

- CALENDAR OF EVENTS -

We're Open... and we're Busy!! Come have fun!!

April

BINGO EVERY MONDAY

- 4. Blood Pressure Screening
- 6. Executive & Members Meetings
- 13. Birthday Celebration
- 14. Lunch&Learn,Seniors Staying in Place
- 15. CLOSED—Good Friday

May

BINGO EVERY MONDAY

- 2. Blood Pressure Screening
- 4. Executive & Members Meetings
- 5. Birthday Celebration
- 12.Lunch&Learn Nutrition
- 17.CLOSED—Election Day
- 30.CLOSED-Memorial Day

June

BINGO EVERY MONDAY

- 1. Executive & Members Meetings
- Elections (if needed)
- 2. Birthday Celebration
- 6. Blood Pressure Screening
- 14.CLOSED—Flag Day

Watch for Craft Fair / Flea market some time this month

2nd Quarter 2022 — April Through June

-WELCOME-



700 N Shady Retreat Road Doylestown, PA 18901 Phone: 215-348-0565

Fax: 215-348-7580 website: cbseniors.net

E mail: cbsenior@comcast.net

Like us on Facebook: Central Bucks Senior Center 700 Shady

Senior Center Open

Monday-Friday 9:00 am-3:00 pm Center available for Rentals

Manager - Lisa Portnoy Assistant / Kitchen Manager -**Darlene Fell**

OFFICERS

President-Linda Currie

Secretary—Christine Sablich

Past President—Nancy Fratrik

1st VP- Jerry Fox

2nd VP—Kathy Caban

Treasurer - Rick Gaver

Members at Large

Marilyn Tori Arlene Fox

BRIDGE STAFF VOLUNTEERS -

Linda Currie - Steve Danatzko

Custodian—Steve Helm

THE CENTRAL BUCKS SENIOR ACTIVITY CENTER

The Central Bucks Senior Activity Center (CBSAC) is one of four, fullservice senior centers operated by Bucks County Association for Retired and Senior Citizens, a not-for-profit corporation on Aging. This project is funded, in part, under a contract with the Pennsylvania Department of Aging and The County of Bucks. The BCARSC is an equalopportunity employer.

All programs and services provided at the four Senior Centers through the Area Agency on Aging are offered without regard to race, religion, political affiliation, income level, or personal background. The Central Bucks Senior Activity Center serves all senior citizens, aged 55 and over in the Central Bucks area including Doylestown Borough, Doylestown Township, New Britain Borough, New Britain Township, Chalfont Borough, Buckingham Township, Plumstead Township, Warrington Borough, and Warwick Borough, as well as neighboring communities. Geographic locations are not criteria for membership, and the Center draws members from as far as Perkasie, Warminster, Lansdale, New Hope and Solebury.

CBSAC is an activity Center, helping members to lead richer, fuller lives by providing a variety of programs to both entertain and stimulate. It has an elected executive board. There are monthly meetings at which members may express their support and concerns. This Center has been providing services to the Bucks area for over 30 years.

AARP 2022 Driver Safety Course

4 Hour Refresher Courses

Saturday, April 9, April 16th & April 25, 10:00AM to 2:00PM Saturday, May 2 & May 14, 10:00 to 2:00PM

8 Hour Complete Course

Saturday June 4, June 11, 10:00 to 2:00PM

Contact Jim Plastaras — 215-345-0339

MESSAGES

MANAGER'S MESSAGE

Hello Everyone,

My name is Lisa Portnoy. I am the new manager at the Central Bucks Senior Activity Center, Doylestown, PA.

I have been very warmly welcomed since my first day on February 15, 2022. It has been my pleasure to meet all of the members, staff and volunteers that help keep this center running every day. You are all helping to make this new journey an interesting chapter in my life.

Along with my Board President and the Board members we are trying to continue the kind of center you have had in the past. We are also implementing new activities to accommodate all seniors and their needs.

More information to follow.

In the meantime, stay well, stay safe, stay active, and ioin me for lunch.

Regards,... Lisa, your new Manager

ASSISTANT/KITCHEN MANAGER'S MESSAGE

Well Hello to Everybody. How was your winter? Crazy weather it was, but now we are having spring weather, it is lovely, but for how long, who knows?

Any way, things are going pretty well. We have a new manager and she is helping around here. She loves to sit with the members and have lunch with them. She is very helpful, so when you see her, please say "Hello".

So, I am planning to have movies in the future, but we can't do Sundays because of 2 church group rentals EVE-RY Sunday, I will let you know WHEN and What movies once we work that out.

As usual, a BIG THANK YOU to my kitchen volunteers for continuously doing a great job.

Oh, by the way, we put new blinds in the Bucks County Room and new drapes in the Dining Room. There will be new drapes in the Bridge Room and new blinds in the Gift Shop. Let us know what you think.

THANK YOU.... God Bless.... Darlene Fell, Assistant/Kitchen Manager

CO-PILOT NEWS

The CoPilot system is being re-evaluated. For safety reasons, members will temporarily no longer use the computer to check in. There will be a CBSAC volunteer to check members in as they enter the building through the front door. You may still swipe your Co-Pilot card if you have one.

You will be asked which activities you will be attending and if you would like to preregister for both lunch, Bingo and other activities.

We will have more than one CoPilot check in station at the front desk when needed so the process should go more smoothly.

In addition to checking in on CoPilot we will still maintain a check in list which is a safety requirement from the County. Before you leave the building please check out at the front desk to have your name crossed off the list.

Home PRE-registration: If you are comfortable with using a computer at home, you can now PreRegister from home for Bingo, Applegate distribution (when it's available), and even for lunch. Go to www.copilotcommunity.com, supply an email address, and have the number on the back of your CoPilot bar code card handy instead of a password. If you do not see the Centtral Bucks Senior Center at top, use the CHANGE CENTER box to get there. You can then use the menu at the top of the page to select PREREGISTRATION to do so for Bingo, Applegate and Lunch. Use the NEXT button top/right to move through the weeks available. It's pretty intuitive, so explore as necessary. You can't do any damage to your account, so, please, CHECK IT OUT.

CENTER NEWS

NEW ACTIVITIES

Planned - Easy Tai Chi, Fridays, 1:00PM — beginning April 22th

In the planning stages - please contact the center if interested, or sign up at the front desk

- Computer, Beginning / Advanced
- Chair Volley Ball
- Adult Coloring
- Drawing (with professional artist)

Applegate Food Distribution

Preregistration is required so we can properly allocate appropriate portions for all interested members. This can be accomplished by notifying CBSAC by calling 215-348-0565 and the Co-Pilot clerk will Pre-Register those who want Applegate.

**It is the consumer's responsibility to call to see if we are having an Applegate distribution, and to make sure they are pre-registered. Darlene will no longer make telephone calls, unless the Applegate distribution is cancelled.







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MORE CENTER NEWS AND UPDATES

WaWa Food Distribution Program

Our Center receives frozen food distributions from Wawa each Monday and Thursday mornings, based on availability. Donations may consist of foods that have been frozen such as breakfast sandwiches, hot dogs, pretzels, donuts and bread.

Book Club

We meet on the 2nd Thursday of each month at 10:30AM.





Featured Volunteer Camille Cintofanti

Joined the center 2009, Oldest Volunteer

Served community at both, Pennridge and Central Bucks Senior Center

Other support includes Holly Fair, Fashion Show, and Kitchen Volunteer

Always cheerful,... loves to hug... always asks "how are you?"... wonderful worker... everyone loves her... always dressed fashionably... enjoys dancing and BINGO a whole bunch.

So, it is with great honor, and appropriate admiration that she be recognized as our second Featured Volunteer. Please say a quick, extra "Thank You" when you see her... serving lunch, helping with other activities. She celebrates yet another year in May, so please be around to say Happy Birthday!



Gift Shop News

Since November the gift shop has been busy. We're selling many items and received many wonderful contributions. Proceeds have provided a new 'adjustable' chair for the front desk. Please stop by on Mondays & Thursdays between 11:00AM and 1:00PM.

SUPPORT THE CENTER!!

MESSAGES



FLAG RETIREMENT

As spring begins, Doylestown's Memorial Day planning Committee has already begun preparations for the annual Memorial Day Parade and Observance. This will be the 154th observance in Doylestown. It is the day when we honor the memory of those who gave all in their service to our country. Flags are lowered to half-staff until noon. This year's observance will occur on Monday, May 30, 2022. Prior to Memorial Day, local cemeteries remove flags (approximately

2500) from the markers at Veterans' gravesites. Doylestown's Albert R<mark>. Atkinson, Jr. American L</mark>egion Post 210 with support from other Veteran groups, Scouts, Civil Air Patrol and Young Marines will replace these flags May 19-26. These flags will be "retired" by the Post on June 11, 2022. Flags may be brought to the Post, 315 North Street by community members and deposited in the receptacle at the rear of the building 24/7 and will also be retired at that time.

As a convenience for Central Bucks Senior Center and its members, the Post has placed a smaller receptacle in the lobby of the CBSC to deposit flags for retirement. If the flag is a smaller one with an attached stick, please remove the stick and deposit in the trash. Members of the Post will remove the flags for proper retirement.



United States Flag Code, Title 4, Section 8k states-"The flag, when it is in such condition that it is no longer a fitting emblem of display, should be destroyed in a dignified way, preferably by burning."

BUCKS COUNTY TOUR OF HONOR

The next Bucks County Tour of Honor trip for WWII, Korea and Vietnam and Vietnam-Era Veterans is scheduled for April 24, 2022.

Jerry Fox www.webmaster@doylestown Post 210.org

RENTALS

The Plumstead Room is a beautiful hall that provides seating for up to 175 people. This room has been rented for weddings, banquets, parties, showers, sweet 16 parties, graduations, business meetings, and other events. We have a full commercial kitchen available.



Our restrooms are conveniently located near the hall. Our outdoor pavilion adds extra room when needed.

For smaller affairs or meetings we have the Bucks County Room which can accommodate up to 40 people.

Please contact the center for further information at Phone 215-348-0565 or 215-348-0566

WE ARE SADDENED

BY THE LOSS OF SEVERAL OF OUR MEMBERS, THEIR FAMILY OR FRIENDS, NEIGHBORS AND ASSOCIATES WHO MAY BECOME ILL, OR WORSE, DURING THIS Covid-19 CRISIS.



Members who have recently passed away:

Jim Pickands Charles Luce Alyce Deyo

Dick Stover

Pandemic Information

Help Us to Maintain a Safe and Healthy Return to Indoor Activities at the CBSAC

In-person activities will follow PA Department of Health & Area Agency on Aging recommendations.

- Please only come to the center when healthy. Stay home if you have had any COVID symptoms or have been in contact with anyone testing positive for COVID.
- No gathering or congregating IN THE BUILDING prior to or after activities.
- Face masks must be worn appropriately at all times and temperatures will be checked upon arrival at the center.
- Frequent hand washing is encouraged.
- Pre-registrations must be made for meals, activities & programs.

Activity Instructors will be contacting their group(s). Participants will be required to register in this manner.

- Plan to arrive and depart promptly for activities.
- Sanitize your space prior to leaving and make it just as clean for the next person. Look for the sanitizers that are placed in each room.
- Please maintain 6 feet of distance from others.

The Center will maintain a check list which is a safety requirement from the County. Before you leave the building, please check out at the front desk to have your name crossed off the list.

Infections and Spread

The Delta variant causes more infections and spreads faster than early forms of SARS-CoV-2, the virus that causes COVID-19

- . The Delta variant is more contagious: The Delta variant is highly contagious, more than 2x as contagious as previous variants.
- · Some data suggest the Delta variant might cause more severe illness than previous variants in unvaccinated people. In two different studies from Canada and Scotland, patients infected with the Delta variant were more likely to be hospitalized than patients infected with Alpha or the original virus that causes COVID-19. Even so, the vast majority of hospitalization and death caused by COVID-19 are in unvaccinated people.
- Unvaccinated people remain the greatest concern: The greatest risk of transmission is among unvaccinated people who are much more likely to get infected, and therefore transmit the virus. Fully vaccinated people get COVID-19 (known as breakthrough infections) less often than unvaccinated people. People infected with the Delta variant, including fully vaccinated people with symptomatic breakthrough infections, can transmit the virus to others. CDC is continuing to assess data on whether fully vaccinated people with asymptomatic breakthrough infections can transmit the virus.
- The Delta variant spreads more easily than previous variants—it may cause more than 2x as many infections es protect you from hospitaliz severe infections, and death

View Larger

Fully vaccinated people with Delta variant breakthrough infections can spread the virus to others. However, vaccinated people appear to spread the virus for a shorter time: For prior variants, lower amounts of viral genetic material were found in samples taken from fully vaccinated people who had breakthrough infections than from unvaccinated people with COVID-19. For people infected with the Delta variant, similar amounts of viral genetic material have been found among both unvaccinated and fully vaccinated people. However, like prior variants, the amount of viral genetic material may go down faster in fully vaccinated people when compared to unvaccinated people. This means fully vaccinated people will likely spread the virus for less time than unvaccinated people.

Trips - Let us know if you are interested (at the front desk)

The Travel Group Proudly Presents..... "ATLANTIC CITY GETAWAY" at CAESARS in Atlantic City, New Jersey 3 Days/2 Nights - October 25-27, 2022 w/TWO Shows "ABBA" Dancing Dream and Patsy Cline & Country Classics Show!

Ladore Retreat Lodge



Ice Cream Flavors

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TRIPLE TORNADO REESES NEOPOLITAN CHOCOLATE STRAWBERRY COTTON CANDY COCONUT ROCKY ROAD COOKIE DOUGH TIGER TAIL GREEN TEA HOKEY POKEY MAPLE WALNUT FUDGE PECAN Banana VANILLA

Play this puzzle online at : https://thewordsearch.com/puzzle/416/

For Your Information

Legacy Donations

Please consider a gift to the CBSAC. It can be as simple as "I give the sum of \$__ Or __% of the residual of my estate to the Central Bucks Senior Center, a non-profit corporation on aging, located in Doylestown, PA, for general charitable purposes.

You can also name the Central Bucks Senior Center as the beneficiary of an insurance policy or retirement account.

A little planning today can make a big difference for the future.

If you are of a generous mind, and have the idea to make such an offering, please contact Lisa Portnoy, Manager, at 215-348-0565 for more information.





You can earn FREE money for the CBSAC every time you purchase something from Amazon!! You'll find the exact same low prices and selections, and Amazon will donate 0.5% of the price for your eligible purchases to our Center.

HOW TO GET STARTED? Create an Amazon account.

- Go to www.smile.amazon.com.
- 2. Click "Create an Account" or "Sign In" using your existing account.
- 3. Scroll down when the page opens.
- 4. Type Bucks County Association for Retired and Senior Citizens" and click search.
- 5. Select Bucks County Association for Senior and Retired Senior Citizens
- 6. When you start shopping, make sure to go to smile.amazon.com for it to count.

For Your Information

The Crafters Group - Arlene Newman

We have been working on holiday items... Valentine's Day, St. Patrick's Day, Easter, and Spring in general. We have a large assortment in the Center lobby on the shelves. We are starting a quilting project for St. Anne's Ukraine Church. April 7th & 8th from 9:30AM to 3:00PM. We will gather in the social room to make quilt tops for the Ukrainian refugees. Please come join us! You need to bring your sewing machine and tools to make a quilt top. Some extra material will be available and thread. We hope to make quilts for adults and children.

F-Y-I ~ If you are a member and need additional income, this program may be helpful!

The Senior Community Service and Employment Program serves persons who are low income and age 55 years of age or older by placing them in part-time community service positions where they can gain skills and work experience to transition to employment.

The program has three main goals:

- Upgrade Job skills to help participants obtain job Placement
- Help the participant get involved in his/her community
- Provide participants with added income during training

Please do not hesitate to reach out to Lisa at the CBSAC or use the contact info below if you would like more information about the SCSEP

Linda Kahlert, T&E SCSEP 1200 Veterans Highway, Suite C-13

Office: 215-826-0150

E-Mail: lkahlert@pathstone.org

Pathstone Corporation Bristol, PA 19007 Fax:215-826-0151

WE NEED VOLUNTEERS!

We need volunteers to support our daily activities... helping with food distribution, general chores, outdoor landscaping, and all sorts of other fun "stuff".

If you have a few hours a week and you would like to support the CBSAC please call 215-348-0566 to let us know of your interest.

Knitting Group

Come... Sit... Knit... Crochet... Chat...
As of January 2022 our group has been meeting on Thursdays, 12:30 to 3:00 in the lunch area. We are happy to invite beginners or people that are just getting back to knitting any type. We will help with your projects. We have several items for sale in our lobby. We welcome special requests, and accept donations for our crafts.

Bun Bake - making progress

While logistics make it difficult for us to actually bake our buns, we are working with a local organization to have them produced for us and then sold here. We anticipate our first experiment with the new process to be mid-April. Stay tuned...



- IMPORTANT INFORMATION-

Meals on Wheels (a private organization) now at CBSAC

Since 1972, Meals on Wheels (MoW) of Central Bucks County has been delivering fresh, nutritious meals to home-bound people throughout our local community. To date, we have delivered over 1.3 millions meals.

Our meals are prepared fresh each day by a commercial catering service and delivered to the MoW facility within the CB Senior Activity Center in Doylestown. Each day, our volunteers package the prepared fresh food, individually sealing each one for extra safety, and put the meals in thermal bags for delivery. Our friendly volunteers deliver meals 5 days a week, Monday through Friday, providing far more than just food. They provide a kind word and a quick check in on those who live on their own.

There is lot of flexibility in the service we offer. You can sign up to receive meals 2-3 days a week if you don't need a 5 day per week plan. If you are recovering from an illness or surgery, we offer meal delivery for a limited time such as 4 -6 weeks. We'll work with you to meet your needs.

We deliver to the communities of Buckingham, Chalfont, Doylestown, Dublin, New Britain, New Hope, Nockamixon, Plumstead, Solebury, Tinicum, Warrington and Warrick.

If you are interested in Meal delivery, please call our office at 215-345-6065. STAY SAFE!!

FYI-This is not sponsored by the Area Agency of Aging, This is a private organization!

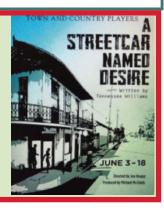


Town & Country Players

Tickets are available for DRESS REHEARSAL performances of these shows at the front desk for a cost of \$7.00.

- Guys & Dolls is Wednesday, April 20th. 8:00PM

- Streetcar Named Desire is Wednesday, June 1st, 8:00PM



Bucks County Area Agency on Aging 55 E Court St 3rd flr Doylestown, PA 18901

267-880-5700 www.buckscounty.org

Commonwealth of Pennsylvania Department of Aging 555 Walnut Street, 5th Floor Harrisburg, PA 17101-1919 717-783-1550 www.aging.pa.gov

Bux-Mont Transportation Services Co.

726 Fitzwatertown Road Willow Grove, PA 19090 215-659-0245 www.buxmonttrans.com

New LifeStyles/Southeastern Pennsylvania

www.NewLifeStyles.com

Doylestown Township

425 Wells Rd

Doylestown, PA 18901 215-348-9915 Doylestown Borough 215-345-4140

Bucks County Transport (BCT)

1-888-794-0740 215-794-8360

TransNet

980 Harvest Drive, Ste 100

Blue Bell, PA

215-542-7433 www.suburbantransit.org

Senior Directory

www.SeniorDirectory.com

IMPORTANT ANNOUNCMENT



39[™] Annual Bucks County **Senior Games**

JUNE 1-17, 2022

Senior Games Kick-Off May 25, 11am - 1 pm

Come see what great resources Bucks County has to offer active adults! Senior Games T-shirts and lapel pins will be provided at this event for pick up.

Linksz Pavilion at Bucks County **Community College (Newtown Campus)**

A FREE EVENT OPEN TO THE PUBLIC



REGISTER FOR THE GAMES BY MAY 10:

VISIT BUCKSCOUNTY.GOV/SENIORGAMES OR CALL 267-880-5700

SENIOR GAMES EVENTS INCLUDE:

Cornhole Biking

Steps Competition

Walk the Parks

Ouoits

Bocce

Track & Field

Disc Golf Softball Throw

Football Throw

Bowling

Chess

Table Tennis

Pickle Ball Clinic

Billiards

Trivia

Horseshoes

Golf Darts

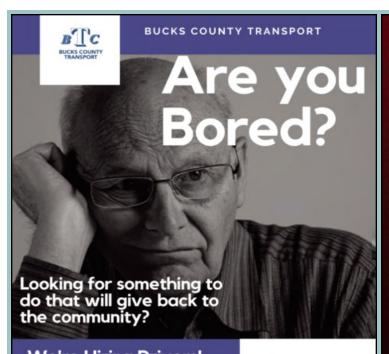
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Virtual Scavanger Hunt Virtual Complete the

Lyrics

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Paula Campbell Your Expert Senior Real Estate Specialist

As a Senior Real Estate Specialist®, or SRES®, Paula is a Realtor® with more than 25 years of building her expertise in the real estate industry and has received extensive training in helping home buyers and sellers over the age of 50. She has extensive knowledge of towns throughout Bucks and Montgomery Counties. For relocating clients, she has access to other Realtors® all around the state and county with the same level of expertise. The greatest compliment and testimony to Paula's dedication is her growing number of repeat clients — homeowners who trust her to guide them through their next move. Give Paula a call today to see how she can help you achieve your goals in home buying or selling.



Paula Campbell REALTOR® RENE®, ABR®, SRES®, SRS®

O 215.348.4848 M 610.308.7003 paula.campbell@compass.com 54 W. State Street



Paula Campbel

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CLASSES AND ACTIVITIES



Bingo > Mondays, 1:00PM, Snacks - \$1.00 per card

Board Game Day > Friday, 12:00PM to 3:00pm

Bridge > Mondays and Fridays 9:00 AM to 12:00PM

Canasta > Every Tuesday, 12:00PM Every Thursday 12:00PM \$2

Chair Yoga > Mondays, 10:30AM

Crafts > Thursday 10:30 AM to 3:00PM No Charge

Dance Exercise > \$4.00 Tuesday & Thursday 9:30 AM to 10:30AM

Double Deck Pinochle > \$2.00 Wednesday &Friday 12:00PM to 3:00PM Fitness Fiesta > \$4.00 Monday & Wednesday 9:15AM to 10:15AM

Knitting > Thursday 12:30PM to 3:00PM - FREE

Library > Monday thru Friday 9:00AM to 3:00PM

Mah Jongg > Tuesday & Thursday , Noon- 2:30PM \$2.00

Poker > Tuesdays & Thursdays, 12:30PM - \$2

Pool (Billiards) > Daily 9:00AM to 3:00PM \$1.00

Seated Exercise > Tuesday & Thursday \$3.00 10:30 AM to 11:30AM

Seated Fitness Fiesta > Monday \$3.50 10:30AM to 11:30AM

Single Deck Pinochle > Wednesday \$2.00 12:30PM to 3:00PM

Table Tennis > Daily 9:00AM to 3:00PM \$1.00

"Easy" Tai Chi > Fridays, 1:00PM (starting April 22)

Toe Tappers > Wednesday 12:45PM to 3:00PM Beginners (2:00PM) \$3.00



Nominations / Flections

If anyone is interested in a position on the CBSAC Executive Board leave a message at the front desk with the Nominating Committee Chairperson, Helen Sassaman. Nominations must be submitted by

April 29th. Nominations will be announced at the May 4th Membership Meeting. An election will be held, if needed, on June 1st, from 10:00AM to 1:00PM

NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com

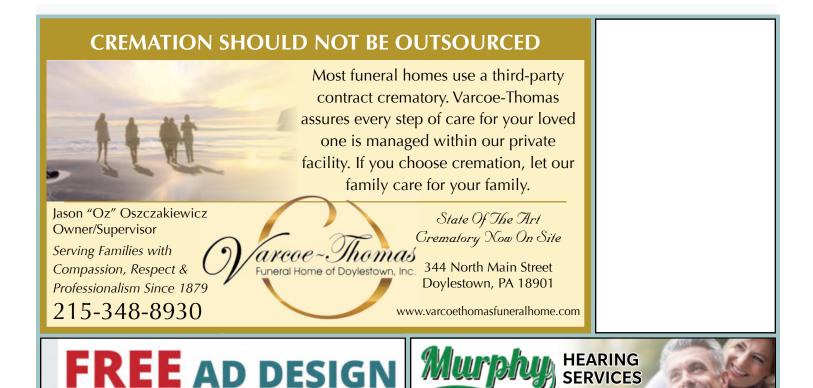




Bucks County Association for Retired and Senior Citizens 700 N. Shady Retreat Road Doylestown, PA 18901

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