



# MOREAU COMMUNITY CENTER

*making community connections*

144 Main Street  
South Glens Falls, NY 12803  
Return Service Requested

**THE MCC PULSE | MONTHLY NEWSLETTER**  
**ISSUE NO. 0422/April 2022**

NONPROFIT ORGANIZATION  
U.S. POSTAGE PAID  
GLENS FALLS, NY 12801  
PERMIT NUMBER 501

518-792-6007 | [www.moreaucommunitycenter.org](http://www.moreaucommunitycenter.org)



## A NOTE FROM OUR EXECUTIVE DIRECTOR

Apart from some mid-March snowstorms, it appears that Spring is on its way. May baskets of all different colors adorn the shelves and summer camp applications are available both on our website and here at the Center. Speaking of websites, please check out our newly-renovated site at [www.moreaucommunitycenter.org](http://www.moreaucommunitycenter.org).

As L.M. Montgomery said, "Nothing ever seems impossible in Spring, you know." Dare we believe the worst is behind us?

Donna C. Nichols, Executive Director

If you would like to give to the Center, visit our website to give online, or mail checks to:

THE MOREAU COMMUNITY CENTER, 144 MAIN STREET, SO. GLENS FALLS, NY 12803

TO DISCUSS IN-KIND AND OTHER METHODS OF GIVING, PLEASE CONTACT DONNA  
518-792-6007 x10

# NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed  
to you at [www.mycommunityonline.com](http://www.mycommunityonline.com)



# Happening at the Center | Normal Operating Hours: M-F, 8-4

## CURRENT SOCIAL/RECREATIONAL SCHEDULE | 518-792-6007

MON & WED | 10AM | HANNAFORD FOOD OUTREACH PROGRAM

MONDAY [2ND OF EACH MONTH] | 7PM | AMERICAN LEGION MOHICAN POST 553

TUESDAY | 8:30-9:30 HEALTHY BONES | 9:30 -11:30 FLOWER ARRANGING|11:30-2:00—  
BEGINNER MAHJONG|BULLDOG ZONE TEEN PROGRAM—AFTER SCHOOL UNTIL 7 P.M.

WEDNESDAY | 12:30-3:30 | CARDS & MAHJONG

WEDNESDAY | 2PM-3PM | SUDOKU

WEDNESDAY | 7PM | NARANON

THURSDAY | 7PM | IN-PERSON AA  
TEMPORARILY CXL'D

FRIDAY 8:30 -9:30 HEALTHY BONES

FRIDAY [2ND & 4TH OF MONTH | 10AM | CARD  
MAKING

FRIDAY—10:00-12:00 PENNY BINGO

FRIDAY | 12:30-3:30 | BRAIDED RUG MAKING

To reserve your spot at one of the social/  
recreational programs, please call the  
Center or the designated contact for your  
group. 518-792-6007

The currently held meetings of NARANON and  
AA

are open meetings.

See American Legion ad for contact info.

### AARP DEFENSIVE DRIVING UPDATE

*There will be a class on April 28th, at 8:30 a.m. with a 20 person limit. Going forward, classes should be able to accommodate more people. The price for the class will be \$25.00 for AARP members and \$30.00 for non-members. Checks preferred made out to AARP. Members of AARP will need to bring their ID cards and all participants will need to bring their driver's license. Class begins at 8:30 a.m., so plan to be at the center by 8:15. You may bring a lunch or sign up for the congregated meal provided by Saratoga Office of the Aging.*

*\*Subject to cancellation, should the COVID situation change.  
\*All participants will be required to sign a waiver releasing AARP from any responsibility should anyone contract COVID.\**

Call Gloria at 792-6007 ext 14 to register

### BINGO IS BACK!!!

Bingo will be returning to St.  
Michael's Church in South Glens Falls  
on Thursday nights starting April  
21st. Play starts at 6:30 p.m.

—doors open at 5:00.

See you there!!



### HELP WANTED

#TheMoreauCommunityCenter #KidsKorner before & after school program has an immediate need for Team Members at the South Glens Falls elementary schools. A particular need is at Harrison Avenue Elementary School mornings M-F 7-8:30am. We also need someone for AM & PM at Moreau as well as PM at Ballard schools. This job is perfect for someone who has a little time each day for a little fun and to share a smile with a child.

We are also looking for full-time staff for Camp Moreau this summer. This is an 8 week camp, that takes place at one of the South Glens Falls/Moreau school campuses. The location for this year is yet to be determined.

If either of these positions sounds like a good fit for you, call Jennifer Rich at (518) 792-6007 x17.

### Updates & Important Info

- To access the Saratoga County Home Delivered Meals program for homebound seniors for yourself or a loved one, contact the Saratoga County OFA at 518-884-4100.
- The Saratoga County OFA Congregate Meal site is up and running again..
- March's menu is on the back of this newsletter.
- Tai Chi classes are being offered at the Center every Monday, 2p-3p. Interested? Contact [Donna@moreaucommunitycenter.org](mailto:Donna@moreaucommunitycenter.org)
- MCC Senior [55+] Bowling League is looking for a few bowlers and subs! Call Marilyn at: 518-636-5077 if interested!

### Support for Survivors of Suicide Loss

This is a group for survivors to support survivors. All are welcome in a safe space to share grief and guidance for one another. \*Virtual for now\* The Third Thursday of each month at 7pm

Contact: Mia Adams at 803-552-6610 or [mia.kadams@gmail.com](mailto:mia.kadams@gmail.com)

**Dial-A-Bus** | Available to disabled adults and 55+.  
**To be picked up, you must live in SGF or Moreau.**

**Other town residents may ride, but must get to the Center on their own.**

Suggested donation: \$5 local trips

Disinfecting and cleaning occur daily and between trips.

Trips must be scheduled, and as possible, canceled, **24 hours in advance**, by calling the **Center at 518-792-6007**

**Schedule:**

**Monday:** Medical appointments only

**Tuesday:** Walmart PM

**Wednesday:** Price Chopper AM, Hannaford PM

**Thursday:** Open | Misc. Appts., errands, etc.

**Friday: Special trips, 4/1-** Colonie Mall, **4/8-**Lunch at Olive Garden, **4/15** Crossgates Mall, **4/29** -Clifton Park Mall—**suggested donation \$7.00.** Call the center at 792-6007 to register for a trip, or for all of them!

*\*Check out the menu for the congregate meals on the back of the newsletter. Maybe you'd like to come in to the center and have lunch before or after shopping.\**

## Center Staff

Donna Nichols, Executive Director  
Rosemary White, Resource Manager

Gloria Osier, Finance Manager

Jennifer Rich, Youth Prog. Director

Cheryl Lawyer, Dir. of Marketing &

Outreach

Cindy Brennan, Events coordinator/  
client outreach

Nancy Douglas, Accounting Specialist

Ken Ashe, Facilities Manager

José Pabon, Building Assistant

Yvette Robbins, Building Assistant

Jennifer Smith, Preschool Teacher

Maria Piña, Program Assistant

José Rivera, Dial-A-Bus

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Need more information? We welcome you to contact us at any one of our three locations or visit us on our website:

[www.kilmerfuneralhome.com](http://www.kilmerfuneralhome.com)

Email: [mbkilmer@kilmerfuneralhome.com](mailto:mbkilmer@kilmerfuneralhome.com)

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# VOLUNTEER SPOTLIGHT:

## VERONICA "RONNIE" ASHTON

Ronnie Ashton is the smiling face that greets you at The Moreau Community Center on Monday and Wednesday mornings. As a lifelong resident of South Glens Falls, she has been volunteering at the Moreau Community Center for eight months. "I like volunteering here because it gives me a sense of community. I have fond childhood memories of attending weddings and family events here", says Ronnie.



Ronnie is a valuable member of the volunteer team and always takes the initiative to help visitors and pitch in around the center. Not only is Ronnie a volunteer, but she also enjoys activities at the center such as playing mahjong. "It's amazing to see all the renovations, especially the kitchen and the wonderful craft display area. I love volunteering at the center because it is so pleasant to be here and to meet so many nice people."

### Painting with Patrice -

518.696.3399

April 14, 2022  
1:30 to 3:30  
"Purple Trillium"



May 12, 2022  
1:30 to 3:30  
"Red Poppy"  
by Georgia O'Keeffe



And speaking of painting.. **April 15th is World Art Day** and the birthday of Leonardo Da Vinci. Definitely something worth celebrating!



Have a suggestion for one of our local Friday bus trips? Museum? Restaurant? Local historical site? We'd love to hear your thoughts!

Call Cindy at 518-792-6007 ext 19 or Cheryl at ext 16

Thank you to all of the amazing individuals and businesses who choose to support the *MCC Pulse* with their advertising! If you'd like to help out and join this great group, contact our LPi Representative,

**Susanne Carpenter at 508-736-3000 or [scarpenter@lpiseniors.com](mailto:scarpenter@lpiseniors.com) today!**

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**FYI**

MOREAU COMMUNITY CENTER  
**PRESCHOOL**  
NOW ACCEPTING APPLICATIONS FOR SEPTEMBER!

AM & PM Class Options  
Call 518-792-6007 x15  
Email  
[jennifer@moreaucommunitycenter.org](mailto:jennifer@moreaucommunitycenter.org)

If you'd like to volunteer at the center, we currently need greeters for our front desk/reception area, and people to work in our thrift store.

For greeters, please contact Cindy at 792-6007 ext. 19  
For thrift store, call Rosemary at ext. 12.



Follow us on Instagram and Facebook,  
Consider donating the Center. Contact Donna at 518-792-6007 (x10)  
or Cheryl (x16) for information.

GIGI SAYS:  
WELCOME  
SPRING!!



### April Basket Raffle

#### 26" Men's Seachange, Beach Cruiser Bicycle, Silver

Donated by Board of Directors member Gail Crandall  
\$98 value



### Save the date!



"Silent Wings: An Educational Program about Raptors" April 25<sup>th</sup>, 3:30-5pm

Silent Wings Raptors Rehab and Education is a program of the Wildlife Institute of Eastern New York. Wildlife rehabber Trish will bring 5 raptors (owls, ravens, hawks). The goal of the program is to increase the environmental awareness of children and adults alike by introducing them to some of the most exotic species of animals indigenous to their very own ecosystem...raptors or 'birds of prey'.

Adult donation—\$5.00. Kids attend for free.  
Call either Cheryl at 792-6007 ext 16 or Cindy at ext 19 to register.

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South Glens Falls, NY



Mohican Post 553

American Legion Membership  
Now open to all members of  
the Armed Forces  
that have served since  
December 7, 1941.

Mohican Post 553  
**Post Meetings:**  
2<sup>nd</sup> Monday of every month  
**Moreau Community Center**  
144 Main Street  
South Glens Falls

Contact or Visit us at:  
Email: [Adjutant@mohicanpost553.org](mailto:Adjutant@mohicanpost553.org)  
Website: [www.mohicanpost.org](http://www.mohicanpost.org)  
Facebook: <https://www.facebook.com/mohicanpost553>

If you have served federal active duty in the United States Armed Forces since December 7, 1941 and have been honorably discharged or are still serving - you are eligible for membership in The American Legion!

## The Story of the May Basket

Generations ago, children in the greater Glens Falls area would spend weeks in the spring making May Baskets. They would save old cardboard containers of all sizes and shapes, decorate them with colorful crepe paper flowers and fill them with sweets. On May 1<sup>st</sup>, they would secretly place their May Baskets on doorsteps around the neighborhood.

May Baskets can be traced historically to Great Britain, where the return of spring was celebrated with singing, dancing, and an abundance of flowers. Wreaths and garlands of flowers decorated doorways, maypoles, and the local May Queen. Children presented flowers door to door, singing carols, and carrying the lady of the May, in return for small gifts or money for the church.

Over 30+ years ago, members of the Moreau 55+ Seniors, who had practiced the custom during their own childhoods and taught it to their children, began to make and sell these baskets as a fundraiser, helping to keep the tradition alive locally. Today, volunteers are welcome at the Moreau Community Center on Tuesdays at 9:30 to learn how to carry on this cherished tradition.

Prices: Small basket \$3, large basket \$5, umbrella \$7



**May Baskets make great gifts, baby or bridal shower favors, and wonderful Spring decorations.**

**Contact Gloria at (518)792-6007 x14 to place your order for May Baskets or Umbrellas.**

Saratoga County Department of Aging & Youth is in **DESPERATE** need for volunteer drivers for the Home Delivered Meals program in the Moreau area. Meals are picked up at 11AM at the Moreau Community Center and delivered between the hours of 11am-1pm Monday through Friday. If you're interested in volunteering, please call 518-363-4020 and ask for Carly the Home Delivered Meals Volunteer Coordinator.

### Board of Directors

**William (Mac) MacDuff, Kathleen (Kay) Hutt, Craig Seybolt, Joseph Orlow, John Hills, Michael Crowe, Sonya Jurnak, Jodi Ogburn, Gordon Woodworth, Elizabeth (Liz) Wilcox, Shelley Murphy, Gail Crandall**

American Legion Mohican Post 553 invites you to attend the Spring Fling which will be held here at The Moreau Community Center on Saturday, April 9th from 1:30 to 3:30. There will be food and drinks and games to play. You can make your own Sundae. \*For children age 12 and under.\*

Contact Pamela Ostrander at  
**Commander@mohicanpost553.com** for more information



There will be a blood drive here at the center on Friday, April 15th from 1:00 p.m. to 6:00 p.m. Appointments are needed. Schedule online or call

**1-800-RED-CROSS**



**GIVE THE GIFT OF LIFE**

**Calling all afghan-makers!** The annual SGF Marathon Dance is once again looking for colorful afghans for prizes for the dancers. If you can make one or have one, please deliver it to us at the Community Center. We will keep them until the dance.



Thank you!

**JOIN US IN CELEBRATING EARTH DAY BY CLEANING UP OUR COMMUNITY.**



**WE WILL BE PICKING UP TRASH AND TIDYING UP THE GROUNDS OF OUR CENTER AND SURROUNDING AREAS ON SATURDAY, APRIL 23RD, FROM 8:00 A.M. UNTIL NOON. TRASH COLLECTION NECESSITIES AND REFRESHMENTS WILL BE PROVIDED.**

**CALL CHERYL AT 792-6007 EXT 16 OR CINDY AT EXT 19 TO REGISTER**

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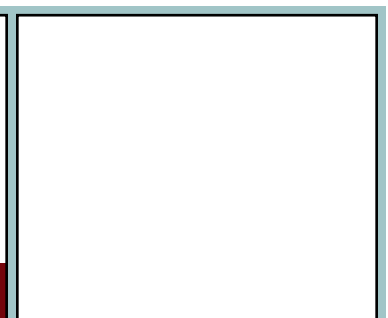
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**SARATOGA COUNTY Department For Aging & Youth-April 2022**  
**GATHER AND DINE & HOME DELIVERED MEALS 518- 363-4020**

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Seafood Newburg White Rice Broccoli SF Oatmeal Raisin Cookies
<b>4</b> Chili White Rice Capri Vegetables Cornbread Fruit Cocktail	<b>5</b> Baked Chicken w/Gravy Mashed Sweet Potato Vegetable Trio WW Dinner Roll SF Chocolate Cookies	<b>6</b> Roast Pork w/Gravy Mashed Potatoes Brussels Sprouts WW Dinner Roll Applesauce	<b>7</b> Fiesta Meatloaf Red Bliss Potatoes Mexican Corn SF Chocolate Pudding	<b>8</b> Tuna Noodle Casserole Beets Warm Peach Crisp WW Dinner Roll Fresh Orange
<b>11</b> Chicken Divan White Rice Peas & Onions Pears	<b>12</b> Swedish Meatballs Egg Noodles Beets Mandarin Oranges	<b>13</b> Eggplant Parmesan Pasta w/Marinara sauce Lima Beans WW Dinner Roll Yogurt	<b>14 Easter Special</b> Baked Ham w/Pineapple Sauce Sour Cream & Chive Mashed Potatoes Asparagus WW Dinner Roll Frosted Lemon Cake	<b>15</b> Baked Fish w/Tarragon Sauce Oven Roasted Potatoes Mixed Vegetables Banana
<b>18</b> Shepherd's Pie Butternut Squash Warm Apple Cobbler WW Dinner Roll	<b>19</b> Breaded Fish Macaroni & Cheese Stewed Tomatoes Tartar Sauce Fresh Orange	<b>20</b> Roast Beef w/Gravy Mashed Potatoes Vegetable Trio Apple	<b>21</b> Chicken w/Orange Glaze Sauce White Rice Spinach Whole Wheat Dinner Roll Pineapple	<b>22</b> Sloppy Joe Pasta Bake Wax Beans Carrots Corn Muffin Pears
<b>25</b> Fish Florentine White Rice California Blend Vegetables WW Dinner Roll SF Chocolate Pudding	<b>26</b> Chicken Marsala Buttered Pasta Brussels Sprouts WW Dinner Roll Fruit Cocktail	<b>27 Birthday Special</b> Roast Pork w/Cranberry Mustard Sauce Mashed Potatoes Beets Frosted Cake	<b>28</b> Spanish Beef & Rice Casserole Carrots Warm Berry Crisp Peaches	<b>29</b> Herb Chicken w/Gravy Mashed Potatoes Butternut Squash WW Dinner Roll Mandarin Oranges

**Menu Subject To Change**

Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$8 fee for guests under the age of 60. Please make checks payable to: Saratoga County Treasurer, c/o Saratoga County Department For Aging & Youth, 152 West High Street, Ballston Spa, NY 12020

**SAVE THE DATE!**

SENIOR ANNUAL LUNCHEON WILL BE HELD ON FRIDAY, MAY 6 AT THE  
 SARATOGA SPRINGS CITY CENTER  
 522 BROADWAY ENTRANCE  
 SARATOGA SPRINGS, NY 12866



DIAL-A-BUS WILL BE AVAILABLE TO THOSE WHO NEED TRANSPORTATION



CALL THE SARATOGA COUNTY OFA FOR INFO 884-4100