TABLE OF CONTENTS

Monthly Birthdays..........................Pg. 2
Executive Director’s Notes..............Pg. 3
Activity Director’s Notes.................Pg. 3
Monthly Menu................................Pg. 6
Monthly Activities........................Pg. 7
Snap Program...............................Pg. 9
The Computer Guy........................Pg. 8
AARP Driving Course......................Pg. 8
Lunchroom News...........................Pg. 10
Lions Club Meetings......................Pg. 10

UPCOMING TRIP SCHEDULE TBA NEXT MONTH.

HOURS

Monday - 8 AM - 3 PM
Tuesday - 8 AM - 3 PM
Wednesday - 8 AM - 3 PM
Thursday - 8 AM - 3 PM
Friday - 8 AM - 3 PM

Closed Saturday & Sunday

Annual Veterans Day Tribute
Friday, November 8, 2019
10 A.M.

ODE TO THE FLAG

Our Nation’s Flag is a stirring sight as it flutters proudly in the breeze. It’s colors of red, white and blue mean so much to you and me. Red stands for courage and hardiness. The white means innocence and purity. Blue is for justice, perseverance and vigilance. In it’s promise to keep us free. This banner stands for a bountiful land, it’s government, people and ideals. The stripes from the thirteen colonies stand, it’s symbolism is very real. Each State now is represented by a star of white on blue. President Washington first presented The American Flag to you. Many brave men and women have fought and died to protect it from dishonor and disgrace. Wives have mourned and mothers have cried so we could remain the United States of America. The sight of this Banner brings feeling of joy, of courage, pride and freedom to all. A symbol of our nation in all it’s glory.

Harvest Years Senior Center, Inc.
Board of Directors 2019

Richard Reynolds...........President
Joan Schwartz..........Vice President
Barbara Morton...........Treasurer
Judy Lomax..........Secretary
Tom Bones..........Executive Director

Board Members: Dick Bewick, Judie Burke
Jack Walters, Dick Chappell

Next Meeting: November 14, 2019
Happy November Birthdays

1 Ernestine Paskins
2 David Johnson
2 Joan Konopka
3 Betty Lou Ward
4 Terri Bohr
4 Barbara MacCahery
4 Wayne Rust
4 Jane Sabo
5 Mary-Jo Brown
5 Frances Wilson
8 Shirley Biddle
8 Stephanie Liguori
9 Kathy Chalmers
9 Carlton Walker
10 Eugene Litchison
10 Gloria Miccarelli
11 Anthonette Brand
11 Pam Strausbaugh
13 Betty Culp
13 Robert Olivacz
13 Gale Thornbury
14 Barbara Graybill
14 Darlene Melko
14 Ruth Anne Rader
15 Ruth Ann Miller
15 Lois Williams
16 Sharon Mann
16 Adele Mattock
16 Carol Stomber-Pawlikowsk
17 Ruth Ann Leister
18 Don Conroy
18 Grace Corcoran
18 Leola Johnson
18 Ann Knight
18 Brenda Spriggs
20 William Landmesser
22 Frank Flynn
22 Arlene Willard
23 Barbara Bradley
23 Candace Goodrich
24 Stephen Smith
28 Frances Block
28 Sharon Simmons
30 Frances Aviles
30 Susan Rust

Wishing you a beautiful day filled with all the things that bring you Joy!!

***PLEASE BE SURE TO CALL** (302) 698-4285***

***PLEASE MAKE YOUR (RESERVATION ) FOR A FREE BIRTHDAY LUNCH***

We invite you to a BIRTHDAY LUNCH here at Harvest Years as part of your membership. HOWEVER, you must attend the BIRTHDAY CELEBRATION on our “BIRTHDAY DAY” which is always the third Thursday of each month. You must “eat-in”. You may not “take-out” the free meal. If you do not see your name on the list of names for NOVEMBER it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to see Tom or Diane….. HAPPY BIRTHDAY and Thank You...

LUNCH IS SERVED DAILY MONDAY THRU FRIDAY 11:30 AM - 12:30 PM

YOU MUST CALL HARVEST YEARS SENIOR CENTER TO MAKE YOUR LUNCH RESERVATION by 10 AM. LET US KNOW IF YOU WILL BE CELEBRATING YOUR BIRTHDAY WITH US PRIOR TO NOVEMBER 21st. PLEASE CALL (302) 698-4285.

QUEEN ESTHER
August 12, 2020
Due to several cancellations, I have six seats available.
If you are interested please let me know ASAP.
COST: $125.00 PP - Call Diane—698-4285
A $25.00 Deposit Is Needed

NOTE: FYI

The last ‘Beginner’s Ceramic Class’ will be November 20th. New classes will begin in January. The Date & Time will be Announced in December.
**From Your Executive Director**

**Tom Bones**

**VETERANS DAY**

**FALL** is here! Days are getting shorter and chillier. This is one of our favorite seasons here at The Harvest Years! November, as always, will bring us many activities to share, and opportunities to gather together.

We will **Honor our Veterans** on **Friday, November 8th** with a ceremony, beginning at **10 AM** and followed by a luncheon. We will pay tribute to them and for all that they have done for us and our country.

Our Holiday festivities will kick off with our traditional **Thanksgiving Luncheon on Wednesday, November 20th.** Join us on this day for a delicious turkey feast! Please make your reservations as soon as possible.

Our **Daily Soup to Go** has been opened for business serving warm, delicious soup to enjoy by the cup or quart since the beginning of the fall season. Please check out our daily menu for our soup de jour. Take home a cup or a quart of your favorites and stock up for the weekend too!

Special **Thank You** to all of you that volunteered and helped at our Spaghetti Dinner held in October. It was a huge success because of you all. The donated baked good were very much appreciated. Thank you to the **TEXAS ROADHOUSE** for their donation of the salad and rolls.

During the month of November, our **Annual Giving Campaign** continues. Shortly you and your neighbors should be receiving a 2019 brochure highlighting the programs and activities that are offered here, year round, at The Harvest Years. Please encourage all you know to donate what they can to this very worthy cause. We are counting on all of you to get the word out! It is very much appreciated and all monetary donations are put to very good use to continue our level of service to seniors in the Camden/Wyoming and surrounding areas. Thank you to those who have already given for 2019.

My sincerest and best wishes to you and your families for a **Very Happy Thanksgiving.**

P.S. **Thank You Cindy Dec** for being my mother-in-law. Thank all of you for your condolences. She will be missed!

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**Notes From Your Activities Director**

**Diane Amoroso**

**Our Annual Veterans Tribute** will be held on **Friday, November 8, 2019 at 10 AM.** I invite all our members to attend so that we may pay tribute to our men and women of our military. We ask that you remember them in our daily thoughts and prayers. Let us not forget to keep their families in our thoughts and prayers. Gold Star Families and Gold Star Moms are all an important part of military life. Their husbands, wives, sons, and daughters are in harms way daily. Their families need to be remembered. It is not easy for a loved one to be in danger while you, as a thriving family, are trying to live a normal life.

We are honored to welcome our **Guest Speaker, Leonard Kirk** to our Tribute. Mr. Kirk, a United States Army Veteran, will be sharing his Tales of War story with us about his time as a Prisoner of War in a German Prisoner of War Camp(s) during WWII. **He has a story to tell!**

This year we welcome back to Harvest Years, **Thom Slaughter.** As many of you may remember, Thom has attended many of our Veterans Day services over the years and has contributed his thoughts and prayers through music. Thom is a veteran of the United States Coast Guard and we are honored to have him and his lovely wife Debbie back to Harvest Years for our 2019 Tribute.

**NOTE:** If you have any type of memorabilia that you would like to share with our members please feel free to bring your keepsakes to me for display before November 6th. I will have a table set up to display all types of memorabilia.

Everyone enjoys looking at the keepsakes.
Flag Pole Update

DelDot has informed me that the landscaping work at the POW/MIA MEMORIAL PARKWAY has been completed!!

This is great news!! We are moving along with the project and once again I send to all of you my Sincerest Thank You for your support!!

It gives me great Honor to be part of a community who truly supports our Military men and women who serve our Country. They are in harms way, serving in foreign countries, to protect America from those who are constantly trying to destroy our great Nation!

This Veterans Day be sure to Honor all those who have served, and continue to serve. We MUST remember those who are still missing. We will continue searching until we bring them all home!!

Kent County Master Gardener
Fall 2019 Workshops – FREE

Pruning Crape Myrtle

Beth Peterson - Kent County Master Gardener

Saturday, November 9, 2019
DSU Outreach and Research Center
884 Smyrna-Leipsic Rd. Smyrna, DE

Golden Dinner Club

Betsy Ross Pizza
Route 8, Dover, De
November 18, 2019 - 4:30 PM

Everyone is welcome to join us for our monthly fundraiser. Bring all your family & friends for a fun night out!!

Please let me know if you are joining us.

Thanks, Diane
The History of The Vietnam War

POW/MIA Flag

In 1971, Mrs. Mary Hoff, an MIA wife and member of the National League of American Prisoners and Missing in Southeast Asia, recognized the need for a symbol of our POW/MIAs. Prompted by an article in the Jacksonville, Florida TIMES-UNION, Mrs. Hoff contacted Norman Rivkees, Vice-President of Annin & Company which had made a banner for the newest member of the United Nations, the People's Republic of China, as a part of their policy to provide flags to all UN member nations. Mrs. Hoff found Mr. Rivkees very sympathetic to the POW/MIA issue, and he, along with Annin's advertising agency, designed a flag to represent our missing men. Following League approval, the flags were manufactured for distribution. The flag is black, bearing in the center, in black and white, the emblem of the League. The emblem is a white disk bearing in black silhouette the bust of a man, watch tower with a guard holding a rifle, and a strand of barbed wire; above the disk are the white letters POW and MIA framing a white 5-pointed star; below the disk is a black and white wreath above the white motto YOU ARE NOT FORGOTTEN. Concerned groups and individuals have altered the original POW/MIA Flag many times; the colors have been switched from black with white - to red, white and blue, - to white with black; the POW/MIA has at times been revised to MIA/POW. Such changes, however, are insignificant. The importance lies in the continued visibility of the symbol, a constant reminder of the plight of America's POW/MIA'S. On March 9, 1989, a POW/MIA Flag, which flew over the White House on the 1988 National POW/MIA Recognition Day, was installed in the United States Capitol Rotunda as a result of legislation passed overwhelmingly during the 100th session of Congress. The leadership of both Houses hosted the installation ceremony in a demonstration of bipartisan congressional support. This POW/MIA Flag, the only flag displayed in the United States Capitol Rotunda, stands as a powerful symbol of our national commitment to our POW/MIA's until the fullest possible accounting for Americans still missing in Southeast Asia has been achieved.

Mission Dolls

by Diane Amoroso

The idea of making Mission Dolls came to me when I was visiting The Ark Encounter in Kentucky several years ago with a group of our members. I was in the Gift Shop when I picked up this unusual looking doll. A lady, from North Carolina, came up behind me and began explaining to me what the doll was (Mission Doll) and it’s meaning.

The dolls are made by volunteers in many churches around the country and donated to missionary organizations who then deliver the dolls to children living in 3rd world countries that are impoverished. The dolls are designed to bring Love, Joy and Peace to these children. The dolls have two faces: One side is sad which represents life WITHOUT Christ. The happy face represents life WITH Christ. Each doll wears a multi-colored beaded necklace. Each color has a meaning depicting life through Jesus Christ. Two weeks after our chance meeting, the lady from the Ark Encounter, who took my name and address, sent me a box of material, beads, and the pattern for the dolls to help us get started. She also included two finished dolls as examples. I brought the concept to our Craft Class members and they have all done a fantastic job in making over 20 dolls. The dolls have been donated to Faith Community Church through Donna Chappell and have been packaged up for distribution. A huge Thank You to all our crafters who accepted the challenge and made beautiful dolls.
## - NOVEMBER 2019 MENU -

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td><strong>REMINDER</strong> NOVEMBER 3rd</td>
<td><strong>REMINDER</strong></td>
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<td><strong>REMINDER</strong></td>
<td>1.  Taco's</td>
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<tr>
<td></td>
<td>CHRISTMAS SHOW</td>
<td></td>
<td>THANKSGIVING LUNCH WEDNESDAY, NOVEMBER 20TH.</td>
<td>Soft or Hard Fix’ins Bar</td>
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<tr>
<td></td>
<td>“JOY TO THE WORLD”</td>
<td></td>
<td>Call To Make Your Reservations Early!!</td>
<td>Corn Chips Assorted Desserts</td>
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<td></td>
<td>American Music Theatre</td>
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<td>NOVEMBER 13th</td>
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<td>8. <strong>Veterans Day Tribute</strong></td>
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<tr>
<td>Tom’s 3 Bean Chili</td>
<td>Old-Fashion Beef Stew</td>
<td>Baked Chicken Stuffing</td>
<td>Baked Salmon Roasted Potatoes</td>
<td>Baked Meatloaf</td>
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<tr>
<td>Rice</td>
<td>Biscuit</td>
<td>Stuffing Cranberry Sauce</td>
<td>Roasted Broccoli</td>
<td>Mashed Potatoes</td>
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<td>Cornbread</td>
<td>Applesauce</td>
<td>Succotash</td>
<td>Bread or Rolls</td>
<td>Gravy/Peas &amp; Carrots</td>
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<td>Sherbet</td>
<td>Brownie</td>
<td>Peaches</td>
<td>Tropical Fruit</td>
<td>Cake</td>
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<tr>
<td>CLOSED</td>
<td>Stuffed Peppers</td>
<td>Sweet &amp; Sour Chicken Rice</td>
<td>Oven Baked Pork Chops w/Sauerkraut</td>
<td>Spaghetti w/Meatsauce</td>
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<td>Baked Potato</td>
<td>Green Beans</td>
<td>Mashed Potatoes</td>
<td>House Salad</td>
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<td>Vegetable Blend</td>
<td>Bread or Rolls</td>
<td>Bread or Rolls</td>
<td>Italian Bread</td>
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<td>Bread or Rolls</td>
<td>Jell-O w/Whipped Cream</td>
<td>Pineapple</td>
<td>Assorted Desserts</td>
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<td>Ice Cream</td>
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<tr>
<td>Tomato Soup</td>
<td>Baked Flounder</td>
<td><strong>THANKSGIVING LUNCH</strong></td>
<td><strong>Happy Birthday Party</strong></td>
<td>Baked Ziti</td>
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<tr>
<td>Grilled Ham &amp; Cheese</td>
<td>Macaroni &amp; Cheese</td>
<td>Roasted Turkey Sweet Potatoes</td>
<td>Roasted Pork Loin Mashed Potatoes/Gravy</td>
<td>Tossed Salad</td>
</tr>
<tr>
<td>Sandwich</td>
<td>Stewed Tomatoes</td>
<td>Stuffing/Green Beans Rolls</td>
<td>Peas &amp; Carrots</td>
<td>Italian Bread</td>
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<tr>
<td>Pickles/Chips</td>
<td>Bread or Rolls</td>
<td>Pumpkin Pie</td>
<td>Bread or Rolls</td>
<td>Assorted Desserts</td>
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<td>Cookie</td>
<td>Peaches</td>
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<td>Pineapple</td>
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<td>Sloppy Joe’s</td>
<td>Chicken Parmigiana</td>
<td>Chicken &amp; Dumplings</td>
<td><strong>CLOSED</strong></td>
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<tr>
<td>Baked Fries</td>
<td>House Salad</td>
<td>Peas</td>
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<td>Tossed Salad</td>
<td>Italian Bread</td>
<td>Tossed Salad</td>
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<td>Fruit Cocktail</td>
<td>Apple Crisp</td>
<td>Bread or Rolls</td>
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<tr>
<td>FYI: Please be advised that food prepared at Harvest Years Senior Center may contain the following ingredients: milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, shellfish and seafood base.</td>
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## IMPORTANT INFORMATION FOR YOU!

Anyone taking a trip with Harvest Years Senior Center must carry a photo **ID**. Many of our trips will require security screenings. If you do not bring your **ID** you will not be permitted on the trip.
### November 2019 Activities

<table>
<thead>
<tr>
<th>Monday</th>
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<tr>
<td><strong>SALUTE TO OUR VETERANS 2019</strong></td>
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<td><strong>SALUTE TO OUR VETERANS 2019</strong></td>
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<tr>
<td>4. 9:45 AM - L.I.F.E. Aerobics Class</td>
<td>5. $$FEARLESS YOGA$$ 8:30 AM</td>
<td>6. 9:30 AM - 10:30 AM Land Aerobics</td>
<td>7. $$FEARLESS YOGA$$ 8:30 - 9:15 AM</td>
<td>1. 12 NOON - Mah Jong</td>
</tr>
<tr>
<td>$$FEARLESS YOGA$$ 5 - 5:45 PM</td>
<td>9:30 AM - Crafts</td>
<td>10 AM - Bridge</td>
<td>9:45 AM - L.I.F.E. Aerobics Class</td>
<td>12:30 - Spades</td>
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<td>9:30 AM - Crafts</td>
<td>12 NOON - Domino's</td>
<td>12:30 PM - Hand &amp; Foot</td>
<td>$$FEARLESS YOGA$$ 5 - 5:45 PM</td>
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<td>$$PERFECT PILATES$$ 5:15 - 6 PM</td>
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<tr>
<td>25. 9:45 AM - L.I.F.E. Aerobics Class</td>
<td>26. $$FEARLESS YOGA$$ 8:30 AM</td>
<td>27. 9:30 AM - 10:30 AM Land Aerobics</td>
<td>28. <strong>CLOSED</strong></td>
<td>22. 12 NOON - Mah Jong</td>
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<td>**FEARLESS YOGA$$ 5 - 5:45 PM</td>
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<tr>
<td>28. <strong>CLOSED</strong></td>
<td>29. <strong>CLOSED</strong></td>
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<td><strong>SHOP ’TIL YOU DROP!!</strong></td>
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</tbody>
</table>
Don’t know what to do now that you’ve turned on your computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

Terry has now offered to teach a one on one class on how to use your Smart Phone. If you know the basics but would like to know more, please give your name and telephone number to Diane and she will set up an appointment with the “Computer Guy”!

Call: 302 698-4285

Looking Ahead in 2020

Let’s Visit Ireland
September 8 – 17, 2020
10 Days/9 Nights

If you are interested in our IRELAND IRISH LEGENDS TRIP please feel free to attend our special meeting where you can listen to our Tour Representative give a detailed presentation about the trip and the sights we will be seeing during our 10 day excursion to the Emerald Isle.

PLEASE MARK YOUR CALENDARS
FRIDAY, NOVEMBER 15TH AT 1:30 PM
Call Diane for Information
698-4285

Art Classes
Harvest Years Senior Center
If you are interested in learning how to put your ‘hidden artistic talents’ onto canvas, you are welcome to join our art classes twice a month.

The cost for four classes is $30.00.
Classes: Wednesdays - 1 PM - 3 PM
Call DIANE for more Information: 698-4285
Come In and Join Us For This Fun, Exciting and Educational Class!!
Bonus! Meet New Friends

AARP DRIVER SAFETY COURSE
Harvest Years Senior Center
30 South Street, Camden, DE
302 698-4285
MONDAY, NOVEMBER 18, 2019
9 AM - 1 PM

AARP Member: $15.00
Non-Member: $20.00

MEDICAL APPOINTMENT SERVICE
If you are in need of our “Medical Appointment Service”, please call our front desk at 698-4285 to schedule your ‘Pick-Up Time’. Pick-Up times should be made 2 - 3 weeks in advance, no later than 48 hours in advance. We will provide this service between the hours of 8 AM - 2 PM, Monday thru Friday. We will pick you up 1/2 hour prior to your scheduled appointment. There will be a $3.00 ‘Trip Charge’ payable by cash or check. We will not go into Sussex County or New Castle County due to cost. Please call Harvest Years Senior Center for more information and scheduling.
Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach

assist.dhss.delaware.gov

Meet Oscar Sebastian at 11 AM on the second Tuesday of each month during 2019. If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP program or he can assist you in filling out the required application.

If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200 Extension 174

Happy Holiday Party

Monday, December 16, 2019

4:30 PM

Franko’s Italian Restaurant

1708 E. Lebanon Road, Dover, DE

Please call Diane if you are joining us. I MUST let the Restaurant know a head count!!!
You Are All Invited To Join Us
For Lunch At
Harvest Years Senior Center
Monday thru Friday - 11:30 AM - 12:30 PM

**COST:**
Member - $4.50  - Non-Member - $7.00

Delicious Food, Nice People & Good Times.
Join us and Bring A Friend Too!!

As a courtesy to our Kitchen Staff, please call by 10 AM
if you are planning to join us for lunch or to order
a take-out meal. Our lunch is cooked fresh daily in our
kitchen and we want to be sure we can serve everyone.
**698-4285**

JOIN HARVEST YEARS AND RECEIVE A $1.00 OFF COUPON
TOWARDS YOUR 1st LUNCH WITH US!!
FOR NEW MEMBERS ONLY - 2019

Our Daily Soup Kitchen to Go
Is now open.

Homemade Soups
$3.00 Cup / $4.00 Pint / $5.00 Quart

**EXTRA IN-HOUSE ITEMS**
Desserts $2.00 each
Just Entrees $3.00 each
Starch/Vegetable $2.00 each

Sandwich entree price to be determined that day.
Any Other Items - See Tom or Marguerite

*As of October 1, 2016 we added an additional charge of $1.00
for TO-GO MEALS.

Bon Appetite!!

Camden - Wyoming Lions Club

“Unselfish Service to the Community”

The Camden - Wyoming Lions Club meets
monthly at Harvest Years Senior Center
30 South Street, Camden, DE.

Have a Happy and Safe Summer

NEXT MEETINGS:
MONDAY, NOVEMBER 11, 2019
MONDAY, NOVEMBER 25, 2019

Dinner: 6:30 PM - Meeting Follows

Lions Club
Ready to Help, Worldwide

Whenever a Lions Club gets together problems get
smaller, and communities get better. That’s because
we help where help is needed - in our own communi-
ties or around the world - with unmatched integrity
and energy.

TRANSPORTATION SERVICES

The Harvest Years Senior Center offers transportation to
and from the center. Our pick-up times are between 9 AM
to 10 AM and the return time will start between 1 PM to 2
PM. Members can apply for transportation at our front desk.
Bus plan tickets may be purchased at our front desk. You
may purchase tickets ahead of time. You must
reserve your slot 24 to 48 hours ahead of time. Cost per
trip is:

$ .50 per Trip
$ 5.00 for 10 Trips
$ 10.00 for 20 Trips
$ 20.00 for 40 Trips

If the days won’t allow us
to see each other,
memories will….and if my
eyes can’t see you, my
heart will never forget you.

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God Bless Our Troops
Always remember to keep them all in Our Daily Thoughts

NOVEMBER 2019
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