

THE UPPER BUCKS

ACTIVITY CENTER



MAY & JUNE 2022



**SATURDAY
JUNE 4th
8am-2pm**

**Kitchen will be open!
Tables are \$15 each**



FUNDRAISER SOLD OUT
MAY 27, 2022

Upper Bucks Senior Activity Center
"ELVIS" in CONCERT TRIBUTE featuring "JEFF KRICK"
Doors open at 6:30 PM
Show Time 7:00 PM

Tickets \$25.00 which includes light snacks, soda, water and coffee. For Tickets and information call Sara at 215-536-3066.
Hope to see you there at this GREAT FUNDRAISER EVENT!
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- | | |
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WHAT'S INSIDE

- | | |
|-----------------------|-------------------------------|
| 03 Day Trips | 09 Presidents Report |
| 04 Activities | 09 1st Vice Presidents Report |
| 05 Multi-day Trips | 12 Rental Information |
| 06 Band & Choir | 13 Important Numbers |
| 07 Calendar of Events | 14 What We Do |
| 08 Calendar of Events | |

CENTER INFORMATION
Milford Township Fire Hall
2183 Milford Square Pike
Mailing Address: P.O. Box 182
Milford Square, PA 18935

E mail: upbucksr@yahoo.com
Phone: 215-536-3066
Fax: 215-536-7881
www.upperbucksac.org

Monday & Friday Closed
Tues-Wed 9am-1pm
Thurs 9am-3pm

Lunch is served only on Thursday promptly at 11:30. Please be sure to sign up at least one week in advance.

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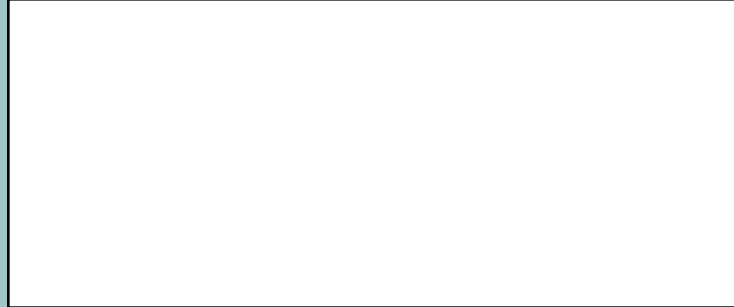


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TAKE A TRIP WITH US



RIVER LADY Tuesday June 7th, 2022



The River Lady is an 85' authentic reproduction of a paddle wheel riverboat. The River Lady splendidly captures the ambiance of a 19th century Mississippi Paddleboat. The tables are arranged so passengers can enjoy the view while dining on it. The River Lady cruises the Toms River and Barnegat Bay of Toms River, New Jersey.

\$105.00 per person

Depart Senior Center at 8:00 am

Arrive back 6:00 pm

A NIGHT WITH THE RAT PACK Wednesday October 26 \$95 per person

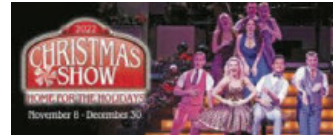


It's back to Vegas, the Sands Hotel, the wingin' 60's, when Frank, Sammy, and Dino reigned supreme. This Tribute to the Rat Pack is marvelously enacted by three veteran performers who have perfected the voices, the mannerisms, and the banter that have kept the crowds enthralled.

9:55 am Depart near Starbucks Quakertown

3:30 depart for home from Penns Peak

CHRISTMAS SHOW Wednesday December 7, 2022 \$169.00 per person



Enjoy the world-class entertainment and sentimental tributes to the true meaning of Christmas at the American Music Theater's Christmas Show. Your package includes a Smorgasbord Lunch, the Christmas Show, Shopping as time allows, taxes and meal gratuities and motor coach transportation. Will depart from the center at 2183 Milford Square Pike. Departure time will be announced.



ACTIVITIES

KNITTING & CROCHETING

Tuesdays 9:00

Bring your own projects or learn new ones!

COMPUTER CLASS

Tuesdays 9:30am

Bring your laptop, smartphone, or tablet for some basic help using the internet, word processing, or phone apps.

\$3 members, \$5 non-members

LINE DANCING

Tuesdays 10:00am –11am

Join Tom (instructor) for a fabulous hour of exercise and fun with the greatest hits to get your dance on! It's tons of fun!

\$3 members \$5 non-members

BALLROOM DANCING

Tuesdays 11:00am-12:00pm

Come on out and Tom will teach you Some of his dance moves!

\$3 members, \$5 non-members

CARDS & GAMES

TUESDAYS 9:30AM

We play cards, games, all are welcome!

\$1 members, \$2 non-members

BAND PRACTICE

Wednesdays 10am-11am

Except our Party Day!

CHAIR YOGA

Will return at a later date.

Wednesdays 12:30-1:30pm

Except the 2nd Wednesday of the month. It is our Party day!

\$3 member \$5 non-member

CHORUS PRACTICE

Will return at a later date.

Wednesdays 1:30-2:30pm

Except the 2nd Wednesday of the month. It is our Party day!

\$3 members \$5 non-member

BINGO

Thursdays 12:15pm-3:00pm

Come out and enjoy a fun afternoon of Bingo! \$50 Jackpot the first Thursday of the month! Call for details.

ART CLASS

Temporarily being held at Haycock Township Community Center. 1014 Old Bethlehem Rd.

Fridays 9:30-11:30am

Come and let your inner artist play! Join Linda, a volunteer retired art teacher and work in watercolors, acrylics or pastels. Bring your own supplies-canvas, paints, brushes or purchase at cost from Linda.

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TAKE A TRIP WITH US



TRIP POLICY:

A \$75.00 deposit for our Multi-Day Trips must be paid at the time of sign-up or you may pay the full amount at that time. We would appreciate it if you would pay by check as it makes bookkeeping easier. Please remember to book your trip as soon as you decide to go. All trips have to be paid 1 to 1&1/2 months before trip date unless otherwise stated. This will cause less cancelling of trips for not enough interest. We recommend that you take out insurance at the time of deposit for full coverage on longer trips. If we cancel a trip or the tour company cancels, you will receive a refund. There will be no refunds from us once we have paid the travel company its first payment when the trip is a go. We will be glad to arrange monthly payments for you. So, come on and travel with us.

RIDING THE RAILS WEST VIRGINIA

September 27-29, 2022

\$565.00 per person double occupancy

\$744.00 per person single occupancy

\$75.00 due at time of sign up

Price includes 2 nights lodging, 2 Breakfasts, 1 lunch and 2 Dinners including an evening of entertainment. Also included is the Cass Scenic Railroad, Seneca Caverns, Blackwater Falls State Park, a souvenir gift, luggage handling, taxes and meal gratuities and motor coach transportation.

Cancellation insurance is available.



SAVANNAH, JEKYL ISLAND AND BEAUFORT, SC

October 17-22, 2022

\$645.00 per person double occupancy

\$862.00 per person for a single occupancy

\$75.00 per person due at sign up

Price includes 5 nights lodging including 3 consecutive nights in the Savannah area. 8 Meals are included— 5 breakfasts and 3 dinners. A guided trolley tour of Savannah, guided tour of Beaufort, a visit to Parris Island, evening show at the Savannah Theater, Guided tour of St. Simons Island and a guided tram tour Jekyll Island. Come on in and get your brochure.



WILDWOOD, NJ

September 11-15, 2022

\$581.00 per person double occupancy

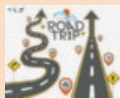
\$721.00 per person for a single

\$75.00 per person due at sign up

Price includes 4 nights lodging at Montego Bay Resort 4 Breakfasts at hotel, 4 dinners at local restaurants, Ice Cream social, Flag Ceremony at Sunset Beach, Trip to Atlantic City, a visit to Cape May and Smithville, 2 nights of spectacular entertainment and much more.



TRAVEL WITH US! IT'S FUN!



BAND AND CHOIR

YOUR BAND – OUR “IMPOSSIBLES BAND”

We had a false restart. The band resumed practicing in July 2021 after an 18 month closure. Other activities resumed after Labor Day. Things seemed to be looking up. Then on Wed. 8 Dec.2021 we held a well-attended Christmas party. Within the next week at least 5 people came down with the virus. The Christmas Sing-A-Long and most other activities were cancelled. We have restarted practicing again on Wed. 16 March 2022 and plan to start playing for others in about a month. Respectfully Submitted

by Robert E. Beck,

Chair of the Music Committee



DO YOU PLAY AN INSTRUMENT?

The Impossible's Band is the Upper Bucks Senior Activity Center Band and they are looking for new members. They practice on Wednesday morning at 10:00 a.m.

DON'T PLAY AN INSTRUMENT?

They are looking for an Audio Tech and helpers to set up the sign, chairs to set up, power cords to run and many other non-musical and non-technical jobs to be filled.



YOUR CHORUS – OUR “SUNSHINE SINGERS”

I am anxious to reactivate our chorus, but first we have three bridges that have to be rebuilt. First, we need a leader. Our leader for almost 20 years, Martha Fisher, had to resign for health problems. I am temporarily going to try to reactivate and direct the chorus until we find a volunteer for the job. Richard Nice, our accompanist, died in Dec. 2021 and we need a keyboard player to accompany our singers. The third bridge will be to get singers. Some of our previous singers will return, but we have lost several to death and illness while we were inactive. We also have some new people waiting for us to get active again.

I've a song in my heart. Help me let it out so everyone can join in.


Let's spread some of that “SUNSHINE”!

Respectfully Submitted









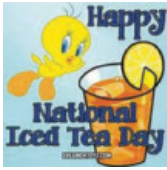
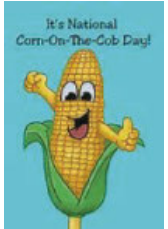




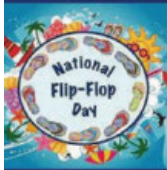
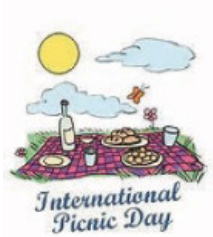
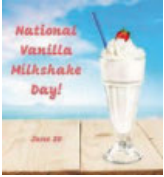







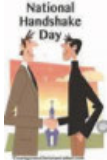
by Robert E. Beck,



MAY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>-2-</p> <p>CLOSED</p> 	<p>-3-</p> <p>Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00</p> 	<p>-4-</p> <p>Band Practice 10am</p> 	<p>-5-</p> <p>Bingo 12:15</p> 	<p>-6-</p> <p>CLOSED</p> 	<p>-7-</p> 
<p>-9-</p> <p>CLOSED</p> 	<p>-10-</p> <p>Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00</p> 	<p>-11-</p> <p>Spring Fling Party 11:30</p> 	<p>-12-</p> <p>Bingo 12:15</p> 	<p>-13-</p> <p>CLOSED</p> 	<p>-14-</p> 
<p>-16-</p> <p>CLOSED</p> 	<p>-17-</p> <p>Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00</p> 	<p>-18-</p> <p>Band Practice 10am</p> 	<p>-19-</p> <p>Bingo 12:15</p> 	<p>-20-</p> <p>CLOSED</p> 	<p>-21-</p> 
<p>-23-</p> <p>CLOSED</p> 	<p>-24-</p> <p>Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00</p> 	<p>-25-</p> <p>Band Practice 10am</p> 	<p>-26-</p> <p>Bingo 12:15</p> 	<p>-27-</p> <p>CLOSED</p> 	<p>-28-</p> 
<p>-30-</p> <p>CLOSED</p> 	<p>-31-</p> <p>Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00 Membership 1:00</p>				

JUNE CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		-1- Band Practice 10:00 	-2- Bingo 12:15 	-3- CLOSED 	-4- Flea Market 8-2 Food is available 
-6- CLOSED 	-7- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00 	-8- Welcome Summer Party 11:30 	-9- Bingo 12:15 	-10- CLOSED 	-11- 
-13- CLOSED 	-14- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00 	-15- Band Practice 10:00 Born on June 15 Smile Power Day 	-16- Bingo 12:15 	-17- CLOSED 	-18- 
-20- CLOSED 	-21- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00 	-22- Band Practice 10:00 	-23- Bingo 12:15 	-24- CLOSED 	-25- 
-27- CLOSED 	-28- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00 Membership 1:00	-29- Band Practice 10:00 	-30- Bingo 12:15 		

Presidents report for May and June

We try to conduct the business side of the Upper Bucks Senior Activity Center as the majority of our members would conduct it themselves.

During this issue you will have a chance to nominate, and elect, candidates that share your views. They will guide the center thru the coming year. Anyone that is a member can run, but first you must be nominated, agree to serve if elected, and win in the election.

All elected offices are up for election. Those offices are President, First Vice President, Second Vice President, Secretary and Treasurer. The two Members at Large and Past President are not elected. The present officers have had their terms extended due to Covid-19 closures and elections not being held.

I want to express my thanks to each and everyone for their dedication and perseverance thru these trying times, a pandemic and a change of managers. THANK YOU!

Robert Beck President

1st Vice Presidents Report for May and June

Hi Everyone,

It's that time of the year when we are looking forward to Summer time. When it's time for everyone to get back to doing fun things, socializing, meeting old and new friends and coming to our Senior Center and joining in what we have to offer. We are also in need for more volunteers to help keep our Senior Center open. It's fun to get involved with planning different events, going on great trips and attending classes and coming to our monthly parties. If you have any new ideas for new classes or

Fundraisers, please see Sara k. We're always open for new and different ideas. In March it had been very busy month getting our Soup Fundraiser together. A lot of work goes to into these functions, our same people volunteer and work together to make it a success. The soup fundraiser was very successful. We had donations from 3 grocery stores and food pantries and faithful members to make it a success.

Our next fundraiser is the "ELVIS TRIBUTE" show on May 27th and we only have several tickets left to sell, so if you are interested see Sara K, before they are all sold out. The next Fundraiser is our Flea Market June 4th, so mark your calendar. Many new things are going to be available. A big thank you to Barb and Gloria for doing an excellent job keeping the Thrift Store in top shape and also to all the people who donate all the nice items. We are also having elections for new officers to be on our Board in June. Think about volunteering your time and new ideas for our Senior Center. Everyone has to work together to make us a stronger organization. Please think about volunteering, help is needed and it's fun to work together, the key word to make us stronger, better and more successful. Looking forward to seeing you back at our Senior Center soon and join the fun, laugh and dance! Remember,
Happy Memories are Priceless!

Lorraine Fox,
1st Vice President



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Hi! I'm Beverly

I'm happy to be part of the staff for Upper Bucks Senior Activity Center. Here's a bit about me: Born and raised on a dairy farm in NW New Jersey, I learned to drive a big farm tractor at age 9. I dated my hubby in high school; Mike went into the Navy Air Reserve while I attended computer school; we married during an ice storm two days after Christmas. We have 4 children and 9 grandkids. I have had a variety of work paths from computer programming (before kids), to farm tour guide, to Big Yellow school bus driver while my kids were in school. Eventually I ended up working with the elderly with memory loses. Fifteen years of my time have been spend with these special people and their families. I was Activities director, business office manager, assistant administrator. I even became certified to lead Chair Ti Chi and certified leader of family support meetings for the Alzheimer's Assoc.

The last few years I studied to complete my Associates Degree that I started 43 years earlier. Graduating in May 2020 during the Covid Pandemic, I attended my ceremony via computer, in my family room. My family attended to watch me in my cap and gown, as I received my diploma from my sweetheart. What a year!!!

I look forward to getting to know each of you and making 2022 a great year to remember!

Hello fellow members. As you are reading this, we are well on our way to summer and the activities we all look forward to after a cold winter. Barbeques, picnics, family get-togethers and vacations. This has been a busy spring for the center. Getting back to business as usual with lunch parties, bingo and many of the classes offered for your enjoyment. The soup sale will have been over by the time this edition of the newsletter is out and we are well on our way to the Elvis Impersonator Concert as our next big fundraiser. Ticket sales for that event are moving along quite well. We are looking to get a few rentals signed up since Jim Kelly did a fantastic job of getting the hall organized and cleaned. The Thrift Store has been bringing in some revenue as well as the classes being taught. Yet, there is work to do to bring capital into our treasury. Lorraine Fox and myself were able to acquire \$140.00 in Donations from Local grocery stores to offset the cost of making the soup. That sale will result in almost 100% profit from the sale. Giant Food Store, Redners Market and Grocery Outlet were a big help to us as well as Sue W. pitching in from her pantry. Speak to anyone you know who may be in a position to offer donations to us. Please offer a heartfelt THANK YOU to these people and let them know we appreciate their generosity.

As we continue on our "REBOUND" from the past couple of years, PLEASE CONTACT Sara K. or a board member as to how you can help with getting the center back to a fun, relaxing place to spend time with friends and neighbors.

Also remember that nominations and voting for your Board Members will take place between May and June. Perhaps you would consider helping take the reins and moving the center forward.

Thank You
Tom Neilson
2nd Vice President

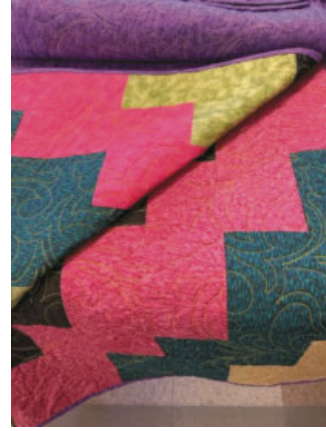
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Heating Assistance Program

Residents who struggle with their home heating bills can apply for assistance from the Low-Income Home Energy Assistance Program (LIHEAP). LIHEAP is a federally funded program that helps individuals and families pay their heating bills through home heating energy assistance grants. It also provides crisis grants to help in the event of an emergency or if a resident is in danger of losing his or her heat due to broken equipment, lack of fuel or termination of utility service. The income eligibility guidelines for LIHEAP are set at 150% of the federal poverty income level. For example, the income limit for an individual is \$19,140; for a couple, the limit is \$25,860; and for a family of four, it is \$39,300. Residents may apply for LIHEAP online or by contacting the Bucks County Assistance Office. You may also call the Statewide LIHEAP Hotline at 1-866-857-7095 or call PA Relay at 711 for the hearing impaired.

QUILT RAFFLE
\$3.00 PER TICKET
ON SALE STARTING MAY 12th
RAFFLE WILL BE DRAWN ON JULY 13th



Listen To Your Doctor



Morris, an 82 year-old man, went to the doctor to get a physical. A few days later the doctor saw Morris walking down the street with a gorgeous young woman on his arm.

A couple of days later the doctor spoke to Morris and said, "You're really doing great, aren't you?"

Morris replied, "Just doing what you said, Doc: 'Get a hot mamma and be cheerful.'"

The doctor said, "I didn't say that. I said, 'You've got a heart murmur. Be careful.'"



CHERRY CRUNCH

2 Cans Cherry Pie Filling
Lemon Juice
1 White Cake Mix
1 Stick of softened butter
1 Cup Chopped Walnuts

Heat oven to 325*

Spread Cherry Pie filling in a sprayed with cooking spray 13x 9.

Sprinkle with Lemon Juice.

Mix cake mix, butter and walnuts to make crumbs.

Spread on top of Cherries.

Bake 30 minutes or until bubbly

Can be served warm or cool and especially with Ice Cream.

Enjoy!.

UPPER BUCKS ACTIVITY CENTER RENTAL

Upper Bucks Activity Center **HALL RENTAL** Accommodations

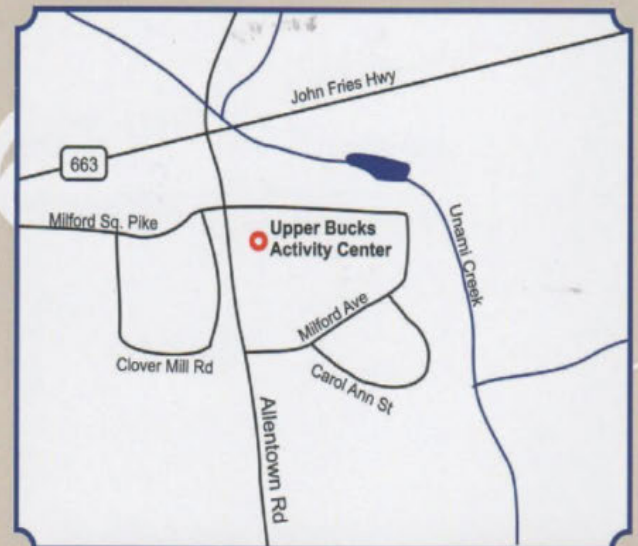


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Our banquet hall accommodations are available for any gathering you can imagine at an affordable price. We are one of the few venues in the Quakertown area that permits outside catering in an effort to keep your costs at a minimum. Tables and chairs included free as well. The hall will seat 160 guests for dining and has a maximum capacity of 200 people for an auditorium type setting. The hall features one bar, a dance area, a kitchen for catered food and on-site parking.

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- ❖ Sweet Sixteens
- ❖ Dances & Mixers
- ❖ Concerts
- ❖ Church Meetings
- ❖ Funeral Gatherings
- ❖ Fund Raisers
- ❖ Other Gatherings



CONTACT INFORMATION:

215-536-3066

upbucksr@yahoo.com

Milford Township Fire Hall

2183 Milford Square Pike

P.O. Box 46

Quakertown, PA 18951

CENTER INFORMATION

IMPORTANT NUMBERS

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Social Security (Allentown) 877-405-6748
Area Agency on Aging 267-880-5700
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RSVP 215-340-1210
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Bob Mensch, Pa. Senator. 215-541-2388
Pa Dept. of Aging 1-800-783-7607
Bucks County Health Dept. 215-529-7000

THRIFT SHOP NEWS

Enjoy our Thrift Shop to shop and donate when you are able. Barb and Gloria have made such a professional presentation in our Thrift Shop that our shelves are getting full again. Our Center now needs a few things still. We need small appliances and household goods of all kinds. Please see what you have. Come by and take a peek, or donate or both. The income from our Thrift Shop is now a very strong source of support for our operating fund. Please, make sure the items you donate are items that you would resell. Please do not donate items that are opened, used and dirty.

Public Welcome
Tues.-Wed. 9am-1pm
Thurs. 9am-3pm



NEVER MISS A NEWSLETTER!

Sign up to have our newsletter
emailed to you at
www.mycommunityonline.com



BUCKS COUNTY TRANSPORT

Are you Bored?

Looking for something to
do that will give back to
the community?

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- BOTH BUS AND MINI VAN
OPTIONS
- HIRING BONUS OF \$500
- FLEXIBLE SCHEDULE TO FIT
YOUR NEEDS!

Contact our HR
Department
today!

267-843-6318

hr@bctransport.org

WHAT WE DO



THE IMPORTANCE OF WHAT WE DO

Being Part Of Our Community

1. Eyeglasses are still being collected and given to the Lion's Club.
2. Tabs from pop top cans (soda) are being collected for the Ronald McDonald House, which shelters families of children who are seriously ill or injured. We give them to the Women's Club who takes them to a McDonald's repository.
3. Both our choral group "The Sunshine Singers" and our band "The Impossibles" go to different nursing homes and assisted living facilities to entertain those residents every month.
4. Please bring in any post-marked stamps to the front desk. We collect cancelled stamps, and they are given to the Blind Association.
5. The V.A. Clinic in Allentown has a little coffee room available to patients while they wait for their appointments. They need sugar, tea bags, artificial sweeteners and stirrers.
6. We are collecting pennies for Cancer Research. Please bring your pennies and loose change in to help.
7. Our Volunteers distribute our newsletter throughout the Upper Bucks Area.

Find Out What's Going On In Your Community . . . And Then Get Involved !

HOLIDAYS
We are closed

Election Day May 17
Memorial Day May 30



MEMBERSHIP MEETINGS

Tuesday May 31– 1:00 Pm
Tuesday June 28– 1:00 Pm



**MEETING
NOTICE!**

Come on out!

MISSION STATEMENT

Development of our Mission Statement: The core principles that guide us are compassion, volunteerism, fellowship and action. We exist to provide services and support, using fundraising to support our programs. We provide Information and Resources and activities in such areas as Entertainment, Education, Nutrition, Health and Travel. Our customers are adults 55+ in the broad community of Upper Bucks County, as well as community business and groups that support our goals. We also provide a clean, safe and healthy environment for all to enjoy. "This project is funded, in part, under a contract with the Pennsylvania Department of Aging and the County of Bucks."

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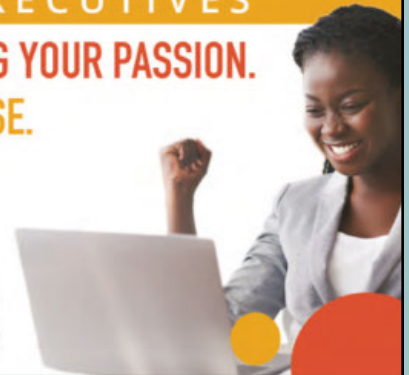


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Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • www.lpicommunities.com Upper Bucks Senior Activity

06-5336

The Upper Bucks Senior Activity Center is supported in part by the Pennsylvania Department of Aging and the Bucks County Area Agency on Aging. Services are available to all older persons, regardless of race, color, sex, religious creed, ancestry, handicap/disability or national origin. BucksCounty.org

TRANSPORTATION SERVICES

A shared ride program for senior citizens and persons with disabilities. This program is through BCT and the link to read more about these discounted transportation services can be found here: www.bctransport.org or call [215-794-8360](tel:215-794-8360) or toll-free [888-795-0740](tel:888-795-0740).



Senior Citizen Exercise Program

I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising. I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But, by the time I got my leotards on, the class was over.

HAHA

Low-cost lunches are served on Thursday only for a suggested donation of \$2.00 for ages 60 and over. Sign-ups are required one week in advance by Wednesday afternoon.

We deliver Home Delivered Meals to people who qualify. Please call the Bucks County Area Agency on Aging for more information at (267) 880-5700.

SPECIAL EVENTS



MAY 11

SPRING FLING PARTY

11:30 AM

\$14.00 PER PERSON

INCLUDES LUNCHEON AND MUSIC



JUNE 8

WELCOME SUMMER PARTY

11:30 AM

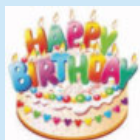
\$14.00 PER PERSON

INCLUDES LUNCHEON AND MUSIC

Tickets to be purchased in advance.

WELCOME TO OUR NEW MEMBERS For 2022

Nancy Froeschle Patricia Stever
MaryAnn Meyers Lloyd & Nancy Levy
Carol Duncan Janice & Jerry Lewis
Linda & Thomas Mumbauer
David Hallman James Birli
America Sclama



HAPPY BIRTHDAY
To all who have birthdays in
May and June

