July 2021

Smithfield Senior News

One William J. Hawkins Jr. Trail Smithfield RI 02828

401-949-4590

SENIOR CENTER STAFF

Director
Karen L. Armstrong
Ext. 23
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Programs and Activities
Kate McAdam-Prickett
Ext. 24
kmcadam@smithfieldri.com

Meal Site
Anne M. St. Laurent
Ext. 25

Senior Center Assistants
Ext. 21

Senior Van Driver
Steve Beaulieu
Steve Gemma
949-4592

Hours of Operation
Monday-Friday
8:00 a.m.- 4:00 p.m.
Phone-949-4590
Fax-949-4593
www.smithfieldri.com

Find us on: facebook

FREE CAR WASH!

Bring your Renewed Smithfield Senior Center Membership card and receive a FREE Car Wash at

The Medicare Store!

22A Lark Industrial Parkway, Greenville

Sunday July 11th

10am-2pm!

CJC ADVISORS
THE MEDICARE STORE AND MORE

Wednesday & Thursday Meals for July
Meals are $ 5.00
Meals can be ordered for Eat-In or Take-Out:

Thursday 1st Garden Salad, Quiche Lorraine, Chocolate Chip Cookies

Wednesday 7th Cranberry Salad, Chicken Pot Pie, Oatmeal Jam Bars

Thursday 8th Cucumber Salad, Shepherd's Pie, Butterscotch Pudding

Wednesday 14th Beef Stroganoff, Egg Noodles, California Blend Vegetable, Jell-O

Thursday 15th Grilled Hot Dogs, Potato Salad, Baked Beans, Peaches

Wednesday 21st Ham Broccoli & Cheddar Quiche, Roasted Potatoes, Vanilla Pudding

Thursday 22nd Baked Ham, Baked Potato, Green Beans, Frosted Cupcake

Wednesday 28th French Meat Pie, Glazed Carrots, Mashed Potatoes, Ice Cream

Thursday 29th Tuscan Chicken, Ziti Pasta, Lemon Chiffon Bars

We Always Have A Variety Of Homemade Soups For Sale $ 2.00 Per Pint

Do you have trouble hearing on the phone?

JOIN US!

Join our event to learn about true no-cost telephone captioning. CaptionCall does not charge for the captioning service, phone or mobile app, delivery, or any form of customer support. See you there!

We are an FCC authorized service provider and we make it possible for people with qualified hearing loss to participate in this federal program.

Date: Wednesday August 18th

Time: 10:00am - 2:00pm

Location: Smithfield Senior Center

CaptionCall
Life is Calling

www.CaptionCall.com
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SUPPORT OUR ADVERTISERS!

MEDICARE HELP
401-640-7500

The Medicare Store & More

MEDICARE - SOCIAL SECURITY - FINANCIAL PLANNING - ELDER LAW

John Salois (401)640-7500 • 22a Lark Industrial Parkway Greenville, RI 02828 • medicarestoreandmore.com

MEDICARE HELP
401-640-7500

SMITHFIELD SENIOR CENTER — JULY 2021 — PHONE 949-4590/FAX 949-4593

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 QUILTING – 9:00 BONE BUILDERS – 10:00	2 BOCCE – 9:30 BILLIARDS – 9:00 TUNES AND TONE – 10:00
5 RUMMIKUB – 9:00 BONE BUILDERS – 10:00	6 BOCCE – 9:00 CRIBBAGE – 1:00 MAH JONG – 1:00	7 YOGA – 9:00 BILLIARDS – 9:00 HIGH LOW JACK – 1:00 MEDITATION – 1:00	8 QUILTING – 9:00 BONE BUILDERS – 10:00	9 BOCCE – 9:30 BILLIARDS – 9:00 TUNES AND TONE – 10:00
12 RUMMIKUB – 9:00 BONE BUILDERS – 10:00	13 BOCCE – 9:00 LUNCH TRIP CRIBBAGE – 1:00 MAH JONG – 1:00	14 YOGA – 9:00 BILLIARDS – 9:00 COFFEE WITH OAK STREET HIGH LOW JACK – 1:00 MEDITATION – 1:00	15 QUILTING – 9:00 BONE BUILDERS – 10:00	16 BOCCE – 9:30 BILLIARDS – 9:00 TUNES AND TONE – 10:00
19 RUMMIKUB – 9:00 BONE BUILDERS – 10:00	20 BOCCE – 9:00 CRIBBAGE – 1:00 MAH JONG – 1:00 BOOK CLUB – 1:00	21 YOGA – 9:00 BILLIARDS – 9:00 HIGH LOW JACK – 1:00 MEDITATION – 1:00	22 QUILTING – 9:00 BONE BUILDERS – 10:00	23 BOCCE – 9:30 BILLIARDS – 9:00 TUNES AND TONE – 10:00
26 RUMMIKUB – 9:00 BONE BUILDERS – 10:00	27 BOCCE – 9:00 CRIBBAGE – 1:00 MAH JONG – 1:00	28 YOGA – 9:00 BILLIARDS – 9:00 HIGH LOW JACK – 1:00 MEDITATION – 1:00	29 QUILTING – 9:00 BONE BUILDERS – 10:00	30 BOCCE – 9:30 BILLIARDS – 9:00 TUNES AND TONE – 10:00

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Listening to you is where we start every visit.
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Smithfield Senior Center
One William J. Hawkins Jr. Trail
Smithfield, RI 02828

401-949-4590

Return Service Requested

Nonprofit
Organization
U.S Postage
PAID
Greenville, RI
Permit 13
Zip Code 02828

Great Reasons to Volunteer at The Smithfield Senior Center

Help Others
Make a difference
Find purpose
Enjoy meaningful conversations
Connect with the community
Feel involved
Use your skills

Meet New People
Impress yourself
Expand your horizons
Get out of the house
Make new friends
Feel better about yourself