

SACRED HEART

CATHOLIC CHURCH
NORFOLK, VIRGINIA



Phone: 757-625-6763 | Fax: 757-627-1965

Website: www.sacredheartnorfolk.org

Email: office@sacredheartnorfolk.org

The Baptism of The Lord January 9, 2022

Welcome!

Registration of New Parishioners

Online Registration:
www.sacredheartnorfolk.org/parish-registration or
Or contact parish office at
757-625-6763 or office@sacredheartnorfolk.org

Sacramental Preparation

For more information, contact Amy Woods at
625-6763 or amy@sacredheartnorfolk.org

Ministry to the Sick & Homebound

If you know someone who desires a visit, contact the parish
office at 625-6763 or office@sacredheartnorfolk.org

Prayer Chain Ministry

Contact Susan Daniel with prayer requests at
436-2324 or susdan@me.com

RCIA at Sacred Heart

If you are an adult and would like to explore the Catholic way
of life, our RCIA group meets **every Thursday at 7 p.m.**
Contact Amy Woods at 625-6763 or
amy@sacredheartnorfolk.org

Sacred Heart Young Adults Group (18+)

For information about the young adult scripture discussions
and monthly socials. Contact Abbi
at youngadults@sacredheartnorfolk.org



Our Mission

We, the diverse Catholic
community of Sacred Heart,
are called to act as disciples
of Jesus, respecting the
dignity of all, through our
Word, Worship, Community
and Service.

Parish Office Hours

Monday –Thursday 9:00-3:00 Friday 9:00-12:00

Mass Schedule

Saturday

Reconciliation 4:30 pm –5:00 pm,
Mass 5:30 pm

Sunday Mass

8:00 am & 11:00 am

11:00 am Mass will be live-streamed

Daily Mass

Tuesday and Wednesday 5:30 pm,
(Wednesday's Mass is followed by
Eucharistic Adoration 6:00 p.m.)

Friday 12:00 p.m.

Parish Staff

Rev. Paul Muyimbwa.....*Pastor*
Amy Woods.....*Director of Religious Education*
Dr. James Gallatin.....*Music Director*
Jane Yockey (Temp).....*Bookkeeper*
Tia Marvin..... *Administrative Assistant*
Antonio Marvin.....*Custodian*
Diana Kreider.....*Administrative Assistant*

This Week at Sacred Heart

Sunday, January 9
All Day Baptism of the Lord
8:00 am Mass/People of Sacred Heart
9:15-10:45am K-5 Religious Education
11:00 am Mass/Twin Parish of St. Gabriel
12:00 pm Rosary Group
1:30-3pm Soup Kitchen#2
3-4pm Wedding
6:30-8pm Confirmation Sponsor/
Candidate Session

Monday, January 10
3-4 pm Centering Prayer

Tuesday, January 11
6-8 a.m. Catholic Worker
10:-11 am Bible Study
5:30 pm Daily Mass
6:15-7:45 PFC
7-8pm Bible Study

Wednesday, January 12
5:30-6pm Young Adult
5:30-6pm Daily Mass
6:-6:30pm Eucharistic Adoration

Thursday, January 13
6-8 a.m. Catholic Worker
7-9pm Choir practice
7-8:30pm RCIA

Friday, January 14
12:00 pm Daily Mass

Saturday, January 15
10:30-11:00 Baptism
4:30pm Reconciliation
5:30 pm Mass/People of Sacred Heart

Sunday, January 16
8:00 am Mass/People of Sacred Heart
8:30-4pm Confirmation Retreat at
Blessed Sacrament
10:-11am Choir Practice
11:00 am Mass/Tom Moloney
12:00 pm Rosary Group
1:30-3pm Soup Kitchen#3



Mark Your Calendars For Upcoming Sacred Heart Events

Confirmation Retreat Blessed Sac.....Jan. 16
Haiti Cultural Dinner.....Jan. 22

Service Members of Our Parish

We pray for members of our parish who are serving overseas, as well as their families.

John Matchett, Dillon Scherger,

Michael Schaefer,

Thomas Van de Castle, Oscar Lopez Jr., Nathan Clark

If you would like to add or remove a name from this list, contact us at: office@sacredheartnorfolk.org

Pastoral Care

We Pray for our sick and those in need of our prayers.

Mary Lou McPhaul, Dr. Sal Barr, Kara Cusano,

Ellen Schoepf, Andrew Wilcox,

Terry Kelly, Linda Shelton Elizabeth Von Tersch,

Alan Morton, James McMally, Jean Rigney,

Gail Anthony, Joe Johnson, Sebastian Bonaiuto,

Ann Hennelly, Betsy Murray, St. Gabriel Twin Parish,

Ed & Beverly Johnson, Rusty Aven,

Sr Nancy Healy, Sofia Coakley,, Joe Carosi and Family

WEEKLY PRAYER

READINGS FOR THE WEEK OF JANUARY 9, 2022

- Sunday:** Is 42:1-4, 6-7/Ps 29:1-2, 3-4, 3, 9-10 [11b]/Acts 10:34-38/Lk 3:15-16, 21-22 or, Is 40:1-5, 9-11/Ps 104:1b-2, 3-4, 24-25, 27-28, 29-30 [1]/Ti 2:11-14; 3:4-7/Lk 3:15-16, 21-22
- Monday:** 1 Sm 1:1-8/Ps 116:12-13, 14-17, 18-19/Mk 1:14-20
- Tuesday:** 1 Sm 1:9-20/1 Sm 2:1, 4-5, 6-7, 8abcd/Mk 1:21-28
- Wednesday:** 1 Sm 3:1-10, 19-20/Ps 40:2 and 5, 7-8a, 8b-9, 10/Mk 1:29-39
- Thursday:** 1 Sm 4:1-11/Ps 44:10-11, 14-15, 24-25/Mk 1:40-45
- Friday:** 1 Sm 8:4-7, 10-22a/Ps 89:16-17, 18-19/Mk 2:1-12
- Saturday:** 1 Sm 9:1-4, 17-19; 10:1a/Ps 21:2-3, 4-5, 6-7/Mk 2:13-17
- Next Sunday:** Is 62:1-5/Ps 96:1-2, 2-3, 7-8, 9-10 [3]/1 Cor 12:4-11/Jn 2:1-11

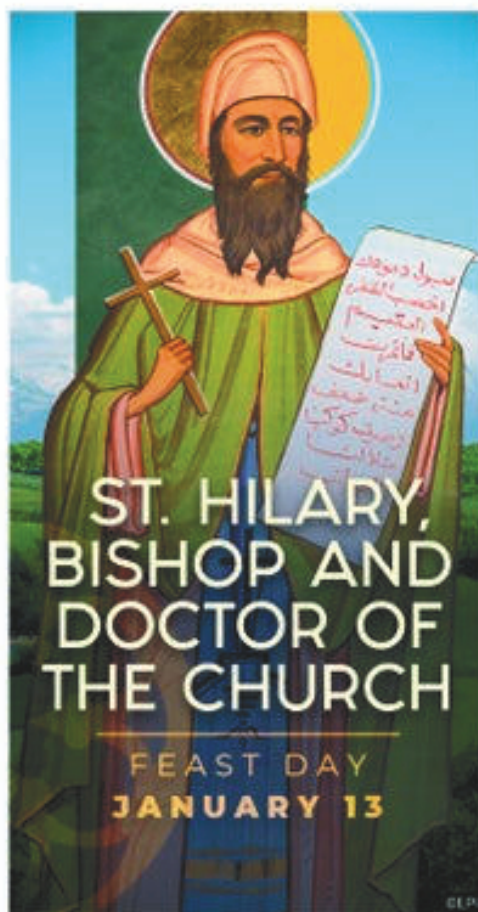
OBSERVANCES FOR THE WEEK OF JANUARY 9, 2022

- Sunday:** The Baptism of the Lord
- Thursday:** St. Hilary, Bishop and Doctor of the Church
- Next Sunday:** 2nd Sunday in Ordinary Time

LIVE THE LITURGY

Inspiration for the week

Jesus stood in line with everyone else and was baptized. There is something incredibly humbling about how this must have played out. Then, God did something truly awesome and inspiring. Through a very gentle and simple action he let the world know about the special relationship He shares with Jesus. That's exactly what is so incredible about our baptisms as well! Through those holy waters God announces to the world the special place we also occupy in His heart. We no longer have to wonder about the purpose of our lives or struggle to find our way. We do not need to fumble around, tripping over ourselves and wondering why we are even here. The answer has been given. All we have to do is live out the vocation we have received, to live the Gospel in fidelity to our Creator. There is nothing to fear and worry has no place. Standing in line with other sinners, we have our anchor and God is very pleased.



SAINT OF THE WEEK

Born a pagan, St. Hilary (c. 315 – c. 367) studied philosophy and the meaning of life, eventually making his way through the bible. He became a convert and was appointed bishop of Poitiers in 353. Sometimes referred to as the Hammer of the Arians, St. Hilary defended the Nicene Creed against a popular heresy, Arianism. He was exiled to Phrygia for opposing Roman emperor Constantius II, who preferred the heresy which denies Christ's divinity. From Phrygia St. Hilary fought with his pen, zealously writing against the heresy.

Eventually he was allowed to return to Poitiers, but did so by a circuitous route, preaching against Arianism all the way. St. Hilary was likely the first writer of hymns in the West, his writings on the Trinity, Psalms and Gospel of Matthew survive today. St. Hilary was created Doctor of the Church, a title given to those who provided important contributions to theology and doctrine, in 1851 by Pope Pius IX.

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