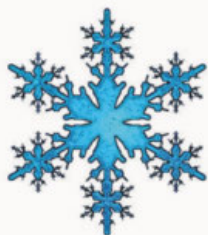
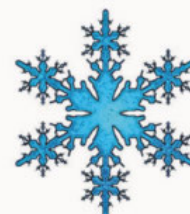


# THE UPPER BUCKS

## ACTIVITY CENTER



## JANUARY & FEBRUARY 2023



### CENTER INFORMATION

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Lunch is served only on Thursday  
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### OUR EXECUTIVE BOARD FOR 2023-2024

Tom Neilson.....President

Lorraine Fox.....First Vice President

Sue Wismer .....2nd Vice President

Darla Block.....Secretary

Linda Stauffer.....Treasurer

Barbara Preston....Member at Large

Rati Madhoo .....Member at Large .

Robert Beck.....Past President

Manager Sara Kelly

Assistant Manager Beverly Gillis

### WHAT'S INSIDE

03 Day Trips

04 Activities

05 Multi-day Trips

06 Band & Choir

07 Calendar of Events

08 Calendar of Events

09 Presidents Report

09 1st Vice Presidents Report

12 Rental Information


13 Important Numbers

14 What We Do

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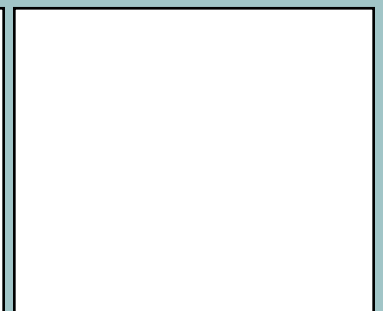
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# TAKE A TRIP WITH US



## HOLLAND TULIP FESTIVAL

5 Days 4 Nights

May 8-12, 2023

\$724 per person

\$1013 single.

\$75 due at time of sign up



Package includes 4 nights lodging, 4 Breakfasts and 2 Dinners. We will be visiting Dutch Village, Veldheer's Tulip Gardens, DeKlomp Wooden Shoe & Delft Factory., Windmill Gardens & DeZwaan Windmill. This trip includes an Evening Revue Show and a souvenir gift, Luggage Handling, Taxes and Meal Gratuities and Motor coach transportation.

Call 215-536-3066 for information.

## WILDWOOD, NJ

September 10-14, 2023

\$587 per person

\$737 single

\$75 due at time of sign up



Price includes 4 nights lodging at Montego Bay Resort, 4 Breakfasts at hotel, 4 dinners at local restaurants, Ice Cream social, Flag Ceremony at Sunset Beach, Trip to Atlantic City, a visit to Cape May and Smithville, 2 nights of spectacular entertainment and much more.



TRAVEL WITH US! IT'S FUN!





# ACTIVITIES

## KNITTING & CROCHETING

Tuesdays 9:00

Bring your own projects or learn new ones!

## COMPUTER CLASS

Tuesdays 9:30am

Bring your laptop, smartphone, or tablet for some basic help using the internet, word processing, or phone apps.

\$3 members, \$5 non-members

## LINE DANCING

Tuesdays 10:00am –11am

Join Tom (instructor) for a fabulous hour of exercise and fun with the greatest hits to get your dance on! It's tons of fun!

\$3 members \$5 non-members

## BALLROOM DANCING

Tuesdays 11:00am-12:00pm

Come on out and Tom will teach you Some of his dance moves!

\$3 members, \$5 non-members

## CARDS & GAMES

TUESDAYS 9:30AM

We play cards, games, all are welcome!

\$1 members, \$2 non-members

## BAND PRACTICE

Wednesdays 10am-11am

Except our Party Day!

## CHAIR YOGA

*Will return at a later date.*

Wednesdays 12:30-1:30pm

Except the 2nd Wednesday of the month. It is our Party day!

\$3 member \$5 non-member

## CHORUS PRACTICE

Wednesdays 11:30am-12:30pm

Except the 2nd Wednesday of the month. It is our Party day!

\$3 members \$5 non-member

## BINGO

Thursdays 12:15pm-3:00pm

Come out and enjoy a fun afternoon of Bingo! \$50 Jackpot the first Thursday of the month! Call for details.

## ART CLASS

*Temporarily being held at Haycock Township Community Center. 1014 Old Bethlehem Rd.*

Fridays 9:30-11:30am

Come and let your inner artist play! Join Linda, a volunteer retired art teacher and work in watercolors, acrylics or pastels. Bring your own supplies-canvas, paints, brushes or purchase at cost from Linda.

\$3 members, \$5 non –members



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# TAKE A TRIP WITH US



## TRIP POLICY:

A \$75.00 deposit for our Multi-Day Trips must be paid at the time of sign-up or you may pay the full amount at that time. We would appreciate it if you would pay by check as it makes bookkeeping easier. Please remember to book your trip as soon as you decide to go. All trips have to be paid 1 to 1&1/2 months before trip date unless otherwise stated. This will cause less cancelling of trips for not enough interest. We recommend that you take out insurance at the time of deposit for full coverage on longer trips. If we cancel a trip or the tour company cancels, you will receive a refund. There will be no refunds from us once we have paid the travel company its first payment when the trip is a go. We will be glad to arrange monthly payments for you. So, come on and travel with us.

## SHAWSHANK & THE WILDS

**5 Days/4 Nights September 25-29, 2023**  
**\$789 per person**



Step back in time to 1880; to the glory days of train travel on a 3.5-hour trip on the Cuyahoga Valley Scenic Railroad. See rare and endangered species on a guided safari tour through the 10,000 acre Wilds Adventure Park, then tour Dickinson Cattle Company—a working Texas Longhorn cattle ranch. Tour the Ohio State Reformatory—site of the Shawshank Redemption movie. Relive the “greatest story ever told” as the life of Jesus Christ is performed at the Living Word Outdoor Drama. Includes are 4 Dinners and 4 Breakfasts, Cuyahoga Train Ride, Longhorn Tour, Living World Drama, Ohio State Reformatory, all taxes, gratuities and baggage handling.

## FINGER LAKES, NEW YORK

**3 Days— 2 Nights**

**July 18-20, 2023**

**\$494 per person**

**\$643 Single**



Package includes 2 Nights Lodging, 2 Breakfasts, 1 Lunch at Belhurst Castle, and 1 Dinner. The Tour includes the Corning Museum of Glass, Willard Memorial Chapel, Sonnenberg Gardens & Mansion, Finger Lakes Winery Tour & Tasting, Scenic Lake Cruise, National Soaring Museum, Finger Lakes Gaming & Racetrack. This trip also includes a Souvenir Gift, Luggage Handling, All Taxes , Meal Gratuities and Motor Coach Transportation.

Call 215-536-3066 for information.



# BAND AND CHOIR

## Your Band, "The Impossibles"

People are looking at our band. A flute player played with us one week, and hopefully will return, and join us. Maynard D. Cressman, a trumpet player who played for decades with the Quakertown Band, stopped by this week (third week of September). I certainly can use a trumpet in the band. Will Basso played trumpet with us until he died in his late nineties this year. It is nice to have new members joining our band. You don't need a special invitation, just stop by on Wednesday mornings between 9 & 10:00 A. M. at the center. (Except on Party Days, Holidays, and storm closures)

Our drummer, Bruce Jordan, is on chemo for cancer and has difficulty breathing due to COPD, and I am afraid I will be losing him soon, so I am looking for a drummer to back him up. While I am on the topic of HR (Human Resources), the band could use some Concert Technicians (Roadies) to help with set up & take down. You don't have to be a musician and we can train you. We have been asked to play for our center's Christmas Sing-A-Long on Wednesday December 21, 2022 for you and our "Sunshine Singers" Chorus. Other venues are relaxing their COVID-19 precautions and are inquiring when we can come and play for their residents. I certainly hope that we can get back to near normal in 2023.

### DO YOU PLAY AN INSTRUMENT?

The Impossibles' Band is the Upper Bucks Senior Activity Center Band and they are looking for new members. They practice on Wednesday morning at 10:00 a.m.

### DON'T PLAY AN INSTRUMENT?

They are looking for an Audio Tech and helpers to set up the sign, chairs to set up, power cords to run and many other non-musical and non-technical jobs to be filled.

## YOUR CHORUS – OUR "SUNSHINE SINGERS"

The picture shows our former director/ accompanist, Martha Fisher, with our then new banner that had just been dedicated. Martha has resigned due to health problems now that she is in her upper eighties. Would you believe that she led the chorus for almost two decades picking our monthly themes, choosing the songs, playing the piano for our practices, and performances, choosing costumes, using things we already had, and recruiting singers, and about everything else except booking our performances that was done by Evelyn Smoll, and later by Jean Nester. Boy! Do we miss her. Richard A. Nice came on as accompanist, but GOD called him home and the music committee is left with no director, no accompanist, and almost no singers. The COVID-19 restrictions are relaxing and the venues are asking us to come and entertain their residents, but I can't book us until I have at least a small chorus. I would like twenty, but would accept six a cappella singers. We have a variety of song books that we can sing from, and word sheets for our center's Christmas Sing-A-Long on Wednesday December 21, 2022, where "The Impossibles" Band will provide the music, and we would help the group with the songs on their word sheets. Hopefully we will have more singers by then. Take this as your invitation and come out any Wednesday at 11:30, except party days or when the center is closed.

Come, sing along with Upper Bucks!  
Submitted by Robert E. Beck, Chairperson, Music Committee, Upper Bucks Senior Center



# JANUARY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
-2- <b>CLOSED</b> 	-3- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	-4- Band Practice 10:00 Choir Practice 11:30	-5- Bingo 12:15	-6- <b>CLOSED</b>	-7-
-9- <b>CLOSED</b>	-10- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	- 11- New Years Party 11:30 	-12- Bingo 12:15	-13- <b>CLOSED</b>	-14-
-16- <b>CLOSED</b> 	-17- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	-18- Band Practice 10:00 Choir Practice 11:30	-19- Bingo 12:15	-20- <b>CLOSED</b>	-21-
-23- <b>CLOSED</b>	-24- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	-25- Band Practice 10:00 Choir Practice 11:30	-26- Bingo 12:15	-27- <b>CLOSED</b>	-28-
-30- <b>CLOSED</b>	-31- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00 Membership 1:00				



# FEBRUARY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		-1- Band Practice 10:00 Choir Practice 11:30	-2- Bingo 12:15	-3- CLOSED	-4-
-6-  CLOSED	-7- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	-8- Valentine Party 11:30 	-9- Bingo 12:15	-10- CLOSED	-11-
-13-  CLOSED	-14- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00 	-15- Band Practice 10:00 Choir Practice 11:30	-16- Bingo 12:15	-17- CLOSED	-18-
-20-  CLOSED 	-21- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	-22- Band Practice 10:00 Choir Practice 11:30	-23- Bingo 12:15	-24- CLOSED	-25-
-27-  CLOSED	-28- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00 Membership 1:00				



### Presidents report for January & February

Hello everyone. I am happy to report that we have just completed another fantastic fund raiser for the center. Our November 26th Flea Market was a big success netting over \$1400 dollars in profit. A big shout out to Barb and Gloria for hosting this event. Of course, a big thank you to those who volunteered to make it so. Sue W., Lorraine F., Sara and Beverly. Their help with the kitchen was greatly appreciated. And also, thanks to those who baked items to sell which raised another \$100. It is very comforting to see some of the members pitch in to help fund our center.

The basket raffle is bringing much needed funds in as well and I am hoping to report to you in our Mar./April edition that it was a huge success. The winners will be drawn at the Dec. lunch party and we will post a listing of the winners in the next newsletter.

I would like all members to mention to their friends, family and neighbors that we host BINGO on Thursday afternoon. It is open to the public. You don't need to be a member to play. You must be over 21 years of age since money is involved. So, come on out and bring a friend to have some fun.

Cont' in next column.....

A last word to all is please be careful driving. Winter is here and roads can be unforgiving. We want everyone to be with us for quite some time. Also listen for the school closings, if Quakertown schools are closed, we are closed.

Stay \*WARM\* and Healthy and we look forward to seeing you often.

Tom Neilson

**\$10 Auto Registration Form Applications for Retired Persons** are available at the senior center. Eligibility requirements are listed on the bottom of the form.

---

**Stop Telemarketing calls** Register for the national list and the Pennsylvania list. Make sure to register all names in the household. You must call from the number you are registering. National Do Not Call 1-888-382-1222 Pennsylvania Do Not Call 1-888-777-3406

Our Membership, is from January—December. You can start renewing now for 2023. Our voluntary fees are still \$16.00 **Remember**, your membership is **only** for the calendar year, January 1 through December 31, regardless of when you joined.



  
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## 1st Vice Presidents Report for January & February

Happy New Year to everyone. I hope everyone had a very Merry Christmas or Hanukkah and your 2023 is starting off well. I am, hoping we have a winter much the same as last year with very little snow so we can keep the center open for everyone to be able to come out and enjoy friends and acquaintances while enjoying all that the center has to offer.

As I am writing this article, the basket raffle is in progress and I am happy to report that Barb out did herself by putting together a wonderful assortment of 16 baskets, and as of this writing, ticket sales are very high. We will be posting a listing of the winners at the center so you will know who won and can congratulate them. Also we will have the final numbers for the flea market sale which was fabulous.

Final totals will be announced at the December membership meeting on Tuesday, December 27. Please try to attend so you will have an idea of what the year ahead may bring for the center. We are looking for ideas for future fund-raisers and in need of volunteers to make them happen. If anyone would have an hour or two to help here, it would be greatly appreciated. Cont' on next column.....

The lunch /dance parties are becoming very popular as of late, so it is important that you get your tickets well in advance so that there will be a seat and meal for you to enjoy. The BINGO crowd is also growing but we still have room for more. This is one of our best on-going fund raisers, so if you have a neighbor, friend or family member looking for something to do on a Thursday afternoon, invite them to come along with you. Again, the membership meeting will disclose how the recent fund raising events went in full detail (the numbers will make you smile).

I look forward to seeing all at the center and don't forget to offer ideas to any board member so that we can discuss them at the board meeting to refine the idea and then present it to the membership.

Hope you all enjoyed your holidays and I wish you all a healthy, happy NEW YEAR.

Sincerely  
Lorraine Fox



### TRANSPORTATION SERVICES

A shared ride program for senior citizens and persons with disabilities. This program is through BCT and the link to read more about these discounted transportation services can be found here: [www.bctransport.org](http://www.bctransport.org) or call [215-794-8360](tel:215-794-8360) or toll-free [888-795-0740](tel:888-795-0740).

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## LEGACY DONATIONS



Leave a Legacy to the UBSAC. It can be as simple as "I give the sum of \$\_\_ Or \_\_% of the residual of my estate to the Upper Bucks Senior Center, a non-profit corporation on aging, located in Milford Square, PA, for general charitable purposes. You can also name the Upper Bucks Senior Center as the beneficiary of an insurance policy or retirement account. A little planning today can make a big difference for the future. If you are of a generous mind, and have the idea to make such an offering, please contact Sara Kelly, Manager, at 215-536-3066.



## VOLUNTEERS NEEDED

Volunteers are the work force of our Center. In order to have events, as well as our activities and classes, volunteers are needed. Each volunteer is valuable to our activities and programs. Regardless of the program or activity, volunteers are the unsung heroes that make these activities and fund raisers successful. Without their help, our Center might just be a great building with not much going on inside.

We always welcome new volunteers, and there are many different volunteer opportunities. These include:

Parties

Front desk receptionist

Fundraising

Newsletter production and delivery

Start and host a club of your own based on your special skills or interests



Low-cost lunches are served on Thursday only for a suggested donation of \$2.00 for ages 60 and over. Sign-ups are required one week in advance by Wednesday morning.

We deliver Home Delivered Meals to people who qualify. Please call the Bucks County Area Agency on Aging for more information at (267) 880-5700.



# UPPER BUCKS ACTIVITY CENTER RENTAL

## Upper Bucks Activity Center *HALL RENTAL* *Accommodations*

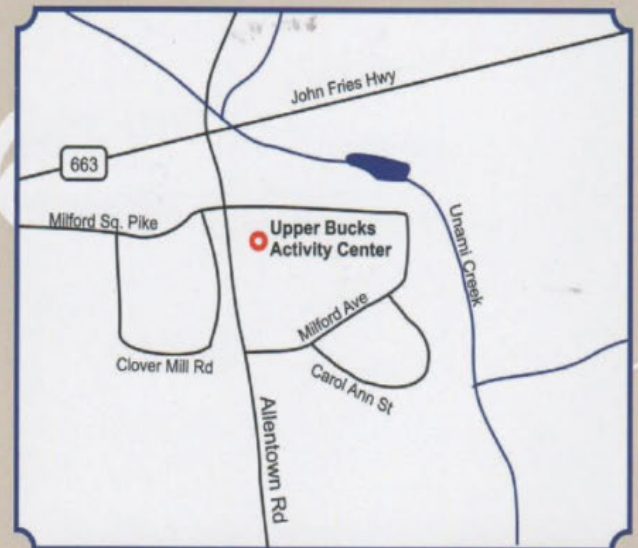


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- ❖ Sweet Sixteens
- ❖ Dances & Mixers
- ❖ Concerts
- ❖ Church Meetings
- ❖ Funeral Gatherings
- ❖ Fund Raisers
- ❖ Other Gatherings



### CONTACT INFORMATION:

215-536-3066

upbucksr@yahoo.com

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2183 Milford Square Pike  
P.O. Box 46  
Quakertown, PA 18951

# CENTER INFORMATION

## IMPORTANT NUMBERS

Social Security (National) 1-800-772-1213  
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Social Security (Allentown ) 877-405-6748  
Area Agency on Aging 267-880-5700  
8:30 AM-4:30 PM Monday-Friday  
Bucks County Transport 215-536-2522  
1-888-795-0740  
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To check status of claim: 1-888-728-2937  
Craig Staats, Pa Rep. 215- 536-1434  
Bob Mensch, Pa. Senator. 215-541-2388  
Pa Dept. of Aging 1-800-783-7607  
Bucks County Health Dept. 215-529-7000

## THRIFT SHOP NEWS

Enjoy our Thrift Shop to shop and donate when you are able. Barb and Gloria have made such a professional presentation in our Thrift Shop that our shelves are getting full again. Our Center now needs a few things still. We need small appliances and household goods of all kinds. Please see what you have. Come by and take a peek, or donate or both. The income from our Thrift Shop is now a very strong source of support for our operating fund. Please, make sure the items you donate are items that you would resell. Please do not donate items that are opened, used and dirty.

Public Welcome

Tues.-Wed. 9am-1pm

Thurs. 9am-3pm



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# WHAT WE DO



## THE IMPORTANCE OF WHAT WE DO

### Being Part Of Our Community

1. Eyeglasses are still being collected and given to the Lion's Club.
2. Tabs from pop top cans (soda) are being collected for the Ronald McDonald House, which shelters families of children who are seriously ill or injured. We give them to the Women's Club who takes them to a McDonald's repository.
3. Both our choral group "The Sunshine Singers" and our band "The Impossibles" go to different nursing homes and assisted living facilities to entertain those residents every month.
4. Please bring in any post-marked stamps to the front desk. We collect cancelled stamps, and they are given to the Blind Association.
5. The V.A. Clinic in Allentown has a little coffee room available to patients while they wait for their appointments. They need sugar, tea bags, artificial sweeteners and stirrers.
6. We are collecting pennies for Cancer Research. Please bring your pennies and loose change in to help.
7. Our Volunteers distribute our newsletter throughout the Upper Bucks Area.

Find Out What's Going On In Your Community . . . And Then Get Involved !

**HOLIDAYS We are closed**  
**New Year January 2**  
**Martin Luther King**  
**January 16**  
**Presidents Day Feb 20**



## MEMBERSHIP MEETINGS

**Tuesday January 31 – 1:00 Pm**  
**Tuesday February 28th– 1:00 Pm**



**MEETING  
NOTICE!**

**Come on out!**

## MISSION STATEMENT

Development of our Mission Statement: The core principles that guide us are compassion, volunteerism, fellowship and action. We exist to provide services and support, using fundraising to support our programs. We provide Information and Resources and activities in such areas as Entertainment, Education, Nutrition, Health and Travel. Our customers are adults 55+ in the broad community of Upper Bucks County, as well as community business and groups that support our goals. We also provide a clean, safe and healthy environment for all to enjoy. "This project is funded, in part, under a contract with the Pennsylvania Department of Aging and the County of Bucks."





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Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • [www.lpicommunities.com](http://www.lpicommunities.com) Upper Bucks Senior Activity

06-5336

The Upper Bucks Senior Activity Center is supported in part by the Pennsylvania Department of Aging and the Bucks County Area Agency on Aging. Services are available to all older persons, regardless of race, color, sex, religious creed, ancestry, handicap/disability or national origin. [BucksCounty.org](http://BucksCounty.org)

#### **TRANSPORTATION SERVICES**

A shared ride program for senior citizens and persons with disabilities. This program is through BCT and the link to read more about these discounted transportation services can be found here: [www.bctransport.org](http://www.bctransport.org) or call [215-794-8360](tel:215-794-8360) or toll-free [888-795-0740](tel:888-795-0740).

### **Your Birthday is coming up!**

**Be happy! Your birthday celebrates the day you were brought into this world to be a blessing and inspiration to the people around you! Count your life by smiles, not tears. Count your age by friends, not years. May you be given more birthdays to fulfill all of your dreams!**

**Birthdays are a new start, a fresh beginning and a time to pursue new endeavors with new goals. May you be given more birthdays to fulfill all of your dreams.**

## **SPECIAL EVENTS**



**JANUARY 11th  
HAPPY NEW YEAR PARTY  
11:30 AM**

**\$16.00 PER PERSON  
INCLUDES LUNCHEON AND MUSIC**

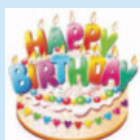


**FEBRUARY 8TH  
VALENTINES PARTY  
11:30 AM**

**\$16.00 PER PERSON  
INCLUDES LUNCHEON AND MUSIC  
Tickets to be purchased in advance.**

**WELCOME TO OUR  
NEW MEMBERS For 2023**

**Vivian Crossman  
Virginia Gerlach**



**HAPPY BIRTHDAY  
To all who have birthdays in  
January and February**

