

THE UPPER BUCKS

ACTIVITY CENTER



MARCH & APRIL 2022



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CHICKEN VEGETABLE
HAM AND BEAN
\$7.50 Per Quart

Orders in by March 25th
Pick up April 7th
9am-3pm



FUNDRAISER MAY 27, 2022

Upper Bucks Senior Activity Center
"ELVIS" in CONCERT TRIBUTE featuring "JEFF KRICK"

Doors open at 6:30 PM
Show Time 7:00 PM

Tickets \$25.00 which includes light snacks, soda, water and coffee. For Tickets and information call Sara at 215-536-3066. Hope to see you there at this GREAT FUNDRAISER EVENT!

CENTER INFORMATION

Milford Township Fire Hall
2183 Milford Square Pike
Mailing Address: P.O. Box 182
Milford Square, PA 18935

E mail: upbucksr@yahoo.com
Phone: 215-536-3066
Fax: 215-536-7881
www.upperbucksac.org

Monday & Friday Closed
Tues-Wed 9am-1pm
Thurs 9am-3pm

Lunch is served only on Thursday promptly at 11:30. Please be sure to sign up at least one week in advance.

OUR EXECUTIVE BOARD FOR 2021

Robert Beck.....President

Barbara Preston....Member at Large

Lorraine Fox.....First Vice President

Rati MadhooMember at Large .

Tom Neilson.....2nd Vice President

George Bruneio.....Past President

Mahish (Max) Amin.....Secretary

Manager Sara Kelly

John Heister.....Treasurer

Assistant Manager Jim Kelly

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MARCH

APRIL

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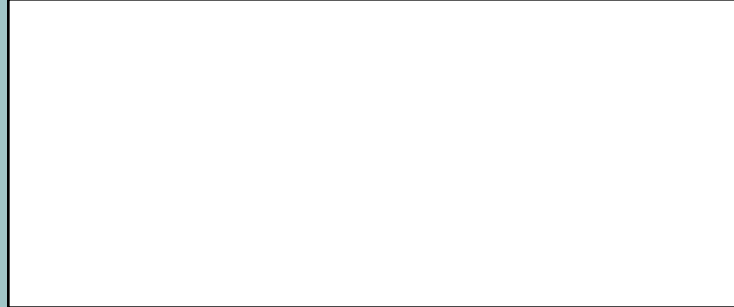


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TAKE A TRIP WITH US



SIGHT AND SOUND
Wednesday APRIL 13, 2022
DAVID
\$105.00 PER PERSON



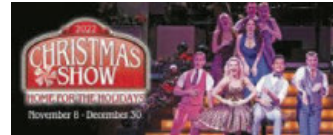
Package includes the performance of "David" at Sight and Sound and motor coach transportation.

Dinner is on your own.

Will depart from parking lot near Starbucks.

Departure time is 11:45. Return at 10:10

CHRISTMAS SHOW
Wednesday December 7, 2022
\$169.00 per person



Enjoy the world-class entertainment and sentimental tributes to the true meaning of Christmas at the American Music Theater's Christmas Show. Your package includes a Smorgasbord Lunch, the Christmas Show, Shopping as time allows, taxes and meal gratuities and motorcoach transportation.

Will depart from the center at 2183 Milford Square Pike. Departure time will be announced.

RIVER LADY
Tuesday June 7th, 2022



The River Lady is an 85' authentic reproduction of a paddle wheel riverboat. The River Lady splendidly captures the ambiance of a 19th century Mississippi Paddleboat. The tables are arranged so passengers can enjoy the view while dining on it. The River Lady cruises the Toms River and Barnegat Bay of Toms River, New Jersey. \$105.00 per person
Depart Senior Center at 8:00 am
Arrive back 6:00 pm



ACTIVITIES

KNITTING & CROCHETING

TUESDAYS 9:00AM

Bring your own projects or learn new ones!

COMPUTER CLASS

Tuesdays 9:30am

Bring your laptop, smartphone, or tablet for some basic help using the internet, word processing, or phone apps.

\$3 members, \$5 non-members

LINE DANCING

Tuesdays 10:00am –11am

Join Tom (instructor) for a fabulous hour of exercise and fun with the greatest hits to get your dance on! It's tons of fun!

\$3 members \$5 non-members

BALLROOM DANCING

Tuesdays 11:00am-12:00pm

Come on out and Tom will teach you Some of his dance moves!

\$3 members, \$5 non-members

CARDS & GAMES

Tuesdays 12:00-3:00pm

Will return at a later date.

We play cards, games, all are welcome!

\$1 members, \$2 non-members

BAND PRACTICE

Will return at a later date.

Wednesdays 10am-11am

CHAIR YOGA

Will return at a later date.

Wednesdays 12:30-1:30pm

Except the 2nd Wednesday of the month. It is our Party day!

\$3 member \$5 non-member

CHORUS PRACTICE

Will return at a later date.

Wednesdays 1:30-2:30pm

Except the 2nd Wednesday of the month. It is our Party day!

\$3 members \$5 non-member

BINGO

Thursdays 12:15pm-3:00pm

Come out and enjoy a fun afternoon of Bingo! \$50 Jackpot the first Thursday of the month! Call for details.

ART CLASS

Temporarily being held at Haycock Township Community Center. 1014 Old Bethlehem Rd.

Fridays 9:30-11:30am

Come and let your inner artist play! Join Linda, a volunteer retired art teacher and work in watercolors, acrylics or pastels. Bring your own supplies-canvas, paints, brushes or purchase at cost from Linda.

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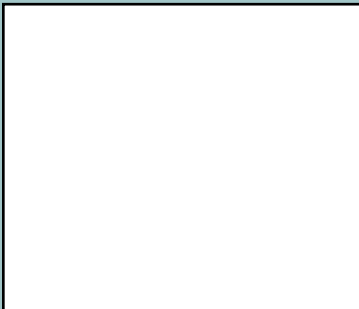
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TRIP POLICY:

A \$75.00 deposit for our Multi-Day Trips must be paid at the time of sign-up or you may pay the full amount at that time. We would appreciate it if you would pay by check as it makes bookkeeping easier. Please remember to book your trip as soon as you decide to go. All trips have to be paid 1 to 1&1/2 months before trip date unless otherwise stated. This will cause less cancelling of trips for not enough interest. We recommend that you take out insurance at the time of deposit for full coverage on longer trips. If we cancel a trip or the tour company cancels, you will receive a refund. There will be no refunds from us once we have paid the travel company its first payment when the trip is a go. We will be glad to arrange monthly payments for you. So, come on and travel with us.

RIDING THE RAILS WEST VIRGINIA

September 27-29, 2022

\$565.00 per person double occupancy

\$744.00 per person single occupancy

\$75.00 due at time of sign up

Price includes 2 nights lodging, 2 Breakfasts, 1 lunch and 2 Dinners including an evening of entertainment. Also included is the Cass Scenic Railroad, Seneca Caverns, Blackwater Falls State Park, a souvenir gift, luggage handling, taxes and meal gratuities and motor coach transportation.

Cancellation insurance is available.



SAVANNAH, JEKYL ISLAND AND BEAUFORT, SC

October 17-22, 2022

\$645.00 per person double occupancy

\$862.00 per person for a single occupancy

\$75.00 per person due at sign up

Price includes 5 nights lodging including 3 consecutive nights in the Savannah area. 8 Meals are included— 5 breakfasts and 3 dinners. A guided trolley tour of Savannah, guided tour of Beaufort, a visit to Parris Island, evening show at the Savannah Theater, Guided tour of St. Simons Island and a guided tram tour Jekyll Island. Come on in the get your brochure.



WILDWOOD, NJ

September 11-15, 2022

\$581.00 per person double occupancy

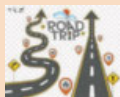
\$721.00 per person for a single

\$75.00 per person due at sign up

Price includes 4 nights lodging at Montego Bay Resort 4 Breakfasts at hotel, 4 dinners at local restaurants, Ice Cream social, Flag Ceremony at Sunset Beach, Trip to Atlantic City, a visit to Cape May and Smithville, 2 nights of spectacular entertainment and much more.



TRAVEL WITH US! IT'S FUN!



BAND AND CHOIR

YOUR BAND – OUR “IMPOSSIBLES BAND”

We had a false restart. The band restarted practicing in July 2021 after 18 months of closure for COVID-19. Many other center activities resumed after Labor Day. Things seemed to be looking up. Then on Wednesday 8 December 2021 we held a well attended, and enjoyable, Christmas Party with about 60 people attending. Within the next week at least 5 people came down with the virus and the Christmas Sing-A-Long scheduled for the next Wednesday got cancelled, as did our band’s weekly practice. We are still not allowed to practice. We have two vocalists and social distancing increases from six, to sixteen, feet, and the brass and woodwind instruments are not easy to mask, and are impossible to play with a mask on.

The band is anxious to resume practicing, and will be ready to play for the public within a month after that. Yes! We’re anxious to

“Say It With Music”.

Respectfully Submitted,

Robert E. Beck, Chairman
UBSAC Music Committee



DO YOU PLAY AN INSTRUMENT?

The Impossibles’ Band is the Upper Bucks Senior Activity Center Band and they are looking for new members. They practice on Wednesday morning at 10:00 a.m.

DON’T PLAY AN INSTRUMENT?

They are looking for an Audio Tech and helpers to set up the sign, chairs to set up, power cords to run and many other non-musical and non-technical jobs to be filled.



YOUR CHORUS – OUR “SUNSHINE SINGERS”

I am anxious to reactivate our center’s chorus. There are several bridges that we have to rebuild to make that happen. First of all we need a director. Martha Fisher, our former director/accompanist for almost two decades, resigned for health reasons. I will try to reactivate and direct the chorus until we get a volunteer. Richard A. Nice took over as accompanist until he died in December 2021. We need a keyboard player to accompany our singers to replace Richard, and take us over bridge two.

You can’t have a chorus without singers. A few of our previous singers will be back and there are a few new members that are waiting to join. Unfortunately the grim reaper claimed Iva Worthington, Dale Shaw, Betty Phelps, Edith Sigmans, and Richard Nice, to name some recent members that are no longer with us. We need volunteers to sing with us to cross third, and final, bridge, after we are allowed back without the handicap of wearing a mask.


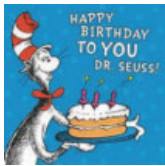


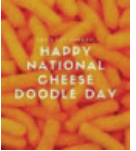














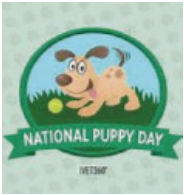







I’ve a song in my heart. Help me let it out so that everyone can join in. Let’s spread some of that sunshine!

Respectfully Submitted,







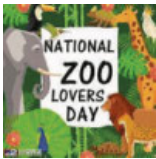









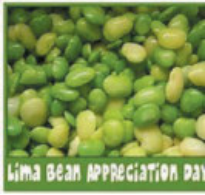









Robert E. Beck, Chairman
UBSAC Music Committee



MARCH CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	-1-	-2-	-3-	-4-	-5-
			Bingo 12:15 		
-7-	-8-	-9-	-10-	-11-	-12-
CLOSED 	Knitting 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00 	St. Patricks Day Party 	Bingo 12:15 	CLOSED 	
-14-	-15-	-16-	-17-	-18-	-19-
CLOSED 	Knitting 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00 		Bingo 12:15 	CLOSED 	
-21-	-22-	-23-	-24-	-25-	-26-
CLOSED 	Knitting 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00 		Bingo 12:15 	CLOSED 	
-28-	-29-	-30-	-31-		
CLOSED 	Knitting 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00 		Bingo 12:15 	CLOSED	

APRIL CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				-1- CLOSED 	-2- 
-4- CLOSED 	-5- Knitting 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00 	-6- 	-7- Bingo 12:15 	-8- CLOSED 	-9- 
-11- CLOSED 	-12- Knitting 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00 	-13- Easter Party 	-14- Bingo 12:15 	-15- CLOSED 	-16- 
-18- CLOSED 	-19- Knitting 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00 	-20- 	-21- Bingo 12:15 	-22- CLOSED 	-23- 
-25- CLOSED 	-26- Knitting 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00 	-27- 	-28- Bingo 12:15 	-29- CLOSED 	-30- 

Presidents report for March and April

We've made it to March. Yes, we are open in spite of the motion to close for the month of February made at the January Membership Meeting. That action was appealed shortly after the meeting.

We would not save money, nor keep people from contracting the virus, by closing for a month. We have contracts with the Fire Company and rent and utilities would continue, even though we would be closed. We would lose small amounts of income from activities like Bingo, and the Thrift Shop, and to stop the trips would require returning moneys already paid, not to mention trying to get people back.

At the Membership meeting to be held on Tuesday 22 February 2022 at 12:30. I will ask for a motion to repeal the motion to close. Please discuss this with Sara, Jim, and John, the treasurer, John Hiester and come prepared to give your informed opinions.

To close for a month might mean that we would have to close permanently, and nobody wants that.

I will be looking for people to fill positions on some committees. I hope that you agree to serve, if appointed. I especially want to get an active committee to do the newsletter, to free the manager for other things.

Respectfully Submitted,
Robert E. Beck, President



1st Vice Presidents Report for March and April

Hello Everyone;

Hope you're getting ready for Spring and getting back to living a more normal life, and everyone is in good spirits and healthy. The COVID VIRUS has put all of us in different confusing situations and now ready to get out and socialize and now be with our friends at our center. We are organizing more fund raiser events to help bring in funding for our monthly expenses.

Our Homemade Soup Fundraiser, will be held up to Friday March 28, at which time all orders have to be in and paid for, \$7.50 (cash only) per quart. We are offering Ham and Bean or Chicken Vegetable soup which has to be picked up Thursday April 7, (9 AM – 3 PM).

Our second fundraiser will feature the "ELVIS CONCERT TRIBUTE" featuring "JEFF KRICK: , on Friday May 27 . Doors open 6:30 PM and Show starts at 7:00 PM to 9:00 PM. Cost is \$25.00 a person and includes Light Snacks.

Don't forget to participate in our classes and different functions that are being offered at our Senior Center. We always appreciate volunteers to help at our parties and fundraisers and organize events. We all have to work together to make our Center grow and stay open. Join in the friendship we have built through the years, laugh and have fun and dance!

Hope to see all of you back soon at our Senior Center and join in the activities. Happy Memories are Priceless!

Lorraine Fox




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F-Y-I

If you are a member and need additional income, this program may be helpful!

The Senior Community Service and Employment Program serves persons who are low income and age 55 years of age or older by placing them in part-time community service positions where they can gain skills and work experience to transition to employment.

The program has 3 main goals:

- Upgrade Job skills to help participants obtain job Placement
- Help the participants get involved in his/her community
- Provide participants with added income during training

Please do not hesitate to reach out to Sara at the Upper Bucks Senior Activity Center or use the contact info below if you would like more information about this program.

Linda Kahlert, T&E SCSEP
Pathstone Corporation
1200 Veterans Highway Suite C-13
Bristol, Pa
Office 215-826-0150
E-Mail- lkahlert@pathstone.org

LEGACY DONATIONS

Please consider a gift to the Upper Bucks Senior Activity Center. It can be as simple as "I give the sum of \$____ Or ____% of the residual of my estate to the Upper Bucks Senior Activity Center, a non-profit corporation on aging, located in Milford Square, Pa, for general charitable purposes.

You can also name the Upper Bucks Senior Activity Center as the beneficiary of an Insurance or Retirement Account. A little planning today can make a big difference for the future.

If you are of a generous mind and have the idea to make such an offering, please contact Sara Kelly, Manager, at 215-536-3066.

Words from the Heart: (Our Senior Center Poem)

Come join us here at the Senior Center,
Walk through the door and happily enter,
Bring love in your heart and a smile on your face,
That's all you will need at this wonderful place.
Two Dollars for lunch and oh what a meal,
The crew does the cooking with so much joy and zeal,
Our volunteers here are the very best,
In all of the North, East, South and West.
We have programs here that none can compare,
We have hugs and kisses we love to share.
You will see for yourself that it's true what we speak,
When you gather with us five days a week.

SUPPORT OUR ADVERTISERS!



Heating Assistance Program

Residents who struggle with their home heating bills can apply for assistance from the Low-Income Home Energy Assistance Program (LIHEAP). LIHEAP is a federally funded program that helps individuals and families pay their heating bills through home heating energy assistance grants. It also provides crisis grants to help in the event of an emergency or if a resident is in danger of losing his or her heat due to broken equipment, lack of fuel or termination of utility service. The income eligibility guidelines for LIHEAP are set at 150% of the federal poverty income level. For example, the income limit for an individual is \$19,140; for a couple, the limit is \$25,860; and for a family of four, it is \$39,300. Residents may apply for LIHEAP online or by contacting the Bucks County Assistance Office. You may also call the Statewide LIHEAP Hotline at 1-866-857-7095 or call PA Relay at 711 for the hearing impaired.

Don't let someone else's opinion of you become your reality. Every day is another chance to make someone happy. It is important to make someone happy, start with yourself. A beautiful person always sees the beauty in others. You were born to be real, not perfect. Take a deep breath and just enjoy your life. Happy are they who take life day by day, complain very little, and are thankful for the little things in life. The simple things are also the most extraordinary things, only the truly wise can see them. Life is a series of thousands of tiny miracles. The secret of being happy is accepting where you are in life and making the most of every day. Instead of worrying about what you can't control, Shift your energy to what you can create. The secret to being happy is accepting where you are in life, and making the most of everyday.

MEMBERSHIP MEETINGS



Tuesday March 29– 1:00 Pm
Tuesday April 26– 1:00 Pm

Come on out!

VOLUNTEERS NEEDED

Volunteers are the work force of our Center. In order to have events, as well as our activities and classes, volunteers are needed. Each volunteer is valuable to our activities and programs. Regardless of the program or activity, volunteers are the unsung heroes that make these activities and fund raisers successful. Without their help, our Center might just be a great building with not much going on inside.

We always welcome new volunteers, and there are many different volunteer opportunities. These include:

- Parties
- Front desk receptionist
- Fundraising
- Newsletter production
- Start and host a club of your own based on your special skills or interests



UPPER BUCKS ACTIVITY CENTER RENTAL

Upper Bucks Activity Center *HALL RENTAL* Accommodations

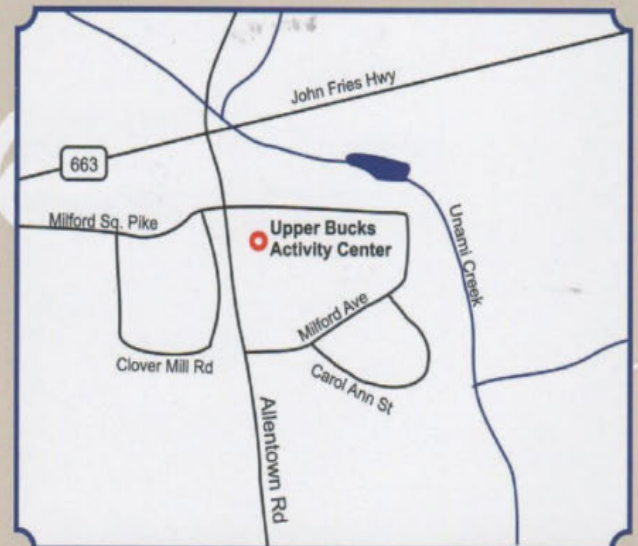


Member of the
Upper Bucks
Chamber of Commerce

Our banquet hall accommodations are available for any gathering you can imagine at an affordable price. We are one of the few venues in the Quakertown area that permits outside catering in an effort to keep your costs at a minimum. Tables and chairs included free as well. The hall will seat 160 guests for dining and has a maximum capacity of 200 people for an auditorium type setting. The hall features one bar, a dance area, a kitchen for catered food and on-site parking.

It is a perfect location for...

- ❖ Corporate Training
- ❖ Seminars / Promos
- ❖ Trade Shows
- ❖ Cultural Groups
- ❖ Meeting Place
- ❖ Private Parties
- ❖ Weddings
- ❖ Retirements
- ❖ Auctions
- ❖ Baby Showers
- ❖ Bar and Bat Mitzvahs
- ❖ Sweet Sixteens
- ❖ Dances & Mixers
- ❖ Concerts
- ❖ Church Meetings
- ❖ Funeral Gatherings
- ❖ Fund Raisers
- ❖ Other Gatherings



CONTACT INFORMATION:

215-536-3066

upbucksr@yahoo.com

Milford Township Fire Hall

2183 Milford Square Pike

P.O. Box 46

Quakertown, PA 18951

CENTER INFORMATION

IMPORTANT NUMBERS

Social Security (National) 1-800-772-1213
7AM-7PM Monday-Friday
Social Security (Allentown) 877-405-6748
Area Agency on Aging 267-880-5700
8:30 AM-4:30 PM Monday-Friday
Bucks County Transport 215-536-2522
1-888-795-0740
RSVP 215-340-1210
BCARSC-John Greer 111 215-355-4766
Bucks County Info. Line 215-529-7250
Property Tax & Rent Rebate 1-888-222-9190 or
www.revenue.state.pa.us
To check status of claim: 1-888-728-2937
Craig Staats, Pa Rep. 215- 536-1434
Bob Mensch, Pa. Senator. 215-541-2388
Pa Dept. of Aging 1-800-783-7607
Bucks County Health Dept. 215-529-7000

THRIFT SHOP NEWS

Enjoy our Thrift Shop to shop and donate when you are able. Barb and Gloria have made such a professional presentation in our Thrift Shop that our shelves are getting full again.. Our Center now needs a few things still. We need small appliances and household goods of all kinds. Please see what you have. Come by and take a peek, or donate or both. The income from our Thrift Shop is now a very strong source of support for our operating fund. Please, make sure the items you donate are items that you would resell. Please do not donate items that are opened, used and dirty.

Public Welcome
Tues.-Wed. 9am-1pm
Thurs. 9am-3pm



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hr@bctransport.org



WHAT WE DO



THE IMPORTANCE OF WHAT WE DO

Being Part Of Our Community

1. Eyeglasses are still being collected and given to the Lion's Club.
2. Tabs from pop top cans (soda) are being collected for the Ronald McDonald House, which shelters families of children who are seriously ill or injured. We give them to the Women's Club who takes them to a McDonald's repository.
3. Both our choral group "The Sunshine Singers" and our band "The Impossibles" go to different nursing homes and assisted living facilities to entertain those residents every month.
4. Please bring in any post-marked stamps to the front desk. We collect cancelled stamps, and they are given to the Blind Association.
5. The V.A. Clinic in Allentown has a little coffee room available to patients while they wait for their appointments. They need sugar, tea bags, artificial sweeteners and stirrers.
6. We are collecting pennies for Cancer Research. Please bring your pennies and loose change in to help.
7. We are sending gift boxes to our Troops in Iraq and Afghanistan. We need more donations to fill our boxes.
8. We help support Quakertown's Fourth Of July Fireworks Display with our Bingo-In-The-Park and selling Pulled Pork Sandwiches at these 2 fundraising booths.
9. Our Volunteers distribute our newsletter throughout the Upper Bucks Area.

HOLIDAYS

We are closed

Good Friday April 15



Membership Meetings

As per our Bylaws, we are required to have monthly Membership Meetings, currently on the last Tuesday of each month, held at 1:00 pm. Our Executive Board will review pertinent Center information, and will answer your questions, and take your suggestions.

MISSION STATEMENT

Development of our Mission Statement: The core principles that guide us are compassion, volunteerism, fellowship and action. We exist to provide services and support, using fundraising to support our programs. We provide Information and Resources and activities in such areas as Entertainment, Education, Nutrition, Health and Travel. Our customers are adults 55+ in the broad community of Upper Bucks County, as well as community business and groups that support our goals. We also provide a clean, safe and healthy environment for all to enjoy. "This project is funded, in part, under a contract with the Pennsylvania Department of Aging and the County of Bucks."

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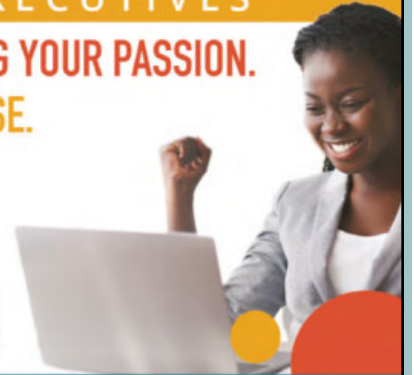


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The Upper Bucks Senior Activity Center is supported in part by the Pennsylvania Department of Aging and the Bucks County Area Agency on Aging. Services are available to all older persons, regardless of race, color, sex, religious creed, ancestry, handicap/disability or national origin. BucksCounty.org

TRANSPORTATION SERVICES

A shared ride program for senior citizens and persons with disabilities. This program is through BCT and the link to read more about these discounted transportation services can be found here: www.bctransport.org or call [215-794-8360](tel:215-794-8360) or toll-free [888-795-0740](tel:888-795-0740).



Low-cost lunches are served on Thursday only for a suggested donation of \$2.00 for ages 60 and over. Sign-ups are required one week in advance.

We deliver Home Delivered Meals to people who qualify. Please call the Bucks County Area Agency on Aging for more information at (267) 880-5700.

I want to thank John Hiester, Jim Husted and Rich Sadler for delivering these meals to Homebound Seniors.



SPECIAL EVENTS



MARCH 9
ST. PATRICKS DAY PARTY
11:30 AM
\$14.00 PER PERSON
INCLUDES LUNCHEON AND MUSIC



APRIL 13
EASTER PARTY
11:30 AM
\$14.00 PER PERSON
INCLUDES LUNCHEON AND MUSIC
Tickets to be purchased in advance.

WELCOME TO OUR NEW MEMBERS

For 2022

Donald Wilson
Edward Muntz
Sarah (Sally) Muntz
William Wasserman



HAPPY BIRTHDAY
To all who have birthdays in
March and April

