



INDIAN RIVER SENIOR CENTER

JULY | AUGUST 2022 NEWSLETTER

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**IRSC will be
CLOSED on
July 1st, 2022
&
July 4th, 2022**



**GOOD LUCK
JANET!**



ANNOUNCING CRAB FEAST 2022



Seniors Soaring to New Heights

REPORTS FROM OUR BOARD MEMBERS

Indian River Senior Center | www.IndianRiverSeniorCenterDE.com



ABOUT IRSC

CONTACT INFORMATION

214 Irons Avenue
Millsboro, DE 19966
302-934-8839
www.IndianRiverSeniorCenterDE.com

SUMMER HOURS

Monday - Thursday | 8am - 4pm
Friday | 8am-2pm

*Hours for September - May
Monday - Thursday | 8am - 4pm
Friday | 8am-3pm

EXECUTIVE DIRECTOR

Suzanne Gordon
indianriverseniorcenterinc@gmail.com

MARKETING SPECIALIST

Kellie Beasley
indian2015river@gmail.com

Message from the President

Our Center Director, Janet Laws, has made the decision to retire and live her best life! It's with great affection that we wish her luck and happiness; but with great sadness that we say goodbye. She has been a wonderful and inspiring leader of our staff and the Center for the past six years. She was instrumental in obtaining various Grants for IRSC. We wish her all the best.

The Board of Directors has promoted Suzanne Gordon from Accounting Executive to Center Director. Suzanne's prior background has been in the non-profit sector, making her transition seamless. We are currently seeking someone to fill the Accounting Executive position.

We also want to thank Sue Lentz and Fran Harrison for their many years of devoted service on the Board, both of whom resigned recently for personal reasons. They will be greatly missed for their institutional knowledge, insight, and volunteer work.

We want to welcome aboard Meredith Smith to fill one of the vacant Board positions. Meredith ran in the last election and we think she will be a positive addition to the Board. Any IRSC member in good standing who is interested in being considered to fill the last open Board position should contact the office for an application.

Ed Bishop

PLARN EVENTS AND WORKSHOPS

Indian River Senior Center | www.IndianRiverSeniorCenterDE.com



It's easy, it's fun, it's **PLARN**! And we have several workshops coming up here at IRSC. Come help and find out how to turn plastic bags into sleeping mats for the homeless.

Not only are these workshops a wonderful way to give back to your community, but we're serving lunch; so why not make a day of it?

The next few PLARN Parties we have planned are
July 6th, September 21st, & November 16th.



To register for the workshop, call Bobbi Jo Tice at 302-515-3020.

To sign up for lunch on July 6th (subs and birthday cake) call Kellie at 302-934-8839.



SAVE THE DATE

IRSC EXECUTIVE COMMITTEE

PRESIDENT | Ed Bishop
VICE PRESIDENT | Mike Connelly
SECRETARY | Bob Doughty
TREASURER | Steve Riley

MEETINGS

July 20th @ 9:30 am
August 17th @ 9:30 am

MEMBERS

Ed Bishop
Mike Connelly
Robert Doughty
C. Pat Fox
Gus Gustafson
Steve Riley
Mitch Rogers
Meredith Smith

The Indian River Senior Center is here to promote the wellbeing of anyone 50 and older. This is accomplished through social, mental, and physical activities as well as programs that are designed to keep seniors healthy and active.

DANCE & EXERCISE PROGRAMS AT IRSC

Indian River Senior Center | www.IndianRiverSeniorCenterDE.com

LINE DANCING - BEGINNER

9:00AM - 10:00AM
WEDNESDAY

INSTRUCTOR - MARIAN FETHEROLF
302-249-1586

PRICE - \$5 PER CLASS



TAI CHI

10:00AM - 11:00AM
MONDAY (HALL)

INSTRUCTOR - JOHN CLANCY
609-617-2326

PRICE - \$3 PER CLASS

LINE DANCING - INTERMEDIATE

10:15AM - 11:15AM
WEDNESDAY

INSTRUCTOR - MARIAN FETHEROLF
302-249-1586

PRICE - \$5 PER CLASS

STRETCH & BALANCE

9:30AM - 10:30AM
TUESDAY AND THURSDAY

INSTRUCTOR - THERESA McDUFFIE
240-338-0720

PRICE - \$3 PER CLASS

TAI CHI (VIRTUAL)

10:30AM - 11:30AM
THURSDAY

INSTRUCTOR - Joanne Howell
GOJOANNE@GMAIL.COM

Price - \$3 Per Class

WALKING

9:00AM - 9:30AM
THURSDAY AND FRIDAY

INDIAN RIVER SENIOR CENTER
302-934-8839

PRICE - FREE

AEROBICS

8:30am - 9:30am
TUESDAY & THURSDAY

INSTRUCTOR - THERESA McDUFFIE
240-338-0720

PRICE - \$3 PER CLASS



THANK YOU TO EVERYONE WHO MADE
THE STRAWBERRY FESTIVAL POSSIBLE!
THANK YOU TO OUR VENDORS, OUR
GUESTS, AND OF COURSE OUR CHAIR
LADIES, PAT & EVELYN!

A SPECIAL SHOUT OUT TO BJ'S, FOOD
LION, KITCHEN COLLECTIONS, CLAY-
TON THEATER, CAPTAINS PIZZA,
CRACKER BARREL, LOTUS NAIL SPA, &
COASTAL CLEAN CAR WASH FOR THE
GENEROUS DONATIONS!



Our menu is subject to change.

JULY 2022

6TH - SUBS (ITALIAN OR TUNA), CHIPS, BIRTHDAY CAKE

13TH - CHICKEN PARM, PASTA SALAD, DESSERT

20TH - HOTDOG/HAMBURGER PICNIC, POTATO SALAD, BEANS, DESSERT

27TH - PULLED PORK BURRITO, SPANISH RICE, SALSA & CHIPS, DESSERT

AUGUST 2022

3RD - SUBS (ITALIAN OR TUNA), CHIPS, BIRTHDAY CAKE

10TH - MEATLOAF, MASHED POTATOES W/ GRAVY, VEGGIES, DESSERT

17TH - BAKED FISH, MAC N' CHEESE, STEWED TOMATOES, DESSERT

24TH - CHICKEN SALAD SANDWICH, DESSERT

31ST - PIZZA (2 SLICES), SALAD, DESSERT



Kitchen Corner

We are so excited to see our family here at IRSC growing and we hope to see new faces at lunchtime so we can get to know you! Welcome to our new members; we're so glad to have you! We're always looking for way to make lunch time even more fun, so be sure to keep an eye out for newly advertised trivia contests, corn hole, and table pong.

We have a great group back here in the kitchen and we're all volunteers. None of us are nutritionists or dieticians; we just love cooking for you the way we cook for our families. We use real butter and dairy in our meals and try to use minimal sugar and salt. We always label any food item made with nuts or other allergens. Also, we have a fully stocked spice wrack and we are NOT afraid to use it! See you soon!

WHAT YOU NEED TO KNOW ABOUT WEDNESDAYS AT IRSC

- Lunch is served at 11:30am
- Most meals are only \$5 and always come with dessert!
- Sign up in the hall or call the office (preferably before 3pm on Monday)
- Always fresh, always homemade, always delicious!
- You don't need to be a member to have lunch or to play games with us!
- Speaking of games, we have Jenga, chess, checkers, Battleship, Yahtzee, and lots more...
- Members: come early and join the line dancing class or stay later and play Social Bingo.

BILLIARDS & GOLF AT IRSC

Indian River Senior Center | www.IndianRiverSeniorCenterDE.com

Tournament Results

Our in-house pool leagues finished their latest sessions recently and these are the tournament results.

Monday 8 Ball

1st Place - Rick Schermerhorn

2nd Place - Andy Zeisberg

Tuesday 8 Ball

1st Place - Glenn Coach

2nd Place - Bob Hoey

Thursday 9 Ball

1st Place - Bill Morris

2nd Place - Ed Bishop



BILLIARD LEAGUES

Pool is a popular activity at the Indian River Senior Center. Over 15,000 games are played in a year. The center is host to four leagues each week. New players are always welcome. Although competitive, everyone is there to have a fun time. You'll hear lots of laughter, cheers when someone makes a good shot, and groans when they miss.

Singles Competition 8-ball leagues are played on Monday and Tuesday mornings. The leagues employ a handicap system that allows less skilled players to compete against the best players.

Traditionally, 8-ball is the game of choice at IRSC. New to Thursdays is a competitive 9-ball league. In the next session, we hope to employ a handicap system to even the playing field.

Monday, Tuesday, and Thursday afternoons are available for open play. Wednesdays are set aside for open pool all day.

A small nominal fee is associated with each league. Monies collected are used for table maintenance, a tournament and pizza party at the end of each session. .

All the leagues are about meeting people, socializing, and having fun. At no time is gambling allowed.

For more information, contact Ed Bishop at 410-802-5016.

The key to being happy is knowing you
have the power to choose what to
accept and what to let go.

-Dodisnky

GOLF LEAGUE DIVISION HEADS

Monday

Ray Richard 301-802-8974

Robert Brady rbradyjr53@gmail.com

Monica Fleischmann 302-228-6912

Dick Mullins 443-614-9347

Bill Baydalla 302-644-1774

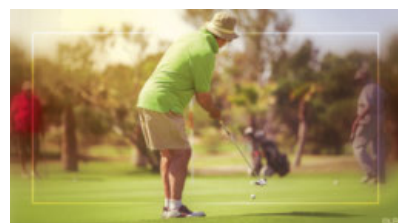
Thursday

Jackie Hostalley 215-802-7691

Golf is a big part of the IRSC. We have four divisions that play on Mondays and another division that goes out on Thursdays.

We have filled most of our available spots, but our North Division still has space available for those who would like to play on Mondays.

Call Ray Richard, Golf League Manager with questions.



CLUBS, CLASSES, & HOBBIES AT IRSC

Indian River Senior Center | www.IndianRiverSeniorCenterDE.com

Room Availability- July / August

Hours	Hall					Room 1					Room 2					Room 3				
Hours	Mon	Tues	Wed	Thurs	Fri	Mon	Tues	Wed	Thurs	Fri	Mon	Tues	Wed	Thurs	Fri	Mon	Tues	Wed	Thurs	Fri
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4:00																				

Rooms are being used during the times marked.

BOOK CLUB

The Virtual Book Club is taking a breather for the summer. They are meeting again on August 11th to decide their next couple picks. All are welcome to attend and if you are interested in joining the book club, please contact Joanne Howell at gojoanne@gmail.com



GAMES

The Center has many games available for members to play. Games such as Bridge, Mah Jongg, Pinochle, Ping Pong, Shuffleboard, Social Bingo, Nickel Poker and others that people may like to play.

Some of these games are on the calendar because we have groups that want to meet and play the same time each week. If you are interested in playing a game and want to get others together to join you in the fun, the center has times available for you to play. Please see the schedule for room availability and call the center to reserve a room.

LIBRARY

Indian River Senior Center has a library with a variety of genres. The library is open 8:30am to 3:30pm most week days. Books are available for members to take home, read, and return at our members' convenience. Donna McColgan volunteers her time in the library and keeps it neat and organized. Thank you Donna! If you have any questions please contact her at 302-927-0130.

CRAFTS AND HOBBIES

IRSC has a room that is dedicated to crafts and hobbies. The closet in this room is filled with items that can be used to make things. There is fabric, yarn, needles and hooks to name a few. The center has times available for people to come use these supplies to make handmade items. Please check the schedule for available times and call the center to reserve the room.



ART CLASSES

Feeling creative? Come to our art classes with Carolyn Wisniewski! Classes will run 9:30am-11:30am every Thursday in Room 2. All are welcome! If you have any question, please call Carolyn at 302-846-2280.

JULY | AUGUST CALENDAR 2022

Indian River Senior Center | www.IndianRiverSeniorCenterDE.com

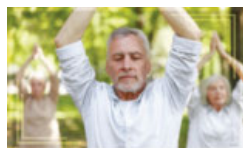
WEEKLY SCHEDULE

MONDAY

Golf

8:30am
Billiards
8-Ball League

10:00am - 11:00am
Tai Chi



12:30pm - 4:00pm
Mah Jongg

TUESDAY

8:30am
Billiards
8-Ball League



8:30am - 9:30am
Aerobics

9:30am - 10:30am
Stretch & Balance

1:00pm - 3:00pm
Nickel Poker

WEDNESDAY

9:00am - 10:00am
Line Dancing
Beginners

10:15am - 11:15am
Line Dancing
Intermediate

11:30am
Lunch Served



11:30am - 1:00pm
Lunch Time Activity

1:00pm - 3:00pm
Social Bingo

THURSDAY

Golf

8:00am
Billiards
9-Ball League

8:30am - 9:30am
Aerobics

9:00am - 9:30am
Walking

9:30am - 10:30am
Stretch & Balance

9:30am - 11:30am
Art Class

10:30am - 11:30am
Tai Chi (Virtual)

FRIDAY

8:00am - 1:00pm
Billiards
Travel League

9:00am - 9:30am
Walking



MONTHLY SCHEDULE & SPECIAL EVENTS

JULY

01 - Center CLOSED

04 - Center CLOSED

06 - Lunch & PLARN Party @ 11:30am - 3:00pm

07 - Public Bingo - Doors open @ 6pm, games start @ 7pm

20 - Board Meeting @ 9:30am - 11:30am

AUGUST

04 - Public Bingo- Doors open @ 6pm, games start @ 7pm

17 - Board Meeting @ 9:30am - 11:30am

JULY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						2
3		5			8	9
10	11	12	13	14	15	16
17	18	19		21	22	23
24	25	26	27	28	29	30
31						

AUGUST 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3		5	6
7	8	9	10	11	12	13
14	15	16		18	19	20
21	22	23	24	25	26	27
28	29	30	31			

A LETTER FROM JANET

Indian River Senior Center | www.IndianRiverSeniorCenterDE.com

"Coming together is a beginning, staying together is progress, and working together is success." Henry Ford

This quote is very true for the IRSC because of the wonderful volunteers and board members that help in many ways. We can do more because of the people who give of their time and talents. If you would like to volunteer, please call the office. There are many ways in which you can help at the Center.

The days are longer and the temperatures make the days wonderful. It's a great time of the year to get out and walk, tend a small garden – even a container garden that gives great results – vegetables, herbs, and of course flowers, that brighten everything. Getting fresh air and sunshine improve our mood.

As of 30 June 2022, I have retired as the Director of the Indian River Senior Center. The IRSC is a special place and I have great memories and have met many wonderful people. I want to say thank you to everyone who has supported the IRSC over the years by helping with fundraisers, lunches, bingos and the day to day activities at the Center.

A special thank you goes to the IRSC Board of Directors who have guided the finances and operations of the Center. Each one brings a special talent to the table.

Please welcome Suzanne Gordon as the new director. Please stop in to say hi and support her in her new position.

Please check our Facebook page and website for updates and information. If you have signed up for the bimonthly newsletter and are not receiving it either by mail or email, please call the office and speak to Kellie.

A special thank you to all of the workers and vendors who helped to make the Strawberry Festival a great success.

Just a reminder of the importance of signing in each time you come into the Center even if you are here for a few minutes. It does help when we are applying for grants.

- Janet Laws

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Indian River Senior Center, Millsboro, DE

06-5309



JULY BIRTHDAYS

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HAPPY BIRTHDAY!

1 Anthony DiGiorgio	Joyce W Lofland Geoffrey Robbins
2 George Hudson Rex Mears Frank Thompson	9 Charles Schafer Ginger Schroeder
3 James Doherty Dennis Fisher	10 Conrad Selewach Jan Zukowski
4 Tom McClure Linda Porto Lisa Andriola	11 Judith Dey Robert Draine Harry Stanley Richard Stastny
5 Valerie Baldwin Karen Tarpley	12 Edward Bowler Richard Stevens Joel J Torba Tad Wheeler
6 Linda Frese Richard Harris Robert Root Richard Say Scott Becque Nancy P Walton	13 Fred Mauser Jon Wharton
7 Thomas Spath Steve Johnson Neil Cocino Clayton Ash Robert Haddy	14 Bud Mowday Kathryn Zimmerman
8 Joan M Davis Lamar Delp	15 Brenda Lewis Matthew Wiherle Bruce Caccamo
	16 William "Gus" Gustafson Rich Harris Frank Sciremammano

Elizabeth Parrino

17
John Harrington
Jeffrey May
Ronnie Piccolo
Kyaw Shinn
Gus Tzan
Frank Bird
Robert Turner III

18
Patricia Jones
Janet Laws
Jim Miller
William (Todd) Sherman
Nas Zarringhalam
Michael Sherman
Stephen J Haynes

19
Carolyn Walton

20
James Costas
Dale Ervin

21
Patricia Jimenez
Alfonse Visco

22
Martha Carroll
Betty Ertwine
Richard Kapolka
Ray Norris
Randall Rixmann
Linda R Mason

23
George Burrows
Joseph Franchella
Marvin Leef
Richard Panizari
Alfred (Bud) L Jones

24
John Kunkel
Donna Pfeiffenberger

25
Oscar Pickenheim
Walter Siubis

26
Edna Manelski
Thomas Cavagnaro

27
Cathy Baughman
Becky Caprano
Cathie Schadewald

28
Kenneth Heydt

29
Peter Hekl
Richard Janecek
John Walker
Chuck Pugh

30
Phyllis Dannenfelser
Arvell Greenwood
Angela Musnisky
Louis Portland
Bill Wood

31
Tom Fieweger
Shirley Paulley
Stephen Zee
Sean McKinley



AUGUST BIRTHDAYS

Indian River Senior Center | www.IndianRiverSeniorCenterDE.com



1
Kevin McLoud
Alexander K McIntyre

2
Rich Fiorilla
Barbara Mentzer
Frank Morris

3
Ronald Atkins
Susan Atkins
Gary Viener
Sabrail Davenport

5
Sandra Oropel
Elisabeth (Buffy)
Spencer
Michael Scibinico
Debbie Ascolese

6
Larry Cake
Marc Diamand
Timothy Henry
Richard B Otwell

7
James Boyce
Margo Orland

8
Dolores Streko
Kevin P Moore

9
Anthony Baldi
Harold Justice
Mary Price
Charles Stevenson
Marsha J Hildebrand
Vera Roth



10
Alan Andrus
Barbara Cook
Jennifer Lee
Richard Terpley

11
Esther Dyce
Rob Ward

12
Lou Dubois
Charles Engel
Pat Fox
Diane Sarsfield
David Watson
Kathleen A LoVecchio

13
Chris Walker
Raymond Cardillo
Richard Skovronski
Jennifer Myers

14
James Aschenbach
Debbie Darr
John Miano
Bruce Jones

15
Don Kays
Helene McAvoy
Don Mentzer
Harry Rush
Mary H Spittler

16
John Badrian
Ronald Heigel
John Perfetti
Richard E Thomas
Richard Garvey Jr.
Stanley Mlynarski
Debbie M Manelski

17
Mike Driscoll
John A Smith

18
Gregory Manelski
Allan Owen
James P Kytte
Dawn Jones
David Sutz
David Mendelsohn

19
Richard D Capalaces
Bill Farmer

20
Dennis (Alan) Hughes

21
Joanne Howell
Frank Saltarelli
Brian Beebe

22
John Dodd
James Maness
Richard L Russell

23
Preston Godfrey
Edward Grimley
Charles Cochran

24
Wallace Catanach
Charlotte Bryan
Steven DeCarlo

25
Steve DeBernardis
Mike Doyle
Catherine Justice
Victoria Sama
Brownie Stamp

26
Ward Cross
Eugene Thomas
Gene T Fisher
Charles M Carey

27
George Bollinger
Mark Francello
Matt Frinzi
Jack Powell
Henry J Dotson
Cathy Martinson
Michael A Luke

28
Gary Montalto
Beth Newman
John Bateman
Rick Carletti

29
Frank Parrino
Michael Quirk

30
Stephen Byrnes
Barbara Dewey
Frances Harrison
Tim Noon
George Strickler

31
Mark Ayers
Timothy Carperter
Robert (Dom) Damiano
Thomas Furst
Sherman Jones
Michael Salagaj
Oswald (Jay) Thiel
Mark Webb

If we forgot any
July or August
birthdays, we are
very sorry! Please
let us know so that
we can adjust our
list!

MORE TO DO AT IRSC

Indian River Senior Center | www.IndianRiverSeniorCenterDE.com



Come play Public BINGO at
Indian River Senior
Center!



The first Thursday of
every month!

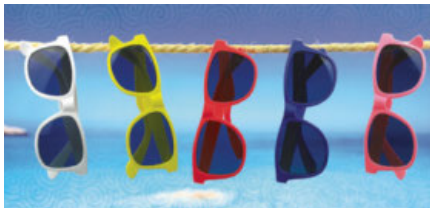
Join us July 7th &
August 4th

Doors Open 6pm, Game Starts 7pm
Admission \$15

Basic pkg. of 20 games, our famous Cookie Jar, and Jackpot of
\$250

A special THANK YOU to Barbara Yox! She helped to clean and organize the sheds, she decorates the tables for lunch, and helps with Social Bingo. She is a force!

Also THANK YOU to Carol for the fabulous homemade meals!



amazonsmile

This program contributes .5% of the price of all eligible items to a charity of your choice, at no extra cost to you! For more info about how to sign up, come by the Center and pick up a flyer! The link for IRSC is

<http://smile.amazon.com/ch/51-0117188>

In Case of
BAD WEATHER

If we need to close unexpectedly we'll post on Facebook and our website, tell the local radio stations and alert the television station WBOC (channel 16).

MEDICARE ASSISTANCE

Indian River Senior Center | www.IndianRiverSeniorCenterDE.com



Medicare Enrollment or Disenrollment

The Centers for Medicare & Medicaid Services is providing equitable relief to individuals who could not submit premium-Part A or Part B enrollment or disenrollment requests timely due to challenges contacting them by phone. This relief applies to the 2022 General Enrollment Period, Initial Enrollment Period, and Special Enrollment Period.

If you were unable to enroll or disenroll in Medicare because you could not reach Social Security by phone after January 1, 2022, you will be granted additional time, through December 30, 2022. For more information, call Social Security at 1-800-772-1213.

For more information on Social Security, contact a Stand By Me 50+ Financial Coach!

For FREE assistance in reaching your financial goals, call Stand By Me 50+ for FREE financial coaching: New Castle County 302-601-3896, Kent County 302-415-1542, Sussex County 302-608-2705



Crab Feast 2022

September 24th at Indian River Senior Center

Doors open at Noon - We'll start serving food at 1pm - Doors close at 4pm

\$75 includes ALL YOU CAN EAT crabs, fried chicken & corn!

Beer, soda, & water provided.

We'll have gift card raffles, 50/50, pull tabs, and live music!





Mon to Thurs: 11am - 10pm
Fri & Sat: 11am - 11pm • Sun: 12pm - 10pm
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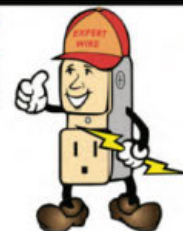
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