You Are Cordially Invited To Our Annual Father’s Day Luncheon

Wednesday, June 12, 2019

We will be celebrating all our Dads and Granddads with a lunch just for the special men in our lives:

Root Beer Floats are on the Menu for all these fine gentlemen we love and respect.

Please join us for a fun day of Celebration!!
**PLEASE BE SURE TO CALL** (302) 698-4285***

***PLEASE MAKE YOUR (RESERVATION ) FOR A FREE BIRTHDAY LUNCH***

We invite you to a BIRTHDAY LUNCH here at Harvest Years as part of your membership. HOWEVER, you must attend the BIRTHDAY CELEBRATION on our “BIRTHDAY DAY” which is always the third Thursday of each month. You must “eat-in”. You may not “take-out” the free meal. If you do not see your name on the list of names for JUNE 20th it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to see Tom or Diane….. HAPPY BIRTHDAY and Thank You...

LUNCH IS SERVED DAILY MONDAY THRU FRIDAY 11:30 AM - 12:30 PM
YOU MUST CALL HARVEST YEARS SENIOR CENTER TO MAKE YOUR LUNCH RESERVATION by 10 AM. LET US KNOW IF YOU WILL BE CELEBRATING YOUR BIRTHDAY WITH US PRIOR TO JUNE 20, 2019.
PLEASE CALL (302) 698-4285.

**VOLUNTEERS MAKE A DIFFERENCE EVERY DAY**

Recipe for a Volunteer

In a large pot; add: Helping Hands, Big Smile, Friendly Attitude, Ray of Sunshine, and a Caring Heart. Stir Well = YIELD: One ‘Terrific’ Volunteer
The Harvest Years is ready to kick off the Summer of 2019!! We are looking forward to the season that brings back our Ice Cream Socials, Root Beer Floats, BBQ’s and plenty of fun in and out of the sun.

On Wednesday, June 12th, please plan on joining us for a day of celebration and good food! Make a reservation today for our annual Father’s Day Luncheon. Free Root Beer Floats are included in the lunch for all Dads and Granddads in attendance.

Our Annual trek to the Blueberry Farm is scheduled for Friday, June 28th. The Harvest Years bus will leave promptly at 8 AM and return before 11 AM, just in time for lunch! It is a free trip. You only need to pay for the Blueberries that you pick. Please sign up at the front desk if you are planning on joining us.

Thank You to Trinidad Navarro, Insurance Commissioner for stopping by last month. His discussion was very educational. Their department’s mission is to protect Delawareans through regulation and education while overseeing the insurance industry. They can be reached at 302 674-7300 or e-mail insurancedelaware.gov. They can also help with questions concerning Medicare.

The fiscal year for the State of Delaware comes to a close at the end of June. I hope you will join me once again in thanking Mr. Trey Paradee and Mr. Lyndon Yearick for their continuous legislative support for our center. They have both continually updated us on all the state’s conversations and policies that may affect us as a center as well as our members. This is also a great time of the year to remind all our Senators and Representatives at the state level as well as Kent County Levy Court that we need them on our team all year long. Their continuous efforts on our behalf keep our senior center moving forward.

Have a wonderful and happy start to the Summer!

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“The First Day of Summer is June 21st. Welcome Summer!!

Let’s go outdoors, go fishing, enjoy wearing your shorts, flip-flops, summer clothes, and going to the beach. Be sure to use your sunscreen and stay hydrated. It is so nice to see the sunshine and firing up our outdoor grills for some delicious summer-time favorite grilled hot dogs, hamburgers, chicken and the fresh fish caught in the early morning.

Summer Fun is in Full Swing!!

Our “Father’s Day Luncheon” will be held on Wednesday, June 12, 2019. We welcome all our Dads and Grand-dads to attend and enjoy a fabulous luncheon and our special Root Beer Floats.

“Father means so many things/An understanding heart/A source of strength and of support/Right from the very start./A constant readiness to help/In a kind and thoughtful way./With encouragement and forgiveness/No matter what comes your way./A special generosity and always affection, too/A Father means so many things/ When he’s a man like you ..” We Love You Dad
Remember Me?  Some people call me Old Glory, others call me the Star-Spangled Banner, but whatever they call me, I am your flag, the flag of the UNITED STATES OF AMERICA. I remember some time ago people lined up on both sides of the street to watch the parade, and naturally, I was always there, proudly waving in the breeze. When your daddy saw me coming, he immediately removed his hat and placed it over his heart. Remember? And you, I remember you standing there straight as a soldier. You didn’t have a hat, but your were giving the right salute. Remember your little sister? Not to be outdone, she was saluting the same as you, with her hand over her heart. Remember? What happened? I’m still the same old flag. Oh, I have added a few more stars since you were a boy, and a lot more blood has been shed since those parades of long ago. But I don’t feel as proud as I used to. When I come down your street, you just stand there with your hands in your pockets. I may get a small glance, but then you look away. I see children running around and shouting. They don’t seem to know who I am. I saw one man take off his hat and look around. He didn’t see anybody else with his hat off, so he quickly put his back on. Is it a sin to be patriotic? Have you forgotten what I stand for and where I’ve been? Anzio, Omaha Beach, Guadacanal, Korea, and Vietnam. Take a look at the memorial honor rolls some time. Look at the names of those who never came back in order to keep this republic free. One nation under God. When you salute me, you are actually saluting them. Well, it won’t be long until I’ll be coming down your street again. So, when you see me, stand straight and place your right hand over your heart. I’ll salute you by waving back. And I’ll know that your remembered.
2019 TRIPS

JUNE:  Monday, June 17 - Saturday, June 22nd - Springtime in Connecticut and The Newport Rhode Island Flower Show - Call for Itinerary - All Inclusive: $779.00 PP Dbl. Occupancy - Singles add $250.00 additional. RATED: ( MD )

JULY:  Wednesday, July 10th - VISIT THE NATIONAL CLOCK & WATCH MUSEUM - A fabulous museum filled with hundred of time pieces from the beginnings of keeping time. A Must See Museum. Call for details.

JULY:  Tuesday, July 16th - American Music Theatre Presents “Ovation” - A must see Musical Theatre Show!! All Inclusive: $90.00 Per Person. Tour Bus, Driver Gratuity, Show Tickets and Lunch at Huckleberry’s Restaurant - I still have tickets available this great show and lunch!! RATED: ( E )

AUGUST:  Wednesday, August 7th - Rainbow’s Comedy Playhouse - “DIVORCE SOUTHERN STYLE” - All Inclusive: $89.00 Per Person - RATED: ( E )

AUGUST:  Tuesday, August 27th - Riverboat Queen Paddleboat Excursion along the Delaware River. Dine aboard and enjoy the beautiful ride and watch the sun set on the way back to dock. All Inclusive: $110.00 Per Person - Tour Bus, Driver Gratuity, Dinner and our own Private Charter. SOLD OUT!!

SEPTEMBER:  Tuesday, September 17th - Visit the U.S. Holocaust Memorial Museum, Washington, DC - $55.00 Per Person - Lunch off the Menu & on your own at the Fisherman’s Inn on the way home.

SEPTEMBER:  Monday, September 30th - Friday, October 4th - Let’s visit the White Mountains of New Hampshire - TRAINS ACROSS AMERICA will be a filled with exquisite beauty, train rides, delicious food, sightseeing and more. $735.00 PP Dbl. Occupancy. ( $200.00 Add’l for Single). Trip Insurance Recommended.

OCTOBER:  Thursday, October 10th - Dutch Apple Theatre - “Will Rogers Follies” - ALL INCLUSIVE - $90.00 Tour Bus Transportation, Driver Gratuity, Buffet Lunch, Show Tickets

OCTOBER:  Saturday, October 26th - Hudson River Cruise to Cold Spring, New York - Fabulous day trip as we Cruise up the Hudson River passing West Point - Fall Foliage galore at this time of the year. All Inclusive: Tour Bus, Driver Gratuity, Seastreak Ship, Lunch at the famous Hudson House River Inn - $170.00 Per Person

2020 TRIPS

JULY 15TH & AUGUST 12TH, 2020 - QUEEN ESTHER at the SIGHT & SOUND THEATRE - BOTH SHOWS ARE SOLD OUT. You may call and have your name put on our WAITING LIST in case someone should cancel.

TRIP TO IRELAND:  SEPTEMBER 8TH - 17TH, 2020 - DETAILS ARE IN - PLEASE STOP IN TO SEE ME ABOUT THIS VERY EXCITING TRIP!!

TRIP TO SOUTH DAKOTA:  JUNE 23, 2020 - Deadwood, Mt. Rushmore, Custer State Park, Crazy Horse Memorial, Badlands National Park, and much more! DETAILS ARE IN - PLEASE STOP IN TO SEE ME ABOUT THIS
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<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td>Glazed Carrots</td>
<td>Roasted Red Potatoes Broccoli</td>
<td>over Noodles</td>
<td>Tossed Salad Italian Bread Brownie</td>
<td>w/Pasta Tossed Salad</td>
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<td>Bread or Rolls Pudding</td>
<td>Bread or Rolls</td>
<td>Peas Bread or Rolls Peaches</td>
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<td>Assorted Desserts</td>
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<td>Jell-O/w Whipped Cream</td>
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<td>Cheesesteak</td>
<td>Stuffing</td>
<td>Baked Meatloaf</td>
<td>Stewed Tomatoes</td>
<td>Chicken Salad Sandwich</td>
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<td>Fried Onions, Lettuce &amp;</td>
<td>Vegetable Blend</td>
<td>Gravy</td>
<td>Macaroni &amp; Cheese</td>
<td>Lettuce, Tomato Pickles/Chips</td>
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<td>Tomato Baked Fries</td>
<td>Bread or Rolls</td>
<td>Mashed Potatoes</td>
<td>Bread or Rolls</td>
<td>Assorted Desserts</td>
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<td>Sherbet</td>
<td>Cake</td>
<td>Green Beans</td>
<td>Fresh Fruit</td>
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<td>Chocolate Cake</td>
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<td>Lettuce, Tomato Fix'ins</td>
<td>Biscuit</td>
<td>Scalloped Potatoes</td>
<td>Baked Ham</td>
<td>Roasted Pork Loin</td>
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<td>Bar Chocolate Chip Cookie</td>
<td>Applesauce Cake</td>
<td>Broccoli</td>
<td>Sweet Potatoes</td>
<td>Mashed Potatoes</td>
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<td>Bread or Rolls</td>
<td>Mixed Vegetables</td>
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<td>Meatball Sub</td>
<td>Mashed Potatoes</td>
<td>Potatoes Au Gratin</td>
<td>Brown Rice</td>
<td>Chef's Salad</td>
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<td>Baked Fries</td>
<td>Green Beans</td>
<td>Broccoli</td>
<td>Peas &amp; Carrots</td>
<td>Turkey, Cheese, Lettuce, Tomato, Onion,</td>
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<td>Tossed Salad</td>
<td>Bread or Rolls</td>
<td>Bread or Rolls</td>
<td>Bread or Rolls</td>
<td>Egg Roll</td>
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<td>Fruit</td>
<td>Strawberry Shortcake</td>
<td>Ice Cream</td>
<td>Cherry Yum Yum</td>
<td>Assorted Desserts</td>
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<td>1.</td>
<td>2. Ice Cream Social</td>
<td>3. Spaghetti w/Meatsauce</td>
<td>4. <strong>CLOSED</strong></td>
<td>5. Sloppy Joes on a Bun</td>
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<td>Baked Ziti</td>
<td>Sweet &amp; Sour Chicken</td>
<td>Italian Bread</td>
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<td>Baked Fries</td>
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<td>Tossed Salad</td>
<td>Rice</td>
<td>Jell-O w/Cool Whip</td>
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<td>Cole Slaw</td>
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<td>Italian Bread</td>
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<td>Fresh Fruit</td>
<td>Pineapple</td>
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<td><strong>12 Noon ICE CREAM SOCIAL</strong></td>
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**IMPORTANT INFORMATION FOR YOU!**

Anyone taking a trip with Harvest Years Senior Center must carry a photo **ID**. Many of our trips will require security screenings. If you do not bring your **ID** you will not be permitted on the trip.

**THANK YOU**
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<thead>
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<tbody>
<tr>
<td>3. 9:45 AM - L.I.F.E. Aerobics Class</td>
<td>4. $$ 8:30 AM - Yoga $$</td>
<td>5. 9:30 AM - 10:30 AM Land Aerobics</td>
<td>6. $$ 8:30 AM - Yoga $$</td>
<td>7. 12 NOON - Mah Jong</td>
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<tr>
<td>9:30 AM - 500 Rummy</td>
<td>9:30 AM - Crafts</td>
<td>9 AM - 11:30 AM Ceramics</td>
<td>9:45 AM - L.I.F.E. Aerobics Class</td>
<td>12:30 - Spades</td>
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<td>12 NOON - Domino’s</td>
<td>12:30 - Hand &amp; Foot</td>
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<td>10. 9:45 AM - L.I.F.E. Aerobics Class</td>
<td>11. $$ 8:30 AM - Yoga $$</td>
<td>12. 9:30 AM - 10:30 AM Land Aerobics</td>
<td>13. $$ 8:30 AM - Yoga $$</td>
<td>14. <strong>FLAG DAY</strong></td>
</tr>
<tr>
<td>9:30 AM - 500 Rummy</td>
<td>9:30 AM - Crafts</td>
<td>9 AM - 11:30 AM Ceramics</td>
<td>9:45 AM - L.I.F.E. Aerobics Class</td>
<td>12 NOON - Mah Jong</td>
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<tr>
<td>$$ FEARLESS YOGA $$ 5 - 5:45 PM</td>
<td>12 NOON - Domino’s</td>
<td>12:30 - Hand &amp; Foot</td>
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<td>12:30 - Spades</td>
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<td>17. 9:45 AM - L.I.F.E. Aerobics Class</td>
<td>18. $$ 8:30 AM - Yoga $$</td>
<td>19. 9:30 - 10:30 AM Land Aerobics</td>
<td>20. $$ 8:30 AM - Yoga $$</td>
<td>21. <strong>First Day of Summer</strong></td>
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<tr>
<td>9:30 AM - 500 Rummy</td>
<td>9:30 AM - Crafts</td>
<td>9 AM - 11:30 AM Ceramics</td>
<td>9:45 AM - L.I.F.E. Aerobics Class</td>
<td>12 NOON - Mah Jong</td>
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<td>12 NOON - Domino’s</td>
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<td>24. 9:45 AM - L.I.F.E. Aerobics Class</td>
<td>25. $$ 8:30 AM - Yoga $$</td>
<td>26. 9:30 AM - 10:30 AM Land Aerobics</td>
<td>27. $$ 8:30 AM - Yoga $$</td>
<td>28. <strong>Blueberry Picking</strong></td>
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<tr>
<td>9:30 AM - 500 Rummy</td>
<td>9:30 AM - Crafts</td>
<td>9 AM - 11:30 AM Ceramics</td>
<td>9:45 AM - L.I.F.E. Aerobics Class</td>
<td>8 AM - BUS LEAVES TO GO PICK BLUEBERRY</td>
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<td>12 NOON - Domino’s</td>
<td>12:30 - Hand &amp; Foot</td>
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<td>12 NOON - Mah Jong</td>
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<td>$$ 1 - 3 PM ART CLASS $$</td>
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<td>12:30 - Spades</td>
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| **FULTON THEATRE**  
**“MAMA MIA”**  
WEDNESDAY, JUNE 26TH | **FIRST DAY OF SUMMER** FRIDAY, JUNE 21st. | **HAPPY FATHER’S DAY LUNCHEON**  
WEDNESDAY, JUNE 12TH | **HAPPY FATHER’S DAY**  
SUNDAY, JUNE 16TH | **Board of Directors Meeting**  
JUNE 27, 2019  
12:30 PM |
Don’t know what to do now that you’ve turned on your computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to teach a one on one class on how to use your Smart Phone. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the “Computer Guy”!

Call Diane: 302 698-4285
Supplemental Nutrition Assistance Program
Putting Healthy Food Within Reach
assist.dhss.delaware.gov

Meet Oscar Sebastian at 11 AM on the second Tuesday of each month during 2019. If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP program or he can assist you in filling out the required application.

If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200 Extension 174.

MEDICAL APPOINTMENTS SERVICE
If you are in need of our "Medical Appointment Service", please call our front desk at 698-4285 to schedule your ‘Pick-Up Time’. Pick-Up times should be made 2 - 3 weeks in advance, no later than 48 hours in advance. We will provide this service between the hours of 8 AM - 2 PM, Monday thru Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a $3.00 Trip Charge payable by cash, check, or money order. We will not go into Sussex County or New Castle County due to cost. Call Harvest Years Senior Center for more information and scheduling.

Love to Play Bridge?
If you would like to get a group of intermediate Bridge players together, please call Diane at Harvest Years Senior Center and we will add you to our list of players. If we have enough interest we will set a day and time convenient for everyone.
302 698-4285
You Are All Invited To Join Us For Lunch At Harvest Years Senior Center

Monday thru Friday - 11:30 AM - 12:30 PM

**COST:**
Member - $4.50  - Non-Member - $7.00

Delicious Food, Nice People & Good Times. Bring A Friend Too!!

As a courtesy to our Kitchen Staff, please call by 10 AM if you are planning to join us for lunch or to order a take-out meal. Our lunch is cooked fresh daily in our kitchen and we want to be sure we can serve everyone.

**698-4285**

**JOIN HARVEST YEARS AND RECEIVE A $1.00 OFF COUPON TOWARDS YOUR 1st LUNCH WITH US!!**
FOR NEW MEMBERS ONLY - 2019

It’s Summertime and our daily *Soup To Go* will end until September.

**EXTRA IN-HOUSE ITEMS**

* Desserts $2.00 each
* Just Entrees $3.00 each
* Starch/Vegetable $2.00 each

Homemade Soups  
$3.00 Cup / $4.00 Pint / $5.00 Quart

Sandwich entree price to be determined that day.

Any Other Items - See Tom or Marguerite

*As of October 1, 2016 we added an additional charge of $1.00 for TO-GO MEALS.

Bon Appetite!!

SUPPORT HARVEST YEARS SENIOR CENTER, INC.
By Shopping at AmazonSmile

When you shop at AmazonSmile, Amazon will donate to Harvest Years Senior Center, Inc. Support us every time you shop.

smile.amazon.com

Happy July 4th
Join Us For Our Annual July 4th Ice Cream Social

Tuesday, July 2, 2019 - 12 NOON
$3.50 Pre-Paid by July 1st - Ice Cream Sundae, Banana Split or a Root Beer Float

 Camden - Wyoming Lions Club

“Unselfish Service to the Community”

The Camden - Wyoming Lions Club meets monthly at Harvest Years Senior Center 30 South Street, Camden, DE.

**NEXT MEETING:**
MONDAY, JUNE 10, 2019  
MONDAY, JUNE 24, 2019

Dinner: 6:30 PM - Meeting Follows

Lions Club Ready to Help, Worldwide

Whenever a Lions Club gets together problems get smaller, and communities get better. That’s because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.

**TRANSPORTATION SERVICES**

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. **You must reserve your slot 24 to 48 hours ahead of time.**

Cost per trip is:

$ .50 per Trip
$ 5.00 for 10 Trips
$ 10.00 for 20 Trips
$ 20.00 for 40 Trips
TRUSTED HEARING CARE
Free Hearing Screening • Digital Hearing Aids
All Make Repairs • Questions Answered

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MILFORD: 800 AIRPORT RD • 302-422-4677
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to find trusted services in our area!

Sign up to have our newsletter emailed to you! ourseniorcenter.com
God Bless Our Troops
Always remember to keep them all in Our Daily Thoughts and Prayers…..

JUNE 2019
Please Donate to The USO