

February 7, 2021

Fifth Sunday in Ordinary Time

Confession

Wednesdays: 6:00-7:00 p.m.

Saturdays: following 8:30 a.m. Mass and 3:30-4:30 p.m., or by appointment

Perpetual Adoration

Seven days a week, 24 hours a day (currently suspended)

Eucharistic Adoration Wednesdays: 7:30 a.m.-6:00 p.m., Holy Hour 6:00-7:00 p.m.

Baptism - Confirmation - Anointing of the Sick - Marriage - PSR - RCIA - Funerals

For more information on celebrating Catholic sacraments or requesting assistance with any of these services, please contact the Parish Office.

Parish Membership

Welcome! To register as a member of our church, stop by the Parish Office.

St. Barnabas Catholic School

330-467-7921

Mrs. Erin Faetanini, *Principal*

www.sbcatholicsschool.com

office@barnabasohio.org

Parish Staff and Contacts

Fr. Ralph E. Wiatrowski - *Pastor*

Fr. James Kulway - *Parochial Vicar*

Rev. Mr. Gerald Butler

Permanent Deacon

Mrs. Sharon Szabo

Director of Faith Formation

Mr. Billy Olson

Coordinator of Youth Ministry

Ms. Coeli Ingold

Director of Music Ministry

Mr. Michael Arko

Business Operations Manager

Mrs. Susan Nilsen

Parish Accountant

Mrs. Alison Ganz

Marketing and Development Coordinator

Mrs. Catherine Marion

Office Manager

Mrs. Natalie Priest 330-467-3758

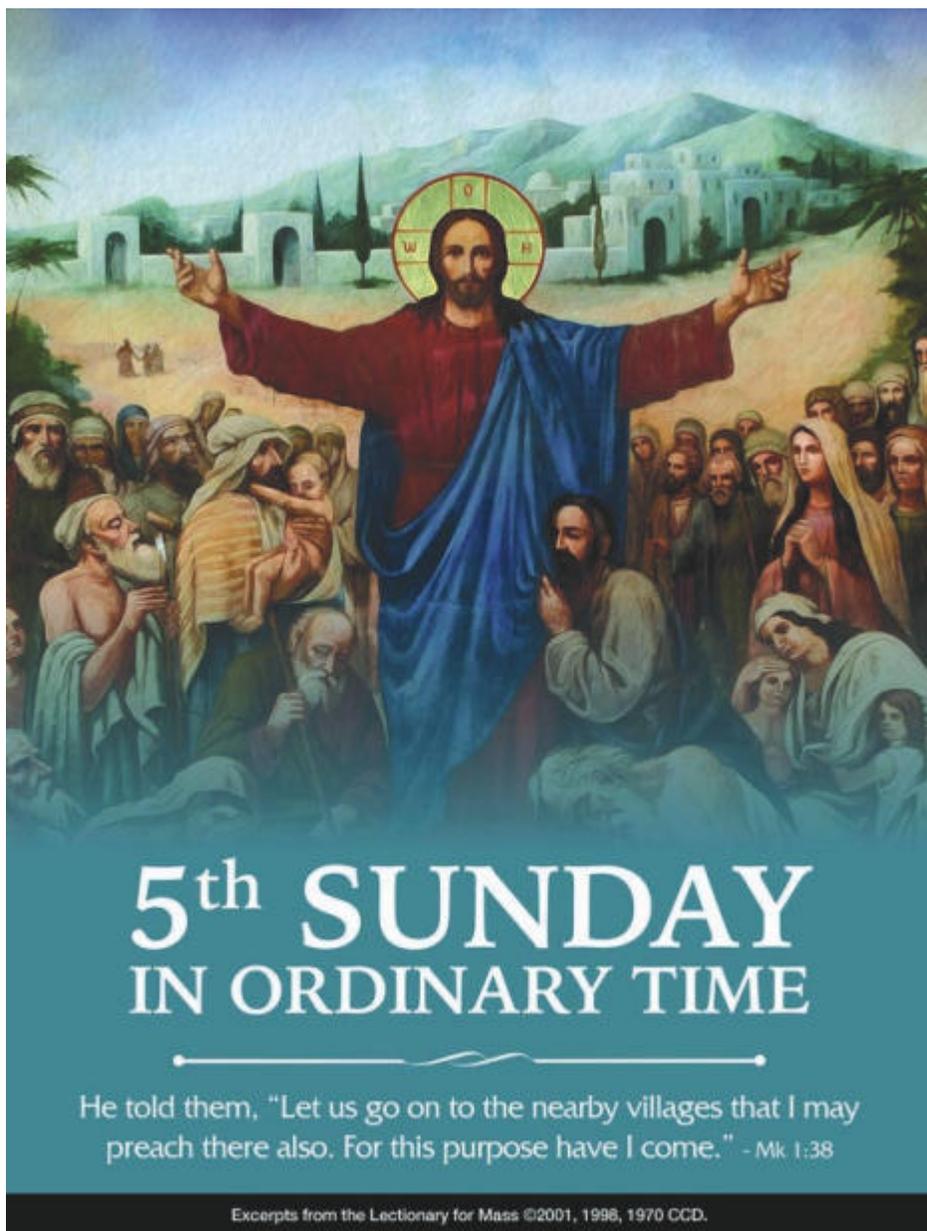
St. Barnabas Villa Director

Mr. Robert Kubec

Parish Pastoral Council Chairperson

Mr. Matthew Griswold

Finance Council Chairperson



Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

Mass Schedule: Saturday Vigil Mass: 5:00 p.m.
Sunday Masses: 8:30 a.m., 11:00 a.m. and 5:30 p.m.
Weekday Mass: Monday, Tuesday, Friday and Saturday, 8:30 a.m.; Wednesday and Thursday, 7:00 a.m.

9451 Brandywine Road, Northfield, Ohio 44067
Phone: 330-467-7959
www.stbarnabasfamily.org
parishoffice@barnabasohio.org

Office Hours: Monday - Thursday: 8:30 a.m. - 7:30 p.m.,
Friday: 8:30 a.m. - 4:30 p.m.

A MESSAGE FROM OUR PASTOR



The first three months of the year are often referred to as "tunnel months" since the shortness of the daylight and the usually cold weather make for a feeling of being "walled in." That is one reason why some of my classmates and I got involved in a timeshare in Cancun, Mexico, almost forty years ago. The time that was chosen was the last week of January and the first week of February, which turned out to be providential. It has proven to be a wonderful time NOT to be here and to seek a little break from winter. Over the years, too, it has proven to be very economical since the place known as the "Royal Resorts" has been very well run, and the leadership of which has chosen to keep prices at a very reasonable level, although in more recent years they have developed some very high end resorts that we choose to admire from afar! Many years ago, we decided that Cancun, Mexico, was the place where all the water in the world goes to be refreshed. All you need to do is look at the water which is every shade of blue you can imagine to understand why such a statement is true. Even the sand wants you to be there! There is a softness about the sand which is pure white and never gets hot. Oh how pleasant it is! Am I mentioning all of this just to torment you? I certainly hope not! After all, imagination is one of the great gifts God has given to us, and how good it is to use that great gift when the coldness and darkness of winter can begin to give us cabin fever. As I am writing this, the temperature outside is in the 'teens' and yet, this has been a very beautiful day in northern Ohio. The recent snow formed a sparkling blanket all around us, and the exceptionally sunny day was absolutely dazzling. Late in the day, toward sunset, the clouds put on a spectacular show being edged with pinks and golds, and just a magnificent sight to see.

Since this has been a year different from all other years, we did have to cancel our Mexican vacation because of the uncertainties of the Covid pandemic, but hopefully by this time next year we will be able to get back into our routine. But this year, there is a great deal of beauty to see here, as long as you have warm clothes to wear and a warm place to live. While our climate has its challenges, it also has its magnificence to such a degree that I would never want to live anywhere else.

I hope you will forgive this little "mid-winter musing" and be thankful to God for such a beautiful planet on which to live!

Fr. Ralph



MASS INTENTIONS

Monday, February 8, 2021 - Saint Jerome Emilani;
Saint Josephine Bakhita, Virgin
8:30 a.m. James Murphy
First Anniversary - Marguerite Donley

Tuesday, February 9, 2021 - Weekday
8:30 a.m. Victor and Ann Scolaro
First Anniversary - John D. Henderson

Wednesday, February 10, 2021 - Saint Scholastica, Virgin
7:00 a.m. Anne Verga

Thursday, February 11, 2021 - Our Lady of Lourdes
7:00 a.m. Edward Lesko
Month's Mind - Leonard Piascik
First Anniversary - Margaret Leavitt

Friday, February 12, 2021 - Weekday
8:30 a.m. Rudy C. Stralka
First Anniversary - Joseph Henn
First Anniversary - Regina Mosinski

Saturday, February 13, 2021 - BVM
8:30 a.m. James Petsche
5:00 p.m. (RW) Sam Schillero

Sunday, February 14, 2021 - Sixth Sunday in Ordinary Time
8:30 a.m. (JK) J. Donald Trapp
11:00 a.m. (RW) Rita Roman
5:30 p.m. (JK) For the Parish
Vigil Light - John W. Novakovich

Jesus's day in Capernaum is punctuated by healings.

Last week we read in the gospel of how, while at synagogue, he frees a man from an unclean spirit by rebuking the spirit. In the first reading Job laments, "My days . . . come to an end without hope."

Have you ever found yourself in a similar position of despair? What sustains your family life through challenging times? Where do you turn for healing and strength? In the gospel, Jesus rises early and goes off "to a deserted place" to pray. Where and when do you find silence and solitude to be with God?

READINGS FOR THE WEEK OF JANUARY 31, 2021

Sunday: Dt 18:15-20/Ps 95:1-2, 6-7, 7-9 [8]/
1 Cor 7:32-35/Mk 1:21-28

Monday: Heb 11:32-40/Ps 31:20, 21, 22, 23, 24 [25]/
Mk 5:1-20

Tuesday: Mal 3:1-4/Ps 24:7, 8, 9, 10 [8]/Heb 2:14-18/
Lk 2:22-40 or 2:22-32

Wednesday: Heb 12:4-7, 11-15/Ps 103:1-2, 13-14,
17-18a [cf. 17]/Mk 6:1-6

Thursday: Heb 12:18-19, 21-24/Ps 48:2-3ab, 3cd-4, 9,
10-11 [cf. 10]/Mk 6:7-13

Friday: Heb 13:1-8/Ps 27:1, 3, 5, 8b-9abc [1a]/Mk 6:14-29

Saturday: Heb 13:15-17, 20-21/Ps 23:1-3a, 3b-4, 5,
6 [1]/Mk 6:30-34

Next Sunday: Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6 [cf. 3a]/
1 Cor 9:16-19, 22-23/Mk 1:29-39

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All were amazed and asked one another, "What is this? A new teaching with authority. He commands even the unclean spirits and they obey him." His fame spread everywhere throughout the whole region of Galilee. - Mk 1:27-28



Excerpts from the Lectionary for Mass©2001, 1998, 1970 CCD.

“TO EVERYTHING, THERE IS A SEASON,
AND A TIME FOR EVERY PURPOSE
UNDER HEAVEN.” Ec 3:1



A time to heal...

Please pray for all who are ill, especially: Mike Ahern, Therese Armstrong, Katie Ayers, Dennis Balis, Dolores Barcik, Dianne Basile, Arlene Beilstein, Virginia Bellitto, Gene Best, Joseph Blasko, Joshua Blouir, Georgiann Broz, Josephine Bruce, Joanne Buss, Dorothy Cale, Joe Candio, Leroy Ceccardi, Teri Curnutte, Ann Davis, Barbara Davis, Regina Day, Jill Deal, Mary Demerest, Demetriades Family, Ted Derbin, Tricia DeWitt, Anthony DiFranco, Ehrman Family, Cathy Farley, Jonathan Fedor, Mike Ferrara, Carolyn Fiktus, Betty Fisher, Margaret Galus, Bob Garcar, Marge Gibbons, Ronald Grobelny, Anna Grzybowski, Ron Haydocy, Nautica Heddlesten, Maddy Heller, James Hobson, Helen Hocevar, Edward Holicky, Kevin Hoogenboom, Dan Houlahan, Dennis Houlahan, Donna Hupcey, Dolores Jacobs, Pat Janotka, Agnes Karaba, Karen Kazel, Tony Kazmierczak, Raisa Koroleva, Irene Kovar, Robert Kozak, Ken Krawczyk, Tom Lantos, Stephanie Lairson, Susan Lee, David Lenczewski, Lee Letterle, Denis Liederbach, Martin Mawyer, Belle Michaels, Adam Milewski, Ben Miller, Diana Miller, Richard Milosovic, Mark Morgan, Sally Page, Jim Pearl Jr., Jackie Rice, Margaret Schillero, Janice Schnurr, Rita Schnurr, Rachel Schoonmaker, Richard Sega, Rose Mary Slezak, Robert Snyder, Josephine Snyder, Joyce Sporck, Markus Steinberger, Lori Stossel, Bernie Szczepanski, Bob Szczepanski, Jim Thomas, Lisa Thornburg, George Tomaselli, Betty Trabert, Ann Turnick, Charlotte Vercek, Carmen Vitale, Philip Ward, Bill Watkins, Richard Wintucky, Richard Witt, and all the sick of our parish.

(Please notify the Parish Office, 330-467-7959, to add or remove a name from the list. And please remember to pray for the needs written in the Book of Intentions and those placed in the Perpetual Adoration Prayer Box.)

A time to mourn...

Our loving prayers are extended to the families of Laverne Krempasky, Fr. Joseph S. Mecir, Therese M. Menter, Thomas Vajda and the families of all of our faithful departed relatives and friends. May their souls rest in peace.



We are happy to welcome to St. Barnabas Parish the following new parishioners: Timothy, Carla and Ava Hartzell; Adam, Sara, Anderson and Delani Mennen.



This week in your daily prayers please remember these individuals, **Seminarians at Borromeo** who are called to the priesthood: Cameron Ferrell, Nathan Frankart, Noah Furin, Jeremy Gaigler, Johathan Green, Jack Harwood.

ST. BARNABAS PARISH NEWS:

MASS is streamed live, seven days a week, at 7:00 or 8:30 a.m. at stbarnabasfamily.org/live/ Video is available for 24 hours and updated the next day. Updated information will be posted on the parish *website: stbarnabasfamily.org* and on *Facebook: St. Barnabas Parish Family*.

BULLETIN DEADLINE—TUESDAY 8:30 A.M.
All bulletin articles should be emailed to:
stbulletin@barnabasohio.org

St. Barnabas School

The weather outside is cold, but the artwork by the students at St. Barnabas School can really warm your hearts. We have been learning about the Seven Elements of Art, such as line, color, shape and space. For example, the kinder-kids created an aerial view of a snowman using circles for our shape-influenced project. Third grade used rectangles, circles and squares to draw a festive Nutcracker. Also, the fourth grade created winter pine trees with geometric shapes.

In addition to 2D art, we are doing 3D clay projects which is really exciting. This photograph shows some of the ceramic snowman projects done by the second grade. The seventh grade is working on ceramic spheres that will rattle. The students have been doing amazing art projects this school year. If you are a Facebook friend, look for our Art Posts. They really are fantastic. Our students never cease to amaze me!



Thanks for all the support you give to our school.
Peace, Mrs. Sutton



DISTRIBUTION OF ASHES From the Diocesan Pandemic Protocols: "The priest will bless the ashes with holy water and then only once say one of the formulas from the Roman Missal – either “Repent, and believe in the Gospel,” or “Remember that you are dust,

and unto dust you shall return.” The priest will cleanse his hands, put on his face mask and distribute ashes to the faithful but instead of marking each forehead with a cross, he will sprinkle ashes on the head of each person without saying anything, thus avoiding physical contact."



St. Barnabas Athletic Association (SBAA) Virtual Reverse Raffle 2021 on March 13 at 7 p.m. via Facebook Live. Tickets for the raffle are \$100 each and only 200 will be sold. Grand Prize is \$5,000. Additional payouts will total \$3,800. Along with the main raffle, a wine bottle raffle and a 50/50 raffle will be held. Ticket holders need not be watching the night of the event to win, but we hope you'll want to 'tune in'. Please see the flyer in today's bulletin for more details and to purchase tickets. Tickets can also be purchased by completing the form at: <https://forms.gle/auutV43iXPKDw3c77>. All proceeds from the fundraiser support the Athletic Association and our student athletes at St. Barnabas.



This Sunday we celebrate *World Day For Consecrated Life*. We recognize and give thanks for those who have consecrated their lives to God and the Church through the vows of poverty, chastity, and obedience. The consecrated life is one way that women and men live out their baptismal commitment as followers of Jesus. Please pray for all those who have made commitments in the consecrated life, and be sure to thank them on their special day.

FAITH FORMATION

Children's Liturgy of the Word: Until further notice, Children's Liturgy of the Word will not occur during Mass. Please go to the following website and join Miss Heidi as she explains and sings through the Word each week with your child: <http://www.catholictv.org/shows/childrens-liturgy>
Parish Mission Comes to St. Barnabas! We are so excited to tell you about our 2021 Parish Mission! Fr. Jacob Bearer will be leading us through a Journey of Healing for four evenings beginning Sunday, February 28, with Father Jacob presiding at the 5:30 p.m. Mass!

Evening One: *The Cross*

Evening Two: *The Real Jesus (B.Y.O.B. – Bring Your Own Bible)*

Evening Three: *Holy Spirit Discipleship*

Evening Four: *Night of Praise and Worship (Praying for Healing)*

Please mark your calendars for February 28 – March 3, 7:00 p.m. Join us for prayer, worship and healing!

RCIA: Please pray for Tamiyka Rose and Derrick Winger who are preparing to receive First Eucharist and Confirmation in the coming weeks.

Make a NEW New Year's Resolution! It's not too late!!

This year, think about doing something new and different for your New Year's Resolution - we are encouraging all St. Barnabas Parishioners to consider reading the Bible in one year - let's do it together! The good news is this is offered through a Podcast, so for about 20 minutes a day you can listen as Father Mike Schmitz reads the Bible to you and offers explanations of what was covered. Think you are too busy for 20 minutes a day? Here are some creative ways to fit it in:

- Listen in your car to/from work
- Driving kids to sports? Listen on the way home after you drop them off...or better yet, listen WITH them!
- If you don't already pray in the morning or evening, add this as a new prayer time in your day

For more information about the podcast, click here: <https://ascensionpress.com/pages/biy-registration>

Worried about accessing a podcast? Don't worry, it shouldn't be hard, but if you have trouble just email us at ffo@barnabasohio.org and we can help!

Reading the Bible is an AMAZING way to learn more about our faith - join us and **let's do it TOGETHER!**

This Lent, we invite you to journey with Dr. Tim Gray and the Augustine Institute by signing up for Daily Lenten Reflections. Each day you will receive in your inbox a short video which features Dr. Gray commenting on the daily Mass readings, explaining the Scriptures, and providing you with concrete ideas on how to apply them to your life. See the Lenten Reflections flyer in today's bulletin for more information. Check it out!!!

Little Black Books for Lent will be available in the Gathering Space and vestibule after mass next weekend. These books are a short 6-minute-a-day reflection during Lent. Please take one per family as you exit next weekend.

LOTTO

Congratulations to the following lottery winners:

1/24 - 510 - no winner

1/25 - 480 - no winner

1/26 - 938 - SANDY VOBER

1/27 - 340 - no winner

1/28 - 836 - no winner

1/29 - 906 - no winner

1/30 - 825 - no winner

Lotto tickets for **January through June 2021** are now available at the Parish Office for **\$10 each**. Good luck, and thank you for supporting this Capital Improvements Fundraiser.



LIFE NIGHTS Every Sunday from 5:30-8:30 p.m. all high school teens are welcome to our Life Nights! We start with Mass and have dinner, games, discussion, and more. Please bring a mask to wear indoors. We will have social distancing, and lots of hand sanitizer!

CONFIRMATION MINISTRY – YEAR ONE Confirmation Households meet either the first or second Sunday of the month, from 5:30-8:30 p.m., starting with the 5:30 p.m. Mass. Join us for Life Nights on the Sundays when you aren't meeting with your Confirmation Households!

SPRING RETREAT ANNOUNCEMENT We are excited to announce that our Spring Retreat will be happening March 26 -28. This will be a great opportunity for teens to dive deeper into their faith and grow in fellowship with their friends. This year's theme is Heart, Soul, and Strength! Registration will be opening soon.

NO LIFE NIGHT 2/7/21 Due to the Super Bowl, we will not be having our Life Night tonight. I hope all of our teens enjoy the big game and may the best team win!

website: stbarnabaslifeteen.org

Instagram: [stblifeteen](https://www.instagram.com/stblifeteen) - Facebook: [St. Barnabas Life Teen](https://www.facebook.com/St.BarnabasLifeTeen)

Twitter: [@stblifeteen](https://twitter.com/stblifeteen) - Email: wolsen@barnabasohio.org

St. Barnabas Precana Retreat Day - Saturday, February 27, 9 a.m. - 3 p.m. Continental breakfast and boxed lunch will be included. Register by Friday, February 19. See the parish website: stbarnabasfamily.org for the registration link. Masks will be required for all participants. Questions? Contact Cara and Tommy Dome cmdome1@gmail.com.

50+ COMMUNITY In the Gospel today, we hear of Jesus inviting his disciples to journey with him to a nearby village. Although the disciples Simon, Andrew, James and John hadn't known Jesus long, they had already begun to tell him their problems, and the first thing they did was to tell him about Simon Peter's mother-in-law being sick. Along the way to Capernaum to visit her, Jesus continued healing the sick, casting out devils, and dealing with impatient apostles. When they arrived at her house, Jesus grasped the hand of Simon's mother-in-law and helped her up. She was healed and she began to minister to them for they had traveled a long distance. The miracle began to spread throughout their community and the multitudes began to gather asking for healing. So, Jesus went off to a lonely place to pray. What did the lonely place do for Jesus? It gave him breathing space and a chance to recover lost energy and it gave him a chance to pray. It was during those hours of solitude that he maintained and fostered his intimate relationship with the Father. It was this, not his work, that was the most important thing in his life. Jesus is also telling us that prayer, communication with the Father, is essential in our life. And, what does it do for us? Many of us are needing healing during this time. The reasons are many and Jesus, who healed so many, is willing to heal us too. Our greatest moment for healing is when we receive Jesus in Holy Communion, in our Spiritual Communion as well. We ask him for healing and adore and praise him for all he has done for us.

Concerning Trips. We are going to try once more. Three trips are planned: Saints, Sinners and Service Dogs (June 23), Lancaster (Sept. 22 - 24), Christmas in Bethlehem-Pittsburgh (Dec. 6). Hoping to have the itineraries for all trips in next week's bulletin. Be on the lookout.

Notes from the Blue Army: Marc Massery writes, "The Blessed Mother's fifth Evangelical Virtue speaks to Mary's loving commitment to the Lord, which during her life on earth was grounded in frequent prayer. We encounter Mary's great devotion to God in her "*Magnificat*, "My soul magnifies the Lord, and my spirit rejoices in God my Savior". Mary enumerates the ways that God had revealed His mercy and justice to her and to the world. If we are committed to someone, it only makes sense that we would frequently talk to them and about them with admiration. In her *Magnificat*, Mary praised the Lord because she loved Him. In this case, she poured out her love for Him in prayer because even though He is the greatest, most powerful being in the universe, He considered her in His plan of salvation. In other words, God loved the Blessed Mother, revealed His love to her most powerfully, and she joyfully reciprocated. So Mary devoted herself to the Lord above everything else, expressing her devotion to Him through frequent prayer. Another example of Mary's devotion occurs when the shepherds arrive at the Nativity and tell Mary about everything the angels had told them regarding Jesus. Scripture says, "Mary kept all these things, reflecting on them in her heart". Scripture repeats the same line after the Child Jesus (whom Mary had just found in the Temple) asks her, "Why were you looking for me? Did you not know that I must be in my Father's house?" When we ponder the mysteries of our faith, when we listen and think about what the Lord has done for us, we demonstrate our devotion to Him. This is why we call the traditional prayers of the Church "devotions." When we say the Rosary, for example, we contemplate Jesus, pondering His life and what He has done for us. This is just what the Blessed Virgin Mary did. When we pray like this, meditating upon the Lord, we open ourselves up to receiving God's grace in a most powerful way. Though the Blessed Mother lived a quiet, humble life, never seeking the spotlight, because of her devotion to the Lord, God lifted her up as an example for all of us to follow. *Mary, Most Devout, pray for us!*"

2020 Church Contribution Information Statements have been emailed to all those whose emails are listed on their parish record and mailed to all other contributors. Thank you for your continued support of St. Barnabas.



There will be a **Divine Mercy Holy Hour** on Sunday, February 14, at 2:30 p.m. at Saint Monica Church. Please wear a mask. All are welcome!



February 17 – March 28, you are invited to join with other Christians for 40 Days for Life – 40 days of prayer and fasting for an end to abortion. You are also invited to stand and peacefully pray anytime from 7 a.m. to 7 p.m. during the 40-day vigil in the public right-of-way outside Preterm - 12000 Shaker Blvd, Cleveland, 44120: Planned Parenthood - 25350 Rockside Road, Bedford Heights, 44146 or Family Planning – 462 Chardon St, Painesville, 44077.

Join us at the Kickoff Rally at Our Lady of Mount Carmel Church gymnasium on Sunday, February 14 at 2 p.m. For more information contact John Noall at clevelandpraysforlife@gmail.com or 216-245-9744. **WEBSITES:** www.40daysforlife.com/cleveland, www.40daysforlife.com/painesville, www.40daysforlife.com/bedfordheights.

YOUR GIFTS TO THE PARISH

	<u>January 31, 2021</u>	<u>Totals</u>
Target	\$23,500.00	\$728,500.00
Collections:		
Envelopes	\$9,750.00	\$425,821.14
Electronic Giving	\$	<u>\$235,484.03</u>
Total Collections	<u>\$9,750.00</u>	\$661,305.17
Variance	(\$14,529.00)	(\$67,194.83)
Mandatory Diocesan Assessment (11.5%)	(\$1,031.67)	(\$76,050.09)
Remaining in Parish	\$7,939.34	\$585,255.08
Capital Fund:		
Envelopes	\$465.00	\$23,630.57
Electronic Giving	\$	<u>\$21,529.89</u>
Total Collections	<u>\$465.00</u>	\$45,160.46

St. Barnabas parishioners are remarkably generous. Thank you for sharing a portion of your income with the Church - thank you so much for your faith and generosity!

May God bless you!

Next week we will take up the Collection for the Church in Central and Eastern Europe. This collection supports the Church in more than 25 countries that still struggle to recover from former communist rule. Funds from this collection support pastoral care, catechesis, building renovations, and seminary foundation. Your support restores the Church and builds the future in this region. Please prayerfully consider how you can support the collection next week. More information can be found at www.usccb.org/ccee.

SVDP NEWS

∞ ST. VINCENT DE PAUL AND YOU ∞
DONATIONS OF TIME, TALENT, and TREASURE



OZANAM CENTER We have a great group of people who volunteer at our Ozanam Center at Holy Name parish in Cleveland. This outreach center is the official city outreach mission for St. Barnabas parish and needs our wholehearted support for its continued success. We partner with other parishes and provide 14 volunteers on a Saturday every month, as well as two managers who oversee operations for a month at a time and attend organizational meetings to keep the center running smoothly. The center has a food pantry and clothing bank (currently closed due to COVID) open on Saturdays, as well as hot meal offering. Thanks to all the wonderful volunteers who devote their time and talent to help our neighbors in need. Love Thy Neighbor!

WE ARE HERE TO HELP We want to assist our parishioners who are struggling during this difficult time. If you are in need, or know someone who is, please contact our SVDP and we will try to help. Your call is confidential. We have grocery gift cards, gas gift cards and a food pantry that is filled with non-perishable food, paper and personal care products. We can also try to assist with other things like rent, utilities, clothing, car repairs or diapers. And because of the social distancing situation, we will deliver items to your door (we will not come in or have physical contact). Our parishioners are very generous to our SVDP and their wish is to help those in need. If you need assistance, please call the Parish Office at 330-467-7959, press 7 and you will be connected to our confidential information line.

IF YOU ARE A SENIOR OR SOMEONE WHO CANNOT LEAVE YOUR HOME, WE HAVE VOLUNTEERS WHO WILL GO SHOPPING FOR YOU.

SAINT BARNABAS PARISH CALENDAR FEBRUARY 7 - FEBRUARY 14

Sunday, February 7, 2021

1:00-4:30 p.m. SBAA Basketball-Parish Center 1,2
1:15-3:00 p.m. Baptism Class-Rectory Room 1
6:30-8:30 p.m. StBLT Life Night-Cafe, Parish Center 1,2

Monday, February 8, 2021

3:00-5:30 p.m. School Prof. Develop.-Bedell Commons
4:00 -9:00 p.m. SBAA Basketball-Parish Center 1,2
6:00-8:00 p.m. Boy Scouts-School Band Room
6:30-8:00 p.m. Men's Fellowship-Bedell Commons

Tuesday, February 9, 2021

9:15-10:00 a.m. Church Care-Church
4:00-5:30 p.m. SBAA Basketball-Parish Center 1,2
6:30-7:30 p.m. Family Faith Formation-Parish Center 1,2

Wednesday, February 10, 2021

7:30-6:00 p.m. Eucharistic Adoration-Church
4:00-9:00 p.m. SBAA Basketball-Parish Center 1,2
6:00-7:00 p.m. Holy Hour/Confession-Church
6:00-8:00 p.m. SBAA Cheer-Squad-Cafeteria
6:00-9:00 p.m. Boy Scouts Troop 575-Bedell Commons
7:00-9:00 p.m. Women's Fellowship-Rectory Room 1

Thursday, February 11, 2021

4:00-9:00 p.m. SBAA Basketball-Parish Center 1,2

Friday, February 12, 2021 - NO SCHOOL

8:00 a.m.-9:00 p.m. SBAA Basketball-Parish Center 1,2

Saturday, February 13, 2021

7:00-8:30 a.m. Being a Catholic Man-Bedell Commons
8:00-4:00 p.m. CYO Basketball-Parish Center 1,2
9:15-9:30 a.m. Pro-Life Rosary-Church
9:15 a.m. Reconciliation-Church
3:30-4:30 p.m. Reconciliation-Church
6:00 -9:00 p.m. SBAA Basketball-Parish Center 1,2

Sunday, February 14, 2021

9:45-10:45 p.m. Family Faith Formation-Parish Center 1,2
1:00-4:30 p.m. SBAA Basketball-Parish Center 1,2
6:30-8:30 p.m. StBLT Life Night-Cafe, Parish Center 1,2



This time last year the full scope and inherent dangers of COVID-19 were becoming clear. Our world

was brought to a standstill, but our parish ministries continued because so many people needed our help. Recurring gifts helped sustain our parish in unprecedented times and continue to be a vital source of support for ministries that are a lifeline to those in need in our community. To continue to make a difference in 2021, St. Barnabas is reaching out to our parishioners. The more people use eGiving, the stronger foundation we will have for ministries that bring hope in times of uncertainty.

We prayerfully request that you consider signing up for eGiving and setting up your recurring donation. You can use eGiving from your computer, Smartphone or tablet for recurring and one-time gifts. Sign up today by visiting faith.direct/OH913, or text 'Enroll' to 330-886-4510.

Learn more about earning a **Master's Degree in Theology & Religious Studies** at John Carroll University. Evening classes can be taken in person or online. A limited number of Graduate Assistantships are available for full-time students, providing a full tuition scholarship and stipend. GA applications are due **February 15**. More information available at www.jcu.edu/academics/trs. Contact Dr. Edward Hahnenberg : 216.397.1674 or ehahnenberg@jcu.edu with any questions.

PRO-LIFE

FORTY DAYS FOR LIFE Spring 2021 Campaign:

- Kickoff Rally – Sunday, February 14, Our Lady of Mount Carmel Church gymnasium, 29650 Euclid Avenue, Wickliffe, OH 44092. We begin at 2:00 p.m. with a silent sidewalk witness to LIFE in front of the church facing Euclid Avenue. We return to the gym to be warmed with pizza and beverages. Keynote Speaker: Sarah Quale, from Personhood Alliance. ****RSVP BY TODAY, SUNDAY, February 7****, to be guaranteed a seat. Call or text John Noall at 440-585-5317 with your name and number of seats. Masks and social distancing will be observed.

- 40 Days for Life, begins Wednesday, February 17 and goes through Sunday, March 28. 40 days of prayer, fasting, and witnessing for an end to abortion. Suggestions:

- + Set aside one hour a week, every week during Lent to pray a Rosary for the end to abortion and the protection of babies in the womb. We used to have a sign-up chart for this purpose, but you can keep track on your own calendar.

- + Use your Lenten fasting to pray for the above purpose.

- + Quietly Pray for One Hour as a Witness at an Abortion Facility. See the information in the 40 Days For Life flyer in this bulletin. If you're interested in praying at Planned Parenthood in Bedford Heights with the members of the Pro-Life Ministry of St. Barnabas, call Marlene Wisniewski, 330-467-7645.

"From my mother's womb, You have been my God. – Psalm 22:11 Reflection: Abortion supporters sometimes ask, 'Why don't you focus on caring for people who are already alive?' When we speak about unborn children, we are not speaking about 'possible' children; we are speaking about real children who are already quite alive.

Prayer: *Father, open our eyes to recognize our brothers and sisters in their mothers' wombs. Open our hearts to love them as You do.*" Pro-life Reflections for Every Day, February 8, from Priests for Life.

<https://mycatholicdoctor.com/our-services/vaccines/> - Go to this website for an article summarizing official Roman Catholic teaching on vaccination with links to the original documents. It also has a summary of the different Coronavirus vaccines and any association with cell lines derived from aborted fetal tissue.

PRAY THE ROSARY for Pro-Life intentions every Saturday after the 8:30 a.m. Mass.

Pregnant & Need Help? Call 1-800-712-HELP (4357) for a crisis pregnancy center near you.



Faith, Hope and Remembrance

Catholic Cemeteries Association continues with our free monthly in-office grief support groups on Sunday, February 21, with limited seating for social distancing. The February topic is "Experiencing God's Loving Embrace." We meet the 3rd Sunday of every month from 3-4 p.m. at six locations, including All Saints Cemetery, Northfield. To RSVP or for questions, please contact Rhonda at rabrams@clecem.org or 216-930-4866.



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February 17 - March 28

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Lenten Services/Events 2021

St. Barnabas Parish/Northfield, Ohio

Ash Wednesday – Wednesday, February 17

Distribution of Ashes: Mass: 7:00 a.m., 8:30 a.m. (with school), 7:30 p.m.
Liturgy of the Word: 12:00 Noon

Stations of the Cross (Church)

Fridays, February 19 – March 26, 7:30 p.m.
Thursdays, March 4 and March 18, 8:15 a.m. (With School)
Friday, April 2, 12:00 p.m.

Parish Fish Fry Fridays (Cafeteria)

February 19 – April 2, 4:30 – 7:00 p.m. – Take-out only
(Sponsored by Scout Pack 575)

Sacrament of Reconciliation (Church)

Saturdays – following 8:30 a.m. Mass and 3:30 – 4:30 p.m., or by appointment
Wednesdays – 6 – 7p.m.
Monday, March 29 and Wednesday, March 31 – 4 to 5 p.m. and 6 to 8 p.m.

Lenten Communal Penance Service (Church)

Monday, March 22, 7:00 p.m. – Our Lady of Guadalupe Church

Lenten Program

Mission – Fr. Jacob Bearer
Sunday, February 28 – Wednesday, March 3,
7:00 – 10:00 p.m., in the Church.

Lenten Obligations

Catholics between the ages of 18 and 59 are obliged to fast on Ash Wednesday and Good Friday. Fasting means partaking of only one full meal; some food is acceptable to be eaten at the other two mealtimes. Anyone who is ill or who has medical concerns is not obliged to fast. In addition, all Catholics 14 years and older must abstain from meat on Ash Wednesday, Good Friday, and all the Fridays of Lent.

See future bulletins for Holy Week Schedule

Lenten Opportunities



WE ARE CALLED Join our faith community - and more than 12,000 Catholic communities across the United States - in a life-changing Lenten journey with CRS Rice Bowl.

Pick up your family's CRS Rice Bowl from the Gathering Space. During the 40 days of Lent, we will reflect on how hunger and malnutrition affect our human family, and on the need to take action to end this global injustice. Visit crsricebowl.org to learn more.



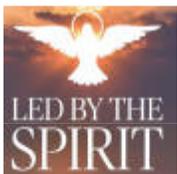
BEST LENT EVER was designed to help you step back to reflect upon your life, develop a deeper understanding of what you truly hunger for, and journey a little bit further

into the depths of your soul. Sign up for the daily video reflections, at: BestLentEver.com/2021.

This year's journey is guided by a Matthew Kelly book released last year: *I Heard God Laugh*. He says "I was lucky enough to have someone teach me how to pray early in my life. In the following decades, I came to realize most people are not as lucky. So, for the next 40 days, while we journey together, my hope is that this time of peace and daily prayer will bring clarity to your life in ways you've never experienced before. I hope that the daily reflections can help you discover what your soul truly hungers for.



A limited number of **The BEST LENT EVER** journals are available in the Gathering Space. We hope they will help you step back to reflect upon your life, develop a deeper understanding of what you truly hunger for, and journey a little bit further into the depths of your soul.



Led By The Spirit - 40 days to Grace and Glory. Sign up for Daily Lenten Reflections with Dr. Tim Gray. See the flyer on the next page for more information.

9 STEPS TO

Forming a New Habit

"Those who fail to plan, can plan to fail!" was one of Benjamin Franklin's observations. It applies to our discussion of habits. Without a clear plan, it is very unlikely we will **establish the habit of daily prayer in our lives**. So, what are the steps we need to take to plant a new habit in our lives? Let's go through them, keeping in mind that these steps apply to establishing any new habit in our lives. Then we will circle back and discuss what each means in relation to specifically establish the habit of daily prayer.

Step one: clearly define the habit.

Spend ten minutes each day in conversational prayer with God.

Step Two: Begin today.

You already know everything you need to know in order to begin today. So don't delay. Other habits may require preparation time before you can begin, but this one does not.

Step Three: Commit to at least twenty-one days.

Put it on your calendar. Make it a sacred priority in your daily schedule. Nothing is more important than this ten-minute period for the next twenty-one days.

Step four: Connect your new habit with an established habit.

Know exactly when you are going to pray each day by connecting it to something else you already do daily. For example, practice your daily prayer after you have your coffee in the morning.

Step five: Little by little.

Be patient with yourself and the process. You may have a desire to pray for much longer than ten minutes each day. That's great! But take it little by little. Perhaps your desire is to spend thirty minutes in prayer each day. Begin with ten minutes each day for a week, and then move to fifteen minutes a day for a week, then twenty, and so on. I would rather you pray for ten minutes every day without missing a day than pray for thirty minutes inconsistently.

Step six: Expect and plan for obstacles.

Every new habit encounters opposition. Some of it comes from within us and some of it comes from outside. Don't be surprised; expect it. Some days you just won't feel like praying, because you are tired, or more likely because you don't want to face something that is happening within you. You don't become an Olympic athlete by practicing only when you feel like it, and you won't establish this life-giving habit of prayer in your life if you pray only when you feel like it.

Step seven: Create accountability.

Ask someone to hold you accountable to pray every day for the first twenty-one days, and then at agreed-upon intervals after that.

Step eight: Acknowledge and reward important milestones.

Celebrate your first day, your first week, twenty-one days, your first month, three months, your first year, and so on. We celebrate to remind our souls of what is important, and this is important.

Step nine: Be mindful of how the new habit is transforming your life.

This will strengthen your resolve to continue honoring this habit of prayer by making it a daily priority.



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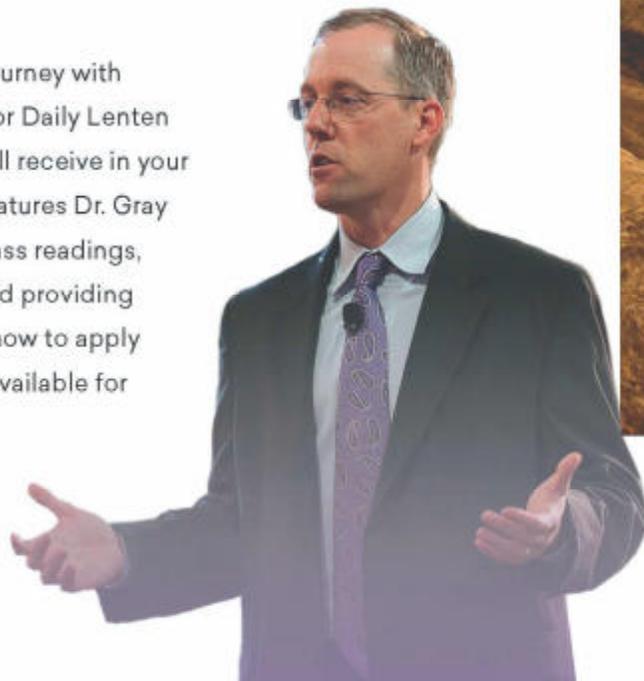
40 DAYS TO GRACE AND GLORY

Sign-Up for *Free* Daily Lenten Reflections With Dr. Tim Gray

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This Lent, we invite you to journey with Dr. Tim Gray by signing up for Daily Lenten Reflections. Each day you will receive in your inbox a short video which features Dr. Gray commenting on the daily Mass readings, explaining the Scriptures, and providing you with concrete ideas on how to apply them to your Christian life. Available for free on FORMED.

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