

THE UPPER BUCKS

ACTIVITY CENTER



JANUARY & FEBRUARY 2022



Words from the Heart:

(Our Senior Center Poem)

Come join us here at the Senior Center,
Walk through the door and happily enter,
Bring love in your heart and a smile on your face,
That's all you will need at this wonderful place.
Two Dollars for lunch and oh what a meal,
The crew does the cooking with so much joy and zeal,
Our volunteers here are the very best,
In all of the North, East, South and West.
We have programs here that none can compare,
We have hugs and kisses we love to share.
You will see for yourself that it's true what we speak,
When you gather with us five days a week.

CENTER INFORMATION

Milford Township Fire Hall
2183 Milford Square Pike
Mailing Address: P.O. Box 182
Milford Square, PA 189535

E mail: upbucksr@yahoo.com
Phone: 215-536-3066
Fax: 215-536-7881
www.upperbucksac.org

Monday & Friday Closed
Tues-Wed-Thurs 9am-3pm

Lunch is served only on Thursday promptly at 11:30. Please be sure to sign up at least one week in advance.

OUR EXECUTIVE BOARD FOR 2021

Robert Beck.....President	John Heister.....Treasurer
Lorraine Fox..... First Vice President	Barbara Preston.....Member at Large
Tom Neilson.....2nd Vice President	Rati MadhooMember at Large .
Mahish (Max) Amin.....Secretary	George Bruneio.....Past President

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JANUARY

FEBRUARY

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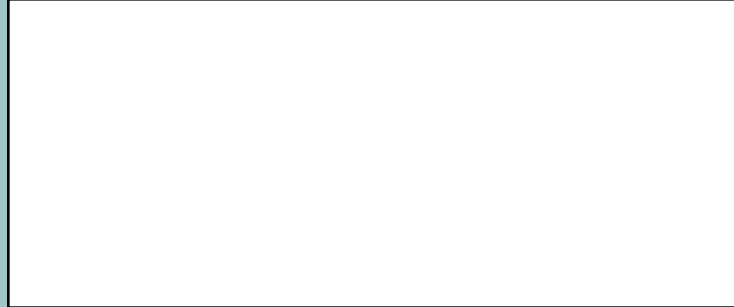


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TAKE A TRIP WITH US



PENNSYLVANIA AMISHLANDS

Wednesday March 20, 2022

DAVID

\$169.00 PER PERSON



Package includes the performance of "David" at Sight and Sound, a smorgasbord meal, shopping as time allows, Taxes and meal gratuities and motorcoach transportation.

Will depart from the center at 2183 Milford Square Pike. Departure time will be announced.

CHRISTMAS SHOW

Wednesday December 7, 2022

\$169.00 per person



Enjoy the world-class entertainment and sentimental tributes to the true meaning of Christmas at the American Music Theater's Christmas Show. Your package includes a Smorgasbord Lunch, the Christmas Show, Shopping as time allows, taxes and meal gratuities and motorcoach transportation.

Will depart from the center at 2183 Milford Square Pike. Departure time will be announced.

RIVER LADY

Tuesday June 7th, 2022



The River Lady is an 85' authentic reproduction of a paddle wheel riverboat. The River Lady splendidly captures the ambiance of a 19th century Mississippi Paddleboat. The tables are arranged so passengers can enjoy the view while dining. on. The River Lady cruises the Toms River and Barnegat Bay of Toms River, New Jersey.

\$105.00 per person

Depart Senior Center at 8:00 am

Arrive back 6:00 pm



ACTIVITIES

KNITTING & CROCHETING

TUESDAYS 9:00AM

Bring your own projects or learn new ones!

COMPUTER CLASS

Tuesdays 9:30am

Bring your laptop, smartphone, or tablet for some basic help using the internet, word processing, or phone apps.

\$3 members, \$5 non-members

LINE DANCING

Tuesdays 10:00am –11am

Join Lynn (instructor) for a fabulous hour of exercise and fun with the greatest hits to get your dance on! It's tons of fun!

\$3 members \$5 non-members

BALLROOM DANCING

Tuesdays 11:00am-12:00pm

Come on out and Tom will teach you Some of his dance moves!

\$3 members, \$5 non-members

CARDS & GAMES

Tuesdays 12:00-3:00pm

Will return at a later date.

We play cards, games, all are welcome!

\$1 members, \$2 non-members

BAND PRACTICE

Will return at a later date.

Wednesdays 10am-11am

CHAIR YOGA

Will return at a later date.

Wednesdays 12:30-1:30pm

Except the 2nd Wednesday of the month. It is our Party day!

\$3 member \$5 non-member

CHORUS PRACTICE

Will return at a later date.

Wednesdays 1:30-2:30pm

Except the 2nd Wednesday of the month. It is our Party day!

\$3 members \$5 non-member

BINGO

Thursdays 12:15pm-3:00pm

Come out and enjoy a fun afternoon of Bingo! \$50 Jackpot the first Thursday of the month! Call for details.

ART CLASS

Temporarily being held at Haycock Township Community Center. 1014 Old Bethlehem Rd.

Fridays 9:30-11:30am

Come and let your inner artist play! Join Linda, a volunteer retired art teacher and work in watercolors, acrylics or pastels. Bring your own supplies-canvas, paints, brushes or purchase at cost from Linda.

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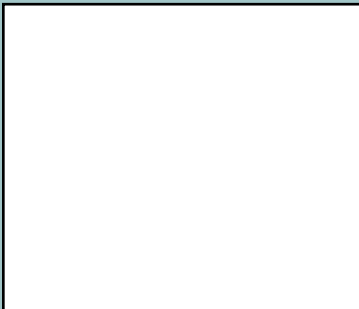
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TRIP POLICY:

A \$75.00 deposit for our Multi-Day Trips must be paid at the time of sign-up or you may pay the full amount at that time. We would appreciate it if you would pay by check as it makes bookkeeping easier. Please remember to book your trip as soon as you decide to go. All trips have to be paid 1 to 1&1/2 months before trip date unless otherwise stated. This will cause less cancelling of trips for not enough interest. We recommend that you take out insurance at the time of deposit for full coverage on longer trips. If we cancel a trip or the tour company cancels, you will receive a refund. There will be no refunds from us once we have paid the travel company its first payment when the trip is a go. We will be glad to arrange monthly payments for you. So, come on and travel with us.

RIDING THE RAILS WEST VIRGINIA

September 27-29, 2022

\$565.00 per person double occupancy

\$75.00 due at time of sign up

Price includes 2 nights lodging, 2 Breakfasts, 1 lunch and 2 Dinners including an evening of entertainment. Also included is the Cass Scenic Railroad, Seneca Caverns, Blackwater Falls State Park, a souvenir gift, luggage handling, taxes and meal gratuities and motor coach transportation.

Cancellation insurance is available.



SAVANNAH, JEKYL ISLAND AND BEAUFORT, SC

October 17-22, 2022

\$645.00 per person double occupancy

\$862.00 per person for a single

\$75.00 per person due at sign up

Price includes 5 nights lodging including 3 consecutive nights in the Savannah area. 8 Meals are included— 5 breakfasts and 3 dinners. A guided trolley tour of Savannah, guided tour of Beaufort, a visit to Parris Island, evening show at the Savannah Theater, Guided tour of St. Simons Island and a guided tram tour Jekyll Island. Come on in the get your brochure.



WILDWOOD, NJ

September 11-15, 2022

\$581.00 per person double occupancy

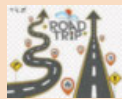
\$721.00 per person for a single

\$75.00 per person due at sign up

Price includes 4 nights lodging at Montego Bay Resort 4 Breakfasts at hotel, 4 dinners at local restaurants, Ice Cream social, Flag Ceremony at Sunset Beach, Trip to Atlantic City, a visit to Cape May and Smithville, 2 nights of spectacular entertainment and much more.



TRAVEL WITH US! IT'S FUN!



BAND AND CHOIR

The Impossible Band

The bands last gig before Covid 19 closed us down for 18 months was our centers Christmas Sing-a-long with the Sunshine Singers in December 2019. We resumed practice in July of 2021 and while some of our members are no longer with us, we also have some new members in the band whose first gig will be the Senior Center's Christmas Sing-a-long on Wednesday 15 December 2021.

I will be accepting two bookings for each month starting in January 2022 and going through December 2022. I feel that we have lost enough practice and entertaining sessions, and am not taking a winter break, but expect cancellations when bad driving conditions and or other hazardous conditions exist.

Our practice schedule for January and February 2022 is as follows: J

January 5, 12, 19 & 26 ,February 2, 9, 16 & 23, 2022.
Practices are on Wednesday mornings from 10:00 to 11:00 at the center.

Visitors are welcome.



DO YOU PLAY AN INSTRUMENT?

The Impossible's Band is the Upper Bucks Senior Activity Center Band and they are looking for new members. They practice on Wednesday morning at 10:00 a.m.

DON'T PLAY AN INSTRUMENT?

They are looking for an Audio Tech and helpers to set up the sign, chairs to set up, power cords to run and many other non-musical and non-technical jobs to be filled.



The Sunshine Singers (Our mixed chorus)


The center partially opened as planned after Labor Day, and we planned to start the chorus up again on Wednesday 8 September 2021, but delayed it a week due to Susan Besse's sudden resignation. And Sara Kelly's returning as interim manager.

Richard A Nice was our new accompanist, but had been a member of our chorus for several years while Martha Fisher was director/ accompanist for almost two decades. Martha resigned citing health reasons. As chair of the music committee, I am directing both the band and now the chorus, until we get a new director. Richard had diabetes and heart problems and died, leaving us without an accompanist as well as a director.

Some former chorus members are not vaccinated and not coming out because of the pandemic. Other are not coming out because the chorus has no scheduled singing engagements. Would you book engagements without knowing that you will have a chorus to sing for them? We have a couple of people waiting to join. I will resume rehearsals as soon as I can expect to have at least four of us.



JANUARY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	-	-	-	-	- 1 -
- 3 - CLOSED	- 4 - Knitting 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	- 5 -	- 6 - Bingo 12:15	- 7 - CLOSED	- 8 -
- 10 - CLOSED	- 11 - Knitting 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	- 12 -	- 13 - Bingo 12:15	- 14 - CLOSED	- 15 -
- 17 - CLOSED 	- 18 - Knitting 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	- 19 -	- 20 - Bingo 12:15	- 21 - CLOSED	- 22 -
- 23 - CLOSED	- 24 - Knitting 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	- 25 -	- 26 - Bingo 12:15	- 27 -	- 28 -

FEBRUARY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	-1- Knitting 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	-2-	-3- Bingo 12:15	-4- CLOSED	-5-
-7- CLOSED	-8- Knitting 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	-9-	-10- Bingo 12:15	-11- CLOSED	-12-
-14- CLOSED 	-15- Knitting 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	-16-	-17- Bingo 12:15	-18- CLOSED	-19-
-21- CLOSED 	-22- Knitting 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	-23-	-24- Bingo 12:15	-25- CLOSED	-26-
-28 CLOSED					

Report of the President

We expected 2020 to be a bad year with most of our activities closed due to the pandemic. "Cheer up" we said. Things are never so bad that they could not be worse. So we cheered up and welcomed on 2021. Most activities were still closed for the first eight months of 2021. A high temperature reading was the best field test available before any vaccines were approved. We purchased several hand held no contact thermometers plus a stand in front of model and a lot of sanitizing supplies including a wheeled model for whole room disinfecting, in preparation for reopening, that was not allowed. Finally, on the day after Labor Day, we were allowed to reopen for a three day week, which grew to five, then went back to three. Attendance is low following our eight month closure. As I write this article, we have "Meals on Wheels" on Monday, other activities on Tuesday, Wednesday and Thursday and are closed on Friday and the weekend.

To add to our problems, our Manager, Susan Besse, resigned with only three days notice in September. John A. Greer III was able to get our former Manager, Sara Kelly to return as Interim Manager and her husband Jim Kelly came on as Kitchen Manager. The Board has stayed on thru all the closures and I am hoping that we will resume monthly Membership Meetings early in 2022. A Nominating Committee will Be appointed and Elections held to take office at the start of our Fiscal year, July 1, 2022. All who want to serve on the Nominating Committee , or in any office, let me know (in writing, please) in person or at the desk.

As 2021 comes to a close, things are moving in the right direction. If you have visited the center
Continue on next column

regularly, you'll notice a lot less clutter, especially in our kitchen. We held the Moosetrak Trip, held a couple of Flea Markets and were able to pay the Fire Company the back rent that we owed them in early December. Our current managers are easier to work with and our volunteers are more willing to help with the centers needs. We still have several activities to bring back active as always, and will look for additional activities for our center. Help us make this a year to remember for good reasons.

Your President,

Robert E. Beck



Fun times at the Christmas Party!
December 8, 2021




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F-Y-I

If you are a member and need additional income, this program may be helpful!

The Senior Community Service and Employment Program serves persons who are low income and age 55 years of age or older by placing them in part-time community service positions where they can gain skills and work experience to transition to employment.

The program has 3 main goals:

- Upgrade Job skills to help participants obtain job Placement
- Help the participants get involved in his/her community
- Provide participants with added income during training

Please do not hesitate to reach out to Sara at the Upper Bucks Senior Activity Center or use the contact info below if you would like more information about this program.

Linda Kahlert, T&E SCSEP
Pathstone Corporation
1200 Veterans Highway Suite C-13
Bristol, Pa
Office 215-826-0150
E-Mail- lkahlert@pathstone.org

Hello fellow senior center members.

As you know, it was a very difficult time over the last year and a half. We have a long way to go to make up for lost income at the center. Our outstanding debt is being reduced now that we are partially open and have new management. As you are hopefully aware, we do rely heavily on donations and grant monies we receive as they help defray the operating expenses at the center. The executive board and myself would like to put out a "BIG" thank you to all who have helped us with this endeavor. We would also like to especially thank the Knights of Columbus for their "EXTREMELY GENEROUS" donation this past month. A large portion of our debt in arrears will be taken care of thanks to your generosity. If we could entice a large portion of our membership to make a donation, no matter how small, \$5, \$10 dollars or more, with the membership numbers we have on the books, that would put us so much closer to being even with our debt. Please consider putting the Senior Activity Center on your gift list this year so we can continue to be there for all of you. A huge thank you from the executive board and we hope your holiday season was joyful!

Thank you,

Tom Neilson,
2nd Vice President



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Happy New Year to all of you, hoping everyone is well and anxious to get back to starting the new year off right. Being able to be with our family and friends and coming back to our Senior Center and joining the fun and friendship we have all missed. We must all get more involved with the functions and classes that are available, to help our center survive. Also the last 3 parties Oct., Nov. and Dec. were very successful, well attended and everyone had a good time, but we need more volunteers to help keep the parties active.

We are planning on future events, fundraisers, parties and activities but we will need more volunteers to help make them successful. If you have any new ideas about other functions you might be interested in, please contact Sara. Every member benefits from all the functions we have to offer, but we all need to work together to help keep our senior center stay open! It takes team work!!

The Covid has changed all our lives in some way and we had opened our center in fall and followed the guidelines, but unfortunately had to close down again due to the Outbreak. We must all follow guidelines to stay healthy.

Thank you to all who always help with all the activities and functions to keep our center open. Hoping to see everyone back at at our center soon! Join in the fun and friendship and help make our center get stronger and better to help keep us ALIVE! Everyone needs to work together, have fun and laugh!!

Hope to see all of you back at our senior Center very soon!

Lorraine Fox

SURGERY NOTES



One of our patients wasn't taking any chances. Prior to her operation, she taped notes to her body for the surgeon....

"Take your time"
"Don't cut yourself"
"No need to rush"
"Wash your hands"

After surgery, as I helped the patient back into her bed, we discovered a new note taped to her, this one from the doctor,

"Has anyone seen my wristwatch?"

LEGACY DONATIONS

Please consider a gift to the Upper Bucks Senior Activity Center. It can be as simple as "I give the sum of \$____ Or ____% of the residual of my estate to the Upper Bucks Senior Activity Center, a non-profit corporation on aging, located in Milford Square, Pa, for general charitable purposes.

You can also name the Upper Bucks Senior Activity Center as the beneficiary of an Insurance or Retirement Account. A little planning today can make a big difference for the future.

If you are of a generous mind and have the idea to make such an offering, please contact Sara Kelly, Manager, at 215-536-3066.

PUBLIC NOTICE

In case you find mistakes in this paper, please consider they were put there for a purpose. We publish something for everyone and folks are always looking for mistakes.

UPPER BUCKS ACTIVITY CENTER RENTAL

Upper Bucks Activity Center *HALL RENTAL* Accommodations

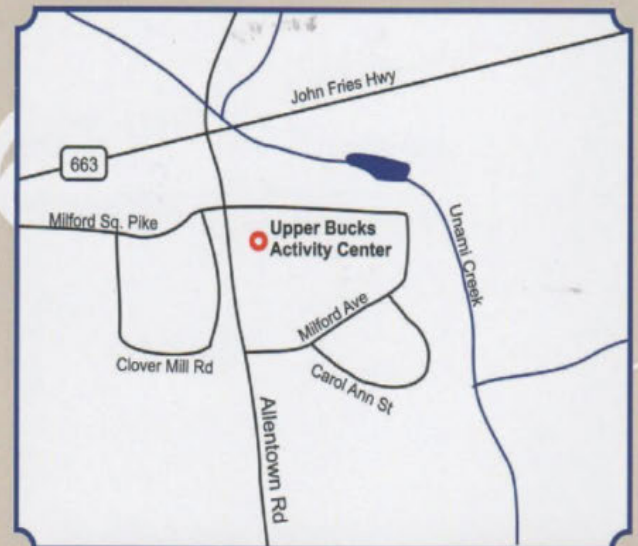


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Our banquet hall accommodations are available for any gathering you can imagine at an affordable price. We are one of the few venues in the Quakertown area that permits outside catering in an effort to keep your costs at a minimum. Tables and chairs included free as well. The hall will seat 160 guests for dining and has a maximum capacity of 200 people for an auditorium type setting. The hall features one bar, a dance area, a kitchen for catered food and on-site parking.

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- ❖ Auctions
- ❖ Baby Showers
- ❖ Bar and Bat Mitzvahs
- ❖ Sweet Sixteens
- ❖ Dances & Mixers
- ❖ Concerts
- ❖ Church Meetings
- ❖ Funeral Gatherings
- ❖ Fund Raisers
- ❖ Other Gatherings



CONTACT INFORMATION:

215-536-3066

upbucksr@yahoo.com

Milford Township Fire Hall

2183 Milford Square Pike

P.O. Box 46

Quakertown, PA 18951

CENTER INFORMATION

IMPORTANT NUMBERS

Social Security (National) 1-800-772-1213
7AM-7PM Monday-Friday
Social Security (Allentown) 877-405-6748
Area Agency on Aging 267-880-5700
8:30 AM-4:30 PM Monday-Friday
Bucks County Transport 215-536-2522
1-888-795-0740
RSVP 215-340-1210
BCARSC-John Greer 111 215-355-4766
Bucks County Info. Line 215-529-7250
Property Tax & Rent Rebate 1-888-222-9190 or
www.revenue.state.pa.us
To check status of claim: 1-888-728-2937
Craig Staats, Pa Rep. 215- 536-1434
Bob Mensch, Pa. Senator. 215-541-2388
Pa Dept. of Aging 1-800-783-7607
Bucks County Health Dept. 215-529-7000

THRIFT SHOP NEWS

Enjoy our Thrift Shop to shop and donate when you are able. Barb and Gloria have made such a professional presentation in our Thrift Shop that our shelves are getting full again.. Our Center now needs a few things still. We need small appliances and household goods of all kinds. Please see what you have. Come by and take a peek, or donate or both. The income from our Thrift Shop is now a very strong source of support for our operating fund. Please, make sure the items you donate are items that you would resell. Please do not donate items that are opened, used and dirty.

Public Welcome
Tues.-Wed. 9am-1pm
Thurs. 9am-3pm



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WHAT WE DO



THE IMPORTANCE OF WHAT WE DO

Being Part Of Our Community

1. We are still a collection site for the Food Pantry. At this time, pasta and sauces are needed. Please buy a second something on sale and drop it off here. They also need canned and packaged goods that won't spoil.
 2. Eyeglasses are still being collected and given to the Lion's Club.
 3. Tabs from pop top cans (soda, tuna, cat food, etc.) are being collected for the Ronald McDonald House, which shelters families of children who are seriously ill or injured. We give them to the Women's Club who takes them to a McDonald's repository.
 4. Both our choral group "The Sunshine Singers" and our band "The Impossibles" go to different nursing homes and assisted living facilities to entertain those residents every month.
 5. Please bring in any post-marked stamps to the front desk. We collect cancelled stamps, and they are given to the Blind Association.
 6. The V.A. Clinic in Allentown has a little coffee room available to patients while they wait for their appointments. They need sugar, tea bags, artificial sweeteners and stirrers.
 7. We are now recycling our used papers and newspapers at our Center. The Milford Volunteer Fire Dept. has a dumpster in our parking lot. Please feel free to use it.
 8. We are collecting pennies for Cancer Research. Please bring your pennies and loose change in to help.
 9. We are sending gift boxes to our Troops in Iraq and Afghanistan. We need more donations to fill our boxes.
 10. We help support Quakertown's Fourth Of July Fireworks Display with our Bingo-In-The-Park and selling Pulled Pork Sandwiches at these 2 fundraising booths.
 11. Our Volunteers distribute our newsletter throughout the Upper Bucks Area.
- Find Out What's Going On In Your Community . . . And Then Get Involved !

MISSION STATEMENT

Development of our Mission Statement: The core principles that guide us are compassion, volunteerism, fellowship and action. We exist to provide services and support, using fundraising to support our programs. We provide Information and Resources and activities in such areas as Entertainment, Education, Nutrition, Health and Travel. Our customers are adults 55+ in the broad community of Upper Bucks County, as well as community business and groups that support our goals. We also provide a clean, safe and healthy environment for all to enjoy. "This project is funded, in part, under a contract with the Pennsylvania Department of Aging and the County of Bucks."

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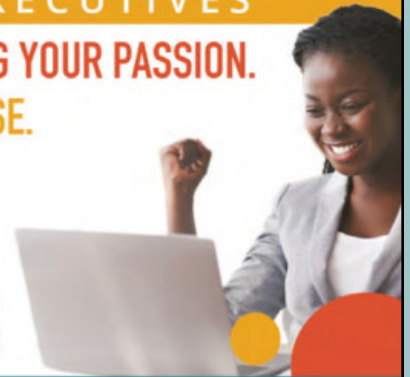


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Just a few facts about January

- January is the 1st month of the year.
- January is known to be the coldest month in the Northern Hemisphere and the warmest in the Southern Hemisphere.
- Flower: Carnation
- Birthstone: Garnet

Zodiac signs: December 22 – January 19
Capricorn and January 20 to February 18
Aquarius.

The month of January is named after Janus, the Roman god that has two heads, one to look backward and one to look forward towards the New Year.

The first New Year's ball drop in New York City started in 1908.

New Year's Day - January 1st

Birthday of Martin Luther King, Jr. ...



February facts

February is National Hot Breakfast Month!

Valentine's Day was first celebrated around the year 500.

The word February comes from a Latin word meaning "purification."

February's birth flower is the violet.

The birthstone for this month is the amethyst

February is the most misspelled of all the months.

On February 10th, 1962, Astronaut John Glen Jr. became the first American to orbit the earth.

Groundhog Day: February 2nd

Valentine's Day: February 14th

Mardi Gras: February 25th

Happy Valentines Day!



HAPPY BIRTHDAY



To all who have birthdays in
January and February

