



The Defender

Weekly parish bulletin of the Catholic community of
St. Michael the Archangel Catholic Church
Parish Website: www.saint-mikes.org
4491 Springfield Road Phone: 804-527-1037
Glen Allen | Virginia | 23060 Fax: 804-527-1039

Our Mission

To be the presence of Christ...

In Welcoming

In Service

In Worship

In Compassion

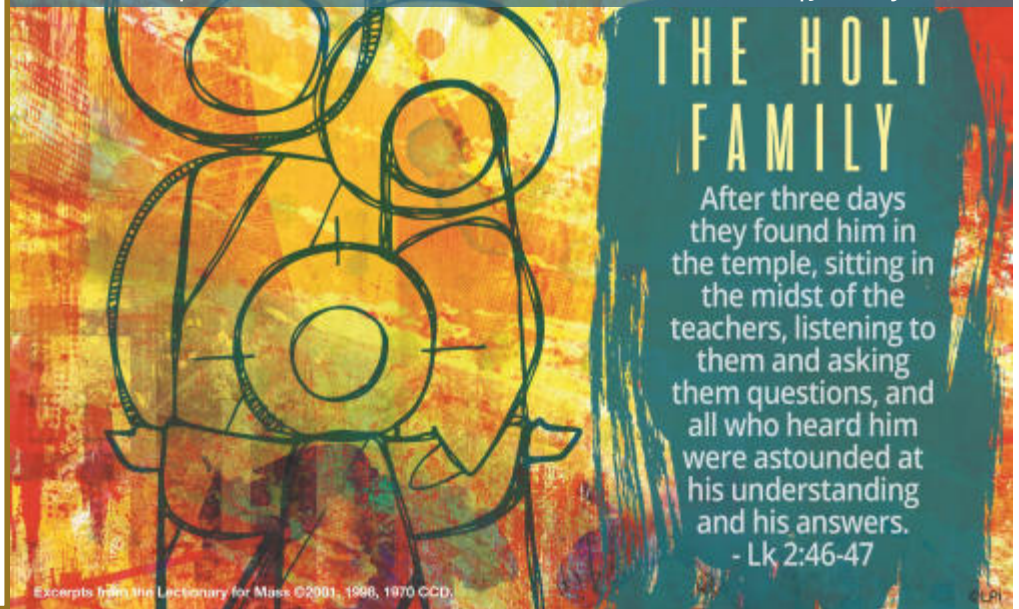
In Faith Sharing

In Fellowship

To be the Light of the World!

Edition 1493 | Double Issue

December 26, 2021 | January 2, 2022



Weekly Message

Live the Liturgy Inspiration for the Week

It was the best of times, and it was the worst of times.

Our families can bring out the best and the worst in us. This is true of our families of origin, the current family of which we are a part, the family of our church, our society, and the like.

In all of our family experiences, what stands out as our most challenging memory? Everything human can be found on the pages of family life. But there is also a divine story to be discovered, as well.

When life gets difficult and perplexing, today's Feast of the Holy Family stands to remind us that it is not just by human effort that we tread treacherous waters. We have to remember and learn from the divine effort, too.

We need this perspective if our love lessons are going to be learned completely and well. We are all works in progress and we all come from homes that are broken by imperfection. In whatever life brings us and in whatever family we find ourselves, may the promptings we feel toward faith and hope lead us to greater love.

Parish Information

Office Hours

Parish Office | Monday - Friday | 9 AM - 4:30 PM

Lake House | Monday - Friday | 9 AM - 4:30 PM

Building Hours

Church Building | 8 AM - 9 PM

Lake House | 8 AM - 9 PM

Liturgies

Saturday | 5 PM

Sunday | 7:45 AM | 9:15 AM | 11:15 AM | 5 PM

Daily Masses | Monday | Tuesday | Thursday | Friday | 12:15 PM

Wednesday | 8:30 AM

Holy Days | Visit Parish Website | www.saint-mikes.org

Liturgy Livestreams

Daily Mass | Tuesday ONLY | 12:15 PM

Sunday | 9:15 AM

Join Us: facebook.com/stmikesvillage

You do not need a Facebook account to watch our livestreams.

Reconciliation

Saturday | 3:30 PM - 4:30 PM

Enter through the Day Chapel and take a seat.

Reconciliation will be heard in the Blessed Sacrament Chapel.

Also by Appointment | Parish Office | 804-527-1037

Baptism

Karen Nemetz | Coordinator | Parish Office | 804-527-1037

Sacrament of Matrimony

Taylor Horvath | Pastoral Services Coordinator | Parish Office | 804-527-1037

Contact the parish office at least six months prior to wedding date.

Vocations

Considering a life of service as a priest, deacon or religious?

Diocesan Office for Vocations | 804-359-5661



Merry Christmas & Happy New Year
from the St. Michael Parish Staff!

Parish Office & Lake House Offices
December 24 - January 2

In observance of the Christmas and New Year's holidays, the Parish Office and the Lake House Offices will be closed from December 24 until January 2.

We will reopen at 9 AM on Monday, January 3.



Worship & Sacraments

Scripture Reading for the Weekend of January 2

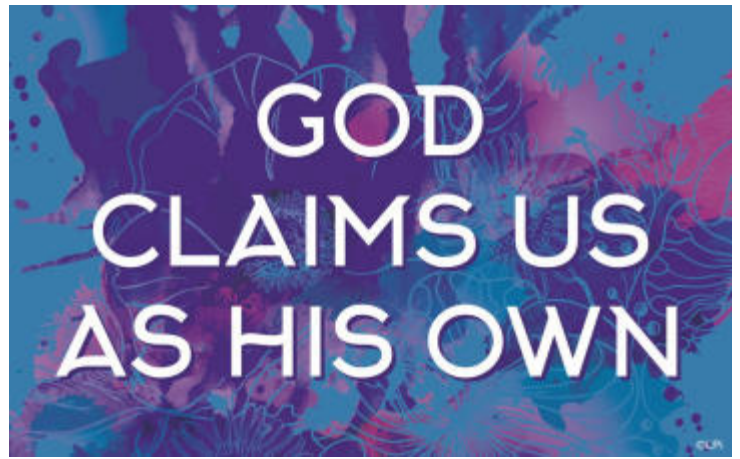
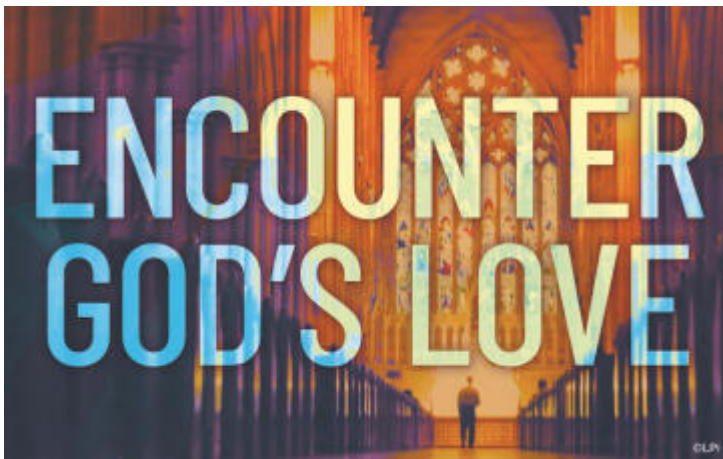
Epiphany of the Lord (Solemnity)

Isaiah 60:1-6
Psalms 72:1-2, 7-8, 10-11, 12-13
Ephesians 3:2-3a, 5-6
Matthew 2:1-12

Scripture Reading for the Weekend of January 9

Baptism of the Lord (Feast)

Isaiah 40:1-5, 9-11
Psalms 104:1b-2, 3-4, 24-25, 27-28, 29-30
Titus 2:11-14; 3:4-7
Luke 3:15-16, 21-22



Worship & Sacraments

Mass Intentions

† Deceased

Saturday		December 25		11 AM	Christmas Day
Sunday		December 26		7:45 AM	Richard Westerman
Sunday		December 26		9:15 AM	Richard Keith Cosby †
Sunday		December 26		11:15 AM	Mass of Thanksgiving
Sunday		December 26		5 PM	For the People
Monday		December 27		12:15 PM	
Tuesday		December 28		12:15 PM	Marjorie Donnelly †
Wednesday		December 29		8:30 AM	
Thursday		December 30		12:15 PM	
Friday		December 31		12:15 PM	New Year's Eve
Saturday		January 1		5 PM	
Sunday		January 2		7:45 AM	Rose Core †
Sunday		January 2		9:15 AM	Nancy O'Shields †
Sunday		January 2		11:15 AM	Donna Wesner
Sunday		January 2		5 PM	
Monday		January 3		12:15 PM	Joseph Zeno †
Tuesday		January 4		12:15 PM	Eppie Pridgen Smith †
Wednesday		January 5		8:30 AM	
Thursday		January 6		12:15 PM	Beth Stevens
Friday		January 7		12:15 PM	
Saturday		January 8		5 PM	Charlotte Domalik †
Sunday		January 9		7:45 AM	Apolonia Silva †
Sunday		January 9		9:15 AM	Mario & Catherine Sabatino †
Sunday		January 9		11:15 AM	Joaquine D'Mello †
Sunday		January 9		5 PM	Carmen B. Surat †

Vocations

Are you called to serve the family of the Lord and share the Father's love as a priest?

(January 2)

"Opening their treasure chests, they offered him gifts."

Are you beginning to see your life as a gift to be given to the Lord as a priest?

(January 9)

Contact: Fr. Brian Capuano | 804-359-5661 | vocations@richmonddiocese.org | Vocations Office



Glory to the newborn King!

Liturgy Schedule

Christmas Eve

Friday | December 24

5:30 PM

7:30 PM

10:30 PM (will be livestreamed on our Facebook Page)

Christmas Day

Saturday | December 25

11 AM

Feast of Mary, the Holy Mother of God

Saturday | January 1

11 AM

Feast of the Epiphany

Saturday | January 1

5 PM

Sunday | January 2

7:45 AM

9:15 AM (regular livestream on our Facebook Page)

11:15 AM

5 PM

Christmas Carols & Music

Christmas Eve 5:30 PM & 7:30 PM Masses

Join us early as we sing carols to the newborn King!

Christmas Eve 10 PM Mass

Beginning at 9:30 PM, we will sing carols and listen to the choir sing special anthems along with the orchestra.

Christmas Day 11 AM Mass

Come early to sing with the choir on this blessed morn.

Giving

Thank you for worshipping with us this Christmas season.

Kindly consider a Christmas offering.

Give Online: <https://bit.ly/stmikeschristmas-giving>

We celebrate life from the moment of conception to the moment of natural death, and every moment in between.

**JOIN US FOR THE
NATIONAL MARCH FOR LIFE**



"Equality begins in the Womb"

Washington, D.C. | January 21, 2022

Bus leaves by 8am

S10 Reserves your seat, Sign-up in the Commons after all masses

For more information www.saint-mikes.org

Or to register via email, contact Lana Dreelin lane.p.dreelin@gmail.com



Support St. Michael Parish through Your Donations
Online Giving allows you to make donations
without writing a check each week.

WeShare

St. Michael Parish's Online Giving Platform
<https://saintmikes.weshareonline.org/>

You can set up a recurring weekly or monthly donation, allocate different amounts for our different collections, and view complete, accurate financial records at any time.

Text *stmikes* to 555888

This will connect you to our WeShare giving platform, and you can easily set up your online giving details.

Questions: Karen Ames | Parish Accountant | 804-527-1037 | kames@saint-mikes.org

Thank You for Your Continued Support!

Financial Report

	Monthly Collections	Year-to-date Collections
	<u>November 2021</u>	<u>July 2021 - June 2022</u>
Stewardship Collection		
Parish Stewardship Envelopes	93,381	287,654
Parish Stewardship E-giving	79,567	386,596
Loose & Visitor Check & Cash	12,074	51,217
Total Contributions	185,022	725,467
Contribution forecast	148,652	707,583
Variance from forecast	36,370	17,884
Other Monthly Collections - Envelopes, E-giving, Loose		
Mortgage Reduction	16,315	47,876
Mission Outreach		
Haiti - Regular Support	6,270	19,440
Appalachia Twinning	1,273	7,121
Guardian Angel	4,397	28,362
World Missions	567	3,372

Parish Debt: outstanding principal balance as of November 30, 2021		3,587,719
	<u>November 2021</u>	<u>July 2021 - June 2022</u>
Mortgage Payment		
Principal	19,228	96,301
Interest	13,728	68,479
Total Payment	32,956	164,780
Scrip net income contribution toward mortgage payment	5,318	9,728
% of mortgage payment	16%	6%
<i>(Goal is 100% of payment to be covered by net Scrip income)</i>		

Second Collection

2022 Second Collection Schedule

Respect Life	January 22 & 23
Catholic Relief Services	March 26 & 27
Diocesan Home Missions	May 28 & 29
Peter's Pence	June 18 & 19
Haiti Special Collection	September (Haiti Rummage Sale Weekend)
Retired Religious	September 24 & 25
World Mission	October 22 & 23
Collection for the Archdiocese for Military Services	November 5 & 6
Catholic Charities	December 17 & 18

Around the Parish

Scout Troop 736 | St. Michael Parish

Make friendships for life! Middle school and high school youth can learn about service and leadership, while enjoying outdoor adventures.

The Scouts meet every Thursday night at 7 PM.

For 736 Boys

Visit: www.troop736va.org

Email: scoutmaster@troop736va.org

For 736 Girls

Visit: www.troop736g.org

Email: scoutmaster736g@troop736va.org

Socks for Seniors and Veterans!

OCTOBER 23-DECEMBER 31, 2021

**Drop off your donations of new socks to one of
the following locations:**

- Goochland High School • Goochland Middle School • American Legion Post 215 • American Legion Post 186 • Liz Moore & Associates Richmond Office • Huguenot UMC Preschool • Chesterfield Career & Technical Center – Courthouse • Meadowbrook High School • St. Michael's Catholic Church

Contact 804.801.4421 or graham.cptjack05@gmail.com
with any questions.



Around the Diocese

Assistant Digital Editor

Office of Communications | Catholic Diocese of Richmond

The Assistant Digital Editor is part of the multimedia communications team, to include the diocesan newspaper, *The Catholic Virginian*, and will be responsible for supporting the editor, maintaining editorial content of the diocese's publications across digital and print media, and assisting in the growth of the newspaper's daily digital presence. The Assistant Digital Editor is involved in advancing the engagement of the Catholic audience and readership across the diocese.

A bachelor's degree in English/Journalism/Mass Communications or related field required, and three or more years related experience in the print or communications industry, with diocesan and/or general Catholic press experience preferred. Strong understanding of digital journalism, best practices and the ability to keep abreast of emerging trends. The successful candidate will be a strong communicator—interpersonally and in writing—and a collaborator. Orientation to detail, ability to manage time, plan, organize and manage projects are a must, as is commitment to maintain confidentiality.

Proficiency using Microsoft Office and AP Stylebook is required, and proficiency in Adobe software (InDesign, Photoshop, Acrobat Professional) and Catholic News Service Stylebook is desired. A practicing Catholic with working knowledge of Church structure and Catholic Church teaching is required. The position requires some evening and weekend hours, with possible travel throughout the diocese.

Qualified candidates should forward a cover letter, résumé, with links to samples of your work, and completed diocesan application:

Kelly Shumate, 7800 Carousel Lane, Richmond, VA 23294 | jobs@richmonddiocese.org | 804-622-5163 (Fax)

St. Elizabeth Parish

Christmas Season Liturgy Schedule

Christmas Eve | December 24

Music Program | 5 PM

Mass | 6 PM

Christmas Day | December 25

Mass | 10 AM

Sunday | December 26

Mass | 9 AM

Friday | December 31

Mass for Peace | 5 PM

Feast of the Epiphany | January 2

Mass | 9 AM

Bishop Knestout will be presiding. Reception to follow after Mass.

St. Elizabeth Catholic Church Centennial (1923 - 2023)

St. Elizabeth Parish will begin a yearlong celebration of its 100th anniversary, with Bishop Knestout presiding at Mass on November 20, 2022. The Centennial Committee is seeking information about the history of the parish and the people involved over the past century.

Does your family have ties to St. Elizabeth Parish, Catholic School, St. Joseph Parish, or Van De Vyver School?

Contact: Mary Rose Purcell | 804-329-4599 | mpurcell@stelizcc.org

More Info: <http://stelizcc.org/centennial-plans>

Community Pilgrimage to the Holy Land

April 20 - 30, 2022

Join Holy Family Parish on an 11-day pilgrimage to the Holy Land next spring!

Land & Air (\$3,895), Land Only (\$2,995), Solo Travel—Additional Cost (\$995).

Prices are valid only if the deposit is received no later than January 10, 2022. Final payment is due on February 15, 2022.

Contact: sarahbondstrong@gmail.com

More Info: selectinternationaltours.com | 800-842-4842 | rebecca@select-intl.com

Pilgrimage to the Holy Land

May 2 - 11, 2022

All are welcome to join Deacon Charles Williams (Cathedral of the Sacred Heart) for the most deeply moving spiritual experience of your lifetime. Ten-day tour: \$3,599, includes airfare, first-class hotels, tours, breakfast, and dinner.

Mass every day in Holy Places and much more.

Reservations available now. Spaces are limited.

More Info: Alba Kim | tours@albastours.com | 804-298-4035

Miscellaneous



Please Pray

NOTE:

When adding people to our Prayer List, please ask them ahead of time if this is alright with them. Not everyone wants his/her name announced or published, and we wish to respect everyone's privacy.

Let us pray also for those parishioners with ongoing health concerns:

Brad Estabrook, Malvin Helgesen, Margaret McDonough, Eileen Allen, Ann Burns, Juanita Walker, Rosemarie Walpole, Kathy Moore

Please also pray for these members of the St. Michael extended family:

Karleen Wolanin (Fred & Lilly Overmann), Jenifer Haggerty (Joe & Pat Haggerty), Mary Lisa Loches (Eileen Allen), Shannon Powe (Scott Guy)

We remember those who have preceded us to the Father:

(In this section, we usually include the names of the recently deceased or those celebrating an anniversary that week.

In order to have a request pertaining to anniversaries of the deceased included in the Prayers of the Faithful – the Universal Prayer – at a Sunday or Weekday Mass, such request should be submitted through the Parish Office in the form of a Mass Intention.)

Roberta Nelson, Cesar Arroyo, Frederick Yost, Danny Hansen, Rosella Ravell, Esther Steinberg, Gordona Majdandžić, Daniel Brosnihan III, Gary Obeck, James Leahey, Bernoth Mary, Jane Dagustine, Lucia Tuy Thi Nguyen, Julia Esther Steinberg, Rosella Ravell

Please pray for those in our military who are serving here or overseas:

Tanner Phister, Allan Schmidt, Leslie Schmidt, Kurt Ober, Roberto & Rebecca Fonseca, Nicholas Paraiso, Captain Russell Timmons, Michael Gaines Ballato, Jason Strickland, Nicholas Perkins, Jacob Fonner, Nicholas Hassell, Jason Maraffi, Adam Dutcher, Michael Levay



Would You Like Your Loved One On the List?

Contact: Magda Schultheis | 804-527-1037 ext. 126 | mschultheis@saint-mikes.org

Every few months, we delete names listed here and ask family members to contact the parish office again, if they wish their loved one added back in. In the section *We remember those who have preceded us to the Father*, we usually include the names of the recently deceased or those celebrating an anniversary that week. In order to have a request pertaining to anniversaries of the deceased included in the *Prayers of the Faithful* (the Universal Prayer) at a Sunday or weekday Mass, such request should be submitted through the parish office in the form of a *Mass Intention*.

Contact Us

STAFF & MINISTRY SUPPORT

Pastor—FR. DANIEL BRADY frdan@saint-mikes.org
 Parochial Vicar—FR. PATRICK KOFI BOADU frpatrick@saint-mikes.org
 Administrative Assistant to the Pastor—MAGDA SCHULTHEIS mschultheis@saint-mikes.org
 Deacon—DEACON ANDY CIRMO acirmo@saint-mikes.org
 Deacon—DEACON ANDREW FERGUSON aferguson@saint-mikes.org
 Deacon—DEACON BOB GRIFFIN bgriffin@richmonddiocese.org
 Deacon—DEACON GREG MOCZYEMBA deacongreg@saint-mikes.org

Administration

Office Coordinator—SUE MIYASHITA admin@saint-mikes.org
 Parish Accountant—KAREN AMES kames@saint-mikes.org
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 Director of Evangelization—MARY SUE MCCLINTOCK mmclintock@saint-mikes.org
 Communications Coordinator—LANI VASQUEZ lvasquez@saint-mikes.org
 Data Coordinator/Sacramental Records—KATHLEEN GUARNIERI kguarnieri@saint-mikes.org
 Reception | Front Desk—VERONICA LOWENHAGEN vlowenhagen@saint-mikes.org
 Maintenance & Facilities—SCOTT GUY maintenance@saint-mikes.org

Liturgy

Director of Music—TOM KACZMAREK tkaczmarek@saint-mikes.org
 Minister of Music—JENNY IVENS jivens@saint-mikes.org

Faith Formation

Director—SARAH BROCKWELL sbrockwell@saint-mikes.org
 Elementary Religious Education—PATTI KAMPER pkamper@saint-mikes.org
 Youth Advocate—MIKE HORVATH mhorvath@saint-mikes.org
 Associate Youth Advocate—KRISTINE KURRASCH kkurrasch@saint-mikes.org
 Youth Ministry Project Coordinator—EVELYN MAZLOOM emazloom@saint-mikes.org
 Baptism—KAREN NEMETZ karennemetz@hotmail.com
 Rite of Christian Initiation of Adults (RCIA)—ANNIE MCENTEE rcia@saint-mikes.org
 Administrative Assistant—KATHLEEN GUARNIERI kguarnieri@saint-mikes.org

Human Concerns | Parish Life | Pastoral Care

Pastoral Associate—DEACON DAVID NEMETZ dnemetz@saint-mikes.org
 Pastoral Services Coordinator—TAYLOR HORVATH thorvath@saint-mikes.org
 Volunteer Events Coordinator—ED ROSSMOORE events@saint-mikes.org

MINISTRY CONTACTS

Administrative Ministries

Finance Council—Joe Kapelewski joekapp01@gmail.com
 Parish Council—Tom Psuik tpsui@comcast.net

Liturgical Ministries

Ministers of the Eucharist—Jim Wright mijnor@aol.com
 Ministers of the Word—Kathy Moore kathymoore3@gmail.com
 Ministers of Hospitality—Rocky Altimore raltimore@comcast.net

Stay Informed!



Scan the QR Code
 OR
 Visit Our Parish Website
 (www.saint-mikes.org)

“She Saved My Life”

Glen Allen resident Joan S. had been suffering from Peripheral Neuropathy. “My feet and legs were so painful and my doctor told me there was nothing they could do. That I would have to take Gabapentin for the rest of my life.” Then she met Richmond’s very own Vicky Lee, L.Ac.

Peripheral Neuropathy is the pain, discomfort and numbness caused by nerve damage of the peripheral nervous system. Joan explained that daily tasks like opening doors and using the bathroom were overwhelmingly painful. “How can you live for the next 20 years when you don’t even want to get out of bed to do simple things?”

She was experiencing the burning, numbness, tingling and sharp pains that those suffering with neuropathy often describe. “The way that I would describe it, it’s equivalent to walking on glass.” Joan hadn’t worn socks in five years and was wearing shoes two sizes too big so that nothing would ‘touch’ her feet.

Unfortunately Joan’s story is all too familiar for the over 3 million people in the U.S. suffering from Peripheral Neuropathy

If you’re unfortunate enough to be facing the same disheartening prognosis you’re not sleeping at night because of the burning in your feet. You have difficulty walking, shopping or doing any activity for more than 30 minutes because of the pain. You’re struggling with balance and living in fear that you might fall. Your doctor told you to “just live with the pain” and you’re

taking medications that aren’t working or have uncomfortable side effects.

Fortunately, six months ago Joan heard about Ms. Lee and the work she was doing to treat those suffering from Peripheral Neuropathy – without invasive surgeries or medications

Vicky Lee, L.Ac., founder of RVA Acupuncture, is using the time tested science of Acupuncture and a technology originally developed by NASA that assists in increasing blood flow and expediting recovery and healing to treat this debilitating disease.

“Now when I go to bed at night I don’t have those shooting pains. I don’t have that burning sensation.” Joan enthusiastically describes life after receiving Ms. Lee’s treatments, “I’m wearing socks and real shoes again! I’m back to walking 3, 4 miles!”

“It’s life changing. As far as I’m concerned Dr. Lee saved my life!”

Ms. Lee has been helping the senior community for over 7 years using cutting edge, innovative integrative medicine. Specializing in chronic pain cases, specifically those that have been deemed

“hopeless” or “untreatable”, she consistently generates unparalleled results.

Acupuncturist Vicky is only accepting 15 new neuropathy patients until the end of the year (limited for everyone’s safety). To determine whether or not you are a good candidate for her personalized and comprehensive treatments an initial consultation is required. Call (804) 200-4054 today to schedule yours!

Let your golden years BE GOLDEN!



Call (804) 200-4054 or visit www.RVAacu.com today to schedule a consultation!!





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Deacon Andy Ferguson, St. Michael's Catholic

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