SACRED HEART
CATHOLIC CHURCH
NORFOLK, VIRGINIA

Phone: 757-625-6763 | Fax: 757-627-1965
Website: www.sacredheartnorfolk.org
Email: office@sacredheartnorfolk.org

Twenty-Second Sunday in Ordinary Time August 29, 2021

Welcome!

Registration of New Parishioners
Online Registration:
www.sacredheartnorfolk.org/parish-registration
Or contact parish office at
625-6763 or office@sacredheartnorfolk.org

Sacramental Preparation
For more information, contact Amy Woods at 625-6763 or amy@sacredheartnorfolk.org.

Ministry to the Sick & Homebound
If you know someone who desires a visit, contact the parish office at 625-6763 or office@sacredheartnorfolk.org.

Prayer Chain Ministry
Contact Susan Daniel with prayer requests at 436-2324 or susdan@me.com

RCIA at Sacred Heart
If you are an adult and would like to explore the Catholic way of life, our RCIA group meets **every Thursday at 7 p.m**. Contact Amy Woods at 625-6763 or amy@sacredheartnorfolk.org.

Sacred Heart Young Adults Group (21+)
For information about the young adult scripture discussions and monthly socials. Contact Elizabeth at youngadults@sacredheartnorfolk.org

Our Mission
We, the diverse Catholic community of Sacred Heart, are called to act as disciples of Jesus, respecting the dignity of all, through our Word, Worship, Community and Service.

Parish Office Hours
Mon–Thurs: 9 a.m.–3 p.m. Fri: 9 a.m.–Noon

Mass Schedule
Saturday
Reconciliation 4:30 pm –5:00 pm,
Mass 5:30 pm
Sunday Mass
8:00 am & 11:00 am
11:00 am Mass will be live-streamed
Daily Mass
Wednesday 5:30 pm,
(follow by Eucharistic Adoration 6:00 p.m.)
Friday 12:00 p.m.

Parish Staff
Rev. Paul Muyimbwa.....*Pastor*
Amy Woods.....*Director of Religious Education*
Dr. James Gallatin.....*Music Director*
Nancy Mapp.....*Bookkeeper*
Tia Marvin.....*Parish Administrative Assistant*
Antonio Marvin..... .....*Custodian*

This Week at Sacred Heart

Sunday, Aug 29
8-9 a.m. Mass/Pat Moloney
11:00 am Baptism
11:00 a.m. Mass/Michael Anthony Iacovacci
12:30-1:30 Confirmation Sponsor
1:30-2:30 Soup Kitchen #5

Monday, Aug 30
3-4 pm Centering Prayer

Tuesday, Aug 31
6-8 a.m. Catholic Worker
7-9 pm PPC

Wednesday, Sept 1
5:30-6 p.m. Mass
6-6:30 p.m. Eucharistic Adoration

Thursday, Sept 2
6-8 a.m. Catholic Worker
7-8 pm RCIA

Friday, Sept 3
12:00 p.m. Mass

Saturday, Sept 4
11-12 am Rehearsal
2-4 pm Wedding
4:30-5 p.m. Reconciliation
5:30 p.m. Mass/ Special Intention
6:30 pm Meet and Greet Parishioners

Sunday, Sept 5
8-9 a.m. Mass/People of Sacred Heart
9: 00 am Meet and Greet Parishioners
11:00 am Baptism
11:00 a.m. Mass/Eileen Powell
1:00 pm Meet and Greet Parishioners
12:30-1:30 Confirmation Sponsor
1:30-2:30 Soup Kitchen #1
4-6 pm Wedding

Mark Your Calendars

For Upcoming Sacred Heart Events

Meet and Greet.....September 4-5
Labor Day.....Sept 6
Wine Festival.....Oct. 2
Parish Picnic.....Oct 17

Service Members of Our Parish

We pray for members of our parish who are serving overseas, as well as their families.

John Matchett, Dillon Scherger,
Michael Schaefer, Joshua Kreider,
Thomas Van de Castle, Oscar Lopez Jr., Nathan Clark

If you would like to add or remove a name from this list, contact us at: office@sacredheartnorfolk.org

Pastoral Care

We Pray for our sick and those in need of our prayers.

Mary Lou McPhaul, Dr. Sal Barr, Kara Cusano,
Ellen Schoepf,, Andrew Wilcox,
Terry Kelly, Linda Shelton Elizabeth Von Tersch,
Alan Morton, James McMally, Jean Rigney,
Gail Anthony, Joe Johnson, Sebastian Bonauito,
Ann Hennelly, Betsy Murray, St. Gabriel Twin Parish,
Ed & Beverly Johnson, Rusty Aven,
Sr Nancy Healy , Sofia Coakley,, Joe Carosi and Family

WEEKLY PRAYER

READINGS FOR THE WEEK OF AUGUST 29, 2021

Sunday: Dt 4:1-2, 6-8/Ps 15:2-3, 3-4, 4-5 [1a]/Jas 1:17-18, 21b-22, 27/ Mk 7:1-8, 14-15, 21-23

Monday: 1 Thes 4:13-18/Ps 96:1 and 3, 4-5, 11-12, 13 [13b]/Lk 4:16-30

Tuesday: 1 Thes 5:1-6, 9-11/Ps 27:1, 4, 13-14 [13]/Lk 4:31-37

Wednesday: Col 1:1-8/Ps 52:10, 11 [10]/Lk 4:38-44

Thursday: Col 1:9-14/Ps 98:2-3ab, 3cd-4, 5-6 [2]/Lk 5:1-11

Friday: Col 1:15-20/Ps 100:1b-2, 3, 4, 5 [2b]/Lk 5:33-39

Saturday: Col 1:21-23/Ps 54:3-4, 6 and 8 [6]/Lk 6:1-5

Next Sunday: Is 35:4-7a/Ps 146:7, 8-9, 9-10 [1b]/Jas 2:1-5/Mk 7:31-37

OBSERVANCES FOR THE WEEK OF AUGUST 29, 2021

Sunday: 22nd Sunday in Ordinary Time

Friday: St. Gregory the Great, Pope and Doctor of the Church

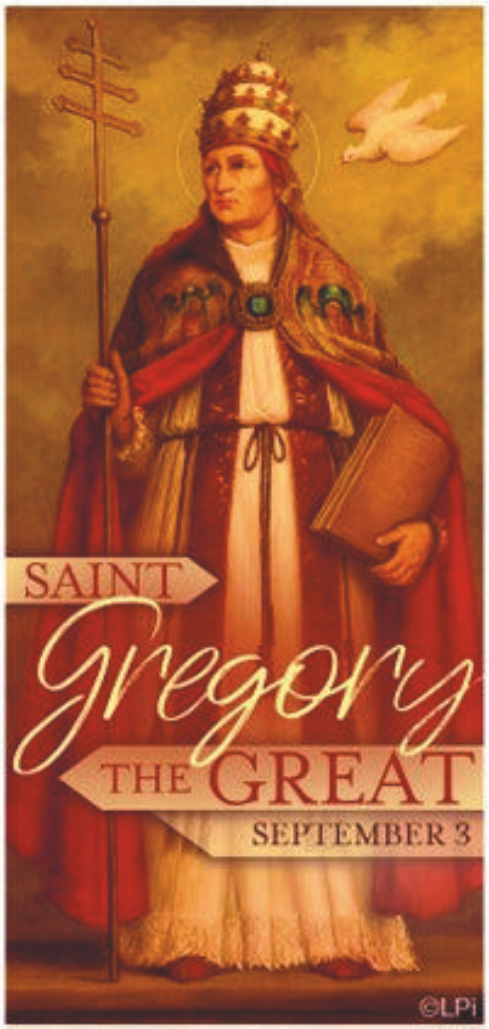
Saturday: BVM

Next Sunday: 23rd Sunday in Ordinary Time

LIVE THE LITURGY

Inspiration for the week

What makes a person wise and intelligent? Certainly it is not the ability to memorize facts or minute details about a situation. What makes a person wise and intelligent is when their words and actions harmoniously unite and produce virtue. A person can know many facts and even do the right actions but still have a grave flaw in their character. We sometimes want to delude ourselves into thinking that as long as we are "doing" everything correctly, we are automatically in right relationship with all. Such is sadly not the case in the kingdom of God. We are called not to be just hearers of the Word, but doers as well. That means getting to the heart of what laws and rituals are meant to signify and nurture. If we do not bring the actions home, where they belong, and allow them to speak of the goodness, mercy, compassion, and love of God, then they are simply empty worthless gestures. Welcome the Word that has been planted within you so that you can be a truly wise and intelligent disciple of Jesus Christ.



"Hear me, all of you, and understand."

– MARK 7:14 –

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