

THE CATHOLIC CHURCH OF

Saint Mark

Mission Statement

Rooted in the Word...Nourished by the Sacraments... Guided by the Holy Spirit....We, the people of St. Mark, are united in our desire to serve those who are in need, to give our gifts and talents... to build the Kingdom of God by imaging Jesus Christ.

1505 Kempsville Rd. • Virginia Beach, VA 23464-7201

Phone: 757-479-1010 • Fax: 757-479-9453

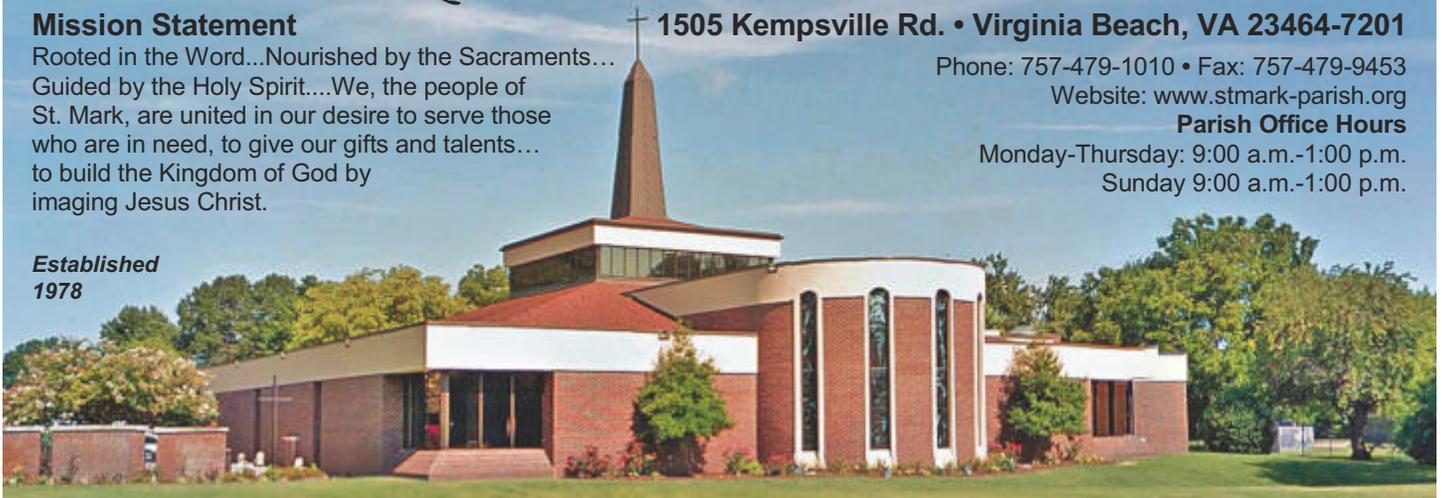
Website: www.stmark-parish.org

Parish Office Hours

Monday-Thursday: 9:00 a.m.-1:00 p.m.

Sunday 9:00 a.m.-1:00 p.m.

Established 1978



LITURGY SCHEDULE

Saturday: 5:30 p.m. • Sunday at 8:30 & 10:30 a.m.

Tuesday and Thursday at 8:30 a.m.

Wednesday at 7:00 p.m.

PARISH STAFF

- Rev. Anthony Mpungu.....Pastor
franthony@stmark-parish.org
Revs. Mr. Mike Johnson & John Kren..... Deacons
Rev. Mr. Mike Johnson.....Pastoral Associate
deacon_mike@stmark-parish.org
Mary Ellen Cussen.....Parish Bookkeeper
bookkeeper@stmark-parish.org
Kathryn Flannigan.....Parish Secretary
secretary@stmark-parish.org
Mark Smeland.....Music Coordinator
msmeland@gmail.com
Vikki Ignacio.....Liturgical Musician
Brian Gridley.....Maintenance/IT Coordinator
Hank Harzold.....Parish Council Chairman
William McMican.....Finance Council Chairman

RELIGIOUS FORMATION STAFF

- Sharon Katzman.....Director of R.F.
Fe Guzman.....Youth Minister
Samantha Krieg.....Coordinator of R.F.

RELIGIOUS FORMATION OFFICE HOURS

Monday-Thursday 9:00a.m.-3:00p.m.

Sunday 9:00a.m.-2:00p.m.

Phone: 757-479-9897 • Fax: 757-479-9453

Email: sharon@stmark-parish.org

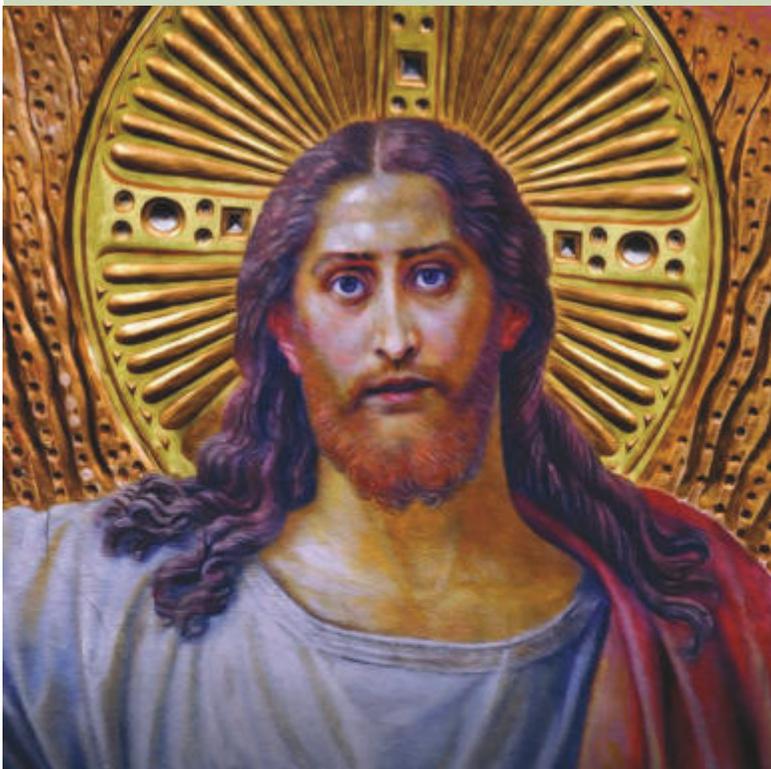
BAPTISM: Celebrated the 1st weekend of the month except during Lent. Contact Religious Formation Office for Baptism classes prior to the Sacrament.

MATRIMONY: Couples required to give 6 months notice before planning a wedding in the Parish. Please do not set date before contacting the Priest.

MINISTRY TO THE SICK & HOMEBOUND: If you know someone who cannot attend Mass or desires a visit or the Sacrament of Anointing, call the Office.

RECONCILIATION: Celebrated 1st and 3rd Saturday of the month at 4:00 p.m.

COLUMBARIUM: Parishioners interested in procuring a Columbarium niche, call the Parish Office.



11TH SUNDAY IN ORDINARY TIME

“To what shall we compare the kingdom of God, or what parable can we use for it? It is like a mustard seed that, when it is sown in the ground, is the smallest of all the seeds on the earth. But once it is sown, it springs up and becomes the largest of plants.”- Mk 4:30-32b

Fr. Anthony's Reflection

Today we celebrate the 11th Sunday in Ordinary Time! The question in the Gospel reading today is, "To what shall we compare the kingdom of God, or what parable can we use for it? It is like a mustard seed ..."

The question seems to be so big, yet the answer is so simple and such was the nature of how Jesus taught his listeners. Jesus breaks down his message for the people to understand. The people of the time had a longing for the coming of the Kingdom of God. This longing caused them anxiety and fear as well as the anticipation and joy. What they didn't know is that the Kingdom of God came.

So Jesus' coming seems to answer this question, but Jesus was teaching them in parables and they didn't catch on right away. He wanted them not to look far away from themselves if they desired to become part of the Kingdom of God.

This Kingdom of God was right in their midst and what was required of them was to respond by listening to his teachings and following them. They needed to pay close attention to him. It was important that they take this simple message and make it great! The seeds of his word were sown in their hearts and would later grow into plants with huge branches, big enough to attract the birds of the sky to dwell in their shades.

Like the mustard seed, we too should be able to realize the potential within us. We must grow and spread out our branches to benefit so many! We must make a step in the right direction and be able to spread the good news to the world.

Happy Sunday!



Mass Intentions and Daily Readings

MONDAY

06/14 2 Cor 6:1-10 ; Mt 5:38-42

TUESDAY

06/15 2 Cor 8:1-9 ; Mt 5:43-48
MASS OF THANKSGIVING

WEDNESDAY

06/16 2 Cor 9:6-11 ; Mt 6:1-6, 16-18
JULIE MENDEZ-HERLIHY +

THURSDAY

06/17 2 Cor 11:1-11 ; Mt 6:7-15
FRED & UNA PERINE +

FRIDAY

06/18 2 Cor 11:18, 21-30 ; Mt 6:19-23

SATURDAY

06/19 Saint Romauld, Abbot
MARIA MEDINA +

Twelfth Sunday in Ordinary Time
Jb 38:1, 8-11 ; 2 Cor 5:14-17 ; Mk 4:35-41

SUNDAY

06/20 MARY FORTIER +
GLENN DELACRUZ +

(+) Indicates Deceased



Steven Barkow, Hadley Hewlett, Emma & Jeff Madrigal, Alice & George Volz, Don DeGroot, Bryan Mendoza, Rose Kmetz, Dawn Boroden, Leonardo V. Corpez, Jim Thomas, Jean Morgan, Emy Balmaceda, Chandler Jacob, Diane Esposito, Connie Collins, Christian & Dana Brewer, Suzie Neely, Chantal Rose Denman, Yolanda Santiagué, Abelino Santiagué, Beth Park, Susan Parr, Paula Turgeon, Sarah Harrington, Mike Turner, Norma Comia, Margarita Qualle, Olive Stanley, Marlene Slate, Osbaldo Toledo, Jun Cruz, Fay Harrington, Ralph Knappa, Erlinda Mariado, Marge Kube, John King, Judy Kiplinger, Mary Kramer, Lantz Claudill, Mary Szalach, Suzi North Sheehan, Aurora Young, Val Kandis, Angelita V. Cruz, Nikole Zabataite, Robby Comia, Helen Allen, Michael Kmetz, Marianna Gable, Dick Guevin, Thomas DeNio, Vanessa Miner, Joy Solmerano, Jodi Lee, Angel Rindfleisch, Joel Cossette, Jan & Roger Kilb, Pat Byrne, Teresita Mendez-Ozabal, Julie Allen, Tim Helmstetter, Joel Rivera, Marlene Games, Rose Sunderland, Perry Francisco, Frank Moore, Carlos Gonzalez, Mary Tibbetts, Bobbi Drewiske, Helen Newby, Roger & Bellie Guerrero, Harry & Nancy Tennin, Peiro DelValle, The Whitesell Family, Tim Fitzgerald, Ryan Kmetz, Renee Britton, Alma Deguzman, Robert Ozabal, Brian Ozabal, Medy Mendez, Paula Dellulo, Josepha Oller-Chapa, Randy Beals, Marilyn Briggs, Mark Oller-Red, Roberta Bernardini, Darrell Satturfield, Fr. Charles Breindel, Teresa Delostrinos, Henrietta Mayr, Oralia Rodriguez, Patricia McCartney, Jack Mackenzie, Liz Mackenzie

.....
Please pray for the repose of the soul of

Wendy Brewer

Let perpetual light shine upon her; may she rest in peace! Please keep the Brewer Family in your prayers.

Justice and Peace

Visit the Justice & Peace page on our St. Mark parish website for more information on our current ministries and other J & P focus. www.stmark-parish.org/ministries/justice-and-peace or contact: justiceandpeace@stmark-parish.org

Food of the Month:

June

\$10 Gift Cards/ Individual Fruit Cups



Hope 4 Life -A HUGE thank you for your contributions to our baby bottle drive. A total of \$703.49 was donated!!! This will help us continue to provide free pregnancy tests, ultrasounds, material, and financial support to

the young moms we encounter at the three local abortion clinics. Please pray with us that with the grace of God and our compassionate assistance many more will give life to their precious unborn children! If you missed the opportunity and would like to support our ministry, visit www.hope4lifeva.com. We always need more prayer warriors on the sidewalk. We would love to have you join us! Thank you and God bless, Louantha Kerr and Cheri Britt, Co-Directors, Hope 4 Life.



Did you Know: Act + Means + Purpose = Human Trafficking. **Week 3: The Purpose of Exploitation, or Why it is Done.** The purpose or purposes for which traffickers use the

people they traffic may vary, but the ultimate goal of all traffickers is the same: they exploit other human beings for profit — which can be a financial gain or material benefit. Traffickers exploit others for a variety of purposes: Sexual Exploitation -A person trafficked for sexual exploitation is forced to provide sexual acts against their will for the financial benefit or material gain of the trafficker. Forced Labor -a person trafficked for forced labor is made to work for little or no pay or give pay to trafficker. Forced Marriage - Individuals who experience forced marriage can be subjected to abuses, threats, and slavery-like practices. Domestic Servitude is a form of forced labor and is defined as slavery or bondage. Forced or Coerced Organ Removal -Kidneys, livers, and hearts are in high demand around the world for people who need a replacement organ but cannot find a legitimate organ donor. There is more information available on the Justice & Peace table in the Great Hall. Together WE can help the fight against Human Trafficking. If you are you interested in learning more and helping to make a difference, email: justiceandpeace@stmark-parish.org



Food Pantry May Update: We are so very thankful to our parish family for the giving of your time volunteering, food items and monetary donations to help those in our community in need. For the month of May our Food Pantry served 113 adults, and 74 children, for a total of 187 individuals. Again, we were able to give \$10 gift Cards, beans, and fresh ground beef to all our guests this month.



Snack Bags: Thank you for your continued support. Since March 2020 through your donations and efforts we have been able to provide 5450 Snack Bags to the P.I.N. Ministry guests. To learn more about PIN Ministry please visit: www.pinministry.org

This Week at Saint Mark

June 14h–June 20th

MONDAY

7:15pm

RCIA Formation in Great Hall

TUESDAY

8:30am

Weekday Mass In Daily Chapel

6:00pm

Parish Life Meeting in Great Hall

WEDNESDAY

10am-1pm

Food Pantry (GH)

6:30pm

Rosary in Daily Chapel

7:00pm

Weekday Mass in Daily Chapel

THURSDAY

8:30am

Weekday Mass In Daily Chapel

9am-11am

PLARN in Great Hall

FRIDAY

6:00pm

Virtual Rosary on the Saint Mark Facebook Page

SATURDAY

8am-12pm

Building & Grounds

4:00pm

Reconciliation

5:30pm

Weekend Mass In Sanctuary

SUNDAY

8:30am

Weekend Mass In Sanctuary

10:30am

**Weekend Mass in Sanctuary
(Also Live-Streamed)**



JUNE 14
FLAG DAY

— ★ ★ ★ —

In 1916, the anniversary of the Flag Resolution of 1777 became a nationally observed event by a proclamation by President Woodrow Wilson. However, it was not designated as National Flag Day until August 3rd, 1949, when an Act of Congress designated June 14th of each year as National Flag Day.

Today, Flag Day is celebrated with parades, essay contests, ceremonies, and picnics sponsored by veterans' groups, schools, and groups like the National Flag Day foundation whose goal is to preserve the traditions, history, pride, and respect that are due the nation's symbol, Old Glory. (military.com)

Announcements



Happy
Father's
Day



Vacation Bible School 2021
Vacation Bible School July 12-16, 2021!! In person and virtual options will be available. To volunteer and for more information contact Samantha at: Samantha@stmark-parish.org

Below is the link for volunteer and participant registration. It is also on the

website. Space is limited so sign up soon!

Scan the QR Code above or visit :<https://vbspro.events/p/08c87c>

Children's Liturgy of the Word is Ready to Open...
But We Need Volunteers!

- We provide the lesson – you share your love of Jesus
- We require two non-related adults per Mass each Sunday
- To get involved contact samantha@stmark-parish.org

"Let the little children come to me...for the Kingdom of God belongs to such as these" – Luke 18:17

Job Opportunity! Weekend Nursery Attendant

St Mark is seeking qualified Nursery Attendants to work 2-4 hours a weekend working in the nursery during our 2 Sunday Masses. Two attendants per Mass are required. Must be at least 18 years of age, with some child care experience, along with first aid knowledge. Background check and VIRTUS training will be required upon hiring. Please email your resume to Deacon Mike Johnson. deacon_mike@stmark-parish.org

Job Opportunity! Custodian

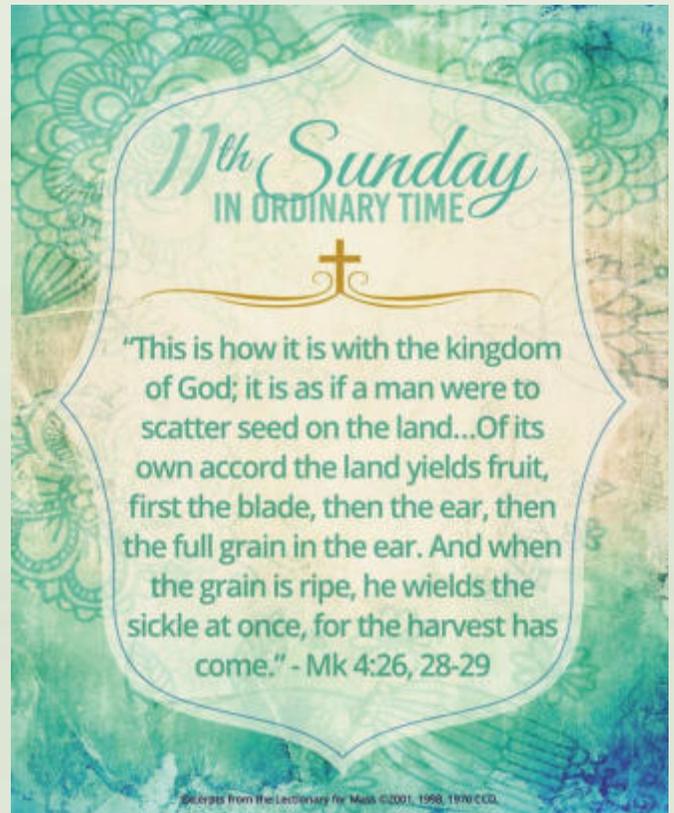
St Mark is seeking qualified Custodian to work 25 hours per week Sunday-Thursday. Must be 18 years of age, some maintenance experience required. Background check and VIRTUS training will be required upon hiring. Please email your resume to Deacon Mike Johnson. deacon_mike@stmark-parish.org

Interested In Learning More About The Catholic Faith, or Becoming Catholic?

The Rite of Christian Initiation for Adults or RCIA is a process to learn and grow in the Catholic Christian Faith. It begins with Inquiry, where you come to ask questions and determine if this is right for you. It is open to those who have never been Baptized or are coming from a different Christian Faith experience or not fully formed in the Catholic Faith. Formation sessions are conducted on Monday evenings, starting at 7:15pm. If you are interested please contact Deacon Mike Johnson at 479-1010 or deacon_mike@stmark-parish.org

Liturgy Corner

Back to Ordinary Time



In our journey through this Liturgical Year, we have once again returned to Ordinary Time. As we come into the church and bless ourselves with Holy Water from the stoops inside the doors, as a reminder of our Baptism, we will notice the green in and around the Sanctuary. From our banners, altar cloth, credence and gift table cloths and the greenery in the plants that have replaced the flowers of the Easter Season.

Green is the liturgical color of the Season and it symbolizes the theological virtue of hope, just the as the burning fire of love is symbolized in red. Green is the color of growing things, and hope, like them is always new and always fresh. As the color of Ordinary Time, it marks the orderly sequence of weeks through the year.

In this Ordinary Time we also return to the Gospel of Year B - the Gospel of Mark, where we hear of the ministry of Jesus of Nazareth, the Christ. The 'anointed one' who showed that he was the fulfillment of all the prophets - in his wisdom, teaching, healing and extending the mercy of his Father. He showed his disciples how to live a well ordered life and how minister to the world, both then and to us today.

May his example enable all of us in the ordinary to be extraordinary people of God, "rooted in his Word", nourished by the Sacraments and guided by the Holy Spirit to share our gifts and talents by "imaging Jesus Christ" to our families, our community and to the world.



Parish Life



Mom's Group has started meeting at local parks on Friday mornings. Please contact Kerri Drake at (914)850-0829 for more details.

Wisdom Seekers has one more mass scheduled before summer starts. Normal gatherings will resume in the fall. Please contact Sandy Barczak at 757-963-8598 if you are interested in joining this wonderful group.

Heavenly Chefs - Do you like to cook? Our chefs volunteer their time and ingredients for funeral reception menus. If you have been a Heavenly Chef or would like to become a Heavenly Chef, Please contact Susan Deml at 757-705-7196 to verify that you are interested in resuming your service or to sign up as a new Heavenly Chef.

Samaritan Meals - This ministry provides meals 2 to 3 times a week to parishioners who have had surgery or have given birth. Meals are scheduled for two weeks unless circumstances require longer assistance. Please call Linda Major at 757-615-0763 if you are interested in serving this ministry.



Catholic Diocese of Richmond

For Immediate Release June 2, 2021

STATEMENT OF THE BISHOPS OF THE PROVINCE OF BALTIMORE AND THE ARCHDIOCESE OF WASHINGTON
Lifting the General Dispensation from the Obligation to Attend Mass

We, the Catholic Bishops of the Province of Baltimore and the Archdiocese of Washington, give thanks to Almighty God for the progress our country has made in curbing the coronavirus pandemic. The average number of new cases of COVID-19 continues to decline due to the observance of safety protocols and the increase of the availability of the vaccine. At this time, many places in our region are enjoying a return to some sense of normalcy. Therefore, we are lifting the dispensation of the Sunday and Holy Days Mass obligation in the Archdiocese of Baltimore, the Archdiocese of Washington, and the Dioceses of Arlington, Richmond, Wheeling-Charleston, and Wilmington and reinstating that obligation beginning on Saturday, June 26, 2021 and Sunday, June 27, 2021. We welcome and encourage the Faithful to return to full in-person participation of the Sunday Eucharist, the source and summit of our Catholic faith (cf. Code of Canon Law, canon 1246-1247 and Catechism of the Catholic Church, n. 2180). This obligation does not apply to those who are ill; those who have reason to believe that they were recently exposed to the coronavirus, another serious or contagious illness; those who are confined to their home, a hospital, or nursing facility; or those with serious underlying health conditions. One should consult his or her local pastor if questions arise about the obligation to attend Mass (Canon 1245 and the Catechism of the Catholic Church n. 2181). Safety protocols and other liturgical directives in each diocese remain in effect until modified or revoked by the respective Diocesan Bishop.

Let us continue to be united in prayer for one another and for an end to the global pandemic.

Guidelines as of June 5/6

With the latest State of Virginia restrictions for COVID - 19 being relaxed this coming Friday, May 28th, the Diocese has provided us with new guidelines for Liturgical Celebrations. As a result, our Liturgy Committee met along with the staff to review those recommendations and with consensus provides the following for our implementation at St Mark.

- Social Distance is not enforced and you will be invited to sit where you are comfortable. For those that do not feel comfortable, we still have the Great Hall overflow set-up available during Mass.
- Masks for those fully vaccinated are not required, those unvaccinated should wear masks. We ask you to be responsible, comfortable and safe.
- Those who are ministering on the weekend are asked to wear their masks.
- Hand sanitizers are still be available.
- Restrooms are fully open, along with the water fountains.
- We returned to the normal collection process being taken at the Offertory with the "passing of the baskets."
- We continue with the 3 Communion Stations, with ushers guiding from front to back now. The chalice is still not offered.
- We still refrain from holding hands at the Lord's Prayer (outside your family) and continue the "sign of peace" as we have been doing without shaking hands.
- Live-streaming the Mass continues at 10:30am.
- The Sacrament of Reconciliation on the 1st and 3rd Saturdays at 4pm, returned to the Reconciliation Room in the Daily Chapel.
- The Daily Mass schedule remains the same and moved to the Daily Chapel on June 8th.

Thank you always for your continued support!
Remember "God is here and so are we"!

FROM THE BOOKKEEPER



St. Mark donors have contributed \$55,400 towards our parish goal of \$51,120. This is 108% of our goal!
What a tremendous result! Your generosity is amazing.

If you currently do not give online, but would like to, please sign up at:
<https://giving.parishsoft.com/app/giving/stmarkvb>

| Fiscal Year | June 6 | Offertory Year to Date | Needed Year to Date | Excess/ Short |
|------------------|----------|------------------------|---------------------|---------------|
| July20 June21 | | | | |
| Offertory | \$19,034 | \$823,451 | \$804,000 | \$19,451 |

Family Count: 933/ envelopes: 176/ Using online donation: 351



**Financial, Retirement,
College & Estate
Planning**

PATRICK TEDESCO
Certified Financial Planner™
Financial Advisor
(757) 216-1214 www.tedesco.wradvisors.com
Parishioner St Marks 39yrs.




Calvin L. Carter &
Daughter, Laurie Carter Bleh
547-0111
Residential & Commercial • **FREE** system estimate
www.clcarterheatingandair.com
Family Owned Since 1968

C.L. Carter
HEATING & AIR CONDITIONING



Knights of Columbus
Kempsville Council
Service to Church and community
For information or to join contact
John Garcia 757-718-0884

St. Matthew's Catholic School
NEW DAYCARE PROGRAM FOR 2YR OLDS!
NOW ENROLLING
Early Learners - 3yr olds
Junior Kindergarten - 4yr olds
Full Day Kindergarten
• Financial Aid Available • Transportation
• Before & After School Care
Call Barbara Hawthorne for a private tour
757.420.2455

Committed to Excellence



Chesapeake • Norfolk
Portsmouth • VA Beach
www.altmeyerfh.com
Catholic Family
Owned & Operated



James E. Altmeyer, Sr. & Jr.
Owners & Directors

5033 Rouse Dr. • VA Beach • 422-4000
1801 Baltic Ave. • VA Beach • 428-1112
928 S. Battlefield Blvd. • Chesapeake • 482-3311



Nuñez
FINE JEWELERS
For All Your Jewelry Needs

Beach Engraving's
New Home

Visit us for
Jewelry & Personalized Gifts

We do Repairs, Engraving,
Appraisals, We buy gold
& much more
757-425-8723



Ynot
Pizza &
Italian Cuisine

Ynot delivers the
highest quality
authentic Italian
food to your door
or your table.

757-474-6000
5257 Providence Rd

Chris Kren, REALTOR®, GRI
Office: (757) 436-3636 • Direct: (757) 567-2233 • Fax: (757) 390-3421
ckren@roseandwomble.com • Licensed in Virginia



roseandwomble.com
300 Cedar Lakes Drive
Chesapeake, VA 23322




ADT-Monitored Home Security
Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



Authorized Provider | **SafeStreets**

1-855-225-4251

PROTECTING SENIORS NATIONWIDE
MEDICAL ALERT SYSTEM

\$29.95/MO PLUS SPECIAL OFFER
BILLED QUARTERLY

CALL NOW! 1.877.801.7772
WWW.24-7MEDALARM.COM



AVAILABLE FOR A LIMITED TIME

ADVERTISE YOUR BUSINESS HERE

Contact Wendy Bond to place an ad today! wbond@4LPi.com or (800) 477-4574 x6420



MARIAN MANOR
ASSISTED LIVING

5345 Marian Lane
Virginia Beach, VA 23462

Sponsored by the Catholic Diocese of Richmond.



757-495-4211
ourladyperpetualhelp.com

4560 Princess Anne Rd.
Virginia Beach, VA 23462

Our Lady of Perpetual Help
Memory Care
Extensive Assisted Living
Nursing Care



CELEBRATING

GHIS 70
of
CRUSADERS

CATHOLIC HIGH SCHOOL

(757) 467-2881 • GHISVIRGIA.ORG • GHISVIRGIA@CRUSADERS

ORTHODONTICS Smiles of a lifetime
for Families & Friends

DR. ANTHONY W. SAVAGE

| | |
|---------------------|--|
| Hilltop 428-1110 | Bayside 460-8879 |
| Kempsville 495-3643 | General Booth 427-1350 |
| Onley 787-7878 | www.vbortho.com |

Member American Association of Orthodontists

Best and Dependable
Professional Nursing & Home Health Care, Inc.

OUR STAFF:
Skilled Nursing - Home Health Aides - Therapists
Private Duty: RN, LPN, CNA
Medical Social Worker - Personal Care Aide

NANCY A. DIMAANO, RN, MSA
PARISHIONER
812 Newtown Rd, Virginia Beach, VA 23462
757-363-7542 • Fax: 757-363-7549
www.bestanddependable.com

FREE AD DESIGN WITH PURCHASE OF THIS SPACE.
- 800-477-4574 -

Beach Tree & Stump

Tree and Stump Removal
Pruning and Shaping
Emergency Service
Snow Removal
Residential & Commercial
Licensed & Insured
Competitive Rates
Free Estimates



Sam Harmon
USN Ret Owner/Operator
(757) 646-3085