

MOREAU COMMUNITY CENTER

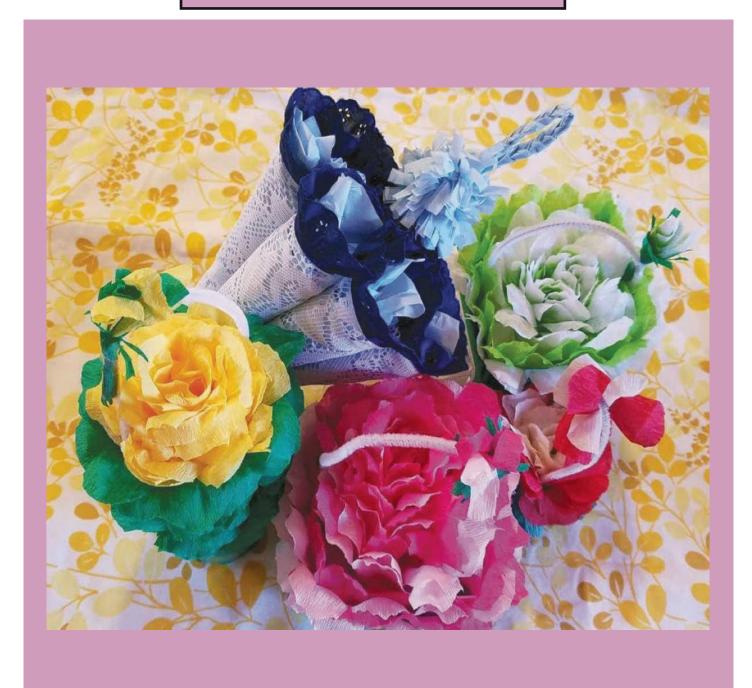
making community connections

144 Main Street South Glens Falls, NY 12803 **Return Service Requested**

THE MCC PULSE | MONTHLY NEWSLETTER ISSUE NO. 0522/May 2022

NONPROFIT ORGANIZATION U.S. POSTAGE PAID GLENS FALLS, NY 12801 PERMIT NUMBER 501

518-792-6007 | www.moreaucommunitycenter.org



A NOTE FROM OUR EXECUTIVE DIRECTOR

The comments on Facebook and all around about our continuing tradition of May baskets are incredible. It's amazing how many people know about and seem to cherish this age-old tradition of hanging a brightly colored basket filled with goodies in it on someone's doorknob. The crafters who do make these baskets start in January and work through the end of April. Hopefully you are lucky enough to see one hanging at your front door. May should bring lots of flowers if April's showers were any indication. It will also bring a lot of outdoor work around the community. I'd like to give a big shout -out to Pine Knolls Church and its volunteers for doing some much-needed spring cleaning around the Community Center. Enjoy spring!

Donna C. Nichols



If you would like to give to the Center, visit our website to give online, or mail checks to:

THE MOREAU COMMUNITY CENTER, 144 MAIN STREET, So. Glens Falls, NY 12803

To discuss in-kind and other methods of giving, please contact Donna 518-792-6007 x10



Happening at the Center | Normal Operating Hours: M-F, 8-4

CURRENT SOCIAL/RECREATIONAL SCHEDULE | 518-792-6007

Mon & Wed | 10am | Hannaford Food Outreach Program Monday [2nd of each month] | 7pm | American Legion Mohican Post 553 Tuesday | 8:30-9:30 Healthy Bones | 9:30 -11:30 Flower Arranging | 11:30-2:00—Beginner Mahjong |

TUESDAY —AFTER SCHOOL UNTIL 7 P.M.} BULLDOG

ZONE TEEN PROGRAM

Wednesday | 12:30-3:30 | Cards & Mahjong

WEDNESDAY | 2PM-3PM | SUDOKU

WEDNESDAY | 7PM | NARANON

FRIDAY 8:30 -9:30 HEALTHY BONES

FRIDAY [2ND & 4TH OF MONTH | 10AM | CARD

MAKING

FRIDAY |10:00-12:00| PENNY BINGO

FRIDAY | 12:30-3:30 | BRAIDED RUG MAKING

DID YOU KNOW??

Life Skills & Career Development Services



The Moreau Community Center provides application and forms completion assistance, and other human service referrals for job seekers. Job seekers can access personal, confidential one-on-one assistance with forms completion and technology support assistance at NO CHARGE.

Stay tuned for career support training seminars!

For more information, contact Cheryl at (518) 792-6007 x16.

WE ARE LOOKING FOR PUBLIC INTEREST PROGRAMS



Do you have a talent, a skill, or expertise on interesting topics that yo would like to share with others?

Crafts, technology, health, public interest, local history, art, animals, job skills, health, activities?

The Moreau Community Center would like to hear from you!

Please contact Cheryl or Cindy at (518)792-6007 to share your ideas.

HELP WANTED

#TheMoreauCommunityCenter #KidsKorner before & after school program has an immediate need for Team Members at the South Glens Falls elementary schools. A particular need is at Harrison Avenue Elementary School mornings M-F 7-8:30am. We also need someone for AM & PM at Moreau as well as PM at Ballard schools. This job is perfect for someone who has a little time each day for a little fun and to share a smile with a child.

We are also looking for full-time staff for Camp Moreau this summer. This is an 8 week camp, that takes place at one of the South Glens Falls/Moreau school campuses,. The location for this year is yet to be determined.

If either of these positions sounds like a good fit for you, call Jennifer Rich at (518) $792-6007 \times 17$.

Updates & Important Info

- To access the Saratoga County Home Delivered Meals program for homebound seniors for yourself or a loved one, contact the Saratoga County OFA at 518-884-4100.
- The Saratoga County OFA Congregate Meal site is up and running again.. Call 792-6007 to make a reservation, must be 24 hours in advance.
- May's menu is on the back of this newsletter.
- Tai Chi classes are being offered at the Center every Monday, 2p-3p. Interested? Contact Donna@moreaucommunitycenter.org
- MCC Senior [55+] Bowling League is looking for a few bowlers and subs! Call Marilyn at: 518-636 -5077 if interested!

Painting with Patrice - 518.696.3399

May 12, 2022 1"30-3:30 "Red Poppy"



June 9, 2022 1:30– 3:30 "Lake George"



By Georgia O'Keeffe

By Georgia O'Keeffe

Board of Directors

William (Mac) MacDuff, Kathleen (Kay) Hutt, Craig Seybolt, Joseph Orlow, John Hills, Michael Crowe, Sonya Jurnak, Jodi Ogburn, Gordon Woodworth, Elizabeth (Liz) Wilcox, Shelley Murphy, Gail Crandall

Support for Survivors of Suicide Loss

This is a group for survivors to support survivors. All are welcome in a safe space to share grief and guidance for one another. *Virtual for now* The Third Thursday of each month at 7pm

Dial-A-Bus | Available to disabled adults and 55+. To be picked up, you must live in SGF or Moreau.

Other town residents may ride, but must get to the Center on their own.

Suggested donation: \$5 local trips

Disinfecting and cleaning occur daily and between

Trips must be scheduled, and as possible, canceled, **24 hours in advance**,

by calling the

Center at 518-792-6007

Schedule:

Monday: Medical appointments only

Tuesday: Walmart PM

Wednesday: Price Chopper AM, Hannaford PM

Thursday: Open | Misc. Appts., errands, etc.

Friday: Special trips, 5/6 - Senior luncheon-Saratoga 5/13 - Lunch at the Peppermill and Hyde Museum, - 5/20-Crossgates Mall 5/27— Lunch at 99 and movies-suggested donation \$7.00. Call the center at 792-6007 to register for a trip, or for all of them!

Check out the menu for the congregate meals on the back of the newsletter. Maybe you'd like to come in to the center and have lunch before or after shopping.

Center Staff

Donna Nichols, Executive Director Rosemary White, Resource Manager Gloria Osier, Finance Manager Jennifer Rich, Youth Prog. Director Cheryl Lawyer, Dir. of Marketing &

Outreach

Cindy Brennan, Events coordinator/ client outreach

Nancy Douglas, Accounting Specialist

Ken Ashe, Facilities Manager

José Pabon, Building Assistant

Yvette Robbins, Building Assistant Jennifer Smith, Preschool Teacher Maria Piña, Program Assistant José Rivera, Dial-A-Bus

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SAVE THE DATE!!

We're now taking reservations for lunch and a matinee performance of "First Night" by Jack Neary, directed by Jarel Davidow, on Thursday, August 11th at The Holiday Inn Resort in Lake George.

The show is described as "a bright, warm and romantic comedy about life and love. Danny Fleming had convinced himself that life's dreams can't be anything more than dreams. Then back into his life walks high eight-grade flame, Meredith O'Connor—only now it's Sister Meredith Louise, and it becomes a New Year's Eve to remember.!

The Boston Globe calls the show "a lovely riff of magic."

"What a delight!" - says The Los Angeles Times.

Cost per person will be \$67.50, which includes the show and the meal which will be a choice of four entrees: of either beef, chicken or salmon.

Seating is limited to 50 people, so reserve your spot early!

Dial-a-Bus will be available for those who need transportation.

Contact Cindy at 792-6007 ext 19 to register.

Have a suggestion for one of our local Friday bus trips? Museum? Restaurant? Local historical site? We'd love to hear your thoughts!

Call Cindy at 518-792-6007 ext 19 or Cheryl at ext 16





Interested in an easy way to donate to the center? Got bottles and cans ready to return? Stop by and pick up a Clynk bag. Place your returnables in the bag, bring it to your local Hannaford, scan the sticker and the proceeds will go to MCC.

Simple! .





Follow us on Instagram and Facebook,

Consider donating the Center. Contact Donna at 518-792-6007 (x10) or Cheryl (x16) for information.



Bring on the warm weather and May flowers!



May Basket Raffle



Tickets are 3 for \$5.00.

Stop in and get yours!



IT'S MAY, IT'S MAY!!





Arthur: Well... actually... there's not much going on today. The Queen and some of her court have gone a -maying.

Lancelot: Gone... a-maying?

Arthur: Well, it's a sort of... um... picnic? They pick

flowers and chase young...

Lancelot: Picnic?

Arthur: It's a custom we have here. This is England, you know. And this is the season for gathering flow-

ers.

Lancelot: Knights? Gathering FLOWERS? **Arthur**: Well, SOMEONE has to do it!

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South Glens Falls, NY



American Legion Membership Now open to all members of the Armed Forces that have served since December 7, 1941.

Mohican Post 553

Post Meetings:
2nd Monday of every month
Moreau Community Center
144 Main Street
South Glens Falls

Contact or Visit us at:

Email: Adjutant@mohicanpost553.org Website: www.mohicanpost.org

Facebook: https://www.facebook.com/mohicanpost553

If you have served federal active duty in the United States Armed Forces since December 7, 1941 and have been honorably discharged or are still serving - you are **eligible** for **membership** in **The American Legion!**

Did you know that the Moreau Community Center prepares 170 packages weekly for the "Backpack Program", providing nutritious food for students of the South Glens Falls School District on weekends? Staff and volunteers assemble food for underresourced students every Friday and delivers them to the schools for distribution. We are once again very thankful to be named a recipient of the South High Marathon dance to support this program. We couldn't do it without the generous support of community organizations, volunteers and donors!





If you'd like to volunteer at the center, we currently need greeters for our front desk/reception area, and people to work in our thrift store.

For greeters, please contact Cindy at 792-6007 ext. 19

For thrift store, call Rosemary at ext. 12.

Thank you!

Thank you to all of the amazing individuals and businesses who choose to support the *MCC Pulse* with their advertising! If you'd like to help out and join this great group,

contact our LPi Representative, Susanne Carpenter at 508-736-3000 or scarpenter@lpiseniors.com today! Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in.

-Marjorie Moore







SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH-May 2022 GATHER AND DINE & HOME DELIVERED MEALS (518) 363-4020

Monday	Tuesday	Wednesday	Thursday	Friday
Z Chicken w/Creamy Lemon Sauce White Rice Broccoli WW Dinner Roll Peaches	Breaded Pork Slice w/Gravy Buttered Noodles Peas &Carrots Mandarin Oranges	4 Mother's Day Special Chicken Marsala Mashed Potatoes Broccoli WW Dinner Roll Cheesecake w/Cherry Topping	5 Tuna Salad Sandwich on WW Bread Colesiaw Tomato & Cucumber Salad Lower Sodium Potato Chips Banana	Senior L'uncheon
9 Meatballs in Sauce Pasta w/Marinara Sauce Spinach Fruit Cocktail	10 Peach Glazed Chicken White Rice Vegetable Trio WW Dinner Roll SF Oatmeal Raisin Cookies	11 Macaroni & Cheese Brussels Sprouts Warm Berry Crisp Yogurt	12 BBQ Pork Loin Oven Roasted Sweet Potatoes Cabbage Cornbread Applesauce	13 Turkey Meatloaf w/Mushroom Gravy Mashed Potatoes Corn Mandarin Oranges
16 Pork Loin w/Fiesta Sauce Buttered Egg Noodles Broccoli Pears	17 Baked Fish w/Lemon Herb Sauce White Rice Capri Vegetables WW Dinner Roll Mandarin Oranges	18 Chicken Cacciatore Pasta w/Sauce Wax Beans WW Dinner Roll Fruit Cocktail	19 Meatloaf w/Gravy Mashed Potatoes Brussels Sprouts SF Chocolate Chip Cookies	20 LS Ham & Swiss on Whole Wheat Bread w/Mustard Macaroni Salad Tomato & Cucumber Salad Pineapple
Chicken Florentine Buttered Noodles Vegetable Trio WW Dinner Roll SF Vanilla Pudding	24 Teriyaki Glazed Pork White Rice Spinach WW Dinner Roll Orange	25 Birthday Special Hot Dog on Bun Mustard Baked Beans Oven Roasted Sweet Potatoes Birthday Cake	26 Ranch Chicken White Rice Lima Beans Corn Muffin Mandarin Oranges	27 Roast Beef w/Gravy Mashed Potatoes Mixed Vegetables WW Dinner Roll Peaches
30 CLOSED	31 Chicken Alfredo Buttered Pasta Broccoli Pears	tîn		

Menu Subject To Change

Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$8 fee for guests under the age of 60. Please make checks payable to: Saratoga County Treasurer, c/o Saratoga County Department For Aging & Youth, 152 West High Street, Ballston Spa, NY 12020

SAVE THE DATE!

SENIOR ANNUAL LUNCHEON WILL BE HELD ON FRIDAY, MAY 6 AT THE

SARATOGA SPRINGS CITY CENTER

522 BROADWAY ENTRANCE

SARATOGA SPRINGS, NY 12866

DIAL-A-BUS WILL BE AVAILABLE TO THOSE WHO NEED TRANSPORATION

mazzone hospitality

CALL THE SARATOGA COUNTY OFA FOR INFO 884-4100

