



OUR LADY OF PERPETUAL HELP CATHOLIC CHURCH

314 TURNER ROAD
SALEM, VIRGINIA 24153

WWW.OLPHSALEM.ORG

office@olphsalem.org

P: (540) 387-0491 | F: (540) 389-8237

PARISH OFFICE

Monday–Friday 9:00 a.m.–4:00 p.m.

FACEBOOK

Our Lady of Perpetual Help
in Salem, VA

FEBRUARY 21, 2021

EUCCHARISTIC LITURGIES

LIVESTREAMING MASSES ON

Sunday - 10:30 am

Monday - 12:00 pm

Wednesday - 6:30 pm

Thurs. & Fri. - 12:00 pm

Saturday - 5:00 pm

SACRAMENT OF RECONCILIATION

Saturday - 3:30 - 4:30 pm

Wednesday - 5:30 - 6:00 pm

or by appointment

SACRAMENT OF BAPTISM

Infant Baptism – Please contact Deacon Eric Surat, 387-0491, Ext. 320, for information regarding baptismal preparation.

SACRAMENT OF ANOINTING

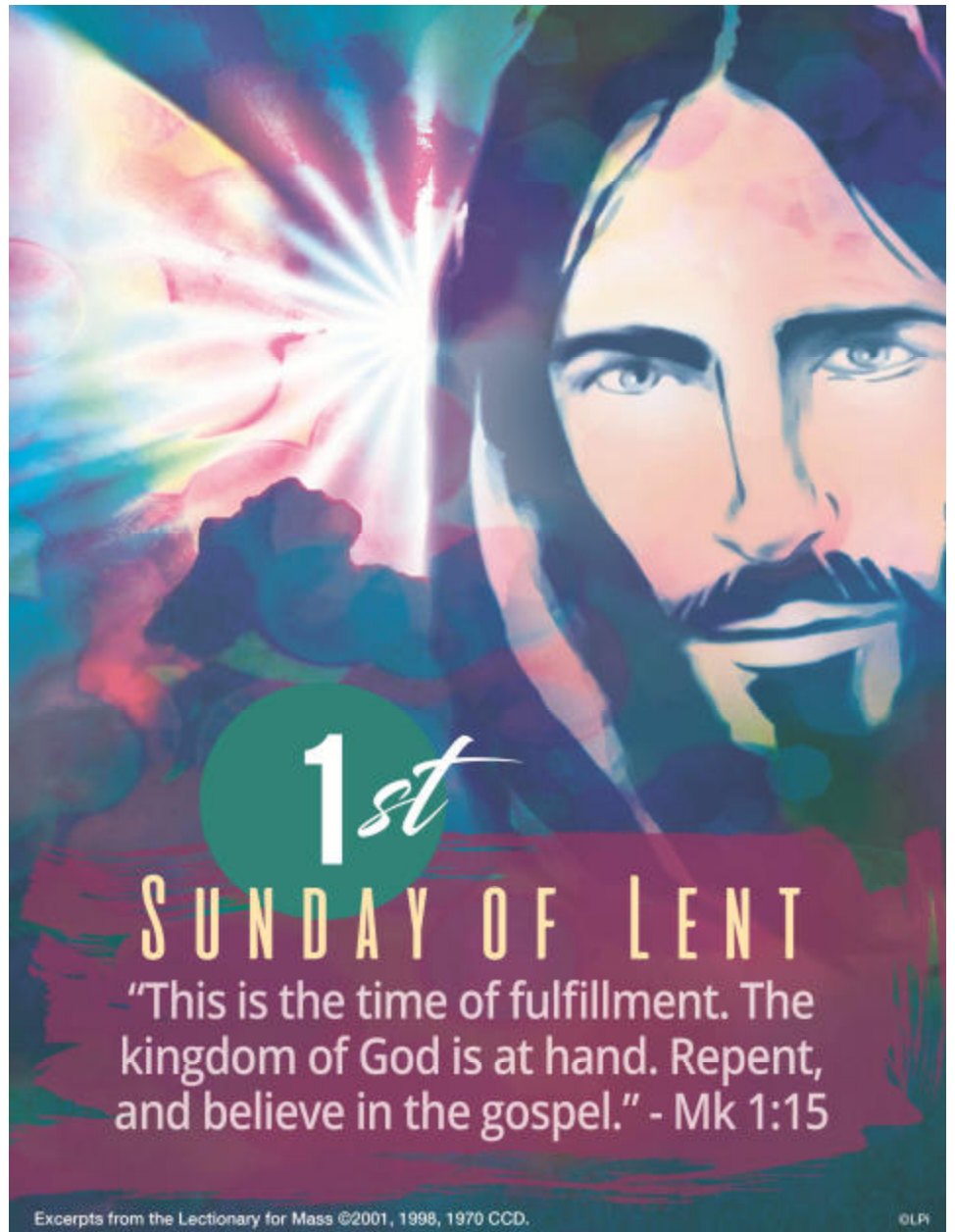
Please contact the parish office at 387-0491 to receive the Sacrament of Anointing by appointment or if you would like a visit by our pastoral staff.

CHRISTIAN INITIATION

For information regarding the adult process of becoming a Catholic (RCIA), please call the parish office.

MARRIAGE PREPARATION

Please contact the Pastor, 387-0491, at least six months prior to the intended date.



1st

SUNDAY OF LENT

“This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel.” - Mk 1:15

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

OLPH

The Catholic Community of Our Lady of Perpetual Help, guided by the Holy Spirit, commits itself to work steadfastly in love and humility to discern the will of God as we seek to proclaim the mission of Jesus Christ in our parish and beyond. Gifted and called by Baptism, we dedicate ourselves to minister to the diverse needs of all of God's people through every dimension of our worship, formation, fellowship, stewardship, and service. May all that we do in His Name glorify Jesus Christ. Amen.

NEWCOMERS

Welcome to our community!
Please call Vicki Hubbard in the office to register, 387-0491.

ORDAINED MINISTRY & RELIGIOUS LIFE

For information about the life and ministry of priests, deacons, seminarians and communities of men & women in religious life, contact the pastor or visit the web page of our Vocations Office:
www.richmonddiocese.org/vocations.

PARISH FAMILY CRISIS

A resource for parishioners in need. Parish Office, 387-0491.

HOSPITAL VISITS

If you are homebound or in the hospital, please call the parish office, 387-0491. When you are admitted to the hospital, please list yourself as Catholic and state that you want your church informed of your stay. Due to HIPPA regulations, this is the only way the hospital can release information to the church.

EXTRAORDINARY

MINISTERS OF HOLY COMMUNION FOR PASTORAL CARE

Lewis Gale:
Salem Health:
Richfield:

REGIONAL OFFICES AND SERVICES

Salem Knights of Columbus525-7479
Roanoke Catholic School982-3532
Catholic Charities.....344-5107
Madonna House.....343-8464
St. Francis House268-0044
Roanoke Area Ministries.....345-8850
Emergency Financial Assistance...981-1732
RAM House.....343-3753
St. Andrew's Diocesan Cemetery595-7173
Refugee & Immigration Services342-7561
Ancient Order of Hibernians427-1246
Our Lady of the Valley Retirement Community..345-5111



LUMEN CHRISTI
LEGACY SOCIETY

Our Lady of Perpetual Help has established the Lumen Christi Legacy Society. It is automatic for any parishioner who has named the parish in their will. We are honored to acknowledge those special benefactors.

Naming **Our Lady of Perpetual Help** in your will is a way to acknowledge the importance of your faith as a Catholic and the Church to you in your lifetime.

If you have already included our parish in your will, we invite you as our newest Lumen Christi Legacy Society member. To learn more about leaving a legacy gift to **Our Lady of Perpetual Help**, please call the parish office: **540-387-0491**.

THE ANNUAL DIOCESAN APPEAL - *Building Our Family of Faith*. This will be "Digital In Pew" the weekend of February 20-21 and February 27 - 28. Pledge cards with return envelopes will also be mailed to your home.

FISH FRY FRIDAY starting on **March 5th, and the 12th and 19th - 4:30 pm - 6:30 pm, right here at OLPH. Takeout orders only**, cash, check or credit card. This will be a drive through with a set menu. Fried fish only, baked potato, cole slaw, and hush puppies, all for only \$8. Call ahead to reserve your dinners starting the Monday prior to the Friday Fish Fry at 529-4982. Dinners will be brought out to your car; you will not need to come in. There is an online order form at https://funtimesvirginia.com/?page_id=569



GUIDELINES FOR LENT

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

Fasting is to be observed by all 18 years of age and older, who have not yet celebrated their 59th birthday. On a fast day, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids including milk and juices, are allowed.

Abstinence is observed by all 14 years of age and older. On days of abstinence, no meat is allowed. Note that when health or ability to work would be seriously affected the law does not oblige. When in doubt concerning fast and abstinence, the pastor should be consulted.



Adalia Hernandez

*Received the Sacrament of Confirmation
at the 10:30 am Mass on
Sunday, February 14.*

PARISH EVENTS and LITURGIES

Sunday, February 21

- 8:30 am Inquire about Catholicism Rm 8/10
 10:30 am Mass - Frances Tracy †
 1:00 pm Spanish Mass - Chad Stambaugh
 (Intentions)
 2:00 pm Franciscans, SH
 5:00 pm Christian Formation, High School, SH

Monday, February 22

- 12:00 pm Mass - Richard Keeney †

Tuesday, February 23

Wednesday, February 24

- 5:15 pm Christian Formation, SH
 5:30 pm Confessions
 6:30 pm Mass - Rev. Thomas Caroluzza †

Thursday, February 25

- 12:00 pm Mass - Rev. Bill Pitt †

Friday, February 26

- 12:00 pm Mass - Debbie Caputo †
 7:00 pm Stations of the Cross

Saturday, February 27

- 3:30 pm Confessions
 5:00 pm Mass - OLPH Parishioners

Readings for the Week

February 21- February 28

Sunday: Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 [cf. 10]/1 Pt 3:18-22/Mk 1:12-15

Monday: 1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6 [1]/Mt 16:13-19

Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19 [18b]/Mt 6:7-15

Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32

Thursday: Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8 [3a]/Mt 7:7-12

Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/Mt 5:20-26

Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48

Next Sunday: Gn 22:1-2, 9a, 10-13, 15-18/Ps 116:10, 15, 16-17, 18-19 [9]/Rom 8:31b-34/Mk 9:2-10

PARISH STAFF

CLERGY

PASTOR

Rev. Ken Shuping
 kshuping@richmonddiocese.org
 387-0491

PAROCHIAL VICAR

Rev. Josè Arce
 jarce@richmonddiocese.org
 387-0491

DEACONS

Rev. Dr. Eric Surat
 Rev. Mr. John Beach

MINISTRIES

MUSIC & WORSHIP

Barbara Fraticelli
 music@olphsalem.org
 387-0491 Ext. 305

YOUTH MINISTRY

Melissa Yates
 youthministry@olphsalem.org
 387-0491 Ext. 307

RELIGIOUS EDUCATION

Barbara Hairfield
 christianformation@olphsalem.org
 387-0491 Ext. 304

ROANOKE COLLEGE MINISTRY

roanoke.ccm@gmail.com
 Roanoke College Campus Minister

ADMINISTRATIVE STAFF

BUSINESS MANAGER

Elaine Fletchall
 busmgr@olphsalem.org
 387-0491 Ext. 302

PARISH SECRETARY

Vicki Hubbard
 office@olphsalem.org
 387-0491 Ext. 300

CUSTODIAN

Milka Ponjavic

MAINTENANCE

Neal Murphy

OLIVE BRANCH

Pat Hickok
 olivebranch@olphsalem.org
 Hours: Wed. 4-6 pm & Sat. 3-4:45 pm
 Sunday morning before and after
 Mass or by appointment.
 540-387-0491

Please pray for our sick,
 that they may be strengthened by the love of Christ.

Dean Bowerman
 Carolyn Burkett
 Clifford Capp
 Danny Cobb
 Mary Culkin
 Diane Drahos

Brian Dorsey
 Maria Estrada
 Paul Espelage
 Jeanette Espelage
 Diego Hernandez

Megan Hickok
 Ruby Maderso
 Donna Scarce
 Shai Williams
 William Simmerson
 Linda Young



THIS LENT, we invite you to journey with **Dr. Tim Gray** by signing up for FORMED Daily Lenten Reflections at formed.org/lent. Each day you will receive in your inbox a short video which features Dr. Gray commenting on the daily Mass readings, explaining the Scriptures, and providing you with concrete ideas on how to apply them to your Christian life. Sign up today for free by visiting formed.org/lent!

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Our Lady OF THE VALLEY
 RETIREMENT COMMUNITY

WORSHIP OPPORTUNITIES

On-site Mass and Communion weekly.
 Shuttle service to the Sunday morning service at St. Andrew's Catholic Church (located just up the street) is available.

THOMAS FAME MD. MPH
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