

SACRED HEART

CATHOLIC CHURCH
NORFOLK, VIRGINIA



Phone: 757-625-6763 | Fax: 757-627-1965
Website: www.sacredheartnorfolk.org
Email: office@sacredheartnorfolk.org

The Epiphany of The Lord January 2, 2022

Welcome!

Registration of New Parishioners

Online Registration:
www.sacredheartnorfolk.org/parish-registration or
Or contact parish office at
757-625-6763 or office@sacredheartnorfolk.org

Sacramental Preparation

For more information, contact Amy Woods at
625-6763 or amy@sacredheartnorfolk.org

Ministry to the Sick & Homebound

If you know someone who desires a visit, contact the parish
office at 625-6763 or office@sacredheartnorfolk.org

Prayer Chain Ministry

Contact Susan Daniel with prayer requests at
436-2324 or susdan@me.com

RCIA at Sacred Heart

If you are an adult and would like to explore the Catholic way
of life, our RCIA group meets **every Thursday at 7 p.m.**
Contact Amy Woods at 625-6763 or
amy@sacredheartnorfolk.org

Sacred Heart Young Adults Group (18+)

For information about the young adult scripture discussions
and monthly socials. Contact Abbi
at youngadults@sacredheartnorfolk.org



Our Mission

We, the diverse Catholic community of Sacred Heart, are called to act as disciples of Jesus, respecting the dignity of all, through our Word, Worship, Community and Service.

Parish Office Hours

Monday –Thursday 9:00-3:00 Friday 9:00-12:00

Mass Schedule

Saturday

Reconciliation 4:30 pm –5:00 pm,
Mass 5:30 pm

Sunday Mass

8:00 am & 11:00 am
11:00 am Mass will be live-streamed

Daily Mass

Tuesday and Wednesday 5:30 pm,
(Wednesday's Mass is follow by
Eucharistic Adoration 6:00 p.m.)
Friday 12:00 p.m.

Parish Staff

Rev. Paul Muyimbwa.....*Pastor*
Amy Woods.....*Director of Religious Education*
Dr. James Gallatin.....*Music Director*
Jane Yockey (Temp).....*Bookkeeper*
Tia Marvin..... *Administrative Assistant*
Antonio Marvin.....*Custodian*
Diana Kreider.....*Administrative Assistant*

This Week at Sacred Heart

Sunday, January 2
All Day Epiphany of the Lord
8:00 am Mass/People of Sacred Heart
10-11 am Choir Practice
11:00 am Mass/Neil Walsh
12:00 pm Rosary Group
12:00 pm Epiphany Gathering (Commons)
1:30-3pm Soup Kitchen#1

Monday, January 3
3-4 pm Centering Prayer
6:30-8pm J&P Meeting

Tuesday, January 4
6-8 a.m. Catholic Worker
5:30 pm Daily Mass
7-8pm Bible Study

Wednesday, January 5
5:30-6pm Daily Mass
6:00-6:30pm Eucharistic Adoration

Thursday, January 6
6-8 a.m. Catholic Worker
7-9pm Choir practice
7-8:30pm RCIA

Friday, January 7
12:00 pm Daily Mass

Saturday, January 8
4:30pm Reconciliation
5:30 pm Mass

Sunday, January 9
8:00 am Mass/People of Sacred Heart
9:15-10:45am K-5 Religious Education
11:00 am Mass/Twin Parish of St. Gabriel
12:00 pm Rosary Group
1:30-3pm Soup Kitchen#2
3-7pm Wedding
6:30-8pm Confirmation Sponsor/
Candidate Session



Mark Your Calendars For Upcoming Sacred Heart Events

Haiti Cultural Dinner.....January 22nd

Service Members of Our Parish

We pray for members of our parish who are serving overseas, as well as their families.

John Matchett, Dillon Scherger,

Michael Schaefer,

Thomas Van de Castle, Oscar Lopez Jr., Nathan Clark

If you would like to add or remove a name from this list, contact us at: office@sacredheartnorfolk.org

Pastoral Care

We Pray for our sick and those in need of our prayers.

Mary Lou McPhaul, Dr. Sal Barr, Kara Cusano,

Ellen Schoepf, Andrew Wilcox,

Terry Kelly, Linda Shelton Elizabeth Von Tersch,

Alan Morton, James McMally, Jean Rigney,

Gail Anthony, Joe Johnson, Sebastian Bonaiuto,

Ann Hennelly, Betsy Murray, St. Gabriel Twin Parish,

Ed & Beverly Johnson, Rusty Aven,

Sr Nancy Healy, Sofia Coakley,, Joe Carosi and Family

WEEKLY PRAYER

READINGS FOR THE WEEK OF JANUARY 2, 2022

- Sunday:** Is 60:1-6/Ps 72:1-2, 7-8, 10-11, 12-13 [cf.11]/Eph 3:2-3a, 5-6/
Mt 2:1-12
- Monday:** 1 Jn 3:22—4:6/Ps 2:7bc-8, 10-12a/Mt 4:12-17, 23-25
- Tuesday:** 1 Jn 4:7-10/Ps 72:1-2, 3-4, 7-8/Mk 6:34-44
- Wednesday:** 1 Jn 4:11-18/Ps 72:1-2, 10, 12-13/Mk 6:45-52
- Thursday:** 1 Jn 4:19—5:4/Ps 72:1-2, 14 and 15bc, 17/Lk 4:14-22a
- Friday:** 1 Jn 5:5-13/Ps 147:12-13, 14-15, 19-20/Lk 5:12-16
- Saturday:** 1 Jn 5:14-21/Ps 149:1-2, 3-4, 5 and 6a and 9b/Jn 3:22-30
- Next Sunday:** Is 42:1-4, 6-7/Ps 29:1-2, 3-4, 3, 9-10 [11b]/Acts 10:34-38/Lk 3:15-16, 21-22 or, Is 40:1-5, 9-11/Ps 104:1b-2, 3-4, 24-25, 27-28, 29-30 [1]/Ti 2:11-14; 3:4-7/Lk 3:15-16, 21-22

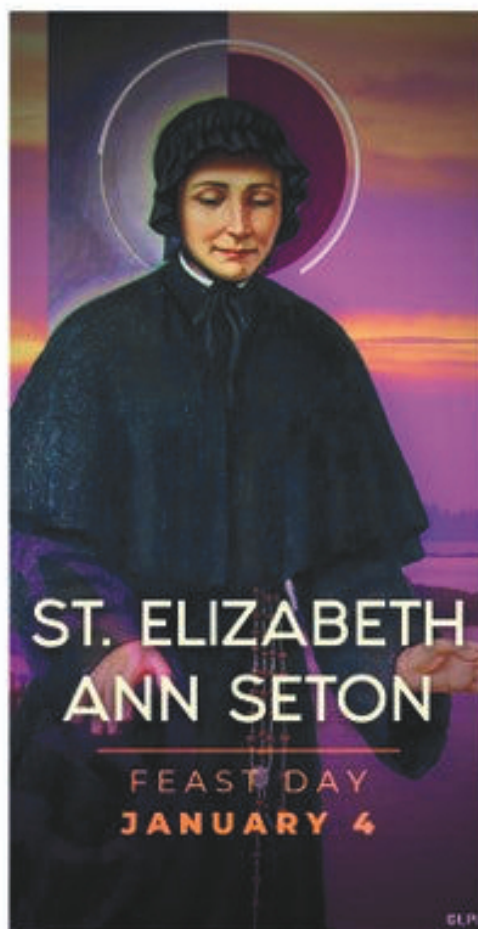
OBSERVANCES FOR THE WEEK OF JANUARY 2, 2022

- Sunday:** The Epiphany of the Lord; Sts. Basil the Great and Gregory Nazianzen, Bishops and Doctors of the Church
- Monday:** The Most Holy Name of Jesus
- Tuesday:** St. Elizabeth Ann Seton, Religious
- Wednesday:** St. John Neumann, Bishop
- Thursday:** St. André Bessette, Religious
- Friday:** St. Raymond of Penyafort, Priest
- Next Sunday:** The Baptism of the Lord

LIVE THE LITURGY

Inspiration for the week

Human beings easily get bored. Life's routines can become so predictable that there is often little time for excitement or freshness. Today is all about the new and the wonderful. In celebrating the beauty and simplicity of the Epiphany, we see in tangible ways God's creative, redemptive, and restorative power. This refreshment and revitalization is offered not only to a select few but to everyone throughout the world. There is nothing routine or static about God. Surprises, wonders, miracles, opportunities, healings, and joy without measure are available to those who believe. There are never any endings, just beginnings. And, when darkness, boredom, and gloom seem to be the order of the day, a bright new light now shines pointing us to truth and reminding us that we are loved.



SAINT OF THE WEEK

The patron saint of Catholic schools, St. Elizabeth Ann Seton (August 28, 1774 – January 4, 1821) was born in New York City to a prominent family of the Episcopal faith. When she turned 19, she married a wealthy businessman with whom she had five children. He later died of tuberculosis in 1803, leaving her a young widow. After discovering the Catholic faith in Italy, where her husband had died, she returned to New York and converted to Catholicism in 1805.

After several years struggling as a single mother, Elizabeth moved in 1809 to Emmitsburg, Maryland, where she founded the Sisters of Charity of St. Joseph, the first community for religious women established in the United States. She also began St. Joseph's Academy and Free School, which started a chain reaction of Catholic-based education in the United States that continues today.

St. Elizabeth Ann Seton was canonized September 14, 1975 in St. Peter's Square by Pope Paul VI and was the first citizen born in the United States to be given the title of "saint."

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