





WHAT'S INSIDE

Page 3 **Highlights**

- May Membership Meeting
- **Rental Rebate Program**

Page 5

Weekly Activities

Page 6

Monthly Calendar

Page 7

Exercise/Health/Wellness

- May Coffee in Desserts
- **COVID-19 Vaccine Clinic**

Page 8

Social Events/Dial-A-Ride

- **Betty White Program**
- Hot Dog Special Bingo
- **Country Western Night**
- **Dial-A-Ride Information**

Page 10

This 'n That

- Congregate Meals Return
- **Computer Class Registration**
- Gardeners' Market
- Probate Judge Forum

Page 12

Travel

Contact Info

FROM THE STAFF

May is Older Americans month! This year's theme is "Age Coffee are working towards providing See page 7 for all the details. programs and activities that will allow you to do just that! To help for Computer Classes has been celebrate we have a few things scheduled for May 2nd. planned...

May 3rd—Everyone that stops in to Osterman Foundation).

Association).

noon and we will have cookies in on June 14th. Join us! the lobby too! (Courtesy of the Membership Association).

May 26th—Everyone attending the Membership Meeting will be entered for a chance to win a gift basket! (Donated by Community Services).

In-person activities continue to resume! This month, AARP will return to in-person Safe Driver classes and the Calendar House Café will resume in-person meals beginning on May 16th.

We have several informative 'n Dessert programs My Way." At Calendar House we scheduled for the month of May.

> A second registration date Class offerings can be found on page 10.

We also have plenty of social Calendar House today will be opportunities coming up in May and entered into a raffle for a \$25 Stop & June! Don't miss "Betty White, Her Shop Gift Card! (Courtesy of the Life and Times" with Joe the History Guy on Tuesday, May 10th. May 13th—We will be serving The always popular "Larry Ayce" popcorn and lemonade in the lobby Band featuring Doreen Marie" will from 11 a.m. to 1 p.m. Stop in for a be here for our Membership meeting snack, then join us for Bingo at 1 on May 26th. Tickets will also go on p.m.! (Courtesy of the Membership sale this month for upcoming June events including a Hot Dog Special May 18th—Your cup of coffee is Bingo on June 10th and Country FREE today from 8:30 a.m. to 12 Western Night at Hawk's Landing

~The Calendar House Staff

Please note: Active Lifestyles is available at Calendar House, Town Hall, the Municipal Center, Library and Senior Housing Sites. It is also available at the calendarhouse.org website. To subscribe, please go to: www.mycommunityonline.com and type "Calendar House" near "Southington"; Click "latest newsletter" and "subscribe"; fill in your e-mail and name and you're all set!!



MEDICARE COVERAGE SOLUTIONS

Call Today For Your Review! 800-378-2585

FINDING THE BEST **INSURANCE OPTIONS AVAILABLE TO YOU!**

We understand that insurance can be confusing. One of our main goals while working with our individual clients is to help them understand what choices fit their particular insurance needs and how we can help manage any issues that arise. We are available to assist you with all of your Medicare insurance needs

710 Main Street, Suite 10, Plantsville, CT 06479 | www. BeaconMedicare.com

GROW YOUR BUSINESS

BY PLACING AN AD HERE!

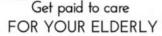
CONTACT

Contact Susanne Carpenter to place an ad today! scarpenter@4LPi.com or (800) 477-4574 x6348





Services: Personal Care Homemaker Care Companion Care Transportation



With our Adult Family Living program, qualifying individuals can receive a tax free stipend to care for elderly family and/or friends, For more info, call us!

Hablamos Español





1.877.424.4641 hhcseniorservices.org

Connect to exceptional senior services

Hartford HealthCare Center for Healthy Aging

A resource and assessment center for seniors and their families

The Orchards at Southington Independent and assisted living

Mulberry Gardens of Southington

Assisted living, adult day center and memory care services

Southington Care Center

Skilled nursing and rehabilitation

Jerome Home / Arbor Rose* Assisted living, rehabilitation and health center, skilled nursing care

*An affiliate of Hartford HealthCare



Senior Services

WELCOME TO CALENDAR HOUSE!!

Calendar House Mission Statement:

Calendar House, the Town of Southington's Senior Center is a multipurpose facility which provides a focal point in the community for residents 55 and older, and residents aged 18 and older, who are disabled, as defined by Social Security standards.

The Center's purpose is to serve as a resource center, providing a broad range of services and activities to meet the diverse social, physical and intellectual needs of older adults and disabled individuals.

This facility is unique in that our members and staff are encouraged to help implement various activities to reinforce positive attitudes and preserve individual dignity.

In pursuing its mission, this Center shall enhance an atmosphere of compassion, equality and mutual concern for all older adults and disabled individuals.



AARP SMART DRIVER CLASS In-person classes resume!

Learn ways to adjust for aging and health-related driving issues. CT. specific information. \$20 for AARP Members /\$25 for Non AARP Members. Cash or check payable to AARP collected by instructor prior to start of class. Class is held from 9 a.m. to 1 p.m. May 20th, June 10th and July 8th. are currently $\frac{\text{FULL}}{\text{Space}}$ Space is available for September 9th , October 14th and December 9th. Call 860-621-2014 to register. No class is scheduled for August or November.

Live virtual courses are also available in CT at 9:30 a.m. on 5/23, and 6/20, and at 12:30 p.m. on 5/9, and 6/9. Please note, a camera is required to verify your attendance. To sign up visit: http://aarp.cvent.com/DSVirtual

In Memoriam

Donations in memory or in honor of a friend or relative may be made to the Calendar House Memorial Fund and are gratefully accepted.

RALPH V. NARDI



MEMBERSHIP MEETING!

MAY 26, 2022 ~ 1PM Featuring...



LARRY AYCE & DOREEN MARIE

COUNTRY MUSIC ENTERTAINERS

Join us at 1 pm for a brief business meeting followed by the country music of Larry Ayce and Doreen Marie! Larry Ayce brings strong lead vocals and a virtuosic guitar playing style that will electrify any room. His natural. professional and humorous manner will assure an incredible performance. Larry's wife, Doreen Marie, has a voice that is powerful and clear. Together they bring country music legends like -Conway Twitty, Loretta Lynn, Tammy Wynette and Randy Travis into the audience. They have been titled "Connecticut's own Nashville." Don't miss it! Light refreshments will be served. R.S.V.P. by Monday, May 23rd at the Calendar House front desk or call 860-621-3014.

THE JOHN E. DEMELLO SR. VETERANS COFFEE HOUR

Co-sponsored by the Southington Public Library and the Southington Veterans Committee, this Veterans only coffee hour is held the 3rd Friday of the month from 10 to 11 a.m. at Calendar House Senior Center. No registration required.



Next Coffee Hour Friday, May 20th

STATE OF CT RENTERS' REBATE PROGRAM

The State of Connecticut provides a reimbursement program for Connecticut renters who are elderly or totally disabled, and whose incomes do not exceed certain limits. Persons renting an apartment or room, living in cooperative housing and individuals residing in mobile homes who pay monthly lot rent may also apply. The rebate amount is based on a graduated income scale; and the amount of rent and utility payments (excluding telephone) made in the calendar year prior to the year the renter applies (2021 info).

Applicants must have resided in CT for one year or more.

- You must have reached age 65 by December 31, 2021. (if married, only one spouse need be 65+)
- Individuals who are 100% totally, permanently disabled may apply regardless of age but must show proof of Social Security Disability.
- Income Guidelines: \$38,100 Single Individual; \$46,400 Married Couple.
- You must provide documentation of all 2021 income; utility payments; rent receipts. (please do not send originals)
- NEW APPLICANTS: If you have not previously applied, please provide your phone number, and a copy of your drivers license OR proof of residency and date of birth.

You can bring your information in after April 1st. To apply, please bring <u>copies</u> of your required 2021 income, utility and rent documentation to Calendar House, 388 Pleasant Street, Southington, CT. 06489, or simply drop your paperwork in a sealed envelope in the secure drop box located at the entrance of the Calendar House building Attn: Rent Rebate. Please make sure to include your phone number so that we can reach you if we have any questions. For more information please call 860-621-3014.



COMPOUNDING PHARMACY

Family Owned

Fast, Friendly Service • Free Delivery *Call*: **860-628-3972**

609 North Main St., Southington, CT 06489

Health Insurance Medicare Plans

Confused about Medicare Plans?

Turning 65? Some plans at 0 cost!

Steve Ardussi 860-309-4137

"Your Personal Benefits Advisor" "Trusted and Local"



Meriden, CT 06451 (203) 235-5716

www.thebradleyhome.org

FREE AD DESIGN

WITH PURCHASE OF THIS SPACE

P CALL 800.477.4574

WE'RE HIRING

AD SALES EXECUTIVES BE YOUR SELF. BRING YOUR PASSION.

WORK WITH PURPOSE.

- Paid Training
- Some Travel
- Work-Life Balance
- Full-Time with Benefits
- Serve Your Community



Contact us at careers@4lpi.com www.4lpi.com/careers



TO ADVERTISE HERE CALL 800.477.4574 or visit www.lpicommunities.com/advertising



RAYMOND SENIOR PLANNING, LLC

ENGLISH & POLISH AGENT

(203) 699-2611



OUR SERVICES INCLUDE:

- SIGNING UP FOR MEDICARE
- HELPING YOU CHOOSE THE RIGHT MEDICARE PLAN
- AN ANALYSIS OF YOUR INCOME TO SEE IF YOU
 ARE ELIGIBLE FOR STATE ASSISTANCE, THAT CAN PAY
 FOR YOUR MEDICARE, COPAYS, AND HELP WITH
 MEDICATION COSTS
- ADVICE ON FINANCIAL PLANNING: IRA, 401K, ANNUITY, ROTH IRA, AND OTHER INVESTMENTS
- ENROLLMENT FOR "OBAMA CARE "- ACCESS HEALTH
- MEDICAID LONG TERM CARE
- LIFE INSURANCE
- NOTARY OF THE PUBLIC



MONTHLY INCOME LIMITS TO BE ELIGIBLE FOR CONNECTICUT STATE HELP

QMB	SINGLE	\$2,265 /month	
	COUPLE	\$3,064 /month	
SLMB	SINGLE	\$2,480 /month	
	COUPLE	\$3,354 /month	
ALMB	SINGLE	\$2,641 /month	
	COUPLE	\$3,572 /month	

ATTENTION MEDICARE BENEFICIARIES!

DID YOU KNOW THAT MANY OF YOU CAN STILL REGISTER OR CHANGE YOUR PLAN THROUGH THE YEAR?





FREE CONSULTATION !!!

360 N Main St, Suite 5, Southington, CT 06489 159 Broad St, New Britain, CT 06053

Hours:

Monday to Friday: 9:00 am – 4:00 pm Saturday: 9:00 am – 12:00 pm (New Britain ONLY)

Website

www.raymondseniorplanning.com

raymondseniorplanning@gmail.com



Email:

MAY 2022 WEEKLY ACTIVITIES

ALL DAY, EVERY DAY — 8:30—4:30!

Pool Players ** Ping Pong ** Cardio Room Active Walkers ** Library/Puzzle Makers ** Coffee 'n Conversation in the Lounge ** **Stained Glass**

ENRICHMENT CLASSES IN SESSION NOW...

Quilting 10 am, Monday's thru 6/6 Poetry 10 am, Tuesday's thru 5/17 Coming Soon! Water Color Summer Series Registration details coming in June!

CLC COMPUTER CLASSES

The Computer Lab is open
Mondays 10-12 and Wednesdays 1-3.
Mark your calendar! Registration for
spring session classes held on May 2nd.
at 10 a.m. Classes start May 9th!
For more information please visit
www.calendarhouse.org

MONDAY

Line Dance: 9:30 am

Computer Lab: 10 am - 12 noon

Sit 'n Be Fit: 11:15 am Mahjong: 12:30 pm Pickleball: 1 pm

TUESDAY

Exercise in the Fitness Studio: 9 & 10 am

Open Art Studio: 10 am Sit 'n Be Fit: 11:15 am Pickleball: 1 pm

WEDNESDAY

Dancercise: 9:30 am
Gentle <u>Seated Yoga</u>: 9:30 am
Granny Squares: 10 am
Sit 'n Be Fit: 11:15 am
Computer Lab: 1 — 3 pm

Pickleball: 1 pm

THURSDAY

T.O.P.S.: 8:30 am

Exercise in the Fitness Studio: 9 & 10 am

Tap Dancing: 10:00 am Stained Glass Group: 10:30 am

Sit 'n Be Fit: 11:15 am

Canasta: 12:30 pm (every OTHER Thursday)

Adult Coloring: 1 pm Party Bridge: 1 pm Pickleball: 1 pm

FRIDAY

Gentle Yoga: 9:30 am Sit 'n Be Fit: 11:15 am

Bingo: 1 pm

Pool Players/Ping Pong: Rack 'em up or serve it up...Either way let's play! Mon-Fri, 8:30 am -4:30 pm. *Drop-In/Game Room*

Cardio Room: Get moving for good health! Mon-Fri, 8:30 am-4:30 pm. *Drop-In/Cardio Room*Library/Puzzle Makers: Relax, work on a puzzle, take a book to read, drop a book to donate (soft cover only), or use the public access computer. Mon-Fri, 8:30 am-4:30 pm. *Drop-In/Library*

Coffee 'n Conversation: Grab a cup of coffee in the lounge area 'til noon (.50 a cup), watch some TV or just relax by the fireplace. Mon-Fri, 8:30 am-4:30 pm. *Drop-In/Lounge*

Stained Glass: The stained glass group meets Thursdays at 10:30 am. The room is also available Mon-Fri, 8:30 am-4:30pm to work on projects. *Drop-In/Arts & Crafts Room*

Computer Lab: Free computer lab consultation on any tech topic is available from 10 am to 12 noon on Mondays and 1-3 pm on Wednesdays. Ask about one on one training! *Drop-In/Computer Lab*

Line Dance: Terry leads Line Dance class for those with prior experience. New to Line Dancing? Consider the Wednesday Dancercise class, where the last 25 minutes is dedicated to beginner Line Dancing. After getting some experience, advance to the Monday class! Mondays at 9:30 am. *Drop-In/Multi-Function Room*

Sit and Be Fit Workout: Monday—Friday at 11:15 am. Details on pg. 7, *Drop-in/Fitness Studio*Pickleball: This paddle ball sport is open to all levels. Mon-Thurs, 1-3 pm. *Drop-In/Multi-Function Room*

Mahjong: A tile based game. Mondays at 12:30 pm. Need lessons? Contact Lee Daley at 239-821-7760. *Drop-ln/Multi-Function Card Room*

Open Art Studio: \$10 fee/class, payable to instructor Sue Riley. Learn beginner to advanced drawing, pastel pencils and oil paint from photos or still life set-ups in an open studio setting. Subject matter will be your choice. Tuesdays @ 10 am. *Drop-In/Room 1A*

Exercise: Tuesdays and Thursdays at 9 and 10 am. Class includes cardio, strength and balance. Instructors vary. Registration details on pg. 7. *Fitness Studio*

Gentle <u>Seated Yoga</u>: Wednesdays 9:30 am. Details on pg. 7. Fee applies. *Drop/In Fitness Studio* **Dancercise**: Join Terry for a fun Dancercise routine set to lively music. The last 25 minutes of class is dedicated to beginner Line Dance. Wednesdays at 9:30 am. *Drop-In/Multi-Function Room*

Granny Squares: The knitting needles click and the conversation is lively while creating knitting and crochet projects! Wednesdays 10 am-12 Noon. *Drop-ln/Room 1B*

(T.O.P.S): Taking off Pounds Sensibly. Details on pg. 7. Thursdays at 8:30 am. Drop-In/Room 1A.

Tap Dancing: Learn the basic steps and routines of tapping. It's FUN and no experience necessary! Thursdays @ 10:00 am. *Drop-In/Multi-Function Room*

Adult Coloring: Bring your own materials...Socialize, relax and have fun coloring w/others! Thursdays @ 1 pm. *Drop-ln/Room 1A*.

Canasta: Card game every other Thursday at 12:30 pm. Drop-In/Room 1B (5/12, 5/26)

Party Bridge: Call Kathie Connolly at 860-621-4663 to join. Need lessons? Contact Leslie Cotton 860-621-4215 or Elaine Hobart 860-621-3310. Thurs, 1-3 pm. *Multi-Function Card Room*

Gentle Yoga: Fridays at 9:30 am. Details on pg. 7. Fee applies. *Drop/In Fitness Studio* **Bingo:** Fridays at 1 pm. Bingo cards are .50/each. *Drop-In/Multi-Function Room*

MAY 2022 CALENDAR

_											
1	2	MON	3	<u>TUES</u>	4	WED	5	THURS	6	FRI	7
<u>SUN</u>	Line Dance	9:30	Exercise w/Michell	e9&10	Dancercise	9:30	TOPS	8:30	Gentle Yoga	9:30	SAT
	Computer Lab	10-12:00	Open Art Studio	10:00	Seated Yoga	9:30	Exercise w/Mich	<i>nelle</i> 9 &10	Sit 'n Be Fit	11:15	<u>JAI</u>
	Computer Class	10:00	Sit 'n Be Fit	11:15	Trip Desk	10-12	Tap Dancing	10:00	Bingo	1:00	
	Registration		Pickleball	1-3:00	Granny Squares	10:00	Sit 'n Be Fit	11:15			
	Sit 'n Be Fit	11:15	Golf League Be	gins!	Sit 'n Be Fit	11:15	Adult Coloring	1:00			
	Mahjong	12:30	Stop & Shop Gift		Computer Lab	1-3:00	Party Bridge	1:00			
	Pickleball	1-3:00	Raffle—Get Your	licket!	Pickleball	1-3:00	Pickleball	1-3:00			
	Trip Desk	1-3:00									
8	9	MON	10	TUES	11	WED	12	THURS	13	FRI	14
CLINI	Line Dance	9:30	Exercise w/Michell	e 9 & 10	Dancercise	9:30	TOPS	8:30	Gentle Yoga	9:30	CAT
<u>SUN</u>	Computer Lab	10-12:00	Betty White,	10:00	Seated Yoga	9:30	Exercise w/Mich	nelle 9 &10	Sit 'n Be Fit	11:15	<u>SAT</u>
	Sit 'n Be Fit	11:15	Her Life and Times		Trip Desk	10-12	Tap Dancing	10:00	Bingo	1:00	
Mother's	Mahjong	12:30	Open Art Studio	10:00	Granny Squares	10:00	Sit 'n Be Fit	11:15	J		
IN THE STATE OF TH	Pickleball	1-3:00	Sit 'n Be Fit	11:15	Sit 'n Be Fit	11:15	Canasta	12:30	Popcorn and Lemo		
	Trip Desk	1-3:00	Pickleball	1-3:00	Computer Lab	1-3:00	Adult Coloring	1:00	the Lobby 11	1-1!	
	-		Sr. Citizens	4:30	Pickleball	1-3:00	Party Bridge	1:00	1111		
			Advisory Bd. Mtg.		Coffee 'n Dessert AT&T, Basic Cell Le	1:30 essons	Pickleball	1-3:00	- Jap		
1.5	1./		17		10		10		00		01
15	16	MON	17	<u>TUES</u>	18	WED	19	THURS	20	<u>FRI</u>	21
SUN	Line Dance	9:30	HHC COVID19	8:30-	Dancercise	9:30	TOPS	8:30	AARP Safe Driver	9:00	SAT
3011	Computer Lab	10-12:00	Vaccine/Booster	11:30	Seated Yoga	9:30	Exercise w/Mich	<i>nelle</i> 9 &10	Gentle Yoga	9:30	OVGC
	Sit 'n Be Fit	11:15	Exercise w/Michell		Granny Squares Trip Desk	10:00	Tap Dancing	10:00	John E. DeMello Sr		Plant
	Mahjong	12:30	Open Art Studio	10:00	Sit 'n Be Fit	10-12 11:15	Sit 'n Be Fit	11:15	Veteran's Coffee F		Sale
	Pickleball	1-3:00	Sit 'n Be Fit	11:15	Computer Lab	1-3:00	Adult Coloring	1:00	Sit 'n Be Fit	11:15	9-1
	Trip Desk	1-3:00	Pickleball	1-3:00	Pickleball	1-3:00	Party Bridge	1:00	Bingo	1:00	940
					Coffee 'n Dessert	1:30	Pickleball	1-3:00			1
					Euro Homecare, He Living After Retirem						
					Free Coffee/Cook	ties 8:30-12!					
22	23	MON	24	TUES	25	WED	26	THURS	27	<u>FRI</u>	28
	Line Dance	9:30	Exercise w/Marcia		Dancercise	9:30	TOPS	8:30	Gentle Yoga	9:00	
<u>SUN</u>	Computer Lab	10-12:00	Open Art Studio	10:00	Seated Yoga	9:30	Exercise w/Marcia		Probate Forum	10:00	SAT
	Sit 'n Be Fit	11:15	Sit 'n Be Fit	11:15	Granny Squares	10:00	Tap Dancing	10:00	Sit 'n Be Fit	11:15	
	Mahjong	12:30	Pickleball	1-3:00	Trip Desk	10-12	Sit 'n Be Fit	11:15	Bingo	1:00	
	Pickleball	1-3:00	Tickiebuli	1-3.00	Sit 'n Be Fit	11:15	Canasta	12:30	bingo	1.00	
	Trip Desk	1-3:00			Computer Lab Pickleball	1-3:00 1-3:00	Adult Coloring Party Bridae	1:00 1:00			
					Coffee 'n Dessert	1:30	Pickleball	1-3:00			
					Della Vecchia, Fune		Membership Mtg.	1:00			
					Pre-planning		Larry Ayce/Doreer Gift Basket Raff				
00	00		0.1		1		,				,
29	30	MON	31	TUES	/	<u>WED</u>	/	THURS	/	<u>FRI</u>	/
SUN	MEMORIAL	DAY	Exercise w/Michell	e9&10					DROP IN DA	ILY!	SAT
30	CENTER CL	OSED	Open Art Studio	10:00					8:30 a.m. —4:30		
	MEMORIA	I DAY	Sit 'n Be Fit	11:15		OLDI	ER • 🕶		Pool Playe Ping Pong Pla		
	MEMORIA	LDAI							Cardio Roo		
		4			07:07:07:	MONT			Stained Glass (
		100							meets Thursdays	@ 10:30)	



Call For a Tour Today! 860-583-8483

AGE MY WAY: MAY 2022





meets Thursdays @ 10:30)
Active Walkers

Library/Puzzle Makers Coffee 'n Conversation

MAY 2022 EXERCISE & HEALTH/THIS 'n THAT

Calendar House (Active Walkers) Walking Path

Weather Permitting...Take a walk around Calendar House! One time around = .2 miles, five times around = 1 mile walked. If you are walking during our business hours, stop in and scan your card and we will log you under Calendar House Active Walkers.

Calendar House Cardio Room

Drop-in Monday-Friday, 8:30 am-4:30 pm. Our cardio room features state of the art cardiovascular and strength training equipment. Please bring a change of sneakers, a closed water bottle, and note the posted rules on disinfecting the equipment.

Exercise Class w/ Michelle or Marcia

This exercise class includes cardio, strength and balance. Please bring hand weights to class. Class is held on Tuesdays at 9 and 10 a.m. with Michelle and on Thursdays at 9 and 10 a.m. with either Michelle or Marcia. (LeAnn Kroll is away until end of May!) Please call the office at 860-621-3014 no earlier than 8:30 a.m. the day of class to register

Seated and Gentle Yoga w/ Clementine

Each class offers poses modified and tailored to meet the needs of the student. The benefits of yoga are endless! Increase your strength and mobility while enhancing your flexibility and balance. Your mind becomes calm and more You will feel focused and your breathing is deeper. refreshed and regenerated! Class times are 9:30—10:30 am. <u>Drop-in</u> Wednesday for <u>seated yoga</u> and Friday for <u>gentle</u> yoga. Please wear non slip shoes and comfortable clothes! Your first class is always FREE, then pay \$8 per class to instructor, Clementine Delaney.

Sit 'n Be Fit

A gentle, slow moving DVD workout by Mary Ann Wilson, RN. Ideal for anyone managing arthritis pain! This *drop-in* class is offered Monday through Friday at 11:15 am.



T.O.P.S. CLUB

T.O.P.S. (Taking Off Pounds Sensibly) has decided to stay! The group meets at Calendar House on Thursday mornings at 8:30 am for a nice walk around the building, followed by weigh-in and weekly meeting. Drop-in to learn more! Tuesday of the month. Call Sue directly at 860-538-1481 for Nominal fee applies.

MAY COFFEE 'N DESSERTS

Light refreshments served! Space is limited. Please RSVP to 860-621-3014. We hope to see you at these informative May programs!

Basic Cell Phone Lessons

Wednesday, May 11th @ 1:30 p.m.

Presented by: Pedro Navarro, Sponsored by: AT&T

Representatives from AT&T will be giving a lesson on the basics of cell phones. This is great for those who may not be tech-savvy or those who are looking to learn more. They will also answer any questions you may have as well. Furthermore, AT&T offers special great promotions for AARP members and Military Vets!

Healthier Living After Retirement

Wednesday, May 18th @ 1:30 p.m.

Presented by: Elizabeth Darmoros, Sponsored by: Euro Homecare Looking forward to a well-earned, relaxing retirement is great, but being too inactive can cause muscles to deteriorate. Enjoying the activities available to you with friends and family will be so much fun, they won't • even seem like exercise. Staying active combined with a well-balanced diet can ensure that you enjoy a long healthy retirement. Participants will be able to "spin the wheel" for a chance to win a prize!

Funeral Pre-Planning

Wednesday, May 25th @ 1:30 p.m.

Presented by: Elizabeth Cole, Family Service Counselor

MONTHLY FOOT CLINIC

Sue Zdeblick, RN with 30+ years of experience including Foot Care Nurse Certification holds a foot care clinic at the Calendar House, by appointment only, on the 1st & 3rd an appointment and info on the nominal fee.

Sponsored by: DellaVecchia Funeral Home

When you make funeral pre-arrangements, you put your wishes on paper so that your loved ones will know exactly how to celebrate your life and honor your memory. This free seminar is designed to help our guests take the first step toward protecting their families, both emotionally and financially by ensuring that a plan is in place in advance.

Hartford HealthCare



COVID-19 Vaccination & Booster Clinic

Calendar House Senior Center

388 Pleasant Street, Southington

Tuesday, May 17th

8:30am - 11:30am

Offering Pfizer and Moderna

- Pre-registration is preferred; walk-ins accepted as vaccine supply lasts (last walk-in accepted 15 minutes prior to clinic register please visit: close). To opensched.mychartplus.org/opensched/SignupAndSchedule/ EmbeddedSchedule?id=1172757&dept=102050008&vt=5990
- Please present CDC vaccination card with record of receiving previous doses, if applicable

MAY 2022 SOCIAL EVENTS/DIAL-A-RIDE

"BETTY WHITE, HER LIFE AND TIMES" Tuesday, May 10th 10-11 am

Join Joseph Ouellette, the "History Guy" as Just prior to Bingo enjoy a hot dog, he presents part of the History for Fun Series, "Betty White, Her Life and Times." Betty Marion White Ludden was an American actress and comedian. was noted for her vast work in the entertainment industry and being one of the first women to work both in front and behind the camera. Let's share a few moments in laughter! Remember Password, The Mary Tyler Moore Show, memory of Julia Zarrella. The Golden Girls, Saturday Night Live, Hot in Cleveland and many more very funny moments in our life time! Light refreshments will be served. Please RSVP by Friday, May 6th to 860-621-3014 or sign up at the Calendar House front desk. Sponsored by the Calendar House Membership Association.

HOT DOG SPECIAL BINGO Friday, June 10th @ 1pm

chili, sauerkraut, pickle and chips for just \$1 per ticket! Tickets are on sale in the Calendar House office beginning on Monday May 9th through Tuesday June 7th or until sold out!

The ticket price of this Hot Dog Special Bingo has been subsidized with Memorial Donations received in loving



COUNTRY WESTERN NIGHT

Hawk's Landing Country Club

Tuesday, June 14th 5-9 pm

We'll be 'gittin' down country at Hawk's Landing with DJ, Bryon Daley providing country music for your listening and dancing pleasure! Check in begins at 5 pm, (please do not arrive before 5!). Buffet menu includes: Tortilla Chips with Salsa and Hummus, Pulled Pork with Rolls, BBQ Chicken, Cowboy Baked Beans, Corn on the Cob, Potato Salad, Cole Slaw, Coffee, Tea, Soda & Water with Chef's Choice Dessert. Cash Bar available. Tickets are \$20 per person and go on sale Monday, May 9th through Tuesday, June 7th or until sold out. (Ticket prices have been generously subsidized at \$2.50 per ticket by the Calendar House Membership Association) You won't want to miss this event - 'fer sure!!' Dial-A-Ride transportation service is available with advanced notice.

DIAL-A-RIDE TRANSPORTATION



charge for residents aged 55+ and for • We cannot accommodate same day requests. people with disabilities. provide efficient. reliable, safe

transportation to all our riders, there are some followed. quidelines to be cooperation is anticipated & appreciated. Our primary objective is to provide the service that you need in a timely and reasonable manner.

- •Restrictions on the number of passengers on the Dial-A-Ride bus have been lifted, but cloth face masks **MUST** still be worn while riding on the bus. We ask that riders do not remove face masks while riding on the bus to talk, eat or drink. Although there is much improvement with the COVID-19 Pandemic we still ask if you are feeling unwell, have a cough or a fever to please stay home. These measures are in place for rider safety as well as the safety of our drivers. Thank you for • Monday through Friday: Rides are provided to your cooperation and understanding.
- Medical Appointments: Calendar provides rides for dialysis, medical and dental • Please call transportation. Please provide one week advanced appointments. Thank you.

The Calendar House DIAL-A- notification for all appointments, especially for out-RIDE provides transportation at of-town appointments. You may schedule up to a Southington month in advance.

- Please schedule anv in-town medical appointments between the hours of 9-11am and 12:30—2:30pm.
- Out-of-town medical transportation will be provided as follows, please plan accordingly: Mondays & Wednesdays: Plainville, New Britain & Meriden; Midstate (appt's between 9:30-1:00pm); Tuesdays & Thursdays: Plainville, Bristol & Farmington (appt's between 9:30am-1:00pm); Friday: Please call for out-of-town schedule.
- Shopping/Hair Appointments: Please contact the office at 860-621-3014 before 12 noon on Thursday to schedule shopping for the following week. Shopping days will be determined by our schedule of medical appointments.
- & from Calendar House for activities, programs, House appointments and lunch with advance scheduling.
 - **860.621.3014** to make vour



Compassionate Counsel, Proven Results 860-259-1500

Attorneys Stephen O. Allaire & Halley C. Allaire

Services we provide: Medicaid | Asset Protection | Trusts | Probate Real Estate Closings | Care Coordination | VA Aid and Attendance

For more information visit www.allaireelderlaw.com | 271 Farmington Ave, Bristol, CT 06010





Your Solution to In-Home Non-Medical Care.

We Provide: Personal Care Assistance • Homemakers Companions • 24-Hour Live-In Aides Emergency Response Services • Respite for Family Caregivers Chiropractic - Nutrition Acupuncture **Spinal** Decompression



Call To Schedule **Your Appointment:** 860-621-2225



200 Queen Street, Southington, CT 06489 - RayaClinic.com







About us

Seniors sometimes need a bit of help whether that means a simple reminder of medications or something more significant as live-in care. Euro Homecare is on a mission to provide affordable, quality, non-medical health care in

Call us 860.793.9944 WE PROVIDE:

PERSONAL CARE & COMPANION HOME CARE OR LIVE-IN

LICENSED, BONDED, INSURED
We are in the unique position to provide
continuity of caregivers should
there be a transition from private pay to Title 19/Medicaid

17 PIERCE STREET IN PLAINVILLE

Plainyille Commu

We welcome ALL

Serafino Pharmacy patients

to Plainville Community Pharmacy! Family-owned & operated, we share

the same level of personal service,

local connections and attention Better Service / Less Wait to detail that you are accustomed to.

Fast. FREE DELIVERY Prescription Transfers are easy to your door on prescriptions call us and we'll take care of the rest!

WE PROVIDE OUR PATIENTS WITH:

- · Walk in COVID-19 Testing
- COVID-19 Vaccines
- Comprehensive **Medication Reviews**
- · One-on-One Pharmacist Counseling
- Weekly Blister Packs for Seniors
- Immunizations/Flu Shots

the Heart of our Community

- Medical Supplies
- Diabetic Supplies and Management

Most major insurance plans accepted & affordable co-pays offered

When You Call...Plainville Community Pharmacy Delivers! M - F: 9 am - 7 pm Sat: 9 am - 2 pm Sun: Closed

860.222.9422

170 East Street | Plainville | www.plainvillerx.com





860-621-7766

1143 Meriden Waterbury Tpke. Plantsville, CT 06479

TURNING 65?

We Make Medicare Simple!

CTMedicareExperts.com





VOLUNTEER THANKS!

Calendar House would like to acknowledge the wonderful AARP 19 May 2022 - \$15 Tax-Aide volunteers who make the Income Tax Program at iPad and iPhone Basics - Thursdays at 10 AM from 12 May 2022 Calendar House possible each year! Thank you to Andrea L., Pat to 16 Jun 2022 - \$30 Shirley H. who completed over 300 returns this tax season!

CALENDAR HOUSE CAFÉ

Good News! In-person (congregate) meals will resume at Calendar House on Monday, May 16th! Grab 'n Go meals will continue to be available as well! either In-person OR Grab 'n Go call 860-621-6738 or see Janet Turner in the dining hall between 10 am and 12 noon. Reservations for BOTH Grab 'n Go AND In-person must be made by 12 noon on Wednesdays for the following week. Example: orders for week of 5/16, must be made by 12 noon on 5/11. This pick up a flyer at the Calendar House office or in the computer lab. program is limited to those 60+ and suggested donation is \$2.50/ meal. Both Grab 'n Go and In-person will be "pay as you go;" please bring correct change. Menus available in the dining hall, the Calendar House office, or on-line by visiting www.calendarhouse.org. Grab 'n Go lunches come cold, ready to re-heat at home, and must be picked up at Calendar House between 11-11:30 a.m. according to this schedule: Monday (2 meals for Mon/Tues), Wednesday (2 meals for Wed/Thurs) and Friday (1 meal for Fri). Bring a bag to carry your meals. In-person (congregate) meals will be served promptly at 12 noon, Monday-Friday. Late PROBATE FORUM WITH JUDGE JALOWIEC arrivals cannot be accommodated, as the dining hall will close at The Calendar House, in conjunction with the Southington Public 12:30 p.m. Questions? Please call Janet at 860-621-6738.

"CALENDAR CORNER"

The Calendar Corner wants to hear from you! This newly created publication is a vehicle to connect seniors to seniors and it simply can't work without your contribution. Tell us what you need, or what you have to offer. Make us laugh at a corny joke, share a recipe, or give us a tidbit of helpful information. Maybe you want to recognize another Calendar House member. Please drop your idea in the box located in the Calendar House lobby marked "submission box". You can also email your submission to thecalendarcorner4@gmail.com or leave it on a message for Diane or Janet at 860-621-6738. Look for a new publication every month in the lobby.

SPRING 2022 COMPUTER/TABLET/PHONE CLASSES



The Computer Learning Center at Calendar House • will be accepting registrations for the spring session of computer, tablet and phone classes on Monday, • May 2nd at 10:00 a.m. After the first registration

date, registration for any remaining class seats will also be accepted in the Computer Lab between 10 a.m. and 12:00 noon on Monday mornings or between 1 and 3 p.m. on Wednesday afternoons until the start date of the applicable class. The available courses are:

Manage your Computer - Tuesdays at 1 PM from 10 May 2022 to 14 Jun 2022 - \$30

Introduction to YouTube - Monday 9 May 2022 at 10 AM - \$10

Google Maps & GPS - Thursdays at 1 PM from 12 May 2022 to

B., Ray F., Skip K., Sandy B., Kathy B., Cary D., Shirley C., and Cleaning up your Phone - Mondays at 2 PM from 16 May 2022 to 6 Jun 2022 - \$20

> Android Phone Basics - Wednesdays at 10 AM from 11 May 2022 to 15 Jun 2022 - \$30

> **One-on-One Training** - At an agreed time and date - \$10 per 2 hour session

Additional Help

Free help on any technical topic is available on a first come first served basis during the Lab periods on Mondays 10-12, and Wednesdays 1-3.

Please visit www.calendarhouse.org for full class descriptions, or



OVGC GARDENERS' MARKET

Orchard Valley Saturday, May 21st, 8:30 a.m.—12 noon Sale held under the Calendar House Bus Port

Native Plants * Pollinators * Crafts * Perennials * Houseplants *Vegetables/Herbs * Fundraising Raffle for OVGC Scholarship Cash/Check/Credit Cards Accepted

www.orchardvalleygardenclub.weebly.com

Facebook: Orchard Valley Garden Club

Library welcomes Cheshire/Southington Probate Judge Matthew Jalowiec to Calendar House on the last Friday of each month from 10-11 a.m. at open public forums. The public is invited to the free "Ask the Judge" forums. Judge Jalowiec answers probate questions in a simple, easy to understand manner. He cannot give any specific legal advice, but answers all questions thoroughly. All his responses will be procedural in nature and contain a general overview of the law. His kind and thoughtful approach to answering questions makes the forum a comfortable place to get information about things that can be difficult in nature. Each forum runs approximately one hour. Next forum is Friday, May 27th. Please call the Calendar House office at 860-621-3014 to register.

PROPOSED NEW PROGRAMS/ACTIVITIES

Calendar House is looking to add some new programs and activities! If you have any interest in any of the following, please call us at 860-621-3014. If there is enough interest we will work on adding them to our weekly schedule!

- Seated Volleyball—Volleyball played from a seated position with a beach ball! (Proposed time: Tuesdays 9-11 a.m.)
- **Left, Center, Right**—A fun, fast paced, dice game! (Proposed time: Wednesdays 1-3 p.m.)
- Cribbage—A card game counting combinations and scored by moving pegs on a cribbage board. (Proposed time: Tuesdays 10-12 a.m.)
- Corn Hole—Players take turns throwing fabric bean bags at a raised platform with a hole in the far end. (Proposed time: Thursdays 1-3 p.m.)



Calendar House will be closed on Monday, May 30th in observance of Memorial Day.

NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com



MAY 2022 TRAVEL



Trip Desk is held in the Calendar House lounge from 1—3 p.m. on Mondays and 10 am—12 noon on Wednesdays. Updates can be found at www.calendarhouse.org under the trips tab! Flyers are available for pick-up in the lounge area during regular business hours. Questions? Call Lana White at 860-621-3779, Jeff Driscoll at 860-276-3826 or Tours of Distinction at 1-800-426-4324. The Calendar

House Trip Desk is comprised of all VOLUNTEERS dedicated to bringing new and exciting trip opportunities to our Center. All Calendar House trips are NOT FOR **PROFIT**, and volunteers do not receive any compensation/perks for their time. **DAY TRIPS 2022:**

Mon/June 6, THIMBLE ISLANDS & LUNCH AT CHOWDER POT III, WAIT LIST

ONLY! Start with a stop at Bishops Farm then Chowder Pot for your choice of seafood imperial, salmon or stuffed chicken breast. Then onto Stony Creek to relax on a leisurely cruise on the Volsunga IV around the Thimble Islands! \$85.pp Tues/June 14, I WRITE THE SONGS, Music of Barry Manilow at St. Clements Castle. Dine on a delicious lunch of chicken or scrod in the elegant St. Clements castle on the Connecticut River while enjoying the smooth singing style of Dave Colucci. \$104.pp

Tues/July 12, CELEBRATE ITALIA!!, *Aqua Turf. The Sam Vinci Band w/special appearance by Aaron Caruso. Sam and his band know how and what to play to please a crowd! Aaron's operatic voice brings Italian songs to life! Meatballs & Sausage/Chicken Parmesan. \$47.pp

Tues/July 19, LOBSTER at the Log Cabin, Holyoke, Mass. Showtime with Lou Villano signing the best of Paul Anka. Lunch choice of lobster or prime rib, cheese & vegetable platter, sweet corn & baked potato. \$118.pp

Wed/Aug 10, THE JERSEY TENORS, *Aqua Turf. Tribute to Frankie Valli & The Four Seasons. Enjoy chicken parm & broiled scrod served family style! \$86.pp Tues/Aug 16, TOM JONES & ENGLEBERT—THE WAY IT USED TO BE!! Starring Joe Saimeri. Sit back, close your eyes and be transported to great moments in musical history. From Delilah to Release Me, enjoy a powerful tribute to these unforgettable entertainers. Marinated Flank Steak/Chicken Marsala. \$47.pp

*Aqua Turf and Oakville Events are "drive on your own."

HIGHLIGHTED TRIPS...



SARATOGA RACES! August 3-4, \$435.ppdbl

Off to the races! dinner stop in Albany on the way home!



A CAPE COD ESCAPE! September 25-28 \$1,105.ppdbl

Roundtrip motor coach, 3-nights at the Holiday Inn Hyannis, 6 meals (3 breakfasts and 3 dinners), Hyannis, This 2-day tour Provincetown, 5-course dinner aboard includes your stay at the Queensbury the Cape Cod Central Railroad, 1 Hotel in Glens Falls with an evening lobster dinner, guided tour of Hyannis, twilight dinner cruise on Lake George! admission on the Cape Cod Central On day two, travel to Saratoga for free Railroad, roundtrip ferry to Martha's time, trendy shops, and then reserved Vineyard, guided tour of Martha's grandstand seats at the races! Enjoy a Vineyard, visit to the Cape Cod National Seashore Visitor's Center, Cranberry Bog tour. Don't miss this one!

LOCATION & STAFF

388 Pleasant St.

Southington, CT 06489 Phone: 860-621-3014

HOURS: 8:30 a.m.—4:30 p.m. Monday—Friday

In case of INCLEMENT WEATHER, all delays and/or closings will be posted under the name **CALENDAR HOUSE on WFSB Channel 3 and on** the www.WFSB website.

INTERIM DIRECTOR

David Lapreay

lapreayd@southington.org

PROGRAM COORDINATOR

Dawn Sargis

sargisd@southington.org

ADMINISTRATIVE ASSISTANT II Vacant

ADMINISTRATIVE ASSISTANT

Roxanne Avitabile

avitabiler@southington.org

F/T BUS DRIVERS

Paula Ofiara Pocock & Christie Boucher

P/T BUS DRIVERS

Ed Pocock & Dawn Sousa

TRIP DESK COORDINATORS

Lana White 860-621-3779 or

lana250@cox.net

Jeff Driscoll 860-276-3826 or jcdriscoll@frontier.com

Gerri Naples, Book-Keeper

Please note: The Calendar House building is not open for use before 8:30 a.m. Monday through Friday. Thank you!

