

Cover Artwork by:
Judy Gozzo

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Calendar House Senior Center is open Monday—Friday from 8:30 am-4:30 pm.

FROM THE DIRECTOR

A New Year is HERE! I hope everyone had an enjoyable holiday; now it's back to work, or maybe working off those holiday pounds?!? Either way, the best place to come to do that and socialize is at the Calendar House!

This month join us for an "8-ball *members only* pool tournament" on the 25th. Don't forget to RSVP to join us on the 27th for our Membership Meeting. Officers will be installed followed by the "Accordion Chameleon," Anita Siarkowski. Refreshments will be provided and I'll be making an announcement at this meeting. Don't miss it!

The Calendar House trip desk is busy gearing up for an exciting year of travel and will now be available twice a week starting in January. Stop in on Mondays from

1-3 p.m. and also Wednesdays from 10 a.m.-12 noon for all things trip related! Check out page 12 for a preview of 2022 trips!

At this time, Calendar House anticipates the AARP Tax-Aide program will be available this upcoming tax season. More details including when and how to make an appointment will be published in the February Active Lifestyles issue. Have a great month!

~Robert Verderame,
Executive Director

Please note: Active Lifestyles is available at Calendar House, Town Hall, the Municipal Center, Library and Senior Housing Sites. It is also available at the calendarhouse.org website. To subscribe, please go to: www.mycommunityonline.com and type "Calendar House" near "Southington"; Click "latest newsletter" and "subscribe"; fill in your e-mail and name and you're all set!!

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WELCOME TO CALENDAR HOUSE!!

Calendar House Mission Statement:

Calendar House, the Town of Southington's Senior Center is a multipurpose facility which provides a focal point in the community for residents 55 and older, and residents aged 18 and older, who are disabled, as defined by Social Security standards.

The Center's purpose is to serve as a resource center, providing a broad range of services and activities to meet the diverse social, physical and intellectual needs of older adults and disabled individuals.

This facility is unique in that our members and staff are encouraged to help implement various activities to reinforce positive attitudes and preserve individual dignity.

In pursuing its mission, this Center shall enhance an atmosphere of compassion, equality and mutual concern for all older adults and disabled individuals.



AARP SMART DRIVER CLASS

In-person classes are still canceled !

An online course is available, please visit: www.aarpdriversafety.org to register. Learn ways to adjust for aging and health-related driving issues. CT. specific information. AARP is still offering a special 25% discount. Enter promo code **DRIVINGSKILLS** to receive your discount!

Live virtual courses are also available in CT on the following dates: January 26th, February 23rd, March 23rd.. The link to sign up is:

<http://aarp.cvent.com/DSVirtual>

In Memoriam

Donations in memory or in honor of a friend or relative may be made to the Calendar House Memorial Fund and are gratefully accepted.



MEMBERSHIP MEETING!

JANUARY 27, 2022 ~ 1PM

Featuring...

ANITA SIARKOWSKI THE "ACCORDION CHAMELEON"



Join us at 1 pm for a brief business meeting with "Installation of Officers" then welcome Anita Siarkowski to Calendar House! What do you think of when you hear the music of the accordion? Does it take you to an Italian restaurant with a player strolling from table to table? Do you picture yourself in the middle of a polka festival with the crowd dancing along? This unique instrument will turn any occasion into a festive one. Listen as Anita, "The Accordion Chameleon" brings ethnic music from your heritage; Polish, Irish, German, Italian, Mexican, etc. to life! Light refreshments will be served! R.S.V.P. by Monday, January 24th at the Calendar House front desk or call 860-621-3014.



THANKS and **CONGRATS** to the Calendar House "Granny Squares" for their hard work and successful fundraiser sale held during the "UNICO Big Breakfast." A total of \$582 was raised and donated to the Membership Association!

ENERGY ASSISTANCE PROGRAM

Calendar House is now processing applications for the CT Energy Assistance Program (CEAP) for households that heat with deliverable fuel (oil or propane) and for households that heat with Eversource (electric or gas). Income guidelines: \$39,027 for a single individual and \$51,035 for a couple. There is no liquid asset test for the 2021/22 program year. In-person appointments are not being scheduled. Please bring your information to the Calendar House office (preferred so we can check your paperwork is correct), or place in the drop box at the front entrance. Provide two copies of all documentation, we cannot return original documents.

1: Proof of Income: **INCOME INCLUDES:** Social Security, SSI/SSDI: provide copy of recent check, Social Security award letter, or bank statement showing direct deposit; Pensions or Annuities: provide copy of recent check, direct deposit slip or statement from income source on their letterhead; Veteran's Assistance: provide copy of recent check, VA award letter, or bank statement showing direct deposit; Income from family/friends: provide signed statements from those contributing to your household; Employment: provide 4 most recent pay stubs if paid weekly/2 most recent if paid monthly; Unemployment: provide proof of weekly benefits received from Dept. of Labor; IRA Distributions: provide copy of recent check or bank statement showing direct deposit. Please provide proof of ANY other forms of income including self-employment (special form provided).

2: Utility bills: Provide most recent Eversource electric & gas bill (if applicable). If you have deliverable fuel, confirm your vendor participates in the CEAP & bring a copy of your most recent delivery ticket. Please tell us if you receive a water and/or sewer bill in your name.

3: New Applicants: Provide your phone number, copy of your driver's license OR proof of residency, date of birth & SS number. If you have applied previously, but ANY of your contact information has changed, (ex: address or phone #) please provide the new information to us. Questions? Call us at 860-621-3014.



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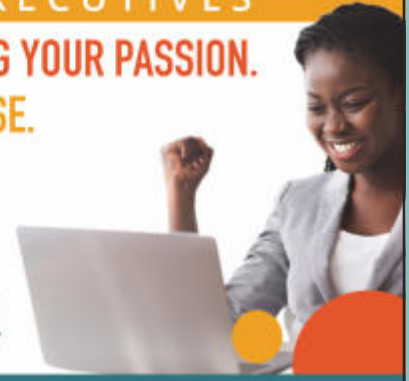
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- MEDICAID - LONG TERM CARE
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MONTHLY INCOME LIMITS TO BE ELIGIBLE FOR CONNECTICUT STATE HELP

QMB	SINGLE	\$2,265 /month
	COUPLE	\$3,064 /month
SLMB	SINGLE	\$2,480 /month
	COUPLE	\$3,354 /month
ALMB	SINGLE	\$2,641 /month
	COUPLE	\$3,572 /month

ATTENTION MEDICARE BENEFICIARIES!

DID YOU KNOW THAT MANY OF YOU CAN STILL REGISTER OR CHANGE YOUR PLAN THROUGH THE YEAR?



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Cardio Room: Get moving for good health! Mon-Fri, 8:30 am-4:30 pm. *Drop-In/Cardio Room*

Library/Puzzle Makers: Relax, work on a puzzle, take a book to read, drop a book to donate (soft cover only), or use the public access computer. Mon-Fri, 8:30 am-4:30 pm. *Drop-In/Library*

Coffee 'n Conversation: Grab a cup of coffee in the lounge area 'til noon (.50 a cup), watch some TV or just relax by the fireplace. Mon-Fri, 8:30 am-4:30 pm. *Drop-In/Lounge*

Stained Glass: The Arts & Crafts room is open daily to work on stained glass projects. *Drop-In/Arts & Crafts Room*

Computer Lab: Free computer lab consultation on any tech topic is available from 10 am to 12 noon on Mondays and 1-3 pm on Wednesdays. Ask about one on one training! *Drop-In/Computer Lab*

Line Dance: Terry leads Line Dance class for those with prior experience. New to Line Dancing? Consider the Wednesday Dancercise class, where the last 25 minutes is dedicated to beginner Line Dancing. After getting some experience, advance to the Monday class! Mondays at 9:30 am. *Drop-In/Multi-Function Room*

Sit and Be Fit Workout: Monday—Friday at 11:15 am. Details on pg. 7, *Drop-in/Fitness Studio*

Pickleball: This paddle ball sport is open to all levels. Mon-Thurs, 1-3 pm. *Drop-In/Multi-Function Room (CXL 1/27)*

Mahjong: A tile based game. Mondays at 12:30 pm. *Drop-In/Multi-Function Card Room*

Open Art Studio: \$10 fee/class, payable to instructor Sue Riley. Learn beginner to advanced drawing, pastel pencils and oil paint from photos or still life set-ups in an open studio setting. Subject matter will be your choice. Tuesdays @ 10 am. *Drop-In/Room 1A*

Exercise: Tuesdays w/Michelle at 9 and 10 am and Thursdays w/ LeAnn at 9 and 10 am. Registration details on pg. 7. *Fitness Studio*

Gentle Seated Yoga: Wednesday & Friday at 9:30 am. Details on pg. 7. Fee applies. *Drop-In/Fitness Studio*

Better Balance: Wednesday 1/5 & 1/12 only. Registration details on pg. 7. *Fitness Studio*

Dancercise: Join Terry for a fun Dancercise routine set to lively music. The last 25 minutes of class is dedicated to beginner Line Dance. Wednesdays at 9:30 am. *Drop-In/Multi-Function Room*

Granny Squares: The knitting needles click and the conversation is lively while creating knitting and crochet projects! Wednesdays 10 am-12 Noon. *Drop-In/Room 1B*

(T.O.P.S.): Taking off Pounds Sensibly. Details on pg. 7. Thursdays at 9 am. *Drop-In/Room 1A.*

Tap Dancing: Learn the basic steps and routines of tapping. It's FUN and no experience necessary! Thursdays @ 10:00 am. *Drop-In/Multi-Function Room*

Adult Coloring: Bring your own materials...Socialize, relax and have fun coloring w/others! Thursdays @ 1 pm. *Drop-In/Room 1A.*

Canasta: Card game every other Thursday at 12:30 pm. *Drop-In/Room 1B (January: 1/6 & 1/20)*

Party Bridge: Call Kathie Connolly at 860-621-4663 to join. Need lessons? Contact Leslie Cotton 860-621-4215 or Elaine Hobart 860-621-3310. Thurs, 1-3 pm. *Multi-Function Card Room*

Bingo: Fridays at 1 pm. Bingo cards are .50/each. *Drop-In/Multi-Function Room*

ENRICHMENT CLASSES

Resume week of 1/31/22

All Level Quilting 10 am, Monday

Advanced/Intermediate Poetry 10 am, Tuesday

Beginner/Advanced Drawing 10 am, Wednesday

Beginner/Advanced Drawing 10 am, Thursday

CLC COMPUTER CLASSES

The Computer Lab is open

Mondays 10-12 and Wednesdays 1-3.

One-On-One Training is available,

Please Inquire during lab periods!

Winter 2022 Class registration will be held

Tuesday, January 18th at 10 a.m. (see pg. 10 for details). For more information please visit

www.calendarhouse.org

MONDAY

Line Dance: 9:30 am

Computer Lab : 10 am — 12 noon

Sit 'n Be Fit: 11:15 am

Mahjong: 12:30 pm

TUESDAY

Exercise w/ Michelle: 9 & 10 am

Open Art Studio: 10 am

Sit 'n Be Fit: 11:15 am

Pickleball: 1 pm

WEDNESDAY

Dancercise: 9:30 am

Gentle Seated Yoga: 9:30 am

Granny Squares: 10 am

Sit 'n Be Fit: 11:15 am

Computer Lab: 1 — 3 pm

Pickleball: 1 pm

Better Balance: 1 & 1:45 pm

THURSDAY

T.O.P.S.: 9:00 am

Exercise w/ LeAnn: 9 & 10 am

Tap Dancing: 10:00 am

Sit 'n Be Fit: 11:15 am

Canasta: 12:30 pm (**every OTHER Thursday**)

Adult Coloring: 1 pm

Party Bridge: 1 pm

Pickleball: 1 pm

FRIDAY


Gentle Seated Yoga: 9:30 am

Sit 'n Be Fit: 11:15 am

Bingo: 1 pm

JANUARY 2022 CALENDAR

6

SUN	MON	TUES	WED	THURS	FRI	SAT
<p>DROP-IN DAILY ACTIVITIES 8:30 AM — 4:30 PM Pool Players ** Ping Pong Players** Cardio Room Stained Glass ** Active Walkers ** Library/Puzzle Makers ** Coffee 'n Conversation in the Lounge **</p> 						
2 SUN Line Dance 9:30 Computer Lab 10-12:00 Sit 'n Be Fit 11:15 Mahjong 12:30 Pickleball 1-3:00 Trip Desk 1-3:00	3 MON Exercise w/Michelle 9 & 10 Open Art Studio 10:00 Sit 'n Be Fit 11:15 Pickleball 1-3:00	4 TUES Dancercise 9:30 Seated Yoga 9:30 Trip Desk 10-12 Granny Squares 10:00 Sit 'n Be Fit 11:15 Computer Lab 1-3:00 Pickleball 1-3:00 Better Balance 1:00	5 WED TOPS 9:30 Exercise w/LeAnn 9:30 Tap Dancing 10-12 Sit 'n Be Fit 10:00 Canasta 11:15 Adult Coloring 1-3:00 Party Bridge 1:00 Pickleball 1-3:00	6 THURS Seated Yoga 9:00 Sit 'n Be Fit 9 & 10 Bingo 10:00 11:15 12:30 1:00 1:00 1-3:00	7 FRI 9:30 11:15 1:00	8 SAT
9 SUN Line Dance 9:30 Computer Lab 10-12:00 Sit 'n Be Fit 11:15 Mahjong 12:30 Pickleball 1-3:00 Trip Desk 1-3:00	10 MON Exercise w/Michelle 9 & 10 Open Art Studio 10:00 Sit 'n Be Fit 11:15 Pickleball 1-3:00 Senior Citizens Adv. Board Mtg. 4:30	11 TUES Dancercise 9:30 Seated Yoga 9:30 Granny Squares 10:00 Trip Desk 10-12 Sit 'n Be Fit 11:15 Computer Lab 1-3:00 Pickleball 1-3:00 Better Balance 1:00 Coffee 'n Dessert 1:30 Franciscan Ever There Care	12 WED TOPS 9:30 Exercise w/LeAnn 9:30 Tap Dancing 10:00 Sit 'n Be Fit 10-12 Adult Coloring 11:15 Party Bridge 1-3:00 Pickleball 1-3:00	13 THURS Seated Yoga 9:00 Sit 'n Be Fit 9 & 10 Bingo 10:00 11:15 1:00 1:00 1-3:00	14 FRI 9:30 11:15 1:00	15 SAT
16 SUN	17 MON CENTER CLOSED MLK JR. DAY	18 TUES Exercise w/Michelle 9 & 10 Computer Class Reg 10:00 Open Art Studio 10:00 Sit 'n Be Fit 11:15 Pickleball 1-3:00	19 WED Dancercise 9:30 Seated Yoga 9:30 Granny Squares 10:00 Trip Desk 10-12 Sit 'n Be Fit 11:15 Computer Lab 1-3:00 Pickleball 1-3:00 Coffee 'n Dessert 1:30 Medicare 101	20 THURS TOPS 9:00 Exercise w/Marcia 9 & 10 Tap Dancing 10:00 Books & Bagels SPL 10:30 Sit 'n Be Fit 11:15 Canasta 12:30 Adult Coloring 1:00 Party Bridge 1:00 Pickleball 1-3:00	21 FRI Seated Yoga 9:00 John E. DeMello Sr Veteran's Coffee Hour 10:00 Sit 'n Be Fit 11:15 Bingo 1:00	22 SAT
23/30 SUN	24/31 MON Line Dance 9:30 Computer Lab 10-12:00 Sit 'n Be Fit 11:15 Mahjong 12:30 Pickleball 1-3:00 Trip Desk 1-3:00 Art and Enrichment Classes Resume week of 1/31/22!	25 TUES Exercise w/Michelle 9 & 10 Open Art Studio 10:00 Sit 'n Be Fit 11:15 Pickleball 1-3:00 Book Club 12:00 Pickleball 1-3:00 8-Ball Pool Tournament 1:00	26 WED Dancercise 9:30 Seated Yoga 9:30 Trip Desk 10-12 Granny Squares 10:00 Sit 'n Be Fit 11:15 Computer Lab 1-3:00 Pickleball 1-3:00	27 THURS TOPS 9:00 Exercise w/Michelle 9 & 10 Tap Dancing 10:00 Sit 'n Be Fit 11:15 Adult Coloring 1:00 Party Bridge 1:00 Pickleball 1-3:00 Membership Mtg. Installation of Officers	28 FRI Seated Yoga 9:00 Sit 'n Be Fit 11:15 Bingo 1:00	29 SAT



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Sit 'n Be Fit

A gentle, slow moving DVD workout by Mary Ann Wilson, RN. Ideal for anyone managing arthritis pain! This drop-in class is offered Monday through Friday at 11:15 am.

Exercise Class w/ Michelle or Marcia

This exercise class includes cardio, strength and balance. Please bring hand weights to class. Class is held on Tuesdays at 9 and 10 a.m. with Michelle and on Thursdays at 9 and 10 a.m. with either Michelle or Marcia. (LeAnn Kroll is away 1/20 'til end of May!) **Please call the office at 860-621-3014 no earlier than 8:30 a.m. the day of class to register.**

Gentle Seated Yoga w/ Clementine

This class offers poses modified and tailored to meet the needs of the student and can be done seated in a chair. Work the joints and muscles to increase strength and flexibility, enjoy quiet reflection, and learn proper breathing and body alignment. Please wear non slip shoes and comfortable clothes! This drop-in class is held on Wednesdays and Fridays from 9:30—10:30 am. **\$8 fee per class is payable to instructor, Clementine Delaney.**

Better Balance w/ LeAnn

During this 30 minute class, work on balance related skills including reaction time, pivotal movements, center of gravity, weight shifting, ankle strengthening & mobility, multi-sensory training, and functional training for everyday life. **Class will be held Wednesday 1/5 and 1/12 from 1-1:30 pm, then will be postponed until June, 2022. Please call the office at 860-621-3014 no earlier than 8:30 am the day of class to register.**

Calendar House Cardio Room

Drop-in Monday-Friday, 8:30 am-4:30 pm. Our cardio room features state of the art cardiovascular and strength training equipment. Please bring a change of sneakers, a closed water bottle, and note the posted rules on disinfecting the equipment.

Calendar House (Active Walkers) Walking Path

Weather Permitting...Take a walk around Calendar House! One time around = .2 miles, five times around = 1 mile walked. If you are walking during our business hours, stop in and scan your card and we will log you under Calendar House Active Walkers.

T.O.P.S. CLUB

T.O.P.S. (Taking Off Pounds Sensibly) has decided to stay! The group meets at Calendar House on Thursday mornings at 9:00 am for a nice walk around the building, followed by weigh-in and weekly meeting. Drop-in to learn more! Nominal fee applies.

MONTHLY FOOT CLINIC

Sue Zdeblick, RN with 30+ years of experience including *Foot Care Nurse Certification* holds a foot care clinic at the Calendar House, by appointment only, on the 1st & 3rd Tuesday of the month. **Call Sue directly at 860-538-1481 for an appointment** and info on the nominal fee.



January Coffee 'n Desserts

Light refreshments will be served during these educational programs. Space is limited, please call 860-621-3014 to RSVP!

Wednesday, January 12th @1:30 pm:

"Validation Approach to Communicate with a Loved One with Alzheimer's" Presented by: Sister Janet Marie, RN. Sponsored by: Franciscan Ever There Care.

Wednesday, January 19th @ 1:30 pm:

"Medicare 101" Presented by: Jamie Finkelstein, Retiree Benefit Manager. Sponsored by: Beacon Retiree Benefits Group LLC.



8-Ball Tournament

Chalk up for Fun! Southington Calendar House is holding their first annual "Members Only" 8-Ball Tournament on Tuesday, January 25th, 2022 (snow date, January 27th). All Southington Calendar House members are welcome to participate. In-person sign-ups will start at 12:30PM in the Calendar House pool room on game day followed by a rules review. All interested parties must be signed up to participate by 1PM. The tournament is a single elimination format, best of 3 games. For questions, please call Mike Dupre at 860-628-5211 or e-mail mdupre8558@aol.com. Join us!



AARP Tax-Aide Program

Calendar House does plan to host the AARP Tax-Aide Program for your 2021 tax return filing. Details including when and how you can make your appointment and what you will need to bring will be published in the February Active Lifestyles. **PLEASE NOTE: We will NOT be accepting phone calls for tax appointments prior to February 1st.**



Raffle Winner

Everyone enjoyed the Veterans Tribute held on November 9th featuring Jeff Conlon. Congrats to Bill Heath who won a beautiful quilt and pillowcase which was hand-made and donated by Calendar House member Lise Borgnis!

SOUTHINGTON PUBLIC LIBRARY PROGRAMS

@ CALENDAR HOUSE

Books and Bagels. Join the Southington Public Library at Calendar House on Thursday, January 20th from 10:30 to 11:30 a.m. for an informal discussion of your favorite books, upcoming books and hidden gems at the Library! Bring your own beverage and the library provides bagels! Space is limited. Pre-register starting January 3rd by visiting www.southingtonlibrary.org or call the reference desk at 860-628-0947x5.

The John E. DeMello Sr. Veterans Coffee Hour is sponsored by the Southington Public Library and American Legion. This Veterans only coffee hour is held the third Friday of each month from 10 a.m. to 11 a.m. at Calendar House Senior Center . No registration required. Please join us!

GRAB 'N GO LUNCHES

Grab 'n Go Lunches are available by reservation only. To reserve "Grab 'n Go" lunches [call 860-621-6738](tel:860-621-6738) or see [Janet in the kitchen between 10 am and 12 noon on Monday, or Wednesday to reserve for the FOLLOWING week.](#)

Reservations will not be accepted after 12 noon on Wednesday for the following week. This program is limited to those 60+; suggested donation is \$2.50/meal. Menus are available at the Calendar House office, or view on-line by visiting www.calendarhouse.org. Lunches come cold, ready for you to re-heat at home, and must be picked up at Calendar House from 11-11:30 a.m. according to the following schedule: Monday (2 meals for Mon/Tues), Wednesday (2 meals for Wed/Thurs) and Friday (1 meal for Fri). The \$2.50/meal will be collected at the time of pick-up. Please bring correct change and a bag to carry your meals. Questions? Call the office at 860-621-3014!

DIAL-A-RIDE TRANSPORTATION

The Calendar House DIAL-A-RIDE provides transportation at no charge for Southington residents aged 55+ and for people with disabilities. To provide efficient, reliable, safe transportation to all our riders, there are some specific guidelines to be followed. Your cooperation is anticipated & appreciated. Our primary objective is to provide the service that you need in a timely and reasonable manner.

- Restrictions on the number of passengers on the Dial-A-Ride bus have been lifted, but cloth face masks **MUST** still be worn while riding on the bus. We ask that riders do not remove face masks while riding on the bus to talk, eat or drink. Although there is much improvement with the **COVID-19 Pandemic** we still ask if you are feeling unwell, have a cough or a fever to **please stay home**. These measures are in place for rider safety as well as the safety of our drivers. Thank you for your cooperation and understanding.

- Medical Appointments:** Calendar House provides rides for dialysis, medical and dental transportation. Please provide one week advanced notification for all appointments, especially for out-of-town appointments. You may schedule up to a month in advance.

- We cannot accommodate same day requests.

- Please schedule any in-town medical appointments between the hours of 9—11am and

12:30—2:30pm.

- **Out-of-town medical transportation** will be provided as follows, please plan accordingly: Mondays & Wednesdays: Plainville, New Britain & Meriden; Midstate (appt's between 9:30-1:00pm); Tuesdays & Thursdays: Plainville, Bristol & Farmington (appt's between 9:30am-1:00pm); Friday: Please call for out-of-town schedule.

- **Shopping/Hair Appointments:** Please contact the office at 860-621-3014 before 12 noon on Thursday to schedule shopping for the following week. Shopping days will be determined by our schedule of medical appointments.

- **Monday through Friday:** Rides are provided to & from Calendar House for activities, programs, appointments and lunch with advance scheduling.

- Please **call 860.621.3014** to make your appointments. Thank you.





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Winter 2022 Computer/Tablet/Phone Classes

Registration Date - 10:00 AM Tuesday 18th January 2022

After the main registration date, registration for any remaining class seats will also be accepted in the Computer Lab between 10:00 and 12:00 on Monday mornings or between 1:00 and 3:00 on Wednesday afternoons until the start date of the applicable class.

Searching the Internet - Tuesdays at 10 AM from 25 Jan 2022 to 8 Feb 2022 - \$20

There is information on just about everything on the World Wide Web. Learn to efficiently search the internet and quickly find the data that you need.

Manage your Computer - Tuesdays at 1 PM from 25 Jan 2022 to 1 Mar 2022 - \$30

Learn to manage a Windows 10 computer to search the internet, communicate by E-Mail, manage documents, photos, files and folders. This class will start with the basics of Windows 10 computer management including controlling updates; working with documents, show you how photos on your tablets and phones can be downloaded to your computer. Then open up the world of the big wide web and communicating by E-Mail. This 6 week class includes all the elements of the following six individual 1 week classes.

Optimize Windows 10 Settings - Tuesday 25 Jan 2022 at 1 PM - \$10

Learn how to set up your computer to suit your needs by adjusting the settings. Manage how and when windows 10 runs updates. Set up your printer and optimize access to WiFi and the applications you need.

Organize Files and Folders - Tuesday 1 Feb 2022 at 1 PM - \$10

Everything on a computer, tablet or phone resides in a file and is organized into relevant folders. Learn how to organize your documents and pictures and to use your computer to fetch and organize your photos from your phone and tablet or to save them on external USB devices.

Working with Text Documents - Tuesday 8 Feb 2022 at 1 PM - \$10

Take a look at the expensive Microsoft Word and the free Libre Office Writer and learn how to write or change documents and their appearance and even add pictures. Many of the skills you will learn in this class apply to most of the things you will want to do on your computer.

How to use the Internet - Tuesday 15 Feb 2022 at 1 PM - \$10

Learn what you need to know to access and use and search the internet safely.

E-Mail Basics - Tuesday 22 Feb 2022 at 1 PM - \$10

Find out how to set up an E-Mail account and safely communicate with your friends and family.

Install and Use Libre Office - Tuesday 1 Mar 2022 at 1 PM - \$10

The free Libre Office application can do pretty much everything that the expensive Microsoft Office suite can do. Apart from creating and managing documents you have spreadsheet and presentation facilities and more as part of the package.

YouTube and Social Media Applications Available Online - Monday 24 Jan 2022 at 10 AM - \$10

Learn about some of the social media applications that are readily available to everyone. See what YouTube is about, and communicating with WhatsApp, and Messenger.

iPad and iPhone Basics - Thursdays at 10 AM from 27 Jan 2022 to 3 Mar 2022 - \$30

This 6-week course will cover the basics of using the iPad & iPhone: their components & navigation tools, settings, app management, Safari for browsing, emailing, phoning & messaging, camera & photos, entertainment, and more.

You must own or borrow an iPad/iPhone and bring the device with the charger and cable to the class.

Cleaning up your Phone - Mondays at 2 PM from 24 Jan 2022 to 7 Feb 2022 - \$20

This course will help you free up storage on your device. You will use settings to learn which apps use the most space and delete unused or unwanted apps. In your browser, you will delete history & clear cache. Photos, old mail, downloads, phone log & messages will also be managed & deleted. You will be left with the newly acquired storage that you need!

Android Phone Basics - Wednesdays at 10 AM from 26 Jan 2022 to 2 Mar 2022 - \$30

In this 6-week course, you will discover what your Android Smartphone is capable of doing! Learn how to comfortably phone & text people, use your email, browse the internet, take pictures & videos, download & use popular applications, play music, manage your appointments, use GPS for driving instructions, and more. Join us on this adventure, and become more confident using your android smartphone!

Please note that this class does NOT cover the Apple iPhone.

One-on-One Training - At an agreed time and date - \$10 per 2 hour session

Private, Individual, One-on-One training is available for any technical topic including Zoom, Kindle Fire, Smartphones and Tablets, Email, Internet, Files & folders, Troubleshooting, Online Applications and Forms - at times and dates agreed upon with the appropriate instructor for \$10 per session.

Additional Help

Free help on any technical topic is available on a first come - first served basis during the Lab periods on Mondays between 10:00 and 12:00, and Wednesdays between 1:00 and 3:00.



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Trip Desk is held in the Calendar House lounge from 1—3 p.m. on Mondays and 10 am—12 noon on Wednesdays. Updates can be found at www.calendarhouse.org under the trips tab! Flyers are available for pick-up in the lounge area during regular business hours. Questions? Call Lana White at 860-621-3779, Jeff Driscoll at 860-276-3826 or Tours of Distinction at 1-800-426-4324. The Calendar House Trip Desk is comprised of all **VOLUNTEERS** dedicated to bringing new and exciting trip opportunities to our Center. All Calendar House trips are **NOT FOR PROFIT**, and volunteers do not receive any compensation/perks for their time.

DAY TRIPS 2022: (Reservations begin January 3, 2022)

Tue/March 15, ST. PATRICK'S DAY CELEBRATION, *Aqua Turf. Pdraig Allen & The Mclean Ave. Band w/ Irish Celtic folklore & pop Celtic music. Corned Beef & Cabbage/Baked Scrod served family style, **\$47.pp**

Tue/April 12, COMEDIAN/SINGER MARK VERSELLI, *Aqua Turf. Enjoy this critically acclaimed impressionist's comedy and extraordinary signing voice. Chicken Kathryn/Baked Ham served family style, **\$47.pp**

Wed/May 18, DANCING DREAM, *Aqua Turf. Mamma Mia, Dancing Queen, Fernando, Waterloo & Knowing Me Knowing You. Enjoy Chicken Francaise & Salmon w/dill sauce served family style, **\$86.pp**

Mon/June 6, THIMBLE ISLANDS & LUNCH AT CHOWDER POT III, Start with a stop at Bishops Farm then Chowder Pot for your choice of seafood imperial, salmon or stuffed chicken breast. Then onto Stony Creek to relax on a leisurely cruise on the Volsunga IV around the Thimble Islands! **\$85.pp**

*Aqua Turf and Oakville Events are "drive on your own."

OVERNIGHT TRIPS 2022: (Reservations begin January 3, 2022)

May 17-26, IRELAND UNCOVERED 2022, 10 day adventure with 4 star accommodations and great Irish hospitality! See Kylemore Abbey, Blarney Stone, Waterford Crystal, Dublin city tour and so much more! **\$3,200.ppdbl**

Aug 3-4, SARATOGA RACES, Accommodations at Queensbury Hotel, free time and shopping in Saratoga, reserved grandstand seats at the races! **\$435.ppdle**

Sept 7-14, 8 day Germany, Austria and the Alps with seats at the **OBERAMMERGAU PASSION PLAY** (delayed from 2020) only held every 10 years. **\$3,339.ppdbl**

HIGHLIGHTED TRIPS...



DAVID, LIVE ON STAGE!

**April 25-27
\$635.ppdbl**

TRAVEL TO LANCASTER, PA!

Accommodations at the Cork Factory Hotel. Lunch at Lititz Springs Inn & Spa, private wine, cheese and paint party, shopping at Kitchen Kettle Village w/ whoopee pie making experience, reserved orchestra seats at Sight and Sound Theatre for the new production of David, dinner at Miller's Smorgasbord and Mt. Hope Estate Winery for wine & beer tasting!



FLORIADE 2022!

**May 6 –15
\$3,989.ppdbl
Main Deck
\$4,169.ppdbl
Upper Deck**

CRUISE THE DUTCH WATERWAYS!

Visit FLORIADE 2022, an international horticulture exhibition only taking place every 10 years, perfect for nature lovers! 5 night cruise on the M/S Victor Hugo. 21 meals, tours of Amsterdam, Holland, Bruges, Belgium & Paris, France. Includes international flights & Tours of Distinction tour director.



LOCATION & STAFF

**388 Pleasant St.
Southington, CT 06489
Phone: 860-621-3014**

**HOURS: 8:30 a.m.—4:30 p.m.
Monday—Friday**

In case of **INCLEMENT WEATHER**, all delays and/or closings will be posted under the name **CALENDAR HOUSE** on **WFSB Channel 3** and on the **www.WFSB** website.

DIRECTOR

Robert Verderame
verderameb@southington.org

PROGRAM COORDINATOR

David Harrington
harringtond@southington.org

ADMINISTRATIVE ASSISTANT II

Dawn Sargis
sargisd@southington.org

ADMINISTRATIVE ASSISTANT

Roxanne Avitabile
avitabiler@southington.org

F/T BUS DRIVERS

Paula Ofiara Pocock & Christie Boucher

P/T BUS DRIVERS

Ed Pocock, Dawn Sousa & Christine Doucette

TRIP DESK COORDINATORS

Lana White 860-621-3779 or lane250@cox.net
Jeff Driscoll 860-276-3826 or jcdriscoll@frontier.com

Gerri Naples, Book-Keeper

