



2ND SUNDAY IN ORDINARY TIME
MIRACLE
 Jesus said to her, "Woman, how does your concern affect me? My hour has not yet come." - Jn 2:4

Excerpts from the Lectionary for Mass ©2007, 1986, 1970 CCC.

SACRED HEART

CATHOLIC CHURCH
 NORFOLK, VIRGINIA



Phone: 757-625-6763 | Fax: 757-627-1965
 Website: www.sacredheartnorfolk.org
 Email: office@sacredheartnorfolk.org

Second Sunday in Ordinary Time January 16, 2022

Welcome!

Registration of New Parishioners

Online Registration:
www.sacredheartnorfolk.org/parish-registration or
 Or contact parish office at
 757-625-6763 or office@sacredheartnorfolk.org

Sacramental Preparation

For more information, contact Amy Woods at
 625-6763 or amy@sacredheartnorfolk.org

Ministry to the Sick & Homebound

If you know someone who desires a visit, contact the parish office at 625-6763 or office@sacredheartnorfolk.org

Prayer Chain Ministry

Contact Susan Daniel with prayer requests at
 436-2324 or susdan@me.com

RCIA at Sacred Heart

If you are an adult and would like to explore the Catholic way of life, our RCIA group meets **every Thursday at 7 p.m.**
 Contact Amy Woods at 625-6763 or
amy@sacredheartnorfolk.org

Sacred Heart Young Adults Group (18+)

For information about the young adult scripture discussions and monthly socials. Contact Abbi at youngadults@sacredheartnorfolk.org



Our Mission

We, the diverse Catholic community of Sacred Heart, are called to act as disciples of Jesus, respecting the dignity of all, through our Word, Worship, Community and

Parish Office Hours

Monday –Thursday 9:00-3:00 Friday 9:00-12:00

Mass Schedule

Saturday

Reconciliation 4:30 pm –5:00 pm,
 Mass 5:30 pm

Sunday Mass

8:00 am & 11:00 am

11:00 am Mass will be live-streamed

Daily Mass

Tuesday and Wednesday 5:30 pm,
 (Wednesday's Mass is followed by Eucharistic Adoration 6:00 p.m.)
 Friday 12:00 p.m.

Parish Staff

Rev. Paul Muyimbwa.....*Pastor*
 Amy Woods.....*Director of Religious Education*
 Dr. James Gallatin.....*Music Director*
 Betsy Powell.....*Bookkeeper*
 Tia Marvin..... *Administrative Assistant*
 Antonio Marvin.....*Custodian*
 Diana Kreider.....*Administrative Assistant*

This Week at Sacred Heart

Sunday,	January 16
8:00 am	Mass/People of Sacred Heart
8:30-4pm	Confirmation Retreat at Blessed Sacrament
10:-11am	Choir Practice
11:00 am	Mass/Tom Moloney
12:00 pm	Rosary Group
1:30-3pm	Soup Kitchen#3
Monday,	January 17
All Day	Martin Luther King Jr. Day– Office is Closed
3-4 pm	Centering Prayer
Tuesday,	January 18
6-8 a.m.	Catholic Worker
10:-11 am	Bible Study
5:30 pm	Daily Mass
6:15-7:45	PFC
7-8pm	Bible Study
Wednesday,	January 19
5:30-6pm	Daily Mass
6:-6:30pm	Eucharistic Adoration
Thursday,	January 20
6-8 a.m.	Catholic Worker
7-9pm	Choir practice
7-8:30pm	RCIA
7-8 pm	Care for Creation Meeting
Friday,	January 21
12:00 pm	Daily Mass
Saturday,	January 22
4:30pm	Reconciliation
5:30 pm	Mass/People of Sacred Heart
Sunday,	January 23
8:00 am	Mass/People of Sacred Heart
9:15 am	K-5 Religious Education Session
10:-11am	Choir Practice
11:00 am	Mass/Romeo Lumaban
12:00 pm	Rosary Group
1:30-3pm	Soup Kitchen#4
6:30 pm	High School Religious Education



Mark Your Calendars For Upcoming Sacred Heart Events

Confirmation Retreat Blessed Sac.....Jan. 16

Service Members of Our Parish

We pray for members of our parish who are serving overseas, as well as their families.

John Matchett, Dillon Scherger,

Michael Schaefer,

Thomas Van de Castle, Oscar Lopez Jr., Nathan Clark

If you would like to add or remove a name from this list, contact us at: office@sacredheartnorfolk.org

Pastoral Care

We Pray for our sick and those in need of our prayers.

Mary Lou McPhaul, Dr. Sal Barr, Kara Cusano,

Ellen Schoepf,, Andrew Wilcox,

Terry Kelly, Linda Shelton Elizabeth Von Tersch,

Alan Morton, James McMally, Jean Rigney,

Gail Anthony, Joe Johnson, Sebastian Bonaiuto,

Ann Hennelly, Betsy Murray, St. Gabriel Twin Parish,

Ed & Beverly Johnson, Rusty Aven,

Sr Nancy Healy , Sofia Coakley,, Joe Carosi and Family

WEEKLY PRAYER

READINGS FOR THE WEEK OF JANUARY 16, 2022

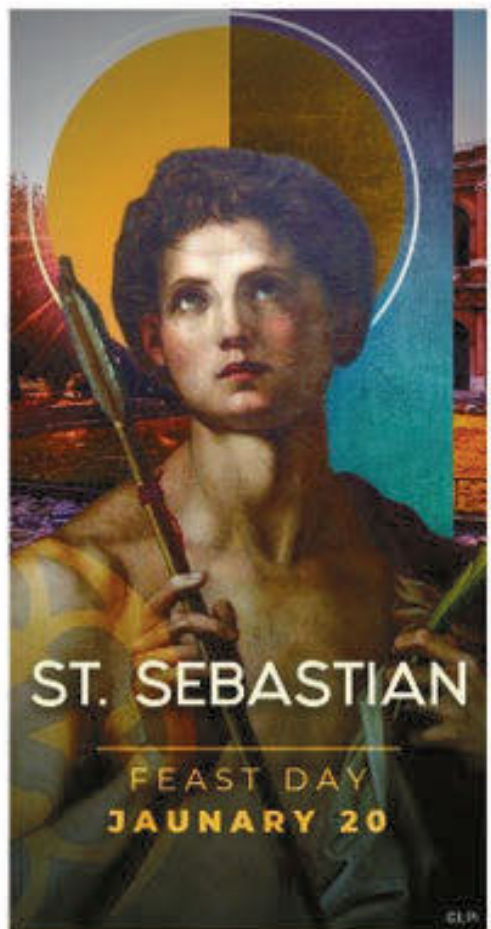
- Sunday:** Is 62:1-5/Ps 96:1-2, 2-3, 7-8, 9-10 [3]/1 Cor 12:4-11/Jn 2:1-11
- Monday:** 1 Sm 15:16-23/Ps 50:8-9, 16bc-17, 21 and 23/Mk 2:18-22
- Tuesday:** 1 Sm 16:1-13/Ps 89:20, 21-22, 27-28/Mk 2:23-28
- Wednesday:** 1 Sm 17:32-33, 37, 40-51/Ps 144:1b, 2, 9-10/Mk 3:1-6
- Thursday:** 1 Sm 18:6-9; 19:1-7/Ps 56:2-3, 9-10a, 10b-11, 12-13/Mk 3:7-12
- Friday:** 1 Sm 24:3-21/Ps 57:2, 3-4, 6 and 11/Mk 3:13-19
- Saturday:** 2 Sm 1:1-4, 11-12, 19, 23-27/Ps 80:2-3, 5-7/Mk 3:20-21
- Next Sunday:** Neh 8:2-4a, 5-6, 8-10/Ps 19:8, 9, 10, 15/1 Cor 12:12-30 or 12:12-14, 27/Lk 1:1-4; 4:14-21

OBSERVANCES FOR THE WEEK OF JANUARY 16, 2022

- Sunday:** 2nd Sunday in Ordinary Time
- Monday:** Martin Luther King Day; St. Anthony, Abbot
- Tuesday:** Week of Prayer for Christian Unity
- Thursday:** St. Fabian, Pope and Martyr; St. Sebastian, Martyr
- Friday:** St. Agnes, Virgin and Martyr
- Saturday:** Day of Prayer for the Legal Protection of Unborn Children
- Next Sunday:** 3rd Sunday in Ordinary Time; St. Vincent, Deacon and Martyr; St. Marianne Cope, Virgin

LIVE THE LITURGY Inspiration for the week

Relationships are hard to clarify. Determining whether people in our lives are simply acquaintances and associates or a deeper level of friend is a journey that takes time. Identifying and celebrating those people who really care about us is a lifelong adventure that involves both moments of intense elation and heartache. Some relationships are more easily definable than others. Two people who are in love must decide whether the love they share has the freedom and depth necessary for lifelong commitments. Other relationships may look like friendship but may harbor grave dysfunction and toxicity. Discernment is needed on all fronts. Our relationship with God also needs definition and discernment. God has taken creation as His spouse and human beings as His children. God delights in us and all that He has made. The wedding feast at Cana demonstrates God's investment in all of this, especially our happiness. Life is a time for celebration and great rejoicing!



SAINT OF THE WEEK

Not much is known about the life of St. Sebastian (256 – 287), except that he was a Roman martyr whose name has been mentioned throughout history since early 350.

We see St. Sebastian many times in art, especially from iconic paintings from Guido Reni, Andrea Mantegna and Hendrick ter Brugghen. Historical scholars now agree that a spiritual story has the beloved saint entering the Roman army because only there could he assist Christian martyrs without arousing suspicion on himself. Eventually he was found out, brought before Emperor Diocletian and delivered to Mauritanian archers to be shot to death. Pierced with arrows, he was left for dead, but managed to survive. He recovered from his wounds but still refused to leave.

One day, St. Sebastian took up a position near where the emperor was to pass. He confronted the emperor, condemning him for his cruelty to Christians. This time the sentence of death was carried out, and St. Sebastian was beaten to death with clubs. Today he is the patron saint of athletes.

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