>	<p>22 Cream of Broccoli Soup Baked Ham w/Pineapple Slice Sweet Potatoes Roasted Vegetables Pudding Rye Bread</p> <p>Ham and cheese w/ mustard on Rye</p>	<p>23 Egg Drop Soup Seafood Chow Mein Crunchy Noodles Asian Blend Vegetables Seasonal Fruit Oatmeal Bread</p> <p>Seafood Salad on Oatmeal</p>	<p>24 Minestrone Soup Roast Turkey w/ Gravy Corn Bread Stuffing Baby Whole Carrots Cookie Wheat Bread</p> <p>Turkey and cheese on wheat</p>
<p>27 Chicken Soup Veal w/Tomato Sauce Seasoned Whole Grain Pasta Italian Blend Vegetables Sliced Peaches Multi Grain Bread</p> <p>(Bologna & Cheese on Multi Grain)</p>	<p>28 Vegetable Soup Fried Steak w/Gravy Wild Rice Cauliflower Brownie Wheat Bread</p> <p>Fried Steak on wheat</p>	<p>29</p> <p>Benjamin Church Senior Center</p> <p>Outdoor event Celebration</p>		

SUPPORT OUR ADVERTISERS!



GEORGE C. LIMA FUNERAL HOME INC.

66 Years of Funeral & Cremation Services
Family Owned & Respectfully Serving Since 1953

George C. Lima, Jr., Licensed Director
1921 -George C. Lima- 2015

367 High Street, Bristol, RI 02809

253-9594 • www.limafh.com • 253-LIMA



SILVER CREEK

REHAB AND HEALTHCARE CENTER

7 CREEK LANE, BRISTOL, RHODE ISLAND

"When your family needs help, turn to ours"

Skilled Nursing Care • Physical Therapy • Occupational Therapy • Speech Therapy
Dementia • Respite Care • Hospice Long-Term Care

253-3000 | www.silvercreekmanor.com

Evelyn Guillen

Licensed Sales Agent
EGUILLEN-SERVICES LLC
Sí, hablo su idioma.



1040 Broad Street Unit C-D
Providence, RI 02905

401-383-2202

healthinsurance@eguillenservices.com
myuhcagent.com/evelyn.guillen

Servicing
the East Bay
for over
30 years.

H&R BLOCK

Three Locations in Bristol & Warren

401-253-1179

 H&R BLOCK

North Burial Ground

The town's only official cemetery located on Hope Street
(by the entrance to Colt State park).

Available to all Bristol families of all faiths and
religious beliefs for both traditional burials
and cremations.

Contact the Superintendent Enzly Ramsey for a pre-need appointment

401-253-6426



GRACE BARKER
HEALTH

The Cove:
Skilled Nursing | Short-Term Rehabilitation

The Willows:
Assisted Living | Adult Day Health

54 Barker Avenue - Warren RI
401-245-9100

GraceBarkerHealth.com



Saint Elizabeth Manor

- The Rehab Center

- Memory Care

- Long Term Care

Call 401-253-2300

FREE AD DESIGN

WITH PURCHASE OF THIS SPACE



CALL 800.477.4574



ADVERTISE HERE

to reach the
senior market



Call (800) 477-4574



Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • www.lpicommunities.com

Benjamin Church Senior Center, Bristol, RI

06-5231